

**SCOTTISH UNIVERSITY & COLLEGE ATHLETICS  
OUTDOOR TRACK & FIELD CHAMPIONSHIPS  
Saturday 14<sup>th</sup> April 2012  
Grangemouth Stadium**

TRACK				FIELD		
1100	110/100m Hurdles	FINAL	M/F	1100	High Jump	M/F
1115	100m	Heats	M/F		Hammer	M/F
1130	800m	Heats	M/F			
1145	400m Hurdles	FINAL	M/F			
1200	100m	FINAL	M/F			
1205	1500m	FINAL	M/F	1215	Discus	M/F
	PRESENTATIONS					
	Lunch			1215	Triple jump	M/F
1300	200m	Heats	M/F			
1330	800m	FINAL	M/F			
1340	400m	Heats	M/F			
1400	5000m	FINAL	M			
1420	200m	FINAL	M/F	1400	Shot Putt	M/F
1430	3000m	FINAL	F		PoleVault	M/F
1450	400m	FINAL	M/F			
15:00	2000m Steeplechase	FINAL	F			
	PRESENTATIONS					
				1500	Long Jump	M/F
1520	4 x 100m Relays	FINAL	M/F		Javelin	M/F
1530	3000m Steeplechase	FINAL	M			
1600	4 x 400m Relays	FINAL	M/F			

**PRESENTATIONS**

**PLEASE NOTE THAT DEPENDING ON ENTRIES TIMETABLING MAY BE ALTERED.**

**IF HEATS ARE NOT REQUIRED THE FINAL WILL BE RUN AT HEAT TIME AND IN THE CASE OF ANY EVENT LISTED AS A STRAIGHT FINAL WHICH REQUIRES HEATS THE *HEATS* WILL BE RUN AT THE *FINAL* TIME WITH A SLOT FOUND FOR THE FINAL LATER IN THE DAY**