

**Bank of Scotland Under 15 and Under 17 Championships and Senior Relays
Grangemouth Stadium - Sunday 16 August 2009**

Provisional Track Timetable

Event No.	Time	Event	Age Group	Round	Number
T01	10.00	100m	Under 15 Boys	1	3
T02	10.15	100m	Under 15 Girls	1	5
T03	10.35	1500m	Under 15 Boys	1	2
T04	10.45	1500m	Under 15 Girls	1	3
T05	11.05	400m	Under 15 Boys	1	2
T06	11.10	100m	Under 15 Girls	Semi	2
T07	11.15	800m	Under 17 Women	1	3
T08	11.30	800m	Under 17 Men	1	4
T09	11.50	800m	Under 15 Girls	1	3
T10	12.05	800m	Under 15 Boys	1	2
T11	12.20	100m Hurdles	Under 17 Men	Final	1
T12	12.30	80m Hurdles	Under 15 Boys	Final	1
T13	12.40	80m Hurdles	Under 17 Women	1	2
T14	12.50	75m Hurdles	Under 15 Girls	1	2
LUNCH					
T15	13.30	100m	Under 15 Boys	Final	1
T16	13.35	100m	Under 15 Girls	Final	1
T17	13.45	4 x 400m Relay	Senior Women	Final	1
T18	13.55	4 x 400m Relay	Senior Men	Final	1
T19	14.05	400m	Under 15 Boys	Final	1
T20	14.15	200m	Under 17 Men	1	4
T21	14.25	200m	Under 15 Girls	1	5
T22	14.45	1500m	Under 15 Boys	Final	1
T23	14.55	1500m	Under 15 Girls	Final	1
T24	15.05	75m Hurdles	Under 15 Girls	Final	1
T25	15.15	80m Hurdles	Under 17 Women	Final	1
T26	15.30	200m	Under 17 Men	Semi	2
T27	15.40	200m	Under 15 Girls	Semi	2
T28	15.50	200m	Under 15 Boys	1	3
T29	16.00	200m	Under 17 Women	1	3
T30	16.05	800m	Under 17 Men	Final	1
T31	16.10	800m	Under 17 Women	Final	1
T32	16.15	800m	Under 15 Boys	Final	1
T33	16.20	800m	Under 15 Girls	Final	1
T34	16.30	4 x 100m Relay	Senior Men	Final	1
T35	16.40	4 x 100m Relay	Senior Women	Final	1
T36	16.45	1500m S/chase	Under 17 Men	Final	1
T37	16.55	200m	Under 15 Boys	Final	1
T38	17.00	200m	Under 15 Girls	Final	1
T39	17.05	200m	Under 17 Women	Final	1
T40	17.10	200m	Under 17 Men	Final	1

**Bank of Scotland Under 15 and Under 17 Championships
Grangemouth Stadium - Sunday 16 August 2009**

Provisional Field Timetable

Event No.	Time	Event	Age Group	Round	Numbers
F01	9.30	Hammer	Under 15 Girls	Final	2
F02	9.30	Hammer	Under 15 Boys	Final	2
F03	10.00	Long Jump	Under 15 Boys	Final	11
F04	10.00	High Jump	Under 17 Men	Final	10
F05	10.30	Pole Vault	Under 15 Girls	Final	2
F06	10.30	Pole Vault	Under 15 Boys	Final	2
F07	10.30	Pole Vault	Under 17 Men	Final	2
F08	11.00	Javelin	Under 15 Girls	Final	9
F09	11.00	Shot Putt	Under 15 Boys	Final	7
F10	11.00	Long Jump	Under 17 Men	Final	8
F11	12.00	Javelin	Under 15 Boys	Final	6
F12	12.00	High Jump	Under 15 Boys	Final	10
F13	12.00	Long Jump	Under 15 Girls	Final	18
F14	14.00	Discus	Under 17 Women	Final	11
F15	14.00	High Jump	Under 15 Girls	Final	13
F16	15.00	Discus	Under 15 Girls	Final	13
F17	15.00	Shot Putt	Under 17 Women	Final	11
F18	15.00	Triple Jump	Under 15 Boys	Final	13
F19	16.30	Discus	Under 15 Boys	Final	8
F20	16.30	Triple Jump	Under 17 Women	Final	9
F21	16.30	Shot Putt	Under 15 Girls	Final	10