

**Outdoor Combined Events Championships 2014 - 05/07/2014 to 06/07/2014**  
**Incorporating 3km, 5km & Relays**  
**Grangemouth Stadium**  
**Results**

**Women 15-16 3000 Metre Run**

Name	Age	Team	Finals
Finals			
1 Gillian Black	16	Vp-Glasgow AC	10:11.32
2 Ailsa Cruichshank	16	Fife AC	11:04.26

**Women 35-39 3000 Metre Run**

Name	Age	Team	Finals
1 Lesley Chisholm	35	Garscube Harriers	10:23.98
2 Claire Thompson	35	Vp-Glasgow AC	11:06.86

**Women 40-44 3000 Metre Run**

Name	Age	Team	Finals
1 Catherine Ferry	40	Edinburgh AC	11:19.14

**Women 50-54 3000 Metre Run**

Name	Age	Team	Finals
1 Hillary McGrath	50	Law & District Aac	10:35.47

**Women 55-59 3000 Metre Run**

Name	Age	Team	Finals
1 Phyllis Hands	55	Motherwell AC	13:08.72

**Women 17 & Under 4x300 Metre Relay**

Team	Finals
1 Pitreavie Aac 'A'	2:57.51
2 Vp-Glasgow AC 'A'	2:59.24

**Women 20-34 4x400 Metre Relay**

Team	Finals
1 Edinburgh AC 'A'	3:53.68
2 Aberdeen Aac 'A'	3:55.04

**Men 15-16 3000 Metre Run**

Name	Age	Team	Finals
1 Josh Kerr	16	Edinburgh AC	8:40.67
2 Conor Thomson	15	Kilbarchan Aac	9:53.49
3 Tyler White	15	Pitreavie Aac	10:11.23
4 Ewan McMillan	16	Banchory Sto	10:23.97

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**....Men 15-16 3000 Metre Run**

5 Corey Smith	16 Pitreavie Aac	10:45.43
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**Men 17-19 3000 Metre Run**

Name	Age Team	Finals
1 Euan Gillham	17 Kilbarchan Aac	8:46.20
2 Steven Murray	17 Aberdeen Aac	9:38.95
3 Callum Clark	18 Lasswade Aac	9:53.61

**Men 35-39 5000 Metre Run**

Name	Age Team	Finals
1 Robert Gilroy	35 Ron Hill Cam	15:19.19

**Men 40-44 5000 Metre Run**

Name	Age Team	Finals
1 Jamie Reid	40 Ron Hill Cam	16:27.68
2 Stephen Allan	40 Kirkintilloch	17:04.83

**Men 45-49 5000 Metre Run**

Name	Age Team	Finals
1 James Healy	45 Ron Hill Cam	17:52.19
2 Daniel Newman	45 Fife AC	18:01.26

**Men 50-54 5000 Metre Run**

Name	Age Team	Finals
1 John Mill	50 Dundee Road	18:14.05
2 Benjamin Hands	50 Motherwell AC	18:35.75
3 Ken Mortimer	50 Edinburgh AC	19:02.84

**Men 55-59 5000 Metre Run**

Name	Age Team	Finals
1 Colin Feechan	55 Ron Hill Cam	17:30.43
2 John Gilhooly	55 Bellahouston	19:42.27
3 Tom Ord	55 Vp-Glasgow AC	19:52.11
4 Mathew Newham	55 Edinburgh AC	20:40.69
5 Edward McQuillan	55 Law & District Aac	21:12.25

**Men 60-64 5000 Metre Run**

Name	Age Team	Finals
1 Francis Hurley	60 Ron Hill Cam	18:01.33

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**Men 65-69 5000 Metre Run**

Name	Age	Team	Finals
1 Robert Marshall	65	Morpeth Harriers	19:43.45
2 Stuart Waugh	65	Calderglen Harriers	20:16.47
3 David Coney	65	Ron Hill Cam	21:49.16

**Men 70-74 5000 Metre Run**

Name	Age	Team	Finals
1 Robert Young	70	Clydesdale Harriers	20:44.30

**Men 17 & Under 4x400 Metre Relay**

Team	Finals
1 Pitreavie Aac 'A'	3:55.52

**Men 20-34 4x400 Metre Relay**

Team	Finals
1 Kilbarchan Aac 'A'	3:21.97
2 Edinburgh AC 'A'	3:25.33