

MEDLEY RELAY TEAMS

NAME	NO.	400M	300M	200M	200M	100M
Smarties		Michael Wards	Mhegan Gill	Natasha Farrell	Jamie Stove	Robin Threlfall
The Spikes		Jake Thomas	Aidan Brady	Ruby Box	Robyn Fairley	James Vivian
1, 2, Livi Crew		Taygan Henry	Sydney Nicholson	David Threlfall	Emmie Meechan	Alix Fairley
Cooly's Crew		Hazel Shanley	Aidan McCusker	Rebecca Smith	Joseph Fanning	Sophie Duck
Lightning Bolts		Andrew Mitchell	Matthew Boules	Harrison Spence	Eilidh Brown	Nathan Anderson
Red Runners		Ryan White	Eve Allison	Abby Duncan	Calum Rodger	Charlie Maree Nolan
Why Are We Here?		Shawn Wright	Ewan Ballantyne	Andrew Cowie	Rebecca Calder	Geosyl Okocha
Happy Clappies		Stuart Garvin	Sarah Calvert	Fraser McLean	Sophie O'Mullan	Unnam Chaudry
Isla's Invincibles		Morna Horn	Holly White	Ben Scott	Isla Calvert	Georgia Stove
1, 2, Banter Crew		Eileen Hulse	Tia Henry	Eve Neally	Arron Black	Chloe McAlear
Team 11		Chloe French	Alastair Marshall	Katie Craig	Umber Chaudry	Harry McCormack
Ten Thousand Cupcakes		Alastair White	Conor Mackenzie	Fraser Morris	Rachel Gibb	Ailish King
Last Picked Squad		Hannah Mairs	Robbie Oag	Iona McDonald	Adam Rayer	Chloe McLean
I Would Walk 10,000m		Amy Fergusson	Heather Scott	Neve Curnyn	Abby Lithgow	Ellie Curnyn

RESERVES:

NOTES:

- Running order is: 400m, 300m, 2x 200m, 100m.
- Team members can switch distances, but the 100m runner should wear the team's allocated vest number.