

**Provisional Timetable**

<b><u>TRACK CIRCULAR</u></b>				<b><u>TRACK STRAIGHT</u></b>				<b><u>FIELD</u></b>					
1	U/16G	1500M	HEATS	11.00	5	U/16G	60M	HEATS	11.00	1	U/16B	HIGH JUMP	11.00
2	U/16B	1500M	HEATS		6	U/16B	60M	HEATS		2	O/16G	LONG JUMP	
3	O/16G	1500M	FINAL		7	O/16G	60M	HEATS		3	O/16B	SHOT	
4	O/16B	1500M	HEATS		8	O/16B	60M	HEATS					
9	U/16G	300M	HEATS	12.00	13	U/16G	60M	SEMI	1.30	4	U/16G	HIGH JUMP	12.30
10	O/16G	300M	HEATS		14	U/16B	60M	SEMI		5	O/16B	LONG JUMP	
11	U/16B	400M	HEATS		15	O/16G	60M	FINAL		6	O/16G	SHOT	
12	O/16B	400M	HEATS		16	O/16B	60M	SEMI					
17	U/16G	800M	HEATS	1.30	21	U/16G	60M	FINAL	2.15	7	O/16G	HIGH JUMP	2.00
18	O/16G	800M	HEATS		22	U/16B	60M	FINAL		8	U/16B	LONG JUMP	
19	U/16B	800M	HEATS		23	O/16B	60M	FINAL		9	U/16G	SHOT	
20	O/16B	800M	HEATS										
24	U/16G	300M	SEMI	2.45	28	U/16G	60M H	HEATS	2.45				
25	O/16G	300M	FINAL		29	O/16G	60M H	HEATS					
26	U/16B	400M	FINAL		30	U/16B	60M H	HEATS					
27	O/16B	400M	SEMI		31	O/16B	60M H	HEATS					
32	U/16G	200M	HEATS	3.15						10	O/16B	HIGH JUMP	3.50
33	U/16B	200M	HEATS							11	U/16G	LONG JUMP	
34	O/16G	200M	HEATS							12	U/16B	SHOT	
35	O/16B	200M	HEATS		39	U/16G	60M H	FINAL	4.15				
36	U/16G	1500M	FINAL	4.45	40	O/16G	60M H	FINAL					
37	U/16B	1500M	FINAL		41	U/16B	60M H	FINAL					
38	O/16B	1500M	FINAL		42	O/16B	60M H	FINAL					
43	U/16G	200M	SEMI	5.10									
44	U/16B	200M	SEMI										
45	O/16G	200M	SEMI										
46	O/16B	200M	SEMI										
47	U/16G	300M	FINAL	5.45									
48	O/16B	400M	FINAL										
49	U/16G	800M A	FINAL	6.00									
50	U/16G	800M B	FINAL										
51	U/16B	800M A	FINAL										
52	U/16B	800M B	FINAL										
53	O/16G	800M	FINAL										
54	O/16B	800M	FINAL										
55	U/16G	200M	FINAL	6.40									
56	U/16B	200M	FINAL										
57	O/16G	200M	FINAL										
58	O/16B	200M	FINAL										

ALL FIELD TIMES ARE PROVISIONAL. EACH EVENT WILL FOLLOW ON WHEN THE PREVIOUS ONE HAS FINISHED. LISTEN TO THE ANNOUNCER. WATCH WHAT IS GOING ON

All times are approximate. Hopefully, events will run to time. Athletes must listen to the announcer and are advised not to leave the Arena. If any event, on the day, does not require heats, then the final will be run in heat time.

**TRACK AND FIELD COMPETITORS MUST REPORT TO DECLARATIONS (AREA A) 60 MINUTES BEFORE EVENT TIME. DO NOT GO TO THE START OF THE EVENT WITHOUT DECLARING FIRST. IF YOU DO, YOU WILL NOT BE ALLOWED TO COMPETE.**

Long Jump and Shot Putt competitors will be given three trials with the best eight being given a further three trials. On the completion of each final event, 1st, 2nd and 3rd placed athletes will be taken to the winners' dais for presentation of medals.