

**SCOTTISH UNIVERSITIES ATHLETICS
OUTDOOR TRACK & FIELD CHAMPIONSHIPS
Saturday 16th April 2011
Grangemouth Stadium**

TRACK				FIELD		
1100	110/100m Hurdles	FINAL	M/F	1100	Hammer	M/F
1115	100m	Heats	M/F		High Jump	M/F
1130	800m	Heats	M/F			
1145	400m Hurdles	FINAL	M/F			
1200	100m	FINAL	M/F			
1205	1500m	FINAL	M/F	1215	Discus	M/F
1215	200m	Heats	M/F		Triple jump	M/F

LUNCH & PRESENTATIONS

1330	800m	FINAL	M/F			
1340	400m	Heats	M/F			
1400	5000m	FINAL	M			
1420	200m	FINAL	M/F	1400	Shot Putt	M/F
1430	3000m	FINAL	F		Pole Vault	M/F
1450	400m	FINAL	M/F			
15:00	2000m Steeplechase	FINAL	F			

PRESENTATIONS

				1500	Long Jump	M/F
1520	4 x 100m Relays	FINAL	M/F		Javelin	M/F
1530	3000m Steeplechase	FINAL	M			
1600	4 x 400m Relays	FINAL	M/F			

PRESENTATIONS

PLEASE NOTE THAT DEPENDING ON ENTRIES TIMETABLING MAY BE ALTERED.

IF HEATS ARE NOT REQUIRED THE FINAL WILL BE RUN AT HEAT TIME AND IN THE CASE OF ANY EVENT LISTED AS A STRAIGHT FINAL WHICH REQUIRES HEATS THE *HEATS* WILL BE RUN AT THE *FINAL* TIME WITH A SLOT FOUND FOR THE FINAL LATER IN THE DAY