

TRACK

	TIME	EVENT	AGE GROUP(S)	ATHLETES	RACES
1/2	10.00	400m Hurdles	SW / SM	2 / 1	1
3	10.10	300m Hurdles	U17W	2	1
4	10.15	100m	U11 Boys	10	2
5	10.20	100m	U11 Girls	22	3
6	10.30	100m	U13 Boys	21	3
7	10.40	100m	U13 Girls	35	5
8	10.55	100m	U15 Boys	22	3
9	11.05	100m	U15 GIRLS	27	4
10	11.20	100m	U17 M	13	2
11	11.30	100m	U17 W	11	2
12	11.40	100m	SM	11	2
13	11.40	100m	SW	12	2
14	11.45	800m	U11 Boys	12	1
15	11.50	800m	U11 Girls	12	1
16	11.55	800m	U13 Boys	22	2
17	12.05	800m	U13 Girls	17	2
18	12.15	800m	U15 Boys	15	1
19	12.20	800m	U15 GIRLS	15	1
20	12.25	800m	U17 M	11	1
21	12.30	800m	U17W	11	1
22		800m	SW	6	
23	12.40	800m	SM	12	1
24	12.45	Carly Beattie Memorial 200m Hcap Invit	Mixed	10	1
	12.50	LUNCH			
25	13.30	70m Hurdles	U13 Girls	8	1
26	13.40	75m Hurdles	U15 GIRLS	3	1
27	13.45	75m Hurdles	U13 Boys	5	1
28	13.55	80m Hurdles	U15 Boys	4	1
29		80m Hurdles	U17 Women	2	
30	14.00	100m Hurdles	Sen. Women	1	1
31		100m Hurdles	U17 Men	1	
32	14.15	300m	U17 Women	9	2
33	14.25	300m	U17 Women	12	2
34	14.35	400m	U15 Boys	3	1
35	14.45	400m	U17 Men	9	2
36	14.55	400m	Sen. Men	11	2
37	15.05	400m	Sen. Women	7	1
38	15.10	200m	U11 Boys	9	2
39	15.15	200m	U11 Girls	15	2
40	15.25	200m	U13 Boys	17	3
41	15.30	200m	U13 Girls	30	4
42	15.45	200m	U15 Boys	23	3
43	15.55	200m	U15 GIRLS	24	3
44	16.05	200m	U17 Women	12	2
45	16.15	200m	U17 Men	16	2
46	16.30	200m	Sen. Men	11	1
47	16.35	200m	Sen. Women	10	1
48	16.45	1500m	U15 BOYS	11	1
49		1500m	U15 GIRLS	9	
50	16.55	1500m	U17 Women	2	1
51		1500m	Sen. Women	7	
52	17.05	1500m	U17 Men	6	1
53		1500m	Sen. Men	8	

MORNING SESSION

	TIME	EVENT	AGE GROUP(S)	ATHLETES	POOL
1	10.00	Long Jump	U13 Boys	15	1
2	10.00	High Jump	U17W	4	1
3		High Jump	U15 Boys	7	
4		High Jump	U17 Men	3	
5	10.00	Hammer	U15 B / G	1 / 1	1
6		Hammer	U17 Women	3	
7		Hammer	U17 Men	1	
8		Hammer	Sen. Women	1	
9		Hammer	Sen. Men	2	
10	10.40	Shot Putt	U15 GIRLS	3	1
11		Shot Putt	U15 Boys	9	
12	10.00	Pole Vault	U15 GIRLS	1	1
13			U15 Boys	1	
14			SEN Women	2	
15			U20 Men	1	
16	11.10	Long Jump	U13 Girls	23	1
17	11.10	High Jump	U11 Girls	3	1
18		High Jump	U11 Boys	2	
19		High Jump	U13 Girls	5	
20					
21	11.40	Javelin	Sen. Women	2	1
22		Javelin	U17 Men	4	
23		Javelin	Sen. Men	4	

AFTERNOON SESSION

	TIME	EVENT	AGE GROUP(S)	ATHLETES	POOL
24	13.00	Javelin	U13 Girls	4	1
25		Javelin	U15 GIRLS	4	
26		Javelin	U13 Boys	11	
27		Javelin	U15 Boys	7	
28	13.00	Long Jump	U15 GIRLS	15	1
29	13.00	Shot Putt	U11 Girls	3	1
30		Shot Putt	U 11 Boys	4	
31		Shot Putt	U13 Girls	7	
32		Shot Putt	U13 Boys	4	
33	13.00	Long Jump	U17 Women	9	1
34		Long Jump	SW	4	
35		Long Jump	U17 Men	6	
36		Long Jump	SM	4	
37	13.20	High Jump	U15 Girls	5	1
38		High Jump	U13 BOYS	6	
39	14.00	Shot Putt	U17 Women	2	1
40		Shot Putt	SW	2	
41		Shot Putt	U17 Men	3	
43	15.00	Long Jump	U11 Girls	11	2
44		Long Jump	U11 Boys	3	
45	15.00	Long Jump	U15 Boys	16	1
46	15.00	Discus	U13 Girls	1	1
45		Discus	U15 Boys	1	
46		Discus	U17 Women	2	
47		Discus	U17 Men	1	
48		Discus	SW	2	