

100m

100m	Pos	No	Name	Club	Time
Heat 1 W/S +1.0	1	5	Jamie Bowie	Team East Lothian	11:16
	2	8	Ashim Burumgu	COG/VP	11:16
	3	15	Steven Beattie	COG/VP	11:75
	4	218	Ben Dalziel	Shettleston Harriers	12:27
	5	73	Lewis Young	Shettleston Harriers	12:42
	6	2	Robert Ferrol	Shettleston Harriers	12:45
	7	3	John Bradley	Red Star AC	12:50
	8	63	Scott Urisbeck	Hamilton & District	12:52
Heat 2 W/S +0.9	1	154	Jack Guthrie	Shettleston Harriers	12:19
	2	221	Nathan Fleetwood	Law	12:47
	3	26	Rory Maclean	Kilbrachan	12:64
	4	52	Davind Carpenter	North Airshire AC	12:71
	5	18	Derek MacArthur	Unattached	12:83
	6	29	Liam O'Hear	Shettleston Harriers	12:99
	7	195	Robyn Taylor	Unattached	13:29
	8	1	Jessica Gray	COG/VP	14:20
Heat 3 W/S +0.9	1	35	Walter Nana	Shettleston Harriers	12:74
	2	9	Lindsey Young	Banchory Stonehaven AC	13:03
	3	17	Gary Leek	Edinburgh AC	13:07
	4	94	Bethany Malley	Whitemoss AAC	13:33
	5	34	Mhairi Hendry	COG/VP	13:45
	6	76	Sidi Agoro	Shettleston Harriers	13:49
	7	11	Jemma Reekie	Kilbrachan	13:49
Heat 4 W/S +0.6	1	223	Ross Patterson(T38)	Red Star AC	13:32
	2	50	Mackenzi Cunningham	Kilbrachan	13:43
	3	77	Bola Agoro	Shettleston Harriers	14:00
	4	51	Rachel Shaw	Kilbrachan	14:44
	5	41	Tom Reid	Shettleston Harriers	14:75
	6	37	Ruby Gamick	Shettleston Harriers	15:68
	19	Michael Farrell	North Airshire AC	DNS	
Heat 5 W/S +0.6	1	219	Claudia Harper	Shettleston Harriers	14:32
	2	4	Emma Tucker	Pitreavie AAC	14:42
	3	46	Catriona Brannan	Shettleston Harriers	14:79
	4	194	Harris Finlayson	Shettleston Harriers	15:24
	5	75	Iona Denholm	Giffnock North	15:51
	6	207	Chris Brogan	Shettleston Harriers	15:65
	7	155	Callum Storrie	Shettleston Harriers	15:85
Heat 6 W/S +1.6	1	202	Cara McKay	Shettleston Harriers	14:89
	2	62	Max Campbell	Shettleston Harriers	15:51
	3	220	Eva Harper	Shettleston Harriers	15:72
	4	23	Grace Robertson	Giffnock North	15:90
	5	97	Leah McCluskey	Shettleston Harriers	16:44
	6	168	Cole Polson	Unattached	16:70
	7	225	Lauren Agnew	Giffnock North	17:22
	8	175	Neve Mochrie	Shettleston Harriers	17:60
Heat 7 W/S +1.0	1	167	Woodjina Lanahan	Shettleston Harriers	14:85
	2	88	Chloe Orr	Shettleston Harriers	16:60
	3	184	Cameron Fairgrieve	Shettleston Harriers	17:42

4	99	Jenna Dolan	Shettleston Harriers	17:94
5	152	Oliver Cartwright	Shettleston Harriers	17:97
6	165	Millie McIntosh	Shettleston Harriers	18:23
7	68	Kamryn Wilson	Shettleston Harriers	19:02
8	188	Connor Long	Unattached	24:31

**Heat 8
W/S
+2.4**

1	136	Eseosa Agbonkonkou	Shettleston Harriers	16:07
2	193	Leila Clark	Shettleston Harriers	16:63
3	21	Jessica Grant	Shettleston Harriers	18:05
4	192	Nell Cameron	Shettleston Harriers	18:77
5	162	Nina McPherson	Shettleston Harriers	18:83
6	83	Johnny Burns	Shettleston Harriers	20:24
7	178	Cairenna Wiggins	Shettleston Harriers	20:36
8	189	Kara Steven	Dalmarnock Primary Sch	20:65

200m

200m	Pos	No	Name	Club	Time
Heat 1 W/S +0.6	1	5	Jamie Bowie	Team East Lothian	21:82
	2	30	Elliot Heath	Giffnock North	21:91
	3	159	Grant Muir	Giffnock North	23:29
	4	172	Nathan Merchant	COG/VP	23:99
	5	2	Robert Ferrol	Shettleston Harriers	24:92
	6	3	John Bradley	Red Star AC	25:60
Heat 2 W/S +0.7	1	218	Ben Dalziel	Shettleston Harriers	24:45
	2	73	Lewis Young	Shettleston Harriers	25:34
	3	221	Nathan Fleetwood	Law	25:66
	4	224	Andrew Black	Law	25:92
	5	18	Derek MacArthur	Unattached	26:22
	6	34	Mhairi Hendry	COG/VP	26:38
	7	1	Jessica Gray	COG/VP	30:70
	9	Lindsey Young	Banchory Stonehaven AC	DNS	
Heat 3 W/S +0.9	1	140	Robert Lindsay	Kilmarnock Harriers	26:81
	2	223	Ross Patterson(T38)	Red Star AC	27:10
	3	195	Robyn Taylor	Unattached	27:79
	3	11	Jemma Reekie	Kilbrachan	27:79
	5	146	Paula Houston	Giffnock North	27:41
	6	94	Bethany Malley	Whitemoss AAC	28:91
	7	145	Lisa Gavienas	Giffnock North	29:60
Heat 4 W/S +0.2	1	50	Mackenzi Cunningham	Kilbrachan	28:29
	2	130	Ryan Cuzen	Red Star AC	29:12
	3	51	Rachel Shaw	Kilbrachan	29:48
	4	47	Murray Fotheringham	Giffnock North	29:61
	5	57	Maya Munro	Shettleston Harriers	30:59
	6	39	Emma Johnson	Edinburgh AC	31:27
	7	194	Harris Finlayson	Shettleston Harriers	31:77
	8	38	Katie Johnson	Edinburgh AC	31:78
Heat 5 W/S +0.4	1	202	Cara McKay	Shettleston Harriers	28:97
	2	137	Liam Casey	Kirkintilloch	29:85
	3	133	Kevin Uwaifo	Shettleston Harriers	30:87
	4	225	Lauren Agnew	Giffnock North	31:16
	5	46	Catriona Brannan	Shettleston Harriers	31:32
	6	53	Charlotte McKenna	Giffnock North	32:57
	7	181	Caitlin Thomson	Law	36:05
	8	134	Emma McKenzie	Shettleston Harriers	36:19
Heat 6 W/S +A60.9	1	25	Donald Maclean	Giffnock North	32:02
	2	144	Leila Hickey-Fugaia	Giffnock North	32:92
	3	166	Callum Reynolds	Shettleston Harriers	33:74
	4	97	Leah McCluskey	Shettleston Harriers	35:58
	5	171	Molly McLean	Shettleston Harriers	34:84
	6	152	Oliver Cartwright	Shettleston Harriers	35:86
Heat 7 W/S +0.6	1	132	Evis Uwaifo	Shettleston Harriers	33:43
	2	273	Matthew McGreechan	Shettleston Harriers	37:19
	3	272	Matty Bradshaw	Shettleston Harriers	38:01

800m

Derek McLean 800m Heats

800m	No	Name	Club	Age	Time	
Heat 1						
	1	240	Lewis Pentecost	Falkirk Victoria	U/15	2:06.38
	2	242	David McNair	Kilbrachan AC	U/15	2:07.04
	3	248	Andrew McAngus	Kilbrachan AC	U/15	2:07.92
	4	247	Drew Pollock	Cambuslang Harriers	U/15	2:12.88
	5	249	Lewis Raeburn	Shettleston Harriers	U/15	2:15.75
	6	287	Hamish Armit	Giffnock North AC	U/15	2:15.86
	7	239	Coinneach Petrie	Edinburgh AC	U/15	2:17.45
 800m						
Heat 2						
	1	243	Harris Pentecost	Falkirk Victoria	U/15	2:08.13
	2	245	Jamie Burns	Shettleston Harriers	U/15	2:09.87
	3	238	Craig Kennedy	Kilbrachan AC	U/15	2:11.81
	4	237	Lewis Elliot	Shettleston Harriers	U/15	2:13.64
	5	244	Luke McCaffery	Kirkintilloch	U/15	2:16.91
	6	241	Jordon Dolan	Shettleston Harriers	U/15	2:25.70
	7	246			U/15	2:33.44

800m

800m

800m	Pos	No	Name	Club	Time
Heat 1	1	159	Grant Muir	Giffnock North	01:53:53
	2	33	Callum Drummond	Shettleston Harriers	01:55:62
	3	79	Connor Henderson	Kilbrachan	01:55:97
	4	10	Sam Davies	Bitchfield Harriers	01:56:00
	5	48	Chris Stewart	Giffnock North	01:56:89
	6	12	Robbie Barr	COG/VP	01:59:34
	7	20	Allan Ramsay	COG/VP	02:00:30
	8	30	Elliot Heath	Giffnock North	DNF
Heat 2	1	208	Max Ralston	COG/VP	01:58:98
	2	13	Fraser Glass	COG/VP	01:59:17
	3	59	Callum Hunter	Inverclyde	02:00:68
	4	42	Kieran Pugh	Kirkintilloch	02:01:91
	5	174	Ross Hill	Law	02:02:24
	6	58	Michael Houston	Inverclyde	02:03:73
	7	67	Gregon Rillespie	Law	02:04:80
	8	206	Paul Harper	Glasgow School of Sport	02:08:68
Heat 3	1	85	John Law	Glasgow School of Sport	02:05:49
	2	6	Hamish Coutts	Cumbernauld AC	02:05:71
	3	191	Robert Ponton	Nithsdale & Dist	02:06:04
	4	64	Struan Patton	Ronhill Cambuslang	02:07:15
	5	153	Craig Johnston	Falkirk Victoria Harriers	02:07:53
	6	84	Andrew Moreland	COG/VP	02:07:97
	7	95			02:08:49
	8	173	Stuart McLuckie	Law	02:18:04
	9	87	Max Milarvie	COG/VP	02:18:04
Heat 4	1	82	Adam Brady	COG/VP	02:14:70
	2	183	Gavin Smith	Cambuslang Harriers	02:15:53
	3	203	Paul O'Hare	Kirkintilloch	02:15:59
	4	49	Sarah Eunson	Giffnock North	02:16:01
	5	70	Shannon McLellan	Shettleston Harriers	02:16:24
	6	78	Kerry MacAngus	Kilbrachan	02:18:62
	7	14	Fraser Logan	Belgrave Harriers	02:19:04
Heat 5	1	149	James Gillan	Law	02:16:39
	2	197	Aidan Mcaffrey	Kirkintilloch	02:17:44
	3	66	Emily Mcnicol	Law	02:19:16
	4	214	Jessie Christie	Falkirk Victoria Harriers	02:19:47
	5	69	Ethan Wilson	Shettleston Harriers	02:23:52
	6	47	Murray Fotheringham	Giffnock North	02:26:67
	7	54	Miceala Brown	Pitreavie AAC	02:27:14
	8	160	Laura Ferguson	Glasgow School of Sport	02:27:14
	9	148	Connor Butters	Law & District	02:30:43
	10	74	Lori Agnew	Glasgow School of Sport	02:30:45
	11	36	Dion Ingram	Law	02:30:83
	12	216	Charlene McCallum	Shettleston Harriers	02:34:28

800m

	13	187	Jennifer Bichan	Glasgow School of Sport	02:35:34
	14	100	Leanne Hogg	Glasgow School of Sport	02:35:51
	15	161	Kirsten Forster	Glasgow School of Sport	02:41:26
Heat 6	1	56	Alan Mollins	Greenock Glenpark	02:29:65
	2	39	Emma Johnson	Edinburgh AC	02:30:73
	3	22	Lynn Mckenna	Giffnock North	02:31:97
	4	163	Ethan Carclan	Giffnock North	02:33:91
	5	190	Gaia Salandini	Shettleston Harriers	02:36:54
	6	89	Kesey Fraser	Shettleston Harriers	02:36:75
	7	151	Talia Quigley	Shettleston Harriers	02:36:99
	8	43	Elle Henderson	Law	02:38:56
	9	72	Francesca Davidson	Giffnock North	02:44:49
	10	92	Lauren O'Neill	Shettleston Harriers	02:46:13
	11	25	Donald Maclean	Giffnock North	02:50:94
Heat 7	1	141			02:26:27
	2	96	Naimh Biggins	Ronhill Cambuslang	02:45:55
	3	222	Kian McConville	Giffnock North	02:48:71
	4	142	David Woods	Shettleston Harriers	02:54:52
	5	209	Elsie Hollywood	Shettleston Harriers	02:56:64
	6	176	Jack Kennedy	Kilbrachan	03:07:92
	7	152	Oliver Cartwright	Shettleston Harriers	03:09:73
	8	131	Aidan Carmichael	Shettleston Harriers	03:10:59
	9	199	Adam Chamberlain	Giffnock North	03:11:06
	10	177	Ross Kennedy	Kilbrachan	03:11:34
	11	88	Chloe Orr	Shettleston Harriers	03:14:98
	12	21	Jessica Grant	Shettleston Harriers	03:19:77
	13	83	Johnny Burns	Shettleston Harriers	03:23:61
	14	198	Alex Chamberlain	Giffnock North	03:25:45
	15	168	Cole Polson	Unattached	03:34:38
	16	32	Hannah Struthers	Shettleston Harriers	03:49:64
Heat 8	1	150	Matthew Gillan	Law	02:37:45
	2	212	Zoe Harkins	Motherwell AC	02:40:67
	3	200	Emma Chamberlain	Giffnock North	02:41:78
	4	44	Ellie Doherty	Springburn Harriers	02:42:60
	5	201	Hugh Shiels	Giffnock North	02:43:56
	6	65	Ragcel Bonnley	Law	02:45:17
	7	93	Emma Purdie	Shettleston Harriers	02:50:48
	8	185	Emma Gaston	Giffnock North	02:51:62
	9	158	Morven Hamilton	Hamilton & District	02:51:95
	10	144	Leila Hickey-Fugaia	Giffnock North	02:52:57
	11	213	Katie Christie	Falkirk Victoria Harriers	02:52:70
	12	164	Theo Carter	Shettleston Harriers	02:54:74
	13	211	Anna Young	Shettleston Harriers	02:55:96
	14	217	Rhiannon Morris	Giffnock North	02:56:11
	15	156	Ciara Scullion	Law	02:58:35
	16	68	Kamryn Wilson	Shettleston Harriers	03:22:22

800m

Alex Naylor 3000m Memorial Race

3000m	Pos	No	Name	Club	Time
Heat 1	1	266	Kamil Sieracki	Shettleston Harriers	08:17:58
	2	270	Lachlan Oates	Shettleston Harriers	08:19:38
	3	196	Luke Traynor	Giffnock North	08:25:82
	4	276	Michael Deason	Shettleston Harriers	08:27:58
	5	296	Tom Moran	Dunshaughlin AC (Ireland))	08:31:43
	6	228	Craig Ruddy	Inverclyde	08:32:22
	7	236	James Bowness	Glasgow Caledonian Univ	08:32:83
	8	235	Kevin Bryson	Shettleston Harriers	08:58:52
	9	291	Fraser Stirling	Ayr Seaforth	09:13:63
	10	294	Jack Heathwood	Bellahouston Harriers	09:15:94
	11	271	Shaun Butler	Cambuslang Harriers	09:16:73
	12	226	Andrew Harkins	Greenock Glenpark	09:21:31
	13	288	Ross Stephen	Cambuslang Harriers	09:25:29
	14	268	Louis O'Hare	Kirkintilloch	09:28:84
	15	283	Thomas McDonald	Kilbrachan	09:35:08
	16	280	Brendan Carey	Cambuslang Harriers	09:43:46
	17	295	Darren McQuade	Bellahouston Harriers	09:47:30
	18	227	David Tamburini	Greenock Glenpark	09:48:37
	19	286	Michael Paxton	Shettleston Harriers	10:19:20
Heat 2	1	293	Robbie Ferguson	Bellahouston Harriers	09:51:31
	2	289	Ryan Stephen	Cambuslang Harriers	09:53:44
	3	267	David Hogg	Kirkintilloch	09:54:61
	4	98	Jim Hogg	SVHC	09:58:36
	5	282	Robert Lindsay	Kilmarnock Harriers	10:05:51
	6	264	V Carroll	Kirkintilloch	10:06:50
	7	268	Louise O'Hare	Kirkintilloch	10:15:84
	8	292	Kirstin Oakley	Ayr Seaforth	10:17:81
	9	284	Emily Crusher	Giffnock North	10:20:21
	10	234	Grahame Hopper	Shettleston Harriers	10:25:21
	11	230	Ben Shaw	Giffnock North	10:26:80
	12	274	Calum Young	Giffnock North	10:28:28
	13	277	Heather Barnes	Giffnock North	10:28:81
	14	275	Jessica Oliver-Bell	Shettleston Harriers	10:31:86
	15	232	Jack Bell	Giffnock North	10:34:48
	16	269	Martyn Glancy	Kirkintilloch	10:38:59
	17	279	Sean Casey	Kirkintilloch	10:44:74
	18	233	Donna Finlayson	COG/VP	10:56:09
	19	24	Andrew Robertson	Giffnock North	11:08:31
	20	285	Luke Nelson	Giffnock North	11:15:85
	21	40	Sofia Kirkpatrick	Giffnock North	11:20:58
	22	290	Calum Ferguson	Bellahouston Harriers	11:21:05
	23	278	Scott Bradley	Kirkintilloch	11:46:74
	24	231	Chris Watson-Sweeney	Giffnock North	12:06:28

Long Jump

L Jump	No	Name	Club	Age	Dist	
1	60	David-John Martin	Shettleston Harriers	S/M	7.09	WS 0.8
2	169	Stephen Leek	Livingston	O/35	5.79	
3	16	Carson Graham	Shettleston Harriers	O/35	5.69	
4	149	James Gillan	Law and District AAC	U/15	4.44	
5	205	Jordan Dempster	Shettleston Harriers	U/15	4.38	
6	181	Caitlin Thomson	Law and District AAC	U/15G	4.09	
7	57	Mya Munro	Shettleston Harriers	U/15G	3.81	
8	170	Rachel Storey	Giffnock North AC	U/17W	3.78	
9	45	Laura Kinder	Kilbarchan AC	S/W	3.75	
10	4	Emma Tucker	Pitreavie AC	U/13	3.73	
11	143	Lucy Meechan	Giffnock North AC	U/17W	3.72	
12	220	Eva Harper	Shettleston Harriers	U/11G	3.66	
13	219	Claudia Harper	Shettleston Harriers	U/17W	3.64	
14	136	Esseosa Agbonkonkou	Shettleston Harriers	U/11	3.48	
15	225	Lauren Agnew	Giffnock North AC	U/13G	3.46	
16	155	Callum Storrie	Shettleston Harriers	U/13	3.44	
17	38	Katie Johnson	Edinburgh AC	U/11G	3.42	
18	207	Christopher Brogan	Shettleston Harriers	U/13	3.37	
19	133	Kevin Uwaifo	Shettleston Harriers	U/13	3.22	
20	157	Fraser Hamilton	Hamilton & District AC	0	3.15	
21	37	Ruby Garrick	Shettleston Harriers	U/13G	3.11	
22	168	Cole Polson	Unattached	U/11	3.1	
23	193	Lella Clark	Shettleston Harriers	U/11G	3	
24	184	Cameron Fairgreave	Shettleston Harriers	U/11	2.96	
25	23	Grace Robertson	Giffnock North AC	U/13G	2.95	
26	175	Neve Mochrie	Shettleston Harriers	U/11	2.83	
27	192	Neil Cameron	Shettleston Harriers	U/11	2.72	
28	142	David Woods	Shettleston Harriers	U/11	2.64	
29	88	Chloe Orr	Shettleston Harriers	U/11G	2.63	
30	90	Penny Fraser	Shettleston Harriers	U/11G	2.63	
31	165	Millie Mcintosh	Shettleston Harriers	U/11G	2.43	
32	68	Kamryn Wilson	Shettleston Harriers	U/11G	2.38	
33	189	Kara Steven	Dalmarnock Primary	U/11G	2.13	
34	178	Cairena Wiggins	Shettleston Harriers	U/13G	2.13	
35	179	Eva Keegan	Shettleston Harriers	U/11G	2.06	
36	32	Hannah Struthers	Shettleston Harriers	U/11G	2.03	
37	162	Nina Mcpherson	Shettleston Harriers	U/11G	1.89	

High Jump

H Jump	No	Name	Club	Age	Dist
1	16	Carson Graham	Shettleston Harriers	O/35	1.70
2	186	Michael Campbell	Shettleston harriers	U/17	1.65
3	52	David Carpenter	North Ayrshire AC	O/35	1.65
4	27	Gabriel Muzzolini	Canada	S/M	1.60
5	55	Alison Stewart	Whitemoss	U/20W	1.55
6	215	Callum Downie	Shettleston Harriers	U/15	1.50
7	47	Murray Fotheringham	Giffnock North AC	U/13	1.40
8	147	Emma Knox	Motherwell AC	U/17W	1.40
9	41	Tom Reid	Shettleston Harriers	U/15	1.40
10	46	Catriona Brannan	Shettleston Harriers	U/15G	1.35
11	190	Gaia Salandini	Shettleston Harriers	U/15G	1.30
12	61	Adam Donaldson	Shettleston Harriers	U/13	1.25
13	210	Niah Welsh	Law and District AAC	U/15G	1.25
14	92	Lauren O'Neil	Shettleston Harriers	U/13G	1.20
15	182	Shannon Waldron	Law and District AAC	U/15G	1.20
16	202	Cara McKay	Shettleston Harriers	U/13G	1.20

Shot

Shot	Putt	No	Name	Club	Age	Dist	
1	81		Christopher Scanlon	Shettleston Harriers	U/20	12.86	7k
2	98B		Jim Hogg	SVHC	O/60	12.02	7k
3	91		Sam O'Kane	Kilbarchan AC	S/M	10.50	7k
4	297		Ben Main	Shettleston Harriers	U/20	10.04	7k
1	45		Laura Kinder	Kilbarchan AC	S/W	5.78	4k
1	98A		Jim Hogg	SVHC	O/60	14.67	5k
1	31		John Scott	Shettleston Harriers	O/70	11.46	4k
1	300		Claire Cameron	VPCOG	O/55W	9.32	3k
1	204		Shona Crossan	Shettleston Harriers	U/15G	11.40	3k
2	210		Niah Welsh	Law and District AAC	U/15G	6.10	3k
1	207		Christopher Brogan	Shettleston Harriers	U/13	5.52	3.2k
2	155		Callum Storrie	Shettleston Harriers	U/13	5.33	3.2k
3	139		Sam Lindsay	Kilmarnock Harriers	U/13	5.19	3.2k
1	7		Stella Coutts	Cumbernauld AAC	U/13G	7.57	2.72k
2	138		Emma Carr	Shettleston Harriers	U/13G	5.77	2.72k
3	171		Molly McLean	Shettleston Harriers	U/13G	5.37	2.72k
1	38		Katie Johnson	Edinburgh AC	U/11G	4.78	2.72k
2	180		Iona McKinlay	Shettleston Harriers	U/11G	3.98	2.72k
3	179		Eva Keegan	Shettleston Harriers	U/11G	3.27	2.72k
4	90		Penny Fraser	Shettleston Harriers	U/11G	3.00	2.72k

Hammer

Hammer	No	Name		Age	Dist	
1	297	Ben Main	Shettleston Harriers	U/20	55.73	6k
2	81	Christopher Scanlon	Shettleston Harriers	U/20	48.10	6k
1	299	Andrew Costello	Kilbrachan	U/17	51.71	5k
1	300	Claire Cameron	COG/VP	O/55W	27.91	3k
1	298	Heather Fawcett	Kilbrachan	U/17W	47.09	3k
1	182	Shannon Waldron	Law & District	U/15G	30.19	3k