

scottishathletics U16/18 Inter Region Match
Wishaw, North Lanarkshire
Saturday 27 August 2011

PROVISIONAL TRACK TIMETABLE

EVENT NO	TIME	EVENT	AGE GROUP	ROUND
T01	10.30	300m Hurd	U18W	B race
T02	10.35	300m Hurd	U18W	A race
T03	10.40	400m Hurd	U18M	B race
T04	10.45	400m Hurd	U18M	A race
T05	10.55	100m	U16G	B race
T06	11.00	100m	U16G	A race
T07	11.05	100m	U16B	B race
T08	11.10	100m	U16B	A race
T09	11.15	100m	U18W	B race
T10	11.20	100m	U18W	A race
T11	11.25	100m	U18M	B race
T12	11.30	100m	U18M	A race
T13	11.35	300m	U16W	B race
T14	11.40	300m	U16W	A race
T15	11.45	400m	U16B	B race
T16	11.50	400m	U16B	A race
T17	11.55	300m	U18W	B race
T18	12.00	300m	U18W	A race
T19	12.05	400m	U18M	B race
T20	12.10	400m	U18M	A race
T21	12.15	800m	U16W	B race
T22	12.20	800m	U16W	A race
T23	12.25	800m	U16B	B race
T24	12.30	800m	U16B	A race
T25	12.35	800m	U18W	B race
T26	12.40	800m	U18W	A race
T27	12.45	800m	U18M	B race
T28	12.50	800m	U18M	A race
T29	12.55	1500m SC	U18W	A/B race
		LUNCH		
T30	13.30	80m Whizz Kids	Girls	
T31	13.35	80m Whizz Kids	Boys	
T32	13.45	Mascot Race		
T33	14.00	2000m SC	U18M	A/B race
T34	14.20	80m Hurd	U16G	B race
T35	14.25	80m Hurd	U16G	A race
T36	14.30	100m Hurd	U18W	B race
T37	14.35	100m Hurd	U18W	A race
T38	14.40	100m Hurd	U16B	B race
T39	14.45	100m Hurd	U16B	A race
T40	14.50	110m Hurd	U18M	B race
T41	14.55	110m Hurd	U18M	A race
T42	15.00	1500m	U16G	A/B race
T43	15.10	1500m	U16B	A/B race
T44	15.20	200m	U16G	B race
T45	15.25	200m	U16G	A race
T46	15.30	200m	U18W	B race
T47	15.35	200m	U18W	A race
T48	15.40	200m	U16B	B race
T49	15.45	200m	U16B	A race
T50	15.50	200m	U18M	B race
T51	15.55	200m	U18M	A race
T52	16.00	1500m	U18W	A/B race
T53	16.10	1500m	U18M	A/B race
T54	16.15	4 x 100m Relay	U16G	A Race
T55	16.20	4 x 100m Relay	U16B	A Race
T56	16.25	4 x 100m Relay	U18W	A Race
T57	16.30	4 x 100m Relay	U18M	A Race

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Horizontal Jumps & throws
 All 1 warm up + 4 attempts in competition

PROVISIONAL FIELD TIMETABLE

EVENT NO	TIME	EVENT	AGE GROUP	ROUND
F01	9.45	HAMMER	U16B/U18M	A & B*
F02	9.45	SHOT PUTT	U16G	A & B
F03	9.45	HIGH JUMP	U18W	A & B
F04	10.30	POLE VAULT	U16B/U18M	A & B
F05	11.00	HAMMER	U16G / U18W	A & B*
F06	11.00	JAVELIN	U16B	A & B
F07	11.00	LONG JUMP	U16G	A & B
F08	11.00	SHOT PUTT	U18M	A & B
F09	12.15	HIGH JUMP	U16G	A & B
F10	12.15	DISCUS	U18W	A & B
F11	12.15	LONG JUMP	U16B	A & B
F12	12.15	JAVELIN	U16G	A & B
F13	12.15	SHOT PUTT	U16B	A & B
F14	13.30	LONG JUMP	U18W	A & B
F15	13.30	HIGH JUMP	U18M	A & B
F16	13.30	POLE VAULT	U16G / U18W	A & B
F17	13.30	DISCUS	U18M	A & B
F18	14.45	JAVELIN	U18W	A & B
F19	14.45	LONG JUMP	U18M	A & B
F20	14.45	HIGH JUMP	U16B	A & B
F21	14.45	DISCUS	U16B	A & B
F22	16.00	SHOT PUTT	U18W	A & B
F23	16.00	DISCUS	U16G	A & B
F24	16.00	JAVELIN	U18M	A & B
F25	16.00	TRIPLE JUMP	U18M/W	A & B*

* Denotes Minimum B Standard (see rule 12 within main selection criteria document)