

******* UPDATED TIMETABLE – LOTHIAN & BORDER ATHLETIC TRIALS**

AS AT 29th MARCH 2011

FIELD EVENTS

TRACK		UNDER	UNDER	UNDER	UNDER	17 &
No Finals- Times Only		11	13	15	17	OVER
10am	400mH (M&W) 4	Shot (8)	Long Jump	Hammer	HAMMER (9)	(5/1)
10.10	300mH(U17W) 2	B/G (5/3)	Boys (18)	(1B)	1/2	
10.20	100m(U11 Boys) 1 ht (7)				High Jump (10)	
					(3/4) (2/1)	
10.25	100m (U11Girls) 2 hts			Pole V	Pole V (1)	
	(16)			(5)(2/3)		
10.35	100m(U13Boys)2 hts					
	(15)					
10.45	100m (U13Girls) 5 hts		SP (B) (4)	SP(B) (5)		
	(34)					
10.55	100m (U15Boys) 3 hts					
	(17)					
11.05	100m (U15Girls) 3 hts					
	(18)					
11.15	100m (U17Men) 2 Hts		LongJ (G) (24)	LJ(G) (11)		
11.25	(12)					
	100m (SM) (1ht) (6)					
11.20	100m (U17Wom) 1ht(9)				SHOT (14)	
11.30	100m (Sen.Wom) 2Hts					
	(10)				4/4	4/2
11.40	800m(U11Boys) 1 ht (6)	HJ(B&G)			JAVELIN (M&W)	
11.45	800m(U11Girls) (6)	(3) 2/1			2/2 2/5	
11.50	800m(U13Boys)1ht (16)		SP (G) (8)	SP(G) (4)		
12.00	800m(U13Girls)2hts(20)					
12.10	800m(U15Girls) 1ht (10)					
	U17W(5) Master(1)					
12.15	800m (U15Boys) (15)					
12.20	800m U17/SM) 2hts					
	(19)					
LUNCH						
13.30	70m Hurd (U13G)		Discus 1/2	Discus2/2	Discus 3 / 4	Discus 2 / 2
	2hts (12)					
13.40	75m Hurd(U13B) (4)			HJ(B &G)	LONG JUMP (20)	
				(10) 3/7	9/6 2/3	
13.45	75m H (U15G) (6)					
13.55	80m H (U15B) (3)					
	80mH (U17W) (3)					
14.05	100mH (SW) (3)	LJ(B&G)		L.Jump		
	100m H (U17M) (1)	Pit 2 – 7/11		Boys (13)		
14.15	200m (SM) (7)					
14.20	200m (U17M) 2 Hts (13)		JAV(B/G) (8)	JAV(B/G)		
			6/2	(10) 6/4		
14.30	200m (U17W) (8)					
14.35	200m (SW) 2hts (12)		HJ(B&G) (17)			
			7/10			
14.45	200m (U11B) 1ht (7)					
14.54	200m (U11G) 2hts (10)					
15.00	200m (U15B) 2hts (14)		LJ(G)(24) Pit2	LJ(G) (11)		
15.20	200m (U15G) 3hts (18)					
15.30	200m (U13B) 2hts (14)					
15.40	200m (U13G) 3hts (20)					
15.50	1500m (ALL) (10)					
16.00	300m(U17W) (5)					
16.05	400m(SW) 1Ht (5)					
16.15	400m (U17M) (4)					
16.20	400m (SM) (7)					

Places in track events will be based on electric times (i.e. No Finals)

UPDATED TIMETABLE - 29/3/11

