

National Senior Indoor Championships - 01/02/2015**Emirates Arena****Results - Saturday Track****Event 1 Men 60 Meter Hurdles**

Name	Age	Team	Seed	Prelims
Heat 1 Preliminaries				
1 Jack Lawrie		Pitreavie Aac	8.38	8.38q
2 Andrew Murphy		Kilbarchan Aac	8.69	8.57q

Event 2 Women 60 Meter Hurdles

Name	Age	Team	Seed	Prelims
Heat 1 Preliminaries				
1 Catriona Pennet		Edinburgh AC	8.73	8.94Q
2 Jade Nimmo		Sale Harriers	8.98	8.98Q
3 Emma Brown		Vp-Glasgow AC	9.05	9.02Q
4 Charlotte Robison		Edinburgh AC		9.23q
5 Eleanor Newton		Edinburgh Un	9.25	9.68
6 Niamh Guest		Pitreavie Aac	9.28	9.89
Heat 2 Preliminaries				
1 Mhairi Patience		Vp-Glasgow AC	8.98	8.87Q
2 Heather Paton		Worcester AC	8.81	8.88Q
3 Emma Canning		Whitemoss Aac	9.17	9.12Q
4 Yasmin Milne		Edinburgh AC	9.06	9.21q
5 Anna Nelson		Inverness Ha	9.40	9.74

Event 3 Men 60 Meter Dash

Name	Age	Team	Seed	Prelims
Heat 1 Preliminaries				
1 Alec Thomas			7.15	7.03Q
2 Isaiah Adekanmbi		Vp-Glasgow AC	6.89	7.07Q
3 Kade Thomas			7.18	7.26Q
4 Jordan Charters		Lasswade Aac	7.30	7.32q
5 Craig Gillan		Tweed Leader	7.29	7.51q
Heat 2 Preliminaries				
1 Ryan Oswald		Pitreavie Aac	6.91	7.15Q
2 Johnathan McGuire		Central AC	7.40	7.27Q
3 John Ruddy HI		Shettleston	7.27	7.31Q
4 Daniel Cairns		Vp-Glasgow AC	7.19	7.34q
5 John Mulhern Armstrong			7.10	7.64
Heat 3 Preliminaries				
1 Cameron Tindle		Edinburgh AC	6.98	6.97Q
2 Ashim Burungu			7.10	7.21Q
3 Scott Michael		Shildon Rac	7.26	7.34Q
4 William Murray		Pitreavie Aac	7.20	7.54
5 Kyle Laing		Edinburgh Un	7.46	7.60
Heat 4 Preliminaries				
1 John McCall		Vp-Glasgow AC	7.07	7.24Q
2 Scott Young		Kilmarnock H&Ac	7.22	7.29Q
3 Steven Park			7.06	7.45Q
4 Steven Beattie		Vp-Glasgow AC	7.23	7.48q
5 Jonathan McKenna				8.17
6 Fraser McKenzie		Ayr Seaforth Aac	8.41	8.36

National Senior Indoor Championships - 01/02/2015**Emirates Arena****Results - Saturday Track****Event 4 Women 60 Meter Dash**

Name	Age Team	Seed	Prelims
Heat 1 Preliminaries			
1 Zoey Clark	Thames Valle	7.65	7.63Q
2 Alisha Rees	Banchory Sto	7.74	7.68Q
3 Caroline George	Ayr Seaforth Aac	8.10	7.97Q
4 Suzanne Stephen	Vp-Glasgow AC	7.80	8.14q
5 Aimee McGinley	Ayr Seaforth Aac	8.14	8.25
Heat 2 Preliminaries			
1 Jill Cherry	Vp-Glasgow AC	7.73	7.74Q
2 Gillian Cooke	Edinburgh AC	7.85	7.77Q
3 Selina Henderson	Falkirk Vict	7.88	7.79Q
4 Chloe Lambert	Vp-Glasgow AC	7.71	7.98q
5 Erin Leggate	Vp-Glasgow AC		8.15
6 Anna Walker	Kilmarnock H&Ac	8.93	8.80

Event 6 Men 400 Meter Run

Name	Age Team	Seed	Prelims
Heat 1 Preliminaries			
1 Patrick Swan		46.75	50.32Q
2 Daniel Lafferty	Shettleston	50.77	50.46Q
3 Calum McWilliam	Giffnock North Aac	50.59	50.48q
4 David Agnew	Pitreavie Aac	51.88	51.90
5 Paul Davidson - T20	Inverness Ha	52.74	52.60
Heat 2 Preliminaries			
1 Dylan Ali		51.34	50.10Q
2 Craig Knowles	Corstorphine Aac	50.40	50.23Q
3 Connor Henderson	Kilbarchan Aac	49.27	50.27q
4 John Mulhern	Vp-Glasgow AC	51.05	51.42

Event 7 Men 60 Meter Dash

Name	Age Team	Prelims	Semis
Heat 1 Semi-Finals			
1 Isaiah Adekanmbi	Vp-Glasgow AC	7.07	7.06Q
2 John McCall	Vp-Glasgow AC	7.24	7.17Q
3 Kade Thomas		7.26	7.24Q
4 Scott Young	Kilmarnock H&Ac	7.29	7.31q
5 Steven Park		7.45	7.38
6 Jordan Charters	Lasswade Aac	7.32	7.41
Heat 2 Semi-Finals			
1 Alec Thomas		7.03	7.04Q
2 Ashim Burungu		7.21	7.12Q
3 Ryan Oswald	Pitreavie Aac	7.15	7.23Q
4 Scott Michael	Shildon Rac	7.34	7.32q
5 Johnathan McGuire	Central AC	7.27	7.34
6 John Ruddy HI	Shettleston	7.31	7.35
7 Daniel Cairns	Vp-Glasgow AC	7.34	7.38
8 Steven Beattie	Vp-Glasgow AC	7.48	7.42

National Senior Indoor Championships - 01/02/2015**Emirates Arena****Results - Saturday Track****Event 8 Men 60 Meter Hurdles**

Name	Age	Team	Prelims	Finals	Points
Section 1 Finals					
1 Jack Lawrie		Pitreavie Aac	8.38	8.37	
2 Andrew Murphy		Kilbarchan Aac	8.57	8.57	

Event 9 Women 60 Meter Hurdles

Name	Age	Team	Prelims	Finals	Points
1 Mhairi Patience		Vp-Glasgow AC	8.87	8.72	
2 Heather Paton		Worcester AC	8.88	8.81	
3 Catriona Pennet		Edinburgh AC	8.94	8.86	
4 Emma Canning		Whitemoss Aac	9.12	9.11	
5 Emma Brown		Vp-Glasgow AC	9.02	9.12	
6 Charlotte Robison		Edinburgh AC	9.23	9.15	
7 Yasmin Milne		Edinburgh AC	9.21	9.16	
-- Jade Nimmo		Sale Harriers	8.98	DNF	

Event 10 Men 800 Meter Run

Name	Age	Team	Seed	Prelims	Points
Heat 1 Preliminaries					
1 Jack Walker		Giffnock North Aac	2:01.00	1:57.90Q	
2 Craig Robertson		Pitreavie Aac	1:52.00	1:58.53q	
3 Robbie Barr		Vp-Glasgow AC	1:58.00	2:00.79	
4 Owen Miller - T20		Dunfermline	1:59.00	2:01.77	
5 Craig Whyteside		Whitemoss Aac	2:03.00	2:02.51	
6 Alan Williamson		Shetland Aac	2:01.00	2:06.69	
Heat 2 Preliminaries					
1 Donald Macleod			1:54.00	1:58.24Q	
2 Todor Rusanov		Edinburgh AC	2:01.00	1:59.90q	
3 Callum Hunter		Inverclyde AC	1:59.00	2:00.20q	
4 Patrick Bowman		Vp-Glasgow AC	2:01.00	2:04.04	
-- Ben Potrykus		Pitreavie Aac	1:57.00		DQ Rule 112.1
Heat 3 Preliminaries					
1 John Ball		Glasgow Scho	1:54.00	2:00.66Q	
2 Lloyd Kempson		Nene Valley AC	1:56.55	2:01.23	
3 Andrew Clark		Giffnock North Aac	2:01.00	2:04.71	
4 Craig Prior		Clydesdale Harriers	2:03.60	2:11.68	
5 Matthew Thomson		Inverclyde AC	2:10.00	2:13.37	

Event 11 Men 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
Section 1					
1 Myles Edwards		Thames Valle	3:46.90	3:56.59	
2 Howell Craske		Corstorphine Aac	3:51.16	3:58.21	
3 Grant Muir		Giffnock North Aac	3:48.00	3:59.17	
4 Euan Martin		Falkirk Vict	3:56.00	4:00.12	
5 Dale Colley		Central AC	3:35.00	4:00.93	
6 Dermot Cummins		Corstorphine Aac	3:55.00	4:01.09	
7 Callum Matthews		Kilbarchan Aac	3:59.00	4:02.80	

National Senior Indoor Championships - 01/02/2015**Emirates Arena****Results - Saturday Track****...Event 11 Men 1500 Meter Run**

8 Samuel Davies	Kilbarchan Aac	4:07.00	4:08.35
9 Patryk Gierjatowicz	Hunters Bog	4:10.00	4:18.38
10 Adam Redpath	Vp-Glasgow AC	4:35.00	4:28.11
11 Kenneth Hislop	Central AC	5:35.00	5:30.47

Event 12 Women 60 Meter Dash

Name	Age Team	Prelims	Finals	Points
Section 1 Finals				
1 Zoey Clark	Thames Valle	7.63	7.58	
2 Alisha Rees	Banchory Sto	7.68	7.61	
3 Gillian Cooke	Edinburgh AC	7.77	7.81	
4 Caroline George	Ayr Seaforth Aac	7.97	7.86	
4 Jill Cherry	Vp-Glasgow AC	7.74	7.86	
6 Selina Henderson	Falkirk Vict	7.79	7.88	
7 Chloe Lambert	Vp-Glasgow AC	7.98	7.94	
8 Suzanne Stephen	Vp-Glasgow AC	8.14	8.23	

Event 13 Men 60 Meter Dash

Name	Age Team	Semis	Finals	Points
1 Alec Thomas		7.04	6.98	
2 Isaiah Adekanmbi	Vp-Glasgow AC	7.06	7.01	
3 Ashim Burungu		7.12	7.10	
4 John McCall	Vp-Glasgow AC	7.17	7.14	
5 Kade Thomas		7.24	7.21	
6 Scott Young	Kilmarnock H&Ac	7.31	7.40	
7 Scott Michael	Shildon Rac	7.32	7.42	

Event 15 Men 200 Meter Dash

Name	Age Team	Seed	Prelims
Heat 1 Preliminaries			
1 Grant Plenderleith	Falkirk Vict	21.30	22.22Q
2 Ashim Burungu		22.68	22.84Q
3 Daniel Cairns	Vp-Glasgow AC	22.60	23.55q
4 Jonathan McKenna			27.48
-- Fraser McKenzie	Ayr Seaforth Aac	27.01	DQ Rule 112.1
Heat 2 Preliminaries			
1 Tom Holligan	Woodford Green	21.71	22.92Q
2 Steven Beattie	Vp-Glasgow AC	22.40	24.01Q
3 John Mulhern Armstrong		25.00	24.44
-- Robbie Shaw	Aberdeen Aac	22.80	DNF
Heat 3 Preliminaries			
1 Alec Thomas		22.24	22.77Q
2 Elliot Heath	Giffnock North Aac	21.77	23.94Q
3 Scott Young	Kilmarnock H&Ac	23.67	24.13q
Heat 4 Preliminaries			
1 Zach Bryson	Whitemoss Aac	21.91	22.50Q
2 John Ruddy HI	Shettleston	23.23	23.17Q
3 Craig Gillan	Tweed Leader	23.19	23.65q
4 Steven Park		21.98	23.80q

National Senior Indoor Championships - 01/02/2015**Emirates Arena****Results - Saturday Track****Event 16 Women 200 Meter Dash**

Name	Age Team	Seed	Prelims
Heat 1 Preliminaries			
1 Beth Dobbin	Edinburgh AC	24.31	24.87Q
2 Caroline George	Ayr Seaforth Aac	26.00	25.95Q
3 Suzanne Stephen	Vp-Glasgow AC	24.84	27.01q
Heat 2 Preliminaries			
1 Zoey Clark	Thames Valle	24.62	24.53Q
2 Chloe Lambert	Vp-Glasgow AC	24.59	25.21Q
3 Susan Young	Dundee Hawkh	25.93	27.19q
4 Marie Dobson	Aberdeen Aac	25.94	27.58

Event 17 Women 1500 Meter Run

Name	Age Team	Seed	Finals	Points
Section 1				
1 Jenny Tan	Fife AC	4:20.00	4:25.40	
2 Laura Dunn	Edinburgh AC	4:20.00	4:27.87	
3 Rebecca Burns	Pitreavie Aac	4:35.00	4:37.62	

Event 18 Women 400 Meter Run

Name	Age Team	Seed	Finals	Points
1 Hayley Mills	Wigan Harriers	53.23	55.67	
2 Avril Jackson	Edinburgh AC	56.77	58.15	
3 Anna Nelson	Inverness Ha	60.00	60.15	
4 Susan Young	Dundee Hawkh	58.98	60.68	
5 Marie Dobson	Aberdeen Aac	58.64	61.02	

Event 19 Men 400 Meter Run

Name	Age Team	Prelims	Finals	Points
Section 1 Finals				
1 Patrick Swan		50.32	48.75	
2 Dylan Ali		50.10	49.67	
3 Daniel Lafferty	Shettleston	50.46	50.82	
4 Calum McWilliam	Giffnock North Aac	50.48	52.37	
-- Craig Knowles	Corstorphine Aac	50.23	DNF	
-- Connor Henderson	Kilbarchan Aac	50.27	DQ	Rule 112.2

Event 20 Men 200 Meter Dash

Name	Age Team	Prelims	Semis
Heat 1 Semi-Finals			
1 Grant Plenderleith	Falkirk Vict	22.22	21.58Q
2 Tom Holligan	Woodford Green	22.92	22.37Q
3 Daniel Cairns	Vp-Glasgow AC	23.55	23.70
4 Scott Young	Kilmarnock H&Ac	24.13	24.34
Heat 2 Semi-Finals			
1 Alec Thomas		22.77	21.81Q
2 Zach Bryson	Whitemoss Aac	22.50	21.98Q

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3	Elliot Heath	Giffnock North Aac	23.94	22.45q
4	John Ruddy HI	Shettleston	23.17	22.77q
5	Craig Gillan	Tweed Leader	23.65	23.70
6	Steven Park		23.80	23.75

Event 21 Women 800 Meter Run

Name	Age	Team	Seed	Finals	Points
Section 1					
1	Leah Barrow	Windsor Slou	2:06.00	2:05.45	
2	Maddeline Murray	Edinburgh AC	2:07.00	2:05.90	
3	Philippa Millage	Vp-Glasgow AC	2:06.50	2:07.08	
4	Mhairi Hendry	Vp-Glasgow AC	2:06.37	2:08.18	
5	Sarah Olivia Eunson	Giffnock North Aac	2:10.00	2:10.28	
6	Jemma Reekie	Kilbarchan Aac	2:09.00	2:13.02	

Event 22 Men 800 Meter Run

Name	Age	Team	Prelims	Finals	Points
Section 1 Finals					
1	Donald Macleod		1:58.24	1:58.32	
2	Jack Walker	Giffnock North Aac	1:57.90	1:59.60	
3	John Ball	Glasgow Scho	2:00.66	1:59.98	
4	Craig Robertson	Pitreavie Aac	1:58.53	2:00.23	
5	Todor Rusanov	Edinburgh AC	1:59.90	2:06.06	

Event 23 Women 200 Meter Dash

Name	Age	Team	Prelims	Finals	Points
1	Zoey Clark	Thames Valle	24.53	23.96	
2	Beth Dobbin	Edinburgh AC	24.87	24.17	
3	Chloe Lambert	Vp-Glasgow AC	25.21	25.01	
4	Caroline George	Ayr Seaforth Aac	25.95	25.94	
5	Suzanne Stephen	Vp-Glasgow AC	27.01	27.40	
6	Susan Young	Dundee Hawkh	27.19	27.60	

Event 24 Men 200 Meter Dash

Name	Age	Team	Semis	Finals	Points
1	Grant Plenderleith	Falkirk Vict	21.58	21.63	
2	Alec Thomas		21.81	21.70	
3	Zach Bryson	Whitemoss Aac	21.98	21.93	
4	Tom Holligan	Woodford Green	22.37	22.05	
5	John Ruddy HI	Shettleston	22.77	23.28	
6	Elliot Heath	Giffnock North Aac	22.45	51.89	

National Senior Indoor Championships - 01/02/2015**Emirates Arena
Results - Saturday Field****Event 1 Men Long Jump**

Name	Age	Team	Seed	Finals	Points
Flight 1					
1 David John Martin		Shettleston	7.40m	7.08m	
2 Ben Porter		Gateshead Harriers	7.12m	7.01m	
3 Garry Mckay		Edinburgh AC	7.30m	6.84m	
4 Sam Lyon		Aberdeen Aac	7.05m	6.78m	
5 Peter Muirhead		Central AC	7.01m	6.72m	
6 James Andrew		Jarrow & Hebburn	7.02m	6.64m	
7 Fraser McKenzie		Ayr Seaforth Aac	4.50m	4.51m	

Event 2 Mixed Pole Vault

Name	Age	Team	Seed	Finals	Points
1 Samuel Adams	M	Vp-Glasgow AC	4.73m	4.65m	
2 Andrew Murphy	M	Kilbarchan Aac	4.21m	4.20m	
3 Tom Chandler	M	Central AC	3.80m	4.00m	
4 Anna Gordon	W	Pitreavie Aac	3.80m	3.70m	
5 Hannah Lawler	W	Edinburgh AC	3.50m	3.50m	

Event 3 Women Long Jump

Name	Age	Team	Seed	Finals	Points
1 Sarah Warnock		Edinburgh AC	6.42m	6.21m	
2 Gillian Cooke		Edinburgh AC	6.43m	6.06m	
3 Rachel Alexander		Giffnock North Aac	5.73m	5.93m	
4 Faye Nicholson		Bedford & County AC	6.14m	5.90m	
5 Rachel Robertson		Lasswade Aac	5.73m	5.75m	
6 Hollie Lister		Vp-Glasgow AC	5.54m	5.46m	

Event 4 Mixed Shot Put

Name	Age	Team	Seed	Finals	Points
1 Alan Toward	M	Enfield & Haringey	14.82m	14.17m	
2 Angus McInroy	M	Shaftesbury	14.79m	14.10m	
3 Andrew Murphy	M	Kilbarchan Aac	13.87m	13.16m	
4 Sam O'Kane	M	Kilbarchan Aac	12.86m	12.78m	
5 Graeme Ferguson	M	Scottish Pri	12.34m	12.06m	
6 Graham Porterfield	M	East Kilbride A.C.	11.83m	10.55m	
Flight 2					
1 Kirsty Yates	W	Edinburgh AC		14.43m	
2 Katie Ord	W	Vp-Glasgow AC	10.28m	9.73m	
3 Holly Morgan	W	Vp-Glasgow AC	10.11m	9.19m	

Event 5 Men Triple Jump

Name	Age	Team	Seed	Finals	Points
Flight 1					
1 Chukwudi Onyia		Kent AC	15.24m	15.40m	
2 Cameron Clark				14.04m	
3 David Watson		Shettleston	15.26m	13.75m	

National Senior Indoor Championships - 01/02/2015**Emirates Arena****Results - Saturday Field****....Event 5 Men Triple Jump**

4 David Wilson	Vp-Glasgow AC	12.62m	12.42m
5 Julien Gittens	Leeds City AC		11.89m

Event 6 Women High Jump

Name	Age Team	Seed	Finals	Points
1 Amelia Jennings-McLaughl	Liverpool Pembro	1.76m	1.80m	
2 Ella Gibbons	Worcester AC	1.75m	1.75m	
3 Nikki Manson	Giffnock North Aac	1.77m	1.70m	
4 Emma Canning	Whitemoss Aac	1.67m	1.65m	
5 Erin Leggate	Vp-Glasgow AC		1.60m	
6 Catherine Palmer	Giffnock North Aac	1.66m	1.60m	
7 Heather Baird	Vp-Glasgow AC	1.65m	1.60m	
8 Alison Stewart	Whitemoss Aac	1.60m	1.55m	
8 Emma Thompson	Vp-Glasgow AC	1.60m	1.55m	
10 Hazel Jamieson	Ayr Seaforth Aac	1.65m	1.55m	
11 Jade Nimmo	Sale Harriers	1.72m	1.55m	

Event 7 Men High Jump

Name	Age Team	Seed	Finals	Points
1 David Smith	Giffnock North Aac	2.25m	2.25m	
1 Allan Smith	Shaftesbury	2.25m	2.25m	
3 Raymond Bobrownicki	Vp-Glasgow AC	2.28m	2.20m	
4 Matthew Kerr	Giffnock North Aac	1.90m	1.90m	

Event 8 Women Triple Jump

Name	Age Team	Seed	Finals	Points
1 Emma Pringle	Gateshead Harriers	13.01m	12.30m	
2 Hannah Pringle	Gateshead Harriers	11.61m	11.86m	
3 Rachel McHugh		12.23m	11.33m	
4 Carolyn Harvey	Ayr Seaforth Aac	11.13m	11.30m	
5 Alex Inglis	Glasgow Scho	10.60m	11.17m	
6 Rachel Robertson	Lasswade Aac	11.75m	10.88m	
7 Ellen Robertson	Arbroath & D	11.26m	10.81m	
8 Abby Taylor	Glasgow Scho	10.65m	10.52m	
-- Kirsten McIntee	Falkirk Vict	10.30m	FOUL	