

SUMMER FIXTURE LIST

EVENT	AGES	ENTRY	DATE	LOCATION
Edinburgh & Lothian Trials	All	Individual	Sun 2 Apr	Edinburgh
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 8 Apr	Livingston
Scottish Women's Athletic League	U13 - Sen	Team Select	Sun 16 Apr	Grangemouth
Livingston Open Meeting	All	Individual	Wed 19 Apr	Livingston
Scottish National Relay Championships	U13 - Sen	Club Select	Sat 22 Apr	Grangemouth
Scottish Universities Athletics Championships	U20 - Sen	University	Sat 22 Apr	Grangemouth
BUCS Outdoor Athletics Championships	U20 - Sen	University	Sat 29 Apr	Bedford
Forth Valley League – Div 2/3	U11 - U15	Club Select	Sat 29 Apr	Livingston
Youth Development League - North Premier East (South)	U17 - U20	Team Select	Sun 30 Apr	Sheffield
BUCS Outdoor Athletics Championships	U20 - Sen	University	Sun 30 Apr – Mon 1 May	Bedford
Grangemouth Open Graded Meeting	All	Individual	Wed 3 May	Grangemouth
Scottish (Men's) Athletics League - Div 1	U20 - Sen	Team Select	Sat 6 May	Aberdeen
Scottish East District Championships	U13 - Sen	Individual	Fri 12/Sat 13 May	Grangemouth
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 20 May	Inverness
Forth Valley League – Div 2/3	U11 - U15	Club Select	Sat 20 May	Edinburgh
Livingston Open Meeting	All	Individual	Wed 24 May	Livingston
West Lothian Primary Schools T&F Championships	U13	School	Thu 25 May	Livingston
Central & South of Scotland Athletic League - Div 1	All	Club Select	Sun 28 May	Kilmarnock
Youth Development League - North Premier East (South)	U17 - U20	Team Select	Sun 28 May	Leeds
Scottish Schools Relay Championships	U13 - U20	School	Fri 2 Jun	Glasgow
Scottish Schools Pentathlon Championships	U13 - U20	School	Sat 3 Jun	Grangemouth
Grangemouth Open Graded Meeting	All	Individual	Wed 7 Jun	Grangemouth
Scottish Schools Track & Field Championships	U13 - U20	School	Fri 9/Sat 10 Jun	Grangemouth
Scottish (Men's) Athletics League - Div 1	U20 - Sen	Team Select	Sun 11 Jun	Glasgow
West Lothian Secondary Schools T&F Championships	U13 - U20	School	Wed 14 Jun	Grangemouth
Scottish U12 SuperTEAMS	U11 - U13	Club Select	Sat 17 Jun	Inverness
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 24 Jun	Livingston
Forth Valley League – Div 2/3	U11 - U15	Club Select	Sat 24 Jun	Grangemouth
Youth Development League - North Premier East (South)	U17 - U20	Team Select	Sun 25 Jun	Doncaster
Central & South of Scotland Athletic League - Div 1	All	Club Select	Sun 25 Jun	Grangemouth
Scottish National Masters Championships	Mas	Individual	Sat 1 Jul	Grangemouth

Scottish National Combined Events Championships	U13 - Mas	Individual	Sat 1/Sun 2 Jul	Grangemouth
Grangemouth Open Graded Meeting	All	Individual	Wed 5 Jul	Grangemouth
Scottish (Men's) Athletics League - Div 1	U20 - Sen	Team Select	Sun 9 Jul	Grangemouth
Scottish Women's Athletic League	U13 - Sen	Team Select	Sun 9 Jul	Aberdeen
Livingston Open Meeting	All	Individual	Wed 19 Jul	Livingston
Youth Development League - North Premier East (Final)	U17 - U20	Team Select	Sun 23 Jul	Sheffield
Livingston Combined Events Open Championships	All	Individual	Sun 30 Jul	Livingston
Livingston Mile Open Championships	U13 - Sen	Individual	Sun 30 Jul	Livingston
Grangemouth Open Graded Meeting	All	Individual	Wed 2 Aug	Grangemouth
Forth Valley President's Select Match	U11 - U15	Team Select	Sat 5 Aug	Grangemouth
Scottish Women's Athletic League	U13 - Sen	Team Select	Sat 5 Aug	Glasgow
Central & South of Scotland Athletic League - Div 1	All	Club Select	Sun 6 Aug	Kilmarnock
Scottish (Men's) Athletics League - Div 1	U20 - Sen	Team Select	Sun 13 Aug	Grangemouth
Scottish National U13/U15/U20 Championships	U13 - U20	Individual	Sat 19/Sun 20 Aug	Glasgow
Livingston Open Meeting	All	Individual	Wed 23 Aug	Livingston
Scottish National U17/Senior Championships	U17 - Sen	Individual	Sat 26/Sun 27 Aug	Grangemouth
Pitreavie Young Athletes Trophy Meeting	U11 - U17	Individual	Sun 3 Sep	Dunfermline
Grangemouth Open Graded Meeting	All	Individual	Wed 6 Sep	Grangemouth
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 9 Sep	Livingston
Stornoway Invitational T&F Match	U13 - U17	Club Select	Sat 9 Sep	Stornoway
Livingston Club Championships	All	Individual	Sun 17 Sep	Livingston

AGE GROUPS

U11: 01/09/2006 or later

U13: 01/09/2004 - 31/08/06

U15: 01/09/2002 - 31/08/2004

U17: 01/09/2000 – 31/08/2002

U20: 01/01/1998 – 31/08/2000

SEN: 31/12/1997 or earlier

MAS: 35+

Athletes must be at least 9 years of age on the day of competition.

ENTRY	
Individual	Athletes enter themselves for these competitions and select their own events, usually via the club website or another online entry form. Further details will be posted on the club website when entry is open. Some competitions (e.g. National Championships) may have minimum entry standards.
Club Select	For club team matches (FVL, CSSAL, SuperTEAMS, Relays) athletes should provide the club with their availability status via the club website. The team and events will be selected by club Team Managers.
Team Select	For higher level competitions and multi-club composite teams (SWAL, SAL, YDL) availability and selection is usually done via email.
School	To enter schools events, contact your school's Active Schools Coordinator.
University	Athletes should contact the relevant committee member of their University Athletic Club to enter.

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