

Scottish Athletics League (Division 2)

30 August 2009

Grangemouth

100m A			
1	I Kennedy	Ayr	11.20 20
2	C Woods (U20)	Falkirk	11.45 18
3	S Milne	Corstorphine	11.89 16
4	D Philip	Lasswade	11.90 14
5	R Kilvington (U20)	Fife	11.95 12
6	D Clunie (U20)	Giffnock	11.97 10
7	M Doris	Clydesdale	12.01 8
8			0
9			0
10			0
11			0
12			0
13			0
14			0

100m B			
1	R Scott (U20)	Falkirk	11.35 14
2	J Farrell (U20)	Clydesdale	11.43 12
3	N Burnside	Ayr	11.80 10
4	A Dalgleish	Lasswade	12.13 8
5	C Gowans	Corstorphine	12.89 6
6	P Dunn	Giffnock	13.21 5
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

200m A			
1	C Woods (U20)	Falkirk	22.90 20
2	I Kennedy	Ayr	23.21 18
3	R Kilvington (U20)	Fife	24.11 16
4	G Woodhouse (U17)	Giffnock	24.29 14
5	S Milne	Corstorphine	24.32 12
6	D Philip	Lasswade	24.43 10
7	R Cannon	Clydesdale	24.94 8
8			0
9			0
10			0
11			0
12			0
13			0
14			0

200m B			
1	R Scott (U20)	Falkirk	23.04 14
2	J Farrell (U20)	Clydesdale	23.10 12
3	T McFarlane	Ayr	23.29 10
4	D Chapman (U20)	Giffnock	23.40 8
5	A Dalgleish	Lasswade	23.62 6
6	A Delargy (U20)	Fife	25.54 5
7	C Gowans	Corstorphine	26.07 4
8			0
9			0
10			0
11			0
12			0
13			0
14			0

400m A			
1	G Louden (U17)	Lasswade	49.03 20
2	D Kerr (U17)	Kilbarchan	51.39 18
3	A McElwee	Ayr	51.74 16
4	D Chapman (U20)	Giffnock	52.15 14
5	L Grant (U20)	Falkirk	52.42 12
6	C McKenzie	Corstorphine	53.88 10
7	M Doris	Clydesdale	55.34 8
8			0
9			0
10			0
11			0
12			0
13			0
14			0

400m B			
1	D Philip	Lasswade	52.21 14
2	T McFarlane	Ayr	52.54 12
3	A Davidson	Falkirk	54.91 10
	R Hunter	Corstorphine	60.36 0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

800m A			
1	G Learmonth (U20)	Lasswade	1:52.96 20
2	C McKenzie	Corstorphine	2:01.27 18
3	P Bowman (U17)	Clydesdale	2:01.89 16
4	A Davidson	Falkirk	2:03.16 14
5	A Oliver (U20)	Ayr	2:04.70 12
6	R Ritchie (U20)	Fife	2:06.73 10
7	M Ritchie (U20)	Giffnock	2:10.04 8
	C Henderson (U17)	Kilbarchan	DNF 0
9			0
10			0
11			0
12			0
13			0
14			0

800m B			
1	R Matheson (U17)	Lasswade	1:57.99 14
2	K Berry	Corstorphine	2:01.65 12
3	A Ronald	Falkirk	2:08.19 10
4	M Buchan (U20)	Fife	2:13.08 8
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

1500m A			
1	D Mulhare	Lasswade	3:53.83 20
2	D Selman	Corstorphine	3:54.80 18
3	G Smith	Falkirk	4:20.04 16
4	R Ritchie (U20)	Fife	4:22.30 14
5	J Wales (U20)	Ayr	4:23.56 12
6	R Nelson (U20)	Clydesdale	4:54.69 10
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

1500m B			
1	D Cummins	Corstorphine	4:00.49 14
2	S Anderson (U20)	Lasswade	4:23.84 12
3	A Ronald	Falkirk	4:24.35 10
4	M Buchan (U20)	Fife	4:29.08 8
5	G Templeton (U20)	Ayr	4:45.77 6
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

5000m A			
1	K Hood	Corstorphine	15:21.75 20
2	B Mitchell	Lasswade	15:45.42 18
3	G Turner (U20)	Giffnock	16:15.68 16
4	A Cherry (U20)	Ayr	16:24.96 14
5	M MacPherson	Fife	16:42.32 12
6	K Rankin	Falkirk	17:12.03 10
	G Dick	Clydesdale	18:08.36 0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

5000m B			
1	B Clark	Corstorphine	16:33.94 14
2	N Gunstone	Fife	17:00.15 12
3	N Sheehan	Lasswade	17:33.85 10
4	A Devlin	Falkirk	17:37.72 8
	G Reid	Clydesdale	19:16.90 0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

110m Hurdles A			
1	A McElwee	Ayr	19.29 20
2	D Low	Corstorphine	20.41 18
3	P Dunn	Giffnock	20.44 16
	J Grant	Lasswade	22.84 0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

110m Hurdles B			
1	N Burnside	Ayr	21.56 14
2	C Menzies	Lasswade	21.60 12
3			0
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

400m Hurdles A			
1	C Henderson (U17)	Kilbarchan	57.31 20
2	A McElwee	Ayr	58.88 18
3	R Cannon	Clydesdale	63.98 16
4	R Finlayson	Lasswade	66.11 14
5	J Howe	Fife	74.31 12
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

400m Hurdles B			
1	N Burnside	Ayr	67.96 14
2	C Menzies	Lasswade	69.48 12
3			0
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

3000m S/C A			
1	N Gunstone	Fife	10:15.21 20
2	R Finlayson	Lasswade	10:53.92 18
3	R Cannon	Clydesdale	10:55.14 16
4	D Patton	Corstorphine	10:56.89 14
5	M Ritchie (U20)	Giffnock	11:26.63 12
6	J Dunn (U20)	Ayr	12:05.96 10
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

3000m S/C B			
1	T Norwood	Corstorphine	11:19.99 14
2	C Menzies	Lasswade	11:56.31 12
3	J Howe	Fife	11:59.55 10
4	D Walker	Giffnock	12:26.56 8
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

4 by 100m Relay			
1	WoodsGrantSmithScott	Falkirk	45.34 20
2	McColFarreCusicMacle	Clydesdale	46.55 18
3	DalglWilsaNicolFinla	Lasswade	46.67 16
4	CluniDunnChapmWoodh	Giffnock	47.20 14
5	MilneHunteSinglGowan	Corstorphine	48.07 12
6	KilviDelarHoweMacPh	Fife	52.01 10
	KenneMcFarThompBurns	Ayr	DQ 0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

4 by 400m Relay			
1	MatheLearnPhilLoude	Lasswade	3:27.39 20
2	BerryMcKenCummiSelma	Corstorphine	3:32.92 18
3	OliveTempMcElwGray	Ayr	3:41.73 16
4	BowmaCannoMacleDoris	Clydesdale	3:45.85 14
5	ChapmWoodhTurneDunn	Giffnock	3:58.90 12
6	RitchBuchaGunstMacPh	Fife	4:11.49 10
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Long Jump A			
1	C Wilson (U20)	Lasswade	6.07 20
2	G Plain (U20)	Falkirk	6.04 18
3	I Kennedy	Ayr	6.04 16
4	A Delargy (U20)	Fife	5.83 14
5	C Macleod (U17)	Clydesdale	5.53 12
6	D Clunie (U20)	Giffnock	5.42 10
7	D Singleton	Corstorphine	5.22 8
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Long Jump B			
1	N Burnside	Ayr	5.32 14
2	D Chapman (U20)	Giffnock	5.26 12
3	D Nicol (U20)	Lasswade	4.85 10
4	A Cusick (U17)	Clydesdale	4.76 8
5	D Patton	Corstorphine	4.61 6
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Triple Jump A			
1	C Wilson (U20)	Lasswade	12.98 20
2	D Clunie (U20)	Giffnock	12.38 18
3	A Delargy (U20)	Fife	12.09 16
4	J Thompson (U17)	Ayr	11.37 14
5	A Cusick (U17)	Clydesdale	11.36 12
6	D Singleton	Corstorphine	11.15 10
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Triple Jump B			
1	C Macleod (U17)	Clydesdale	10.72 14
2	D Chapman (U20)	Giffnock	10.66 12
3	D Nicol (U20)	Lasswade	10.38 10
4	D Patton	Corstorphine	10.16 8
5	I Kennedy	Ayr	10.09 6
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

High Jump A			
1	D Smith (U20)	Giffnock	2.00 20
2	D Singleton	Corstorphine	1.70 17
=	A McElwee	Ayr	1.70 17
4	M MacPherson	Fife	1.60 13
=	J Lochans (U17)	Kilbarchan	1.60 13
6	A Lyon (U17)	Lasswade	1.60 10
7	K Moncrieff	Falkirk	1.50 7
=	C Macleod (U17)	Clydesdale	1.50 7
9			0
10			0
11			0
12			0
13			0

High Jump B			
1	A Russell (U20)	Giffnock	1.85 14
2	H Fraser (U20)	Corstorphine	1.65 12
3	A Gray (U17)	Ayr	1.65 10
4	A Delargy (U20)	Fife	1.60 8
5	C Menzies	Lasswade	1.50 6
	A Cusick (U17)	Clydesdale	0
7			0
8			0
9			0
10			0
11			0
12			0
13			0

Pole Vault A			
1			0
2			0
3			0
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0

Pole Vault B			
1			0
2			0
3			0
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0

Shot Putt A			
1	D Carlin (U20)	Giffnock	14.29 20
2	K Randalls (U20)	Falkirk	10.80 18
3	J Grant	Lasswade	8.71 16
4	S Milne	Corstorphine	8.52 14
5	I Kennedy	Ayr	8.37 12
	J Farrell (U20)	Clydesdale	6.91 0
	M MacPherson	Fife	6.46 0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Shot Putt B			
1	M Letham	Giffnock	9.14 14
2	K Moncrieff	Falkirk	8.70 12
3	A Mackie	Ayr	7.82 10
	R Finlayson	Lasswade	7.41 0
	D Law	Corstorphine	6.89 0
	R Cannon	Clydesdale	6.15 0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Discus A			
1	D Carlin (U20)	Giffnock	43.02 20
2	K Randalls (U20)	Falkirk	31.67 18
3	J McOmish (U20)	Lasswade	23.58 16
4	A Mackie	Ayr	23.18 14
5	S Milne	Corstorphine	20.15 12
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Discus B			
1	M Letham	Giffnock	26.64 14
2	K Moncrieff	Falkirk	26.10 12
3	R Finlayson	Lasswade	22.63 10
4	I Kennedy	Ayr	20.20 8
	D Law	Corstorphine	19.74 0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Hammer A			
1			0
2			0
3			0
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Hammer B			
1			0
2			0
3			0
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Javelin A			
1	H Fraser (U20)	Corstorphine	43.84 20
2	A Davidson	Falkirk	37.04 18
3	J Grant	Lasswade	36.14 16
4	M Letham	Giffnock	34.43 14
5	C Garret	Ayr	29.84 12
6	N Gunstone	Fife	29.01 10
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Javelin B			
1	A Morrison	Giffnock	29.85 14
2	D Law	Corstorphine	29.01 12
3	A Mackie	Ayr	28.76 10
4	K Moncrieff	Falkirk	28.29 8
5	J McOmish (U20)	Lasswade	25.99 6
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

Notes

Windspeeds:
 100mA +0.2 m/s, 100mB +0.8 m/s
 200mA +0.7 m/s, 200mB -0.2 m/s
 110mH A/B +0.3 m/s

Kilbarchan penalised 20 points for using U17 athlete C Henderson in the 400H (he won the A race).
 Giffnock penalised 12 points for using U20 athlete D Chapman in the 4 by 400 Relay - too many events.
 Clydesdale penalised 18 points for using U17 athletes A Cusick and C Macleod in the 4 by 100 Relay when they had already competed in their maximum of three events.
 Clydesdale penalised 14 points for also using U17 athlete C Macleod in the 4 by 400 Relay.

Scrutiny complete (30/8/09 at 23:34).

Total Points 2182

Penalty Points
0
0
0
12
0
0
32
20
0
0
0
0
0
0
0
0
64

Match Result

	Match Points	Pts
Lasswade	410	10
Ayr	365	9
Corstorphine	339	8
Giffnock	307	7
Falkirk	287	6
Fife	220	5
Clydesdale	159	4
Kilbarchan	31	3
Dunfermline	0	0
Law	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
2118	52	

League Positions

	Match Points	Pts
1	Ayr	1223 37
2	Lasswade	1274 35
3	Giffnock	1178 33
4	Corstorphine	980 26
5	Falkirk	930 23.5
6	Fife	712 19.5
7	Clydesdale	591 16
8	Kilbarchan	454 15
9	Dunfermline	116 7
10	Law	0 0
=	0	0
=	0	0
=	0	0
=	0	0
=	0	0
7458	212	