

NJL Northern Promotion RESULTS
Wigan, Robin Park Arena, Sun 7 September 2008

M 100m A

1 Umar Hameed	LDS	11.1
2 David Clark	GLA	11.1
3 Bruce Pilkington	BUH	11.2
4 Sam Thorpe	RTM	11.3
5 Ryan Scott	TFV	11.4
6 Steve Richardson	KUH	11.5
7 Ryan Sumner	PST	11.7
8 Carwyn Owen	NWS	11.9

M 100m B

1 Tom Mosley U17	LDS	11.1
2 Calum Innes	GLA	11.2
3 Callum Woods U17	TFV	11.3
4 Chris Burgess	BUH	11.4
5 Garwain Rogers	NWS	11.8
6 Jordan Flude	RTM	12.0
7 Ben Bainbridge U17	KUH	12.1

M 200m A

1 Umar Hameed	LDS	22.5
2 Callum Woods U17	TFV	22.7
3 Sam Thorpe	RTM	22.7
4 David Clark	GLA	22.8
5 Bruce Pilkington	BUH	23.0
6 Cynan Evans	NWS	23.4
7 Steve Richardson	KUH	23.8
8 Ryan Sumner	PST	24.6

M 200m B

1 Matt Osbourne	BUH	22.3
2 Kyle Henderson U17	TFV	22.7
3 Kyle Jeffrey	LDS	22.8
4 Garwain Rogers	NWS	22.9
5 Lorn Menzies	GLA	23.9
6 Jamie Bennett	RTM	24.3
7 Edward Greenall U17	PST	24.3
8 Tom Butler	KUH	24.8

M 400m A

1 Cynan Evans	NWS	51.8
2 Stephen Bennett	PST	52.4
3 Gareth Morteton U17	RTM	52.5
4 Usman Ashraf	GLA	52.8
5 Tom Roberts	LDS	53.4
6 Stephen Roy	TFV	53.9
7 Tom Butler	KUH	55.5
8 Sam Gough	BUH	57.3

M 400m B

1 Lorn Menzies	GLA	52.9
2 Michael Salter	LDS	53.4
3 Jack Taylor U17	BUH	54.1
4 Steven Ormarod U17	PST	54.7
5 Lewis Grant U17	TFV	55.4
6 Nathan Buckingham	RTM	56.0
7 Tim Davies	NWS	56.1

M 800m A

1 Sean Riley	TFV	1.57.4
2 Stuart Ross U17	GLA	1.57.6
3 Frazer Jardine	BUH	1.58.4
4 Michael Salter	LDS	1.58.9
5 Matt Lloyd	PST	2.04.3
6 Lewis Myatt U17	NWS	2.07.1
7 Mark Cage	KUH	2.11.5
8 Jamie Bennett	RTM	2.13.1

M 800m B

1 Craig McDowell U17	TFV	2.01.3
2 Sam Gough	BUH	2.03.2
3 Michael Wood U17	LDS	2.03.7
4 Ben Akin U17	PST	2.08.4
5 Tom Snowden	NWS	2.11.1
6 Kenneth Boyd	GLA	2.14.5
7 David Smith	RTM	2.19.9

M 1500m A

1 James Wilkinson	LDS	4.08.2
2 Dave Mountford	NWS	4.10.5
3 Scott McDonald	TFV	4.11.4
4 Stephen Bennett	PST	4.13.5
5 Matty Pye	KUH	4.18.1
6 Sean Fontana	GLA	4.19.1
7 Frazer Jardine	BUH	4.22.3
8 David Smith	RTM	4.54.0

M 1500m B

1 Joe Townsend	LDS	4.12.3
2 Jamie Wright U17	NWS	4.17.5
3 Ian Hardacre	TFV	4.20.8
4 Matthew Davison	PST	4.22.1
5 Stuart Ross U17	GLA	5.02.8

M 3000m A

1 James Wilkinson	LDS	8.51.2
2 Scott McDonald	TFV	8.55.4
3 Ricky Challenor	NWS	9.03.6
4 Matty Pye	KUH	9.08.5
5 Sean Fontana	GLA	9.16.1
6 Josh Skinner	PST	9.50.0
7 David Smith	RTM	10.05.5
8 Robert Ashworth	BUH	10.13.4

M 3000m B

1 Robert Inglis	TFV	9.27.2
2 Phil Edge	NWS	9.32.3
3 Rharida Munro	GLA	9.42.8
4 Jack Robinson	KUH	9.45.9
5 Alex Davy	LDS	9.47.2
6 Kristian Bibby U17	PST	10.11.7
7 James Eccles	BUH	14.21.7

M 110mH A
 1 Calum Innes GLA 15.2
 2 Andrew Robinson PST 15.9
 3 Tom Casey LDS 16.5
 4 Lewis Coulton BUH 16.5
 5 Garry Plain U17 TFV 17.9
 6 Mark Cage KUH 19.9
 7 Liam Thompson U17 RTM 23.6

M 110mH B
 1 Adam Timms LDS 15.4
 2 David Clark GLA 17.4
 3 George Pickering U17 KUH 18.2
 4 Daren Thompson TFV 19.4
 5 Andrew Harrison U17 PST 19.7
 6 David Coupe RTM 21.5

M 400mH A
 1 Martin Hayes GLA 58.3
 2 Edward Greenall U17 PST 58.7
 3 Tom Lindsay LDS 60.3
 4 Daren Thompson TFV 62.5
 5 Mark Cage KUH 62.8
 6 Sam Gough BUH 64.6
 7 Daniel Burton U17 NWS 66.1
 8 Liam Thompson U17 RTM 70.0

M 400mH B
 1 Lewis Coulton BUH 62.5
 2 James Lavin LDS 63.8
 3 Josh Skinner PST 66.7
 4 Rharida Munro GLA 67.8
 5 Johnathon Tolson TFV 68.2
 6 Arron Raspin U17 KUH 70.1
 7 Sam Howis U17 RTM 71.0
 8 Phil Edge NWS 77.9

M 2000m Sc A
 1 Martin Hayes GLA 6.17.4
 2 Alex Hendry TFV 6.22.9
 3 James Lavin LDS 6.24.6
 4 Ricky Challenor NWS 6.24.9
 5 Frazer Jardine BUH 6.33.1
 6 Andrew Harrison U17 PST 7.14.3
 7 Mark Cage KUH 7.24.6
 8 Sam Howis U17 RTM 7.33.7

M 2000m Sc B
 1 Ed Mason LDS 6.43.5
 2 Johnathon Tolson TFV 6.49.8
 3 Rharida Munro GLA 6.52.1
 4 Lewis Myatt U17 NWS 6.58.9
 5 Richard Morrell U17 PST 7.35.9
 6 Liam Thompson U17 RTM 8.13.4

M Discus Throw A
 1 Alan McKay GLA 43.60
 2 Kane Humphry U17 RTM 41.29
 3 Pete Smith KUH 38.82
 4 Kyle Randles U17 TFV 36.41
 5 Adam Timms LDS 35.93
 6 Stephen Porter PST 35.16
 7 Michael O'Donnell BUH 24.63
 8 Tom Snowden NWS 9.31

M Discus Throw B
 1 Daniel Carlin GLA 42.37
 2 Andrew Robinson PST 29.57
 3 David Coupe RTM 21.83
 4 Mike Jennings KUH 21.09
 5 Lewis Coulton BUH 18.84
 6 Declan Wright U17 TFV 18.81

M Hammer Throw A
 1 Pete Smith KUH 71.09
 2 Kyle Randles U17 TFV 46.75
 3 Andrew McLaughlan 17 GLA 38.05
 4 Michael O'Donnell BUH 22.91
 5 Karl Evenden U17 LDS 18.40
 6 Andrew Harrison U17 PST 17.90
 7 Jordan Flude RTM 16.13

M Hammer Throw B
 1 Mike Jennings KUH 56.25
 2 Alan McKay GLA 31.17
 3 John McOnish TFV 16.61
 4 Wes Walker LDS 16.54
 5 Ben Akin U17 PST 13.00

M High Jump A
 1 Cameron Gore PST 1.90
 2 David Smith GLA 1.90
 3 Garry Plain U17 TFV 1.90
 4 Garwain Rogers NWS 1.80
 5 Adam Timms LDS 1.80
 6 Ricky Lowe BUH 1.75
 7 Liam O'Malley RTM 1.65
 8 George Pickering U17 KUH 1.60

M High Jump B
 1 Andrew Robinson PST 1.90
 2 Greg Boyd TFV 1.90
 3 David Clunie GLA 1.70
 4 Kyle Jeffrey LDS 1.70
 5 Jamie Bennett RTM 1.65

M Javelin Throw A			M Javelin Throw B		
1	Matthew Hunt	KUH 61.50	1	Sean Rose U17	KUH 37.61
2	Stephen Porter	PST 53.69	2	Ricky Lowe	BUH 36.75
3	Michael O'Donnell	BUH 46.96	3	Michael Porter U17	PST 31.23
4	Wes Walker	LDS 41.50	4	Martin Hayes	GLA 29.63
5	Andrew McLaughlan 17	GLA 36.68	5	Gareth Morteton U17	RTM 29.43
6	Kane Humphry U17	RTM 33.82	6	John McOnish	TFV 22.88
7	Declan Wright U17	TFV 31.84	7	Karl Evenden U17	LDS 22.45
8	Ricky Challenor	NWS 30.68	8	Tom Snowden	NWS 12.13
M Long Jump A			M Long Jump B		
1	Adam Timms	LDS 6.82	1	Tom Lindsay	LDS 6.51
2	Calum Innes	GLA 6.79	2	Andrew Macfarlane 17	GLA 6.06
3	Andrew Robinson	PST 6.63	3	Grant Isdale U17	TFV 6.01
4	Kyle Henderson U17	TFV 6.54	4	Ryan Sumner	PST 5.59
5	Matt Osbourne	BUH 6.49	5	Sean Rose U17	KUH 4.65
6	Steve Richardson	KUH 6.20	6	Phil Edge	NWS 4.37
7	Liam O'Malley	RTM 5.38			
8	Carwyn Owen	NWS 5.21			
M Pole Vault A			M Pole Vault B		
1	Calum Sharpe	GLA 4.00	1	Jax Thors U17	GLA 2.90
2	Andrew Harrison U17	PST 3.40	2	Declan Wright U17	TFV 2.10
3	Grant Isdale U17	TFV 2.80	3	George Sharp U17	PST 2.00
4	Arron Raspin U17	KUH 2.80			
5	Michael O'Donnell	BUH 2.50			
M Shot Putt A			M Shot Putt B		
1	Daniel Carlin	GLA 15.14	1	Alan McKay	GLA 14.59
2	Adam Timms	LDS 12.50	2	Greg Boyd	TFV 10.60
3	Pete Smith	KUH 12.16	3	Mike Jennings	KUH 9.49
4	Kyle Randles U17	TFV 11.63	4	Nathan Buckingham	RTM 9.34
5	Kane Humphry U17	RTM 9.71	5	Karl Evenden U17	LDS 8.00
6	James Eccles	BUH 8.60	6	Anthony Dunn U17	BUH 7.98
7	Steven Ormarod U17	PST 7.96	7	Michael Porter U17	PST 7.93
8	Carwyn Owen	NWS 7.13	8	Dave Mountford	NWS 5.95
M Triple Jump A			M Triple Jump B		
1	Ricky Lowe	BUH 13.14	1	Cameron Gore	PST 12.17
2	Adam Williams	NWS 13.00	2	Fraser Weir U17	TFV 11.78
3	Andrew Robinson	PST 12.92	3	Josh Boaler U17	BUH 11.67
4	Garry Plain U17	TFV 12.73	4	Garwain Rogers	NWS 11.51
5	Liam O'Malley	RTM 11.92	5	David Clunie	GLA 11.07
6	Tom Lindsay	LDS 11.90	6	Ben Bainbridge U17	KUH 10.21
7	David Smith	GLA 11.75	7	David Coupe	RTM 10.19
8	George Pickering U17	KUH 11.50	8	Michael Williams	LDS 10.05
W 100m A			W 100m B		
1	Emma Jackson U17	KUH 12.3	1	Hannah Pendlebury	NWS 12.5
2	Jennifer Hannah U17	GLA 12.6	2	Megan Hault U17	KUH 12.7
3	Hannah Thomas U17	NWS 12.8	3	Danni Carr	LDS 12.9
4	Harriet James U17	PST 12.8	4	Liouisa Hodgson U17	PST 13.2
5	Alix Wilson	TFV 13.0	5	Hazel Blair	GLA 13.5
6	Michelle Derung	BUH 13.3	6	Danielle Heald U17	RTM 13.6
7	Kadeena Cox	LDS 13.3	7	Hannah Scholes	BUH 13.8
8	Heather Dyson U17	RTM 14.3	8	Rachael McIllwraith	TFV 14.4

W 200m A
1 Emma Jackson U17 KUH 25.2
2 Hannah Thomas U17 NWS 26.1
3 Kadeena Cox LDS 26.7
4 Danielle Heald U17 RTM 27.7
5 Alix Wilson TFV 27.7
6 Sarah Goodwin U17 GLA 27.7
7 Sian Pledger BUH 28.0
8 Hannah Lupton U17 PST 28.3

W 400m A
1 Stephanie Roe PST 58.6
2 Sonia Santos U17 KUH 59.2
3 Kirsty Hunter TFV 59.8
4 Rachel Speight U17 LDS 60.4
5 Jennifer Hannah U17 GLA 61.4
6 Rebecca Fordham BUH 62.4
7 Rebecca White RTM 63.2

W 800m A
1 Amanda Campbell TFV 2.19.2
2 Rebecca Nuttall NWS 2.20.0
3 Lucy Sumner U17 PST 2.22.4
4 Sophie Waterhouse LDS 2.25.2
5 Lucinda Logan GLA 2.36.7
6 Rebecca Kay U17 BUH 2.38.4

W 1500m A
1 Sarah Inglis TFV 4.49.6
2 Rebecca Nuttall NWS 5.01.1
3 Sophie Waterhouse LDS 5.05.9
4 Ellen Buckley U17 PST 5.18.3
5 Rebecca Fordham BUH 5.21.1
6 Erin Leegate GLA 5.39.1

W 3000m A
1 Sarah Inglis TFV 10.06.0
2 Abigail Mackley U17 PST 11.24.2
3 Rebecca Fordham BUH 12.39.2
4 Rebecca Devney LDS 13.11.0
5 Caroline Adams GLA 14.29.8

W 100mH A
1 Harriet James U17 PST 15.4
2 Augusta Carmen U17 GLA 16.7
3 Lynne Hunter TFV 17.3
4 Jess Dobson LDS 18.8
5 Olivia McGreevy BUH 18.9
6 Lois Earl KUH 20.9
7 Rebecca Middleton 17 RTM 21.5

W 400mH A
1 Lynne Hunter TFV 64.5
2 Sonia Santos U17 KUH 67.6
3 Augusta Carmen U17 GLA 71.4
4 Jess Dobson LDS 72.3
5 Olivia McGreevy BUH 75.3
6 Rebecca Middleton 17 RTM 78.7
7 Katrina Hall PST 84.2

W 200m B
1 Hannah Pendlebury NWS 25.8
2 Amy Giblin KUH 27.4
3 Rebekah Ingham PST 27.5
4 Kirsty Hunter TFV 27.8
5 Danni Carr LDS 27.8
6 Lexi Cochrane U17 BUH 28.1
7 Heather Dyson U17 RTM 29.0
8 Emma Dowd U17 GLA 29.4

W 400m B
1 Sophie Fletcher U17 PST 60.4
2 Katie McKnight U17 GLA 61.1
3 Jemma Creaghan U17 RTM 62.8
4 Rachel Pounds BUH 63.6
5 Ashley Madden TFV 63.8
6 Jess Dobson LDS 64.7

W 800m B
1 Rachael McIllwraith TFV 2.25.6
2 Elana Dowthwaite U17 PST 2.26.8
3 Abbey Oliver U17 NWS 2.34.2
4 Rebecca Hart GLA 2.46.3
5 India Haresign U17 LDS 2.58.7

W 1500m B
1 Mhari Inglis TFV 4.50.6
2 Rachel Devney LDS 5.40.7
3 Rachel Pounds BUH 5.56.1
4 Caroline Adams GLA 6.46.6

W 3000m B
1 Elana Dowthwaite U17 PST 12.22.8
2 Robyn McDowell TFV 12.52.1
3 Rachel Pounds BUH 13.14.8
4 India Haresign U17 LDS 13.24.6

W 100mH B
1 Rebekah Ingham PST 16.1
2 Jennifer Hutchinson TFV 18.6
3 Lucinda Logan GLA 21.2

W 400mH B
1 Jennifer Hutchinson TFV 69.3
2 Rebecca Kay U17 BUH 72.2
3 Rebecca Hart GLA 76.2
4 Hannah Watson PST 78.2
5 Rebecca Devney LDS 78.4

W 1500m Sc A
No competitors

W Discus Throw A

1 Hannah Evenden	LDS	40.32
2 Rhianydd Parry	TFV	34.17
3 Stacey Lebond	RTM	22.01
4 Emma Pinkowicz U17	PST	20.24
5 Katie Riches	GLA	17.30
6 Olivia McGreevy	BUH	15.11

W Hammer Throw A

1 Myra Perkins U17	TFV	49.02
2 Hannah Evenden	LDS	45.33
3 Stacey Lebond	RTM	40.89
4 Emma Pinkowicz U17	PST	23.70
5 Katie Riches	GLA	15.93

W High Jump A

1 Rebekah Ingham	PST	1.65
2 Erin Leegate	GLA	1.60
3 Sian Swanson U17	NWS	1.50
4 Tanya Marshall	TFV	1.45
5 Sonia Santos U17	KUH	1.40
6=Sian Pledger	BUH	1.30
6=Kim Bateman	RTM	1.30

W Javelin Throw A

1 Alice Simpson	LDS	29.53
2 Kayleigh Huggins U17	PST	25.93
3 Claire Lebond U17	RTM	24.12
4 Katie Riches	GLA	21.21
5 Rachael McKie	TFV	21.09
6 Lorna Morton U17	KUH	12.57
7 Rebecca Fordham	BUH	9.67
8 Rebecca Nuttall	NWS	8.41

W Long Jump A

1 Harriet James U17	PST	5.45
2 Sian Pledger	BUH	4.89
3 Megan Hoult U17	KUH	4.77
4 Emma Dowd U17	GLA	4.67
5 Sian Swanson U17	NWS	4.48
6 Kim Bateman	RTM	3.89
7 Kadeena Cox	LDS	3.73
8 Robyn McDowell	TFV	3.57

W Pole Vault A

1 Christina Hughes	NWS	3.40
2 Amy Grant U17	TFV	2.70
3 Beth Arandle U17	KUH	2.70
4 Caroline Adams	GLA	2.70
5 Emma McCann U17	PST	2.10

W Shot Putt A

1 Hannah Evenden	LDS	12.47
2 Rebekah Ingham	PST	9.19
3 Stacey Lebond	RTM	9.17
4 Lois Earl	KUH	9.00
5 Rhianydd Parry	TFV	8.66
6 Katie Riches	GLA	8.30
7 Sian Pledger	BUH	5.92

W 1500m Sc B
No competitors

W Discus Throw B

1 Carrie Simpson U17	LDS	27.44
2 Myra Perkins U17	TFV	23.33
3 Claire Lebond U17	RTM	21.35
4 Kayleigh Huggins U17	PST	15.91
5 Sarah Goodwin U17	GLA	14.67
6 Lexi Cochrane U17	BUH	12.71

W Hammer Throw B

1 Alice Simpson	LDS	36.09
2 Claire Lebond U17	RTM	34.22
3 Rhianydd Parry	TFV	31.14
4 Hannah Watson	PST	15.55
5 Lucinda Logan	GLA	14.28

W High Jump B

1 Hazel Blair	GLA	1.55
2 Hannah Lupton U17	PST	1.50
3 Amy Giblin	KUH	1.40
4 Alix Wilson	TFV	1.30
5 Sammy Boaler	BUH	1.30

W Javelin Throw B

1 Rebekah Ingham	PST	23.46
2 Stacey Lebond	RTM	21.51
3 Mhari Inglis	TFV	18.16
4 Alison Innes U17	GLA	14.61
5 Carrie Simpson U17	LDS	13.34
6 Beth Arandle U17	KUH	11.52
7 Hannah Scholes	BUH	6.65
8 Abbey Oliver U17	NWS	6.48

W Long Jump B

1 Katrina Hall	PST	4.56
2 Hannah Scholes	BUH	4.52
3 Lois Earl	KUH	4.50
4 Heather Dyson U17	RTM	3.70
5 Amanda Campbell	TFV	3.30
6 India Haresign U17	LDS	2.81
7 Lucinda Logan	GLA	1.68

W Pole Vault B

1 Rebecca Davies U17	NWS	3.30
2 Tanya Marshall	TFV	2.60
3 Augusta Carmen U17	GLA	2.20
4 Lorna Morton U17	KUH	1.90
5 Nicola Jackson U17	PST	1.80

W Shot Putt B

1 Alice Simpson	LDS	11.83
2 Hannah Lupton U17	PST	8.94
3 Alison Innes U17	GLA	7.40
4 Rachael McKie	TFV	7.34
5 Rebecca White	RTM	5.88
6 Sammy Boaler	BUH	5.68

W Triple Jump A		W Triple Jump B	
1 Hazel Blair	GLA 10.25	1 Emma Dowd U17	GLA 9.87
2 Megan Hoult U17	KUH 9.97	2 Hannah Scholes	BUH 9.42
3 Katrina Hall	PST 9.94	3 Hannah Evenden	LDS 9.01
4 Sian Swanson U17	NWS 9.58	4 Lucy Sumner U17	PST 8.71
5 Saffron McKee U17	BUH 9.57		
6 Rachel Speight U17	LDS 9.50		
7 Kim Bateman	RTM 9.41		
8 Sarah Inglis	TFV 9.09		

W 4x100m Relay

1 KUH 50.5	1 Emma Jackson U17	2 Megan Hoult U17
	3 Sonia Santos U17	4 Amy Giblin
2 PST 51.4	1 Harriet James U17	2 Hannah Lupton U17
	3 Sally Thompson U17	4 Rebekah Ingham
3 TFV 51.6	1 Jennifer Hutchinson	2 Lynne Hunter
	3 Kirsty Hunter	4 Alix Wilson
4 LDS 51.7	1 Jess Dobson	2 Rachel Speight U17
	3 Danni Carr	4 Kadeena Cox
5 BUH 53.5	1 Sian Pledger	2 Hannah Scholes
	3 Michelle Derung	4 Lexi Cochrane U17
6 RTM 54.0	1 Heather Dyson U17	2 Rebecca White
	3 Danielle Heald U17	4 Jemma Creaghan U17
7 GLA 55.1	1 Lucinda Logan	2 Rebecca Hart
	3 Abbey Marshall	4 Augusta Carmen U17

W 4x400m Relay

1 TFV 4.01.0	1 Jennifer Hutchinson	2 Lynne Hunter
	3 Amanda Campbell	4 Kirsty Hunter
2 PST 4.05.9	1 Lucy Sumner U17	2 Elana Dowthwaite U17
	3 Stephanie Roe	4 Sophie Fletcher U17
3 GLA 4.08.8	1 Erin Leegate	2 Hazel Blair
	3 Jennifer Hannah U17	4 Katie McKnight U17
4 RTM 4.20.1	1 Rebecca White	2 Jemma Creaghan U17
	3 Kim Bateman	4 Rebecca Middleton 17
5 LDS 4.22.2	1 Rachel Speight U17	2 Sophie Waterhouse
	3 Danni Carr	4 Kadeena Cox
6 BUH 4.25.7	1 Rebecca Fordham	2 Rachel Pounds
	3 Rebecca Kay U17	4 Michelle Derung

M 4x100m Relay

1 BUH 44.0	1 Bruce Pilkington	2 Matt Osbourne
	3 Chris Burgess	4 Ricky Lowe
2 TFV 45.3	1 Ryan Scott	2 Kyle Henderson U17
	3 Grant Isdale U17	4 Callum Woods U17
3 LDS 45.6	1 Tom Roberts	2 Umar Hameed
	3 Tom Mosley U17	4 Tom Lindsay
4 NWS 45.6	1 Garwain Rogers	2 Carwyn Owen
	3 Adam Williams	4 Cynan Evans
5 RTM 46.3	1 Sam Thorpe	2 Liam O'Malley
	3 Liam O'Malley	4 Gareth Morteton U17
6 PST 47.4	1 Ryan Sumner	2 Edward Greenall U17
	3 Cameron Gore	4 George Sharp U17
7 GLA 47.7	1 Usman Ashraf	2 David Smith
	3 Jax Thors U17	4 David Clunie
8 KUH DNF		

M 4x400m Relay

1	GLA 3.28.6	1 Lorn Menzies	2 Stuart Ross U17
		3 David Clark	4 Usman Ashraf
2	RTM 3.29.3	1 Nathan Buckingham	2 Jamie Bennett
		3 Gareth Morteton U17	4 Sam Thorpe
3	LDS 3.29.4	1 Michael Salter	2 Tom Roberts
		3 Umar Hameed	4 Tom Mosley U17
4	TFV 3.33.6	1 Daren Thompson	2 Craig McDowell U17
		3 Stephen Roy	4 Sean Riley
5	BUH 3.36.2	1 James Eccles	2 Jack Taylor U17
		3 Sam Gough	4 Bruce Pilkington
6	PST 3.38.0	1 Matt Lloyd	2 Ben Akin U17
		3 Steven Ormarod U17	4 Stephen Bennett
7	KUH 3.46.4	1 Tom Butler	2 Steve Richardson
		3 Matty Pye	4 Jack Robinson
8	NWS 3.48.7	1 Tim Davies	2 Tom Snowden
		3 Dave Mountford	4 Phil Edge

	Points
1 TEAM FORTH VALLEY	482
2 TEAM GLASGOW	470
3 Preston Harriers	455
4 Leeds City AC	431
5 Bolton United Harriers	320.5
6 Kingston Upon Hull AC	291
7 Rotherham H. & AC	256.5
8 NORTH WALES	239

Athlete of the Match

Pete Smith KUH Hammer 71.09M

Hannah Evenden Leeds Discus 40.32M

General Comment

No competitors W 1500m Sc A&B,
Note(s)

Wigan, Robin Park Arena, Sun 7 September 2008

Team		BUH	KUH	LDS	NWS	PST	RTM	TFV	GLA	POINTS		
No's		1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot

M 100m	A	8	5	11	3	4	7	6	9	53	0	53
	B	5	2	9	4	0	3	6	7	36	1	37
	Cumulative	13	7	20	7	4	10	12	16	89	1	90

M 200m	A	6	4	11	5	3	8	9	7	53	0	53
	B	9	1	6	5	2	3	7	4	37	0	37
	Cumulative	28	12	37	17	9	21	28	27	179	1	180

M 400m	A	3	4	6	11	9	8	5	7	53	0	53
	B	6	0	7	2	5	3	4	9	36	1	37
	Cumulative	37	16	50	30	23	32	37	43	268	2	270

M 800m	A	8	4	7	5	6	3	11	9	53	0	53
	B	7	0	6	4	5	2	9	3	36	1	37
	Cumulative	52	20	63	39	34	37	57	55	357	3	360

M 1500m	A	4	6	11	9	7	3	8	5	53	0	53
	B	0	0	9	7	5	0	6	4	31	6	37
	Cumulative	56	26	83	55	46	40	71	64	441	9	450

M 3000m	A	3	7	11	8	5	4	9	6	53	0	53
	B	2	5	4	7	3	0	9	6	36	1	37
	Cumulative	61	38	98	70	54	44	89	76	530	10	540

M 110mH	A	7	5	8	0	9	4	6	11	50	3	53
	B	0	6	9	0	4	3	5	7	34	3	37
	Cumulative	68	49	115	70	67	51	100	94	614	16	630

M 400mH	A	5	6	8	4	9	3	7	11	53	0	53
	B	9	3	7	1	6	2	4	5	37	0	37
	Cumulative	82	58	130	75	82	56	111	110	704	16	720

M 2000Sc	A	6	4	8	7	5	3	9	11	53	0	53
	B	0	0	9	5	4	3	7	6	34	3	37
	Cumulative	88	62	147	87	91	62	127	127	791	19	810

M DT	A	4	8	6	3	5	9	7	11	53	0	53
	B	4	5	0	0	7	6	3	9	34	3	37
	Cumulative	96	75	153	90	103	77	137	147	878	22	900

M HT	A	7	11	6	0	5	4	9	8	50	3	53
	B	0	9	5	0	4	0	6	7	31	6	37
	Cumulative	103	95	164	90	112	81	152	162	959	31	990

Wigan, Robin Park Arena, Sun 7 September 2008

Team		BUH	KUH	LDS	NWS	PST	RTM	TFV	GLA	POINTS		
No's		1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot

M HJ	A	5	3	6	7	11	4	8	9	53	0	53
	B	0	0	5	0	9	4	7	6	31	6	37
Cumulative		108	98	175	97	132	89	167	177	1043	37	1080

M JT	A	8	11	7	3	9	5	4	6	53	0	53
	B	7	9	2	1	6	4	3	5	37	0	37
Cumulative		123	118	184	101	147	98	174	188	1133	37	1170

M LJ	A	6	5	11	3	8	4	7	9	53	0	53
	B	0	4	9	3	5	0	6	7	34	3	37
Cumulative		129	127	204	107	160	102	187	204	1220	40	1260

M PV	A	6	7	0	0	9	0	8	11	41	12	53
	B	0	0	0	0	6	0	7	9	22	15	37
Cumulative		135	134	204	107	175	102	202	224	1283	67	1350

M SP	A	5	8	9	3	4	6	7	11	53	0	53
	B	3	6	4	1	2	5	7	9	37	0	37
Cumulative		143	148	217	111	181	113	216	244	1373	67	1440

M TJ	A	11	3	5	9	8	6	7	4	53	0	53
	B	6	3	1	5	9	2	7	4	37	0	37
Cumulative		160	154	223	125	198	121	230	252	1463	67	1530

W 100m	A	5	11	4	8	7	3	6	9	53	0	53
	B	2	7	6	9	5	3	1	4	37	0	37
Cumulative		167	172	233	142	210	127	237	265	1553	67	1620

W 200m	A	4	11	8	9	3	7	6	5	53	0	53
	B	3	7	4	9	6	2	5	1	37	0	37
Cumulative		174	190	245	160	219	136	248	271	1643	67	1710

W 400m	A	5	9	7	0	11	4	8	6	50	3	53
	B	5	0	3	0	9	6	4	7	34	3	37
Cumulative		184	199	255	160	239	146	260	284	1727	73	1800

W 800m	A	5	0	7	9	8	0	11	6	46	7	53
	B	0	0	4	6	7	0	9	5	31	6	37
Cumulative		189	199	266	175	254	146	280	295	1804	86	1890

W 1500m	A	6	0	8	9	7	0	11	5	46	7	53
	B	6	0	7	0	0	0	9	5	27	10	37
Cumulative		201	199	281	184	261	146	300	305	1877	103	1980

W 3000m	A	8	0	7	0	9	0	11	6	41	12	53
	B	6	0	5	0	9	0	7	0	27	10	37
Cumulative		215	199	293	184	279	146	318	311	1945	125	2070

Wigan, Robin Park Arena, Sun 7 September 2008

Team	BUH	KUH	LDS	NWS	PST	RTM	TFV	GLA	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

W 100mH A	6	5	7	0	11	4	8	9	50	3	53	
B	0	0	0	0	9	0	7	6	22	15	37	
Cumulative	221	204	300	184	299	150	333	326	2017	143	2160	

W 400mH A	6	9	7	0	4	5	11	8	50	3	53	
B	7	0	4	0	5	0	9	6	31	6	37	
Cumulative	234	213	311	184	308	155	353	340	2098	152	2250	

W 1500Sc A	0	0	0	0	0	0	0	0	0	53	53	
B	0	0	0	0	0	0	0	0	0	37	37	
Cumulative	234	213	311	184	308	155	353	340	2098	242	2340	

W DT A	5	0	11	0	7	8	9	6	46	7	53	
B	3	0	9	0	5	6	7	4	34	3	37	
Cumulative	242	213	331	184	320	169	369	350	2178	252	2430	

W HT A	0	0	9	0	7	8	11	6	41	12	53	
B	0	0	9	0	5	7	6	4	31	6	37	
Cumulative	242	213	349	184	332	184	386	360	2250	270	2520	

W HJ A	4.5	6	0	8	11	4.5	7	9	50	3	53	
B	4	6	0	0	7	0	5	9	31	6	37	
Cumulative	250.5	225	349	192	350	188.5	398	378	2331	279	2610	

W JT A	4	5	11	3	9	8	6	7	53	0	53	
B	2	3	4	1	9	7	6	5	37	0	37	
Cumulative	256.5	233	364	196	368	203.5	410	390	2421	279	2700	

W LJ A	9	8	4	6	11	5	3	7	53	0	53	
B	7	6	3	0	9	5	4	2	36	1	37	
Cumulative	272.5	247	371	202	388	213.5	417	399	2510	280	2790	

W PV A	0	8	0	11	6	0	9	7	41	12	53	
B	0	5	0	9	4	0	7	6	31	6	37	
Cumulative	272.5	260	371	222	398	213.5	433	412	2582	298	2880	

W SP A	4	7	11	0	9	8	6	5	50	3	53	
B	3	0	9	0	7	4	5	6	34	3	37	
Cumulative	279.5	267	391	222	414	225.5	444	423	2666	304	2970	

W TJ A	6	9	5	7	8	4	3	11	53	0	53	
B	7	0	6	0	5	0	0	9	27	10	37	
Cumulative	292.5	276	402	229	427	229.5	447	443	2746	314	3060	

W 4x1	6	11	7	0	9	5	8	4	50	3	53	
Cumulative	298.5	287	409	229	436	234.5	455	447	2796	317	3113	

W 4x4	5	0	6	0	9	7	11	8	46	7	53	
Cumulative	303.5	287	415	229	445	241.5	466	455	2842	324	3166	

Wigan, Robin Park Arena, Sun 7 September 2008

Team	BUH	KUH	LDS	NWS	PST	RTM	TFV	GLA	POINTS
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used Waste Tot
M 4x1	11	0	8	7	5	6	9	4	50 3 53
Cumulative	314.5	287	423	236	450	247.5	475	459	2892 327 3219
M 4x4	6	4	8	3	5	9	7	11	53 0 53
Cumulative	320.5	291	431	239	455	256.5	482	470	2945 327 3272
Add	0	0	0	0	0	0	0	0	0 0 0
subtract	0	0	0	0	0	0	0	0	0 0 0
Cumulative	320.5	291	431	239	455	256.5	482	470	2945 327 3272
TOTALS	320.5	291	431	239	455	256.5	482	470	2945 327 3272

Pos	Team	Points	Add	Sub	Total	Lge
1	TEAM FORTH VALLEY	482	0	0	482	8
2	TEAM GLASGOW	470	0	0	470	7
3	Preston Harriers	455	0	0	455	6
4	Leeds City AC	431	0	0	431	5
5	Bolton United Harriers	320.5	0	0	320.5	4
6	Kingston Upon Hull AC	291	0	0	291	3
7	Rotherham H. & AC	256.5	0	0	256.5	2
8	NORTH WALES	239	0	0	239	1

Used + add - sub = total 2945 0 0 2945
 Unused points 327 327
 (Used+unused)+add-sub=total 3272 0 0 3272

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
TFV	A 7	7	6	7	6	1	1	2	B 5	10	6	4	4	2	0	1
GLA	A 8	7	3	5	7	4	3	0	B 6	5	7	5	6	1	1	1
PST	A 5	10	4	5	2	6	3	2	B 7	4	4	9	4	1	2	0
LDS	A 8	2	7	8	5	2	2	0	B 8	3	4	3	6	2	1	1
BUH	A 2	1	4	2	10	9	5	2	B 2	5	4	2	2	4	3	0
KUH	A 5	3	4	3	3	5	5	2	B 2	2	4	3	1	3	1	1
RTM	A 0	2	6	3	3	5	8	5	B 0	2	3	2	3	6	4	0
NWS	A 2	5	3	4	1	2	1	7	B 3	2	1	3	2	1	1	4

Men	Points	Women	Points
1 TEAM GLASGOW	267	1 Preston Harriers	247
2 TEAM FORTH VALLEY	246	2 TEAM FORTH VALLEY	236
3 Leeds City AC	239	3 TEAM GLASGOW	203
4 Preston Harriers	208	4 Leeds City AC	192
5 Bolton United Harriers	177	5 Bolton United Harriers	143.5
6 Kingston Upon Hull AC	158	6 Kingston Upon Hull AC	133
7 Rotherham H. & AC	136	7 Rotherham H. & AC	120.5
8 NORTH WALES	135	8 NORTH WALES	104