



Heating Appliances & Spares

SPECIALIST H & V DISTRIBUTORS

HASL Lothian & Borders League Timetable

SECOND MATCH 25 th MAY						
TRACK				FIELD		
1	1.30	400mH	SM	1.00	Pole V.	U17/SM
2	1.40	400mH	SW	1.00	Discus.	U17M
3	1.45	400mH	U17M	1.30	High J.	U13G
4	1.55	300mH	U17W	1.30	Long J.	U11G
5	2.05	200m	U11G	1.40	Shot	U11B
6	2.10	200m	U11B	1.50	Discus	SM
7	2.10	200m	U13G	2.15	High J.	U17/SW
8	2.20	200m	U13B	2.15	Long J.	U15G
9	2.30	200m	U15G	2.15	Shot	U13B
10	2.40	200m	U15B	2.40	Jav.	U13B/G
11	2.45	200m	U17W	3.15	Long J.	U15B
12	2.45	200m	U17M	3.15	Jav.	U15B/G
13	2.50	200m	SW	3.40	Triple J.	U17/M/W
14	2.55	200m	SM			
15	3.00	800m	U11G			
16	3.10	800m	U11B			
17	3.20	800m	U13G			
18	3.30	800m	U13B			
19	3.40	800m	U15G			
20	3.45	800m	U15B			
21	3.50	800m	U17M			
22	3.55	800m	U17W			
23	4.00	800m	SW			
24	4.05	800m	SM			
25	4.15	4x100m	U11G			
26	4.20	4x100m	U11B			
27	4.25	4x100m	U13G			
28	4.30	4x100m	U13B			
29	4.35	4x100m	U15G			
30	4.40	4x100m	U15B			
31	4.45	4x100m	U17M			
32	4.50	4x100m	U17W			
33	5.00	4x100m	SW			
34	5.05	4x100m	SM			