

scottishathletics District Championships

East - Grangemouth

Friday 22nd May 2015

Provisional Track Timetable Friday

Event No.	Time	Event	Age Group	Round
T01	18.00	1500m	U17M	1
T02	18.20	200m	U13G	1
T03	18.35	200m	U13B	1
T04	18.45	200m	U15G	1
T05	19.05	200m	U15B	1
T06	19.15	200m	U17W	1
T07	19.30	200m	U17M	1
T08	19.45	200m	U20W	F
T09	19.50	200m	Sen W	F
T10	19.55	200m	Sen/U20M	1
T11	20.05	1500m	U13G	F
T12	20.15	1500m	U13B	F
T13	20.25	1500m	U15G	F
T14	20.35	1500m	U15B	F
T15	20.45	1500m	U17W	F
T16	20.55	1500m	U20/Sen W	F
T17	21.05	1500m	U20/Sen M	F
T18	21.15	200m	U13G	F
T19	21.20	200m	U13B	F
T20	21.25	200m	U15G	F
T21	21.30	200m	U15B	F
T22	21.35	200m	U17W	F
T23	21.40	200m	U17M	F
T24	21.45	200m	Sen/U20M	F
T25	21.50	1500m	U17M	F

Provisional Field Timetable

Event No.	Time	Event	Age Group	
F01	18.00	Hammer	U20/17M	
F02	18.00	Hammer	Sen/U20/U17W	
F03	18.30	Triple Jump	U20/U17/15W	
F04	18.30	High Jump	U15G	
F05	19.00	Hammer	U15G/B	
F06	19.30	Triple Jump	Sen/U20/U17/15M	
F07	20.00	Discus	U13B/G	
F08	20.00	Discus	U15B/G	

Field even 2 warm up attempts; best 6 in each age group qualify for a further 3 attempts

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East - Grangemouth

Saturday 23rd May 2015

Provisional Track Timetable Saturday

Event No	Time	Event	Age Group	Round
T01	10.00	800m	U13G	1
T02	10.20	800m	U13B	1
T03	10.35	800m	U15G	1
T04	10.50	800m	U15B	1
T05	11.00	800m	U17W	1
T06	11.10	800m	U17M	1
T07	11.20	800m	Sen/U20W	F
T08	11.30	800m	U20M	F
T09	11.35	800m	SenM	F
T10	11.40	3000m SC	U20M	F
T11	12.00	300m Hurdles	U17G	F
T12	12.10	100m	U20W	F
T13	12.15	100m	Sen W	F
T14	12.20	100m	U20M	F
T15	12.25	100m	Sen M	F
T16	12.30	100m	U17W	1
T17	12.40	100m	U17M	1
T18	12.55	100m	U15G	1
T19	13.10	100m	U15B	1
T20	13.25	100m	U13G	1
T21	13.40	100m	U13B	1
			LUNCH	
T22	14.30	800m	U13G	F
T23	14.35	800m	U13B	F
T24	14.40	800m	U15G	F
T25	14.45	800m	U15B	F
T26	14.50	800m	U17W	F
T27	14.55	800m	U17 M	F
T28	15.00	400m	U20W	F
T29	15.05	400m	Sen W	F
T30	15.10	400m	U20M	F
T31	15.15	400m	Sen M	F
T32	15.20	400m	U17M	1
T33	15.30	300m	U15B	F
T34	15.35	300m	U17W	1
T35	15.45	300m	U15G	F
T36	15.50	110m Hurdles	Sen/U20M	F
T37	15.55	100m Hurdles	U17M	F
T38	16.00	100m Hurdles	Sen/U20W	F
T39	16.05	80m Hurdles	U15B	F
T40	16.20	80m Hurdles	U17W	1
T41	16.30	75m Hurdles	U15G	1
T42	16.40	75m Hurdles	U13B	F
T43	16.45	70m Hurdles	U13G	1
T44	16.55	100m	U17W	F
T45	17.00	100m	U17M	F
T46	17.05	100m	U15G	F
T47	17.10	100m	U15B	F
T48	17.15	100m	U13G	F
T49	17.20	100m	U13B	F
T50	17.25	400m	U17M	F
T51	17.30	300m	U17W	F
T52	17.35	80m Hurdles	U17W	F
T53	17.40	75m Hurdles	U15G	F
T54	17.45	70m Hurdles	U13G	F

Provisional Field Timetable

Event No.	Time	Event	Age Group
F01	10.00	Javelin	Sen/U20/17/15W
	10.00	Javelin	U13B/G
F02	10.00	Long Jump	U13G
F03	10.00	Shot Putt	Sen/U20/17/15M
F04	11.30	Javelin	Sen/U20/U17/15 M
F05	11.30	High Jump	Sen/U20/17 W
F06	11.30	Long Jump	Sen/U20/17/15 M
F07	11.30	Pole Vault	All male/female
F08	13.00	Shot Putt	Sen/U20/U17/15 W
F09	13.00	Long Jump	U13B
F10	13.00	High Jump	Sen/U20/17/15 M
F11	14.30	Long Jump	U20/17W
F12	14.30	High Jump	U13B/G
F13	15.30	Discus	U20/17M Sen/U20/17W
F14	15.30	Shot Putt	U13B/G
F15	15.30	Long Jump	U15W

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