

The Scottish Schools' Athletic Association

SSAA Under 16 and Over 16 Indoor Track and Field Championships

Kevin Hall Glasgow- Thursday 5th February 2009

As this is a competition for U/16 and O/16 pupils, it is extremely unlikely that any First Year pupil should be entered.

PLEASE ADHERE CLOSELY TO THE ATTACHED REVISED ENTRY STANDARDS.

1 AGE GROUPS/ EVENTS

Under 16 [on or after 01.09.1993]

Over 16 [on or before 31.08 1993]

60 m Hurdles, 60m, 200m, 300m/400m, 800m, 1500m,

High Jump, Long Jump, Shot, Pole Vault.

2 ENTRY CONDITIONS

All entries are on-line. Details attached.

Each school may enter 2 competitors per event. Pupils may compete in a maximum of 3 events; 2 track and 1 field or 1 track and 2 field.

PLEASE NOTE THAT THE POLE VAULT WILL TAKE PLACE ON WEDNESDAY 4th FEBRUARY 2009 IN THE KELVIN HALL AT THE EARLIER TIME OF 4.30 pm.

3 ENTRY FEES

Entry fees are **£3.00** per competitor per event.

4 DISTANCES/IMPLEMENTS/RESTRICTIONS

On the day pupils may only compete in one of the following events: 300m, 400m, 800m, 1500m.

Should there be a large number of entries in any event above 400m, there will be an A & B Final rather than semi-finals.

O/16 Boys and O/16 Girls entered for the 60m Hurdles should be aware that heights and distances between hurdles will be the 15 – 17 regulation standards. The U/16 hurdles will be as for the 14 – 15 age group.

Shot Putt – O/16 Boys – 5kg;

U/16 Boys – 4kg.

O/16 Girls – 4kg;

U/16 Girls – 3.2 kg.

Straight sprints will take place at the same time as circular track events over 400m.

5 PHOTOGRAPHS & MEDIA COVERAGE

Schools must ensure that they have parental permission for photographs to be taken and published in the local press.

If there are children who do not have parental permission then it is the responsibility of the person in charge of the children on the day as to whether or not they are included in any photograph taken.

The SSAA cannot be held responsible for photographs taken and printed without permission.

6 CLOSING DATE

LATE ENTRIES WILL NOT BE ACCEPTED

The closing date for entries is **FRIDAY 9TH JANUARY 2009**