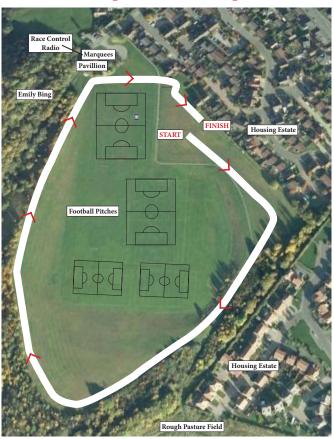
# **Lasswade AC 33rd Cross Country Meeting – Sunday 2nd November 2014**

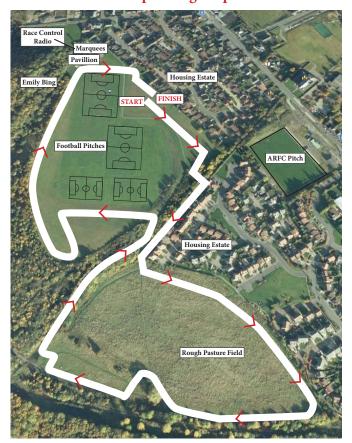
## **Course Maps**

## Age group event numbers, start times and distances overleaf

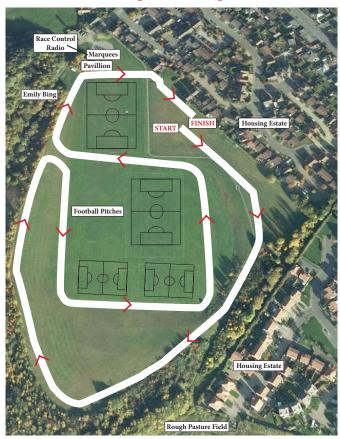




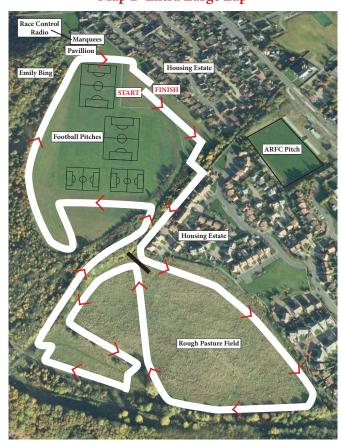
Map C Large Lap



Map B Small Lap



Map D Extra Large Lap



# **Race Timetable**

Event No	Age Group	Start Time	Distance	Course Maps
Race 1	Under 11 Girls	12·30 pm	1 Mile	$1 \times B$
Race 2	Under 11 Boys	12·35 pm	1 Mile	1 × B
Race 3	Under 13 Girls	12·40 pm	2 Miles	2 × B
Race 4	Under 13 Boys	12·50 pm	2 Miles	$2 \times B$
Race 5	Under 15 Girls	1·00 pm	2 Miles	$2 \times B$
Race 6	Under 15 Boys	1·10 pm	3 Miles	$1 \times C + 1 \times D$
Race 7	Under 17 Women & Under 20 Women	1·30 pm	3 Miles	$1 \times C + 1 \times D$
Race 8	Senior Women, Veteran Women & Under 17 Men	2·00 pm	3·8 Miles	$1 \times A + 2 \times D$
Race 9	Under 20 Men, Senior Men & Veteran Men	2·30 pm	6 Miles	$1 \times B + 3 \times D$

### **Directions to Lasswade AC Cross Country Meeting**

#### Gore Glen Playing Fields

#### Engine Road, Gorebridge, Midlothian



Gorebridge is located approximately 10 miles South of Edinburgh off the A7, and 4 miles South of the Sheriffhall Junction on the A720 Edinburgh City Bypass. Direction signs will be erected from Sheriffhall to the course and registration on the day of the event.

#### From the North, East & West

Heading towards Edinburgh, take the A720 Edinburgh City Bypass, following directions for the A7. At the Sheriffhall Junction, follow the signs for A7 and continue for approximately 3·5 miles, passing under the railway viaduct and past the Scottish Mining Museum at Newtongrange, until the traffic lights immediately beside the Shell garage at the crossroads with the B704. Turn left at the lights on to the B704 which leads on to Hunterfield Road.

To get to the course and event parking, turn right immediately before the Hunterfield Tavern (approx 0.7 miles after the traffic lights) on to Engine Road. Registration at Gorebridge Leisure Centre is a further 0.2 miles on the left, off Hunterfield Road. Parking is very limited at Registration.

#### From the South

Take the A7 heading towards Edinburgh. Approximately 1·5 miles past North Middleton, turn right at the crossroads with the B6372 on to Powdermill Brae and continue straight on for approx 0·75 miles via Station Road to Hunterfield Road. Registration is on the right beside the church, off Hunterfield Road, and entry to the course and event parking via Engine Road is a further 0·2 miles past Registration on the left.

### Directions from registration to the course

