

2014 2015

SCOTTISH ATHLETICS
INDOOR LEAGUE



FINALS AND RELAYS

Sunday 8th February 2015

Commonwealth Arena



SAIL Finals 2014-15

	<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>
Under 20 Men	Central AC A	VP Glasgow A	Kilbarchan A
Under 20 Women	Central AC A	VP Glasgow A	Kilbarchan A
Under 17 Men	Edinburgh AC A	Central AC A	Giffnock North A
Under 17 Women	Whitemoss A	Giffnock North A	Edinburgh AC A
Under 15 Boys	Giffnock North A	Edinburgh AC A	Central AC A
Under 15 Girls	Central AC A	VP Glasgow A	Edinburgh AC A
Under 13 Boys	Giffnock North A	Pitreavie A	Ayr Seaforth A
Under 13 Girls	Edinburgh AC A	Ayr Seaforth A	Giffnock North A
Under 11 Boys	Central AC A	Giffnock North A	Cumbernauld A
Under 11 Girls	VP Glasgow A	Giffnock North A	Whitemoss A

SAIL 2014-15

Final 8/2/2015

Athletes of the Day



Holly McArthur (Whitemoss) Under 17 Women

3 events, 3 wins.

Grade 1 performance 60m Hurdles and Long Jump. League record long jump.



Reuben Nairne (Giffnock) Under 13 Boys

3 events, 2 wins, 1 second.

Grade 1 performance and Scottish National record 60m Hurdles. Grade 1 performance High Jump and Long Jump.



Matthew Chandler (Central AC) Under 15 Boys

3 events, 2 wins, 1 second. Grade 2 performance high jump.



Final and Relays

	Club	Athlete	Performance	Points
Under 11 Boys				
60m A String				Under 11 Boys
1	Central AC A	Nathan Robertson	9.38	1
2	Giffnock North A	Marc Capaldi	9.39	2
3	Airdrie A	Blair Hendry	9.63	3
4	Giffnock North B	Liam Duggan	10.12	4
5	Falkirk VH A	Kaelon Kerr	10.16	5
6	Cumbernauld A	Adam Atkinson	10.42	6
600m A String				Under 11 Boys
1	Giffnock North A	Marc Capaldi	1:57.26	1
2	Central AC A	Nathan Robertson	1:59.30	2
3	Cumbernauld A	Sam Bloomfield	2:00.98	3
4	Giffnock North B	Hugh Shiels	2:01.54	4
5	Falkirk VH A	Aaron Alves	2:02.94	5
6	Airdrie A	Blair Hendry	2:04.50	6
Standing Long Jump A String				Under 11 Boys
1	Central AC A	Ardan Proctor	1.82	1
2	Cumbernauld A	Sam Bloomfield	1.82	2
3	Falkirk VH A	Harris Cant	1.72	3
4	Airdrie A	Cole Millar	1.62	4
5	Giffnock North B	Jamie Johnston	1.44	5
6	Giffnock North A	Lewis Taylor	1,72	6
60m B String				Under 11 Boys
1	Giffnock North A	Lewis Taylor	9.70	1
2	Airdrie A	Cole Millar	9.81	2
3	Giffnock North B	Jamie Johnston	9.82	3
4	Central AC A	Euan Campbell	9.89	4
5	Cumbernauld A	Calum Hendry	10.52	5
6	Falkirk VH A	Aaron Alves	10.67	6

Final and Relays

	Club	Athlete	Performance	Points
<hr/>				
600m B String			Under 11 Boys	
<hr/>				
1	Giffnock North A	Gordon Wylie	2:01.56	1
2	Central AC A	Euan Campbell	2:03.30	2
3	Falkirk VH A	Harris Cant	2:04.91	3
4	Giffnock North B	Liam Duggan	2:05.21	4
5	Airdrie A	Joseph Flannigan	2:05.49	5
6	Cumbernauld A	Max McCafferty	2:08.41	6
<hr/>				
Standing Long Jump B String			Under 11 Boys	
<hr/>				
1	Central AC A	Euan Hylands	1.82	1
2	Cumbernauld A	Calum Hendry	1.80	2
3	Falkirk VH A	Kaelon Kerr	1.76	3
4	Giffnock North A	Gordon Wylie	1.70	4
5	Giffnock North B	Hugh Shiels	1.70	5
6	Airdrie A	Enzo Wright	1.50	6

Final and Relays

	Club	Athlete	Performance	Points
Under 13 Boys				
60m				
				Under 13 Boys
1	Ayr Seaforth A	Jack Edwards	8.71	1
2	Pitreavie A	Ross Birrell	9.01	2
3	Central AC A	Jack Haughton	9.02	3
4	Edinburgh AC A	Imran Hossain	9.11	4
5	Giffnock North A	Michael Moynihan	9.16	5
6	Giffnock North B	Harris Paterson	9.43	6
800m				
				Under 13 Boys
1	Giffnock North B	Murray Fotheringham	2:32.08	1
2	Pitreavie A	Campbell Dowie	2:32.32	2
3	Ayr Seaforth A	Patrick Smiley	2:35.47	3
4	Giffnock North A	Jamie Stewart	2:36.29	4
5	Central AC A	Sandy Buchannan	2:36.87	5
6	Edinburgh AC A	Rob Henderson	2:40.42	6
60m Hurdles				
				Under 13 Boys
1	Giffnock North A	Reuben Nairne	9.42	1
		<i>SAIL and National record, subject to ratification</i>		
2	Pitreavie A	Euan Johnston	10.58	2
3	Ayr Seaforth A	Marc Mulgrew	11.94	3
4	Edinburgh AC A	Imran Hossain	12.48	4
5	Central AC A	Erik Escala	12.55	5
6	Giffnock North B	Clark Marshall	12.65	6
200m				
				Under 13 Boys
1	Ayr Seaforth A	Jack Edwards	28.25	1
2	Giffnock North A	Fraser Lipp	28.56	2
3	Pitreavie A	Ben Knowles	30.00	3
4	Central AC A	Jack Haughton	30.92	4
5	Edinburgh AC A	Imran Hossain	31.55	5
6	Giffnock North B	Harris Paterson	31.65	6
High Jump				
				Under 13 Boys
1	Edinburgh AC A	Owen Ashall	1.50	1
2	Giffnock North A	Reuben Nairne	1.45	2
3	Giffnock North B	Murray Fotheringham	1.35	3
4	Pitreavie A	Ben Knowles	1.30	4
4	Ayr Seaforth A	Marc Mulgrew	1.30	4
6	Central AC A	Ben Salmon	1.25	6

Final and Relays

	Club	Athlete	Performance	Points
Long Jump				Under 13 Boys
1	Giffnock North A	Reuben Nairne	4.88	1
2	Edinburgh AC A	Owen Ashall	4.65	2
3	Pitreavie A	Gregor McPherson	4.15	3
4	Ayr Seaforth A	Marc Mulgrew	4.07	4
5	Central AC A	Jack Haughton	3.91	5
6	Giffnock North B	Clark Marshall	3.63	6
Shot Putt				Under 13 Boys
1	Giffnock North A	Ollie Maher	7.43	1
2	Central AC A	Aidan Grevemburg	7.22	2
3	Pitreavie A	Ben Ollis	6.99	3
4	Ayr Seaforth A	Jack Edwards	5.82	4
5	Edinburgh AC A	Rob Henderson	5.53	5
6	Giffnock North B	Euan Menzies	4.64	6

Final and Relays

	Club	Athlete	Performance	Points
Under 15 Boys				
60m				
				Under 15 Boys
1	Giffnock North A	Robert Brady	7.91	1
2	Edinburgh AC A	Lucas Johnston	8.10	2
3	Ayr Seaforth A	Rory McCrindle	8.18	3
4	Edinburgh AC B	Max Leslie	8.27	4
5	Central AC A	Oscar Clarke	8.98	5
800m				
				Under 15 Boys
1	Ayr Seaforth A	Daniel Martin	2:14.36	1
2	Central AC A	Keir Howlieson	2:16.16	2
3	Giffnock North A	Hamish Amitt	2:16.72	3
4	Edinburgh AC B	Tom Ireland	2:18.42	4
5	Edinburgh AC A	Luca Librzzi	2:24.15	5
6	VP Glasgow A	Tom Connolly	2:26.02	6
60m Hurdles				
				Under 15 Boys
1	Central AC A	Matthew Chandler	9.29	1
2	Giffnock North A	Calum Alexander	9.79	2
3	VP Glasgow A	Gavin Wilson	10.39	3
4	Edinburgh AC B	Sean Steadman	10.95	4
5	Edinburgh AC A	Fin Rendall	11.21	5
6	Ayr Seaforth A	Daniel Martin	12.23	6
200m				
				Under 15 Boys
1	Giffnock North A	Kyle McLean	25.41	1
2	VP Glasgow A	Jamie Stevenson	25.56	2
3	Edinburgh AC B	Cameon Begg	26.41	3
4	Edinburgh AC A	Cameron Tait	26.42	4
5	Ayr Seaforth A	Rory McCrindle	26.64	5
6	Central AC A	Matthew Meredith	26.93	6
400m				
				Under 15 Boys
1	Ayr Seaforth A	Michael Bargh	54.74	1
2	Giffnock North A	Amine Hifi	56.89	2
3	Edinburgh AC B	Sean Steadman	58.37	3
4	Central AC A	Keir Howlieson	61.88	4
5	VP Glasgow A	Adam Orr	63.14	5
6	Edinburgh AC A	Cameron Tait	64.27	6

Final and Relays

	Club	Athlete	Performance	Points
High Jump				Under 15 Boys
1	Edinburgh AC A	Lucas Johnston	1.65	1
2	Central AC A	Matthew Chandler	1.60	2
3	Ayr Seaforth A	Michael Bargh	1.50	3
3	Edinburgh AC B	Sean Steadman	1.50	3
5	Giffnock North A	Andrew Conlan	1.50	5
6	VP Glasgow A	Aaron Belkevitz	1.15	6
Long Jump				Under 15 Boys
1	Central AC A	Matthew Chandler	5.09	1
2	Edinburgh AC A	Cameron Tait	4.98	2
3	Giffnock North A	Calum Alexander	4.92	3
4	Edinburgh AC B	Max Leslie	4.77	4
5	VP Glasgow A	Donald Scott	4.52	5
6	Ayr Seaforth A	Brendan Lynch	4.21	6
Shot Putt				Under 15 Boys
1	Edinburgh AC A	Rory Jackson	12.19	1
2	Edinburgh AC B	Josh Dougall	9.75	2
3	Ayr Seaforth A	Michael Bargh	9.50	3
4	VP Glasgow A	Daniel Reda	8.41	4
5	Giffnock North A	George Baker	8.33	5
6	Central AC A	Matthew Meredith	8.26	6

Final and Relays

	Club	Athlete	Performance	Points
Under 17 Men				
60m				Under 17 Men
1	Central AC A	John MacLennan	7.37	1
2	Ayr Seaforth A	Fraser Angus	7.45	2
3	Edinburgh AC A	Kingsley Cunningham	7.48	3
4	Giffnock North A	Andy Moses	7.48	4
5	Cumbernauld A	Lewis Brown	7.53	5
6	Edinburgh AC B	Ronan Dance	7.69	6
800m				Under 17 Men
1	Edinburgh AC B	Paul Ireland	2:02.80	1
2	Ayr Seaforth A	Rhys Sim	2:03.64	2
3	Edinburgh AC A	Ross Allan	2:03.65	3
4	Cumbernauld A	Hamish Coutts	2:06.05	4
5	Giffnock North A	Jamie Sturrock	2:11.76	5
6	Central AC A	Fraser MacPherson	2:13.37	6
60m Hurdles				Under 17 Men
1	Edinburgh AC A	Ben Coates	8.82	1
2	Central AC A	Charlie Dineen	9.10	2
3	Cumbernauld A	Fraser Gallagher	9.38	3
4	Giffnock North A	Alessandro Schenini	9.73	4
5	Ayr Seaforth A	Callum Meldrum	10.52	5
6	Edinburgh AC B	Cal Mclennan	11.04	6
200m				Under 17 Men
1	Ayr Seaforth A	Fraser Angus	23.16	1
2	Central AC A	John MacLennan	23.80	2
3	Giffnock North A	Andy Moses	24.15	3
4	Cumbernauld A	Daniel Winning	24.29	4
5	Edinburgh AC A	Ben Coates	24.86	5
6	Edinburgh AC B	Ken Fairbrother	24.92	6
400m				Under 17 Men
1	Giffnock North A	David Allen	50.86	1
2	Cumbernauld A	Lewis Brown	51.04	2
3	Central AC A	Jamie Price	53.97	3
4	Edinburgh AC A	Ross Allan	54.07	4
5	Edinburgh AC B	Paul Ireland	55.94	5
6	Ayr Seaforth A	Rhys Sim	57.00	6

Final and Relays

	Club	Athlete	Performance	Points
High Jump				Under 17 Men
1	Giffnock North A	Chris Mackay	1.83	1
2	Central AC A	Cameron McCorgary	1.75	2
3	Edinburgh AC A	Calum Henderson	1.70	3
4	Cumbernauld A	Daniel Winning	1.65	4
5	Ayr Seaforth A	Kieran Struthers	1.55	5
6	Edinburgh AC B	Cal McLennan	1.55	6
Long Jump				Under 17 Men
1	Giffnock North A	Alessandro Schenini	5.99	1
2	Central AC A	Charlie Dineen	5.79	2
3	Edinburgh AC A	Calum Henderson	5.76	3
4	Ayr Seaforth A	Fraser Angus	5.66	4
5	Cumbernauld A	Fraser Gallagher	5.39	5
	Edinburgh AC B	Ronan Dance		
				<i>No Jump</i>
Triple Jump				Under 17 Men
1	Edinburgh AC A	Calum Henderson	11.92	1
2	Cumbernauld A	Fraser Gallagher	11.83	2
3	Central AC A	Keiran Halliday	11.65	3
4	Giffnock North A	Ethan Dear	11.30	4
5	Ayr Seaforth A	Callum Meldrum	10.94	5
Shot Putt				Under 17 Men
1	Edinburgh AC A	Elliot Armstrong	11.09	1
2	Ayr Seaforth A	Andrew Peck	11.05	2
3	Cumbernauld A	Daniel Winning	10.67	3
4	Edinburgh AC B	Cal McLennan	10.62	4
5	Giffnock North A	Kieran Watt	10.01	5
6	Central AC A	Charlie Dineen	9.33	6

Final and Relays

	Club	Athlete	Performance	Points
Under 20 Men				
60m				
				Under 20 Men
1	Central AC A	Ben McGuire	7.34	1
2	VP Glasgow A	Paddy Clark	7.43	2
3	Kilbarchan A	Billy Russell	7.45	3
4	Airdrie A	Ryan Cooney	7.72	4
5	Clydesdale A	Darren Dolan	8.18	5
	Giffnock North A	Robert Moses		
				<i>DQ</i>
800m				
				Under 20 Men
1	VP Glasgow A	Robbie Barr	2:00.33	1
2	Giffnock North A	Christopher Stewart	2:02.77	2
3	Clydesdale A	Tony Dolan	2:14.21	3
4	Central AC A	Liam Halliday	2:18.04	4
60m Hurdles				
				Under 20 Men
1	Clydesdale A	David Campbell	9.22	1
2	VP Glasgow A	Iain Wilson	9.38	2
3	Central AC A	Tom Chandler	10.89	3
4	Kilbarchan A	Billy Russell	11.62	4
200m				
				Under 20 Men
1	Giffnock North A	Jason Wu	23.30	1
2	Central AC A	Ewan Corbett	23.76	2
3	Kilbarchan A	Ewan Johnston	23.93	3
4	VP Glasgow A	Iain Wilson	24.36	4
5	Airdrie A	Ryan Cooney	24.80	5
6	Clydesdale A	Darren Dolan	26.54	6
400m				
				Under 20 Men
1	Kilbarchan A	Ewan Calder	51.58	1
2	VP Glasgow A	Paddy Clark	51.68	2
3	Clydesdale A	David Campbell	53.26	3
4	Giffnock North A	Tony Duggan	53.89	4
5	Central AC A	Liam Halliday	54.92	5
High Jump				
				Under 20 Men
1	Central AC A	Lewis McGuire	1.90	1
2	Giffnock North A	David Lambie	1.80	2
3	VP Glasgow A	Euan Urquart	1.70	3
4	Kilbarchan A	Ewan Calder	1.50	4
5	Clydesdale A	Tony Dolan	1.45	5

Final and Relays

	Club	Athlete	Performance	Points
Long Jump				Under 20 Men
1	Central AC A	Ben McGuire	6.40	1
2	VP Glasgow A	David Wilson	6.00	2
3	Airdrie A	Ryan Cooney	5.45	3
4	Giffnock North A	Christopher Stewart	5.02	4
5	Kilbarchan A	Ewan Johnston	4.95	5
6	Clydesdale A	Darren Dolan	4.87	6
Triple Jump				Under 20 Men
1	Kilbarchan A	Billy Russell	10.75	1
2	Central AC A	Liam Halliday	10.59	2
3	Clydesdale A	Tony Dolan	9.86	3
	VP Glasgow A	David Wilson		
				<i>No Jump</i>
Shot Putt				Under 20 Men
1	Clydesdale A	Paul Wishart	11.62	1
2	Central AC A	Tom Chandler	10.91	2
3	VP Glasgow A	Euan Urquart	9.71	3
4	Kilbarchan A	Ewan Johnston	9.59	4

Final and Relays

	Club	Athlete	Performance	Points
Under 11 Girls				
60m A String				Under 11 Girls
1	Giffnock North A	Isla Scott	9.65	1
2	Dunfermline A	Mya McMahon	9.71	2
3	North Ayr A	Leah Murray	9.81	3
4	VP Glasgow A	Beth Bushall	9.92	4
5	Central AC A	Lara Cameron	10.77	5
6	Whitemoss A	Eva Blake	10.82	6
600m A String				Under 11 Girls
1	VP Glasgow A	Catriona Scott	1:56.75	1
2	Whitemoss A	Saskia Wade	2:05.56	2
3	Giffnock North A	Isla Scott	2:09.27	3
4	Central AC A	Katie Findley	2:09.34	4
5	North Ayr A	Merideth Reid	2:14.42	5
6	Dunfermline A	Amy Lancaster	2:27.41	6
Standing Long Jump A String				Under 11 Girls
1	Whitemoss A	Saskia Wade	2.12	1
			<i>New League Record</i>	
2	North Ayr A	Leah Murray	1.84	2
3	VP Glasgow A	Catriona Scott	1.78	3
4	Giffnock North A	Imogen Maher	1.72	4
5	Dunfermline A	Molly Adam	1.62	5
6	Central AC A	Lara Cameron	1.54	6
60m B String				Under 11 Girls
1	Giffnock North A	Lyndsay Martin	9.95	1
2	North Ayr A	Sophie West	10.10	2
3	Whitemoss A	Lucie Mills	10.12	3
4	VP Glasgow A	Niamh Finnieston	10.38	4
5	Central AC A	Poppy Lamb	10.61	5
6	Dunfermline A	Molly Adam	10.63	6
600m B String				Under 11 Girls
1	VP Glasgow A	Valencia Wright	2:03.70	1
2	Dunfermline A	Mya McMahon	2:19.73	2
3	Central AC A	Anna MacKinnon	2:19.78	3
4	North Ayr A	Naimh Gaffney	2:23.29	4
5	Whitemoss A	Niamh Garrow	2:24.85	5
6	Giffnock North A	Elise Finn	2:26.26	6

Final and Relays

	Club	Athlete	Performance	Points
Standing Long Jump B String				Under 11 Girls
1	VP Glasgow A	Beth Bushall	1.76	1
2	Whitemoss A	Lucie Mills	1.72	2
3	Giffnock North A	Amy Green	1.70	3
4	Central AC A	Poppy Lamb	1.60	4
5	North Ayr A	Sophie West	1.54	5
6	Dunfermline A	Amy Lancaster	1.40	6

Final and Relays

	Club	Athlete	Performance	Points
Under 13 Girls				
60m				Under 13 Girls
1	Giffnock North A	Alyson Bell	8.70	1
2	Ayr Seaforth A	Matilda Press	8.74	2
3	Edinburgh AC A	Lily McQueenie	8.91	3
4	Giffnock North B	Sophie Inglis	9.04	4
5	Airdrie A	Abbie Cave	9.10	5
6	Central AC A	Shona McLay	9.14	6
800m				Under 13 Girls
1	Edinburgh AC A	Niamh Edgar	2:28.46	1
2	Central AC A	Ciorstaidh Ainsworth	2:29.50	2
3	Giffnock North A	Lauren Paterson	2:30.69	3
4	Ayr Seaforth A	Rosie Davidson	2:40.39	4
5	Airdrie A	Lucia Wright	2:43.26	5
6	Giffnock North B	Emma Chamberlain	2:45.55	6
60m Hurdles				Under 13 Girls
1	Edinburgh AC A	Ellie O'Hara	10.30	1
2	Giffnock North A	Megan Baillie	10.55	2
3	Ayr Seaforth A	Gemma Bruce	10.70	3
4	Giffnock North B	Sophie Inglis	10.71	4
5	Airdrie A	Darci Burns	12.01	5
6	Central AC A	Amy Kirkpatrick	12.50	6
200m				Under 13 Girls
1	Ayr Seaforth A	Matilda Press	28.72	1
2	Giffnock North A	Rosie McKay	29.08	2
3	Edinburgh AC A	Lily McQueenie	30.37	3
4	Central AC A	Shona McLay	30.61	4
5	Giffnock North B	Niamh Smith	30.62	5
6	Airdrie A	Orla Doran	30.76	6
High Jump				Under 13 Girls
1	Airdrie A	Abbie Cave	1.40	1
2	Edinburgh AC A	Jessica Forrest	1.35	2
3	Ayr Seaforth A	Gemma Bruce	1.25	3
3	Giffnock North A	Rachel Callan	1.25	3
5	Giffnock North B	Anna Rea	1.20	5
6	Central AC A	Katie Burr	1.10	6

Final and Relays

	Club	Athlete	Performance	Points
Long Jump				Under 13 Girls
1	Edinburgh AC A	Jessica Forrest	4.42	1
2	Airdrie A	Darci Burns	4.21	2
3	Giffnock North A	Alyson Bell	4.16	3
4	Central AC A	Katie Burr	3.68	4
5	Ayr Seaforth A	Holly McIntyre	3.53	5
6	Giffnock North B	Niamh Smith	3.41	6
Shot Putt				Under 13 Girls
1	Ayr Seaforth A	Laura Paisley	6.76	1
2	Edinburgh AC A	Lily McQueenie	6.58	2
3	Giffnock North B	Jennifer Dallas	6.26	3
4	Airdrie A	Lucia Wright	6.23	4
5	Giffnock North A	Rosie McKay	5.85	5
6	Central AC A	Evie Hylands	5.49	6

Final and Relays

	Club	Athlete	Performance	Points
Under 15 Girls				
60m				
				Under 15 Girls
1	Edinburgh AC A	Laura Munro	8.29	1
2	Central AC A	Anna Cameron	8.36	2
3	VP Glasgow A	Jade Henry	8.40	3
4	Giffnock North A	Megan Busby	8.41	4
5	Ayr Seaforth A	Jaime Hood	8.43	5
6	Central AC B	Emma Mailer	8.50	6
800m				
				Under 15 Girls
1	Central AC A	Jennifer Walls	2:25.16	1
2	Edinburgh AC A	Alice Goodall	2:26.70	2
3	Giffnock North A	Orla Lang	2:27.58	3
4	VP Glasgow A	Amy Bissett	2:31.41	4
5	Ayr Seaforth A	Lucy Davidson	2:32.02	5
6	Central AC B	Skye Henderson	2:32.97	6
60m Hurdles				
				Under 15 Girls
1	VP Glasgow A	Jade Henry	9.23	1
			<i>New league record</i>	
2	Central AC A	Katie Sharkey	9.36	2
3	Ayr Seaforth A	Hazel Kirk	10.14	3
4	Central AC B	Lucy Smith	10.36	4
5	Giffnock North A	Lauren Saxby	10.48	5
6	Edinburgh AC A	Eve Lewis	10.91	6
200m				
				Under 15 Girls
1	Central AC A	Anna Cameron	26.81	1
2	Edinburgh AC A	Laura Munro	27.27	2
3	Ayr Seaforth A	Jaime Hood	27.39	3
4	VP Glasgow A	Jade Henry	27.63	4
5	Giffnock North A	Rochelle Moukalla	27.94	5
6	Central AC B	Elizabeth Thompson	30.48	6
300m				
				Under 15 Girls
1	Central AC A	Katie Sharkey	43.39	1
2	Central AC B	Emma Mailer	44.34	2
3	Giffnock North A	Freya Menzies	44.85	3
4	Ayr Seaforth A	Hazel Kirk	45.15	4
5	Edinburgh AC A	Alice Goodall	45.16	5
6	VP Glasgow A	Adrienne Murray	46.14	6

Final and Relays

	Club	Athlete	Performance	Points
High Jump				Under 15 Girls
1	Edinburgh AC A	Julia Rambukana	1.50	1
2	Central AC A	Georgia Smith	1.45	2
3	Giffnock North A	Freya Menzies	1.40	3
4	Central AC B	Lucy Smith	1.40	4
5	VP Glasgow A	Rebecca Love	1.35	5
6	Ayr Seaforth A	Hazel Kirk	1.25	6
Long jump				Under 15 Girls
1	VP Glasgow A	Emma Scott	4.94	1
2	Central AC A	Anna Cameron	4.70	2
3	Giffnock North A	Lauren Saxby	4.56	3
4	Ayr Seaforth A	Charlotte McDowall	4.50	4
5	Central AC B	Lucy Davison	4.43	5
6	Edinburgh AC A	Heidi Floyyd	4.26	6
Shot Putt				Under 15 Girls
1	Central AC A	Lucy Davison	9.41	1
2	Central AC B	Rachael Methven	9.39	2
3	VP Glasgow A	Alice Baxendale	8.74	3
4	Giffnock North A	Lauren Saxby	8.26	4
5	Ayr Seaforth A	Amy Leith	8.18	5
6	Edinburgh AC A	Fiyin Fukunle	7.53	6

Final and Relays

	Club	Athlete	Performance	Points
Under 17 Women				
60m				Under 17 Women
1	Edinburgh AC A	Sarah Malone	8.02	1
2	VP Glasgow A	Catriona-Mairi Cuthbert	8.22	2
3	Kilbarchan A	Emma Devine	8.26	3
4	Whitemoss A	Bethan Malley	8.46	4
5	Airdrie A	Emma Millar	8.50	5
6	Giffnock North A	Sara Ingles	8.54	6
800m				Under 17 Women
1	Giffnock North A	Erin Wallace	2:13.39	1
2	Kilbarchan A	Kerry MacAngus	2:20.34	2
3	Airdrie A	Lucy Somerville	2:21.83	3
4	Edinburgh AC A	Zaynah Azis	2:21.87	4
5	Whitemoss A	Emily Craig	2:24.61	5
6	VP Glasgow A	Lucy Cairns	2:25.84	6
60m Hurdles				Under 17 Women
1	Whitemoss A	Holly McArthur	9.00	1
2	Giffnock North A	Iona Menzies	9.29	2
3	VP Glasgow A	Catriona-Mairi Cuthbert	9.42	3
4	Kilbarchan A	Erin Campbell	9.57	4
5	Airdrie A	Sophie Hanlon	9.77	5
6	Edinburgh AC A	Rachel Fergusson	9.97	6
200m				Under 17 Women
1	Whitemoss A	Holly McArthur	26.02	1
2	Giffnock North A	Amy Donaghy	26.14	2
3	Edinburgh AC A	Katie Browne	27.08	3
4	Kilbarchan A	Emma Devine	27.50	4
5	VP Glasgow A	Bethany Buchanan	27.64	5
6	Airdrie A	Laurie Anderson	28.22	6
300m				Under 17 Women
1	Giffnock North A	Sophie Haldane	42.70	1
2	Whitemoss A	Sarah Bassett	43.09	2
3	VP Glasgow A	Nicola Brechany	43.25	3
4	Airdrie A	Eilidh Hagerty	43.62	4
5	Edinburgh AC A	Rachel Fergusson	44.15	5
6	Kilbarchan A	Erin Campbell	45.26	6

Final and Relays

	Club	Athlete	Performance	Points
High Jump				Under 17 Women
1	Edinburgh AC A	Jade Carlyle	1.55	1
2	Whitemoss A	Christie McSkimming	1.55	2
3	Giffnock North A	Megan Kane	1.45	3
4	VP Glasgow A	Holly Little	1.40	4
5	Airdrie A	Sophie Hanlon	1.40	5
6	Kilbarchan A	Erin Campbell	1.35	6
Long Jump				Under 17 Women
1	Whitemoss A	Holly McArthur	5.70	1
			<i>New League Record</i>	
2	Airdrie A	Emma Millar	5.20	2
3	Edinburgh AC A	Sarah Malone	5.03	3
4	Kilbarchan A	Ellie Fulton	4.94	4
5	Giffnock North A	Sophie Haldane	4.86	5
6	VP Glasgow A	Kiah Dunlop	4.37	6
Triple Jump				Under 17 Women
1	Giffnock North A	Sophie Haldane	10.74	1
			<i>New League Record</i>	
2	Whitemoss A	Anna Forbes	10.21	2
3	Edinburgh AC A	Jade Carlyle	9.45	3
4	Airdrie A	Emma Millar	9.12	4
5	Kilbarchan A	Emma Devine	8.25	5
6	VP Glasgow A	Rosie Urquhart	8.10	6
Shot Putt				Under 17 Women
1	Kilbarchan A	Ellie Fulton	11.24	1
2	Edinburgh AC A	Natalie Robbins	11.19	2
3	Airdrie A	Laurie Anderson	9.56	3
4	Whitemoss A	Emily Craig	8.28	4
5	Giffnock North A	Natasha Sockalingum	7.49	5
6	VP Glasgow A	Eilidh Mulhern	7.22	6

Final and Relays

	Club	Athlete	Performance	Points
Under 20 Women				
60m				
				Under 20 Women
1	Giffnock North A	Jena Wrisberg	7.87	1
2	Airdrie A	Elizabeth Murdoch	8.39	2
3	Central AC A	Emily Batchelor	8.77	3
4	Kilbarchan A	Mia Shepherd	8.82	4
5	Clydesdale A	Claire Reid	9.36	5
6	VP Glasgow A	Karyn Glen	9.47	6
800m				
				Under 20 Women
1	Giffnock North A	Lauren Glencross	2:23.91	1
2	Clydesdale A	Emily Paxton	2:38.40	2
3	VP Glasgow A	Anya Morrison	2:44.34	3
60m Hurdles				
				Under 20 Women
1	Central AC A	Sarah Pearson	9.41	1
2	Kilbarchan A	Mia Shepherd	10.41	2
3	VP Glasgow A	Caroline McKinnon	10.88	3
4	Clydesdale A	Louise Steele-Milne	13.09	4
200m				
				Under 20 Women
1	Central AC A	Sarah Pearson	26.60	1
2	Airdrie A	Niamh Gallacher	28.25	2
3	VP Glasgow A	Melanie Chiswell	28.31	3
4	Clydesdale A	Emily Paxton	28.59	4
5	Kilbarchan A	Danielle Wilson	29.81	5
400m				
				Under 20 Women
1	Central AC A	Sarah Pearson	59.01	1
2	Airdrie A	Roisin Smith	60.49	2
3	Giffnock North A	Niamh Grahame	60.53	3
4	Clydesdale A	Emily Paxton	66.51	4
5	Kilbarchan A	Mia Shepherd	70.84	5
	VP Glasgow A	Karyn Glen		
<i>DQ - broke at wrong place</i>				
High Jump				
				Under 20 Women
1	VP Glasgow A	Heather Baird	1.60	1
2	Giffnock North A	Catherine Palmer	1.50	2
3	Kilbarchan A	Shona Ross	1.40	3
4	Central AC A	Emily Batchelor	1.40	4
5	Clydesdale A	Louise Steele-Milne	1.30	5

Final and Relays

	Club	Athlete	Performance	Points
Long Jump				Under 20 Women
1	Central AC A	Emily Batchelor	4.86	1
2	Airdrie A	Roisin Smith	4.85	2
3	Kilbarchan A	Shona Ross	4.75	3
4	Giffnock North A	Catherine Palmer	4.05	4
5	Clydesdale A	Claire Reid	3.96	5
6	VP Glasgow A	Karyn Glen	3.80	6
Triple Jump				Under 20 Women
1	Kilbarchan A	Shona Ross	10.76	1
2	Central AC A	Emily Batchelor	10.32	2
3	Giffnock North A	Catherine Palmer	9.45	3
4	VP Glasgow A	Caroline McKinnon	8.58	4
5	Clydesdale A	Claire Reid	8.32	5
Shot Putt				Under 20 Women
1	VP Glasgow A	Karyn Glen	7.01	1
2	Kilbarchan A	Mia Shepherd	6.98	2
3	Clydesdale A	Louise Steele-Milne	6.83	3
4	Central AC A	Sarah Sweeney	5.93	4
5	Airdrie A	Elizabeth Murdoch	5.86	5
6	Giffnock North A	Niamh Grahame	5.30	6

Records and Graded Performances

English Athletics grades published for 2014-15

Age Group	Event	Club	AthleteName	Performance	G1	G2
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English Athletics Grade 1

Under 13 Boys	60m Hurdles	Giffnock North A	Reuben Nairne	9.42	10.20	10.65
Under 13 Boys	High Jump	Giffnock North A	Reuben Nairne	1.45	1.45	1.40
Under 13 Boys	High Jump	Edinburgh AC A	Owen Ashall	1.50	1.45	1.40
Under 13 Boys	Long Jump	Giffnock North A	Reuben Nairne	4.88	4.70	4.55
Under 13 Girls	60m Hurdles	Edinburgh AC A	Ellie O'Hara	10.30	10.30	10.70
Under 13 Girls	800m	Edinburgh AC A	Niamh Edgar	2:28.46	149.0	151.9
Under 13 Girls	High Jump	Airdrie A	Abbie Cave	1.40	1.40	1.35
Under 15 Girls	60m Hurdles	Central AC A	Katie Sharkey	9.36	9.45	9.75
Under 15 Girls	60m Hurdles	VP Glasgow A	Jade Henry	9.23	9.45	9.75
Under 17 Men	400m	Giffnock North A	David Allen	50.86	51.0	52.0
Under 17 Women	60m Hurdles	Whitemoss A	Holly McArthur	9.00	9.00	9.20
Under 17 Women	800m	Giffnock North A	Erin Wallace	2:13.39	134.4	137.5
Under 17 Women	Long Jump	Whitemoss A	Holly McArthur	5.70	5.35	5.25
Under 17 Women	Shot Putt	Edinburgh AC A	Natalie Robbins	11.19	9.95	9.40
Under 17 Women	Shot Putt	Kilbarchan A	Ellie Fulton	11.24	9.95	9.40

English Athletics Grade 2

Under 13 Boys	60m Hurdles	Pitreavie A	Euan Johnston	10.58	10.20	10.65
Under 13 Boys	Long Jump	Edinburgh AC A	Owen Ashall	4.65	4.70	4.55

Age Group	Event	Club	AthleteName	Performance	G1	G2
Under 13 Girls	200m	Ayr Seaforth A	Matilda Press	28.72	28.4	29.0
Under 13 Girls	60m	Giffnock North A	Alyson Bell	8.70	8.45	8.70
Under 13 Girls	60m Hurdles	Giffnock North A	Megan Baillie	10.55	10.30	10.70
Under 13 Girls	60m Hurdles	Ayr Seaforth A	Gemma Bruce	10.70	10.30	10.70
Under 13 Girls	800m	Central AC A	Ciorstaidh Ainsworth	2:29.50	149.0	151.9
Under 13 Girls	800m	Giffnock North A	Lauren Paterson	2:30.69	149.0	151.9
Under 13 Girls	High Jump	Edinburgh AC A	Jessica Forrest	1.35	1.40	1.35
Under 13 Girls	Long Jump	Edinburgh AC A	Jessica Forrest	4.42	4.50	4.35
Under 15 Boys	400m	Ayr Seaforth A	Michael Bargh	54.74	54.5	55.6
Under 15 Boys	Shot Putt	Edinburgh AC A	Rory Jackson	12.19	12.45	11.75
Under 15 Girls	200m	Central AC A	Anna Cameron	26.81	26.5	26.9
Under 15 Girls	60m	Edinburgh AC A	Laura Munro	8.29	8.20	8.35
Under 15 Girls	Long jump	VP Glasgow A	Emma Scott	4.94	5.00	4.85
Under 15 Girls	Shot Putt	Central AC A	Lucy Davison	9.41	9.80	9.25
Under 15 Girls	Shot Putt	Central AC B	Rachael Methven	9.39	9.80	9.25
Under 17 Men	400m	Cumbernauld A	Lewis Brown	51.04	51.0	52.0
Under 17 Women	60m	Edinburgh AC A	Sarah Malone	8.02	7.90	8.05
Under 17 Women	Shot Putt	Airdrie A	Laurie Anderson	9.56	9.95	9.40
Under 17 Women	Triple Jump	Giffnock North A	Sophie Haldane	10.74	10.95	10.55

Age Group	Event	Club	AthleteName	Performance	G1	G2
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New SAIL League Records

Age Group	Event	Club	AthleteName	Performance	
Under 11 Girls	Standing Long J	Whitemoss A	Saskia Wade	2.12	New League Record
Under 13 Boys	60m Hurdles	Giffnock North A	Reuben Nairne	9.42	SAIL and National record, subject to ratification
Under 15 Girls	60m Hurdles	VP Glasgow A	Jade Henry	9.23	New league record
Under 17 Women	Long Jump	Whitemoss A	Holly McArthur	5.70	New League Record

Top Performers

First place = 1 point - ordered by ascending points per event (min 3 events)

3 events, 3 points = 3 wins. 3 events, 4 points = 2 wins and 1 2nd place, etc...

Under 13 Boys

Events	Points	Athlete	Club
3	4	Reuben Nairne	Giffnock North A
3	6	Jack Edwards	Ayr Seaforth A

Under 13 Girls

Events	Points	Athlete	Club
3	8	Lily McQueenie	Edinburgh AC A

Under 15 Boys

Events	Points	Athlete	Club
3	4	Matthew Chandler	Central AC A
3	7	Michael Bargh	Ayr Seaforth A

Under 15 Girls

Events	Points	Athlete	Club
3	5	Anna Cameron	Central AC A
3	8	Jade Henry	VP Glasgow A

Under 17 Men

Events	Points	Athlete	Club
3	7	Calum Henderson	Edinburgh AC A
3	7	Fraser Angus	Ayr Seaforth A

Under 17 Women

Events	Points	Athlete	Club
3	3	Holly McArthur	Whitemoss A
3	7	Sophie Haldane	Giffnock North A

Under 20 Men

Events	Points	Athlete	Club
3	8	Billy Russell	Kilbarchan A

Under 20 Women

Events	Points	Athlete	Club
3	3	Sarah Pearson	Central AC A
3	7	Shona Ross	Kilbarchan A
4	10	Emily Batchelor	Central AC A
3	9	Catherine Palmer	Giffnock North A

COMMONWEALTH ARENA SAIL RELAYS

2014-15

8th February 2015

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position				
U11 Girls	Heat 1 12:00	1	6	Giffnock North A	2:16.70	Qualified for final - lane 5
		2	53	Central AC A	2:23.22	Qualified for final - lane 2
		3	1	Ayr Seaforth A	2:25.61	Qualified for final - lane 1
		4	3	Clydesdale A	2:35.89	
		5	78	Law & District A	2:43.68	
	Heat 2 12:05	1	18	VP Glasgow A	2:15.87	Qualified for final - lane 4
		2	62	North Ayr A	2:18.80	Qualified for final - lane 3
		3	20	Whitemoss A	2:29.73	
		4	54	Central AC B	2:31.06	
		5				
Heat 3 12:10	1	16	Shettleston A	2:21.02	Qualified for final - lane 6	
	2	21	Whitemoss B	2:35.50		
	3	7	Giffnock North B	DNF		
U13 Girls	Heat 1 12:15	1	53	Central AC A	2:02.18	Qualified for final - lane 3
		2	1	Ayr Seaforth A	2:02.31	Qualified for final - lane 2
		3	52	Airdrie B	2:11.43	
		4	10	Cumbernauld B	2:12.53	
		5	3	Clydesdale A	2:21.09	
	Heat 2 12:20	1	6	Giffnock North A	1:59.81	Qualified for final - lane 4
		2	82	Dunfermline A	2:05.92	
		3	62	North Ayr A	2:06.18	
		4	69	Kilbarchan A	2:13.87	
		5	79	Law & District B	2:16.48	
Heat 3 12:24	1	51	Airdrie A	2:02.19	Qualified for final - lane 6	
	2	58	Pitreavie A	2:02.88	Qualified for final - lane 1	
	3	54	Central AC B	2:12.03		
	4	18	VP Glasgow A	2:13.50		
	5	21	Whitemoss B	2:14.93		
	6	120	Whitemoss C	2:40.73		
Heat 4 12:29	1	56	Edinburgh AC A	2:00.14	Qualified for final - lane 5	
	2	7	Giffnock North B	2:04.51		
	3	9	Cumbernauld A	2:05.72		
	4	78	Law & District A	2:09.33		
	5	16	Shettleston A	2:13.21		
	6	153	Central AC C	DNF		
Heat 5 12:34	1	158	Pitreavie B	2:07.49		
	2	20	Whitemoss A	2:08.95		
	3	154	Central AC D	2:17.91		
	4	109	Cumbernauld C	2:21.51		
U15 Girls	Heat 1	1	56	Edinburgh AC A	1:54.53	Qualified for final - lane 6
		2	1	Ayr Seaforth A	1:57.93	
		3	54	Central AC B	1:59.15	
		4	3	Clydesdale A	2:02.76	
		5	52	Airdrie B	2:03.32	
		6	10	Cumbernauld B	2:06.16	
	Heat 2	1	69	Kilbarchan A	1:57.23	
		2	51	Airdrie A	1:57.29	
		3	7	Giffnock North B	1:59.80	

COMMONWEALTH ARENA SAIL RELAYS

2014-15

8th February 2015

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position				
		4	82	Dunfermline A	2:00.11	
		5	153	Central AC C	2:02.34	
		6	79	Law & District B	2:05.26	
Heat 3	1	53	Central AC A	1:49.16	Qualified for final - lane 4	
	2	18	VP Glasgow A	1:56.80	Qualified for final - lane 1	
	3	16	Shettleston A	2:00.07		
	4	158	Pitreavie B	2:03.31		
	5	21	Whitemoss B	2:03.33		
	6	62	North Ayr A	2:04.40		
Heat 4	1	6	Giffnock North A	1:51.72	Qualified for final - lane 5	
	2	58	Pitreavie A	1:52.05	Qualified for final - lane 3	
	3	78	Law & District A	1:54.76	Qualified for final - lane 2	
	4	20	Whitemoss A	1:57.23		
	5	9	Cumbernauld A	1:58.20		
U17 Women Heat 1	1	53	Central AC A	1:48.06	Qualified for final - lane 5	
	2	18	VP Glasgow A	1:48.90	Qualified for final - lane 6	
	3	20	Whitemoss A	1:51.78	Qualified for final - lane 1	
	4	51	Airdrie A	1:53.99		
	5	7	Giffnock North B	1:54.24		
	6	1	Ayr Seaforth A	1:57.78		
Heat 2	1	6	Giffnock North A	1:46.74	Qualified for final - lane 4	
	2	56	Edinburgh AC A	1:48.82	Qualified for final - lane 3	
	3	9	Cumbernauld A	1:53.92		
	4	19	VP Glasgow B	1:56.71		
	5	82	Dunfermline A	2:01.58		
Heat 3	1	52	Airdrie B	1:51.62	Qualified for final - lane 2	
	2	69	Kilbarchan A	1:55.24		
	3	16	Shettleston A	1:55.52		
	4	78	Law & District A	1:57.43		
	5	118	VP Glasgow C	1:59.01		
U20 Women	straight final - see					
U11 Boys Heat 1	1	7	Giffnock North B	2:13.05	Qualified for final - lane 5	
	2	51	Airdrie A	2:16.90	Qualified for final - lane 6	
	3	82	Dunfermline A	2:18.23	Qualified for final - lane 2	
	4	54	Central AC B	2:29.22		
	5	10	Cumbernauld B	2:32.37		
Heat 2	1	6	Giffnock North A	2:12.11	Qualified for final - lane 4	
	2	53	Central AC A	2:13.52	Qualified for final - lane 3	
	3	9	Cumbernauld A	2:22.60		
	4	106	Giffnock North C	2:23.65		
	5	78	Law & District A	2:35.58		
Heat 3	1	16	Shettleston A	2:21.64	Qualified for final - lane 1	
	13:27	2	18	VP Glasgow A	2:21.67	
		3	20	Whitemoss A	2:24.21	
		4	62	North Ayr A	2:24.48	
		5	107	Giffnock North D	2:31.81	
U13 Boys Heat 1	1	1	Ayr Seaforth A	1:58.49	Qualified for final - lane 5	
	2	56	Edinburgh AC A	1:59.75	Qualified for final - lane 3	

COMMONWEALTH ARENA SAIL RELAYS

2014-15

8th February 2015

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position				
		3	54	Central AC B	2:10.55	
		4	3	Clydesdale A	2:14.78	
		5	10	Cumbernauld B	2:16.84	
Heat 2	1	6	Giffnock North A	1:56.67	Qualified for final - lane 4	
	2	82	Dunfermline A	2:00.23	Qualified for final - lane 6	
	3	53	Central AC A	2:01.43	Qualified for final - lane 1	
	4	69	Kilbarchan A	2:06.71		
	5	109	Cumbernauld C	2:23.81		
Heat 3	1	58	Pitreavie A	2:01.21	Qualified for final - lane 2	
	2	20	Whitemoss A	2:06.16		
	3	16	Shettleston A	2:07.71		
	4	78	Law & District A	2:15.28		
	5	153	Central AC C	2:19.66		
Heat 4	1	7	Giffnock North B	2:05.73		
	2	9	Cumbernauld A	2:07.13		
	3	158	Pitreavie B	2:09.96		
	4	154	Central AC D	2:11.01		
	5	182	Dunfermline C	2:14.58		
	6	21	Whitemoss B	2:16.26		
U15 Boys	Heat 1	1	1	Ayr Seaforth A	1:45.25	Qualified for final - lane 3
		2	57	Edinburgh AC B	1:46.55	Qualified for final - lane 2
		3	53	Central AC A	1:56.01	Qualified for final - lane 1
		4	3	Clydesdale A	1:56.34	
		5	9	Cumbernauld A	1:57.01	
	Heat 2	1	6	Giffnock North A	1:43.89	Qualified for final - lane 4
		2	78	Law & District A	1:56.16	
		3	62	North Ayr A	2:07.87	
		4	10	Cumbernauld B	2:12.78	
	Heat 3	1	18	VP Glasgow A	1:44.74	Qualified for final - lane 5
		2	58	Pitreavie A	1:45.84	Qualified for final - lane 6
		3	16	Shettleston A	1:59.08	
		4	7	Giffnock North B	DQ	
U17 Men	Heat 1	1	53	Central AC A	1:36.99	Qualified for final - lane 4
		2	56	Edinburgh AC A	1:37.47	Qualified for final - lane 5
		3	1	Ayr Seaforth A	1:38.32	Qualified for final - lane 3
		4	3	Clydesdale A	1:51.07	
		5	51	Airdrie A	DNF	
		6				
	Heat 2	1	6	Giffnock North A	1:38.94	Qualified for final - lane 6
		2	16	Shettleston A	1:41.25	Qualified for final - lane 2
		3	20	Whitemoss A	1:42.97	Qualified for final - lane 1
U20 Men	straight final - see below					
U11 Girls	FINAL	1	18	VP Glasgow A	2:16.09	
		<i>Catriona Scott, Valencia Wright, Niamh Finnieston, Beth Bushell</i>				
		2	6	Giffnock North A	2:18.82	
		3	62	North Ayr A	2:22.27	
		4	16	Shettleston A	2:22.71	

COMMONWEALTH ARENA SAIL RELAYS

2014-15

8th February 2015

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

Position

		5	53	Central AC A	2:26.68
		6	1	Ayr Seaforth A	2:26.93

U13 Girls	FINAL	1	56	Edinburgh AC A	1:56.80
				<i>Ellie O'Hara, Niamh Edgar, Erin O'Neill, Lily McQueenie</i>	
		2	6	Giffnock North A	1:59.66
		3	1	Ayr Seaforth A	2:01.15
		4	51	Airdrie A	2:01.56
		5	58	Pitreavie A	2:03.31
		6	53	Central AC A	2:08.86

U15 Girls	FINAL	1	53	Central AC A	1:48.64
				<i>Anna Cameron, Abbie Davidson, Emma Mailer, Katie Sharkey</i>	
		2	6	Giffnock North A	1:50.61
		3	58	Pitreavie A	1:50.85
		4	56	Edinburgh AC A	1:53.25
		5	78	Law & District A	1:55.13
		6	18	VP Glasgow A	1:57.83

U17 Women	FINAL	1	6	Giffnock North A	1:45.72
				<i>Erin Wallace, Amy Donaghy, Sophie Haldane, Iona Menzies</i>	
		2	53	Central AC A	1:46.85
		3	56	Edinburgh AC A	1:47.05
		4	52	Airdrie B	1:52.44
		5	20	Whitemoss A	1:54.80
		6	18	VP Glasgow A	1:55.34

U20 Women	FINAL	1	6	Giffnock North A	1:49.58
				<i>Jenna Wrisberg, Niamh Grahame, Catherine Palmer, Lauren Glencross</i>	
		2	18	VP Glasgow A	1:59.54
		3			

U11 Boys	FINAL	1	6	Giffnock North A	2:13.40
				<i>Gordon Wylie, Marc Capaldi, Mark McCabe, Hugh Shiels</i>	
		2	53	Central AC A	2:17.19
		3	82	Dunfermline A	2:17.23
		4	51	Airdrie A	2:17.91
		5	7	Giffnock North B	2:18.18
		6	16	Shettleston A	2:23.81

U13 Boys	FINAL	1	6	Giffnock North A	1:58.18
				<i>Reuben Nairne, Fraser Lipp, Jamie Stewart, Murray Fotheringham</i>	
		2	1	Ayr Seaforth A	1:58.91
		3	82	Dunfermline A	1:59.78
		4	58	Pitreavie A	2:01.46
		5	53	Central AC A	2:03.38

U15 Boys	FINAL	1	6	Giffnock North A	1:43.78
				<i>Robert Brady, Calum Alexander, Amin Hifi, Kyle McLean</i>	
		2	18	VP Glasgow A	1:45.49
		3	1	Ayr Seaforth A	1:47.01
		4	56	Edinburgh AC A	1:47.50
		5	58	Pitreavie A	1:50.43
		6	53	Central AC A	1:53.48

COMMONWEALTH ARENA SAIL RELAYS

2014-15

8th February 2015

six fastest heat times go into final, seeded lanes as follows: 1st - lane 4, 2nd - lane 5, 3rd - lane 3, 4th - lane 6, 5th - lane 2, 6th - lane 1

Position

U17 Men	FINAL	1	6	Giffnock North A	1:36.55
<i>Ross Montgomerie, Morgan Allan, Andy Moses, David Allen</i>					
		2	56	Edinburgh AC A	1:37.02
		3	53	Central AC A	1:37.92
		4	1	Ayr Seaforth A	1:38.43
		5	16	Shettleston A	1:41.93
		6	20	Whitemoss A	1:41.99

U20 Men	FINAL	1	53	Central AC A	1:33.63
<i>Liam Halliday, Ben McGuire, Tom Chandler, Ewen Corbett</i>					
		2	58	Pitreavie A	1:34.69
		3	6	Giffnock North A	1:34.79
		4	22	Motherwell A	1:37.26
			69	Kilbarchan A	DNF