## scottishathletics U14 IFC - U16/18 Open Scostoun Saturday 7 May 2011

### PROVISIONAL TRACK TIMETABLE

EVENT NO	TIME	EVENT	AGE GROUP	Nos	ROUND	Rounds
T01	10.30	100m	Women		1	5 Rounds
T02	11.00	100m	Men		1	4 Rounds
T03	11.20	300m	Women		1	2 Rounds
T04	11.40	400m	Men		1	3 Rounds
T05	11.50	800m	Women		1	4 Rounds
T06	12.10	800m	Men		1	5 Rounds
T07	12.30	100m	Women	Top 8 from round 1	2	1 Round
T08	12.35	100m	Men	Top 8 from round 1	2	1 Round
T09	12.40	100m	U14 IFC	32	1	4 Rounds
		LUNCH				
T10	14.00	100m Hurd	U16B		1	1 Round
T11	14.05	80m Hurd	U16G		1	2 Rounds
T12	14.15	200m	Women		1	5 Rounds
T13	14.40	200m	Men		1	4 Rounds
T14	15.00	1500m	Women		1	2 Rounds
T15	15.20	1500m	Men		1	2 Rounds
T16	16.00	200m	Women	Top 8 from round 1	2	1
T17	16.05	200m	Men	Top 8 from round 2	2	1
T18	16.15	Medley Relay	U14 IFC		1	1 Heat

### PROVISIONAL FIELD TIMETABLE

EVENT NO	TIME	EVENT	AGE GROUP	Info	Info	Nos
F01	10.00	HAMMER	Men			
F02	10.00	TRIPLE JUMP	All			
F03	11.00	HAMMER	Women			
F04	11.00	LONG JUMP	All	Pool 1	1m board	
F05	11.00	SHOT PUTT	Men			
F06	11.00	HIGH JUMP	All	Pool 1		
F07	12.30	LONG JUMP	All	Pool 2	1m board	
F08	12.30	JAVELIN	Men			
F09	13.00	HIGH JUMP	U 14 IFC	st ht 1.00m		16
F10	13.00	POLE VAULT	All	st ht 2.00m		
F11	14.00	SHOT PUTT	Women			
F12	14.00	LONG JUMP	U 14 IFC			16
F13	14.00	DISCUS	Men			
F14	15.00	HIGH JUMP	All	Pool 2		
F15	15.30	JAVELIN	Women			
F16	15.30	LONG JUMP	All	Pool 3	1m board	
F17	15.30	SHOT PUTT	U 14 IFC			32
F18	16.45	DISCUS	Women			

NB - Field event groups are a guidline & may be altered on receipt of entries Please Note: All events are combined and based on performance standards taken from Power of 10. There are no heats and finals. Rounds are based on number of entries.

# scottishathletics U18 Open &U20/Senior Loughborough Trials Scotstoun Sunday 8 May 2011

### **Provisional Track Tmetable**

<b>EVENT NO</b>	TIME	EVENT	AGE GROUP	Round	No of Rounds
T01	10.30	400m Hurdles	Sen/U20M	1 of 1	1
T02	10.40	400m Hurdles	U18M	1 of 1	1
T03	10.50	400m Hurdles	Sen/U20W	1 of 1	1
T04	10.55	300mH	U18W	1 of 1	
T05	11.00	3000m	Men	1 of 1	1
T06	11.15	3000m	Women	1 of 1	1
T07	11.30	100m	Men	1 of 1	3
T08	11.45	100m	Women	1 of 1	2
T09	11.55	800m	Men	1 of 1	3
T10	12.10	800m	Women	1 of 1	1
T11	12.15	400m	Men	1 of 1	3
T12	12.30	400m	Women	1 of 1	3
		LUNCH			
T13	13.30	5000m	Men	1 of 1	1
T14	14.10	110m Hurdles	Sen M / U18	1 of 1	1
T15	14.15	100m Hurdles	Sen/U20W	1 of 1	1
T16	14.20	100m Hurdles	U18W	1 of 1	1
T17	14.30	2000m S/Chase	Women	1 of 1	1
T18	14.50	1500m	Men	1 of 1	2
T19	15.10	1500m	Women	1 of 1	1
T20	15.30	3000m S/Chase	Men	1 of 1	1
T21	15.50	200m	Men	1 of 1	3
T22	16.10	200m	Women	1 of 1	2

# **FIELD EVENTS**

<b>EVENT NO</b>	TIME	EVENT	AGE GROUP	ATHLETES
F01	10.30	Hammer	Men	FINAL
F02	11.15	Hammer	Women	FINAL
F03	12.00	Long Jump	Men	FINAL
F04	12.00	High Jump	Women	FINAL
F05	12.30	Javelin	Women	FINAL
F06	13.30	Javelin	Men	FINAL
F07	13.30	Long Jump	Women	FINAL
F08	13.30	Shot Putt	Men	FINAL
F09	14.30	Discus	Women	FINAL
F10	14.30	Pole Vault	Men / Women	FINAL
F11	14.30	High Jump	Men	FINAL
F12	15.45	Discus	Men	FINAL
F13	15.45	Triple Jump	Men / Women	FINAL
F14	15.45	Shot Putt	Women	FINAL