

<b>1 Giffnock North AAC</b>	<b>00:32:15</b>	<b>21 Falkirk Victoria Harriers</b>	<b>00:35:43</b>	<b>41 Ayr Seaforth AC C</b>	<b>00:38:00</b>
Annabel Ballantyne (GU13) 11:05		Phoebe Angus (GU13) 12:15		Alexandra Smiley (GU13) 12:54	
Danielle Kelly (GU15) 10:44		Olivia Vareille (GU15) 12:05		Caitlin Chilton (GU15) 12:32	
Erin Wallace (GU15) 10:26		Jessica Christie (GU15) 11:23		Mia Cullis (GU15) 12:34	
<b>2 Kilbarchan AAC</b>	<b>00:32:31</b>	<b>22 Greenock Glenpark</b>	<b>00:36:21</b>	<b>42 Lasswade AAC B</b>	<b>00:38:04</b>
Alisha Sivell (GU13) 10:49		Hannah Paton (GU13) 13:17		Ellie Baxter (GU13) 12:50	
Leona Murray (GU13) 11:22		Shelby Morrison (GU15) 11:00		Eilidh Brown (GU15) 12:49	
Laura Stark (FU17) 10:20		Nichola Doohan (GU15) 12:04		Imogen Wilson (FU17) 12:25	
<b>3 Central AC</b>	<b>00:32:36</b>	<b>23 Kirkintilloch Olympians</b>	<b>00:36:25</b>	<b>43 Motherwell AC</b>	<b>00:38:10</b>
Ciorstaidh Ainsworth (GU13) 11:20		Hannah Paton (GU13) 11:52		Joey Leach (GU13) 12:48	
Jennifer Walls (GU15) 10:54		Emma Mahon (GU15) 12:14		Sophie Hall (GU15) 13:05	
Kate Gallagher (GU15) 10:22		Perri McCluskey (FU17) 12:19		Emma Hunter (FU17) 12:17	
<b>4 VP-Glasgow AC</b>	<b>00:32:45</b>	<b>24 Giffnock North AAC G</b>	<b>00:36:27</b>	<b>44 VP-Glasgow AC C</b>	<b>00:38:19</b>
Lily Jane Evans- Haggerty (GU15) 11:53		Zoe Coyne (GU13) 12:10		Jenna Little (GU13) 12:13	
Holly Little (GU15) 11:31		Orla Lang (GU13) 11:48		Amy Bissett (GU15) 12:48	
Gillian Black (FU17) 10:22		Charlotte McKenna (GU15) 12:29		Adelina Callan (FU17) 13:18	
<b>5 Giffnock North AAC B</b>	<b>00:32:57</b>	<b>25 East Kilbride A.C.</b>	<b>00:36:33</b>	<b>45 Garscube Harriers</b>	<b>00:38:22</b>
Sofia Kirkpatrick (GU13) 11:24		Sarah Connolly (GU13) 11:50		Ellen Cameron (GU13) 14:00	
Nikki Miller (GU15) 10:33		Hannah Anderson (GU13) 12:31		Lindsay Robertson (GU15) 12:08	
Holly Still (FU17) 11:00		Heather Addison (FU17) 12:12		Emma Wilson (FU17) 12:14	
<b>6 Edinburgh AC</b>	<b>00:33:13</b>	<b>26 Central AC C</b>	<b>00:36:35</b>	<b>46 VP-Glasgow AC D</b>	<b>00:38:30</b>
Pippa Carcas (GU13) 11:37		Rosie Eckersley (GU13) 12:44		Niamh Hay (GU13) 12:18	
Eloise Walker (GU15) 10:24		Laurnyn Turnbull (GU15) 11:45		Rhian Callan (GU13) 12:54	
Zoe Bates (FU17) 11:12		Eleanor Hanson (FU17) 12:06		Robyn Connolly (FU17) 13:18	
<b>7 Giffnock North AAC C</b>	<b>00:33:24</b>	<b>27 Aberdeen AAC</b>	<b>00:36:42</b>	<b>47 Giffnock North AAC I</b>	<b>00:38:48</b>
Kate Richardson (GU13) 10:59		Kirsty Oldham (GU13) 11:45		Eve Denholm (GU13) 12:35	
Emily Crusher (GU15) 11:18		Talia Mathers (GU15) 13:07		Rosie McKay (GU13) 12:49	
Sarah Olivia Eunson (FU17) 11:07		Lise Theron (FU17) 11:50		Maia Carolan (GU15) 13:24	
<b>8 Inverclyde AC</b>	<b>00:34:03</b>	<b>28 Glasgow School of Sport B</b>	<b>00:36:44</b>	<b>48 Central AC D</b>	<b>00:38:49</b>
Nuala McCheyne (GU13) 10:36		Neve McGuire (GU13) 12:22		Skye Henderson (GU13) 12:13	
Cliona McCheyne (GU13) 11:17		Lori Agnew (GU15) 11:45		Abby Rowley (GU15) 14:05	
Jennifer Lyne (GU15) 12:10		Abigail McInnes (FU17) 12:37		Darcy Baxter (GU13) 12:31	
<b>9 Ayr Seaforth AC</b>	<b>00:34:06</b>	<b>29 Gala Harriers B</b>	<b>00:36:53</b>	<b>49 Kirkintilloch Olympians B</b>	<b>00:39:00</b>
Emma Frew (GU13) 10:35		Eilidh Forbes (GU13) 13:01		Niamh Summers (GU13) 12:23	
Lucy Davidson (GU15) 12:54		Lindsay Jackson (FU17) 12:02		Ailish Docherty (GU13) 13:31	
Kirstin Oakley (FU17) 10:37		Katie Rourke (GU15) 11:50		Alicia Paton (FU17) 13:06	
<b>10 Glasgow School of Sport</b>	<b>00:34:10</b>	<b>30 Giffnock North AAC E</b>	<b>00:36:56</b>	<b>50 Falkirk Victoria Harriers B</b>	<b>00:39:01</b>
Laura Ferguson (GU13) 11:04		Lauren Paterson (GU13) 12:59		Chloe McClung (GU13) 12:30	
Neve Littlejohn (GU15) 11:09		Emma Lawton (GU15) 11:43		Nicole McIntyre (GU15) 12:47	
Leanne Findlay (FU17) 11:57		Zoe Jamieson (GU15) 12:14		Carris Anderson (GU15) 13:44	
<b>11 VP-Glasgow AC B</b>	<b>00:34:15</b>	<b>31 Gala Harriers</b>	<b>00:36:57</b>	<b>51 Edinburgh AC E</b>	<b>00:39:03</b>
Emma Gilmour (GU13) 11:13		Rhiannon Fagan (GU13) 12:25		Alice Goodall (GU13) 12:28	
Adrienne Murray (GU15) 11:40		Elena Heger (GU15) 13:16		Anna Boyd (GU15) 13:26	
Tessa Hickey (FU17) 11:22		Susannah Godfrey-Faussett (FU17) 12:15		Rachel Watson (FU17) 13:09	
<b>12 Giffnock North AAC D</b>	<b>00:34:20</b>	<b>32 Law &amp; District AAC</b>	<b>00:36:59</b>	<b>52 Dundee Hawkhill Harriers B</b>	<b>00:39:13</b>
Heather Barnes (GU13) 10:48		Erin Snow (GU13) 11:29		Emily Paul (GU13) 13:02	
Lynn McKenna (GU15) 11:30		Dion Ingram (GU15) 12:41		Danielle MacDermid (GU15) 13:06	
Rebecca Saxby (FU17) 12:02		Elle Henderson (GU15) 12:49		Hannah George (FU17) 13:05	
<b>13 Kilbarchan AAC B</b>	<b>00:34:27</b>	<b>33 Edinburgh AC D</b>	<b>00:37:08</b>	<b>53 Shettleston Harriers</b>	<b>00:39:13</b>
Eilidh Gibson (GU13) 11:35		Beth Morrow (GU13) 12:13		Morgan Hannah (GU13) 13:02	
Rona Tytler (GU15) 11:44		Belinda Neilson (GU15) 12:55		Gaia Salandini (GU15) 13:26	
Jemma Reekie (FU17) 11:08		Amy Armstrong (FU17) 12:00		Natasha Z Mackay (GU15) 12:45	
<b>14 Pitreavie AAC</b>	<b>00:34:33</b>	<b>34 Giffnock North AAC H</b>	<b>00:37:08</b>	<b>54 Clydesdale Harriers</b>	<b>00:39:25</b>
Jenny Gillanders (GU13) 11:35		Lisa Miller (GU13) 11:42		Jade Steele-Milne (GU13) 12:58	
Iona Crawford (GU15) 11:23		Emma Chamberlain (GU13) 12:24		Iona Allan (GU15) 12:49	
Leah Davie (FU17) 11:35		Sarah Chamberlain (GU15) 13:02		Emily Paxton (FU17) 13:38	
<b>15 Edinburgh AC B</b>	<b>00:34:41</b>	<b>35 Cumbernauld AAC</b>	<b>00:37:25</b>	<b>55 Law &amp; District AAC B</b>	<b>00:39:30</b>
Beatrice Winkler (GU13) 11:15		Lucy Marshall (GU13) 12:41		Zara Higgins (GU13) 12:49	
Ishbel Strathdee (GU15) 12:01		Tegan Kerr (GU15) 12:07		Caitlin Thomson (GU13) 13:30	
Esme Stewart (FU17) 11:25		Sophie Crimmin (GU15) 12:37		Ruth Currie (GU15) 13:11	
<b>16 Lasswade AAC</b>	<b>00:34:46</b>	<b>36 Helensburgh AAC</b>	<b>00:37:26</b>	<b>56 Dundee Hawkhill Harriers</b>	<b>00:39:34</b>
Katy Martin (GU13) 13:12		Charlie Bridges (GU13) 12:56		Carmen Thomson (GU13) 14:02	
Sarah Tait (GU15) 10:53		Jessica Noble (GU15) 12:40		Shania King (GU15) 13:23	
Lauren Dickson (GU15) 10:41		Melissa Robinson (FU17) 11:50		Maddie Owen (GU15) 12:09	
<b>17 Edinburgh AC C</b>	<b>00:34:57</b>	<b>37 Inverclyde AC B</b>	<b>00:37:35</b>	<b>57 Kilmarnock H&amp;AC</b>	<b>00:39:36</b>
Anna Jamieson (GU13) 11:26		Leah Cameron (GU13) 12:10		Leonie McCutcheon (GU13) 13:11	
Catherine Bough (GU15) 12:22		Gillian Carmichael (GU15) 12:26		Morgan Mcburnie (GU15) 12:06	
Morven Ferguson (FU17) 11:09		Sara O'Docherty (GU15) 12:59		Lauren Park (FU17) 14:19	
<b>18 Corstorphine AAC</b>	<b>00:35:03</b>	<b>38 Ayr Seaforth AC B</b>	<b>00:37:37</b>	<b>58 Greenock Glenpark B</b>	<b>00:39:49</b>
Katy Coats (GU13) 12:49		Charlotte McDowall (GU13) 12:51		Beth McKenna (GU13) 13:39	
Jessica MacLeod (GU15) 11:20		India Birrell (GU15) 12:19		Megan Rogers (GU15) 13:00	
Hannah Addison (FU17) 10:54		Lisa Rennie (FU17) 12:27		Lauren Mulaghton (FU17) 13:10	
<b>19 Pitreavie AAC B</b>	<b>00:35:20</b>	<b>39 Central AC B</b>	<b>00:37:40</b>	<b>59 Helensburgh AAC B</b>	<b>00:40:07</b>
Sarah Coutts (GU13) 11:18		Kyra Gibb (GU13) 12:11		Katie Flett (GU13) 13:59	
Ciara Bowman (GU15) 12:12		Heather Scott (GU15) 11:40		Chloe Murphy (GU15) 13:37	
Sophie Telfer (GU15) 11:50		Jodie Currie (FU17) 13:49		Kara Bruce (GU15) 12:31	
<b>20 Kilbarchan AAC C</b>	<b>00:35:41</b>	<b>40 Giffnock North AAC F</b>	<b>00:37:47</b>	<b>60 Corstorphine AAC B</b>	<b>00:40:11</b>
Kimberley Gilchrist (GU13) 12:33		Francesca Davidson (GU13) 11:25		Hannah McAlpine (GU13) 14:34	
Katharine McGinn (GU15) 11:41		Fern Conway (GU15) 12:45		Heidi Ross (GU15) 13:03	
Rebecca Louise Craig (FU17) 11:27		Rebekah Hemmingsley (FU17) 13:37		Jessica Craig (FU17) 12:34	

<b>61 Motherwell AC B</b>	<b>00:40:17</b>	<b>68 Ron Hill Cambuslang Harriers</b>	<b>00:42:01</b>	<b>75 Teviotdale Harriers</b>	<b>00:43:09</b>
Rachael Knox (GU13)	13:57	Lauren McEwan (GU13)	13:48	Carly Blaikie (GU13)	14:23
Zoe Hawkins (GU13)	13:43	Katie Moss (GU15)	14:56	Lucy Ash (GU13)	15:40
Kirsty Irwin (FU17)	12:37	Olivia Mulholland (GU15)	13:17	Ishbel Inglis (GU15)	13:06
<b>62 Inverclyde AC C</b>	<b>00:40:21</b>	<b>69 Clydesdale Harriers B</b>	<b>00:42:06</b>	<b>76 Ayr Seaforth AC E</b>	<b>00:43:30</b>
Hannah McGeehan (GU13)	12:34	Anna McCracken (GU13)	14:12	Rosie Davidson (GU13)	13:15
Nyah Gillan (GU13)	13:52	Natasha Shaw (GU15)	14:21	Alison King (GU15)	14:42
Samantha Dunning (GU15)	13:55	Charlotte Ross (FU17)	13:33	Rebecca Martin (FU17)	15:33
<b>63 Aberdeen AAC B</b>	<b>00:40:29</b>	<b>70 Falkirk Victoria Harriers C</b>	<b>00:42:08</b>	<b>77 VP-Glasgow AC F</b>	<b>00:43:40</b>
Laura McNeill (GU13)	11:59	Shannon McAleer (GU13)	15:25	Grace Hamilton (GU13)	13:15
Laurie Allardes (GU15)	14:04	Rhona Milne (GU15)	14:04	Jessica Cinnamond (GU15)	14:25
Kirsteen MacKay (FU17)	14:26	Katie McGonigal (GU15)	12:39	Jenna Boyd (GU15)	16:00
<b>64 Law &amp; District AAC C</b>	<b>00:40:40</b>	<b>71 Ayr Seaforth AC F</b>	<b>00:42:11</b>	<b>78 Lothian Running Club</b>	<b>00:44:47</b>
Lorna Jackson (GU13)	13:00	Sophie McKay (GU13)	13:17	Nicole Dredge (GU13)	12:55
Rachel Donnelly (GU13)	13:29	Emma Palmer (GU13)	14:45	Natalie Miller (GU13)	15:51
Mirran Struthers (GU15)	14:11	Courtney McCorkell (GU15)	14:09	Bethany Nelson (FU17)	16:01
<b>65 Kirkintilloch Olympians C</b>	<b>00:40:41</b>	<b>72 Law &amp; District AAC D</b>	<b>00:42:52</b>	<b>79 Calderglen Harriers</b>	<b>00:49:05</b>
Alex Dow (GU15)	13:31	Katie Foss (GU13)	14:00	Lucy Saez (GU13)	16:36
Meg Tomkins (GU15)	14:35	Ciara Scullion (GU13)	14:40	Megan Anderson (GU15)	15:01
Victoria Robertson (FU17)	12:35	Pamela McNicol (FU17)	14:12	Morgan Beaton (FU17)	17:28
<b>66 Giffnock North AAC J</b>	<b>00:41:18</b>	<b>73 Cumbernauld AAC B</b>	<b>00:43:06</b>		
Megan Keith (GU13)	14:24	Hannah Wallace (GU13)	13:41		
Jenny Dougall (GU13)	12:37	Emma Brown (GU15)	15:09		
Rachel Storey (FU17)	14:17	Emma Balfour (FU17)	14:16		
<b>67 VP-Glasgow AC E</b>	<b>00:41:37</b>	<b>74 Dundee Hawkhill Harriers C</b>	<b>00:43:09</b>		
Abbie Leanord (GU13)	13:12	Kirsty Irving (GU13)	16:08		
Eilidh Boyd (GU15)	14:31	Emily Harrower (GU15)	13:25		
Kirsty Boyd (GU15)	13:54	Isabel Remers (FU17)	13:36		

### INCOMPLETE TEAMS

<b>Ayr Seaforth AC D</b>	<b>00:27:04</b>	<b>Cumbernauld AAC C</b>	<b>00:28:37</b>	<b>Shettleston Harriers B</b>	<b>00:14:02</b>
Kelly Cunningham (GU13)	13:03	Aimie Hendry (GU13)	14:38	Kaitlin Mackay (GU13)	14:02
Beth Littlejohn (GU15)	14:01	Emily McMahon (GU15)	13:59		
<b>Giffnock North AAC K</b>	<b>00:27:20</b>	<b>Ron Hill Cambuslang Harriers B</b>	<b>00:28:37</b>	<b>East Kilbride A.C. B</b>	<b>00:14:26</b>
Hannah Miller (GU13)	12:49	Brooke Nicol (GU13)	14:08	Rebekah Sykes (GU13)	14:26
Nicole Ewing (FU17)	14:31	Charlotte Moss (GU15)	14:29		
<b>Pitreavie AAC C</b>	<b>00:27:27</b>	<b>Law &amp; District AAC E</b>	<b>00:29:30</b>	<b>VP-Glasgow AC H</b>	<b>00:14:26</b>
Jennifer Brydon (GU13)	13:14	Lauren Allen (GU13)	14:20	Cara McCauley (GU13)	14:26
Evie Coyle (GU15)	14:13	Alexandria Aitchison (GU13)	15:10		
<b>Garscube Harriers B</b>	<b>00:27:57</b>	<b>Kirkintilloch Olympians D</b>	<b>00:32:25</b>	<b>Helensburgh AAC C</b>	<b>00:14:27</b>
Alice Wilson (GU13)	15:07	Iona Smith (GU13)	14:41	Catie MacGillivray (GU13)	14:27
Sophie Lathan (GU15)	12:50	Jenna Baker (GU15)	17:44		
<b>Ayr Seaforth AC G</b>	<b>00:28:25</b>	<b>Calderglen Harriers B</b>	<b>00:32:59</b>	<b>Central AC E</b>	<b>00:14:56</b>
Emma McKay (GU13)	13:23	Haleigh Muir (GU13)	17:32	Lucy More (GU13)	14:56
Nadine Sturgeon (GU13)	15:02	Louise Brown (GU15)	15:27		
<b>Ron Hill Cambuslang Harriers C</b>	<b>00:28:29</b>	<b>Cumbernauld AAC D</b>	<b>00:33:29</b>	<b>Teviotdale Harriers B</b>	<b>00:15:04</b>
Brooke Silver (GU13)	13:50	Rachel Ross (GU13)	18:56	Macy Cropper (GU13)	15:04
Carey - Lee Conroy (GU15)	14:39	Lucy Winning (GU15)	14:33		
<b>Pitreavie AAC D</b>	<b>00:28:31</b>	<b>Inverclyde AC D</b>	<b>00:12:46</b>	<b>VP-Glasgow AC G</b>	<b>00:15:22</b>
Jemma Jamieson (GU13)	13:10	Georgia Morrison (GU13)	12:46	Grace Thompson (GU13)	15:22
Alana Sneddon (GU15)	15:21				
<b>Kilmarnock H&amp;AC B</b>	<b>00:28:32</b>	<b>Inverclyde AC E</b>	<b>00:13:13</b>	<b>Kilmarnock H&amp;AC C</b>	<b>00:15:50</b>
Erin Pastulovic (GU13)	13:56	Niamh Ramage (GU13)	13:13	Natalie Sharp (GU13)	15:50
Phoebe McCutcheon (GU13)	14:36				
		<b>Clydesdale Harriers C</b>	<b>00:13:32</b>	<b>Greenock Glenpark C</b>	<b>00:17:00</b>
		Rhianna McQuillan (GU13)	13:32	Lisa Hanlon (GU13)	17:00
				<b>Springburn Harriers C</b>	<b>00:21:02</b>
				Eilidh MacLeod (GU13)	21:02

<b>1 Edinburgh AC</b>	<b>00:28:54</b>	<b>21 Giffnock North AAC C</b>	<b>00:31:07</b>	<b>41 Shettleston Harriers</b>	<b>00:32:34</b>
Tom Ireland (BU13) 10:20		Scott Jenkins (BU13) 11:00		Kasey Fraser (BU13) 11:15	
Michael Swinton (BU15) 09:37		Andrew Love (BU15) 09:52		Jamie Burns (BU15) 10:14	
Alex Carcas (MU17) 08:57		Euan Penrice (MU17) 10:15		Lewis Raeburn (BU15) 11:05	
<b>2 Kilbarchan AAC</b>	<b>00:29:17</b>	<b>22 Corstorphine AAC B</b>	<b>00:31:11</b>	<b>42 Fife AC C</b>	<b>00:32:37</b>
Jack Patton (BU13) 10:30		Thomas Ross (BU13) 10:57		Ryan George Donald (BU13) 12:11	
Andrew MacAngus (BU15) 09:46		Jonathan Jackson (BU15) 10:08		Euan Boyle (BU15) 09:53	
Euan Trout (MU17) 09:01		Samuel Galloway (MU17) 10:06		Sam Fernando (MU17) 10:33	
<b>3 Giffnock North AAC</b>	<b>00:29:25</b>	<b>23 Kilbarchan AAC D</b>	<b>00:31:15</b>	<b>43 Dundee Hawkhill Harriers C</b>	<b>00:32:45</b>
Hamish Armit (BU13) 09:59		Cameron Hunter (BU13) 11:28		Calum McCormack (MU17) 10:56	
Michael Lowrie (BU15) 09:43		Cameron Corrigan (BU15) 09:53		Matthew Tonner (MU17) 10:07	
Christopher Stewart (MU17) 09:43		Conor Thomson (MU17) 09:54			
<b>4 Ayr Seaforth AC</b>	<b>00:29:32</b>	<b>24 Glasgow School of Sport</b>	<b>00:31:18</b>	<b>44 Lasswade AAC B</b>	<b>00:32:45</b>
Scott Sprang (BU13) 10:07		Lewis Elliot (BU13) 10:52		Oliver Snoogress (BU13) 11:28	
Ross Nicolson (BU15) 10:07		Kipp McTavish (BU13) 10:29		Jamie Darling (BU15) 10:41	
Fraser Stirling (MU17) 09:18		Paul Harper (MU17) 09:57		Kyle A Mackenzie (MU17) 10:36	
<b>5 Ron Hill Cambuslang Harriers</b>	<b>00:29:37</b>	<b>25 Central AC</b>	<b>00:31:25</b>	<b>45 Lasswade AAC C</b>	<b>00:32:45</b>
Christopher McLew (BU13) 10:16		Comhnall Ferguson (BU13) 11:31		Rory Ferguson (BU13) 11:39	
Struan Paton (BU15) 09:40		Keir Howlieson (BU15) 10:39		Thomas Snodgrass (BU15) 10:54	
Scott Somerville (MU17) 09:41		Jack Kerr (MU17) 09:15		Matthew Smith (MU17) 10:12	
<b>6 Fife AC</b>	<b>00:29:56</b>	<b>26 Garscube Harriers</b>	<b>00:31:32</b>	<b>46 Banchory Stonehaven AC</b>	<b>00:32:53</b>
Gavin McWhinnie (BU13) 11:00		Elliot Duff (BU13) 10:20		Josh Benton (BU13) 11:01	
Adam Scott (BU15) 09:19		Arun Smith (BU15) 10:23		Joseph Wright (BU15) 11:22	
Tristan Rees (MU17) 09:37		Cody Stevenson (BU15) 10:49		Ewan McMillan (MU17) 10:30	
<b>7 Edinburgh AC B</b>	<b>00:30:05</b>	<b>27 Lasswade AAC</b>	<b>00:31:40</b>	<b>47 Giffnock North AAC F</b>	<b>00:32:56</b>
Hugh Morrow (BU13) 10:31		Kurt Robertson (BU13) 11:50		Murray Fotheringham (BU13) 11:33	
Ross Allan (BU15) 10:12		Magnus Tait (BU15) 10:09		Nicholas Boyle (BU15) 10:35	
Josh Kerr (MU17) 09:22		Cameron Steven (MU17) 09:41		Calum Marney (MU17) 10:48	
<b>8 Corstorphine AAC</b>	<b>00:30:08</b>	<b>28 Gala Harriers</b>	<b>00:31:41</b>	<b>48 Central AC C</b>	<b>00:33:00</b>
David Addison (BU13) 10:04		Kieran Bryson (BU13) 11:43		Daniel Bruce (BU13) 11:56	
Steven Addison (BU15) 10:18		James Logan (BU15) 10:33		Sandy Holl (BU15) 11:16	
Anthony Addison (MU17) 09:46		Gavin Bryson (MU17) 09:25		Bradley Scott (MU17) 09:48	
<b>9 Giffnock North AAC B</b>	<b>00:30:30</b>	<b>29 Dundee Hawkhill Harriers</b>	<b>00:31:43</b>	<b>49 Central AC B</b>	<b>00:33:05</b>
Jack Bell (BU13) 10:55		Aidan Simpson (BU13) 11:10		Finlay Penderis (BU13) 12:24	
Joseph Lowrie (BU15) 09:52		David Begg (BU15) 10:49		Tom Graham-Marr (BU15) 11:16	
Oliver Watson-Sweeney (MU17) 09:43		James Donald (MU17) 09:44		Iain Davies (MU17) 09:25	
<b>10 Inverclyde AC</b>	<b>00:30:31</b>	<b>30 Giffnock North AAC D</b>	<b>00:31:59</b>	<b>50 Corstorphine AAC C</b>	<b>00:33:06</b>
Josh Law (BU13) 11:46		James Dolan (BU13) 11:24		Charlie Cameron (BU13) 11:45	
Ryan Gray (BU15) 09:18		Harry Nimmo (BU15) 10:05		Finlay Ross (BU15) 10:31	
Ross Forbes (MU17) 09:27		Kalil Shahid (MU17) 10:30		Calum Mackay (MU17) 10:50	
<b>11 Kilbarchan AAC C</b>	<b>00:30:36</b>	<b>31 Law &amp; District</b>	<b>00:32:13</b>	<b>51 Pitreavie AAC B</b>	<b>00:33:13</b>
David McNair (BU13) 10:48		Matthew Gillon (BU13) 11:49		Lewis Dow (BU13) 11:47	
Jake Scott (BU15) 10:15		James Gillon (BU15) 10:56		Ben Grant (BU15) 10:18	
Scott McLardie (MU17) 09:33		Gregor Gillespie (MU17) 09:28		Corey Smith (MU17) 11:08	
<b>12 Falkirk Victoria Harriers</b>	<b>00:30:46</b>	<b>32 Edinburgh AC D</b>	<b>00:32:18</b>	<b>52 Kilbarchan AAC F</b>	<b>00:33:19</b>
Cameron Taylor-Cameron (BU13) 10:06		Fabian Despino (BU13) 11:24		Ruhdari Johnson (BU13) 11:42	
Lewis Pentecost (BU15) 10:04		Alex Bates (BU15) 10:44		Michael Simson (BU15) 10:32	
Matthew Stevenson (MU17) 09:36		Paul Ireland (MU17) 10:10		Fraser Auld (MU17) 11:05	
<b>13 Edinburgh AC C</b>	<b>00:30:48</b>	<b>33 Dundee Hawkhill Harriers B</b>	<b>00:32:20</b>	<b>53 Pitreavie AAC C</b>	<b>00:33:22</b>
Luca librizzi (BU13) 11:30		Blair Scott (BU13) 11:32		Euan Johnston (BU13) 11:29	
Freddie Carcas (BU15) 10:06		Jack Anderson (BU15) 10:55		Alex Johnston (BU15) 10:35	
Joseph Arthur (MU17) 09:12		Andrew Merry (MU17) 09:53		Andrew McNair (MU17) 11:18	
<b>14 Cumbernauld AAC</b>	<b>00:30:49</b>	<b>34 Kilbarchan AAC E</b>	<b>00:32:22</b>	<b>54 Central AC D</b>	<b>00:33:24</b>
Calum Little (BU13) 10:37		Scott Irvine (BU13) 11:34		Cameron Fraser (BU13) 12:48	
Hamish Coutts (BU15) 10:47		Craig Kennedy (BU15) 10:12		Craig Palmer (BU15) 10:58	
Cameron Richardson (MU17) 09:25		James Toal (BU15) 10:36		Cameron Harris (MU17) 09:38	
<b>15 Ron Hill Cambuslang Harriers B</b>	<b>00:30:51</b>	<b>35 VP-Glasgow AC B</b>	<b>00:32:22</b>	<b>55 Inverclyde AC B</b>	<b>00:33:25</b>
Ruairidh MacGregor (BU13) 10:51		Jack MacKinnon (BU13) 12:23		Andrew Winter (BU13) 12:58	
Ryan Stephen (BU15) 10:16		Andrew Moreland (BU15) 10:15		Cameron Watson (BU15) 10:01	
Keir Morton (MU17) 09:44		Robbie Barr (MU17) 09:44		Matthew MacKinnon (MU17) 10:26	
<b>16 Pitreavie AAC</b>	<b>00:30:52</b>	<b>36 East Kilbride A.C.</b>	<b>00:32:23</b>	<b>56 Gala Harriers C</b>	<b>00:33:26</b>
Lewis Blair (BU13) 10:58		Elliot Bain (BU13) 11:31		Corri Campbell (BU15) 13:03	
James Adam (BU15) 10:04		Owen Selfridge (BU13) 11:19		Inness Campbell (BU13) 10:40	
Tyler White (MU17) 09:50		Aidan Gilbride (MU17) 09:33		Jason McIntosh (MU17) 09:43	
<b>17 Ayr Seaforth AC B</b>	<b>00:30:55</b>	<b>37 Ron Hill Cambuslang Harriers C</b>	<b>00:32:26</b>	<b>57 Helensburgh AAC</b>	<b>00:33:26</b>
Logan Cotter (BU13) 11:02		Keir Crawford (BU13) 11:25		Keir Lang (BU13) 12:03	
Lewis Ross (BU15) 10:10		Drew Pollock (BU15) 10:51		Finlay Gray (BU15) 10:40	
Rhys Sim (MU17) 09:43		Gavin Smith (MU17) 10:10		Joe Barton (MU17) 10:43	
<b>18 VP-Glasgow AC</b>	<b>00:30:55</b>	<b>38 Garscube Harriers B</b>	<b>00:32:29</b>	<b>58 Motherwell AC B</b>	<b>00:33:26</b>
Blayne Wright (BU13) 11:07		Jack Trainer (BU13) 10:49		Mark Hunter (BU13) 13:10	
Lewis Priest (BU15) 10:16		Jack Cuthbertson (BU15) 10:33		Ryan Donnelly (BU15) 10:17	
Jamie MacKinnon (MU17) 09:32		Darren McGowan (MU17) 11:07		Daniel Martin (MU17) 09:59	
<b>19 Kilbarchan AAC B</b>	<b>00:30:57</b>	<b>39 Kirkintilloch Olympians</b>	<b>00:32:29</b>	<b>59 Aberdeen AAC</b>	<b>00:33:30</b>
Niall MacLean (BU13) 10:36		Dylan Elliott (BU13) 10:37		Ross Stone (BU13) 12:39	
Josh Hendry (BU15) 10:51		Luke McCaffrey (BU15) 10:46		Craig Smith (BU15) 10:33	
Euan McKerral (MU17) 09:30		Aidan McCaffrey (MU17) 11:06		Aaron Odentz (MU17) 10:18	
<b>20 Fife AC B</b>	<b>00:30:58</b>	<b>40 Giffnock North AAC E</b>	<b>00:32:30</b>	<b>60 Fife AC D</b>	<b>00:33:32</b>
Iain McWhinnie (BU13) 11:20		Ethan Carolan (BU13) 11:10		Peter Scott (BU13) 11:51	
George Rees (BU15) 09:44		Jamie Sturrock (BU15) 09:56		Craig Morris (BU15) 10:49	
Gregor Malcolm (MU17) 09:54		Florian Wiese (MU17) 11:24		Jamie Ingledew (MU17) 10:52	

<b>61 Greenock Glenpark</b>	<b>00:34:13</b>	<b>73 Falkirk Victoria Harriers B</b>	<b>00:34:50</b>	<b>85 Shettleston Harriers B</b>	<b>00:36:25</b>
Alan Mollins (BU13) 11:44		Muharrem Dilek (BU13) 12:01		Ethan Wilson (BU13) 11:53	
Ryan Brown (BU15) 11:51		Harris Pentecost (BU15) 10:54		Jordan Dolan (BU15) 12:50	
Nathan Robinson (MU17) 10:38		Scott McIntyre (MU17) 11:55		Daniel Muir (BU15) 11:42	
<b>62 VP-Glasgow AC C</b>	<b>00:34:14</b>	<b>74 Cumbernauld AAC C</b>	<b>00:35:04</b>	<b>86 Central AC F</b>	<b>00:36:27</b>
Niall Macdonald (BU13) 13:11		Arran Kennedy (BU13) 11:59		James Curry (BU13) 13:29	
Adam Brady (BU15) 10:43		Sean Kennedy (BU15) 11:40		Michael Hewitt (BU15) 11:47	
Max Milarvie (MU17) 10:20		Lewis Brown (MU17) 11:25		Campbell McNicol (MU17) 11:11	
<b>63 Clydesdale Harriers</b>	<b>00:34:17</b>	<b>75 Teviotdale Harriers</b>	<b>00:35:09</b>	<b>87 Kirkintilloch Olympians B</b>	<b>00:37:52</b>
Jack Dolan (BU13) 12:13		Jai Patterson (BU13) 12:05		Ross Hamilton (BU13) 12:45	
Robert Whittick (BU13) 11:16		Fraser Clyne (BU13) 11:19		Harry Lamond (BU15) 12:18	
Brian Aird (MU17) 10:48		Jamie Waugh (BU15) 11:45		James Chandler (M17) 12:49	
<b>64 Cumbernauld AAC B</b>	<b>00:34:17</b>	<b>76 Corstorphine AAC D</b>	<b>00:35:18</b>	<b>88 Giffnock North AAC J</b>	<b>00:38:06</b>
Alasdair McMonagle (BU13) 11:01		Fergus Campbell (BU13) 12:39		Eoghan O'Donnell (BU13) 11:29	
Connor Richardson (BU15) 12:05		Forbes Jackson (BU15) 10:40		Donald Maclean (BU13) 13:25	
Fraser Gallagher (MU17) 11:11		Callum Campbell (MU17) 11:59		Adam Deeney (BU13) 13:12	
<b>65 Motherwell AC</b>	<b>00:34:19</b>	<b>77 Ron Hill Cambuslang Harriers D</b>	<b>00:35:21</b>	<b>89 Clydesdale Harriers C</b>	<b>00:38:20</b>
Josh Cameron (BU13) 13:32		Max Monteith (BU13) 12:02		Stuart Aird (BU13) 12:57	
Luke Poutney (BU15) 10:37		Eamon Carr (BU15) 12:00		Michael Dunn (BU15) 12:37	
Owen Leach (MU17) 10:10		Lewis Tracey (BU15) 11:19		Darren Dolan (MU17) 12:46	
<b>66 Perth Strathtay Harriers</b>	<b>00:34:21</b>	<b>78 Law &amp; District B</b>	<b>00:35:25</b>	<b>90 Clydesdale Harriers B</b>	<b>00:38:28</b>
Gregor Ryan (BU13) 11:53		David McCormack (BU13) 13:32		Cairn Wallace (BU13) 12:42	
Benjamin Wightman (BU15) 12:58		Adam Kelly (BU15) 10:50		Ronan Ross (BU15) 13:43	
Ben Greenwood (MU17) 09:30		Ben Fountain (MU17) 11:03		Philip Allan (MU17) 12:03	
<b>67 Central AC G</b>	<b>00:34:24</b>	<b>79 Giffnock North AAC H</b>	<b>00:35:46</b>	<b>91 Perth Strathtay Harriers B</b>	<b>00:39:22</b>
Ben Angus Hughes (BU13) 12:48		Christopher Watson-Sweeney (BU13) 12:01		Benjamin Roberts (BU13) 15:10	
Matthew Chandler (BU15) 10:00		Austin Thomson (BU13) 12:47		Jacob Howgate (BU15) 14:22	
Kalim McDonagh (MU17) 11:36		Lewis Bond (BU15) 11:32		Sol Sweeney (MU17) 09:50	
<b>68 Gala Harriers B</b>	<b>00:34:28</b>	<b>80 Central AC E</b>	<b>00:35:49</b>	<b>92 Clydesdale Harriers D</b>	<b>00:39:48</b>
Ryan Goudie (BU13) 13:03		David Cunningham (BU13) 12:11		Luke Lindup (BU13) 13:32	
Yousuf Khurshed (BU15) 11:56		Anthony Eckersley (BU15) 13:27		Stephen Kane (BU15) 13:05	
Thomas Otton (MU17) 09:29		Euan Brownlie (MU17) 10:11		Lewis Hay (MU17) 13:11	
<b>69 Kilmarnock H&amp;AC</b>	<b>00:34:29</b>	<b>81 Cumbernauld AAC D</b>	<b>00:35:57</b>	<b>93 Motherwell AC C</b>	<b>00:39:59</b>
Jonathan Houson (BU13) 11:09		Calum Pettigrew-Smith (BU13) 13:38		Liam Pountney (BU13) 15:20	
Scott Caldwell (BU15) 10:50		Lewis Wallace (BU15) 12:23		David Wallace (BU15) 12:26	
Ryan Devlin (MU17) 12:30		Daniel Winning (MU17) 10:56		Adam Laird (MU17) 12:13	
<b>70 Ayr Seaforth AC C</b>	<b>00:34:41</b>	<b>82 Ayr Seaforth AC D</b>	<b>00:35:59</b>	<b>94 Kirkintilloch Olympians C</b>	<b>00:41:45</b>
Joshua Cooke (BU13) 11:34		Patrick Smiley (BU13) 11:48		Calum McGregor (BU13) 14:24	
Greig Oakley (BU13) 11:31		Blair Smillie (BU15) 11:44		Liam Casey (BU13) 14:54	
Daniel Martin (BU15) 11:36		Steven Martin (BU15) 12:27		Daniel Reilly (BU15) 12:27	
<b>71 East Kilbride A.C. B</b>	<b>00:34:41</b>	<b>83 East Kilbride A.C. C</b>	<b>00:36:11</b>		
Thomas McCourt (BU13) 12:15		Hamish Anderson (BU13) 12:54			
David McGiven (BU13) 12:27		Matthew Kirwan (BU15) 12:11			
Martin Lynas (MU17) 09:59		Amit Kumar (MU17) 11:06			
<b>72 Giffnock North AAC G</b>	<b>00:34:46</b>	<b>84 Giffnock North AAC I</b>	<b>00:36:15</b>		
Andrew Robertson (BU13) 11:37		Corey Greenhalgh (BU13) 11:35			
Euan Chalmers (BU13) 12:03		Jamie Stewart (BU13) 12:21			
Ben Shaw (BU15) 11:06		Fraser Ross (MU17) 12:19			

### INCOMPLETE TEAMS

<b>Inverclyde AC C</b>	<b>00:23:29</b>	<b>Ayr Seaforth AC E</b>	<b>00:25:47</b>	<b>Garscube Harriers E</b>	<b>00:11:44</b>
Ross Davidson (BU13) 12:49		Max McLean (BU13) 13:33		James Cathro (BU13) 11:44	
Sammy Hearl (BU15) 10:40		Aidan Copland (BU15) 12:14			
<b>East Kilbride A.C. D</b>	<b>00:23:34</b>	<b>Greenock Glenpark C</b>	<b>00:25:49</b>	<b>Garscube Harriers D</b>	<b>00:12:10</b>
Ewan Barrie (BU13) 12:21		Ewan Ferguson (BU13) 12:38		Stuart Reid (BU13) 12:10	
Joseph Hagan (BU13) 11:13		Jonathan Slater (BU15) 13:11			
<b>Kilbarchan AAC G</b>	<b>00:24:07</b>	<b>Caldergleng Harriers</b>	<b>00:26:13</b>	<b>Falkirk Victoria Harriers C</b>	<b>00:12:14</b>
Finn Fowler (BU13) 13:30		Marc McQuade (BU13) 12:39		Leo Weldon (BU13) 12:14	
Jordan Gilchrist (BU15) 10:37		Jack MacBain (BU15) 13:34			
<b>Greenock Glenpark B</b>	<b>00:24:48</b>	<b>Cumbernauld AAC E</b>	<b>00:28:37</b>	<b>Inverclyde AC D</b>	<b>00:12:31</b>
Jack McDaid (BU13) 12:44		Euan Munro (B13) 14:31		Jack Stuart (BU13) 12:31	
Joshua Ruddy (BU15) 12:04		James Holland (BU15) 14:06			
<b>Helensburgh AAC B</b>	<b>00:24:52</b>	<b>Springburn Harriers C</b>	<b>00:28:48</b>	<b>Clydesdale Harriers E</b>	<b>00:12:37</b>
Calum MacGillivray (BU13) 11:58		Connor Gilmour (BU13) 11:47		Evan Currie (BU13) 12:37	
Michael Miller (BU15) 12:54		Millar Wilson (BU13) 17:01			
<b>Falkirk Victoria Harriers D</b>	<b>00:25:17</b>	<b>Springburn Harriers F</b>	<b>00:31:31</b>	<b>Kilbarchan AAC I</b>	<b>00:12:42</b>
Kane Elliott (BU13) 11:27		Connor Emordy (BU13) 15:01		Harry Orr (BU13) 12:42	
Cameron Miller (BU15) 13:50		Pat Callary (BU13) 16:30			
<b>Ron Hill Cambuslang Harriers F</b>	<b>00:25:23</b>	<b>Springburn Harriers D</b>	<b>00:31:37</b>	<b>Falkirk Victoria Harriers E</b>	<b>00:13:02</b>
Adam Welsh (BU13) 12:48		Kieran Ballard (BU13) 15:12		Lewis Anderson (BU13) 13:02	
Arron Grew (BU13) 12:35		Stephen Emordy (BU13) 16:25			
<b>Ron Hill Cambuslang Harriers E</b>	<b>00:25:24</b>	<b>Glasgow School of Sport B</b>	<b>00:10:43</b>	<b>Teviotdale Harriers B</b>	<b>00:14:26</b>
Aaron Lonie (BU13) 12:54		Gary McPake (BU13) 10:43		Johnlee Elder (BU13) 14:26	
James Duffy (BU15) 12:30					
		<b>Garscube Harriers C</b>	<b>00:11:24</b>	<b>Springburn Harriers E</b>	<b>00:15:01</b>
		Mackenzie Haldane (BU13) 11:24		Ben Atkin (BU13) 15:01	
				<b>Cumbernauld AAC F</b>	<b>00:15:49</b>
				Ross Govan (BU13) 15:49	

<b>1 Central AC</b>	<b>00:45:55</b>	<b>20 Hunters Bog Trotters C</b>	<b>00:52:08</b>	<b>39 Central AC B</b>	<b>00:58:54</b>
Kathryn Gillespie (FU20)	15:32	Rachel Smithwaite (F Sen)	16:18	Dawn Kerr (F Sen)	21:57
Jennifer Emsley (F Sen)	15:38	Claire Gordon (F Sen)	19:29	Amy Hendry (FU20)	19:25
Morag MacLarty (F Sen)	14:45	Ellis McKechnie (F Sen)	16:21	Catriona Welsh (F Sen)	17:32
<b>2 Edinburgh AC</b>	<b>00:46:59</b>	<b>21 Dumbarton AAC</b>	<b>00:52:12</b>	<b>40 Kilbarchan AAC C</b>	<b>00:59:09</b>
Laura Dunn (F Sen)	16:08	Melissa Wylie (F45)	16:34	Ruth Johnstone (F Sen)	20:25
Rachael Dunn (FU20)	16:00	Charlene Kelly (F Sen)	18:04	Leanne Hamilton (F Sen)	17:48
Madeleine Murray (F Sen)	14:51	Lydney Lennox (F Sen)	17:34	Siobhan Inglis (F Sen)	20:56
<b>3 Edinburgh Univ Hare &amp; Hounds</b>	<b>00:47:05</b>	<b>22 Edinburgh Univ Hare &amp; Hounds C</b>	<b>00:52:31</b>	<b>41 Portobello Running Club</b>	<b>00:59:09</b>
Rhona Auckland (F Sen)	14:25	Amy Frankland (FU20)	17:14	Jenni Owens (F Sen)	20:15
Georgia Tindley (F Sen)	16:26	Annie Carroll (F Sen)	17:01	Stephanie McDowall (F Sen)	17:39
Mhairi MacLennan (FU20)	16:14	Millie Woodrow (F Sen)	18:16		
<b>4 Hunters Bog Trotters</b>	<b>00:47:08</b>	<b>23 Metro Aberdeen Running Club</b>	<b>00:52:53</b>	<b>42 Hunters Bog Trotters D</b>	<b>00:59:41</b>
Tessa Hill (F Sen)	15:45	Fiona Rudkin (F Sen)	15:48	Kara Tar (F Sen)	20:01
Shona McIntosh (F Sen)	16:08	Kayleigh Jarrett (F Sen)	17:33	Rebecca Croney (F Sen)	19:49
Rosie Smith (F Sen)	15:15	Claire Barrie (F Sen)	19:32	Carrie Craig (F Sen)	19:51
<b>5 Fife AC</b>	<b>00:47:35</b>	<b>24 Edinburgh AC D</b>	<b>00:53:27</b>	<b>43 Bellahouston Road Runners B</b>	<b>00:59:58</b>
Jenny Tan (F Sen)	16:11	Karla Borland (F Sen)	17:29	Rose McRobert (F40)	19:55
Helen Sharpe (F Sen)	15:30	Emily Strathdee (FU20)	17:59	Carla Ward (F Sen)	20:11
Megan Crawford (F Sen)	15:54	Mairi Blankenstein (F Sen)	17:59	Julia McDonald (F Sen)	19:52
<b>6 Edinburgh AC B</b>	<b>00:48:52</b>	<b>25 Motherwell AC</b>	<b>00:54:14</b>	<b>44 Westerlands XC Club B</b>	<b>01:00:39</b>
Emma Dunnett (FU20)	16:29	Joanne Clark (F40)	17:42	Catriona Fisher (F Sen)	18:04
Gillian Palmer (F Sen)	15:50	Emma Stevenson (F Sen)	18:19	Gaynor Gillespie (F45)	20:50
Amanda Woodrow (F Sen)	16:33	Clare Hughes (F Sen)	18:13	Sharon Taylor (F Sen)	21:45
<b>7 Kilbarchan AAC</b>	<b>00:49:05</b>	<b>26 Corstorphine AAC</b>	<b>00:54:51</b>	<b>45 Greenock Glenpark</b>	<b>01:00:44</b>
Christina Rankin (F Sen)	15:54	Laura Forrester (F Sen)	18:58	Suzanne Coyle (F Sen)	19:51
Maica Rodriguez (F Sen)	16:33	Susan Johnston (F45)	18:07	Donna Clark (F Sen)	20:20
Natalie Sharp (F Sen)	16:38	Gillian Carr (F Sen)	17:46	Gillian Forrest (F40)	20:33
<b>8 Lothian Running Club</b>	<b>00:49:36</b>	<b>27 Gala Harriers C</b>	<b>00:54:59</b>	<b>46 Glasgow University H and H C</b>	<b>01:01:33</b>
Jo Williams (F Sen)	16:22	Kirstin Maxwell (F Sen)	16:13	Christine Deng (F Sen)	21:11
Yvonne Crilly (F50)	17:46	Nicola Porterfield (F Sen)	18:24	Mairi Gilmour (FU20)	20:01
Edel Mooney (F Sen)	15:28	Eileen Maxwell (F50)	20:22	Penny Timms (F Sen)	20:21
<b>9 Ron Hill Cambuslang Harriers</b>	<b>00:49:39</b>	<b>28 Westerlands XC Club</b>	<b>00:56:04</b>	<b>47 Inverclyde AC B</b>	<b>01:01:43</b>
Alexandra Lamond (F Sen)	17:01	Deborah Stokoe (F Sen)	17:04	Chloe Simpson (FU20)	17:36
Eve MacKinnon (FU20)	16:11	Joda Quigley (F Sen)	18:49	Teresa Watson (F Sen)	21:10
Katie Bristow (F Sen)	16:27	Elizabeth Adams (F Sen)	20:11	Kim Law (F Sen)	22:57
<b>10 Aberdeen AAC</b>	<b>00:49:46</b>	<b>29 Bellahouston Harriers B</b>	<b>00:56:17</b>	<b>48 Bellahouston Harriers C</b>	<b>01:02:04</b>
Gemma Cormack (F Sen)	15:58	Susan MacRitchie (F Sen)	18:10	Katherine Hylands (F Sen)	19:04
Emma Rice (F Sen)	16:45	Caroline Cochran (F Sen)	19:00	Angela Campbell (F Sen)	21:38
Ellie Buchan (F Sen)	17:03	Kristina Greig (F Sen)	19:07	Suzanne Boyle (F Sen)	21:22
<b>11 Kilbarchan AAC B</b>	<b>00:50:07</b>	<b>30 Bellahouston Road Runners</b>	<b>00:56:19</b>	<b>49 Law &amp; District AAC</b>	<b>01:02:13</b>
Cara Sloss (F Sen)	16:20	Elsie Downham (F Sen)	18:36	Hilary McGrath (F50)	17:06
Elaine Eadie (F Sen)	17:23	Christine Little (F Sen)	19:38	Margaret Newell (FU20)	23:35
Sarah Dempsey (FU20)	16:24	Louise Ross (F Sen)	18:05	Hannah Stark (FU20)	21:32
<b>12 Fife AC B</b>	<b>00:50:10</b>	<b>31 Kilmarnock H&amp;AC</b>	<b>00:56:26</b>	<b>50 Garscube Harriers C</b>	<b>01:02:46</b>
Sophie Mullins (F Sen)	16:33	Lindsay McMahon (F40)	17:13	Marian Kelly (F Sen)	18:57
Katie Jones (F Sen)	16:36	Paula Wilson (F45)	19:57	Morag Casey (F40)	21:03
Amie McKimmie (F Sen)	17:01	Bethany Ross (F Sen)	19:16	Isobel Martin (F45)	22:46
<b>13 Shettleston Harriers</b>	<b>00:50:21</b>	<b>32 Glasgow University H and H B</b>	<b>00:56:54</b>	<b>51 Bellahouston Harriers D</b>	<b>01:05:16</b>
Shona Robertson (F40)	16:40	Lisa Christy (FU20)	18:21	Angela Carson (F45)	21:33
Stella Winters (FU20)	17:09	Katrina Ballantyne (F Sen)	19:03	Vicki Hopewell (F Sen)	22:29
Carole Setchell (F Sen)	16:32	Orla Chapman (F Sen)	19:30	Katy Smith (F40)	21:14
<b>14 Inverclyde AC</b>	<b>00:50:22</b>	<b>33 Edinburgh AC E</b>	<b>00:57:12</b>	<b>52 Falkirk Victoria Harriers B</b>	<b>01:05:29</b>
Nynke Mulholland (F Sen)	17:17	Elaine Davies (F40)	19:26	Nicola Flynn (F40)	20:00
Sharon Muir (F Sen)	16:54	Fiona Hegarty (F Sen)	18:55	Claire Barr (FU20)	23:27
Julie Gordon (F Sen)	16:11	Anne Peat (F45)	18:51	Alison Marven (F40)	22:02
<b>15 Edinburgh Univ Hare &amp; Hounds B</b>	<b>00:50:26</b>	<b>34 Ochil Hill Runners</b>	<b>00:57:17</b>	<b>53 Greenock Glenpark C</b>	<b>01:06:53</b>
Stephanie Pennycook (FU20)	6:16	Karen Kealey (F40)	18:08	Kirstin Arthur (F Sen)	22:05
Sarah Douglas (FU20)	16:57	Fiona Kelsall (F40)	19:31	Viki Wilkinson (F40)	22:09
Charlotte Watson (F Sen)	17:13	Alayne Finlay (F Sen)	19:38	Lisa Ruddy (F Sen)	22:39
<b>16 Glasgow University H and H</b>	<b>00:50:36</b>	<b>35 Garscube Harriers B</b>	<b>00:57:45</b>	<b>54 Metro Aberdeen Running Club C</b>	<b>01:07:03</b>
Skye Dick (F Sen)	17:50	Diane Clark (F Sen)	18:46	Alison Pirie (F Sen)	21:09
Laura Muir (F Sen)	15:12	Emma Blair (F Sen)	19:39	Valerie Wilson (F45)	20:55
Nicole Gruzczyn (F Sen)	17:34	Chloe McAdam (F Sen)	19:20	Sarah Styles (F Sen)	24:59
<b>17 Garscube Harriers</b>	<b>00:50:41</b>	<b>36 Carnegie Harriers B</b>	<b>00:57:48</b>	<b>55 Hamilton Harriers</b>	<b>01:07:47</b>
Catriona Graves (FU20)	16:02	Joanna Wilson (F Sen)	17:22	Cheryl McNulty (F Sen)	20:11
Charlotte Wilson (F Sen)	17:42	Karen Forsyth (F Sen)	21:27	Lyndsay Findlay (F Sen)	25:40
Laura Devine (F Sen)	16:57	Melanie Sinclair (F40)	18:59	Janette Clarkson (F45)	21:56
<b>18 Edinburgh AC C</b>	<b>00:51:03</b>	<b>37 Helensburgh AAC</b>	<b>00:58:29</b>	<b>56 Helensburgh AAC B</b>	<b>01:11:52</b>
Lauren Stoddart (F Sen)	16:19	Maria Dye (F45)	18:57	Fran Crumley (F Sen)	22:22
Nikki Gibson (F Sen)	17:30	Laura Johnstone (F Sen)	19:55	Janet Fellowes (F55)	20:54
Hannah Waugh (F Sen)	17:14	Rebecca Beale (F Sen)	19:37	Allison Halvorson (F45)	28:36
<b>19 University of St Andrews CC</b>	<b>00:52:03</b>	<b>38 Metro Aberdeen Running Club B</b>	<b>00:58:46</b>		
Angela Richardson (F Sen)	17:04	Claire Smith (F40)	20:04		
Molly Pace (FU20)	18:32	Kirsty Robson (F40)	18:48		
Abigail Bender (F Sen)	16:27	Petra Hampton (F Sen)	19:54		

### INCOMPLETE TEAMS

<b>Springburn Harriers D</b>	<b>00:33:47</b>	<b>VP-Glasgow AC B</b>	<b>00:17:20</b>	<b>Clydesdale Harriers</b>	<b>00:20:54</b>
Michelle Sandison (F Sen)	15:48	Donna Finlayson (F Sen)	17:20	Hylda Stewart (F55)	20:54
Hannah Terrance (F Sen)	17:59				
<b>Fife AC C</b>	<b>00:34:56</b>	<b>VP-Glasgow AC</b>	<b>00:17:26</b>	<b>Teviotdale Harriers</b>	<b>00:22:56</b>
Jennifer Kibble (F Sen)	17:03	Claire Thompson (F Sen)	17:26	Donna Inglis (F45)	22:56
Mhairi Boyle (FU20)	17:53				
<b>Falkirk Victoria Harriers</b>	<b>00:35:17</b>	<b>Aberdeen AAC B</b>	<b>00:17:42</b>	<b>Gala Harriers D</b>	<b>00:25:11</b>
Julie Nimmo (FU20)	17:02	Ellen Stickle (FU20)	17:42	Shelagh King (F55)	25:11
Lorna Kennedy (F Sen)	18:15				
<b>Helensburgh AAC C</b>	<b>00:38:40</b>	<b>Lothian Running Club B</b>	<b>00:18:19</b>	<b>Kilmarnock H&amp;AC B</b>	<b>00:28:35</b>
Rebecca Parry (F Sen)	18:50	Lana Turnbull (F Sen)	18:19	Janice Millar (F55)	28:35
Helen Crooks (F Sen)	19:50				
<b>Bellahouston Harriers E</b>	<b>00:48:51</b>	<b>Edinburgh Univ Hare &amp; Hounds D</b>	<b>00:19:07</b>		
Rhona Martin (F Sen)	24:22	Karolina Kivimäki (F Sen)	19:07		
Emily Jackson (F Sen)	24:29				
		<b>Shettleston Harriers B</b>	<b>00:19:19</b>		
		Charlene McCallum (F Sen)	19:19		

<b>1 Central AC</b>	<b>00:51:41</b>	<b>17 Edinburgh Univ Hare &amp; Hounds</b>	<b>00:58:15</b>	<b>33 Central AC C</b>	<b>01:01:32</b>
Cameron Milne (M Sen)	13:40	Kyle McLellan (M Sen)	14:28	Tom Watson (M Sen)	13:48
Alexander Hendry (M Sen)	12:59	Matthew Rallison (M Sen)	15:10	Will Hensman (M Sen)	15:25
Scott McDonald (M Sen)	12:42	James Thomas (MU20)	14:33	Christopher Mchardy (M Sen)	15:25
Andrew Butchart (M Sen)	12:20	James Dunn (MU20)	14:04	Gordon Appelbe (M Sen)	16:54
<b>2 Inverclyde AC</b>	<b>00:51:57</b>	<b>18 East Kilbride A.C.</b>	<b>00:58:16</b>	<b>34 Aberdeen AAC B</b>	<b>01:01:50</b>
Jonathan Glen (MU20)	13:14	Jamie Clements (M Sen)	14:42	Steven Murray (MU20)	14:44
Andrew Douglas (M Sen)	13:08	John Fergusson (M Sen)	14:01	Euan Webster (MU20)	15:13
Craig Ruddy (M Sen)	12:52	Grant Baillie (M Sen)	14:17	Lukasz Czyzycki (M Sen)	15:48
Dan Mulhare (M Sen)	12:43	Niall Walker (M Sen)	15:16	Gareth Lake (M Sen)	16:05
<b>3 Kilbarchan AAC</b>	<b>00:52:50</b>	<b>19 VP-Glasgow AC</b>	<b>00:58:17</b>	<b>35 Metro Aberdeen Running Club</b>	<b>01:02:07</b>
Robert Quinn (M 45)	13:55	Marc Austin (M Sen)	13:44	Callum Walker (M Sen)	15:35
Callum Hawkins (M Sen)	12:23	Craig Jardine (MU20)	14:00	Ian McGregor (M Sen)	16:15
Euan Gillham (MU20)	13:11	Kieron Rafferty (MU20)	14:46	Alasdair MacMillan (M Sen)	15:13
Gavin McArdle (MU20)	13:21	Patrick Bowman (MU20)	15:47	Tom Brian (M Sen)	15:04
<b>4 Shettleston Harriers</b>	<b>00:54:15</b>	<b>20 Garscube Harriers</b>	<b>00:58:24</b>	<b>36 Motherwell AC</b>	<b>01:02:48</b>
Lachlan Oates (M Sen)	12:51	Neale Robertson (M Sen)	14:04	Nicholas Hughes (M Sen)	15:20
Clement Eliot (M Sen)	14:12	Alan Blair (M Sen)	14:51	Craig Mackenzie (M Sen)	15:09
Tewoldeberhan Mengisteab (M Sen)	13:61	Christopher Devine (M Sen)	14:15	Scott Dickson (M Sen)	17:11
Brian McGarrity (M Sen)	14:11	Andrew Robert Gibson (M Sen)	14:14	Luke McIlvenna (M Sen)	15:08
<b>5 Corstorphine AAC</b>	<b>00:54:44</b>	<b>21 Glasgow University H and H</b>	<b>00:58:41</b>	<b>37 Clydesdale Harriers</b>	<b>01:02:54</b>
Dermot Cummins (M Sen)	13:21	Alastair Thurlbeck (MU20)	13:52	James Austin (M 45)	15:30
Scott Pilkington (M Sen)	14:05	Aishan Patil (MU20)	16:00	Paul Carroll (M 45)	15:23
Dougie Selman (M Sen)	13:33	Grant Boyne (MU20)	14:20	David Brown (M Sen)	16:06
Keith Hood (M 40)	13:45	Myles Bax (M Sen)	14:29	Robert O'Neill (M Sen)	15:55
<b>6 Ron Hill Cambuslang Harriers</b>	<b>00:54:45</b>	<b>22 Hunters Bog Trotters B</b>	<b>00:59:15</b>	<b>38 Ron Hill Cambuslang Harriers C</b>	<b>01:03:16</b>
Benjamin Hukins (M Sen)	13:33	Ray Ward (M Sen)	14:23	John Ball (MU20)	15:43
Ryan Thomson (MU20)	14:07	Ewan Crawford (M Sen)	16:16	George Pettit (M Sen)	15:32
Stuart Gibson (M Sen)	13:43	Michael Taylor (M Sen)	13:47	Scott Hunter (M 40)	16:14
Robert Gilroy (M Sen)	13:22	Dave Ward (M Sen)	14:49	Michael O'Hagan (M 45)	15:47
<b>7 Central AC B</b>	<b>00:54:55</b>	<b>23 Kilbarchan AAC B</b>	<b>00:59:21</b>	<b>39 Law &amp; District AAC B</b>	<b>01:03:28</b>
Dale Colley (MU20)	13:40	Callum Matthews (MU20)	14:01	Ross Hill (MU20)	15:40
Scott Green (M Sen)	13:35	Graham Evans (M Sen)	14:32	Alex Hay (M 50)	16:26
Jamie Crowe (MU20)	13:55	Gary Downey (M Sen)	15:59	Jonathan Kennedy (MU20)	15:51
Lewis Millar (M Sen)	13:45	Tom Murray (MU20)	14:49	Mark Hand (M 40)	15:31
<b>8 Edinburgh AC C</b>	<b>00:55:32</b>	<b>24 Law &amp; District AAC</b>	<b>00:59:27</b>	<b>40 Inverclyde AC C</b>	<b>01:03:49</b>
Ruraidh Miller (M Sen)	13:51	Luke Foss (MU20)	14:08	Thomas Jamieson (M Sen)	14:59
James Mclay (M Sen)	14:21	Jamie McMorrow (M Sen)	15:06	Duncan Macfadyen (M 50)	15:17
Adam Craig (MU20)	13:53	Stephen Allen (M 45)	15:11	Matthew Thomson (M Sen)	15:56
Andrew Lawler (MU20)	13:27	Darran Muir (M Sen)	15:02	Gavin Morrison (M 45)	17:37
<b>9 Aberdeen AAC</b>	<b>00:56:10</b>	<b>25 University of St Andrews CC</b>	<b>00:59:44</b>	<b>41 Garscube Harriers B</b>	<b>01:03:55</b>
Michael Ferguson (MU20)	13:24	Robert Leach (MU20)	14:24	John Bell (M 45)	14:55
James Joy (M Sen)	13:58	Chris Russell (M Sen)	15:05	Matthew O'Brien (MU20)	14:59
Jordan Chapman (MU20)	14:35	Philip Wright (MU20)	15:05	Daniel Burns (M Sen)	16:27
Callum Symmons (MU20)	14:13	Andrew Mitchell (M Sen)	15:10	John McLaughlin (M 45)	17:34
<b>10 Ron Hill Cambuslang Harriers B</b>	<b>00:56:11</b>	<b>26 Giffnock North AAC</b>	<b>00:59:53</b>	<b>42 Giffnock North AAC B</b>	<b>01:03:57</b>
Bobby Bristow (M Sen)	14:14	Greg Turner (M Sen)	13:53	Chris Marsh (M Sen)	16:03
Iain MacCorquodale (M Sen)	13:49	Colin Wylie (M 40)	16:36	Keir Geatrell (M Sen)	15:50
Grant Sheldon (M Sen)	13:34	Andrew Clark (MU20)	14:36	Jason Steele (M 40)	15:58
Gordon Robertson (M Sen)	14:34	Chris Greenhalgh (M 40)	14:48	Luke Chamberlain (M 40)	16:06
<b>11 Hunters Bog Trotters</b>	<b>00:56:12</b>	<b>27 Gala Harriers</b>	<b>01:00:14</b>	<b>43 Bellahouston Harriers</b>	<b>01:04:09</b>
Murray Strain (M Sen)	13:06	Colin Welsh (M Sen)	16:01	Craig Lamont (M Sen)	15:40
Hector Haines (M Sen)	14:05	Graeme Murdoch (M Sen)	14:25	Stuart Macdougall (M Sen)	16:48
Tomas Brdgeman (M Sen)	15:18	Wayne McIntosh (M Sen)	15:19	Crispin Walsh (M 40)	15:30
Patryk Gierjatowicz (M Sen)	13:43	Fergus Johnston (M Sen)	14:29	Paul Clawson (M Sen)	16:11
<b>12 Greenock Glenpark Harriers</b>	<b>00:56:19</b>	<b>28 Corstorphine AAC C</b>	<b>01:00:38</b>	<b>44 Falkirk Victoria Harriers</b>	<b>01:04:27</b>
Andrew Harkins (M Sen)	14:10	Thomas Wilson (M Sen)	15:04	John Brogan (M Sen)	14:51
Stephen Trainer (M Sen)	13:32	Christopher O'Brien (M Sen)	15:42	Euan Martin (M Sen)	14:31
Shaun Lyon (M Sen)	14:22	Alex Cumming (M Sen)	15:27	Craig Johnston (M 45)	17:54
David Henderson (M Sen)	14:15	Calum McKenzie (M Sen)	14:25	Gary Munro (MU20)	17:11
<b>13 Lothian Running Club</b>	<b>00:56:34</b>	<b>29 Bellahouston Road Runners</b>	<b>01:00:41</b>	<b>45 Gala Harriers B</b>	<b>01:04:37</b>
Max McNeill (M Sen)	13:27	Craig Reid (M Sen)	14:50	David Moffat (M 40)	15:50
Malcolm Lang (M Sen)	15:04	Iain Burns (M Sen)	15:40	Andrew Lawrie (M Sen)	15:29
Colin Partridge (M Sen)	15:09	Graeme Paterson (M 40)	15:01	Ian Maxwell (M 50)	16:56
Scott Fraser (M Sen)	12:54	James Montgomery (M Sen)	15:10	Mark Bryson (M 45)	16:22
<b>14 Corstorphine AAC B</b>	<b>00:56:38</b>	<b>30 Kilmarnock H&amp;AC</b>	<b>01:01:08</b>	<b>46 Corstorphine AAC F</b>	<b>01:04:41</b>
Alastair Brockie (M Sen)	14:46	Cameron Wilson (M Sen)	14:03	Timothy Norwood (M Sen)	15:25
Howell Craske (M Sen)	13:39	Neil Walker (M Sen)	15:20	Alan Torgersen (M Sen)	16:01
Bryan Clark (M Sen)	14:03	James Wales (M Sen)	15:45	Tom Ferrington (M Sen)	15:22
Moray Anderson (M Sen)	14:10	Scott Lyden (M Sen)	16:00	Nicholas Brown (M Sen)	17:53
<b>15 Inverness Harriers AAC</b>	<b>00:57:24</b>	<b>31 Westerlands XC Club</b>	<b>01:01:23</b>	<b>47 Fife AC B</b>	<b>01:05:15</b>
Stephen Mackay (M Sen)	14:27	Brian Bonnyman (M 40)	14:48	Ruwan Fernando (M 45)	17:45
Andrew MacRae (M Sen)	14:50	Ian Thurlbeck (M 50)	16:07	Andrew Murphy (M Sen)	14:39
Craig Campbell (MU20)	13:56	Grant Thomson (M Sen)	15:15	Roger Rees (M 45)	16:06
Donnie Macdonald (M Sen)	14:11	John Denovan (M Sen)	15:13	Daniel Newman (M 45)	16:45
<b>16 Inverclyde AC B</b>	<b>00:57:44</b>	<b>32 Edinburgh AC E</b>	<b>01:01:29</b>	<b>48 Bellahouston Harriers B</b>	<b>01:05:54</b>
Mark Pollard (M Sen)	13:49	Malcolm Fraser (M Sen)	14:13	David Reynolds (M Sen)	16:03
Callum Hunter (MU20)	15:19	Adam Jack (M Sen)	16:12	Michael Freshour (M 50)	17:30
Greg Williams (MU20)	14:04	Nicholas Wolverson (M Sen)	15:16	Darren McQuade (M Sen)	16:07
Michael Houston (MU20)	14:32	Keith Dunlop (M Sen)	15:48	Ruairidh Macdonald (M Sen)	16:14

<b>49 Lothian Running Club B</b>	<b>01:06:04</b>	<b>60 Helensburgh AAC</b>	<b>01:08:28</b>	<b>71 Ron Hill Cambuslang Harriers D</b>	<b>01:15:18</b>
Owen Williams (M Sen)	15:55	Euan Crumley (M Sen)	15:58	Iain Crawford (M 45)	18:54
Alan Moffat (M Sen)	16:45	Michael Sweeney (M Sen)	15:33	Stephen (jnr) Paris (M Sen)	17:09
Donald Shaw (M 40)	16:13	Campbell Fullarton (M Sen)	17:51	Daniel O'Connell (M 45)	19:55
Stewart Kerr (M40)	17:11	Colin Douglas (M 40)	19:06	James Healy (M 45)	19:20
<b>50 Bellahouston Road Runners C</b>	<b>01:06:10</b>	<b>61 Greenock Glenpark Harriers F</b>	<b>01:08:35</b>	<b>72 Clydesdale Harriers C</b>	<b>01:15:25</b>
Gordon Clements (M 40)	16:24	Liam Smart (M Sen)	16:27	Pete Cartwright (M 70)	18:52
Anthony McParland (M 45)	16:30	Ross Neilson (M Sen)	17:51	Ryan Nelson (M Sen)	17:55
Stewart Robertson (M Sen)	17:01	David Roberts (M Sen)	16:47	Dewar Stewart (M 50)	19:05
David Weatherhead (M Sen)	16:15	Alan O'Rourke (M 45)	17:30	Robert Young (M 70)	19:33
<b>51 Ayr Seaforth AC</b>	<b>01:06:36</b>	<b>62 Glasgow University H and H B</b>	<b>01:08:38</b>	<b>73 Hunters Bog Trotters D</b>	<b>01:16:02</b>
Kenneth Neill (M Sen)	14:31	Neil Wilson (M Sen)	16:52	Daniel Clements (M Sen)	13:32
Stuart McLean (M 40)	16:44	Adam Stark (M Sen)	16:32	Peter McClelland (M Sen)	17:20
Kevin Bloy (M 45)	17:26	Thomas Callan (M Sen)	15:03	Robin Thomas (M 55)	19:37
Peter Laing (M 50)	17:55	Ross Martin (M Sen)	20:11	Ian Marshall (M 65)	25:33
<b>52 Edinburgh AC D</b>	<b>01:06:42</b>	<b>63 Clydesdale Harriers B</b>	<b>01:09:04</b>	<b>74 Corstorphine AAC G</b>	<b>01:16:50</b>
David Sidebottom (M Sen)	15:42	Tony Dolan (MU20)	16:53	Keith Copland (M 45)	20:39
Paul Brennan (M Sen)	16:31	Ryan Savage (M Sen)	17:21	Cathal McCarthy (M Sen)	19:06
Argy Rizos (M 40)	15:32	Paul McKendry (M 50)	18:02	Iain Cumming (M 60)	18:26
Matthew Newnham (M 55)	18:57	Kevin Farmer (M Sen)	16:48	Shaun Cavens (M 50)	18:39
<b>53 Hamilton Harriers</b>	<b>01:06:55</b>	<b>64 Springburn Harriers</b>	<b>01:09:19</b>	<b>75 Garscube Harriers D</b>	<b>01:17:02</b>
Neil Robbins (M 50)	16:16	Anthony J M McGale (M 40)	17:38	Alistair Cuthbertson (M 45)	17:59
James Breen (M 45)	16:56	Matt Jackson (M Sen)	18:04	Tony Hall (M 65)	20:42
Neil Richardson (M 40)	17:10	Grant Cairns (M Sen)	16:58	Christopher Kilshaw (M Sen)	18:43
Thomas Watterson (M Sen)	16:33	Ross McEachern (M 45)	16:39	Kieran McLaughlin (M Sen)	19:38
<b>54 Teviotdale Harriers</b>	<b>01:06:57</b>	<b>65 Garscube Harriers C</b>	<b>01:09:38</b>	<b>76 Hamilton Harriers C</b>	<b>01:17:29</b>
Rory Anderson (M Sen)	14:42	Robbie Drummond (M 45)	17:26	Andrew McLinden (M 60)	18:36
Alan Inglis (M 45)	16:45	John Murray (M Sen)	17:34	David Kelly (M Sen)	20:19
Alister Biggar (M 40)	17:36	James McAnery (M 55)	17:59	Ross Bickerstaff (M 55)	18:48
Alex Corbett (M 45)	17:54	Duncan McKellar (M Sen)	16:39	Terence Grady (M 55)	19:46
<b>55 Hunters Bog Trotters C</b>	<b>01:07:09</b>	<b>66 Kilmarnock H&amp;AC C</b>	<b>01:09:52</b>	<b>77 Hamilton Harriers B</b>	<b>01:18:16</b>
George Ashley (M Sen)	16:21	Cameron Mackie (M Sen)	15:47	Michael Millsop (M Sen)	17:23
Huw Jones (M Sen)	16:50	Ryan Kennedy (M Sen)	17:40	David Dawson (M 45)	18:10
Simon Harrison (M Sen)	17:05	Stewart McRoberts (M Sen)	17:25	Michael Maxton (M 40)	19:41
James Rogers (M Sen)	16:53	Kenneth Wales (M 45)	19:00	Peter Middleton (M Sen)	23:02
<b>56 Aberdeen AAC C</b>	<b>01:07:25</b>	<b>67 Dumbarton AAC</b>	<b>01:10:44</b>	<b>78 Ayr Seaforth AC B</b>	<b>01:18:29</b>
Athol Burnett (M 50)	17:28	Stephen Cole (M 40)	17:14	Laurence Baker (M 55)	17:11
Ewan Calder (MU20)	17:45	Peter Walsh (M Sen)	17:43	Andrew Crichton (M Sen)	18:57
Fraser McGillivray (M Sen)	16:40	Paul Kelly (M Sen)	17:27	Tom McCulloch (M 60)	20:00
Frank Boyne (M 45)	15:32	Kieran McQuade (M Sen)	18:20	James Murray (M Sen)	22:21
<b>57 Law &amp; District AAC C</b>	<b>01:07:31</b>	<b>68 Metro Aberdeen Running Club B</b>	<b>01:12:06</b>	<b>79 Motherwell AC B</b>	<b>01:19:19</b>
Anthony Higgins (M 40)	16:44	Gavin Reid (M Sen)	19:13	John Burns (M 50)	19:10
Scott Jackson (M 45)	17:16	Gavin McLennan (M Sen)	17:51	Andrew Scott (M 45)	21:38
Jim Gillon (M Sen)	17:08	Peter Jennongs (M Sen)	18:22	Thomas Sneddon (M 40)	20:10
Stuart Leghorn (MU20)	16:23	Ian Urquhart (M Sen)	16:40	Robert Pattinson (M 45)	18:21
<b>58 Kirkintilloch Olympians B</b>	<b>01:08:18</b>	<b>69 Carnegie Harriers C</b>	<b>01:13:12</b>	<b>80 Inverclyde AC D</b>	<b>01:21:53</b>
Derek Martin (M 45)	17:15	Andrew Smith (M Sen)	15:07	Robert Todd (MU20)	17:33
Robert Rogerson (M 50)	17:12	Jonathan Millar (M Sen)	19:53	John Bannister (M 55)	20:58
Kieran Pugh (MU20)	15:57	Kevin Davie (M Sen)	17:35	Alastair Law (M Sen)	20:18
John Pugh (M 45)	17:54	Barry Davie (M Sen)	20:37	Tom Tracey (M 60)	23:04
<b>59 Portobello Running Club</b>	<b>01:08:24</b>	<b>70 Lothian Running Club C</b>	<b>01:14:13</b>		
William Jarvie (M 55)	15:54	Hugh Miller (M Sen)	17:51		
Ian Beattie (M 45)	19:08	Stephen Malcolm (M 45)	18:40		
Richard Hadfield (M 45)	17:39	Harry Mulholland (M 50)	17:44		
David Limmer (M Sen)	15:43	Martin Leadbetter (M 55)	19:58		



### INCOMPLETE TEAMS

<b>Shettleston Harriers B</b>	<b>00:47:52</b>	<b>Kirkintilloch Olympians C</b>	<b>00:59:09</b>	<b>Gala Harriers D</b>	<b>00:37:22</b>
Adam Peters (M Sen)	15:27	Paul Reilly (M 45)	19:24	Thomas Knox (M Sen)	18:47
Mark McColl (M Sen)	15:23	Cornel Neil (M 50)	19:22	Alistair Laurie (M 50)	18:35
Bill Winning (M 40)	17:02	David Gates (M 45)	20:23		
<b>VP-Glasgow AC B</b>	<b>00:51:26</b>	<b>Calderglen Harriers B</b>	<b>01:01:16</b>	<b>Edinburgh Univ Hare &amp; Hounds B</b>	<b>00:16:07</b>
Paul MacFarlane (M Sen)	17:06	Andy Buchanan (M Sen)	21:46	Huw Vaughan-Jackson (M Sen)	07
Adam Redpath (M Sen)	16:37	Hugh Simpson (M 50)	19:48		
Damien Moore (M Sen)	17:43	Jim Mearns (M 45)	19:42	<b>Ochil Hill Runners</b>	<b>00:16:15</b>
<b>Kilbarchan AAC C</b>	<b>00:51:37</b>	<b>Greenock Glenpark Harriers C</b>	<b>01:04:11</b>	John Stevenson (M 50)	16:15
David Mackintosh (M Sen)	16:26	Brian Harkins (M 40)	16:10	<b>Kilmarnock H&amp;AC D</b>	<b>00:17:57</b>
Alan Craig (M 45)	16:35	Duncan Anderson (M Sen)	32:37	Stewart McAllister (M Sen)	17:57
Steven Hill (M Sen)	18:36	Alan Henderson (M Sen)	15:24	<b>Giffnock North AAC C</b>	<b>00:19:36</b>
<b>Bellahouston Road Runners E</b>	<b>00:56:55</b>	<b>Banchory Stonehaven AC</b>	<b>00:32:13</b>	Michael Hampson (M 50)	19:36
Barry Edwards (M Sen)	17:47	Andrew Ferguson Jnr (M Sen)	15:36	<b>Portobello Running Club B</b>	<b>00:19:38</b>
Nyall Goodwin (M Sen)	20:04	Stuart Ferguson (MU20)	16:37	Andrew Stavert (M 50)	19:38
Kenny McDonald (M 40)	19:04	<b>East Kilbride A.C. B</b>	<b>00:32:31</b>	<b>Motherwell AC C</b>	<b>00:20:54</b>
<b>Edinburgh AC F</b>	<b>00:57:10</b>	Vincent Hastings (MU20)	14:55	Peter Blackmore (M 40)	20:54
David Steele (M 50)	19:25	David Gorman (M Sen)	17:36	<b>Clydesdale Harriers D</b>	<b>00:21:40</b>
Alex MacEwen (M 55)	20:06	<b>Bellahouston Harriers D</b>	<b>00:34:36</b>	Peter Rudzinski (M 60)	21:40
Eoghan Maguire (M Sen)	17:39	Francis Gilroy (M 50)	17:55	<b>Calderglen Harriers D</b>	<b>00:25:03</b>
<b>Central AC D</b>	<b>00:58:45</b>	Darren Murray (M 40)	16:41	Russell Couper (M 45)	25:03
Kenneth Hislop (M Sen)	18:54	<b>Dundee Hawkhill Harriers</b>	<b>00:35:36</b>		
Sandy MacLarty (M Sen)	23:34	Kenneth Letham (M 50)	19:52		
Aiden Cameron (M Sen)	16:17	Bruce Scott (M 40)	15:44		

<b>1 Gala Harriers</b>	<b>00:52:52</b>	<b>6 Hunters Bog Trotters B</b>	<b>00:55:54</b>	<b>11 Carnegie Harriers D</b>	<b>01:00:33</b>
Fiona Dalgleish (F40)	17:09	Sandra Rathjen (F40)	18:37	Kirsty Baird (F40)	19:31
Rachel Fagan (F40)	18:14	Zoe Kemp (F40)	20:39	Helena Sim (F50)	20:04
Kate Jenkins (F40)	17:29	Megan Wright (F40)	16:38	Samantha Newington (F40)	20:58
<b>2 Edinburgh AC F</b>	<b>00:54:58</b>	<b>7 Gala Harriers B</b>	<b>00:56:57</b>	<b>12 Greenock Glenpark B</b>	<b>01:01:09</b>
Jo Phillips (F40)	17:38	Anya Campbell (F40)	17:58	Elizabeth McAuslan (F45)	20:49
Sharyn Ramage (F50)	18:58	Dawn Grant (F40)	20:07	Marian Monk (F40)	20:04
Karen Dobbie (F45)	18:22	Fiona Shepherd (F45)	18:52	Rhonda White (F40)	20:16
<b>3 Kirkintilloch Olympians</b>	<b>00:55:24</b>	<b>8 Dundee Road Runners AC</b>	<b>00:58:41</b>	<b>13 Carnegie Harriers C</b>	<b>01:05:23</b>
Anne Marie McGregor (F40)	18:16	Gillian Sangster (F40)	17:09	Alison Whyte (F45)	21:26
Annmarie McCaffrey (F45)	18:25	Gail Rattray (F40)	22:15	Lesley Halstead (F45)	21:38
Elaine Hogg (F45)	18:43	Morag Taggart (F55)	19:17	Gillian McCracken (F45)	22:19
<b>4 Bellahouston Harriers</b>	<b>00:55:34</b>	<b>9 Portobello Running Club B</b>	<b>00:59:39</b>	<b>14 Kirkintilloch Olympians C</b>	<b>01:05:32</b>
Jennifer Clark (F40)	17:59	Shery Johnston (F45)	21:18	Ausrine Ward (F Sen)	20:25
Erica Christie (F55)	18:33	Monica Flanagan (F40)	19:18	Vivien Fraser (F45)	22:03
Bernadette O'Neil (F45)	19:02	Fiona Wright (F40)	19:03	Sian Casey (F45)	23:04
<b>5 Carnegie Harriers</b>	<b>00:55:41</b>	<b>10 Anster Haddies Running Club</b>	<b>01:00:24</b>		
Fabienne Thompson (F45)	18:28	Pamela Cruickshanks (F50)	20:42		
Isobel Burnett (F55)	18:36	Elise Methven (F60)	19:13		
Gail Murdoch (F45)	18:37	Hazel Bradley (F60)	20:29		

### INCOMPLETE TEAMS

<b>Motherwell AC B</b>	<b>00:40:29</b>
Phyllis Hands (F55)	20:18
Clare Barr (F45)	20:11

<b>1 Ron Hill Cambuslang Harriers E</b>	<b>00:57:23</b>	<b>8 Corstorphine AAC E</b>	<b>01:05:27</b>	<b>15 Carnegie Harriers B</b>	<b>01:11:13</b>
Stephen Wylie (M 40)	14:13	Richard Lewis (M 40)	15:19	Mark Johnstone (M 40)	19:19
Greg Hastie (M 40)	15:09	Alan Cameron (M 40)	16:40	Peter Humphreys (M 45)	16:41
Kerry-Liam Wilson (M 40)	13:51	Dean Carr (M 40)	16:28	Robert Milton (M 50)	18:39
Jamie Reid (M 40)	14:10	Ian McPherson (M 45)	17:00	Steven King (M 40)	16:34
<b>2 Greenock Glenpark Harriers B</b>	<b>01:00:56</b>	<b>9 VP-Glasgow AC C</b>	<b>01:05:52</b>	<b>16 Gala Harriers C</b>	<b>01:11:37</b>
David Tamburini (M 40)	15:01	Crawford Little (M 45)	15:42	Alan Johnston (M 40)	17:53
Steven Campbell (M 40)	15:01	Peter Jardine (M 45)	16:33	Derrick Brydon (M 40)	18:21
Andrew White (M 45)	15:28	Gerard Craig (M 45)	16:06	William McCulloch (M 55)	17:47
Paul Monaghan (M 40)	15:26	Ralph Connolly (M 45)	17:31	Rory Campbell (M 40)	17:36
<b>3 Kirkintilloch Olympians</b>	<b>01:01:13</b>	<b>10 Greenock Glenpark Harriers E</b>	<b>01:06:22</b>	<b>17 Hunters Bog Trotters E</b>	<b>01:12:33</b>
Graham McCabe (M 40)	14:55	Sam McVicar (M 40)	15:33	Jon Rathjen (M 45)	16:14
Stephen Allan (M 40)	14:51	Robert Adams (M 45)	16:58	James Jarvis (M 40)	16:28
Howard Elliott (M 45)	15:45	Kevan McCartney (M 40)	16:11	Brian Pendreigh (M 55)	19:53
David Hogg (M 40)	15:42	Robert Wilson (M 55)	17:40	Ian Campbell (M 45)	19:58
<b>4 Bellahouston Road Runners B</b>	<b>01:01:21</b>	<b>11 Motherwell AC D</b>	<b>01:07:53</b>	<b>18 Greenock Glenpark Harriers G</b>	<b>01:14:52</b>
Greig Glendinning (M 40)	15:04	Brian McLinden (M 40)	16:24	Michael Harrington (M 50)	18:04
Alastair Ewen (M 40)	15:06	Gordon McArthur (M 40)	17:43	Ross Slater (M 50)	18:41
Liam Conway (M 45)	15:30	Andrew Buchanan (M 40)	16:33	Robin McAuslan (M 50)	18:32
Russell Whittington (M 40)	15:41	Mark Gallacher (M 40)	17:13	Kevin James Gill (M 45)	19:35
<b>5 Kilmarnock H&amp;AC B</b>	<b>01:03:11</b>	<b>12 Edinburgh AC B</b>	<b>01:08:11</b>	<b>19 Falkirk Victoria Harriers B</b>	<b>01:17:20</b>
Leslie McDermott (M 40)	15:50	Ken Mortimer (M 50)	17:38	John Martin (M 55)	18:28
Colin Glencourse (M 40)	15:32	Chris Creegan (M 50)	17:23	Malcolm Finlayson (M 45)	17:49
Connell Drummond (M 40)	16:20	Andrew Latham (M 45)	16:37	Gordon Dewar (M 45)	21:27
Scott Martin (M 45)	15:29	Robert Hamilton (M 40)	16:33	John Denholm (M 60)	19:36
<b>6 Shettleston Harriers C</b>	<b>01:03:22</b>	<b>13 Bellahouston Road Runners D</b>	<b>01:08:39</b>	<b>20 Teviotdale Harriers B</b>	<b>01:20:53</b>
Ian Johnston (M 45)	14:53	Henry Merriweather (M 40)	17:10	Ged Smith (M 40)	19:30
John Connaghan (M 40)	15:30	Gerry Hanlon (M 50)	18:11	Michael Yule (M 45)	18:39
Walter Henderson (M40)	16:25	Jim Robinson (M 50)	16:46	Alan Coltman (M 45)	20:56
John J Duffy (M 50)	16:34	Gerard Scullion (M 45)	16:32	Paul Lockie (M 45)	21:48
<b>7 Central AC E</b>	<b>01:04:38</b>	<b>14 Calderglen Harriers C</b>	<b>01:11:12</b>	<b>21 Bellahouston Harriers C</b>	<b>01:24:09</b>
Robin Mussett (M 50)	17:03	Andrew Henderson (M 60)	18:23	Robert Carson (M 60)	20:19
Ewan Jack (M 40)	15:27	Jim Holmes (M 45)	18:02	James McMillan (M 70)	20:42
Philip Williams (M 40)	15:34	David Herbertson (M 40)	18:23	Iain Burke (M 65)	20:54
Neil Cameron (M 45)	16:34	Alan Derrick (M 45)	16:24	Christopher Steward (M 60)	22:14

<b>1 Central AC C</b>	<b>00:58:24</b>	<b>2 Giffnock North AAC</b>	<b>01:00:11</b>	<b>3 Kirkintilloch Olympians B</b>	<b>01:06:40</b>
Patricia Milne (F50)	19:24	Hilary Millar (F50)	19:43	Marie McChord (F55)	19:32
Jane Waterhouse (F60)	19:57	Li Wang (F50)	19:32	Ada Stewart (F50)	22:50
Hazel Dean (F50)	19:03	Maureen McVey (F50)	20:56	Shirley MacNab (F50)	24:18

<b>1 Shettleston Harriers D</b>	<b>00:46:15</b>	<b>7 Greenock Glenpark Harriers D</b>	<b>00:49:00</b>	<b>13 Ron Hill Cambuslang Harriers G</b>	<b>00:51:30</b>
Denis Williams (M 50)	15:34	Steven Mcloone (M 50)	16:22	Alick Walkinshaw (M 50)	16:23
John Oates (M 55)	16:04	Michael Mcloone Snr (M 50)	15:58	Francis Hurley (M 60)	16:25
Andy Little (M 50)	14:37	Graham Mcgrattan (M 55)	16:40	Edward Carr (M 50)	18:42
<b>2 Ron Hill Cambuslang Harriers F</b>	<b>00:46:44</b>	<b>8 Calderglen Harriers</b>	<b>00:49:48</b>	<b>14 Westerlands XC Club B</b>	<b>00:52:59</b>
Paul Thompson (M 55)	15:23	Martin Duthie (M 50)	16:03	John Quinn (M 55)	18:38
Chris Upson (M 50)	15:41	Andrew McCaffery (M 50)	16:26	Gibson Fleming (M 70)	17:23
Colin Feechan (M 55)	15:40	Edward Reid (M 50)	17:19	David Calder (M 50)	16:58
<b>3 Edinburgh AC</b>	<b>00:47:01</b>	<b>9 Bellahouston Road Runners F</b>	<b>00:50:00</b>	<b>15 Fife AC</b>	<b>00:54:17</b>
David Cross (M 50)	15:46	John Gilhooly (M 55)	17:18	Kenneth Anthony (M 50)	16:39
John Blair (M 50)	15:47	Keith Gibb (M 50)	15:48	Kenneth Morris (M 65)	19:06
Martin Ferguson (M 50)	15:28	Alastair MacLachlan (M 55)	16:54	D.Melville Scobie (M 65)	18:32
<b>4 Corstorphine AAC D</b>	<b>00:47:16</b>	<b>10 VP-Glasgow AC D</b>	<b>00:50:17</b>	<b>16 Central AC F</b>	<b>00:58:40</b>
Graeme Fletcher (M 50)	15:36	Derek Watson Snr. (M 50)	16:50	Stuart Watson (M 50)	18:16
Bruce Malcolm (M 50)	16:15	David McCormack (M 50)	16:07	Raymond J Milne (M 50)	21:05
Ian Johnston (M 50)	15:25	Tom Ord (M 55)	17:20	Billy Mitchell (M 50)	19:19
<b>5 Motherwell AC E</b>	<b>00:47:44</b>	<b>11 Dundee Hawkhill Harriers B</b>	<b>00:50:34</b>	<b>17 Central AC G</b>	<b>00:59:57</b>
Benjamin Hands (M 50)	16:13	Matthew Strachan (M 50)	16:03	Allan Gall (M 55)	19:17
Graeme Kennedy (M 50)	16:22	Nigel Reynolds (M 50)	17:49	John Millar (M 60)	20:35
Alexander Robertson (M 50)	15:09	Craig Ross (M 55)	16:42	Cameron Campbell (M 55)	20:05
<b>6 Garscube Harriers E</b>	<b>00:48:32</b>	<b>12 Carnegie Harriers</b>	<b>00:51:21</b>		
Robert McLennan (M 55)	15:26	Ian Stewart (M 55)	15:56		
David Dickson (M 55)	16:07	John Hynd (M 50)	17:55		
Athole Smith (M 50)	16:59	John Crookston (M 55)	17:30		

### INCOMPLETE TEAMS

**Lothian Running Club D** **00:41:06**  
 Kenton Jones (M 50) 19:54  
 Kenny Mearns (M 55) 21:12

**Westerlands XC Club C** **00:19:11**  
 Don Reid (M55) 19:11

### Stage 1

1	00:10:35	Emma Frew (GU13)	Ayr Seaforth AC	54	00:12:59	Lauren Paterson (GU13)	Giffnock North AAC E
2	00:10:36	Nuala McCheyne (GU13)	Inverclyde AC	55	00:13:00	Lorna Jackson (GU13)	Law & District AAC C
3	00:10:48	Heather Barnes (GU13)	Giffnock North AAC D	56	00:13:01	Eilidh Forbes (GU13)	Gala Harriers B
4	00:10:49	Alisha Sivell (GU13)	Kilbarchan AAC	57	00:13:02	Emily Paul (GU13)	Dundee Hawkhill Harriers B
5	00:10:52	Lily Jane Evans- Haggerty (GU13)	VP-Glasgow AC	58	00:13:02	Morgan Hannah (GU13)	Shettleston Harriers
6	00:10:59	Kate Richardson (GU13)	Giffnock North AAC C	59	00:13:03	Kelly Cunningham (GU13)	Ayr Seaforth AC D
7	00:11:04	Laura Ferguson (GU13)	Glasgow School of Sport	60	00:13:10	Jemma Jamieson (GU13)	Pitreavie AAC D
8	00:11:05	Annabel Ballantyne (GU13)	Giffnock North AAC	61	00:13:11	Leonie McCutcheon (GU13)	Kilmarnock H&AC
9	00:11:13	Emma Gilmour (GU13)	VP-Glasgow AC B	62	00:13:12	Katy Martin (GU13)	Lasswade AAC
10	00:11:15	Beatrice Winkler (GU13)	Edinburgh AC B	63	00:13:12	Abbie Leanord (GU13)	VP-Glasgow AC E
11	00:11:18	Sarah Coutts (GU13)	Pitreavie AAC B	64	00:13:13	Niamh Ramage (GU13)	Inverclyde AC E
12	00:11:20	Ciorstaidh Ainsworth (GU13)	Central AC	65	00:13:14	Jennifer Brydon (GU13)	Pitreavie AAC C
13	00:11:24	Sofia Kirkpatrick (GU13)	Giffnock North AAC B	66	00:13:15	Rosie Davidson (GU13)	Ayr Seaforth AC E
14	00:11:25	Francesca Davidson (GU13)	Giffnock North AAC F	67	00:13:15	Grace Hamilton (GU13)	VP-Glasgow AC F
15	00:11:26	Anna Jamieson (GU13)	Edinburgh AC C	68	00:13:17	Sophie McKay (GU13)	Ayr Seaforth AC F
16	00:11:29	Erin Snow (GU13)	Law & District AAC	69	00:13:17	Zoe Renfrew (GU13)	Greenock Glenpark
17	00:11:35	Eilidh Gibson (GU13)	Kilbarchan AAC B	70	00:13:23	Emma McKay (GU13)	Ayr Seaforth AC G
18	00:11:35	Jenny Gillanders (GU13)	Pitreavie AAC	71	00:13:31	Alex Dow (GU15)	Kirkintilloch Olympians C
19	00:11:37	Pippa Carcas (GU13)	Edinburgh AC	72	00:13:32	Rhianna McQuillan (GU13)	Clydesdale Harriers C
20	00:11:42	Lisa Miller (GU13)	Giffnock North AAC H	73	00:13:39	Beth McKenna (GU13)	Greenock Glenpark B
21	00:11:45	Kirsty Oldham (GU13)	Aberdeen AAC	74	00:13:41	Hannah Wallace (GU13)	Cumbernauld AAC B
22	00:11:50	Sarah Connolly (GU13)	East Kilbride A.C.	75	00:13:48	Lauren McEwan (GU13)	Ron Hill Cambuslang Harriers
23	00:11:52	Hannah Paton (GU13)	Kirkintilloch Olympians	76	00:13:50	Brooke Silver (GU13)	Ron Hill Cambuslang Harriers C
24	00:11:59	Laura McNeill (GU13)	Aberdeen AAC B	77	00:13:56	Erin Pastulovic (GU13)	Kilmarnock H&AC B
25	00:12:10	Zoe Coyne (GU13)	Giffnock North AAC G	78	00:13:57	Rachael Knox (GU13)	Motherwell AC B
26	00:12:10	Leah Cameron (GU13)	Inverclyde AC B	79	00:13:59	Katie Flett (GU13)	Helensburgh AAC B
27	00:12:11	Kyra Gibb (GU13)	Central AC B	80	00:14:00	Ellen Cameron (GU13)	Garscube Harriers
28	00:12:13	Skye Henderson (GU13)	Central AC D	81	00:14:00	Katie Foss (GU13)	Law & District AAC D
29	00:12:13	Beth Morrow (GU13)	Edinburgh AC D	82	00:14:02	Carmen Thomson (GU13)	Dundee Hawkhill Harriers
30	00:12:13	Jenna Little (GU13)	VP-Glasgow AC C	83	00:14:02	Kaitlin Mackay (GU13)	Shettleston Harriers B
31	00:12:15	Phoebe Angus (GU13)	Falkirk Victoria Harriers	84	00:14:08	Brooke Nicol (GU13)	Ron Hill Cambuslang Harriers B
32	00:12:18	Niamh Hay (GU13)	VP-Glasgow AC D	85	00:14:12	Anna McCracken (GU13)	Clydesdale Harriers B
33	00:12:22	Neve McGuire (GU13)	Glasgow School of Sport B	86	00:14:20	Lauren Allen (GU13)	Law & District AAC E
34	00:12:23	Niamh Summers (GU13)	Kirkintilloch Olympians B	87	00:14:23	Carly Blaikie (GU13)	Teviotdale Harriers
35	00:12:25	Rhiannon Fagan (GU13)	Gala Harriers	88	00:14:24	Megan Keith (GU13)	Giffnock North AAC J
36	00:12:28	Alice Goodall (GU13)	Edinburgh AC E	89	00:14:26	Rebekah Sykes (GU13)	East Kilbride A.C. B
37	00:12:30	Chloe McClung (GU13)	Falkirk Victoria Harriers B	90	00:14:26	Cara McCauley (GU13)	VP-Glasgow AC H
38	00:12:33	Kimberley Gilchrist (GU13)	Kilbarchan AAC C	91	00:14:27	Catie MacGillivray (GU13)	Helensburgh AAC C
39	00:12:34	Hannah McGeehan (GU13)	Inverclyde AC C	92	00:14:34	Hannah McAlpine (GU13)	Corstorphine AAC B
40	00:12:35	Eve Denholm (GU13)	Giffnock North AAC I	93	00:14:38	Aimie Hendry (GU13)	Cumbernauld AAC C
41	00:12:41	Lucy Marshall (GU13)	Cumbernauld AAC	94	00:14:41	Iona Smith (GU13)	Kirkintilloch Olympians D
42	00:12:44	Rosie Eckersley (GU13)	Central AC C	95	00:14:56	Lucy More (GU13)	Central AC E
43	00:12:46	Georgia Morrison (GU13)	Inverclyde AC D	96	00:15:04	Macy Cropper (GU13)	Teviotdale Harriers B
44	00:12:48	Joey Leach (GU13)	Motherwell AC	97	00:15:07	Alice Wilson (GU13)	Garscube Harriers B
45	00:12:49	Katy Coats (GU13)	Corstorphine AAC	98	00:15:22	Grace Thompson (GU13)	VP-Glasgow AC G
46	00:12:49	Hannah Miller (GU13)	Giffnock North AAC K	99	00:15:25	Shannon McAleer (GU13)	Falkirk Victoria Harriers C
47	00:12:49	Zara Higgins (GU13)	Law & District AAC B	100	00:15:50	Natalie Sharp (GU13)	Kilmarnock H&AC C
48	00:12:50	Ellie Baxter (GU13)	Lasswade AAC B	101	00:16:08	Kirsty Irving (GU13)	Dundee Hawkhill Harriers C
49	00:12:51	Charlotte McDowall (GU13)	Ayr Seaforth AC B	102	00:16:36	Lucy Saez (GU13)	Calderglenglen Harriers
50	00:12:54	Alexandra Smiley (GU13)	Ayr Seaforth AC C	103	00:17:00	Lisa Hanlon (GU13)	Greenock Glenpark C
51	00:12:55	Nicole Dredge (GU13)	Lothian Running Club	104	00:17:32	Haleigh Muir (GU13)	Calderglenglen Harriers B
52	00:12:56	Charlie Bridges (GU13)	Helensburgh AAC	105	00:18:56	Rachel Ross (GU13)	Cumbernauld AAC D
53	00:12:58	Jade Steele-Milne (GU13)	Clydesdale Harriers	106	00:21:02	Eilidh MacLeod (GU13)	Springburn Harriers C

### Stage 2

1	00:10:24	Eloise Walker (GU15)	Edinburgh AC	48	00:12:54	Rhian Callan (GU13)	VP-Glasgow AC D
2	00:10:33	Nikki Miller (GU15)	Giffnock North AAC B	49	00:12:55	Belinda Neilson (GU15)	Edinburgh AC D
3	00:10:44	Danielle Kelly (GU15)	Giffnock North AAC	50	00:13:00	Megan Rogers (GU15)	Greenock Glenpark B
4	00:10:53	Sarah Tait (GU15)	Lasswade AAC	51	00:13:03	Heidi Ross (GU15)	Corstorphine AAC B
5	00:10:54	Jennifer Walls (GU15)	Central AC	52	00:13:05	Sophie Hall (GU15)	Motherwell AC
6	00:11:00	Shelby Morrison (GU15)	Greenock Glenpark	53	00:13:06	Danielle MacDermid (GU15)	Dundee Hawkhill Harriers B
7	00:11:09	Neve Littlejohn (GU15)	Glasgow School of Sport	54	00:13:07	Talia Mathers (GU15)	Aberdeen AAC
8	00:11:17	Cliona McCheyne (GU13)	Inverclyde AC	55	00:13:16	Elena Heger (GU15)	Gala Harriers
9	00:11:18	Emily Crusher (GU15)	Giffnock North AAC C	56	00:13:23	Shania King (GU15)	Dundee Hawkhill Harriers
10	00:11:20	Jessica MacLeod (GU15)	Corstorphine AAC	57	00:13:25	Emily Harrower (GU15)	Dundee Hawkhill Harriers C
11	00:11:22	Leona Murray (GU13)	Kilbarchan AAC	58	00:13:26	Anna Boyd (GU15)	Edinburgh AC E
12	00:11:23	Iona Crawford (GU15)	Pitreavie AAC	59	00:13:26	Gaia Salandini (GU15)	Shettleston Harriers
13	00:11:30	Lynn McKenna (GU15)	Giffnock North AAC D	60	00:13:29	Rachel Donnelly (GU13)	Law & District AAC C
14	00:11:31	Holly Little (GU15)	VP-Glasgow AC	61	00:13:30	Caitlin Thomson (GU13)	Law & District AAC B
15	00:11:40	Heather Scott (GU15)	Central AC B	62	00:13:31	Ailish Docherty (GU13)	Kirkintilloch Olympians B
16	00:11:40	Adrienne Murray (GU15)	VP-Glasgow AC B	63	00:13:37	Chloe Murphy (GU15)	Helensburgh AAC B
17	00:11:41	Katharine McGinn (GU15)	Kilbarchan AAC C	64	00:13:43	Zoe Hawkins (GU13)	Motherwell AC B
18	00:11:43	Emma Lawton (GU15)	Giffnock North AAC E	65	00:13:52	Nyah Gillan (GU13)	Inverclyde AC C
19	00:11:44	Rona Tytler (GU15)	Kilbarchan AAC B	66	00:13:59	Emily McMahon (GU15)	Cumbernauld AAC C
20	00:11:45	Lauryn Turnbull (GU15)	Central AC C	67	00:14:01	Beth Littlejohn (GU15)	Ayr Seaforth AC D
21	00:11:45	Lori Agnew (GU15)	Glasgow School of Sport B	68	00:14:04	Laurie Allardes (GU15)	Aberdeen AAC B
22	00:11:48	Orla Lang (GU13)	Giffnock North AAC G	69	00:14:04	Rhona Milne (GU15)	Falkirk Victoria Harriers C
23	00:12:01	Ishbel Strathdee (GU15)	Edinburgh AC B	70	00:14:05	Abby Rowley (GU15)	Central AC D
24	00:12:02	Lindsay Jackson (FU17)	Gala Harriers B	71	00:14:13	Evie Coyle (GU15)	Pitreavie AAC C
25	00:12:05	Olivia Vareille (GU15)	Falkirk Victoria Harriers	72	00:14:21	Natasha Shaw (GU15)	Clydesdale Harriers B
26	00:12:06	Morgan Mcburnie (GU15)	Kilmarnock H&AC	73	00:14:25	Jessica Cinnamond (GU15)	VP-Glasgow AC F
27	00:12:07	Tegan Kerr (GU15)	Cumbernauld AAC	74	00:14:29	Charlotte Moss (GU15)	Ron Hill Cambuslang Harriers B
28	00:12:08	Lindsay Robertson (GU15)	Garscube Harriers	75	00:14:31	Nicole Ewing (FU17)	Giffnock North AAC K
29	00:12:12	Ciara Bowman (GU15)	Pitreavie AAC B	76	00:14:31	Eilidh Boyd (GU15)	VP-Glasgow AC E
30	00:12:14	Emma Mahon (GU15)	Kirkintilloch Olympians	77	00:14:33	Lucy Winning (GU15)	Cumbernauld AAC D
31	00:12:19	India Birrell (GU15)	Ayr Seaforth AC B	78	00:14:35	Meg Tomkins (GU15)	Kirkintilloch Olympians C
32	00:12:22	Catherine Bough (GU15)	Edinburgh AC C	79	00:14:36	Phoebe McCutcheon (GU13)	Kilmarnock H&AC B
33	00:12:24	Emma Chamberlain (GU13)	Giffnock North AAC H	80	00:14:39	Carey - Lee Conroy (GU15)	Ron Hill Cambuslang Harriers C
34	00:12:26	Gillian Carmichael (GU15)	Inverclyde AC B	81	00:14:40	Ciara Scullion (GU13)	Law & District AAC D
35	00:12:31	Hannah Anderson (GU13)	East Kilbride A.C.	82	00:14:42	Alison King (GU15)	Ayr Seaforth AC E
36	00:12:32	Caitlin Chilton (GU15)	Ayr Seaforth AC C	83	00:14:45	Emma Palmer (GU13)	Ayr Seaforth AC F
37	00:12:37	Jenny Dougall (GU13)	Giffnock North AAC J	84	00:14:56	Katie Moss (GU15)	Ron Hill Cambuslang Harriers
38	00:12:40	Jessica Noble (GU15)	Helensburgh AAC	85	00:15:01	Megan Anderson (GU15)	Calderglen Harriers
39	00:12:41	Dion Ingram (GU15)	Law & District AAC	86	00:15:02	Nadine Sturgeon (GU13)	Ayr Seaforth AC G
40	00:12:45	Fern Conway (GU15)	Giffnock North AAC F	87	00:15:09	Emma Brown (GU15)	Cumbernauld AAC B
41	00:12:47	Nicole McIntyre (GU15)	Falkirk Victoria Harriers B	88	00:15:10	Alexandria Aitchison (GU13)	Law & District AAC E
42	00:12:48	Amy Bissett (GU15)	VP-Glasgow AC C	89	00:15:21	Alana Sneddon (GU15)	Pitreavie AAC D
43	00:12:49	Iona Allan (GU15)	Clydesdale Harriers	90	00:15:27	Louise Brown (GU15)	Calderglen Harriers B
44	00:12:49	Rosie McKay (GU13)	Giffnock North AAC I	91	00:15:40	Lucy Ash (GU13)	Teviotdale Harriers
45	00:12:49	Eilidh Brown (GU15)	Lasswade AAC B	92	00:15:51	Natalie Miller (GU13)	Lothian Running Club
46	00:12:50	Sophie Lathan (GU15)	Garscube Harriers B	93	00:17:44	Jenna Baker (GU15)	Kirkintilloch Olympians D
47	00:12:54	Lucy Davidson (GU15)	Ayr Seaforth AC				

### Stage 3

1	00:10:20	Laura Stark (FU17)	Kilbarchan AAC	41	00:12:34	Jessica Craig (FU17)	Corstorphine AAC B
2	00:10:22	Kate Gallagher (GU15)	Central AC	42	00:12:35	Victoria Robertson (FU17)	Kirkintilloch Olympians C
3	00:10:22	Gillian Black (FU17)	VP-Glasgow AC	43	00:12:37	Sophie Crimmin (GU15)	Cumbernauld AAC
4	00:10:26	Erin Wallace (GU15)	Giffnock North AAC	44	00:12:37	Abbigail McInnes (FU17)	Glasgow School of Sport B
5	00:10:37	Kirstin Oakley (FU17)	Ayr Seaforth AC	45	00:12:37	Kirsty Irwin (FU17)	Motherwell AC B
6	00:10:41	Lauren Dickson (GU15)	Lasswade AAC	46	00:12:39	Katie McGonigal (GU15)	Falkirk Victoria Harriers C
7	00:10:54	Hannah Addison (FU17)	Corstorphine AAC	47	00:12:45	Natasha Z Mackay (GU15)	Shettleston Harriers
8	00:11:00	Holly Still (FU17)	Giffnock North AAC B	48	00:12:49	Elle Henderson (GU15)	Law & District AAC
9	00:11:07	Sarah Olivia Eunson (FU17)	Giffnock North AAC C	49	00:12:59	Sara O'Docherty (GU15)	Inverclyde AC B
10	00:11:08	Jemma Reekie (FU17)	Kilbarchan AAC B	50	00:13:02	Sarah Chamberlain (GU15)	Giffnock North AAC H
11	00:11:09	Morven Ferguson (FU17)	Edinburgh AC C	51	00:13:05	Hannah George (FU17)	Dundee Hawkhill Harriers B
12	00:11:12	Zoe Bates (FU17)	Edinburgh AC	52	00:13:06	Alicia Paton (FU17)	Kirkintilloch Olympians B
13	00:11:16	Susannah Godfrey-Faussett (GU15)	Gala Harriers	53	00:13:06	Ishbel Inglis (GU15)	Teviotdale Harriers
14	00:11:22	Tessa Hickey (FU17)	VP-Glasgow AC B	54	00:13:09	Rachel Watson (FU17)	Edinburgh AC E
15	00:11:23	Jessica Christie (GU15)	Falkirk Victoria Harriers	55	00:13:10	Lauren Mulaghton (FU17)	Greenock Glenpark B
16	00:11:25	Esme Stewart (FU17)	Edinburgh AC B	56	00:13:11	Ruth Currie (GU15)	Law & District AAC B
17	00:11:27	Rebecca Louise Craig (FU17)	Kilbarchan AAC C	57	00:13:17	Olivia Mulholland (FU17)	Forth Hill Cambuslang Harriers
18	00:11:35	Leah Davie (FU17)	Pitreevie AAC	58	00:13:18	Adelina Callan (FU17)	VP-Glasgow AC C
19	00:11:50	Lise Theron (FU17)	Aberdeen AAC	59	00:13:18	Robyn Connolly (FU17)	VP-Glasgow AC D
20	00:11:50	Katie Rourke (GU15)	Gala Harriers B	60	00:13:24	Maia Carolan (GU15)	Giffnock North AAC I
21	00:11:50	Melissa Robinson (FU17)	Helensburgh AAC	61	00:13:33	Charlotte Ross (FU17)	Clydesdale Harriers B
22	00:11:50	Sophie Telfer (GU15)	Pitreevie AAC B	62	00:13:36	Isabel Remers (FU17)	Dundee Hawkhill Harriers C
23	00:11:57	Leanne Findlay (FU17)	Glasgow School of Sport	63	00:13:37	Rebekah Hemmingsley (FU17)	Giffnock North AAC F
24	00:12:00	Amy Armstrong (FU17)	Edinburgh AC D	64	00:13:38	Emily Paxton (FU17)	Clydesdale Harriers
25	00:12:02	Rebecca Saxby (FU17)	Giffnock North AAC D	65	00:13:44	Carris Anderson (GU15)	Falkirk Victoria Harriers B
26	00:12:04	Nichola Doohan (GU15)	Greenock Glenpark	66	00:13:49	Jodie Currie (FU17)	Central AC B
27	00:12:06	Eleanor Hanson (FU17)	Central AC C	67	00:13:54	Kirsty Boyd (GU15)	VP-Glasgow AC E
28	00:12:09	Maddie Owen (GU15)	Dundee Hawkhill Harriers	68	00:13:55	Samantha Dunning (GU15)	Inverclyde AC C
29	00:12:10	Jennifer Lyne (GU15)	Inverclyde AC	69	00:14:09	Courtney McCorkell (GU15)	Ayr Seaforth AC F
30	00:12:12	Heather Addison (FU17)	East Kilbride A.C.	70	00:14:11	Mirran Struthers (GU15)	Law & District AAC C
31	00:12:14	Emma Wilson (FU17)	Garscube Harriers	71	00:14:12	Pamela McNicol (FU17)	Law & District AAC D
32	00:12:14	Zoe Jamieson (GU15)	Giffnock North AAC E	72	00:14:16	Emma Balfour (FU17)	Cumbernauld AAC B
33	00:12:17	Emma Hunter (FU17)	Motherwell AC	73	00:14:17	Rachel Storey (FU17)	Giffnock North AAC J
34	00:12:19	Perri McCluskey (FU17)	Kirkintilloch Olympians	74	00:14:19	Lauren Park (FU17)	Kilmarnock H&AC
35	00:12:25	Imogen Wilson (FU17)	Lasswade AAC B	75	00:14:26	Kirsteen MacKay (FU17)	Aberdeen AAC B
36	00:12:27	Lisa Rennie (FU17)	Ayr Seaforth AC B	76	00:15:33	Rebecca Martin (FU17)	Ayr Seaforth AC E
37	00:12:29	Charlotte McKenna (GU15)	Giffnock North AAC G	77	00:16:00	Jenna Boyd (GU15)	VP-Glasgow AC F
38	00:12:31	Darcy Baxter (GU13)	Central AC D	78	00:16:01	Bethany Nelson (FU17)	Lothian Running Club
39	00:12:31	Kara Bruce (GU15)	Helensburgh AAC B	79	00:17:28	Morgan Beaton (FU17)	Calderglen Harriers
40	00:12:34	Mia Cullis (GU15)	Ayr Seaforth AC C				



### Stage 1

1	00:09:59	Hamish Armit (BU13)	Giffnock North AAC	62	00:11:49	Matthew Gillon (BU13)	Law & District
2	00:10:04	David Addison (BU13)	Corstorphine AAC	63	00:11:50	Kurt Robertson (BU13)	Lasswade AAC
3	00:10:07	Scott Sprang (BU13)	Ayr Seaforth AC	64	00:11:51	Peter Scott (BU13)	Fife AC D
4	00:10:16	Christopher McLew (BU13)	Ron Hill Cambuslang Harriers	65	00:11:53	Gregor Ryan (BU13)	Perth Strathtay Harriers
5	00:10:20	Tom Ireland (BU13)	Edinburgh AC	66	00:11:53	Ethan Wilson (BU13)	Shettleston Harriers B
6	00:10:20	Elliot Duff (BU13)	Garscube Harriers	67	00:11:56	Daniel Bruce (BU13)	Central AC C
7	00:10:30	Jack Patton (BU13)	Kilbarchan AAC	68	00:11:58	Calum MacGillivray (BU13)	Helensburgh AAC B
8	00:10:31	Hugh Morrow (BU13)	Edinburgh AC B	69	00:11:59	Arran Kennedy (BU13)	Cumbernauld AAC C
9	00:10:36	Niall MacLean (BU13)	Kilbarchan AAC B	70	00:12:01	Muharrem Dilek (BU13)	Falkirk Victoria Harriers B
10	00:10:37	Calum Little (BU13)	Cumbernauld AAC	71	00:12:02	Max Monteith (BU13)	Ron Hill Cambuslang Harriers D
11	00:10:37	Dylan Elliott (BU13)	Kirkintilloch Olympians	72	00:12:03	Keir Lang (BU13)	Helensburgh AAC
12	00:10:43	Gary McPake (BU13)	Glasgow School of Sport B	73	00:12:05	Jai Patterson (BU13)	Teviotdale Harriers
13	00:10:48	David McNair (BU13)	Kilbarchan AAC C	74	00:12:10	Stuart Reid (BU13)	Garscube Harriers D
14	00:10:49	Jack Trainer (BU13)	Garscube Harriers B	75	00:12:11	David Cunningham (BU13)	Central AC E
15	00:10:51	Ruairidh MacGregor (BU13)	Ron Hill Cambuslang Harriers B	76	00:12:11	Duncan Crawford (BU13)	Fife AC C
16	00:10:52	Lewis Elliot (BU13)	Glasgow School of Sport	77	00:12:13	Jack Dolan (BU13)	Clydesdale Harriers
17	00:10:55	Jack Bell (BU13)	Giffnock North AAC B	78	00:12:14	Leo Weldon (BU13)	Falkirk Victoria Harriers C
18	00:10:57	Thomas Ross (BU13)	Corstorphine AAC B	79	00:12:15	Thomas McCourt (BU13)	East Kilbride A.C. B
19	00:10:58	Lewis Blair (BU13)	Pitreavie AAC	80	00:12:21	Ewan Barrie (BU13)	East Kilbride A.C. D
20	00:11:00	Gavin McWhinnie (BU13)	Fife AC	81	00:12:23	Jack MacKinnon (BU13)	VP-Glasgow AC B
21	00:11:00	Scott Jenkins (BU13)	Giffnock North AAC C	82	00:12:24	Finlay Penderis (BU13)	Central AC B
22	00:11:01	Josh Benton (BU13)	Banchory Stonehaven AC	83	00:12:31	Jack Stuart (BU13)	Inverclyde AC D
23	00:11:01	Alasdair McMonagle (BU13)	Cumbernauld AAC B	84	00:12:37	Evan Currie (BU13)	Clydesdale Harriers E
24	00:11:02	Logan Cotter (BU13)	Ayr Seaforth AC B	85	00:12:38	Calum Pettigrew-Smith (BU13)	Cumbernauld AAC D
25	00:11:06	Cameron Taylor-Cameron (BU13)	Falkirk Victoria Harriers	86	00:12:38	Ewan Ferguson (BU13)	Greenock Glenpark C
26	00:11:07	Blayne Wright (BU13)	VP-Glasgow AC	87	00:12:39	Ross Stone (BU13)	Aberdeen AAC
27	00:11:09	Jonathan Houson (BU13)	Kilmarnock H&AC	88	00:12:39	Marc McQuade (BU13)	Calderglen Harriers
28	00:11:10	Aidan Simpson (BU13)	Dundee Hawkhill Harriers	89	00:12:39	Fergus Campbell (BU13)	Corstorphine AAC D
29	00:11:10	Ethan Carolan (BU13)	Giffnock North AAC E	90	00:12:42	Cairn Wallace (BU13)	Clydesdale Harriers B
30	00:11:15	Kasey Fraser (BU13)	Shettleston Harriers	91	00:12:42	Harry Orr (BU13)	Kilbarchan AAC I
31	00:11:20	Iain McWhinnie (BU13)	Fife AC B	92	00:12:44	Jack McDaid (BU13)	Greenock Glenpark B
32	00:11:24	Fabian Despinoy (BU13)	Edinburgh AC D	93	00:12:45	Ross Hamilton (BU13)	Kirkintilloch Olympians B
33	00:11:24	Mackenzie Haldane (BU13)	Garscube Harriers C	94	00:12:48	Cameron Fraser (BU13)	Central AC D
34	00:11:24	James Dolan (BU13)	Giffnock North AAC D	95	00:12:48	Ben Angus Hughes (BU13)	Central AC G
35	00:11:25	Keir Crawford (BU13)	Ron Hill Cambuslang Harriers C	96	00:12:48	Adam Welsh (BU13)	Ron Hill Cambuslang Harriers F
36	00:11:27	Kane Elliott (BU13)	Falkirk Victoria Harriers D	97	00:12:49	Ross Davidson (BU13)	Inverclyde AC C
37	00:11:27	Christopher Watson-Sweeney (BU13)	Giffnock North AAC H	98	00:12:54	Hamish Anderson (BU13)	East Kilbride A.C. C
38	00:11:28	Cameron Hunter (BU13)	Kilbarchan AAC D	99	00:12:54	Aaron Lonie (BU13)	Ron Hill Cambuslang Harriers E
39	00:11:28	Oliver Snoogras (BU13)	Lasswade AAC B	100	00:12:57	Stuart Aird (BU13)	Clydesdale Harriers C
40	00:11:29	Eoghan O'Donnell (BU13)	Giffnock North AAC J	101	00:12:58	Andrew Winter (BU13)	Inverclyde AC B
41	00:11:29	Euan Johnston (BU13)	Pitreavie AAC C	102	00:13:02	Lewis Anderson (BU13)	Falkirk Victoria Harriers E
42	00:11:30	Luca librizzi (BU13)	Edinburgh AC C	103	00:13:03	Ryan Goudie (BU13)	Gala Harriers B
43	00:11:31	Comhnall Ferguson (BU13)	Central AC	104	00:13:03	Corri Campbell (BU15)	Gala Harriers C
44	00:11:31	Elliot Bain (BU13)	East Kilbride A.C.	105	00:13:10	Mark Hunter (BU13)	Motherwell AC B
45	00:11:32	Blair Scott (BU13)	Dundee Hawkhill Harriers B	106	00:13:11	Niall Macdonald (BU13)	VP-Glasgow AC C
46	00:11:33	Murray Fotheringham (BU13)	Giffnock North AAC F	107	00:13:29	James Curry (BU13)	Central AC F
47	00:11:34	Joshua Cooke (BU13)	Ayr Seaforth AC C	108	00:13:30	Finn Fowler (BU13)	Kilbarchan AAC G
48	00:11:34	Scott Irvine (BU13)	Kilbarchan AAC E	109	00:13:32	Luke Lindup (BU13)	Clydesdale Harriers D
49	00:11:35	Corey Greenhalgh (BU13)	Giffnock North AAC I	110	00:13:32	David McCormack (BU13)	Law & District B
50	00:11:37	Andrew Robertson (BU13)	Giffnock North AAC G	111	00:13:32	Josh Cameron (BU13)	Motherwell AC
51	00:11:39	Rory Ferguson (BU13)	Lasswade AAC C	112	00:13:33	Max McLean (BU13)	Ayr Seaforth AC E
52	00:11:42	Ryan George Donald (BU13)	Dundee Hawkhill Harriers C	113	00:14:24	Calum McGregor (BU13)	Kirkintilloch Olympians C
53	00:11:42	Ruhdari Johnson (BU13)	Kilbarchan AAC F	114	00:14:26	Johnlee Elder (BU13)	Teviotdale Harriers B
54	00:11:43	Kieran Bryson (BU13)	Gala Harriers	115	00:14:31	Euan Munro (B13)	Cumbernauld AAC E
55	00:11:44	James Cathro (BU13)	Garscube Harriers E	116	00:15:01	Ben Atkin (BU13)	Springburn Harriers E
56	00:11:44	Alan Mollins (BU13)	Greenock Glenpark	117	00:15:01	Connor Emordy (BU13)	Springburn Harriers F
57	00:11:45	Charlie Cameron (BU13)	Corstorphine AAC C	118	00:15:10	Benjamin Roberts (BU13)	Perth Strathtay Harriers B
58	00:11:46	Josh Law (BU13)	Inverclyde AC	119	00:15:12	Kieran Ballard (BU13)	Springburn Harriers D
59	00:11:47	Lewis Dow (BU13)	Pitreavie AAC B	120	00:15:20	Liam Pountney (BU13)	Motherwell AC C
60	00:11:47	Connor Gilmour (BU13)	Springburn Harriers C	121	00:15:49	Ross Govan (BU13)	Cumbernauld AAC F
61	00:11:48	Partrick Smiley (BU13)	Ayr Seaforth AC D				

### Stage 2

1	00:09:18	Ryan Gray (BU15)	Inverclyde AC	56	00:10:50	Scott Caldwell (BU15)	Kilmarnock H&AC
2	00:09:19	Adam Scott (BU15)	Fife AC	57	00:10:50	Adam Kelly (BU15)	Law & District B
3	00:09:37	Michael Swinton (BU15)	Edinburgh AC	58	00:10:51	Josh Hendry (BU15)	Kilbarchan AAC B
4	00:09:40	Struan Paton (BU15)	Ron Hill Cambuslang Harriers	59	00:10:51	Drew Pollock (BU15)	Ron Hill Cambuslang Harriers C
5	00:09:43	Michael Lowrie (BU15)	Giffnock North AAC	60	00:10:54	Harris Pentecost (BU15)	Falkirk Victoria Harriers B
6	00:09:44	George Rees (BU15)	Fife AC B	61	00:10:54	Thomas Snodgrass (BU15)	Lasswade AAC C
7	00:09:46	Andrew MacAngus (BU15)	Kilbarchan AAC	62	00:10:55	Jack Anderson (BU15)	Dundee Hawkhill Harriers B
8	00:09:52	Joseph Lowrie (BU15)	Giffnock North AAC B	63	00:10:56	Calum McCormack (BU15)	Dundee Hawkhill Harriers C
9	00:09:52	Andrew Love (BU15)	Giffnock North AAC C	64	00:10:56	James Gillon (BU15)	Law & District
10	00:09:53	Euan Boyle (BU15)	Fife AC C	65	00:10:58	Craig Palmer (BU15)	Central AC D
11	00:09:53	Cameron Corrigan (BU15)	Kilbarchan AAC D	66	00:11:13	Joseph Hagan (BU13)	East Kilbride A.C. D
12	00:09:56	Jamie Sturrock (BU15)	Giffnock North AAC E	67	00:11:16	Tom Graham-Marr (BU15)	Central AC B
13	00:10:00	Matthew Chandler (BU15)	Central AC G	68	00:11:16	Sandy Holl (BU15)	Central AC C
14	00:10:01	Cameron Watson (BU15)	Inverclyde AC B	69	00:11:16	Robert Whittick (BU13)	Clydesdale Harriers
15	00:10:04	Lewis Pentecost (BU15)	Falkirk Victoria Harriers	70	00:11:19	Owen Selfridge (BU13)	East Kilbride A.C.
16	00:10:04	James Adam (BU15)	Pitreavie AAC	71	00:11:19	Fraser Clyne (BU13)	Teviotdale Harriers
17	00:10:05	Harry Nimmo (BU15)	Giffnock North AAC D	72	00:11:22	Joseph Wright (BU15)	Banchory Stonehaven AC
18	00:10:06	Freddie Carcas (BU15)	Edinburgh AC C	73	00:11:31	Greig Oakley (BU13)	Ayr Seaforth AAC C
19	00:10:07	Ross Nicolson (BU15)	Ayr Seaforth AC C	74	00:11:40	Sean Kennedy (BU15)	Cumbernauld AAC C
20	00:10:08	Jonathan Jackson (BU15)	Corstorphine AAC B	75	00:11:44	Blair Smillie (BU15)	Ayr Seaforth AC D
21	00:10:09	Magnus Tait (BU15)	Lasswade AAC	76	00:11:47	Michael Hewitt (BU15)	Central AC F
22	00:10:10	Lewis Ross (BU15)	Ayr Seaforth AC B	77	00:11:51	Ryan Brown (BU15)	Greenock Glenpark
23	00:10:12	Ross Allan (BU15)	Edinburgh AC B	78	00:11:56	Yousuf Khursheed (BU15)	Gala Harriers B
24	00:10:12	Craig Kennedy (BU15)	Kilbarchan AAC E	79	00:12:00	Eamon Carr (BU15)	Ron Hill Cambuslang Harriers D
25	00:10:14	Jamie Burns (BU15)	Shettleston Harriers	80	00:12:03	Euan Chalmers (BU13)	Giffnock North AAC G
26	00:10:15	Jake Scott (BU15)	Kilbarchan AAC C	81	00:12:04	Joshua Ruddy (BU15)	Greenock Glenpark B
27	00:10:15	Andrew Moreland (BU15)	VP-Glasgow AC B	82	00:12:05	Connor Richardson (BU15)	Cumbernauld AAC B
28	00:10:16	Ryan Stephen (BU15)	Ron Hill Cambuslang Harriers B	83	00:12:11	Matthew Kirwan (BU15)	East Kilbride A.C. C
29	00:10:16	Lewis Priest (BU15)	VP-Glasgow AC	84	00:12:14	Aidan Copland (BU15)	Ayr Seaforth AC E
30	00:10:17	Ryan Donnelly (BU15)	Motherwell AC B	85	00:12:18	Harry Lamond (BU15)	Kirkintilloch Olympians B
31	00:10:18	Steven Addison (BU15)	Corstorphine AAC	86	00:12:21	Jamie Stewart (BU13)	Giffnock North AAC I
32	00:10:18	Ben Grant (BU15)	Pitreavie AAC B	87	00:12:23	Lewis Wallace (BU15)	Cumbernauld AAC D
33	00:10:23	Arun Smith (BU15)	Garscube Harriers	88	00:12:26	David Wallace (BU15)	Motherwell AC C
34	00:10:29	Kipp McTavish (BU13)	Glasgow School of Sport	89	00:12:27	David McGiven (BU13)	East Kilbride A.C. B
35	00:10:31	Finlay Ross (BU15)	Corstorphine AAC C	90	00:12:30	James Duffy (BU15)	Ron Hill Cambuslang Harriers E
36	00:10:32	Michael Simson (BU15)	Kilbarchan AAC F	91	00:12:35	Arron Grew (BU13)	Ron Hill Cambuslang Harriers F
37	00:10:33	Craig Smith (BU15)	Aberdeen AAC	92	00:12:37	Michael Dunn (BU15)	Clydesdale Harriers C
38	00:10:33	James Logan (BU15)	Gala Harriers	93	00:12:47	Austin Thomson (BU13)	Giffnock North AAC H
39	00:10:33	Jack Cuthbertson (BU15)	Garscube Harriers B	94	00:12:50	Jordan Dolan (BU15)	Shettleston Harriers B
40	00:10:35	Nicholas Boyle (BU15)	Giffnock North AAC F	95	00:12:54	Michael Miller (BU15)	Helensburgh AAC B
41	00:10:35	Alex Johnston (BU15)	Pitreavie AAC C	96	00:12:58	Benjamin Wightman (BU15)	Perth Strathtay Harriers
42	00:10:37	Jordan Gilchrist (BU15)	Kilbarchan AAC G	97	00:13:05	Stephen Kane (BU15)	Clydesdale Harriers D
43	00:10:37	Luke Poutney (BU15)	Motherwell AC	98	00:13:11	Jonathan Slater (BU15)	Greenock Glenpark C
44	00:10:39	Keir Howlieson (BU15)	Central AC	99	00:13:25	Donald Maclean (BU13)	Giffnock North AAC J
45	00:10:40	Forbes Jackson (BU15)	Corstorphine AAC D	100	00:13:27	Anthony Eckersley (BU15)	Central AC E
46	00:10:40	Inness Campbell (BU13)	Gala Harriers C	101	00:13:34	Jack MacBain (BU15)	Calderglen Harriers
47	00:10:40	Finlay Gray (BU15)	Helensburgh AAC	102	00:13:43	Ronan Ross (BU15)	Clydesdale Harriers B
48	00:10:40	Sammy Hearl (BU15)	Inverclyde AC C	103	00:13:50	Cameron Miller (BU15)	Falkirk Victoria Harriers D
49	00:10:41	Jamie Darling (BU15)	Lasswade AAC B	104	00:14:06	James Holland (BU15)	Cumbernauld AAC E
50	00:10:43	Adam Brady (BU15)	VP-Glasgow AC C	105	00:14:22	Jacob Howgate (BU15)	Perth Strathtay Harriers B
51	00:10:44	Alex Bates (BU15)	Edinburgh AC D	106	00:14:54	Liam Casey (BU13)	Kirkintilloch Olympians C
52	00:10:46	Luke McCaffrey (BU15)	Kirkintilloch Olympians	107	00:16:25	Stephen Emordy (BU13)	Springburn Harriers D
53	00:10:47	Hamish Coutts (BU15)	Cumbernauld AAC	108	00:16:30	Pat Callary (BU13)	Springburn Harriers F
54	00:10:49	David Begg (BU15)	Dundee Hawkhill Harriers	109	00:17:01	Millar Wilson (BU13)	Springburn Harriers C
55	00:10:49	Craig Morris (BU15)	Fife AC D				

### Stage 3

1	00:08:57	Alex Carcas (MU17)	Edinburgh AC	48	00:10:18	Aaron Odentz (MU17)	Aberdeen AAC
2	00:09:01	Euan Trout (MU17)	Kilbarchan AAC	49	00:10:20	Max Milarvie (MU17)	VP-Glasgow AC C
3	00:09:12	Joseph Arthur (MU17)	Edinburgh AC C	50	00:10:26	Matthew MacKinnon (MU17)	Inverclyde AC B
4	00:09:15	Jack Kerr (MU17)	Central AC	51	00:10:30	Ewan McMillan (MU17)	Banchory Stonehaven AC
5	00:09:18	Fraser Stirling (MU17)	Ayr Seaforth AC	52	00:10:30	Kalil Shahid (MU17)	Giffnock North AAC D
6	00:09:22	Josh Kerr (MU17)	Edinburgh AC B	53	00:10:33	Sam Fernando (MU17)	Fife AC C
7	00:09:25	Iain Davies (MU17)	Central AC B	54	00:10:36	James Toal (BU15)	Kilbarchan AAC E
8	00:09:25	Cameron Richardson (MU17)	Cumbernauld AAC	55	00:10:36	Kyle A Mackenzie (MU17)	Lasswade AAC B
9	00:09:25	Gavin Bryson (MU17)	Gala Harriers	56	00:10:38	Nathan Robinson (MU17)	Greenock Glenpark
10	00:09:27	Ross Forbes (MU17)	Inverclyde AC	57	00:10:43	Joe Barton (MU17)	Helensburgh AAC
11	00:09:28	Gregor Gillespie (MU17)	Law & District	58	00:10:48	Brian Aird (MU17)	Clydesdale Harriers
12	00:09:29	Thomas Otton (MU17)	Gala Harriers B	59	00:10:48	Calum Marney (MU17)	Giffnock North AAC F
13	00:09:30	Euan McKerrall (MU17)	Kilbarchan AAC B	60	00:10:49	Cody Stevenson (BU15)	Garscube Harriers
14	00:09:30	Ben Greenwood (MU17)	Perth Strathtay Harriers	61	00:10:50	Calum Mackay (MU17)	Corstorphine AAC C
15	00:09:32	Jamie MacKinnon (MU17)	VP-Glasgow AC	62	00:10:52	Jamie Ingledew (MU17)	Fife AC D
16	00:09:33	Aidan Gilbride (MU17)	East Kilbride A.C.	63	00:10:56	Daniel Winning (MU17)	Cumbernauld AAC D
17	00:09:33	Scott McLardie (MU17)	Kilbarchan AAC C	64	00:11:03	Ben Fountain (MU17)	Law & District B
18	00:09:36	Matthew Stevenson (MU17)	Falkirk Victoria Harriers	65	00:11:05	Fraser Auld (MU17)	Kilbarchan AAC F
19	00:09:37	Tristan Rees (MU17)	Fife AC	66	00:11:05	Lewis Raeburn (BU15)	Shettleston Harriers
20	00:09:38	Cameron Harris (MU17)	Central AC D	67	00:11:06	Amit Kumar (MU17)	East Kilbride A.C. C
21	00:09:41	Cameron Steven (MU17)	Lasswade AAC	68	00:11:06	Ben Shaw (BU15)	Giffnock North AAC G
22	00:09:41	Scott Somerville (MU17)	Ron Hill Cambuslang Harriers	69	00:11:06	Aidan McCaffrey (MU17)	Kirkintilloch Olympians
23	00:09:43	Rhys Sim (MU17)	Ayr Seaforth AC B	70	00:11:07	Darren McGowan (MU17)	Garscube Harriers B
24	00:09:43	Jason McIntosh (MU17)	Gala Harriers C	71	00:11:08	Corey Smith (MU17)	Pitreavie AAC B
25	00:09:43	Christopher Stewart (MU17)	Giffnock North AAC	72	00:11:11	Campbell McNicol (MU17)	Central AC F
26	00:09:43	Oliver Watson-Sweeney (MU17)	Giffnock North AAC B	73	00:11:11	Fraser Gallagher (MU17)	Cumbernauld AAC B
27	00:09:44	James Donald (MU17)	Dundee Hawkhill Harriers	74	00:11:18	Andrew McNair (MU17)	Pitreavie AAC C
28	00:09:44	Keir Morton (MU17)	Ron Hill Cambuslang Harriers B	75	00:11:19	Lewis Tracey (BU15)	Ron Hill Cambuslang Harriers D
29	00:09:44	Robbie Barr (MU17)	VP-Glasgow AC B	76	00:11:24	Florian Wiese (MU17)	Giffnock North AAC E
30	00:09:46	Anthony Addison (MU17)	Corstorphine AAC	77	00:11:25	Lewis Brown (MU17)	Cumbernauld AAC C
31	00:09:48	Bradley Scott (MU17)	Central AC C	78	00:11:32	Lewis Bond (BU15)	Giffnock North AAC H
32	00:09:50	Sol Sweeney (MU17)	Perth Strathtay Harriers B	79	00:11:36	Daniel Martin (BU15)	Ayr Seaforth AC C
33	00:09:50	Tyler White (MU17)	Pitreavie AAC	80	00:11:36	Kalim McDonagh (MU17)	Central AC G
34	00:09:53	Andrew Merry (MU17)	Dundee Hawkhill Harriers B	81	00:11:42	Daniel Muir (BU15)	Shettleston Harriers B
35	00:09:54	Gregor Malcolm (MU17)	Fife AC B	82	00:11:45	Jamie Waugh (BU15)	Teviotdale Harriers
36	00:09:54	Conor Thomson (MU17)	Kilbarchan AAC D	83	00:11:55	Scott McIntyre (MU17)	Falkirk Victoria Harriers B
37	00:09:57	Paul Harper (MU17)	Glasgow School of Sport	84	00:11:59	Callum Campbell (MU17)	Corstorphine AAC D
38	00:09:59	Martin Lynas (MU17)	East Kilbride A.C. B	85	00:12:03	Philip Allan (MU17)	Clydesdale Harriers B
39	00:09:59	Daniel Martin (MU17)	Motherwell AC B	86	00:12:13	Adam Laird (MU17)	Motherwell AC C
40	00:10:06	Samuel Galloway (MU17)	Corstorphine AAC B	87	00:12:19	Fraser Ross (MU17)	Giffnock North AAC I
41	00:10:07	Matthew Tonner (MU17)	Dundee Hawkhill Harriers C	88	00:12:27	Steven Martin (BU15)	Ayr Seaforth AC D
42	00:10:10	Paul Ireland (MU17)	Edinburgh AC D	89	00:12:27	Daniel Reilly (BU15)	Kirkintilloch Olympians C
43	00:10:10	Owen Leach (MU17)	Motherwell AC	90	00:12:30	Ryan Devlin (MU17)	Kilmarnock H&AC
44	00:10:10	Gavin Smith (MU17)	Ron Hill Cambuslang Harriers C	91	00:12:46	Darren Dolan (MU17)	Clydesdale Harriers C
45	00:10:11	Euan Brownlie (MU17)	Central AC E	92	00:12:49	James Chandler (MU17)	Kirkintilloch Olympians B
46	00:10:12	Matthew Smith (MU17)	Lasswade AAC C	93	00:13:11	Lewis Hay (MU17)	Clydesdale Harriers D
47	00:10:15	Euan Penrice (MU17)	Giffnock North AAC C	94	00:13:12	Adam Deeney (BU13)	Giffnock North AAC J

### Stage 1

1	00:14:25	Rhona Auckland (F Sen)	Edinburgh Univ Hare & Hounds	37	00:17:50	Skye Dick (F Sen)	Glasgow University H and H
2	00:15:32	Kathryn Gillespie (FU20)	Central AC	38	00:18:04	Catriona Fisher (F Sen)	Westerlands XC Club B
3	00:15:45	Tessa Hill (F Sen)	Hunters Bog Trotters	39	00:18:08	Karen Kealey (F40)	Ochil Hill Runners
4	00:15:48	Fiona Rudkin (F Sen)	Metro Aberdeen Running Club	40	00:18:10	Susan MacRitchie (F Sen)	Bellahouston Harriers B
5	00:15:48	Michelle Sandison (F Sen)	Springburn Harriers D	41	00:18:19	Lana Turnbull (F Sen)	Lothian Running Club B
6	00:15:54	Christina Rankin (F Sen)	Kilbarchan AAC	42	00:18:21	Lisa Christy (FU20)	Glasgow University H and H B
7	00:15:58	Gemma Cormack (F Sen)	Aberdeen AAC	43	00:18:36	Elsie Downham (F Sen)	Bellahouston Road Runners
8	00:16:02	Catriona Graves (FU20)	Garscube Harriers	44	00:18:46	Diane Clark (F Sen)	Garscube Harriers B
9	00:16:08	Laura Dunn (F Sen)	Edinburgh AC	45	00:18:50	Rebecca Parry (F Sen)	Helensburgh AAC C
10	00:16:11	Jenny Tan (F Sen)	Fife AC	46	00:18:57	Marian Kelly (F Sen)	Garscube Harriers C
11	00:16:13	Kirstin Maxwell (F Sen)	Gala Harriers C	47	00:18:57	Maria Dye (F45)	Helensburgh AAC
12	00:16:16	Stephanie Pennycuik (FU20)	Edinburgh Univ Hare & Hounds B	48	00:18:58	Laura Forrester (F Sen)	Corstorphine AAC
13	00:16:18	Rachel Smirthwaite (F Sen)	Hunters Bog Trotters C	49	00:19:04	Katherine Hylands (F Sen)	Bellahouston Harriers C
14	00:16:19	Lauren Stoddart (F Sen)	Edinburgh AC C	50	00:19:07	Karolina Kivimäki (F Sen)	Edinburgh Univ Hare & Hounds D
15	00:16:20	Cara Sloss (F Sen)	Kilbarchan AAC B	51	00:19:19	Charlene McCallum (F Sen)	Shettleston Harriers B
16	00:16:22	Jo Williams (F Sen)	Lothian Running Club	52	00:19:26	Elaine Davies (F40)	Edinburgh AC E
17	00:16:29	Emma Dunnett (FU20)	Edinburgh AC B	53	00:19:51	Suzanne Coyle (F Sen)	Greenock Glenpark
18	00:16:33	Sophie Mullins (F Sen)	Fife AC B	54	00:19:55	Rose McRobert (F40)	Bellahouston Road Runners B
19	00:16:34	Melissa Wylie (F45)	Dumbarton AAC	55	00:20:00	Nicola Flynn (F40)	Falkirk Victoria Harriers B
20	00:16:40	Shona Robertson (F40)	Shettleston Harriers	56	00:20:01	Kara Tar (F Sen)	Hunters Bog Trotters D
21	00:17:01	Alexandra Lamond (F Sen)	Hill Cambuslang Harriers	57	00:20:04	Claire Smith (F40)	Metro Aberdeen Running Club B
22	00:17:02	Julie Nimmo (FU20)	Falkirk Victoria Harriers	58	00:20:11	Cheryl McNulty (F Sen)	Hamilton Harriers
23	00:17:03	Jennifer Kibble (F Sen)	Fife AC C	59	00:20:25	Amy Spencer (F Sen)	Kilbarchan AAC C
24	00:17:04	Angela Richardson (F Sen)	University of St Andrews CC	60	00:20:54	Hylida Stewart (F55)	Clydesdale Harriers
25	00:17:04	Deborah Stokoe (F Sen)	Westerlands XC Club	61	00:21:09	Alison Pirie (F Sen)	Metro Aberdeen Running Club C
26	00:17:06	Hilary McGrath (F50)	Law & District AAC	62	00:21:11	Christine Deng (F Sen)	Glasgow University H and H C
27	00:17:13	Lindsay McMahon (F40)	Kilmarnock H&AC	63	00:21:15	Ruth Johnstone (F Sen)	Portobello Running Club
28	00:17:14	Amy Frankland (FU20)	Edinburgh Univ Hare & Hounds C	64	00:21:33	Angela Carson (F45)	Bellahouston Harriers D
29	00:17:17	Nynke Mulholland (F Sen)	Inverclyde AC	65	00:21:57	Dawn Kerr (F Sen)	Central AC B
30	00:17:20	Donna Finlayson (F Sen)	VP-Glasgow AC B	66	00:22:05	Kirstin Arthur (F Sen)	Greenock Glenpark C
31	00:17:22	Joanna Wilson (F Sen)	Carnegie Harriers B	67	00:22:22	Fran Crumley (F Sen)	Helensburgh AAC B
32	00:17:26	Claire Thompson (F Sen)	VP-Glasgow AC	68	00:22:56	Donna Inglis (F45)	Teviotdale Harriers
33	00:17:29	Karla Borland (F Sen)	Edinburgh AC D	69	00:24:22	Rhona Martin (F Sen)	Bellahouston Harriers E
34	00:17:36	Chloe Simpson (FU20)	Inverclyde AC B	70	00:25:11	Shelagh King (F55)	Gala Harriers D
35	00:17:42	Ellen Stickle (FU20)	Aberdeen AAC B	71	00:28:35	Janice Millar (F55)	Kilmarnock H&AC B
36	00:17:42	Joanne Clark (F40)	Motherwell AC				

### Stage 2

1	00:15:12	Laura Muir (F Sen)	Glasgow University H and H	32	00:18:49	Joda Quigley (F Sen)	Westerlands XC Club
2	00:15:30	Helen Sharpe (F Sen)	Fife AC	33	00:18:55	Fiona Hegarty (F Sen)	Edinburgh AC E
3	00:15:38	Jennifer Emsley (F Sen)	Central AC	34	00:19:00	Caroline Cochran (F Sen)	Bellahouston Harriers B
4	00:15:50	Gillian Palmer (F Sen)	Edinburgh AC B	35	00:19:03	Katrina Ballantyne (F Sen)	Glasgow University H and H B
5	00:16:00	Rachael Dunn (FU20)	Edinburgh AC	36	00:19:25	Amy Hendry (FU20)	Central AC B
6	00:16:08	Shona McIntosh (F Sen)	Hunters Bog Trotters	37	00:19:29	Claire Gordon (F Sen)	Hunters Bog Trotters C
7	00:16:11	Eve MacKinnon (FU20)	Ron Hill Cambuslang Harriers	38	00:19:31	Fiona Kelsall (F40)	Ochil Hill Runners
8	00:16:26	Georgia Tindley (F Sen)	Edinburgh Univ Hare & Hounds	39	00:19:38	Christine Little (F Sen)	Bellahouston Road Runners
9	00:16:33	Maica Rodriguez (F Sen)	Kilbarchan AAC	40	00:19:39	Emma Blair (F Sen)	Garscube Harriers B
10	00:16:36	Katie Jones (F Sen)	Fife AC B	41	00:19:49	Rebecca Crony (F Sen)	Hunters Bog Trotters D
11	00:16:45	Emma Rice (F Sen)	Aberdeen AAC	42	00:19:50	Helen Crooks (F Sen)	Helensburgh AAC C
12	00:16:54	Sharon Muir (F Sen)	Inverclyde AC	43	00:19:55	Laura Johnstone (F Sen)	Helensburgh AAC
13	00:16:57	Sarah Douglas (FU20)	Edinburgh Univ Hare & Hounds B	44	00:19:57	Paula Wilson (F45)	Kilmarnock H&AC
14	00:17:01	Annie Carroll (F Sen)	Edinburgh Univ Hare & Hounds C	45	00:20:01	Mairi Gilmour (FU20)	Glasgow University H and H C
15	00:17:09	Stella Winters (FU20)	Shettleston Harriers	46	00:20:11	Carla Ward (F Sen)	Bellahouston Road Runners B
16	00:17:23	Elaine Eadie (F Sen)	Kilbarchan AAC B	47	00:20:15	Jenni Owens (F Sen)	Portobello Running Club
17	00:17:30	Nikki Gibson (F Sen)	Edinburgh AC C	48	00:20:20	Donna Clark (F Sen)	Greenock Glenpark
18	00:17:33	Kayleigh Jarrett (F Sen)	Metro Aberdeen Running Club	49	00:20:50	Gaynor Gillespie (F45)	Westerlands XC Club B
19	00:17:42	Charlotte Wilson (F Sen)	Garscube Harriers	50	00:20:54	Janet Fellowes (F55)	Helensburgh AAC B
20	00:17:46	Yvonne Crilly (F50)	Lothian Running Club	51	00:20:55	Valerie Wilson (F45)	Metro Aberdeen Running Club C
21	00:17:48	Leanne Hamilton (F Sen)	Kilbarchan AAC C	52	00:21:03	Morag Casey (F40)	Garscube Harriers C
22	00:17:53	Mhairi Boyle (FU20)	Fife AC C	53	00:21:10	Teresa Watson (F Sen)	Inverclyde AC B
23	00:17:59	Emily Strathdee (FU20)	Edinburgh AC D	54	00:21:27	Karen Forsyth (F Sen)	Carnegie Harriers B
24	00:17:59	Hannah Terrance (F Sen)	Springburn Harriers D	55	00:21:38	Angela Campbell (F Sen)	Bellahouston Harriers C
25	00:18:04	Charlene Kelly (F Sen)	Dumbarton AAC	56	00:22:09	Viki Wilkinson (F40)	Greenock Glenpark C
26	00:18:07	Susan Johnston (F45)	Corstorphine AAC	57	00:22:29	Vicki Hopewell (F Sen)	Bellahouston Harriers D
27	00:18:15	Lorna Kennedy (F Sen)	Falkirk Victoria Harriers	58	00:23:27	Claire Barr (FU20)	Falkirk Victoria Harriers B
28	00:18:19	Emma Stevenson (F Sen)	Motherwell AC	59	00:23:35	Margaret Newell (FU20)	Law & District AAC
29	00:18:24	Nicola Porterfield (F Sen)	Gala Harriers C	60	00:24:29	Emily Jackson (F Sen)	Bellahouston Harriers E
30	00:18:32	Molly Pace (FU20)	University of St Andrews CC	61	00:25:40	Lyndsay Findlay (F Sen)	Hamilton Harriers
31	00:18:48	Kirsty Robson (F40)	Metro Aberdeen Running Club B				

### Stage 3

1	00:14:45	Morag MacLarty (F Sen)	Central AC	29	00:18:51	Anne Peat (F45)	Edinburgh AC E
2	00:14:51	Madeleine Murray (F Sen)	Edinburgh AC	30	00:18:59	Melanie Sinclair (F40)	Carnegie Harriers B
3	00:15:15	Rosie Smith (F Sen)	Hunters Bog Trotters	31	00:19:07	Kristina Greig (F Sen)	Bellahouston Harriers B
4	00:15:28	Edel Mooney (F Sen)	Lothian Running Club	32	00:19:16	Bethany Ross (F Sen)	Kilmarnock H&AC
5	00:15:54	Megan Crawford (F Sen)	Fife AC	33	00:19:20	Chloe McAdam (F Sen)	Garscube Harriers B
6	00:16:11	Julie Gordon (F Sen)	Inverclyde AC	34	00:19:30	Orla Chapman (F Sen)	Glasgow University H and H B
7	00:16:14	Mhairi MacLennan (FU20)	Edinburgh Univ Hare & Hounds	35	00:19:32	Claire Barrie (F Sen)	Metro Aberdeen Running Club
8	00:16:21	Eilis McKechnie (F Sen)	Hunters Bog Trotters C	36	00:19:37	Rebecca Beale (F Sen)	Helensburgh AAC
9	00:16:24	Sarah Dempsey (FU20)	Kilbarchan AAC B	37	00:19:38	Alayne Finlay (F Sen)	Ochil Hill Runners
10	00:16:27	Katie Bristow (F Sen)	Ron Hill Cambuslang Harriers	38	00:19:51	Carrie Craig (F Sen)	Hunters Bog Trotters D
11	00:16:27	Abigail Bender (F Sen)	University of St Andrews CC	39	00:19:52	Julia McDonald (F Sen)	Bellahouston Road Runners B
12	00:16:32	Carole Setchell (F Sen)	Shettleston Harriers	40	00:19:54	Petra Hampton (F Sen)	Metro Aberdeen Running Club B
13	00:16:33	Amanda Woodrow (F Sen)	Edinburgh AC B	41	00:20:11	Elizabeth Adams (F Sen)	Westerlands XC Club
14	00:16:38	Natalie Sharp (F Sen)	Kilbarchan AAC	42	00:20:21	Penny Timms (F Sen)	Glasgow University H and H C
15	00:16:57	Laura Devine (F Sen)	Garscube Harriers	43	00:20:22	Eileen Maxwell (F50)	Gala Harriers C
16	00:17:01	Amie McKimmie (F Sen)	Fife AC B	44	00:20:33	Gillian Forrest (F40)	Greenock Glenpark
17	00:17:03	Ellie Buchan (F Sen)	Aberdeen AAC	45	00:20:56	Siobhan Inglis (F Sen)	Kilbarchan AAC C
18	00:17:13	Charlotte Watson (F Sen)	Edinburgh Univ Hare & Hounds B	46	00:21:14	Katy Smith (F40)	Bellahouston Harriers D
19	00:17:14	Hannah Waugh (F Sen)	Edinburgh AC C	47	00:21:22	Suzanne Boyle (F Sen)	Bellahouston Harriers C
20	00:17:32	Catriona Welsh (F Sen)	Central AC B	48	00:21:32	Hannah Stark (FU20)	Law & District AAC
21	00:17:34	Lynsey Lennox (F Sen)	Dumbarton AAC	49	00:21:45	Sharon Taylor (F50)	Westerlands XC Club B
22	00:17:34	Nicole Gruzczyn (F Sen)	Glasgow University H and H	50	00:21:56	Janette Clarkson (F45)	Hamilton Harriers
23	00:17:39	Stephanie McDowall (F Sen)	Portobello Running Club	51	00:22:02	Alison Marven (F40)	Falkirk Victoria Harriers B
24	00:17:46	Gillian Carr (F Sen)	Corstorphine AAC	52	00:22:39	Lisa Ruddy (F Sen)	Greenock Glenpark C
25	00:17:59	Mairi Blankenstein (F Sen)	Edinburgh AC D	53	00:22:46	Isobel Martin (F45)	Garscube Harriers C
26	00:18:05	Louise Ross (F Sen)	Bellahouston Road Runners	54	00:22:57	Kim Law (F Sen)	Inverclyde AC B
27	00:18:13	Clare Hughes (F Sen)	Motherwell AC	55	00:24:59	Sarah Styles (F Sen)	Metro Aberdeen Running Club C
28	00:18:16	Millie Woodrow (F Sen)	Edinburgh Univ Hare & Hounds C	56	00:28:36	Allison Halvorson (F45)	Helensburgh AAC B

### Stage 1

1	00:12:51	Lachlan Oates (M Sen)	Shettleston Harriers	52	00:15:47	Cameron Mackie (M Sen)	Kilmarnock H&AC C
2	00:13:06	Murray Strain (M Sen)	Hunters Bog Trotters	53	00:15:50	David Moffat (M 40)	Gala Harriers B
3	00:13:14	Jonathan Glen (MU20)	Inverclyde AC	54	00:15:54	William Jarvie (M 55)	Portobello Running Club
4	00:13:21	Dermot Cummins (M Sen)	Corstorphine AAC	55	00:15:55	Owen Williams (M Sen)	Lothian Running Club B
5	00:13:24	Michael Ferguson (MU20)	Aberdeen AAC	56	00:15:58	Euan Crumley (M Sen)	Helensburgh AAC
6	00:13:27	Max McNeill (M Sen)	Lothian Running Club	57	00:16:01	Colin Welsh (M Sen)	Gala Harriers
7	00:13:32	Daniel Clements (M Sen)	Hunters Bog Trotters D	58	00:16:03	David Reynolds (M Sen)	Bellahouston Harriers B
8	00:13:33	Benjamin Hukins (M Sen)	Ron Hill Cambuslang Harriers	59	00:16:03	Chris Marsh (M Sen)	Giffnock North AAC B
9	00:13:40	Cameron Milne (M Sen)	Central AC	60	00:16:07	Huw Vaughan-Jackson (M 50)	Edinburgh Univ Hare & Hounds B
10	00:13:40	Dale Colley (MU20)	Central AC B	61	00:16:10	Brian Harkins (M 40)	Greenock Glenpark Harriers C
11	00:13:44	Marc Austin (M Sen)	VP-Glasgow AC	62	00:16:15	John Stevenson (M 50)	Ochil Hill Runners
12	00:13:48	Tom Watson (M Sen)	Central AC C	63	00:16:16	Neil Robbins (M 50)	Hamilton Harriers
13	00:13:49	Mark Pollard (M Sen)	Inverclyde AC B	64	00:16:21	George Ashley (M Sen)	Hunters Bog Trotters C
14	00:13:51	Ruraidh Miller (M Sen)	Edinburgh AC C	65	00:16:24	Gordon Clements (M 60)	Bellahouston Road Runners C
15	00:13:52	Alastair Thurlbeck (MU20)	Glasgow University H and H	66	00:16:26	David Mackintosh (M Sen)	Kilbarchan AAC C
16	00:13:53	Greg Turner (M Sen)	Giffnock North AAC	67	00:16:27	Liam Smart (M Sen)	Greenock Glenpark Harriers F
17	00:13:55	Robert Quinn (M 45)	Kilbarchan AAC	68	00:16:44	Anthony Higgins (M 40)	Law & District AAC C
18	00:14:01	Callum Matthews (MU20)	Kilbarchan AAC B	69	00:16:52	Neil Wilson (M Sen)	Glasgow University H and H B
19	00:14:03	Cameron Wilson (M Sen)	Kilmarnock H&AC	70	00:16:53	Tony Dolan (MU20)	Clydesdale Harriers B
20	00:14:04	Neale Robertson (M Sen)	Garscube Harriers	71	00:17:06	Paul MacFarlane (M Sen)	VP-Glasgow AC B
21	00:14:08	Luke Foss (MU20)	Law & District AAC	72	00:17:11	Laurence Baker (M 55)	Ayr Seaforth AC B
22	00:14:10	Andrew Harkins (M Sen)	Greenock Glenpark Harriers	73	00:17:14	Stephen Cole (M 40)	Dumbarton AAC
23	00:14:13	Malcolm Fraser (M Sen)	Edinburgh AC E	74	00:17:15	Derek Martin (M 45)	Kirkintilloch Olympians B
24	00:14:14	Bobby Bristow (M Sen)	Ron Hill Cambuslang Harriers B	75	00:17:23	Michael Millsop (M Sen)	Hamilton Harriers B
25	00:14:23	Ray Ward (M Sen)	Hunters Bog Trotters B	76	00:17:26	Robbie Drummond (M 45)	Garscube Harriers C
26	00:14:24	Robert Leach (MU20)	University of St Andrews CC	77	00:17:28	Athol Burnett (M 50)	Aberdeen AAC C
27	00:14:27	Stephen Mackay (M Sen)	Inverness Harriers AAC	78	00:17:33	Robert Todd (MU20)	Inverclyde AC D
28	00:14:28	Kyle McLellan (M Sen)	Edinburgh Univ Hare & Hounds	79	00:17:38	Anthony J M McGale (M 40)	Springburn Harriers
29	00:14:31	Kenneth Neill (M Sen)	Ayr Seaforth AC	80	00:17:45	Ruwan Fernando (M 45)	Fife AC B
30	00:14:42	Jamie Clements (M Sen)	East Kilbride A.C.	81	00:17:47	Barry Edwards (M Sen)	Bellahouston Road Runners E
31	00:14:42	Rory Anderson (M Sen)	Teviotdale Harriers	82	00:17:51	Hugh Miller (M Sen)	Lothian Running Club C
32	00:14:44	Steven Murray (MU20)	Aberdeen AAC B	83	00:17:55	Francis Gilroy (M 50)	Bellahouston Harriers D
33	00:14:46	Alastair Brockie (M Sen)	Corstorphine AAC B	84	00:17:57	Stewart McAllister (M Sen)	Kilmarnock H&AC D
34	00:14:48	Brian Bonnyman (M 40)	Westerlands XC Club	85	00:17:59	Alistair Cuthbertson (M 45)	Garscube Harriers D
35	00:14:50	Craig Reid (M Sen)	Bellahouston Road Runners	86	00:18:36	Andrew McLinden (M 60)	Hamilton Harriers C
36	00:14:51	John Brogan (M Sen)	Falkirk Victoria Harriers	87	00:18:47	Thomas Knox (M Sen)	Gala Harriers D
37	00:14:55	Vincent Hastings (MU20)	East Kilbride A.C. B	88	00:18:52	Pete Cartwright (M 70)	Clydesdale Harriers C
38	00:14:55	John Bell (M 45)	Garscube Harriers B	89	00:18:54	Kenneth Hislop (M Sen)	Central AC D
39	00:14:59	Thomas Jamieson (M Sen)	Inverclyde AC C	90	00:18:54	Iain Crawford (M 45)	Ron Hill Cambuslang Harriers D
40	00:15:04	Thomas Wilson (M Sen)	Corstorphine AAC C	91	00:19:10	John Burns (M 50)	Motherwell AC B
41	00:15:07	Andrew Smith (M Sen)	Carnegie Harriers C	92	00:19:13	Gavin Reid (M Sen)	Metro Aberdeen Running Club B
42	00:15:20	Nicholas Hughes (M Sen)	Motherwell AC	93	00:19:24	Paul Reilly (M 45)	Kirkintilloch Olympians C
43	00:15:25	Timothy Norwood (M Sen)	Corstorphine AAC F	94	00:19:25	David Steele (M 50)	Edinburgh AC F
44	00:15:27	Adam Peters (M Sen)	Shettleston Harriers B	95	00:19:36	Michael Hampson (M 50)	Giffnock North AAC C
45	00:15:30	James Austin (M 45)	Clydesdale Harriers	96	00:19:38	Andrew Stavert (M 50)	Portobello Running Club B
46	00:15:35	Callum Walker (M Sen)	Metro Aberdeen Running Club	97	00:19:52	Kenneth Letham (M 50)	Dundee Hawkhill Harriers
47	00:15:36	Andrew Ferguson Jnr (M Sen)	Anchorory Stonehaven AC	98	00:20:39	Keith Copland (M 45)	Corstorphine AAC G
48	00:15:40	Craig Lamont (M Sen)	Bellahouston Harriers	99	00:20:54	Peter Blackmore (M 40)	Motherwell AC C
49	00:15:40	Ross Hill (MU20)	Law & District AAC B	100	00:21:40	Peter Rudzinski (M 60)	Clydesdale Harriers D
50	00:15:42	David Sidebottom (M Sen)	Edinburgh AC D	101	00:21:46	Andy Buchanan (M Sen)	Calderglen Harriers B
51	00:15:43	John Ball (MU20)	Ron Hill Cambuslang Harriers C	102	00:25:03	Russell Couper (M 45)	Calderglen Harriers D

### Stage 2

1	00:12:23	Callum Hawkins (M Sen)	Kilbarchan AAC	48	00:16:26	Alex Hay (M 50)	Law & District AAC B
2	00:12:59	Alexander Hendry (M Sen)	Central AC	49	00:16:30	Anthony McParland (M 45)	Bellahouston Road Runners C
3	00:13:08	Andrew Douglas (M Sen)	Inverclyde AC	50	00:16:31	Paul Brennan (M Sen)	Edinburgh AC D
4	00:13:32	Stephen Trainer (M Sen)	Greenock Glenpark Harriers	51	00:16:32	Adam Stark (M Sen)	Glasgow University H and H B
5	00:13:35	Scott Green (M Sen)	Central AC B	52	00:16:35	Alan Craig (M 45)	Kilbarchan AAC C
6	00:13:39	Howell Craske (M Sen)	Corstorphine AAC B	53	00:16:36	Colin Wylie (M 40)	Giffnock North AAC
7	00:13:49	Iain MacCorquodale (M Sen)	Cambuslang Harriers B	54	00:16:37	Stuart Ferguson (MU20)	Banchory Stonehaven AC
8	00:13:58	James Joy (M Sen)	Aberdeen AAC	55	00:16:37	Adam Redpath (M Sen)	VP-Glasgow AC B
9	00:14:00	Craig Jardine (MU20)	VP-Glasgow AC	56	00:16:41	Darren Murray (M 40)	Bellahouston Harriers D
10	00:14:01	John Fergusson (M Sen)	East Kilbride A.C.	57	00:16:44	Stuart McLean (M 40)	Ayr Seaforth AC
11	00:14:05	Scott Pilkington (M Sen)	Corstorphine AAC	58	00:16:45	Alan Moffat (M Sen)	Lothian Running Club B
12	00:14:05	Hector Haines (M Sen)	Hunters Bog Trotters	59	00:16:45	Alan Inglis (M 45)	Teviotdale Harriers
13	00:14:07	Ryan Thomson (MU20)	Don Hill Cambuslang Harriers	60	00:16:48	Stuart Macdougall (M Sen)	Bellahouston Harriers
14	00:14:12	Clement Eliot (M Sen)	Shettleston Harriers	61	00:16:50	Huw Jones (M Sen)	Hunters Bog Trotters C
15	00:14:21	James Mclay (M Sen)	Edinburgh AC C	62	00:16:56	James Breen (M 45)	Hamilton Harriers
16	00:14:25	Graeme Murdoch (M Sen)	Gala Harriers	63	00:17:09	Stephen (jnr) Paris (M 45)	Cambuslang Harriers D
17	00:14:31	Euan Martin (M Sen)	Falkirk Victoria Harriers	64	00:17:12	Robert Rogerson (M 50)	Kirkintilloch Olympians B
18	00:14:32	Graham Evans (M Sen)	Kilbarchan AAC B	65	00:17:16	Scott Jackson (M 45)	Law & District AAC C
19	00:14:39	Andrew Murphy (M Sen)	Fife AC B	66	00:17:20	Peter McClelland (M Sen)	Hunters Bog Trotters D
20	00:14:50	Andrew MacRae (M Sen)	Inverness Harriers AAC	67	00:17:21	Ryan Savage (M Sen)	Clydesdale Harriers B
21	00:14:51	Alan Blair (M Sen)	Garscube Harriers	68	00:17:30	Michael Freshour (M 50)	Bellahouston Harriers B
22	00:14:59	Matthew O'Brien (MU20)	Garscube Harriers B	69	00:17:34	John Murray (M Sen)	Garscube Harriers C
23	00:15:04	Malcolm Lang (M Sen)	Lothian Running Club	70	00:17:36	David Gorman (M Sen)	East Kilbride A.C. B
24	00:15:05	Chris Russell (M Sen)	University of St Andrews CC	71	00:17:40	Ryan Kennedy (M Sen)	Kilmarnock H&AC C
25	00:15:06	Jamie McMorrow (M Sen)	Law & District AAC	72	00:17:43	Peter Walsh (M Sen)	Dumbarton AAC
26	00:15:09	Craig Mackenzie (M Sen)	Motherwell AC	73	00:17:45	Ewan Calder (MU20)	Aberdeen AAC C
27	00:15:10	Matthew Rallison (M Sen)	Edinburgh Univ Hare & Hounds	74	00:17:51	Ross Neilson (M Sen)	Greenock Glenpark Harriers F
28	00:15:13	Euan Webster (MU20)	Aberdeen AAC B	75	00:17:51	Gavin McLennan (MU20)	Aberdeen Running Club B
29	00:15:17	Duncan Macfadyen (M 50)	Inverclyde AC C	76	00:17:55	Ryan Nelson (M Sen)	Clydesdale Harriers C
30	00:15:19	Callum Hunter (MU20)	Inverclyde AC B	77	00:18:04	Matt Jackson (M Sen)	Springburn Harriers
31	00:15:20	Neil Walker (M Sen)	Kilmarnock H&AC	78	00:18:10	David Dawson (M 45)	Hamilton Harriers B
32	00:15:23	Paul Carroll (M 45)	Clydesdale Harriers	79	00:18:35	Alistair Laurie (M 50)	Gala Harriers D
33	00:15:23	Mark McColl (M Sen)	Shettleston Harriers B	80	00:18:40	Stephen Malcolm (M 45)	Lothian Running Club C
34	00:15:25	Will Hensman (M Sen)	Central AC C	81	00:18:57	Andrew Crichton (M Sen)	Ayr Seaforth AC B
35	00:15:29	Andrew Lawrie (M Sen)	Gala Harriers B	82	00:19:06	Cathal McCarthy (M Sen)	Corstorphine AAC G
36	00:15:32	George Pettit (M Sen)	Don Hill Cambuslang Harriers C	83	00:19:08	Ian Beattie (M 45)	Portobello Running Club
37	00:15:33	Michael Sweeney (M Sen)	Helensburgh AAC	84	00:19:22	Cornel Neil (M 50)	Kirkintilloch Olympians C
38	00:15:40	Iain Burns (M Sen)	Bellahouston Road Runners	85	00:19:48	Hugh Simpson (M 50)	Calderglen Harriers B
39	00:15:42	Christopher O'Brien (M Sen)	Corstorphine AAC C	86	00:19:53	Jonathan Millar (M Sen)	Carnegie Harriers C
40	00:15:44	Bruce Scott (M 40)	Dundee Hawkhill Harriers	87	00:20:04	Nyall Goodwin (M Sen)	Bellahouston Road Runners E
41	00:15:50	Keir Geatrell (M Sen)	Giffnock North AAC B	88	00:20:06	Alex MacEwen (M 55)	Edinburgh AC F
42	00:16:00	Aishan Patil (MU20)	Glasgow University H and H	89	00:20:19	David Kelly (M Sen)	Hamilton Harriers C
43	00:16:01	Alan Torgersen (M Sen)	Corstorphine AAC F	90	00:20:42	Tony Hall (M 65)	Garscube Harriers D
44	00:16:07	Ian Thurlbeck (M 50)	Westerlands XC Club	91	00:20:58	John Bannister (M 55)	Inverclyde AC D
45	00:16:12	Adam Jack (M Sen)	Edinburgh AC E	92	00:21:38	Andrew Scott (M 45)	Motherwell AC B
46	00:16:15	Ian McGregor (M Sen)	Metro Aberdeen Running Club	93	00:23:34	Sandy MacLarty (M Sen)	Central AC D
47	00:16:16	Ewan Crawford (M Sen)	Hunters Bog Trotters B	94	00:32:37	Duncan Anderson (M Sen)	Greenock Glenpark Harriers C

### Stage 3

1	00:12:42	Scott McDonald (M Sen)	Central AC	46	00:16:06	Roger Rees (M 45)	Fife AC B
2	00:12:52	Craig Ruddy (M Sen)	Inverclyde AC	47	00:16:07	Darren McQuade (M Sen)	Bellahouston Harriers B
3	00:13:01	Teweldeberhan Mengisteab (M Sen)	Shettleston Harriers	48	00:16:13	Donald Shaw (M 40)	Lothian Running Club B
4	00:13:11	Euan Gillham (MU20)	Kilbarchan AAC	49	00:16:14	Scott Hunter (M 40)	Ron Hill Cambuslang Harriers C
5	00:13:33	Dougie Selman (M Sen)	Corstorphine AAC	50	00:16:17	Aiden Cameron (M Sen)	Central AC D
6	00:13:34	Grant Sheldon (M Sen)	Ron Hill Cambuslang Harriers B	51	00:16:27	Daniel Burns (M Sen)	Garscube Harriers B
7	00:13:43	Stuart Gibson (M Sen)	Ron Hill Cambuslang Harriers	52	00:16:40	Fraser McGillivray (M Sen)	Aberdeen AAC C
8	00:13:47	Michael Taylor (M Sen)	Hunters Bog Trotters B	53	00:16:47	David Roberts (M Sen)	Greenock Glenpark Harriers F
9	00:13:53	Adam Craig (MU20)	Edinburgh AC C	54	00:16:56	Ian Maxwell (M 50)	Gala Harriers B
10	00:13:55	Jamie Crowe (MU20)	Central AC B	55	00:16:58	Grant Cairns (M Sen)	Springburn Harriers
11	00:13:56	Craig Campbell (MU20)	Inverness Harriers AAC	56	00:17:01	Stewart Robertson (M Sen)	Bellahouston Road Runners C
12	00:14:03	Bryan Clark (M Sen)	Corstorphine AAC B	57	00:17:02	Bill Winning (M 40)	Shettleston Harriers B
13	00:14:04	Greg Williams (MU20)	Inverclyde AC B	58	00:17:05	Simon Harrison (M Sen)	Hunters Bog Trotters C
14	00:14:15	Christopher Devine (M Sen)	Garscube Harriers	59	00:17:08	Jim Gillon (M Sen)	Law & District AAC C
15	00:14:17	Grant Baillie (M Sen)	East Kilbride A.C.	60	00:17:10	Neil Richardson (M 40)	Hamilton Harriers
16	00:14:20	Grant Boyne (MU20)	Glasgow University H and H	61	00:17:11	Scott Dickson (M Sen)	Motherwell AC
17	00:14:22	Shaun Lyon (M Sen)	Greenock Glenpark Harriers	62	00:17:25	Stewart McRoberts (M Sen)	Kilmarnock H&AC C
18	00:14:33	James Thomas (MU20)	Edinburgh Univ Hare & Hounds	63	00:17:26	Kevin Bloy (M 45)	Ayr Seaforth AC
19	00:14:35	Jordan Chapman (MU20)	Aberdeen AAC	64	00:17:27	Paul Kelly (M Sen)	Dumbarton AAC
20	00:14:36	Andrew Clark (MU20)	Giffnock North AAC	65	00:17:35	Kevin Davie (M Sen)	Carnegie Harriers C
21	00:14:46	Kieron Rafferty (MU20)	VP-Glasgow AC	66	00:17:36	Alister Biggar (M 40)	Teviotdale Harriers
22	00:15:01	Graeme Paterson (M 40)	Bellahouston Road Runners	67	00:17:39	Eoghan Maguire (M Sen)	Edinburgh AC F
23	00:15:03	Thomas Callan (M Sen)	Glasgow University H and H B	68	00:17:39	Richard Hadfield (M 45)	Portobello Running Club
24	00:15:05	Philip Wright (MU20)	University of St Andrews CC	69	00:17:43	Damien Moore (M Sen)	VP-Glasgow AC B
25	00:15:09	Colin Partridge (M Sen)	Lothian Running Club	70	00:17:44	Harry Mulholland (M 50)	Lothian Running Club C
26	00:15:11	Stephen Allen (M 45)	Law & District AAC	71	00:17:51	Campbell Fullarton (M Sen)	Helensburgh AAC
27	00:15:13	Alasdair MacMillan (M Sen)	Aberdeen Running Club	72	00:17:54	Craig Johnston (M 45)	Falkirk Victoria Harriers
28	00:15:15	Grant Thomson (M Sen)	Westerlands XC Club	73	00:17:59	James McAneny (M 55)	Garscube Harriers C
29	00:15:16	Nicholas Wolverson (M Sen)	Edinburgh AC E	74	00:18:02	Paul McKendry (M 50)	Clydesdale Harriers B
30	00:15:18	Tomas Brdgeman (M Sen)	Hunters Bog Trotters	75	00:18:22	Peter Jennongs (M Sen)	Aberdeen Running Club B
31	00:15:19	Wayne McIntosh (M Sen)	Gala Harriers	76	00:18:26	Iain Cumming (M 60)	Corstorphine AAC G
32	00:15:22	Tom Ferrington (M Sen)	Corstorphine AAC F	77	00:18:36	Steven Hill (M Sen)	Kilbarchan AAC C
33	00:15:24	Alan Henderson (M Sen)	Greenock Glenpark Harriers C	78	00:18:43	Christopher Kilshaw (M Sen)	Garscube Harriers D
34	00:15:25	Christopher Mchardy (M Sen)	Central AC C	79	00:18:48	Ross Bickerstaff (M 55)	Hamilton Harriers C
35	00:15:27	Alex Cumming (M Sen)	Corstorphine AAC C	80	00:19:04	Kenny McDonald (M 45)	Bellahouston Road Runners E
36	00:15:30	Crispin Walsh (M 40)	Bellahouston Harriers	81	00:19:05	Dewar Stewart (M 50)	Clydesdale Harriers C
37	00:15:32	Argy Rizos (M 40)	Edinburgh AC D	82	00:19:37	Robin Thomas (M 55)	Hunters Bog Trotters D
38	00:15:45	James Wales (M Sen)	Kilmarnock H&AC	83	00:19:41	Michael Maxton (M 40)	Hamilton Harriers B
39	00:15:48	Lukasz Czyzycki (M Sen)	Aberdeen AAC B	84	00:19:42	Jim Mearns (M 45)	Calderglen Harriers B
40	00:15:51	Jonathan Kennedy (MU20)	Law & District AAC B	85	00:19:55	Daniel O'Connell (M 45)	Ron Hill Cambuslang Harriers D
41	00:15:56	Matthew Thomson (M Sen)	Inverclyde AC C	86	00:20:00	Tom McCulloch (M 60)	Ayr Seaforth AC B
42	00:15:57	Kieran Pugh (MU20)	Kirkintilloch Olympians B	87	00:20:10	Thomas Sneddon (M 40)	Motherwell AC B
43	00:15:58	Jason Steele (M 40)	Giffnock North AAC B	88	00:20:18	Alastair Law (M Sen)	Inverclyde AC D
44	00:15:59	Gary Downey (M Sen)	Kilbarchan AAC B	89	00:20:23	David Gates (M 45)	Kirkintilloch Olympians C
45	00:16:06	David Brown (M Sen)	Clydesdale Harriers				



### Stage 4

1	00:12:20	Andrew Butchart (M Sen)	Central AC	41	00:16:06	Luke Chamberlain (M 40)	Giffnock North AAC B
2	00:12:43	Dan Mulhare (M Sen)	Inverclyde AC	42	00:16:11	Paul Clawson (M Sen)	Bellahouston Harriers
3	00:12:54	Scott Fraser (M Sen)	Lothian Running Club	43	00:16:14	Ruairidh Macdonald (M Sen)	Bellahouston Harriers B
4	00:13:21	Gavin McArdle (MU20)	Kilbarchan AAC	44	00:16:15	David Weatherhead (M Sen)	Bellahouston Road Runners C
5	00:13:22	Robert Gilroy (M Sen)	Ron Hill Cambuslang Harriers	45	00:16:22	Mark Bryson (M 45)	Gala Harriers B
6	00:13:27	Andrew Lawler (MU20)	Edinburgh AC C	46	00:16:23	Stuart Leghorn (MU20)	Law & District AAC C
7	00:13:43	Patryk Gierjatowicz (M Sen)	Hunters Bog Trotters	47	00:16:33	Thomas Watterson (M Sen)	Hamilton Harriers
8	00:13:45	Lewis Millar (M Sen)	Central AC B	48	00:16:39	Duncan McKellar (M Sen)	Garscube Harriers C
9	00:13:45	Keith Hood (M 40)	Corstorphine AAC	49	00:16:39	Ross McEachern (M 45)	Springburn Harriers
10	00:14:04	James Dunn (MU20)	Edinburgh Univ Hare & Hounds	50	00:16:40	Ian Urquhart (M Sen)	Metro Aberdeen Running Club B
11	00:14:10	Moray Anderson (M Sen)	Corstorphine AAC B	51	00:16:45	Daniel Newman (M 45)	Fife AC B
12	00:14:11	Donnie Macdonald (M Sen)	Inverness Harriers AAC	52	00:16:48	James Farmer (M Sen)	Clydesdale Harriers B
13	00:14:11	Brian McGarrity (M Sen)	Shettleston Harriers	53	00:16:53	James Rogers (M Sen)	Hunters Bog Trotters C
14	00:14:13	Callum Symmons (MU20)	Aberdeen AAC	54	00:16:54	Gordon Appelbe (M Sen)	Central AC C
15	00:14:15	David Henderson (M Sen)	Greenock Glenpark Harriers	55	00:17:11	Gary Munro (MU20)	Falkirk Victoria Harriers
16	00:14:25	Calum McKenzie (M Sen)	Corstorphine AAC C	56	00:17:11	Stewart Kerr (M40)	Lothian Running Club B
17	00:14:29	Fergus Johnston (M Sen)	Gala Harriers	57	00:17:30	Alan O'Rourke (M 45)	Greenock Glenpark Harriers F
18	00:14:29	Myles Bax (M Sen)	Glasgow University H and H	58	00:17:34	John McLaughlin (M 45)	Garscube Harriers B
19	00:14:32	Michael Houston (MU20)	Inverclyde AC B	59	00:17:37	Gavin Morrison (M 45)	Inverclyde AC C
20	00:14:34	Gordon Robertson (M Sen)	Ron Hill Cambuslang Harriers B	60	00:17:53	Nicholas Brown (M Sen)	Corstorphine AAC F
21	00:14:48	Chris Greenhalgh (M 40)	Giffnock North AAC	61	00:17:54	John Pugh (M 45)	Kirkintilloch Olympians B
22	00:14:49	Dave Ward (M Sen)	Hunters Bog Trotters B	62	00:17:54	Alex Corbett (M 45)	Teviotdale Harriers
23	00:14:49	Tom Murray (MU20)	Kilbarchan AAC B	63	00:17:55	Peter Laing (M 50)	Ayr Seaforth AC
24	00:15:02	Darran Muir (M Sen)	Law & District AAC	64	00:18:20	Kieran McQuade (M Sen)	Dumbarton AAC
25	00:15:04	Tom Brian (M Sen)	Metro Aberdeen Running Club	65	00:18:21	Robert Pattinson (M 45)	Motherwell AC B
26	00:15:08	Luke McIlvenna (M Sen)	Motherwell AC	66	00:18:39	Shaun Cavens (M 50)	Corstorphine AAC G
27	00:15:10	James Montgomery (M Sen)	Bellahouston Road Runners	67	00:18:57	Matthew Newnham (M 55)	Edinburgh AC D
28	00:15:10	Andrew Mitchell (M Sen)	University of St Andrews CC	68	00:19:00	Kenneth Wales (M 45)	Kilmarnock H&AC C
29	00:15:13	John Denovan (M Sen)	Westerlands XC Club	69	00:19:06	Colin Douglas (M 40)	Helensburgh AAC
30	00:15:14	Andrew Robert Gibson (M Sen)	Garscube Harriers	70	00:19:20	James Healy (M 45)	Ron Hill Cambuslang Harriers D
31	00:15:16	Niall Walker (M Sen)	East Kilbride A.C.	71	00:19:33	Robert Young (M 70)	Clydesdale Harriers C
32	00:15:31	Mark Hand (M 40)	Law & District AAC B	72	00:19:38	Kieran McLaughlin (M Sen)	Garscube Harriers D
33	00:15:32	Frank Boyne (M 45)	Aberdeen AAC C	73	00:19:46	Terence Grady (M 55)	Hamilton Harriers C
34	00:15:43	David Limmer (M Sen)	Portobello Running Club	74	00:19:58	Martin Leadbetter (M 55)	Lothian Running Club C
35	00:15:47	Michael O'Hagan (M 45)	Ron Hill Cambuslang Harriers C	75	00:20:11	Ross Martin (M Sen)	Glasgow University H and H B
36	00:15:47	Patrick Bowman (MU20)	VP-Glasgow AC	76	00:20:37	Barry Davie (M Sen)	Carnegie Harriers C
37	00:15:48	Keith Dunlop (M Sen)	Edinburgh AC E	77	00:22:21	James Murray (M Sen)	Ayr Seaforth AC B
38	00:15:55	Robert O'Neill (M Sen)	Clydesdale Harriers	78	00:23:02	Peter Middleton (M Sen)	Hamilton Harriers B
39	00:16:00	Scott Lyden (M Sen)	Kilmarnock H&AC	79	00:23:04	Tom Tracey (M 60)	Inverclyde AC D
40	00:16:05	Gareth Lake (M Sen)	Aberdeen AAC B	80	00:25:33	Ian Marshall (M 65)	Hunters Bog Trotters D

### Stage 1

1	00:17:09	Gillian Sangster (F40)	Dundee Road Runners AC	9	00:19:31	Kirsty Baird (F40)	Carnegie Harriers D
2	00:17:09	Fiona Dalgleish (F40)	Gala Harriers	10	00:20:18	Phyllis Hands (F55)	Motherwell AC B
3	00:17:38	Jo Phillips (F40)	Edinburgh AC F	11	00:20:25	Ausrine Ward (F Sen)	Kirkintilloch Olympians C
4	00:17:58	Anya Campbell (F40)	Gala Harriers B	12	00:20:42	Pamela Cruickshanks (F50)	Anster Haddies Running Club
5	00:17:59	Jennifer Clark (F 40)	Bellahouston Harriers	13	00:20:49	Elizabeth McAuslan (F45)	Greenock Glenpark B
6	00:18:16	Anne Marie McGregor (F40)	Kirkintilloch Olympians	14	00:21:18	Shery Johnston (F45)	Portobello Running Club B
7	00:18:28	Fabienne Thompson (F45)	Carnegie Harriers	15	00:21:26	Alison Whyte (F45)	Carnegie Harriers C
8	00:18:37	Sandra Rathjen (F40)	Hunters Bog Trotters B				

### Stage 2

1	00:18:14	Rachel Fagan (F40)	Gala Harriers	9	00:20:04	Marian Monk (F40)	Greenock Glenpark B
2	00:18:25	Annamarie McCaffrey (F45)	Kirkintilloch Olympians	10	00:20:07	Dawn Grant (F40)	Gala Harriers B
3	00:18:33	Erica Christie (F55)	Bellahouston Harriers	11	00:20:11	Clare Barr (F45)	Motherwell AC B
4	00:18:36	Isobel Burnett (F55)	Carnegie Harriers	12	00:20:39	Zoe Kemp (F40)	Hunters Bog Trotters B
5	00:18:58	Sharyn Ramage (F50)	Edinburgh AC F	13	00:21:38	Lesley Halstead (F45)	Carnegie Harriers C
6	00:19:13	Elise Methven (F60)	Anster Haddies Running Club	14	00:22:03	Vivien Fraser (F45)	Kirkintilloch Olympians C
7	00:19:18	Monica Flanagan (F40)	Portobello Running Club B	15	00:22:15	Gail Rattray (F 40)	Dundee Road Runners AC
8	00:20:04	Helena Sim (F50)	Carnegie Harriers D				

### Stage 3

1	00:16:38	Megan Wright (F40)	Hunters Bog Trotters B	8	00:19:03	Fiona Wright (F40)	Portobello Running Club B
2	00:17:29	Kate Jenkins (F40)	Gala Harriers	9	00:19:17	Morag Taggart (F55)	Dundee Road Runners AC
3	00:18:22	Karen Dobbie (F45)	Edinburgh AC F	10	00:20:16	Rhonda White (F40)	Greenock Glenpark B
4	00:18:37	Gail Murdoch (F45)	Carnegie Harriers	11	00:20:29	Hazel Bradley (F60)	Anster Haddies Running Club
5	00:18:43	Elaine Hogg (F45)	Kirkintilloch Olympians	12	00:20:58	Samantha Newington (F40)	Carnegie Harriers D
6	00:18:52	Fiona Shepherd (F45)	Gala Harriers B	13	00:22:19	Gillian McCracken (F45)	Carnegie Harriers C
7	00:19:02	Bernadette O'Neil (F45)	Bellahouston Harriers	14	00:23:04	Sian Casey (F45)	Kirkintilloch Olympians C

### Stage 1

1	00:14:13	Stephen Wylie (M 40)	Ron Hill Cambuslang Harriers E	12	00:17:03	Robin Mussett (M 50)	Central AC E
2	00:14:53	Ian Johnston (M 45)	Shettleston Harriers C	13	00:17:10	Henry Merriweather (M 40)	Bellahouston Road Runners D
3	00:14:55	Graham McCabe (M 40)	Kirkintilloch Olympians	14	00:17:38	Ken Mortimer (M 50)	Edinburgh AC B
4	00:15:01	David Tamburini (M 40)	Greenock Glenpark Harriers B	15	00:17:53	Alan Johnston (M 40)	Gala Harriers C
5	00:15:04	Greig Glendinning (M 50)	Bellahouston Road Runners B	16	00:18:04	Michael Harrington (M 50)	Greenock Glenpark Harriers G
6	00:15:19	Richard Lewis (M 40)	Corstorphine AAC E	17	00:18:23	Andrew Henderson (M 60)	Calderglen Harriers C
7	00:15:33	Sam McVicar (M 40)	Greenock Glenpark Harriers E	18	00:18:28	John Martin (M 55)	Falkirk Victoria Harriers B
8	00:15:42	Crawford Little (M 45)	VP-Glasgow AC C	19	00:19:19	Mark Johnstone (M 40)	Carnegie Harriers B
9	00:15:50	Leslie McDerment (M 40)	Kilmarnock H&AC B	20	00:19:30	Ged Smith (M 40)	Teviotdale Harriers B
10	00:16:14	Jon Rathjen (M 45)	Hunters Bog Trotters E	21	00:20:19	Robert Carson (M 60)	Bellahouston Harriers C
11	00:16:24	Brian McLinden (M 40)	Motherwell AC D				

### Stage 2

1	00:14:51	Stephen Allan (M 40)	Kirkintilloch Olympians	12	00:16:58	Robert Adams (M 45)	Greenock Glenpark Harriers E
2	00:15:01	Steven Campbell (M 40)	Greenock Glenpark Harriers B	13	00:17:23	Chris Creegan (M 50)	Edinburgh AC B
3	00:15:06	Alastair Ewen (M 40)	Bellahouston Road Runners B	14	00:17:43	Gordon McArthur (M 40)	Motherwell AC D
4	00:15:09	Greg Hastie (M 40)	Ron Hill Cambuslang Harriers E	15	00:17:49	Malcolm Finlayson (M 45)	Falkirk Victoria Harriers B
5	00:15:27	Ewan Jack (M 40)	Central AC E	16	00:18:02	Jim Holmes (M 45)	Calderglen Harriers C
6	00:15:30	John Connaghan (M 40)	Shettleston Harriers C	17	00:18:11	Gerry Hanlon (M 50)	Bellahouston Road Runners D
7	00:15:32	Colin Glencourse (M 40)	Kilmarnock H&AC B	18	00:18:21	Derrick Brydon (M 40)	Gala Harriers C
8	00:16:28	James Jarvis (M 40)	Hunters Bog Trotters E	19	00:18:39	Michael Yule (M 45)	Teviotdale Harriers B
9	00:16:33	Peter Jardine (M 45)	VP-Glasgow AC C	20	00:18:41	Ross Slater (M 50)	Greenock Glenpark Harriers G
10	00:16:40	Alan Cameron (M 40)	Corstorphine AAC E	21	00:20:42	James McMillan (M 70)	Bellahouston Harriers C
11	00:16:41	Peter Humphreys (M 45)	Carnegie Harriers B				

### Stage 3

1	00:13:51	Kerry-Liam Wilson (M 40)	Ron Hill Cambuslang Harriers E	12	00:16:37	Andrew Latham (M 45)	Edinburgh AC B
2	00:15:28	Andrew White (M 45)	Greenock Glenpark Harriers B	13	00:16:46	Jim Robinson (M 50)	Bellahouston Road Runners D
3	00:15:30	Liam Conway (M 45)	Bellahouston Road Runners B	14	00:17:47	William Mcculloch (M 55)	Gala Harriers C
4	00:15:34	Philip Williams (M 40)	Central AC E	15	00:18:23	David Herbertson (M 40)	Calderglen Harriers C
5	00:15:45	Howard Elliott (M 45)	Kirkintilloch Olympians	16	00:18:32	Robin McAuslan (M 50)	Greenock Glenpark Harriers G
6	00:16:06	Gerard Craig (M 45)	VP-Glasgow AC C	17	00:18:39	Robert Milton (M 50)	Carnegie Harriers B
7	00:16:11	Kevan McCartney (M 40)	Greenock Glenpark Harriers E	18	00:19:53	Brian Pendreigh (M 55)	Hunters Bog Trotters E
8	00:16:20	Connell Drummond (M 40)	Kilmarnock H&AC B	19	00:20:54	Iain Burke (M 65)	Bellahouston Harriers C
9	00:16:25	Walter Henderson (M 40)	Shettleston Harriers C	20	00:20:56	Alan Coltman (M 45)	Teviotdale Harriers B
10	00:16:28	Dean Carr (M 40)	Corstorphine AAC E	21	00:21:27	Gordon Dewar (M 45)	Falkirk Victoria Harriers B
11	00:16:33	Andrew Buchanan (M 40)	Motherwell AC D				

### Stage 4

1	00:14:10	Jamie Reid (M 40)	Ron Hill Cambuslang Harriers E	12	00:17:00	Ian McPherson (M 45)	Corstorphine AAC E
2	00:15:26	Paul Monaghan (M 40)	Greenock Glenpark Harriers B	13	00:17:13	Mark Gallacher (M 40)	Motherwell AC D
3	00:15:29	Scott Martin (M 45)	Kilmarnock H&AC B	14	00:17:31	Ralph Connolly (M 45)	VP-Glasgow AC C
4	00:15:41	Russell Whittington (M 40)	Bellahouston Road Runners B	15	00:17:36	Rory Campbell (M 40)	Gala Harriers C
5	00:15:42	David Hogg (M 40)	Kirkintilloch Olympians	16	00:17:40	Robert Wilson (M 55)	Greenock Glenpark Harriers E
6	00:16:24	Alan Derrick (M 45)	Calderglen Harriers C	17	00:19:35	Kevin James Gill (M 45)	Greenock Glenpark Harriers G
7	00:16:32	Gerard Scullion (M 45)	Bellahouston Road Runners D	18	00:19:36	John Denholm (M 60)	Falkirk Victoria Harriers B
8	00:16:33	Robert Hamilton (M 40)	Edinburgh AC B	19	00:19:58	Ian Campbell (M 45)	Hunters Bog Trotters E
9	00:16:34	Steven King (M 40)	Carnegie Harriers B	20	00:21:48	Paul Lockie (M 45)	Teviotdale Harriers B
10	00:16:34	Neil Cameron (M 45)	Central AC E	21	00:22:14	Christopher Steward (M 60)	Bellahouston Harriers C
11	00:16:34	John J Duffy (M 50)	Shettleston Harriers C				

### Stage 1

1	00:19:24	Patricia Milne (F50)	Central AC C	3	00:19:43	Hilary Millar (F50)	Giffnock North AAC
2	00:19:32	Marie McChord (F55)	Kirkintilloch Olympians B				

### Stage 2

1	00:19:32	Li Wang (F50)	Giffnock North AAC	3	00:22:50	Ada Stewart (F50)	Kirkintilloch Olympians B
2	00:19:57	Jane Waterhouse (F60)	Central AC C				

### Stage 3

1	00:19:03	Hazel Dean (F50)	Central AC C	3	00:24:18	Shirley MacNab (F50)	Kirkintilloch Olympians B
2	00:20:56	Maureen McVey (F50)	Giffnock North AAC				

### Stage 1

1	00:15:23	Paul Thompson (M 50)	Ron Hill Cambuslang Harriers F	11	00:16:23	Alick Walkinshaw (M 50)	Ron Hill Cambuslang Harriers G
2	00:15:26	Robert McLennan (M 55)	Garscube Harriers E	12	00:16:39	Kenneth Anthony (M 50)	Fife AC
3	00:15:34	Denis Williams (M 50)	Shettleston Harriers D	13	00:16:50	Derek Watson Snr. (M 50)	VP-Glasgow AC D
4	00:15:36	Graeme Fletcher (M 50)	Corstorphine AAC D	14	00:17:18	John Gilhooly (M 55)	Bellahouston Road Runners F
5	00:15:46	David Cross (M 50)	Edinburgh AC	15	00:18:16	Stuart Watson (M 50)	Central AC F
6	00:15:56	Ian Stewart (M 55)	Carnegie Harriers	16	00:18:38	John Quinn (M 55)	Westerlands XC Club B
7	00:16:03	Martin Duthie (M 50)	Calderglen Harriers	17	00:19:11	Don Reid (M55)	Westerlands XC Club C
8	00:16:03	Matthew Strachan (M 50)	Dundee Hawkhill Harriers B	18	00:19:17	Allan Gall (M 55)	Central AC G
9	00:16:13	Benjamin Hands (M 50)	Motherwell AC E	19	00:19:54	Kenton Jones (M 50)	Lothian Running Club D
10	00:16:22	Steven Mcloone (M 50)	Greenock Glenpark Harriers D				

### Stage 2

1	00:15:41	Chris Upson (M 50)	Ron Hill Cambuslang Harriers F	10	00:16:25	Francis Hurley (M 60)	Ron Hill Cambuslang Harriers G
2	00:15:47	John Blair (M 50)	Edinburgh AC	11	00:16:26	Andrew McCaffery (M 50)	Calderglen Harriers
3	00:15:48	Keith Gibb (M 50)	Bellahouston Road Runners F	12	00:17:23	Gibson Fleming (M 70)	Westerlands XC Club B
4	00:15:58	Michael Mcloone Snr (M 50)	Greenock Glenpark Harriers D	13	00:17:49	Nigel Reynolds (M 50)	Dundee Hawkhill Harriers B
5	00:16:04	John Oates (M 55)	Shettleston Harriers D	14	00:17:55	John Hynd (M 50)	Carnegie Harriers
6	00:16:07	David Dickson (M 55)	Garscube Harriers E	15	00:19:06	Kenneth Morris (M 65)	Fife AC
7	00:16:07	David McCormack (M 50)	VP-Glasgow AC D	16	00:20:35	John Millar (M 60)	Central AC G
8	00:16:15	Bruce Malcolm (M 50)	Corstorphine AAC D	17	00:21:05	Raymond J Milne (M 50)	Central AC F
9	00:16:22	Graeme Kennedy (M 50)	Motherwell AC E	18	00:21:12	Kenny Mearns (M 55)	Lothian Running Club D

### Stage 3

1	00:14:37	Andy Little (M 50)	Shettleston Harriers D	10	00:16:59	Athole Smith (M 50)	Garscube Harriers E
2	00:15:09	Alexander Robertson (M 50)	Motherwell AC E	11	00:17:19	Edward Reid (M 50)	Calderglen Harriers
3	00:15:25	Ian Johnston (M 50)	Corstorphine AAC D	12	00:17:20	Tom Ord (M 55)	VP-Glasgow AC D
4	00:15:28	Martin Ferguson (M 50)	Edinburgh AC	13	00:17:30	John Crookston (M 55)	Carnegie Harriers
5	00:15:40	Colin Feechan (M 55)	Ron Hill Cambuslang Harriers F	14	00:18:32	D.Melville Scobie (M 65)	Fife AC
6	00:16:40	Graham Mcgrattan (M 55)	Greenock Glenpark Harriers D	15	00:18:42	Edward Carr (M 50)	Ron Hill Cambuslang Harriers G
7	00:16:42	Craig Ross (M 55)	Dundee Hawkhill Harriers B	16	00:19:19	Billy Mitchell (M 50)	Central AC F
8	00:16:54	Alastair MacLachlan (M 55)	Bellahouston Road Runners F	17	00:20:05	Cameron Campbell (M 55)	Central AC G
9	00:16:58	David Calder (M 50)	Westerlands XC Club B				