



SUMMER 2016 FIXTURE LIST

EVENT	AGES	ENTRY	DATE	LOCATION
Edinburgh & Lothian Trials	All	Individual	Sun 10 th Apr	Edinburgh
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sun 10 th Apr	Livingston
Livingston Open Meeting	All	Club	Wed 13 th Apr	Livingston
Forth Valley League	U11 - U15	Club	Sat 16 th Apr	Edinburgh
Scottish Women's Athletic League	U13 - Sen	Select	Sun 17 th Apr	Grangemouth
Primary Schools Cross Country Championships	U11 - U13	School	Sat 23 rd Apr	Kirkcaldy
BUCS Outdoor Athletics Championships	U20 - Sen	University	Sat 30 th Apr – Mon 2 nd May	Bedford
Youth Development League - North East 1	U17 - U20	Club	Sun 1 st May	Doncaster
Grangemouth Open Graded Meeting	All	Individual	Wed 4 th May	Grangemouth
Scottish National 5K Road Race Championships	U20 - Sen	Individual	Fri 6 th May	Edinburgh
Scottish Athletics League - Div 1	U20 - Sen	Select	Sun 8 th May	Grangemouth
Scottish Women's Athletic League	U13 - Sen	Select	Sun 8 th May	Aberdeen
Scottish East District Championships	U13 - Sen	Club	Fri 13 th /Sat 14 th May	Grangemouth
Forth Valley League	U11 - U15	Club	Sat 21 st May	Grangemouth
Livingston Open Meeting	All	Club	Wed 25 th May	Livingston
West Lothian Primary Schools T&F Championships	U13	School	Thu 26 th May	Livingston
Youth Development League - North East 1	U17 - U20	Club	Sun 29 th May	Doncaster
Central & South of Scotland Athletic League - Div 1	All	Club	Sun 29 th May	Kilmarnock
Grangemouth Open Graded Meeting	All	Individual	Wed 1 st Jun	Grangemouth
Scottish Schools Relay Championships	U13 - U20	School	Fri 3 rd Jun	Glasgow
Scottish Schools Pentathlon Championships	U13 - U20	School	Sat 4 th Jun	Grangemouth
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 4 th Jun	Livingston
Scottish Schools Track & Field Championships	U13 - U20	School	Fri 10 th /Sat 11 th Jun	Grangemouth
Scottish Athletics League - Div 1	U20 - Sen	Select	Sun 12 th Jun	Aberdeen
Scottish Women's Athletic League	U13 - Sen	Select	Sun 12 th Jun	Glasgow
West Lothian Secondary Schools T&F Champs	U13 - U20	School	Wed 15 th Jun	Grangemouth
Scottish U12 SuperTEAMS	U11 - U13	Club	Sat 18 th Jun	Ayr
Forth Valley League	U11 - U15	Club	Sat 25 th Jun	Grangemouth
Youth Development League - North East 1	U17 - U20	Club	Sun 26 th Jun	York
Central & South of Scotland Athletic League - Div 1	All	Club	Sun 26 th Jun	Kilmarnock
Scottish National Combined Events Championships	U13 - Mas	Club	Sat 2 nd /Sun 3 rd Jul	Aberdeen
Scottish National Masters Championships	Mas		Sun 3 rd Jul	Aberdeen
Grangemouth Open Graded Meeting	All	Individual	Wed 6 th Jul	Grangemouth
Scottish Athletics League - Div 1	U20 - Sen	Select	Sun 17 th Jul	Grangemouth
Livingston Open Meeting	All	Club	Wed 20 th Jul	Livingston
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 23 rd Jul	Livingston
Youth Development League - North East 1	U17 - U20	Club	Sun 24 th Jul	Hull
Forth Valley President's Select Match	U11 - U15	Select	Sat 6 th Aug	Grangemouth
Livingston Open Combined Events Championships	All	Club	Sun 7 th Aug	Livingston

Livingston Open Mile Meeting	U13 - Sen	Club	Sun 7 th Aug	Livingston
Scottish National U17/Senior Championships	U17 - Sen	Club	Sat 13 th /Sun 14 th Aug	Grangemouth
Scottish National Junior 4x100m Relay Champs	U13 - U17	Select	Sun 14 th Aug	Grangemouth
Scottish National U13/U15/U20 Championships	U13 - U20	Club	Sat 20 th /Sun 21 st Aug	Grangemouth
Livingston Open Meeting	All	Club	Wed 24 th Aug	Livingston
Scottish Athletics League - Div 1	U20 - Sen	Select	Sat 27 th Aug	Grangemouth
Central & South of Scotland Athletic League - Div 1	All	Club	Sun 28 th Aug	Grangemouth
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 3 rd Sep	Livingston
Pitreavie Young Athletes Trophy Meeting	U11 - U17	Individual	Sun 4 th Sep	Dunfermline
Grangemouth Open Graded Meeting	All	Individual	Wed 7 th Sep	Grangemouth
Livingston Club Championships	All	Club	Sun 11 th Sep	Livingston

AGE GROUPS

U11: 01/09/05 & 9+

U13: 01/09/03 – 31/08/05

U15: 01/09/01 – 31/08/03

U17: 01/09/99 – 31/08/01

U20: 01/01/97 – 31/08/99

SEN: Born before 01/01/97

ENTRY

Club Entry for these events will usually be via the club's online entry system. Further details for these events will be posted on the club website when entry is open. Some events (e.g. YDL) may have minimum entry standards.

School To enter schools events, contact your PE teacher or your school's SSAA (Scottish Schools Athletics Association) representative.

University Athletes should contact a committee member of their University Athletic Club to enter.

Individual Athletes should return entry forms, usually available on the club website, directly to the meeting organiser.

Select Athletes will be selected for these competitions based on their performances in other competitions.

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