

Event	60m	M35	Final			Event	60m	M40	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	1	Paul	Donaghy	Durham City H.	M35 7.50	1	7	Callum	Law & District AAC	M40	7.70	
2	5	Wallace	McGown	Dunf. & W.Fife AC	M35 7.74	1	1	Paul	Durham City H.	M35	7.70	
3	2	David	Gemmell	Irvine AC	M35 7.92	3	8	Mark	Fraser	Airdrie Harriers	M40	7.97
						4	14	Kevin	Turner	Unattached	M40	8.07
						5	11	Gerard	O'Connor	Drogheda & Districts	M40	8.25
						6	10	Andrew	Mclennan	Unattached	M40	8.45
Event	60m	M45	Final			Event	60m	M50	Club		Res.	
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	16	Alan	Crawford	Nithsdale AC	M45 7.76	1	25	Eric	Smart	Gateshead Harriers	M50	7.68
2	20	David	Phillips Snr	Ayr Seaforth AAC	M45 7.77	2	24	Robert	Phin	Ayr Seaforth AAC	M50	8.29
3	19	Martin	Leyland	Shetland AAC	M45 7.80	3	22	Eddie	Costly	GIAAC	M50	8.44
4	17	Ronald	Hunter	Perth Strathtay H.	M45 7.80	4	23	Bob	Douglas	Harmony AC	M50	8.47
5	18	David	Kydd	Law & District AAC	M45 8.07	5	21	Tom	Black	Canada	M50	9.10
Event	60m	M55/M60	Final			Event	60m	M65/M70/M75	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	28	John	McGarry	Irvine AC	M55 8.21	1	34	John	Scott	Kilbarchan AAC	M65	9.11
2	26	Roderick	Howe	Cardiff AAC	M55 8.81	2	35	James	Sloan	Annan & Dis.AC	M65	9.20
3	27	Allan	Jefferies	Unattached	M55 8.93	1	37	John	Erskine	Unattached	M70	10.46
4	29	John	Robertson	Unattached	M55 9.31	1	38	Stanley	Bowers	Gala Harriers	M75	14.23
1	30	Trevor	Madigan	Aberdeen AAC	M60 8.52							
Event	60m	W35/W40	Club		Res.	Event	60mH	W40/W45	Club		Res.	
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	117	Kathleen	Madigan	Aberdeen AAC	W35 8.22	1	118	Dorothy	Bannerman	Inverness H. AAC	W40	9.78
1	123	Dawn	Whittle	Ayr Seaforth AAC	W40 8.16	2	138	Catherine	Goddard	Milton Keynes AC	W40	9.87
2	118	Dorothy	Bannerman	Inverness H. AAC	W40 8.47	3	139	Shona	McKinnon	Aberdeen AAC	W40	11.76
3	121	Sandra	Mitusch	Dunf. & W.Fife AC	W40 8.82	1	140	Mary	Barrett	Loughrea AC	W45	11.56
4	120	Janet	Lyon	Aberdeen AAC	W40 8.95	2	142	Lucy	Moore-Fox	DSD	W45	12.22
5	122	Wendy	Nicol	Dunf. & W.Fife AC	W40 9.07							
Event	High Jump	W40/W45	Final			Event	High Jump	M45/M55/M60/M65	Club		Res.	
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	138	Catherine	Goddard	Milton Keynes AC	W40 1.45	1	113	Andrew	Waddington	South West Vets	M45	1.75
2	139	Shona	McKinnon	Aberdeen AAC	W40 1.20	2	112	Iain	McEwan Snr	Whitemoss AAC	M45	1.60
1	140	Mary	Barrett	Loughrea AC	W45 1.35	3	53	Charles	Murray Snr	City of Edinburgh AC	M45	1.55
						4	82	Kenneth	Pokorniecki	Ross County AC	M45	1.40
						1	64	William	Lonsdale	Aberdeen AAC	M55	1.40
						2	29	John	Robertson	Unattached	M55	1.35
						1	30	Trevor	Madigan	Aberdeen AAC	M60	1.30
						1	35	James	Sloan	Annan & Dis.AC	M65	1.25
						2	84	John	Freebairn	Cumbernauld AAC	M65	1.10
Event	60m	W45/W50/W65/W70	Final			Event	400m	W40/W45	Club		Res.	
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	127	Linda	Nicholson	Moorfoot Runners	W45 8.85	1	149	Anne	Williamson	Giffnock North AAC	W40	73.26
2	126	Angela	Kelly	Giffnock North AAC	W45 8.92	1	153	Gillian	Docherty	Kilbarchan AAC	W45	66.31
3	125	Bernadette	Harris	Dunf. & W.Fife AC	W45 9.25	2	124	Alison	Brown	Northern Vets	W45	66.82
1	128	Kathryn	Booth	Laggan	W50 9.69							
1	129	Esther	Linaker	Pitreevie AAC	W65 9.47							
1	130	Betty	Steedman	Musselburgh & Dist.	W70 12.13							
Event	1500m	M35/M40/M50	Club		Res.	Event	1500m	M45	Club		Res.	
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	90	Stuart	Campbell	Arbroath & Dist. AC	M35 4.11.45	1	54	Steve	Smith	Preston Harriers	M45	4.15.48
2	39	Stephen	Allen	Law & District AAC	M35 4.15.50	2	92	Keith	Farquhar	Metro Aberdeen RC	M45	4.21.24
1	42	Michael	Scott	Hunts A.C.	M40 4.23.78	3	93	John	Thomson	Fife AC	M45	4.22.39
2	44	Hugh	Shields	Thames H&H	M40 4.24.36	4	50	George	Harden	Sunderland	M45	4.23.10
1	94	James	Burns	Shettleston H.	M50 4.40.87	5	47	Alexander	Bryce	Falkirk VH	M45	4.25.12
2	88	Archie	Jenkins	Ron Hill Camb. H	M50 4.42.56	6	49	Pat	Hannon	Loughrea AC	M45	4.32.96
3	89	Robert	Wilson	Greenock Glenpark H	M50 4.48.45	7	51	Steve	Laing	Central AC	M45	4.35.26
						8	48	Stephen	Cullen	Garscube Harriers	M45	dns
Event	1500m	M65/M70/M75/M80	Club		Res.	Event	1500m	M45	Club		Res.	
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	96	Ian	Leggett	Livingston & D. AAC	M65 5.52.06	1	148	Jacqueline	Thomson	City Of Glasgow AC	W40	5.10.98
2	69	Robert	Daly	Victoria Park AAC	M65 6.13.00	2	147	Susan	Ridley	ESH	W40	5.14.27
1	73	Thomas	O'Reilly	Springburn Harriers	M70 6.10.84	3	133	Sharyn	Ramage	City of Edinburgh AC	W40	5.20.25
2	72	Peter	Dibb	Longwood harriers	M70 6.12.65	4	149	Anne	Williamson	Giffnock North AAC	W40	6.24.69
1	74	William	McBrinn	Shettleston H.	M75 6.31.75	5	131	Anne	Williamson	Giffnock North AAC	W40	5.20.51
	75	Hugh	McGinlay	Falkirk VH	M80 dns	1	135	Kirsty	Baird	City Of Glasgow AC	W35	5.21.89
						1	150	Joan	Howe	Trafford	W50	5.41.66
Event	200m	M35	Final			Event	200m	M40	Club		Res.	
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	1	Paul	Donaghy	Durham City H.	M35 24.24	1	6	George	Charleston	North East Vets AA	M40	24.47
2	5	Wallace	McGown	Dunf. & W.Fife AC	M35 24.53	2	7	Callum	Currie	Law & District AAC	M40	25.05
3	2	David	Gemmell	Irvine AC	M35 25.96	3	14	Kevin	Turner	Unattached	M40	25.98
						4	10	Andrew	Mclennan	Unattached	M40	dns
Event	200m	M45	Final			Event	200m	M50	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club		Res.	
1	16	Alan	Crawford	Nithsdale AC	M45 25.26	1	25	Eric	Smart	Gateshead Harriers	M50	24.93
2	17	Ronald	Hunter	Perth Strathtay H.	M45 25.41	2	101	Ian	Broadhurst	Wrexham AC	M50	25.07
3	19	Martin	Leyland	Shetland AAC	M45 25.64	3	102	Brian	Larkin	Lisburn AC	M50	26.85
4	20	David	Phillips Snr	Ayr Seaforth AAC	M45 26.10	4	22	Eddie	Costly	GIAAC	M50	27.86
5	18	David	Kydd	Law & District AAC	M45 26.51							

Event	200m	M55	Final			Event	200m	M70	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	28	John	McGarry	Irvine AC	M55 27.25	1	36	Tony	Bowman	0 M70		28.86
2	8	Roderick	Howe	Cardiff AAC	M55 28.60	2	103	Anthony	Mcmanus	Kilbarchan AAC	M70	35.05
3	27	Allan	Jefferies	Unattached	M55 29.03	3	37	John	Erskine	Unattached	M70	36.30
Event	200m	W35/W40/W50	Final			Event	200m	W45/W60	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	117	Kathleen	Madigan	Aberdeen AAC	W35 27.77	1	153	Gillian	Docherty	Kilbarchan AAC	W45	29.27
1	120	Janet	Lyon	Aberdeen AAC	W40 29.37	2	124	Alison	Brown	Northern Vets	W45	30.00
2	121	Sandra	Mitusch	Dunf. & W.Fife AC	W40 30.05	3	125	Bernadette	Harris	Dunf. & W.Fife AC	W45	31.81
	128	Kathryn	Booth	Laggan	W50 dnf	4	129	Esther	Linaker	Pitreavie AAC	W65	33.46
Event	Long Jump	M40/M45/M50/M55/M60	Final			Event	Long Jump	W35/W40	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	79	Keith	Stoddart	Whitemoss AAC	M40 5.10	1	117	Kathleen	Madigan	Aberdeen AAC	W35	4.22
2	8	Mark	Fraser	Airdrie Harriers	M40 4.81	2	136	Jill	Dinsmore	Barnet & District AC	W35	4.19
1	53	Charles	Murray Snr	City of Edinburgh AC	M45 5.36	1	138	Catherine	Goddard	Milton Keynes AC	W40	4.81
2	80	Kenneth	Lyon	Aberdeen AAC	M45 5.23	2	127	Linda	Nicholson	Moorfoot Runners	W45	4.30
3	18	David	Kydd	Law & District AAC	M45 4.94	3	139	Shona	McKinnon	Aberdeen AAC	W40	4.06
1	21	Tom	Black	Canada	M50 4.40							
1	64	William	Lonsdale	Aberdeen AAC	M55 4.60							
1	30	Trevor	Madigan	Aberdeen AAC	M60 4.13							
Event	800m	M35/M40	Final			Event	800m	M45	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	39	Stephen	Allen	Law & District AAC	M35 2.04.94	1	54	Steve	Smith	Preston Harriers	M45	2.06.27
1	45	Derek	Watson Snr.	Victoria Park AAC	M40 2.07.36	2	50	George	Harden	Sunderland	M45	2.08.09
2	43	Danny	Sheffington	Drogheda & Districts	M40 2.11.56	3	47	Alexander	Bryce	Falkirk VH	M45	2.08.60
3	42	Michael	Scott	Hunts A.C.	M40 2.13.73	4	53	Charles	Murray Snr	City of Edinburgh AC	M45	2.13.80
4	40	Anthony	Geoghegan	St Lawrence O'Toole	M40 2.16.16	5	48	Stephen	Cullen	Garscube Harriers	M45	2.34.94
5						6	49	Pat	Hannon	Loughrea AC	M45	dns
Event	800m	M50/M55/M60	Final			Event	800m	M65/M70/M75/M80	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	89	Robert	Wilson	Greenock Glenpark H	M50 2.25.27	1	69	Robert	Daly	Victoria Park AAC	M65	3.10.08
2	59	Andrew	Law	Mid Argyll AC	M50 2.31.06	1	72	Peter	Dibb	Longwood harriers	M70	2.58.49
1	65	Brian	Stanage	Unattached	M55 2.29.50	2	73	Thomas	O'Reilly	Springburn Harriers	M70	3.03.33
2	64	William	Lonsdale	Aberdeen AAC	M55 2.43.50	1	74	William	McBrinn	Shettleston H.	M75	3.19.19
5	66	Albert	Eland	Seaton AC	M60 2.35.91	1	75	Hugh	McGinlay	Falkirk VH	M80	3.53.27
6	67	Richard	Finlayson	City of Edinburgh AC	M60 2.37.13							
Event	800m	W35/W40/W50	Final			Event	3000m	M35/M40/M45	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	131	Kirsty	Baird	City Of Glasgow AC	W35 2.31.25	1	105	Ian	Johnston	Shettleston H.	M35	9.14.13
1	133	Sharyn	Ramage	City of Edinburgh AC	W40 2.38.05	1	104	Kevin	Downie	Calderglen Harriers	M35	dnf
1	135	Joan	Howe	Trafford	W50 2.35.76	1	106	Roger	Alsop	Herne Hill Harriers	M40	9.05.97
4						2	91	Martin	Duthie	Calderglen Harriers	M40	9.56.39
5						3	41	Adam	Mackie	Ayr Seaforth AAC	M40	11.21.71
6						1	93	John	Thomson	Fife AC	M45	9.41.13
7						2	92	Keith	Farquhar	Metro Aberdeen RC	M45	9.46.25
8						3	49	Pat	Hannon	Loughrea AC	M45	10.05.36
Event	Shot Putt	M40/M50/M65/M75	Final			Event	Shot Putt	Final				
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	81	Edward	McKenzie	Aberdeen AAC	M40 9.81	1	117	Kathleen	Madigan	Aberdeen AAC	W35	7.92
2	82	Kenneth	Pokorniecki	Ross County AC	M45 9.02	1	138	Catherine	Goddard	Milton Keynes AC	W40	9.69
3	41	Adam	Mackie	Ayr Seaforth AAC	M40 8.42	2	119	Dee	Bradbury	Oban AAC	W40	8.81
1	29	John	Robertson	Unattached	M55 9.51	1	141	Claire	Cameron	City Of Glasgow AC	W45	10.15
2	83	John	Birkett	Unattached	M50 9.40	2	140	Mary	Barrett	Loughrea AC	W45	9.04
1	35	James	Sloan	Annan & Dis.AC	M65 10.20	3	142	Lucy	Moore-Fox	DSD	W45	8.32
2	84	John	Freebairn	Cumbernauld AAC	M65 8.40	1	143	Brenda	Douglas	Kirkintilloch Oly.	W50	7.00
1	85	James	Christie	Victoria Park AAC	M75 5.21	2	144	Gwen	McFarlane	Ayr Seaforth AAC	W50	8.68
2	87	Ronald	Macdonald	Maryhill Harriers	M75 4.73	1	145	Joyce	Rammell	Nithsdale AC	W55	8.19
						1	146	Margery	Swinton	Moray RR	W60	7.47
Event	Pole Vault	M80/W35	Final			Event	3000m	M50/M65/M75	Final			
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	80	Kenneth	Lyon	Aberdeen AAC	M45 2.80	1	88	Archie	Jenkins	Ron Hill Camb. H	M50	10.11.80
1	159	Jennifer	Ibbitson	Northern Vets	W45 3.00	2	89	Robert	Wilson	Greenock Glenpark H	M50	10.37.76
2	120	Janet	Lyon	Aberdeen AAC	W40 2.50	3	59	Andrew	Law	Mid Argyll AC	M50	10.57.44
							74	William	McBrinn	Shettleston H.	M75	dns
							69	Robert	Daly	Victoria Park AAC	M65	dns
Event	3000m	W40/W45	Final			Event	Triple Jump	Final				
Pos.	No.	Name	Club		Res.	Pos.	No.	Name	Club			Res.
1	154	Susan	Finch	City Of Glasgow AC	W40 10.30.81	1	115	Julian	Gittens	Leeds City AC	M45	11.15
2	148	Jacqueline	Thomson	City Of Glasgow AC	W40 10.43.31	2	21	Tom	Black	Canada	M50	9.70
3	147	Susan	Ridley	ESH	W40 10.55.96	3	64	William	Lonsdale	Aberdeen AAC	M55	9.69
1	155	Karen	Haldane	Gala Harriers	W40 12.02.47	1	136	Jill	Dinsmore	Barnet & District AC	W35	9.15
2	150	Lynne	Marr	Shettleston H. Lds	W45 12.13.92	2	158	Fiona	Lampkin	Arbroath & Dist. AC	W35	9.02
						1	139	Shona	McKinnon	Aberdeen AAC	W40	8.44
						1	145	Joyce	Rammell	Nithsdale AC	W55	7.43