DM Hall Masters and Combined Events Indoor Championships Saturday 21 February 2009

Provisional Track Timetable

No	Time	Event	Age Group
CE1	10.00	60m	U20/Sen Men
CE2	10.10	60m	Masters
MT1	10.15	60m	M35
MT2	10.20	60m	M40
MT3	10.25	60m	M45
MT4	10.30	60m	M50
MT5	10.35	60m	M55/M60
MT6	10.40	60m	M65
MT7	10.45	60m	M70/M75
MT8	10.50	60m	W35/W40
MT9	10.55	60m	W45
MT10	11.10	60m Hurdles	M35+M40
MT11	11.15	60m Hurdles	W35
IVIIII	11.15	60m Hurdles	M50
MT12	11.20		W45
IVI I Z	11.20	60m Hurdles	
		60m Hurdles	M65
CE3	14.05	60m Hurdles	W50
CE3	11.25	60m Hurdles	U13 Boys
054	44.00	60m Hurdles	U15 Boys
CE4	11.30	60m Hurdles	U17 Men
MT13	11.35	400m	M50
MT14	11.40	400m	M35
MT15	11.45	400m	M40/M55
MT16	11.50	400m	M45
MT17	11.55	400m	M60/65/70/80
MT18	12.00	400m	M75
MT19	12.05	400m	M35/40/50
MT20	12.10	400m	W45
MT21	12.15	1500m	M35/M40
MT22	12.25	1500m	M45/M55
MT23	12.35	1500m	M50+
	12.45	1500m	M60+
MT24	12.55	1500m	W (all)
MT25	13.00	400m	M50
		LUNCH	
MT26	13.45	200m	M35
MT27	13.50	200m	M50
MT28	13.55	200m	M40
MT29	14.00	200m	M45
MT30	14.05	200m	M55
MT31	14.10	200m	M60/M65
MT32	14.15	200m	M70/75
MT33	14.20	200m	W3540
MT34	14.25	200m	W45
MT35	14.30	800m	M35/45
MT36	14.35	800m	M40
MT37	14.40	800m	M50
MT38	14.45	800m	M55/60/65
MT39	14.55	800m	M70/75/80
MT40	15.05	800m	W40/45/50
MT41	15.15	3000m	M35/M40/M45
MT42	15.40	3000m	M50/55/60
MT43	15.55	3000m	W35/40/45
CE5	**	800m	U13/U15 Boys
CE6	**	1000m	U17 Men

Saturday 21 February 2009 Provisional Field Timetable - Masters & Combined Events

No	Time	Event	Age Group
CEF01	10.00	High Jump	U17 Men
CEF02	10.00	Long Jump	U13/U15 Boys
MF01	10.00	Shot Put	Masters Men
CEF03	10.45	Long Jump	U20/Sen Men
CEF04	11.00	Shot Put	Masters Men
CEF05	12.00	High Jump	U13/15 Boys
CEF06	12.00	Shot Put	U20/Sen Men
MF02	12.00	Long Jump	Masters M+W
MF03	13.00	High Jump	Masters M+W
CEF07	13.00	Shot Put	U17 Men
CEF08	13.00	Long Jump	Masters Men
CEF09	14.00	Shot Put	U13/15 Boys
CEF10	14.00	Pole Vault	Masters Men
MF04	14.00	Pole Vault	Masters M+W
CEF11	14.00	Long Jump	U17 Men
CEF12	15.00	High Jump	U20/Sen Men
MF05	15.00	Shot Put	Masters W
MF06	15.00	Triple Jump	Masters M+W

IMPORTANT NOTES

ALL TIMES AFTER 10.00AM ARE APPROXIMATE AND LIABLE TO CHANGE All Individual MASTERS MUST be aware that this is a tight timetable and they must be at their events in good time.

Combined Events will take precedence over Masters Events because of timing.



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