

Event MT1 60m M35						Event MT2/3 60m M40/M45						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	41	Smith	Cameron Wee County H	M35	7.48	1	51	Powell	Dalton Notts AC	M45	7.54	
2	44	Walker	Stanley Aberdeen AAC	M35	7.52	2	49	Levin	Richard Bellahouston RR	M40	7.75	
3	45	Gemmell	David Ayr Seaforth AAC	M35	7.73	3	48	Nicholson	Tom Law & Dist. AAC	M40	7.76	
4	42	McKeown	John Aberdeen AAC	M35	7.99	4	46	McGown	Wallace Dunf. & West Fife AC	M40	7.83	
5	40	Rogers	Rene Dundee Hawkhill H	M35	8.18	5	54	Crawford	Alan Nithsdale AC	M45	7.87	
6	43	McWhinnie	Jonathan Unattached	M35	8.78	6	55	Hunter	Ronald Perth Strathtay H	M45	7.94	
						7	52	Fraser	Mark Airdrie H	M45	8.14	
Event MT4 60m M50						Event MT5 60m M55/M60						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	59	Phillips Snr	David Ayr Seaforth AAC	M50	7.90	1	64	McGarry	John Irvine AC	M55	8.20	
2	58	Scott	Bruce Unattached	M50	8.04	2	62	Costley	Eddie GAAC	M55	8.53	
						3	65	Clerihew	Michael Corstorphine AAC	M60	8.54	
						4	63	Douglas	Bob Harmeny AC	M55	8.59	
						5	68	Madigan	Trevor Aberdeen AAC	M60	8.71	
						6	66	MacLeod	Allan Northern Vets	M60	8.73	
						7	67	Hunter	George Pitreavie AAC	M60	8.78	
Event MT6 60m M65						Event MT7 60m M65/M70/M75						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	71	Steede	John Unattached	M65	9.07	1	70	Forbes	Patrick Unattached	M65	8.77	
2	72	Hughes	Barry Northern Vets	M65	9.11	2	74	Beattie	James Unattached	M70	9.12	
3	69	Sloan	James Annan & Dist. AC	M65	9.33	3	78	Bowers	Stanley Unattached	M75	10.13	
4	73	Harrower	Glen Ayr Seaforth AAC	M65	10.95	4	75	Erskine	John Unattached	M75	10.59	
5	70	Forbes	Patrick Unattached	M65	DNF	5	77	Russell	William Unattached	M75	11.66	
Event MF01 Shot Putt M35						Event MF01 Shot Putt M45						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	40	Rogers	Rene Dundee Hawkhill H	M35	11.19	1	97	Loudon	Gordon Pitreavie AAC	M45	8.69	
2	43	McWhinnie	Jonathan Unattached	M35	9.19							
Event MF01 Shot Putt M50						Event MF01 Shot Putt M55						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	119	Pokorniecki	Kenneth Ross County AC	M50	9.96	1	63	Douglas	Bob Harmeny AC	M55	9.33	
2	124	Birkett	John Annan & Dist. AC	M50	9.39							
3	120	McAvoy	Ray Northern Vets	M50	8.95							
Event MF01 Shot Putt M60						Event MF01 Shot Putt M65						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	140	MacBeath	James Unattached	M60	9.62	1	142	Scott	John Shettleston H	M65	11.91	
						2	69	Sloan	James Annan & Dist. AC	M65	10.76	
Event MF01 Shot Putt M75						Event MT8/9 60m W40/W45						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	152	Christie	James VP-Glasgow AC	M75	5.06	1	20	Nicholson	Linda Moorfoot Runners	W45	8.65	
						2	12	Bannerman	Dorothy Inverness H AAC	W45	8.69	
						3	10	Peppard	Moira Trim AC	W40	9.14	
						4	19	Kelly	Angela Giffnock North AAC	W45	9.15	
Event MT11 60m Hurdles W35/W45						Event MT13 400m M50						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	1	Rogers	Lorna Dundee Hawkhill H	W35	10.29	1	114	Starrs	Gerard Unattached	M50	56.68	
2	12	Bannerman	Dorothy Inverness H AAC	W45	10.37	2	60	Douglas	Craig Larkhall YMCA H	M50	58.63	
3	5	Lampkin	Fiona Arbroath & Dist. AC	W35	11.30	3	122	Carey	Kevin Navan AC	M50	63.98	
Event MT14/15 400m M35/M40						Event MT14/15 400m M35/M55						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	86	Allen	Stephen Law & Dist. AAC	M40	56.44	1	154	McGurk	Ian Kirkintilloch Olympians	M35	54.36	
2	84	Murray	Stephen Larkhall YMCA H	M40	58.71	2	42	McKeown	John Aberdeen AAC	M35	59.11	
						3	131	Stevenson	Robert Ayr Seaforth AAC	M55	59.55	
						4	62	Costley	Eddie GAAC	M55	62.30	
Event MT16 400m M45 Heat 1 of 2						Event MT16 400m M45 Heat 2 of 2						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	104	Cullen	Andrew Corstorphine AAC	M45	56.42	1	109	Ramsey	Ludwig Unattached	M50	56.54	
2	101	Watson	Derek VP-Glasgow AC	M45	56.97	2	110	Martin	Colin Kilmarnock H&AC	M50	57.64	
3	113	Duffy	Patrick Greenock Glenpark H	M50	66.66	3	98	Lewis	John Dunf. & West Fife AC	M45	58.49	
						4	156	Cordon	Michael Dunboyne AAC	M45	62.47	
Event MT17/18 400m M65/M70/M75/M80						Event MT19/20 400m W35/W40/W45/W50						
Pos.	No.	Name	Club	Res.		Pos.	No.	Name	Club	Res.		
1	146	Ross	John Edinburgh AC	M70	1.07.63	1	25	Mahady	Laura Aberdeen AAC	W50	65.03	
2	75	Erskine	John Unattached	M75	1.37.06	2	9	Meldrum-Crameri	Fiona Unattached	W40	69.63	
3	153	McGinlay	Hugh Falkirk Victoria H	M80	1.41.86	3	14	Ramage	Sharyn Edinburgh AC	W45	72.18	
4	72	Hughes	Barry Northern Vets	M65	DISQ	4	6	Rice	Lorna Lasswade AAC	W40	73.34	
						5	19	Kelly	Angela Giffnock North AAC	W45	74.26	

Event MT21/22 1500m M35/M40/M45					Event MT23 1500m M50/M55						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	91	Campbell	Stuart	Arbroath & Dist.	M40	4.15.59	1	118 Thomson	John Fife AC	M50	4.49.78
2	107	Bryce	Alexander	Falkirk Victoria H	M45	4.22.18	2	115 Feechan	Colin Ron Hill Camb. H	M50	4.50.36
3	82	Mulrine	Stephen	Garscube H	M35	4.25.03	3	133 Leitch	Derek East Kilbride A.C.	M55	4.50.91
4	100	Duthie	Martin	Calderglen H	M45	4.25.73	4	129 Wilson	Robert Greenock Glenpark H	M55	4.51.69
5	103	Lyall	Keith	Edinburgh AC	M45	4.33.65	5	135 Jenkins	Archie Ron Hill Camb. H	M55	5.04.22
6	96	Scott	Michael	Hunts A.C.	M40	4.42.27	6	134 Cooney	Conor Unattached	M55	5.16.85
7	88	Johnston	Craig	Falkirk Victoria H	M40	4.45.33					

Event MT23 1500m M60/M65/M70/M75					Event MF2 Long Jump M35/M40/M55/M60						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	138	Youngson	Colin	Forres H	M60	5.33.03	1	155 Paget	Ian Unattached	M35	5.89
2	144	Leggett	Ian	Livingston & Dist AAC	M65	5.51.83	2	43 McWhinnie	Jonathan Unattached	M35	4.62
3	150	Dibb	Peter	Longwood H	M75	6.41.98	3	84 Murray	Stephen Larkhall YMCA H	M40	5.00
4	148	Parker	James	Springburn H	M70	7.26.48	4	131 Stevenson	Robert Ayr Seaforth AAC	M55	5.28
5	149	Fletcher	Hugo J	Aberdeen AAC	M70	8.25.05	5	65 Clerihew	Michael Corstorphine AAC	M60	4.46
							6	66 MacLeod	Allan Northern Vets	M60	3.90

Event MF2 Long Jump W35/W40/W45					Event MF03 High Jump						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	1	Rogers	Lorna	Dundee Hawhill H	W35	4.49	1	11 McKinnon	Shona Aberdeen AAC	W45	1.30
2	7	Dinsmore	Jill	VP-Glasgow AC	W40	4.22	2	26 Moore-Fox	Lucy DSD	W50	1.25
3	20	Nicholson	Linda	Moorfoot Runners	W45	4.47					
4	11	McKinnon	Shona	Aberdeen AAC	W45	4.02					
5	16	Lyon	Janet	Aberdeen AAC	W45	3.98					

Event MT24 1500 W40/W45/W50					Event MT25 400m M45						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	8	Ridley	Susan	Edinburgh AC	W40	4.51.51	1	109 Ramsey	Ludwig Unattached	M50	55.32
2	18	Armitage	Sonia	Aberdeen AAC	W45	4.59.94	2	110 Martin	Colin Kilmarnock H&AC	M50	55.73
3	29	Branney	Sandra	VP-Glasgow AC	W50	5.03.82	3	104 Cullen	Andrew Corstorphine AAC	M45	56.08
4	14	Ramage	Sharyn	Edinburgh AC	W45	5.38.48	4	101 Watson	Derek VP-Glasgow AC	M45	56.37
5	17	Marr	Lynne	Springburn H	W45	5.51.29	5	98 Lewis	John Dunf. & West Fife AC	M45	59.50

Event MT26 200m M35					Event MT27 200m M50						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	41	Smith	Cameron	Wee County H	M35	23.92	1	59 Phillips Snr	David Ayr Seaforth AAC	M50	26.08
2	44	Walker	Stanley	Aberdeen AAC	M35	24.71	2	58 Scott	Bruce Unattached	M50	26.58
3	42	McKeown	John	Aberdeen AAC	M35	25.26	3	60 Douglas	Craig Larkhall YMCA H	M50	26.65
4	45	Gemmell	David	Ayr Seaforth AAC	M35	25.46	4	122 Carey	Kevin Navan AC	M50	27.60
5	43	McWhinnie	Jonathan	Unattached	M35	29.29	5	123 McCollin	Wayne Edinburgh AC	M50	DNF

Event MT28 200m M40					Event MT29 200m M45						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	90	McPhail	Malcolm	North East Vets AA	M40	24.88	1	51 Powell	Dalton Notts AC	M45	24.02
2	46	McGown	Wallace	Dunf. & West Fife AC	M40	25.12	2	55 Hunter	Ronald Perth Strathtay H	M45	26.07
3	48	Nicholson	Tom	Law & Dist. AAC	M40	25.38					

Event MT30 200m M55					Event MT31 200m M60/M65						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	64	McGarry	John	Irvine AC	M55	27.06	1	68 Madigan	Trevor Aberdeen AAC	M60	28.53
2	132	Sloss	Ramsay	East Kilbride A.C.	M55	27.38	2	70 Forbes	Patrick Unattached	M65	29.05
3	62	Costley	Eddie	GAAC	M55	27.58	3	72 Hughes	Barry Northern Vets	M65	30.86

Event MT32 200m M70/M75					Event MT33/34 200m W35/W40/W45						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	74	Beattie	James	Unattached	M70	30.90	1	9 Meldrum-Cramer	Fiona Unattached	W40	30.53
2	78	Bowers	Stanley	Unattached	M75	37.53	2	19 Kelly	Angela Giffnock North AAC	W45	30.98
3	77	Russell	William	Unattached	M75	39.92	3	10 Peppard	Moira Trim AC	W40	31.00
							4	6 Rice	Lorna Lasswade AAC	W40	32.77

Event MT35 800m M35					Event MT36 800m M40						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	80	Tol	Mike	Northern Vets	M35	2.08.57	1	86 Allen	Stephen Law & Dist. AAC	M40	2.04.86
2	82	Mulrine	Stephen	Garscube H	M35	2.11.72	2	87 Maher	Robert Drogheda	M40	2.07.90
3	79	Turner	Francis	Unattached	M35	2.30.62	3	96 Scott	Michael Hunts A.C.	M40	2.17.65
							4	88 Johnston	Craig Falkirk Victoria H	M40	2.20.05
							5	95 O'Connor	Gerard Unattached	M40	2.21.13

Event MT37 800m M45					Event MF03 High Jump M35						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	106	MacDonald	James	Law & Dist. AAC	M45	2.04.90	1	43 McWhinnie	Jonathan Unattached	M35	1.56
2	107	Bryce	Alexander	Falkirk Victoria H	M45	2.07.10					
3	101	Watson	Derek	VP-Glasgow AC	M45	2.12.77					
4	99	Skeffingtor	Danny	Unattached	M45	2.13.07					
5	108	Conroy	John	Bury	M50	2.18.10					
6	156	Cordon	Michael	Dunboyne AAC	M45	2.22.31					

Event MF03 High Jump M40					Event MF03 High Jump M45						
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.		
1	94	Houston	Frank	Central AC	M40	1.65	1	97 Loudon	Gordon Pitreavie AAC	M45	1.68

Event MF03 High Jump M50					Event MF03 High Jump M60				
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.
1	116	McEwan Snr	Iain Whitemoss AAC	M50 1.47	1	66	MacLeod	Allan Northern Vets	M60 1.32
2	119	Pokorniecki	Kenneth Ross County AC	M50 1.44	2	140	MacBeath	James Unattached	M60 1.10

  

Event MF03 High Jump M65					Event MT38 800m M50/55				
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.
1	69	Sloan	James Annan & Dist. AC	M65 1.29	1	130	Dunlop	Alastair Stornoway R & AC	M55 2.09.99
					2	133	Leitch	Derek East Kilbride A.C.	M55 2.22.18
					3	129	Wilson	Robert Greenock Glenpark H	M55 2.25.92
					4	121	Cullen	Stephen Garscube H	M50 2.35.54
					5	134	Cooney	Conor Unattached	M55 2.38.09
					6	125	Flannery	Barney Unattached	M50 2.43.10

  

Event MT39 800m M60/M65/M70/M75					Event MT40 800m W35/W45/W50				
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.
1	67	Hunter	George Pitreavie AAC	M60 2.21.48	1	18	Armitage	Sonia Aberdeen AAC	W45 2.28.32
2	150	Dibb	Peter Longwood H	M75 3.11.70	2	25	Mahady	Laura Aberdeen AAC	W50 2.30.40
3	77	Russell	William Unattached	M75 3.49.20	3	29	Branney	Sandra VP-Glasgow AC	W50 2.36.00
4	149	Fletcher	Hugo J Aberdeen AAC	M70 3.58.10	4	14	Ramage	Sharyn Edinburgh AC	W45 2.44.72
5	153	McGinlay	Hugh Falkirk Victoria H	M80 4.12.12	5	6	Rice	Lorna Lasswade AAC	W40 2.59.63
6	143	Kierns	Donald Unattached	M65 4.25.74					
7	148	Parker	James Springburn H	M70 4.38.94					

  

Event MF04 Pole Vault W50					Event MF04 Pole Vault M60				
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.
1	27	Ibbitson	Jennifer Northern Vets	W50 2.85	1	139	Masson	Bob Aberdeen AAC	M60 2.65
2	16	Lyon	Janet Aberdeen AAC	W45 NH					

  

Event MF05 Shot Putt W50					Event MF06 Triple Jump M35/M45				
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.
1	24	Cameron	Claire VP-Glasgow AC	W50 11.27	1	155	Paget	Ian Unattached	M35 12.34
2	27	Ibbitson	Jennifer Northern Vets	W50 10.68	2	111	Wallace	Steve Pitreavie AAC	M45 10.33
3	28	McFarlane	Gwen Ayr Seaforth AAC	W50 9.08					
4	26	Moore-Fox	Lucy DSD	W50 9.06					

  

Event MF06 Triple Jump W35					Event MF06 Triple Jump W40				
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.
1	5	Lampkin	Fiona Arbroath & Dist. AC	W35 8.61	1	7	Dinsmore	Jill VP-Glasgow AC	W40 9.18

  

Event MF06 Triple Jump W45					Event MT43 3000m				
Pos.	No.	Name	Club	Res.	Pos.	No.	Name	Club	Res.
1	11	McKinnon	Shona Aberdeen AAC	W45 8.35	1	8	Ridley	Susan Edinburgh AC	W40 10.26.05
					2	3	Ferry	Catherine Edinburgh AC	W35 10.38.13
					3	17	Marr	Lynne Springburn H	W45 12.45.37

  

Event MT41/42 3000m				
Pos.	No.	Name	Club	Res.
1	112	Smith	Stephen Preston H	M45 9.08.96
2	91	Campbell	Stuart Arbroath & Dist.	M40 9.12.54
3	85	Johnston	Ian Shettleston H	M40 9.17.38
4	83	Downie	Kevin Calderglen H	M35 9.32.66
5	100	Duthie	Martin Calderglen H	M45 9.33.48
6	103	Lyll	Keith Edinburgh AC	M45 9.56.14
7	129	Wilson	Robert Greenock Glenpark H	M55 10.38.94
8	135	Jenkins	Archie Ron Hill Camb. H	M55 10.59.38
9	138	Youngson	Colin Forres H	M60 10.22.56