

Scottish Athletics League (Division 1)

100m A				w/s -0.1 m/s
1	9	R Oswald	Pitreavie	10.72 16
2	1	G Turnbull	Edinburgh	11.09 14
3	7	R Frost	Shettleston	11.29 11
=	3	K Henderson (U20)	Central	11.29 11
5	13	W Graham (U17)	Ayr Seaforth	11.98 8
6	11	P Mutch	Aberdeen	12.20 6
7	15	R Patterson (U20)	Lasswade	12.27 5
8	5	B Keillor	Arbroath	12.73 4

100m B				w/s -0.1 m/s
1	4	A Beaton	Central	11.49 12
2	10	J McLaren (U20)	Pitreavie	11.60 10
3	2	G McKay	Edinburgh	11.84 8
4	8	J Ruddy	Shettleston	11.85 6
5	12	S Lyon (U20)	Aberdeen	11.99 4
6	6	D Murray	Arbroath	12.24 3
7	14	S Gibson (U17)	Ayr Seaforth	12.25 2
	16	C Carstairs (U17)	Lasswade	DQ 0

400m A				
1	11	I Garioch	Aberdeen	47.49 16
2	15	G Loudon (U20)	Lasswade	47.69 14
3	3	M Paterson (U20)	Central	49.47 12
4	13	A McElwee	Ayr Seaforth	51.35 10
5	1	P Loudon (U20)	Edinburgh	52.65 8
	9	A Young (U20)	Pitreavie	DNF 0
	7	S Watson	Shettleston	DNF 0
8				0

400m B				
1	16	G Learmonth (U20)	Lasswade	49.34 12
2	4	T Ashby	Central	50.52 10
3	8	J Ruddy	Shettleston	50.88 8
4	12	M Edwards	Aberdeen	51.54 6
5	10	I McLaren (U20)	Pitreavie	57.43 4
	14	L Henderson (U20)	Ayr Seaforth	DQ 0
7				0
8				0

1500m A				
1	3	S Reilly	Central	3:59.80 16
2	7	M Gillespie	Shettleston	4:03.13 14
3	11	J Joy	Aberdeen	4:10.89 12
4	5	S Campbell	Arbroath	4:13.02 10
5	2	A Crichton (U20)	Edinburgh	4:13.66 8
6	15	R Matheson (U20)	Lasswade	4:19.39 6
7	13	C O'Hara (U17)	Ayr Seaforth	4:21.54 5
8	9	E Dyer (U17)	Pitreavie	4:27.13 4

1500m B				
1	4	S McDonald	Central	4:00.12 12
2	1	E Dudgeon (U20)	Edinburgh	4:15.14 10
3	12	M Ferguson (U17)	Aberdeen	4:16.49 8
4	16	R Finlayson	Lasswade	4:20.48 6
5	10	A Smith (U20)	Pitreavie	4:37.34 4
6				0
7				0
8				0

110m Hurdles A				w/s +0.3 m/s
1	9	F Smith	Pitreavie	15.35 16
2	13	A McElwee	Ayr Seaforth	17.44 14
3	3	K Pearson	Central	20.93 12
4	15	C Menzies	Lasswade	21.54 10
	5	M Downie (U20)	Arbroath	DNF 0
6				0
7				0
8				0

110m Hurdles B				w/s +0.5 m/s
1	10	D Agnew	Pitreavie	17.41 12
2	6	B Keillor	Arbroath	19.98 10
3				0
4				0
5				0
6				0
7				0
8				0

3000m S/C A				
1	7	M Deason	Shettleston	9:38.83 16
2	4	S Green (U20)	Central	9:40.13 14
3	15	C Menzies	Lasswade	9:43.29 12
4	11	D Munro	Aberdeen	10:19.71 10
5				0
6				0
7				0
8				0

3000m S/C B				
1	3	M Wright	Central	9:57.66 12
2				0
3				0
4				0
5				0
6				0
7				0
8				0

Long Jump A

1	5	M Downie (U20)	Arbroath	6.69	16
2	3	K Henderson (U20)	Central	6.53	14
3	2	G McKay	Edinburgh	6.43	12
4	9	D Agnew	Pitreavie	6.26	10
5	11	S Lyon (U20)	Aberdeen	6.16	8
6	7	J Ruddy	Shettleston	5.63	6
7	14	L Henderson (U20)	Ayr Seaforth	5.21	5
8	15	D Nicol	Lasswade	4.95	4

Long Jump B

1	6	D Murray	Arbroath	6.21	12
2	1	J Newport (U20)	Edinburgh	6.10	10
3	10	M Burns	Pitreavie	5.62	8
4	12	C Cameron (U17)	Aberdeen	5.30	6
5	4	D Webster (U17)	Central	4.89	4
	16	J Whyman	Lasswade	4.05	0
	13	C O'Hara (U17)	Ayr Seaforth	0.00	0
8					0

High Jump A

1	10	D Agnew	Pitreavie	1.85	16
2	6	M Downie (U20)	Arbroath	1.85	13
=	1	C Hastings (U20)	Edinburgh	1.85	13
4	13	A McElwee	Ayr Seaforth	1.75	10
5	11	S Lyon (U20)	Aberdeen	1.60	8
6	3	K Pearson	Central	1.60	6
7	15	C Menzies	Lasswade	1.50	5
8					0

High Jump B

1	5	D Murray	Arbroath	1.80	12
2	2	M Fernie (U17)	Edinburgh	1.65	9
=	14	J Thompson (U20)	Ayr Seaforth	1.65	9
4	4	D Webster (U17)	Central	1.50	6
5	12	P Mutch	Aberdeen	1.45	4
6					0
7					0
8					0

Shot Putt A

1	11	S Thompson	Aberdeen	14.51	16
2	2	D Kaasselstrand	Edinburgh	13.65	14
3	4	G Sweeney	Central	12.42	12
4	6	C Smith	Arbroath	10.98	10
5	7	D Little	Shettleston	9.27	8
6	15	J Grant	Lasswade	8.88	6
7	9	G McLaren	Pitreavie	7.82	5
8					0

Shot Putt B

1	5	R Rogers	Arbroath	10.77	12
2	12	E McKenzie	Aberdeen	10.48	10
3	3	R Todd	Central	8.78	8
4	16	J Mccomish	Lasswade	8.27	6
5	1	S Reed	Edinburgh	7.88	4
6	10	S Wallace	Pitreavie	7.66	3
	8	J Mackay	Shettleston	6.22	0
8					0

Hammer A

1	7	D Little	Shettleston	54.38	16
2	11	S Thompson	Aberdeen	44.92	14
3	5	R Rogers	Arbroath	35.48	12
4	3	R Todd	Central	27.08	10
5	9	S Wallace	Pitreavie	26.16	8
6	1	S Reed	Edinburgh	25.93	6
7	15	E Kopystynski	Lasswade	23.05	5
8					0

Hammer B

1					0
2					0
3					0
4					0
5					0
6					0
7					0
8					0

Notes

The result of the 100m guest race was:

1st - No 3 - Sanju Siriwardena - Central AC - 12.01

2nd - No 15 - Alistair Dalglish - Lasswade - 12.20

3rd - No 16 - James Whyman - Lasswade - 12.31

4th - No 7 - Robert Ferroll - Shettleston - 12.50

5th - No 1 - Michael Fernie - Edinburgh AC - 12.55

6th - No 19 - Iain McEwan - Whitemoss - 13.14

7th - No 33 - Alan Pettigrew - Dunfermline & West Fife - 14.67

windspeed +0.0 m/s

Total Points 1904

Scrutiny complete 8/8/2010, subject to any appeals

08 August 2010

Wishaw

200m A		w/s -1.4 m/s		
1	9	R Oswald	Pitreavie	21.67 16
2	1	G Turnbull	Edinburgh	22.43 14
3	3	A Beaton	Central	22.81 12
4	5	M Downie (U20)	Arbroath	23.57 10
5	11	P Mutch	Aberdeen	24.02 8
6	7	S Watson	Shettleston	24.19 6
7	13	J Thompson (U20)	Ayr Seaforth	24.24 5
8	15	R Patterson (U20)	Lasswade	24.43 4

800m A				
1	15	R Matheson (U20)	Lasswade	1:51.69 16
2	3	A Hay	Central	1:51.95 14
3	11	J Joy	Aberdeen	1:54.18 12
4	1	P Loudon (U20)	Edinburgh	1:55.07 10
5	7	A Drummond (U20)	Shettleston	1:58.81 8
6	13	G Templeton	Ayr Seaforth	2:07.57 6
7	9	E Dyer (U17)	Pitreavie	2:08.40 5
8				0

5000m A				
1	7	T Mengisteab	Shettleston	14:32.66 16
2	3	R Russell	Central	14:59.54 14
3	15	N Sheenan	Lasswade	15:03.70 12
4	5	S Campbell	Arbroath	15:41.89 10
5	1	N Calder	Edinburgh	15:42.46 8
6	11	R Fulton (U20)	Aberdeen	15:47.61 6
7	13	A Cherry (U20)	Ayr Seaforth	16:38.20 5
8	9	G Lister	Pitreavie	18:15.76 4

400m Hurdles A				
1	9	F Smith	Pitreavie	55.73 16
2	13	A McElwee	Ayr Seaforth	58.27 14
3	11	J Mann (U20)	Aberdeen	59.20 12
4	3	M Wright	Central	62.23 10
5	5	B Keillor	Arbroath	64.24 8
6	15	C Menzies	Lasswade	66.02 6
7				0
8				0

4 by 100m Relay				
1	9	BurnsMclarDyer Oswal	Pitreavie	43.86 16
2	3	HendeBeatoSiriwPater	Central	43.92 14
3	1	Ryan SymonBurslMcKay	Edinburgh	44.45 12
4	7	FrostFerroEsdalRuddy	Shettleston	46.13 10
5	15	DalglCarstFinlaPatter	Lasswade	46.38 8
6	11	Mann StracMutchMann	Aberdeen	46.64 6
7	13	GrahaGibsoO'HarThomp	Ayr Seaforth	47.31 5
8	5	LaskiKeillDowniMurra	Arbroath	DQ 0

200m B		w/s -1.6 m/s		
1	8	P Esdale	Shettleston	23.20 12
2	10	J McLaren (U20)	Pitreavie	23.29 10
3	2	J Newport (U20)	Edinburgh	23.87 8
4	16	D Philip	Lasswade	24.09 6
5	12	J Mann (U20)	Aberdeen	24.17 4
6	4	S Siriwardena (U17)	Central	24.22 3
7	14	S Gibson (U17)	Ayr Seaforth	24.66 2
8	6	B Keillor	Arbroath	26.65 1

800m B				
1	12	M Edwards	Aberdeen	1:55.97 12
2	2	A Crichton (U20)	Edinburgh	1:56.12 10
3	4	S McDonald	Central	1:57.61 8
4	16	S Anderson	Lasswade	2:00.58 6
5	8	A Dearie (U20)	Shettleston	2:09.01 4
6				0
7				0
8				0

5000m B				
1	8	M Gillespie	Shettleston	15:00.61 12
2	4	L Millar	Central	15:22.63 10
3	12	C Strachan (U20)	Aberdeen	16:07.64 8
4	2	O Bristow	Edinburgh	16:13.60 6
5	16	S Gaffney	Lasswade	16:57.72 4
6	14	M Ducrot	Ayr Seaforth	17:37.19 3
7				0
8				0

400m Hurdles B				
1	10	M Burns	Pitreavie	58.80 12
2	14	J Thompson (U20)	Ayr Seaforth	62.73 10
3	16	D Philip	Lasswade	63.22 8
4	6	G Laskiewicz	Arbroath	67.31 6
5	4	D MacKinlay (U20)	Central	69.39 4
6				0
7				0
8				0

4 by 400m Relay				
1	15	AnderPhiliLearmLoude	Lasswade	3:23.79 16
2	3	PaterMcDonHayReill	Central	3:31.01 14
3	2	TurnbPaterCrichHay	Edinburgh	3:32.51 12
4	10	OswalEdwarSmithJoy	Pitreavie	3:37.34 10
5	11	EdwarStracJoyGario	Aberdeen	3:37.86 8
6	13	TemplHendeMcElwKane	Ayr Seaforth	3:40.16 6
7	6	LaskiDimeoMurraFerro	Arbroath	4:02.04 5
8	7	DimeoRuddyFerroDrumm	Shettleston	DQ 0

Triple Jump A

1	11	S Lyon (U20)	Aberdeen	12.93	16
2	5	D Murray	Arbroath	12.53	14
3	9	M Burns	Pitreavie	11.64	12
4	2	G McKay	Edinburgh	11.61	10
5	13	C O'Hara (U17)	Ayr Seaforth	11.15	8
6	15	D Nicol	Lasswade	10.98	6
7	3	M Wright	Central	10.67	5
8	8	A Mackay	Shettleston	10.38	4

Pole Vault A

1	7	P O'Donnell (U17)	Shettleston	3.80	16
2	11	S Lyon (U20)	Aberdeen	3.20	14
3	3	R Todd	Central	3.20	11
=	15	J Grant	Lasswade	3.20	11
5	9	D Agnew	Pitreavie	3.00	8
6					0
7					0
8					0

Discus A

1	11	S Thompson	Aberdeen	48.12	16
2	2	D Kaasselstrand	Edinburgh	47.86	14
3	8	A Mackay	Shettleston	40.41	12
4	5	R Rogers	Arbroath	36.09	10
5	4	G Sweeney	Central	34.65	8
6	9	D Agnew	Pitreavie	28.39	6
7	15	J Grant	Lasswade	23.25	5
8					0

Javelin A

1	5	C Smith	Arbroath	54.60	16
2	11	S Thompson	Aberdeen	50.85	14
3	3	K Pearson	Central	36.04	12
4	15	J Grant	Lasswade	34.11	10
5	1	S Reed	Edinburgh	32.74	8
6	14	J Wales	Ayr Seaforth	30.53	6
7	7	D Little	Shettleston	27.99	5
8	9	G McLaren	Pitreavie	27.56	4

Triple Jump B

1	1	C Hastings (U20)	Edinburgh	11.41	12
2	12	D Munro	Aberdeen	10.86	10
3	10	S Wallace	Pitreavie	10.58	8
4	4	K Pearson	Central	10.52	6
14		L Henderson (U20)	Ayr Seaforth	0.00	0
6		A Standbridge	Arbroath	0.00	0
7					0
8					0

Pole Vault B

1	4	K Pearson	Central	3.00	12
2	12	D Mann (U17)	Aberdeen	2.80	10
3					0
4					0
5					0
6					0
7					0
8					0

Discus B

1	7	D Little	Shettleston	32.72	12
2	3	R Todd	Central	31.19	10
3	6	G Laskiewicz	Arbroath	28.52	8
4	12	E McKenzie	Aberdeen	28.02	6
5	1	S Reed	Edinburgh	22.15	4
10		F Smith	Pitreavie	18.65	0
16		J Mccomish	Lasswade	16.49	0
8					0

Javelin B

1	6	A Standbridge	Arbroath	43.68	12
2	12	E McKenzie	Aberdeen	35.49	10
3	4	G Sweeney	Central	35.46	8
4	16	J Whyman	Lasswade	28.58	6
5	8	A Mackay	Shettleston	26.89	4
6	13	J Thompson (U20)	Ayr Seaforth	25.22	3
10		A Young (U20)	Pitreavie	22.48	0
8					0

Match Result

	Match Points	Pts
Central	346	8
Aberdeen	300	7
Edinburgh	244	6
Pitreavie	243	5
Lasswade	215	4
Arbroath	214	3
Shettleston	206	2
Ayr Seaforth	136	1

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League Positions

	Match Points	Pts	
1	Central	1037.5	24
2	Aberdeen	924	21
3	Edinburgh	773.5	17
4	Lasswade	717	14
5	Arbroath	708	12
6	Pitreavie	581	10
7	Shettleston	462.5	6
8	Ayr Seaforth	404.5	4

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