

<b>1 Edinburgh AC</b> Pippa Carcas (GU13) Eloise Walker (GU15) Zoe Bates (FU17)	<b>30:25</b> 10:17 (3) 9:44 (1) 10:24 (1)	<b>21 Edinburgh AC C</b> Beth Morrow (GU13) Beatrice Winkler (GU15) Alice Goodall (GU15)	<b>33:23</b> 11:08 (20) 10:38 (18) 11:37 (21)	<b>41 Glasgow School of Sport B</b> Paris Burton (GU13) Kirsten Forster (GU15) Jenny Bickan (FU17)	<b>35:17</b> 12:47 (80) 11:23 (53) 11:07 (41)
<b>2 Giffnock North AAC B</b> Helen Chong (GU13) Heather Barnes (GU15) Sarah Olivia Eunson (FU17)	<b>30:39</b> 10:34 (9) 10:02 (4) 10:03 (2)	<b>22 Ron Hill Cambuslang Harriers</b> Niamh Riggins (GU13) Lauren McEwan (GU15) Christie Dalgleish (GU15)	<b>33:27</b> 10:43 (13) 11:23 (21) 11:21 (22)	<b>42 Falkirk Victoria Harriers B</b> Olivia Wilson (GU13) Flora Johnston (GU15) Alice Robertson (GU15)	<b>35:22</b> 12:17 (64) 11:33 (48) 11:32 (42)
<b>3 Giffnock North AAC</b> Kate Richardson (GU13) Emily Crusher (GU15) Erin Wallace (FU17)	<b>30:40</b> 10:33 (8) 10:43 (9) 9:24 (3)	<b>23 VP-Glasgow AC B</b> Jenna Little (GU13) Emma Gilmore (GU15) Sarah Robertson (FU17)	<b>33:30</b> 11:05 (18) 10:36 (17) 11:49 (23)	<b>43 Giffnock North AAC I</b> Rachel Paton (GU13) Emma Gaston (GU13) Eve Denholm (GU15)	<b>35:32</b> 11:40 (42) 11:55 (44) 11:57 (43)
<b>4 Kilbarchan AAC</b> Alisha Sivell (GU13) Eilidh Gibson (GU15) Kerry MacAngus (FU17)	<b>30:42</b> 10:05 (2) 10:27 (3) 10:10 (4)	<b>24 Inverclyde AC B</b> Leah Cameron (GU13) Jennifer Lyne (GU15) Cliona McCheyne (GU15)	<b>33:35</b> 12:02 (52) 10:47 (31) 10:46 (24)	<b>44 Kirkintilloch Olympians</b> Rachel Paton (GU13) Hannah Paton (GU15) Meg Tomkins (FU17)	<b>35:32</b> 11:26 (32) 10:59 (23) 13:07 (44)
<b>5 Lasswade AAC</b> Hannah Little (GU13) Sarah Tait (GU15) Lauren Dickson (FU17)	<b>30:53</b> 10:59 (17) 10:03 (6) 9:51 (5)	<b>25 Glasgow School of Sport</b> Beth McGuigan (GU13) Laura Ferguson (GU15) Leanne Finlay (GU15)	<b>33:36</b> 12:09 (60) 10:24 (28) 11:03 (25)	<b>45 East Kilbride A.C. B</b> Kayla McCrone (GU13) Iona MacDougall (GU13) Sarah Connolly (GU15)	<b>35:34</b> 11:58 (49) 12:09 (52) 11:27 (45)
<b>6 Fife AC</b> Anna Dalglish (GU13) Anna Hedley (GU13) Louise Mccullagh (FU17)	<b>31:03</b> 10:20 (5) 9:52 (2) 10:51 (6)	<b>26 Banchoy Stonehaven AC</b> Shannon Brown (GU13) Claire McGarvey (GU15) Clare Stewart (FU17)	<b>33:43</b> 11:22 (31) 12:08 (40) 10:13 (26)	<b>46 Gala Harriers B</b> Maddie Thomson (GU13) Rhiannon Fagan (GU15) Elena Heger (GU15)	<b>35:39</b> 12:51 (82) 11:37 (60) 11:11 (46)
<b>7 Giffnock North AAC C</b> Emma Chamberlain (GU13) Lynn McKenna (GU15) Danielle Kelly (FU17)	<b>31:31</b> 10:41 (12) 10:29 (8) 10:21 (7)	<b>27 Kilbarchan AAC C</b> Louise Hastie (GU13) Kim Crawford (GU15) Rebecca Louise Craig (FU17)	<b>33:51</b> 12:03 (54) 11:16 (38) 10:32 (27)	<b>47 Gala Harriers</b> Mairi Forbes (GU13) Lindsay Jack (GU15) Eilidh Forbes (GU15)	<b>35:59</b> 12:17 (65) 11:28 (45) 12:14 (47)
<b>8 Inverclyde AC</b> Hannah McGeehan (GU13) Nuala McCheyne (GU15) Shelby Morrison (FU17)	<b>31:32</b> 11:05 (19) 10:14 (11) 10:13 (8)	<b>28 Giffnock North AAC H</b> Isla Ward (GU13) Rachel Norrie (GU15) Zoe Coyne (GU15)	<b>33:52</b> 10:38 (11) 11:53 (25) 11:21 (28)	<b>48 Shettleston Harriers</b> Laura O'Neil (GU13) Gaia Salandini (GU15) Talia Quigley (FU17)	<b>36:06</b> 11:27 (33) 12:44 (54) 11:55 (48)
<b>9 Central AC</b> Amy Kirkpatrick (GU13) Rosie Eckersley (GU15) Kate Gallagher (FU17)	<b>31:41</b> 11:12 (25) 10:52 (20) 9:37 (9)	<b>29 Central AC C</b> Katie Burr (GU13) Skye Henderson (GU15) Jodie Currie (FU17)	<b>33:56</b> 11:28 (34) 11:06 (29) 11:22 (29)	<b>49 Helensburgh AAC</b> Katie Flett (GU13) Chloe Murphy (GU15) Melissa Robinson (FU17)	<b>36:09</b> 13:08 (90) 12:07 (73) 10:54 (49)
<b>10 Pitreavie AAC</b> Sarah Coutts (GU13) Jemma Jamieson (GU15) Emily Nicholson (FU17)	<b>31:46</b> 10:03 (1) 11:18 (12) 10:25 (10)	<b>30 VP-Glasgow AC C</b> Niamh Hay (GU13) Abbie Leanord (GU13) Amy Bissett (GU15)	<b>34:03</b> 11:34 (37) 10:58 (26) 11:31 (30)	<b>50 Law &amp; District AAC B</b> Evie Glen (GU13) Jessica Robson (GU13) Lizzi McLaren (FU17)	<b>36:09</b> 11:35 (39) 11:45 (39) 12:49 (50)
<b>11 Corstorphine AAC</b> Georgia Iedingham (GU13) Jessica MacLeod (GU15) Caitlin Arnott (FU17)	<b>31:56</b> 11:18 (29) 10:09 (14) 10:29 (11)	<b>31 Giffnock North AAC G</b> Rhiannon Morris (GU13) Niamh McWilliams (GU13) Lisa Miller (GU15)	<b>34:10</b> 11:41 (43) 11:07 (31) 11:07 (31)	<b>51 Ayr Seaforth AC C</b> Evie Mackay (GU13) Kelly Cunningham (GU15) Hannah Pettigrew (FU17)	<b>36:13</b> 11:36 (40) 11:58 (43) 12:39 (51)
<b>12 VP-Glasgow AC</b> Isla Britton (GU13) Adrienne Murray (GU15) Holly Little (FU17)	<b>32:00</b> 10:18 (4) 10:51 (7) 10:51 (12)	<b>32 Ayr Seaforth AC B</b> Morven Hubbard (GU13) Charlotte McDowall (GU15) Jacqueline Gibson (FU17)	<b>34:13</b> 10:37 (10) 11:17 (19) 12:19 (32)	<b>52 Giffnock North AAC J</b> Leila Hickey-Fugaccia (GU13) Jenny Dougall (GU15) Rachel Storey (FU17)	<b>36:18</b> 12:06 (57) 11:27 (42) 12:45 (52)
<b>13 Edinburgh AC B</b> Emma Johnson (GU13) Ishbel Strathdee (GU15) Carolyn Cameron (FU17)	<b>32:20</b> 10:24 (6) 10:35 (5) 11:21 (13)	<b>33 Pitreavie AAC B</b> Jenny Gillanders (GU13) Hannah Dow (GU15) Sophie Nethery (FU17)	<b>34:29</b> 10:53 (16) 11:21 (22) 12:15 (33)	<b>53 Kilbarchan AAC D</b> Hannah Fleming (GU13) Rachael Curry (GU15) Holly Thompson (FU17)	<b>36:18</b> 12:24 (71) 12:09 (61) 11:45 (53)
<b>14 Giffnock North AAC D</b> Jill Carswell (GU13) Charlotte McKenna (GU15) Annabel Ballantyne (GU15)	<b>32:32</b> 10:48 (15) 10:28 (10) 11:16 (14)	<b>34 Falkirk Victoria Harriers</b> Kerry Robertson (GU13) Chloe McClung (GU15) Jessica Christie (GU15)	<b>34:30</b> 12:01 (50) 11:04 (35) 11:25 (34)	<b>54 Glasgow School of Sport C</b> Lisa Walby (GU13) Neve McGuire (GU15) Lori Agnew (FU17)	<b>36:27</b> 13:04 (88) 12:25 (76) 10:58 (54)
<b>15 Kilbarchan AAC B</b> Kimberley Gilchrist (GU13) Leona Murray (GU15) Rona Tytler (FU17)	<b>32:38</b> 11:17 (28) 10:14 (26) 11:07 (15)	<b>35 Garscube Harriers</b> Claire McGonigle (GU15) Sophie Lathan (GU15) Lindsay Robertson (FU17)	<b>34:43</b> 11:11 (24) 12:21 (41) 11:11 (35)	<b>55 Cumbernauld AAC</b> Aimie Hendry (GU13) Lucy Marshall (GU15) Alicia Paton (FU17)	<b>36:33</b> 13:04 (87) 11:37 (63) 11:52 (55)
<b>16 Giffnock North AAC E</b> Francesca Davidson (GU13) Sofia Kirkpatrick (GU15) Orla Lang (GU15)	<b>32:44</b> 10:45 (14) 10:37 (13) 11:22 (16)	<b>36 Central AC D</b> Mavia Duncan (GU13) Elizabeth Thompson (GU15) Laurn Turnbull (FU17)	<b>34:43</b> 12:44 (79) 11:18 (50) 10:41 (36)	<b>56 Lasswade AAC C</b> Abby McGlone (GU13) Keanna MacInnes (GU15) Lauren Wilkie (FU17)	<b>36:37</b> 12:53 (85) 12:08 (66) 11:36 (56)
<b>17 East Kilbride A.C.</b> Hannah Anderson (GU13) Lucy Muirhead (GU15) Heather Addison (FU17)	<b>32:46</b> 10:32 (7) 10:57 (15) 11:17 (17)	<b>37 Giffnock North AAC F</b> Lauren Paterson (GU13) Rosie McKay (GU13) Leah Sinfioriani (GU15)	<b>34:49</b> 11:29 (35) 11:43 (37) 11:37 (37)	<b>57 Inverclyde AC D</b> Elize Morrison (GU13) Clara Pollock (GU15) Gillian Carmichael (GU15)	<b>36:39</b> 13:11 (92) 11:51 (67) 11:37 (57)
<b>18 Ayr Seaforth AC</b> Rosie Davidson (GU13) Caitlin Chilton (GU15) Emma Frew (GU15)	<b>32:50</b> 11:09 (21) 11:48 (32) 9:53 (18)	<b>38 Law &amp; District AAC</b> Rachel Donnelly (GU13) Caitlin Thomson (GU15) Jill Hamilton (FU17)	<b>34:55</b> 11:35 (38) 11:24 (33) 11:56 (38)	<b>58 Ron Hill Cambuslang Harriers B</b> Chloe Burton (GU13) carla fay (GU13) Katie Moss (GU15)	<b>36:43</b> 11:42 (44) 12:03 (46) 12:58 (58)
<b>19 Aberdeen AAC</b> Eilidh Dempsey (GU13) Kirsty Oldham (GU15) Rebecca Eggeling (FU17)	<b>32:57</b> 12:20 (67) 10:15 (30) 10:22 (19)	<b>39 Corstorphine AAC B</b> Katherine MacLeod (GU13) Mia Linklater (GU13) Heidi Ross (FU17)	<b>35:01</b> 11:14 (27) 11:19 (27) 12:28 (39)	<b>59 Clydesdale Harriers</b> Skye Birnie (GU13) Jade Steele-Milne (GU15) Iona Allan (FU17)	<b>36:49</b> 12:09 (59) 11:56 (51) 12:44 (59)
<b>20 Central AC B</b> Jessica Turnbull (GU13) Heather Scott (GU15) Madeleine Woods (FU17)	<b>33:20</b> 11:13 (26) 11:14 (24) 10:53 (20)	<b>40 Lasswade AAC B</b> Ellie Baxter (GU13) Eilidh Brown (GU15) Ailsa Innes (FU17)	<b>35:03</b> 12:21 (68) 11:30 (49) 11:12 (40)	<b>60 Kilmarnock H&amp;AC</b> Tiana Stevenson (GU13) Isla Neilson (GU15) Claire Orr (FU17)	<b>36:51</b> 12:40 (76) 12:27 (70) 11:44 (60)

<b>61 Dundee Hawkhill Harriers</b>	<b>37:05</b>	<b>67 Law &amp; District AAC C</b>	<b>38:05</b>	<b>73 Dundee Hawkhill Harriers B</b>	<b>38:48</b>
Iona Esslemont (GU13)	13:24 (95)	Lauren Allen (GU13)	12:10 (61)	Lesley Rogers (GU13)	12:38 (75)
Anna Bennett (GU15)	11:02 (58)	Zara Higgins (GU15)	12:58 (71)	Carmen Thomson (GU15)	12:57 (77)
Amy Mollison (FU17)	12:39 (61)	Ciara Scullion (GU15)	12:57 (67)	Alix Barclay (FU17)	13:13 (73)
<b>62 Falkirk Victoria Harriers C</b>	<b>37:06</b>	<b>68 Kilmarnock H&amp;AC B</b>	<b>38:10</b>	<b>74 Teviotdale Harriers</b>	<b>39:09</b>
Lottie Jeffrey (GU13)	12:42 (78)	Emily O'Shea (GU13)	13:23 (94)	Maddie Hewitt (GU13)	12:31 (73)
Katy McGonigal (GU15)	11:42 (57)	Leonie McCutcheon (GU15)	11:43 (69)	Macy Cropper (GU15)	13:35 (82)
Nicole McIntyre (GU15)	12:42 (62)	Iona Charles (FU17)	13:04 (68)	Ishbel Inglis (FU17)	13:03 (74)
<b>63 Giffnock North AAC K</b>	<b>37:12</b>	<b>69 Law &amp; District AAC E</b>	<b>38:25</b>	<b>75 Clydesdale Harriers B</b>	<b>39:19</b>
Stella Cowey (GU13)	12:50 (81)	Lorna Jackson (GU13)	12:21 (69)	Maria Threwall (GU13)	12:59 (86)
Hannah Miller (GU15)	11:30 (56)	Abbie White (GU13)	13:05 (75)	Natasha Shaw (GU15)	12:37 (78)
Sarah Chamberlain (GU15)	12:52 (63)	Niah Welsh (GU15)	12:59 (69)	Charlotte Ross (FU17)	13:43 (75)
<b>64 Kirkintilloch Olympians B</b>	<b>37:16</b>	<b>70 Banchory Stonehaven AC B</b>	<b>38:30</b>	<b>76 Team East Lothian</b>	<b>39:20</b>
Caouihe Quail (GU13)	11:53 (47)	Isla Long (GU13)	12:28 (72)	Esme Balfour (GU13)	12:11 (62)
Iona Smith (GU15)	12:44 (62)	Isabella Thomson (GU13)	12:47 (74)	Marissa Kelly (GU13)	12:40 (64)
Stephanie Lindsay (GU15)	12:39 (64)	Frances Sealy (GU15)	13:15 (70)	Leona Boardman (GU15)	14:29 (76)
<b>65 Giffnock North AAC L</b>	<b>37:49</b>	<b>71 Law &amp; District AAC D</b>	<b>38:36</b>	<b>77 Helensburgh AAC B</b>	<b>40:50</b>
Miriam Gilbride (GU13)	11:56 (48)	Eva Fitzpatrick (GU13)	13:11 (91)	Amelia Murphy (GU13)	13:58 (99)
Rebecca Kinnear (GU15)	12:20 (55)	Naomi Fleming (GU13)	12:36 (80)	Jennifer Scott (GU13)	14:33 (85)
Lucy Meehan (FU17)	13:33 (65)	Megan Grew (GU15)	12:49 (71)	Jessica Noble (GU15)	12:19 (77)
<b>66 Giffnock North AAC M</b>	<b>37:54</b>	<b>72 Falkirk Victoria Harriers D</b>	<b>38:47</b>		
Holly McAneny (GU13)	12:31 (74)	Charlotte Grant (GU13)	14:12 (101)		
Zoe Jamieson (GU15)	11:56 (59)	Phoebe Angus (GU15)	11:59 (83)		
Maia Carolan (GU15)	13:27 (66)	Eildth McCallum (GU15)	12:36 (72)		

### INCOMPLETE TEAMS

<b>East Kilbride A.C. C</b>	<b>23:08</b>	<b>Airdrie Harriers</b>	<b>11:09</b>	<b>Ayr Seaforth AC E</b>	<b>13:05</b>
Emma Graham (GU13)	11:44 (46)	Lucia Wright (GU13)	11:09 (22)	Bethany Alexander (GU13)	13:05 (89)
Morgan MacDougall (GU13)	11:24 (36)				
<b>Garscube Harriers B</b>	<b>23:48</b>	<b>VP-Glasgow AC D</b>	<b>11:11</b>	<b>Ron Hill Cambuslang Harriers D</b>	<b>13:25</b>
Ellie Hinks (GU13)	11:31 (36)	Grace Hamilton (GU13)	11:11 (23)	hannah lang (GU13)	13:25 (96)
Kerry Gallagher (GU15)	12:17 (47)				
<b>Cumbernauld AAC B</b>	<b>24:55</b>	<b>Inverclyde AC C</b>	<b>11:21</b>	<b>Kirkintilloch Olympians C</b>	<b>13:47</b>
Amy Kennedy (GU13)	12:12 (63)	Abi Hammerman (GU13)	11:21 (30)	Alex Dow (GU13)	13:47 (97)
Holly Bell (GU15)	12:43 (65)				
<b>Inverclyde AC E</b>	<b>25:04</b>	<b>Garscube Harriers C</b>	<b>11:39</b>	<b>Law &amp; District AAC F</b>	<b>13:52</b>
Nyah Gillan (GU15)	11:43 (45)	Grace Maclean (GU13)	11:39 (41)	Keri Gillian (GU13)	13:52 (98)
Samantha Dunning (GU15)	13:21 (68)				
<b>Lothian Running Club</b>	<b>25:11</b>	<b>VP-Glasgow AC E</b>	<b>12:04</b>	<b>Helensburgh AAC C</b>	<b>14:06</b>
Hannah Steel (GU13)	12:02 (51)	Caitlin Cameron Coyle (GU13)	12:04 (55)	Amirah Hassan (GU13)	14:06 (100)
Erin Steel (GU15)	13:09 (72)				
<b>Ayr Seaforth AC D</b>	<b>25:38</b>	<b>VP-Glasgow AC F</b>	<b>12:06</b>	<b>Falkirk Victoria Harriers E</b>	<b>14:16</b>
Sophie McKay (GU13)	12:03 (53)	Róisín Cameron Coyle (GU13)	12:06 (56)	Lucy Kinghorn (GU13)	14:16 (103)
Rachel Alexander (GU15)	13:35 (79)				
<b>Clydesdale Harriers C</b>	<b>26:01</b>	<b>Springburn Harriers</b>	<b>12:06</b>	<b>Cumbernauld AAC C</b>	<b>14:21</b>
Lauren Fox (GU13)	13:18 (93)	Ellie Doherty (GU13)	12:06 (58)	Amy Campbell	14:21 (104)
Tegan Breen (GU15)	12:43 (81)				
<b>Kilmarnock H&amp;AC C</b>	<b>26:55</b>	<b>Corstorphine AAC C</b>	<b>12:18</b>	<b>VP-Glasgow AC G</b>	<b>14:33</b>
Lucy Glencorse (GU13)	14:14 (102)	Nicole Mullard (GU13)	12:18 (66)	Estere Sudmale (GU13)	14:33 (105)
Erin Pastulovic (GU15)	12:41 (84)				
<b>Dundee Hawkhill Harriers C</b>	<b>41:19</b>	<b>Kilbarchan AAC E</b>	<b>12:23</b>	<b>Kilmarnock H&amp;AC D</b>	<b>14:50</b>
Kate Ritchie (GU13)	15:33 (107)	Ola Zurakowska (GU13)	12:23 (70)	Kirstyn Park (GU13)	14:50 (106)
Isabel Remers (FU17)	25:46 (86)				
		<b>Teviotdale Harriers B</b>	<b>12:42</b>	<b>Kirkintilloch Olympians D</b>	<b>15:53</b>
		Nadine Elder (GU13)	12:42 (77)	Lauren O'Hare (GU13)	15:53 (108)
		<b>Ron Hill Cambuslang Harriers C</b>	<b>12:52</b>		
		Demi Scott (GU13)	12:52 (83)		
		<b>Giffnock North AAC N</b>	<b>12:52</b>		
		Tara Garioch (GU13)	12:52 (84)		



Pos.	Time	Name	Team	Pos.	Time	Name	Team
201	12:38	Lesley Rogers (GU13)	Dundee Hawkhill Harriers B	237	13:04	Iona Charles (FU17)	Kilmarnock H&AC B
202	12:39	Hannah Pettigrew (FU17)	Ayr Seaforth AC C	238	13:05	Bethany Alexander (GU13)	Ayr Seaforth AC E
203	12:39	Amy Mollison (FU17)	Dundee Hawkhill Harriers	239	13:05	Abbie White (GU13)	Law & District AAC E
204	12:39	Stephanie Lindsay (GU15)	Kirkintilloch Olympians B	240	13:07	Meg Tomkins (FU17)	Kirkintilloch Olympians
205	12:40	Tiana Stevenson (GU13)	Kilmarnock H&AC	241	13:08	Katie Flett (GU13)	Helensburgh AAC
206	12:40	Marissa Kelly (GU13)	Team East Lothian	242	13:09	Erin Steel (GU15)	Lothian Running Club
207	12:41	Erin Pastulovic (GU15)	Kilmarnock H&AC C	243	13:11	Eva Fitzpatrick (GU13)	Law & District AAC D
208	12:42	Nadine Elder (GU13)	Teviotdale Harriers B	244	13:11	Elize Morrison (GU13)	Inverclyde AC D
209	12:42	Lottie Jeffrey (GU13)	Falkirk Victoria Harriers C	245	13:13	Alix Barclay (FU17)	Dundee Hawkhill Harriers B
210	12:42	Nicole McIntyre (GU15)	Falkirk Victoria Harriers C	246	13:15	Frances Sealy (GU15)	Banchory Stonehaven AC B
211	12:43	Holly Bell (GU15)	Cumbernauld AAC B	247	13:18	Lauren Fox (GU13)	Clydesdale Harriers C
212	12:43	Tegan Breen (GU15)	Clydesdale Harriers C	248	13:21	Samantha Dunning (GU15)	Inverclyde AC E
213	12:44	Mavia Duncan (GU13)	Central AC D	249	13:23	Emily O'Shea (GU13)	Kilmarnock H&AC B
214	12:44	Gaia Salandini (GU15)	Shettleston Harriers	250	13:24	Iona Esslemont (GU13)	Dundee Hawkhill Harriers
215	12:44	Iona Smith (GU15)	Kirkintilloch Olympians B	251	13:25	hannah lang (GU13)	Ron Hill Cambuslang Harriers D
216	12:44	Iona Allan (FU17)	Clydesdale Harriers	252	13:27	Maia Carolan (GU15)	Giffnock North AAC M
217	12:45	Rachel Storey (FU17)	Giffnock North AAC J	253	13:33	Lucy Meehan (FU17)	Giffnock North AAC L
218	12:47	Paris Burton (GU13)	Glasgow School of Sport B	254	13:35	Rachel Alexander (GU15)	Ayr Seaforth AC D
219	12:47	Isabella Thomson (GU13)	Banchory Stonehaven AC B	255	13:35	Macy Cropper (GU15)	Teviotdale Harriers
220	12:49	Linzi McLaren (FU17)	Law & District AAC B	256	13:43	Charlotte Ross (FU17)	Clydesdale Harriers B
221	12:49	Megan Grew (GU15)	Law & District AAC D	257	13:47	Alex Dow (GU13)	Kirkintilloch Olympians C
222	12:50	Stella Cowey (GU13)	Giffnock North AAC K	258	13:52	Keri Gillian (GU13)	Law & District AAC F
223	12:51	Maddie Thomson (GU13)	Gala Harriers B	259	13:58	Amelia Murphy (GU13)	Helensburgh AAC B
224	12:52	Demi Scott (GU13)	Ron Hill Cambuslang Harriers C	260	14:06	Amirah Hassan (GU13)	Helensburgh AAC C
225	12:52	Tara Garioch (GU13)	Giffnock North AAC N	261	14:12	Charlotte Grant (GU13)	Falkirk Victoria Harriers D
226	12:52	Sarah Chamberlain (GU15)	Giffnock North AAC K	262	14:14	Lucy Glencorse (GU13)	Kilmarnock H&AC C
227	12:53	Abby McGlone (GU13)	Lasswade AAC C	263	14:16	Lucy Kinghorn (GU13)	Falkirk Victoria Harriers E
228	12:57	Carmen Thomson (GU15)	Dundee Hawkhill Harriers B	264	14:21	Amy Campbell	Cumbernauld AAC C
229	12:57	Ciara Scullion (GU15)	Law & District AAC C	265	14:29	Leona Boardman (GU15)	Team East Lothian
230	12:58	Zara Higgins (GU15)	Law & District AAC C	266	14:33	Ester Sudmale (GU13)	VP-Glasgow AC G
231	12:58	Katie Moss (GU15)	Ron Hill Cambuslang Harriers B	267	14:33	Jennifer Scott (GU13)	Helensburgh AAC B
232	12:59	Maria Threwal (GU13)	Clydesdale Harriers B	268	14:50	Kirstyn Park (GU13)	Kilmarnock H&AC D
233	12:59	Niah Welsh (GU15)	Law & District AAC E	269	15:33	Kate Ritchie (GU13)	Dundee Hawkhill Harriers C
234	13:03	Ishbel Inglis (FU17)	Teviotdale Harriers	270	15:53	Lauren O'Hare (GU13)	Kirkintilloch Olympians D
235	13:04	Aimie Hendry (GU13)	Cumbernauld AAC	271	25:46	Isabel Remers (FU17)	Dundee Hawkhill Harriers C
236	13:04	Lisa Walby (GU13)	Glasgow School of Sport C				

<b>1 Kilbarchan AAC</b> Jack Patton (BU13) Andrew MacAngus (BU15) Sam McNair (MU17)	<b>27:07</b> 9:37 (3) 8:50 (1) 8:40 (1)	<b>21 Ayr Seaforth AC</b> Patrick Smiley (BU13) Scott Sprang (BU15) Rhys Sim (MU17)	<b>29:15</b> 10:28 (27) 9:55 (27) 8:52 (21)	<b>41 Corstorphine AAC B</b> Charlie Cameron (BU13) Dugald Williams (BU15) Sam Galloway (MU17)	<b>30:47</b> 10:35 (33) 11:02 (58) 9:10 (41)
<b>2 Corstorphine AAC</b> David Addison (BU13) Stephen Addison (BU15) Anthony Addison (MU17)	<b>27:28</b> 9:20 (1) 9:12 (2) 8:56 (2)	<b>22 Inverclyde AC B</b> Josh Law (BU13) Adam Hay (BU15) Matthew MacKinnon (MU17)	<b>29:19</b> 10:39 (38) 9:33 (22) 9:07 (22)	<b>42 Giffnock North AAC F</b> Michael Moynihah (BU13) Luke Nelson (BU15) Keir Carolan (MU17)	<b>30:47</b> 10:50 (47) 10:16 (49) 9:41 (42)
<b>3 Kilbarchan AAC B</b> Lewis Hannigan (BU13) Michael Simson (BU15) Conor Thomson (MU17)	<b>27:52</b> 9:54 (9) 9:09 (3) 8:49 (3)	<b>23 Kilbarchan AAC E</b> Fraser McDiarmid (BU13) Cameron Wright (BU15) James Toal (MU17)	<b>29:31</b> 10:31 (31) 9:13 (12) 9:47 (23)	<b>43 Greenock Glenpark Harriers</b> Harry McGill (BU13) Alan Mollins (BU15) Ryan Brown (BU15)	<b>30:48</b> 9:54 (10) 10:22 (23) 10:32 (43)
<b>4 Lasswade AAC</b> Harry Henriksen (BU13) Magnus Tait (BU15) Cameron Steven (MU17)	<b>27:59</b> 9:48 (5) 9:17 (5) 8:54 (4)	<b>24 VP-Glasgow AC</b> Blayne Wright (BU13) Thomas Connolly (BU15) Max Miliarvie (MU17)	<b>29:32</b> 10:21 (21) 10:27 (40) 8:44 (24)	<b>44 Garscube Harriers B</b> Luke Aitken (BU13) Arun Smith (BU15) Craig Weston (MU17)	<b>30:51</b> 10:21 (23) 9:48 (21) 10:42 (44)
<b>5 Giffnock North AAC</b> Ethan Carolan (BU13) Hamish Armit (BU15) Jamie Sturrock (MU17)	<b>28:24</b> 9:57 (11) 9:16 (7) 9:11 (5)	<b>25 Ron Hill Cambuslang Harriers B</b> Euan McLew (BU13) Ryan Stephen (BU15) Gavin Smith (MU17)	<b>29:34</b> 11:10 (58) 9:30 (36) 8:54 (25)	<b>45 Giffnock North AAC E</b> Reuben Nairne (BU13) Jack Bell (BU15) Nicholas Boyle (MU17)	<b>30:54</b> 11:14 (62) 9:51 (47) 9:49 (45)
<b>6 Edinburgh AC</b> Fabian Despinoy (BU13) Fraser Blackie (BU15) Joseph Arthur (MU17)	<b>28:26</b> 10:16 (19) 9:37 (17) 8:33 (6)	<b>26 Dundee Hawkhill Harriers</b> Blair Scott (BU13) David Begg (BU15) James Donald (MU17)	<b>29:40</b> 10:53 (51) 10:03 (42) 8:44 (26)	<b>46 Law &amp; District AAC B</b> Ben MacBride (BU13) Ben Logan (BU15) Gregor Gillespie (MU17)	<b>31:00</b> 10:55 (52) 10:02 (43) 10:03 (46)
<b>7 Ron Hill Cambuslang Harriers</b> Sean Friel (BU13) Drew Pollock (BU15) Struan Paton (MU17)	<b>28:28</b> 10:29 (28) 9:15 (13) 8:44 (7)	<b>27 Giffnock North AAC C</b> Joseph McKay (BU13) Ben Shaw (BU15) Harry Nimmo (MU17)	<b>29:41</b> 10:31 (30) 9:56 (29) 9:14 (27)	<b>47 Ron Hill Cambuslang Harriers D</b> michael black (BU13) Christopher McLew (BU15) Eamon Carr (MU17)	<b>31:02</b> 11:44 (82) 9:14 (44) 10:04 (47)
<b>8 Pitreavie AAC</b> Lewis Dow (BU13) Alex Johnston (BU15) Ben Grant (MU17)	<b>28:34</b> 9:49 (6) 9:21 (6) 9:24 (8)	<b>28 Central AC</b> Daniel Bruce (BU13) Kerr Howlieson (BU15) Jamie Wastling (MU17)	<b>29:45</b> 10:21 (22) 9:12 (10) 10:12 (28)	<b>48 Gala Harriers</b> Inness Campbell (BU13) Yousuf Khurshed (BU15) James Logan (BU15)	<b>31:10</b> 11:42 (81) 9:39 (52) 9:49 (48)
<b>9 Fife AC</b> Owen Keddie (BU13) Robert Sparks (BU15) Tristan Rees (MU17)	<b>28:40</b> 10:18 (20) 9:30 (14) 8:52 (9)	<b>29 Ayr Seaforth AC B</b> Alexander Crooks (BU13) Declan McGhee (BU15) Lewis Ross (MU17)	<b>29:47</b> 10:31 (29) 10:10 (37) 9:06 (29)	<b>49 Cumbernauld AAC</b> Calum Little (BU13) Chris Main (BU15) Hamish Coutts (MU17)	<b>31:13</b> 9:50 (7) 11:15 (48) 10:08 (49)
<b>10 Shettleston Harriers B</b> Gregor Campbell (BU13) Jamie Burns (BU15) Benjamin Dalziel (MU17)	<b>28:44</b> 9:46 (4) 9:18 (4) 9:40 (10)	<b>30 Kilbarchan AAC D</b> Fraser Scott (BU13) Craig Kennedy (BU15) Josh Hendry (MU17)	<b>29:48</b> 11:39 (80) 9:07 (38) 9:02 (30)	<b>50 Law &amp; District AAC</b> Michael Glen (BU13) James Gillon (BU15) Adam Kelly (MU17)	<b>31:14</b> 10:42 (43) 9:40 (24) 10:52 (50)
<b>11 Shettleston Harriers</b> Kasey Fraser (BU13) Lewis Raeburn (BU15) Cameron Campbell (BU15)	<b>28:51</b> 10:04 (14) 9:19 (8) 9:28 (11)	<b>31 Giffnock North AAC B</b> Murray Fotheringham (BU13) Taylor Stewart (BU15) Oliver Watson-Sweeney (MU17)	<b>30:05</b> 10:40 (40) 9:57 (34) 9:28 (31)	<b>51 Falkirk Victoria Harriers B</b> Jonathan Faulks (BU13) Ivan Ramsay (BU13) Harris Pentecost (BU15)	<b>31:17</b> 10:44 (44) 10:47 (55) 9:46 (51)
<b>12 Kilbarchan AAC C</b> Cameron Hunter (BU13) David McNair (BU15) Aidan Comerford (MU17)	<b>28:54</b> 10:35 (34) 9:15 (8) 9:04 (12)	<b>32 Giffnock North AAC D</b> Harris Paterson (BU13) Calum Young (BU15) Joseph Lowrie (MU17)	<b>30:08</b> 10:41 (42) 9:41 (25) 9:46 (32)	<b>52 East Kilbride A.C.</b> Ross Hamilton (BU13) Elliot Bain (BU13) Martin Lynas (MU17)	<b>31:19</b> 11:39 (79) 10:29 (64) 9:11 (52)
<b>13 Kirkintilloch Olympians</b> Dylan Elliot (BU13) Luke McCaffrey (BU15) Aidan McCaffrey (MU17)	<b>28:56</b> 9:54 (8) 9:31 (9) 9:31 (13)	<b>33 VP-Glasgow AC B</b> Callum Bryne (BU13) Calum Brown (BU15) Lewis Priest (MU17)	<b>30:08</b> 10:05 (15) 10:59 (45) 9:04 (33)	<b>53 Kilbarchan AAC F</b> Max Hendry (BU13) Cameron Corrigan (BU15) Suleiman Niven (MU17)	<b>31:24</b> 11:14 (60) 9:20 (33) 10:50 (53)
<b>14 Inverclyde AC</b> Andrew Winter (BU13) Cameron Watson (BU15) Ryan Gray (MU17)	<b>28:57</b> 10:40 (41) 9:21 (18) 8:56 (14)	<b>34 Pitreavie AAC B</b> Conor Gourley (BU13) Conor Allan (BU15) James Adam (MU17)	<b>30:11</b> 10:12 (16) 10:40 (41) 9:19 (34)	<b>54 Inverclyde AC C</b> Ross Davidson (BU13) Ben Nichol (BU15) Sammy Hearl (MU17)	<b>31:26</b> 11:15 (64) 10:24 (60) 9:47 (54)
<b>15 Garscube Harriers</b> Finlay Ross-Davie (BU13) Elliot Duff (BU15) Cody Stevenson (MU17)	<b>28:58</b> 9:59 (12) 9:40 (11) 9:19 (15)	<b>35 Ron Hill Cambuslang Harriers C</b> Arron Grew (BU13) andrew arthurs (BU15) Lewis Tracey (MU17)	<b>30:14</b> 10:37 (35) 9:50 (30) 9:47 (35)	<b>55 Teviotdale Harriers</b> Jai Patterson (BU13) Fraser Clyne (BU15) Jamie Waugh (MU17)	<b>31:31</b> 11:03 (56) 10:01 (46) 10:27 (55)
<b>16 Perth Strathtay Harriers</b> Kairn Brand (BU13) Levi Sweeney (BU15) Ben Greenwood (MU17)	<b>29:03</b> 10:13 (17) 10:19 (32) 8:31 (16)	<b>36 Helensburgh AAC</b> Joshua Bain (BU13) Bryn Davies (BU15) Finlay Gray (BU15)	<b>30:16</b> 10:46 (46) 9:52 (35) 9:38 (36)	<b>56 Edinburgh AC C</b> Sam McCome (BU13) Luca Ibrizzi (BU15) Paul Ireland (MU17)	<b>31:34</b> 11:35 (77) 10:34 (65) 9:25 (56)
<b>17 Aberdeen AAC</b> Lewis Watt (BU13) Harry E Hall (BU15) Fraser Cruickshank (MU17)	<b>29:08</b> 10:24 (25) 9:25 (15) 9:19 (17)	<b>37 Central AC B</b> Jacob Organ (BU13) Ben MacMillan (BU15) Craig Palmer (BU15)	<b>30:25</b> 10:52 (49) 9:30 (26) 10:03 (37)	<b>57 Giffnock North AAC G</b> Christopher Watson-Sweeney (BU13) Lewis Mitchell (BU15) Neil Anderson (MU17)	<b>31:37</b> 10:39 (36) 10:48 (54) 10:10 (57)
<b>18 Glasgow School of Sport</b> James Hair (BU13) Gary McPake (BU15) John Law (MU17)	<b>29:08</b> 10:39 (37) 9:49 (31) 8:40 (18)	<b>38 Kilbarchan AAC G</b> James Taylor (BU13) Harry Walton (BU15) Liam Donoghue (BU15)	<b>30:30</b> 11:02 (55) 9:23 (28) 10:05 (38)	<b>58 Garscube Harriers C</b> Euan Chapman (BU13) Jack Cuthbertson (BU15) Mackenzie Haldane (BU15)	<b>31:39</b> 10:52 (50) 9:55 (39) 10:52 (58)
<b>19 Fife AC B</b> Ben Sandilands (BU13) Craig Morris (BU15) George Rees (MU17)	<b>29:11</b> 10:15 (18) 9:49 (20) 9:07 (19)	<b>39 Dundee Hawkhill Harriers B</b> Scott Vigrow (BU13) Ryan George Donald (BU15) Andrew Merry (MU17)	<b>30:37</b> 11:00 (53) 10:35 (57) 9:02 (39)	<b>59 Cumbernauld AAC B</b> Alasdair McMonagle (BU13) Calum Stewart (BU15) Daniel Winning (MU17)	<b>31:40</b> 9:37 (2) 11:37 (50) 10:26 (59)
<b>20 Falkirk Victoria Harriers</b> Callan Hogarth (BU13) Cameron Taylor-Cameron (BU15) Lewis Pentecost (BU15)	<b>29:12</b> 10:27 (26) 9:36 (19) 9:09 (20)	<b>40 Lasswade AAC B</b> Cameron Dawson (BU13) Euan Hood (BU15) Matthew Smith (MU17)	<b>30:46</b> 11:47 (86) 9:37 (53) 9:22 (40)	<b>60 Kilmarnock H&amp;AC</b> Jonathan Houson (BU13) Aidan Hessett (BU15) Jamie Nix (MU17)	<b>31:41</b> 10:01 (13) 11:13 (51) 10:27 (60)

<b>61</b>	<b>Edinburgh AC B</b> Connor Thompson (BU13) Iain Hare (BU15) George Conner (MU17)	<b>31:41</b> 11:32 (75) 11:07 (75) 9:02 (61)	<b>71</b>	<b>Ron Hill Cambuslang Harriers F</b> josh keegan (BU13) James Hannonway (BU15) James Duffy (MU17)	<b>33:05</b> 12:12 (95) 10:20 (71) 10:33 (71)	<b>81</b>	<b>East Kilbride A.C. C</b> Hamish Anderson (BU13) Joseph Hagan (BU13) Aidan Aberberley (MU17)	<b>33:57</b> 11:19 (70) 11:24 (76) 11:14 (81)
<b>62</b>	<b>Clydesdale Harriers</b> Zak Shammon (BU13) Robert Whittick (BU15) Michael Miller (BU15)	<b>31:47</b> 11:38 (78) 10:18 (61) 9:51 (62)	<b>72</b>	<b>Giffnock North AAC H</b> Kian McConville (BU13) Eoghan O'Donnell (BU15) Andrew Robertson (BU15)	<b>33:14</b> 11:45 (84) 10:43 (69) 10:46 (72)	<b>82</b>	<b>Clydesdale Harriers B</b> Calum Mayor (BU13) Evan McCallum (BU15) Lewis Hay (MU17)	<b>35:10</b> 12:10 (94) 11:10 (84) 11:50 (82)
<b>63</b>	<b>VP-Glasgow AC C</b> Jack MacKinnon (BU13) Edan Webb (BU15) Charlie Milarvie (MU17)	<b>31:55</b> 11:15 (65) 11:03 (68) 9:37 (63)	<b>73</b>	<b>Lasswade AAC C</b> Cameron Dickson (BU13) Euan Simon (BU15) Jamie Darling (MU17)	<b>33:15</b> 11:51 (88) 11:19 (82) 10:05 (73)	<b>83</b>	<b>Ron Hill Cambuslang Harriers G</b> Liam Angely (BU13) Keir Crawford (BU15) Max Monteith (BU13)	<b>35:17</b> 12:09 (93) 11:46 (87) 11:22 (83)
<b>64</b>	<b>Corstorphine AAC C</b> Archie Kemp (BU13) Jamie Arnott (BU15) Jonathan Jackson (MU17)	<b>32:07</b> 10:50 (48) 12:00 (79) 9:17 (64)	<b>74</b>	<b>VP-Glasgow AC D</b> Nate Jordan (BU13) Rogan Kelly (BU15) Andrew Moreland (MU17)	<b>33:18</b> 12:08 (92) 11:28 (85) 9:42 (74)	<b>84</b>	<b>Law &amp; District AAC C</b> Liam Browning (BU13) Alan McCulloch (BU13) Marc Smith (MU17)	<b>35:40</b> 12:45 (99) 11:42 (92) 11:13 (84)
<b>65</b>	<b>Team East Lothian</b> Cameron Pirie (BU13) Eric Gallagher (BU15) Rory Watson (MU17)	<b>32:09</b> 11:26 (73) 10:38 (62) 10:05 (65)	<b>75</b>	<b>Dundee Hawkhill Harriers C</b> Gino Brock (BU13) Kevin Shields (BU15) Declan Gall (MU17)	<b>33:26</b> 12:15 (96) 11:43 (88) 9:28 (75)	<b>85</b>	<b>Giffnock North AAC I</b> Michael Foley (BU13) Corey Greenhalgh (BU15) Scott Metcalfe (BU15)	<b>36:05</b> 13:12 (104) 10:55 (90) 11:58 (85)
<b>66</b>	<b>Pitreavie AAC C</b> Campbell Dowie (BU13) Euan Johnston (BU13) William Cain (MU17)	<b>32:16</b> 10:34 (32) 11:38 (66) 10:04 (66)	<b>76</b>	<b>Kirkintilloch Olympians B</b> Louis O'Hare (BU13) Frankie Quail (BU15) Harry Lamond (MU17)	<b>33:30</b> 10:40 (39) 11:27 (63) 11:23 (76)	<b>86</b>	<b>Helensburgh AAC B</b> Christopher Wilson (BU13) Finn Burden (BU13) William Wright (BU15)	<b>37:02</b> 12:35 (97) 12:00 (94) 12:27 (86)
<b>67</b>	<b>East Kilbride A.C. B</b> Cameron MacDonald (BU13) Thomas McCourt (BU13) Ross Malloch (MU17)	<b>32:41</b> 11:21 (71) 11:14 (72) 10:06 (67)	<b>77</b>	<b>Ayr Seaforth AC C</b> Euan Bell (BU13) Lewis Martin (BU13) Daniel Martin (BU15)	<b>33:30</b> 11:11 (59) 11:46 (81) 10:33 (77)	<b>87</b>	<b>Law &amp; District AAC D</b> Finn Milligan (BU13) David Yvie (BU13) Kieran Cubis (MU17)	<b>37:34</b> 14:10 (108) 12:38 (98) 10:46 (87)
<b>68</b>	<b>Dundee Hawkhill Harriers D</b> Matthew Tully (BU13) Ben MacDermid (BU15) Jack Anderson (MU17)	<b>32:54</b> 11:49 (87) 11:02 (80) 10:03 (68)	<b>78</b>	<b>Falkirk Victoria Harriers C</b> Nathan Laing (BU13) Michael McGarvey (BU13) Kane Elliott (BU15)	<b>33:35</b> 11:45 (85) 11:58 (86) 9:52 (78)	<b>88</b>	<b>Irvine Running Club</b> Kerr Murray (BU13) Stewart Devlin (BU13) Lewis Rome (MU17)	<b>38:02</b> 12:50 (100) 14:25 (99) 10:47 (88)
<b>69</b>	<b>Cumbernauld AAC C</b> Jamie Holland (BU13) Arran Kennedy (BU15) Sean Kennedy (MU17)	<b>33:02</b> 11:15 (67) 11:15 (70) 10:32 (69)	<b>79</b>	<b>Team East Lothian B</b> Robbie Anderson (BU13) Joe Donnelly (BU15) Cameron Bullen (BU15)	<b>33:47</b> 11:55 (91) 10:41 (73) 11:11 (79)	<b>89</b>	<b>Giffnock North AAC J</b> Adam Inglis (BU13) Donald Maclean (BU15) Cameron McClymont (BU15)	<b>38:13</b> 11:15 (66) 14:31 (97) 12:27 (89)
<b>70</b>	<b>Garscube Harriers D</b> ruairidh stickland (BU13) James Cathro (BU15) Fraser Gordon (BU15)	<b>33:05</b> 11:14 (61) 10:21 (56) 11:30 (70)	<b>80</b>	<b>Ayr Seaforth AC D</b> Euan Ramsay (BU13) Max Hay (BU13) Greig Oakley (BU15)	<b>33:53</b> 11:18 (69) 11:54 (83) 10:41 (80)	<b>90</b>	<b>Springburn Harriers</b> Ben Emordy (BU13) Kieran Ballard (BU13) Stephen Emordy (BU15)	<b>39:44</b> 13:02 (102) 12:39 (96) 14:03 (90)

## INCOMPLETE TEAMS

<b>Ron Hill Cambuslang Harriers E</b> robbie woods (BU13) Ruairidh MacGregor (BU15)	<b>21:38</b> 11:30 (74) 10:08 (59)	<b>Inverclyde AC E</b> Caleb Dunning (BU13) Lewis Hainey (BU13)	<b>24:21</b> 11:33 (76) 12:48 (91)	<b>Ayr Seaforth AC H</b> Daniel Long (BU13)	<b>13:00</b> 13:00 (101)
<b>Falkirk Victoria Harriers D</b> Euan Wond (BU13) Leo Weldon (BU15)	<b>22:13</b> 11:00 (54) 11:13 (67)	<b>Team East Lothian C</b> Angus Chandler (BU13) James Walter (BU13)	<b>24:29</b> 11:45 (83) 12:44 (93)	<b>Cumbernauld AAC E</b> Anthony Young (BU13)	<b>13:10</b> 13:10 (103)
<b>Lasswade AAC D</b> Lewis Cockburn (BU13) Rory Ferguson (BU15)	<b>22:36</b> 11:06 (57) 11:30 (74)	<b>Ayr Seaforth AC F</b> Blair John Gemmell (BU13) Max McLean (BU13)	<b>24:42</b> 11:54 (90) 12:48 (95)	<b>Giffnock North AAC K</b> Joe McNulty (BU13)	<b>13:14</b> 13:14 (105)
<b>Kilmarnock H&amp;AC B</b> Andrew Baird (BU13) Aidan Jenner (BU13)	<b>22:47</b> 10:44 (45) 12:03 (77)	<b>Garscube Harriers E</b> James Conolly (BU13)	<b>10:21</b> 10:21 (24)	<b>Kilbarchan AAC H</b> Ross Kennedy (BU13)	<b>13:19</b> 13:19 (106)
<b>Inverclyde AC D</b> Jack Stewart (BU13) Jack Stuart (BU15)	<b>22:47</b> 11:18 (68) 11:29 (78)	<b>Ayr Seaforth AC E</b> Max Cunningham (BU13)	<b>11:15</b> 11:15 (63)	<b>Central AC E</b> Harris Almass (BU13)	<b>14:09</b> 14:09 (107)
<b>Kirkintilloch Olympians C</b> Matthew Stewart (BU13) Liam Casey (BU15)	<b>24:07</b> 11:53 (89) 12:14 (89)	<b>Central AC C</b> Cameron Fraser (BU13)	<b>11:22</b> 11:22 (72)		
		<b>Corstorphine AAC D</b> Euan Flett (BU13)	<b>12:44</b> 12:44 (98)		



Pos.	Time	Name	Team	Pos.	Time	Name	Team
201	11:03	Jai Patterson (BU13)	Teviotdale Harriers	250	11:43	Kevin Shields (BU15)	Dundee Hawhill Harriers C
202	11:03	Edan Webb (BU15)	VP-Glasgow AC C	251	11:44	michael black (BU13)	Ron Hill Cambuslang Harriers D
203	11:06	Lewis Cockburn (BU13)	Lasswade AAC D	252	11:45	Angus Chandler (BU13)	Team East Lothian C
204	11:07	Iain Hare (BU15)	Edinburgh AC B	253	11:45	Kian McConville (BU13)	Giffnock North AAC H
205	11:10	Euan McLew (BU13)	Ron Hill Cambuslang Harriers B	254	11:45	Nathan Laing (BU13)	Falkirk Victoria Harriers C
206	11:10	Evan McCallum (BU15)	Clydesdale Harriers B	255	11:46	Lewis Martin (BU13)	Ayr Seaforth AC C
207	11:11	Euan Bell (BU13)	Ayr Seaforth AC C	256	11:46	Keir Crawford (BU15)	Ron Hill Cambuslang Harriers G
208	11:11	Cameron Bullen (BU15)	Team East Lothian B	257	11:47	Cameron Dawson (BU13)	Lasswade AAC B
209	11:13	Aidan Hessett (BU15)	Kilmarnock H&AC	258	11:49	Matthew Tully (BU13)	Dundee Hawhill Harriers D
210	11:13	Leo Weldon (BU15)	Falkirk Victoria Harriers D	259	11:50	Lewis Hay (MU17)	Clydesdale Harriers B
211	11:13	Marc Smith (MU17)	Law & District AAC C	260	11:51	Cameron Dickson (BU13)	Lasswade AAC C
212	11:14	Max Hendry (BU13)	Kilbarchan AAC F	261	11:53	Matthew Stewart (BU13)	Kirkintilloch Olympians C
213	11:14	ruairidh stickland (BU13)	Garscube Harriers D	262	11:54	Blair John Gemmell (BU13)	Ayr Seaforth AC F
214	11:14	Reuben Nairne (BU13)	Giffnock North AAC E	263	11:54	Max Hay (BU13)	Ayr Seaforth AC D
215	11:14	Thomas McCourt (BU13)	East Kilbride A.C. B	264	11:55	Robbie Anderson (BU13)	Team East Lothian B
216	11:14	Aidan Abberley (MU17)	East Kilbride A.C. C	265	11:58	Michael McGarvey (BU13)	Falkirk Victoria Harriers C
217	11:15	Max Cunningham (BU13)	Ayr Seaforth AC E	266	11:58	Scott Metcalfe (BU15)	Giffnock North AAC I
218	11:15	Ross Davidson (BU13)	Inverclyde AC C	267	12:00	Jamie Arnott (BU15)	Corstorphine AAC C
219	11:15	Jack MacKinnon (BU13)	VP-Glasgow AC C	268	12:00	Finn Burden (BU13)	Helensburgh AAC B
220	11:15	Adam Inglis (BU13)	Giffnock North AAC J	269	12:03	Aidan Jenner (BU13)	Kilmarnock H&AC B
221	11:15	Jamie Holland (BU13)	Cumbernauld AAC C	270	12:08	Nate Jordan (BU13)	VP-Glasgow AC D
222	11:15	Chris Main (BU15)	Cumbernauld AAC	271	12:09	Liam Angely (BU13)	Ron Hill Cambuslang Harriers G
223	11:15	Arran Kennedy (BU15)	Cumbernauld AAC C	272	12:10	Calum Mayor (BU13)	Clydesdale Harriers B
224	11:18	Jack Stewart (BU13)	Inverclyde AC D	273	12:12	josh keegan (BU13)	Ron Hill Cambuslang Harriers F
225	11:18	Euan Ramsay (BU13)	Ayr Seaforth AC D	274	12:14	Liam Casey (BU15)	Kirkintilloch Olympians C
226	11:19	Hamish Anderson (BU13)	East Kilbride A.C. C	275	12:15	Gino Brock (BU13)	Dundee Hawhill Harriers C
227	11:19	Euan Simon (BU15)	Lasswade AAC C	276	12:27	William Wright (BU15)	Helensburgh AAC B
228	11:21	Cameron MacDonald (BU13)	East Kilbride A.C. B	277	12:27	Cameron McClymont (BU15)	Giffnock North AAC J
229	11:22	Cameron Fraser (BU13)	Central AC C	278	12:35	Christopher Wilson (BU13)	Helensburgh AAC B
230	11:22	Max Monteith (BU13)	Ron Hill Cambuslang Harriers G	279	12:38	David Yue (BU13)	Law & District AAC D
231	11:23	Harry Lamond (MU17)	Kirkintilloch Olympians B	280	12:39	Kieran Ballard (BU13)	Springburn Harriers
232	11:24	Joseph Hagan (BU13)	East Kilbride A.C. C	281	12:44	Euan Flett (BU13)	Corstorphine AAC D
233	11:26	Cameron Pirie (BU13)	Team East Lothian	282	12:44	James Walter (BU13)	Team East Lothian C
234	11:27	Frankie Quail (BU15)	Kirkintilloch Olympians B	283	12:45	Liam Browning (BU13)	Law & District AAC C
235	11:28	Rogan Kelly (BU15)	VP-Glasgow AC D	284	12:48	Lewis Hainey (BU13)	Inverclyde AC E
236	11:29	Jack Stuart (BU15)	Inverclyde AC D	285	12:48	Max McLean (BU13)	Ayr Seaforth AC F
237	11:30	robbie woods (BU13)	Ron Hill Cambuslang Harriers E	286	12:50	Kerr Murray (BU13)	Irvine Running Club
238	11:30	Rory Ferguson (BU15)	Lasswade AAC D	287	13:00	Daniel Long (BU13)	Ayr Seaforth AC H
239	11:30	Fraser Gordon (BU15)	Garscube Harriers D	288	13:02	Ben Emordy (BU13)	Springburn Harriers
240	11:32	Connor Thompson (BU13)	Edinburgh AC B	289	13:10	Anthony Young (BU13)	Cumbernauld AAC E
241	11:33	Caleb Dunning (BU13)	Inverclyde AC E	290	13:12	Michael Foley (BU13)	Giffnock North AAC I
242	11:35	Sam McCome (BU13)	Edinburgh AC C	291	13:14	Joe McNulty (BU13)	Giffnock North AAC K
243	11:37	Calum Stewart (BU15)	Cumbernauld AAC B	292	13:19	Ross Kennedy (BU13)	Kilbarchan AAC H
244	11:38	Zak Shammon (BU13)	Clydesdale Harriers	293	14:03	Stephen Emordy (BU15)	Springburn Harriers
245	11:38	Euan Johnston (BU13)	Pitreavie AAC C	294	14:09	Harris Almass (BU13)	Central AC E
246	11:39	Ross Hamilton (BU13)	East Kilbride A.C.	295	14:10	Finn Milligan (BU13)	Law & District AAC D
247	11:39	Fraser Scott (BU13)	Kilbarchan AAC D	296	14:25	Stewart Devlin (BU13)	Irvine Running Club
248	11:42	Inness Campbell (BU13)	Gala Harriers	297	14:31	Donald Maclean (BU15)	Giffnock North AAC J
249	11:42	Alan McCulloch (BU13)	Law & District AAC C				



<b>1 Edinburgh AC</b> 43:44 Freya Ross (F Sen) 14:40 (7) Rachael Dunn (F Sen) 14:58 (2) Madeleine Murray (F Sen) 14:06 (1)	<b>19 Inverness Harriers AAC</b> 49:53 Sarah Liebnitz (F Sen) 15:25 (16) Caroline Marwick (F Sen) 17:27 (21) Catriona Maree Fraser (F Sen) 17:01 (19)	<b>37 Dunbar Running Club</b> 55:48 Jennifer Goldie (F Sen) 18:25 (46) Anne Hay (F50) 20:04 (49) Rhona Anderson (F50) 17:19 (37)
<b>2 VP-Glasgow AC</b> 44:08 Gillian Black (FU20) 14:21 (4) Erin McIveen (F Sen) 15:37 (4) Josephine Moultrie (F Sen) 14:10 (2)	<b>20 VP-Glasgow AC B</b> 50:34 Claire Thompson (F Sen) 16:51 (26) Donna Finlayson (F Sen) 17:02 (24) Mhairi Hendry (FU20) 16:41 (20)	<b>38 Greenock Glenpark Harriers</b> 56:03 Suzanne Coyle (F Sen) 18:06 (43) Catriona Stirling (F Sen) 19:16 (40) Marian Monk (F40) 18:41 (38)
<b>3 Central AC</b> 44:20 Jennifer Wetton (F Sen) 14:39 (6) Fiona Thompson (F Sen) 14:37 (1) Lyndsay Morrison (F Sen) 15:04 (3)	<b>21 Ron Hill Cambuslang Harriers</b> 50:48 Alexandra Lamond (F Sen) 15:47 (19) Kirsty Anderson (F Sen) 17:11 (22) Caitie Gorton-Phillips (F40) 17:50 (21)	<b>39 Aberdeen AAC C</b> 56:07 Emily Cossar (FU20) 17:04 (30) Kelsey Stewart (FU20) 17:54 (29) Kirsteen MacKay (FU20) 21:09 (39)
<b>4 Fife AC</b> 45:00 Megan Crawford (F Sen) 15:00 (10) Annabel Simpson (FU20) 14:45 (3) Halina Rees (F Sen) 15:15 (4)	<b>22 Giffnock North AAC</b> 51:16 Nicole McLeod (F Sen) 16:50 (25) Yvonne McNairn (F Sen) 17:32 (25) Jill Smylie (F Sen) 16:54 (22)	<b>40 Corstorphine AAC B</b> 56:44 Fiona Carver (F55) 17:28 (38) Jessica Craig (FU20) 19:55 (41) Claire Sloan (F Sen) 19:21 (40)
<b>5 Edinburgh Univ Hare &amp; Hounds</b> 45:03 Stephanie Pennycook (FU20) 14:17 (3) Eve MacKinnon (FU20) 15:44 (5) Louise Mercer (FU20) 15:02 (5)	<b>23 Hunters Bog Trotters C</b> 51:38 Eilidh Anthony (F Sen) 17:40 (40) Claire Ward (F Sen) 17:06 (27) Eilis McKeachan (F Sen) 16:52 (23)	<b>41 Calderglen Harriers</b> 57:09 Kay Conneff (F Sen) 19:34 (59) Joanne McEvoy (F Sen) 18:51 (48) Alison Lessells (F Sen) 18:44 (41)
<b>6 Shettleston Harriers</b> 46:06 Fionnuala Ross (F Sen) 14:12 (2) Ruth Joss (F Sen) 16:01 (8) Carole Setchell (F Sen) 15:53 (6)	<b>24 Falkirk Victoria Harriers</b> 51:44 Iorna Kennedy (F Sen) 17:31 (39) Claire Moffett (F Sen) 17:57 (32) Megan Davidson (F Sen) 16:16 (24)	<b>42 Kilmarnock H&amp;AC B</b> 57:11 Jacqueline McConnell (F Sen) 18:59 (49) Elizabeth McDermont (F45) 18:56 (45) Kirsteen Salisbury (F Sen) 19:16 (42)
<b>7 Aberdeen AAC</b> 46:17 Gemma Cormack (F Sen) 15:08 (12) Ellie Buchan (F Sen) 14:59 (6) Ana-Maria Duran-Mingo (F Sen) 16:10 (7)	<b>25 Dundee Hawkhill Harriers</b> 52:06 Katie Anderson (FU20) 16:20 (23) Portia Brown (F Sen) 16:11 (17) Kirsty Reynolds (FU20) 19:35 (25)	<b>43 Ferranti AAC</b> 57:39 Julia Drewer (F Sen) 18:32 (47) Julia Loecherbach (F Sen) 19:49 (47) Claire Gilchrist (F45) 19:18 (43)
<b>8 Metro Aberdeen Running Club</b> 46:18 Fiona Rudkin (F Sen) 14:41 (8) Katie Bain (F Sen) 15:30 (7) Kayleigh Jarrett (F Sen) 16:07 (8)	<b>26 Garscube Harriers B</b> 52:21 Louise Crilly (FU20) 17:11 (35) Marian Kelly (F Sen) 17:47 (30) Charlotte Wilson (F Sen) 17:23 (26)	<b>44 Garscube Harriers C</b> 57:50 Alison Wood (F Sen) 19:30 (58) Daisy Ochoa (F Sen) 18:18 (44) Morag Casey (F40) 20:02 (44)
<b>9 Edinburgh AC B</b> 47:03 Amanda Woodrow (F Sen) 15:21 (15) Lauren Stoddart (F Sen) 15:42 (11) Lauren Wilson (F Sen) 16:00 (9)	<b>27 Heriot-Watt Univ Athletics</b> 52:44 Alysha Goddard (F Sen) 16:59 (27) Pia Iversen (F Sen) 19:28 (35) Kamilla Pinter (F Sen) 16:17 (27)	<b>45 Dundee Road Runners AC</b> 58:23 Rosie Doull (F Sen) 16:01 (21) Gillian Sangster (F40) 16:40 (19) Iinda Craddock (F45) 25:42 (45)
<b>10 Inverclyde AC</b> 47:18 Chloe Simpson (FU20) 16:38 (24) Sharon Muir (F40) 15:28 (16) Nynke Mulholland (F Sen) 15:12 (10)	<b>28 Fife AC C</b> 53:04 Jennifer Spence (F Sen) 15:39 (18) Amie McKimmie (F Sen) 16:11 (14) Margaret McLaren (F55) 21:14 (28)	<b>46 Bellahouston Harriers C</b> 59:50 Stephanie Baird (F Sen) 19:22 (57) Suzanne Boyle (F Sen) 19:48 (51) Emily Jackson (F Sen) 20:40 (46)
<b>11 Hunters Bog Trotters</b> 47:32 Rachel Haines (F Sen) 15:35 (17) Briony Curtis (F Sen) 16:27 (15) Sarah Louise MacIsaac (F Sen) 15:30 (11)	<b>29 Metro Aberdeen Running Club B</b> 53:07 Jill Bonthron (F Sen) 17:55 (42) Kirsty Robson (F40) 18:23 (33) Claire Bruce (F Sen) 16:49 (29)	<b>47 Westerlands XC Club</b> 1:00:01 Catriona Fisher (F Sen) 17:04 (31) Sharon Taylor (F50) 24:14 (55) Elizabeth Adams (F Sen) 18:43 (47)
<b>12 Fife AC B</b> 48:16 Angela Richardson (F Sen) 15:07 (11) Katie Jones (F Sen) 16:28 (13) Alison McGill (F Sen) 16:41 (12)	<b>30 Motherwell AC</b> 53:11 Emma Stevenson (F Sen) 17:15 (36) Susan Stewart (F Sen) 19:16 (36) Clare Hughes (F Sen) 16:40 (30)	<b>48 Anster Haddies Running Club</b> 1:00:41 Hazel Bradley (F65) 19:18 (56) Pamela Cruickshanks (F50) 19:16 (50) Angela Small (F40) 22:07 (48)
<b>13 Glasgow University Hare and H</b> 48:30 Laura Muir (F Sen) 13:35 (1) Katrina Ballantyne (FU20) 17:52 (12) Lisa Christy (F Sen) 17:03 (13)	<b>31 Edinburgh Univ Hare &amp; Hounds B</b> 53:18 Abbie Buchan (F Sen) 17:05 (32) Sarah Henderson (F Sen) 17:52 (28) Lise Theron (FU20) 18:21 (31)	<b>49 Giffnock North AAC B</b> 1:02:35 Caroline Gibson (F Sen) 22:41 (65) Kirsteen Haughan (F45) 19:22 (56) Maureen McVey (F50) 20:32 (49)
<b>14 Ayr Seaforth AC</b> 48:36 Kirstin Oakley (FU20) 15:15 (13) Bethany MacRae (FU20) 17:21 (18) Toni McIntosh (F Sen) 16:00 (14)	<b>32 Hunters Bog Trotters D</b> 54:34 Zoe Strong (F Sen) 18:59 (50) Mairead Kelly (F Sen) 17:37 (37) Abby White (F Sen) 17:58 (32)	<b>50 Teviotdale Harriers</b> 1:02:38 Lauren Corbett (F Sen) 19:17 (55) Pauline McAdam (F60) 20:43 (52) Ann Renwick (F45) 22:38 (50)
<b>15 Kilbarchan AAC</b> 48:38 Christina Rankin (F Sen) 14:58 (9) Jemma Reekie (FU20) 15:20 (9) Julia Harris (F45) 18:20 (15)	<b>33 Edinburgh AC C</b> 54:53 Hannah Waugh (F Sen) 17:02 (29) Helga Gudny Ellsasdottir (F Sen) 16:24 (23) Niamh Jarvis (FU20) 21:27 (33)	<b>51 Greenock Glenpark Harriers C</b> 1:03:37 Yvonne Prager (F55) 23:17 (66) Lisa Ruddy (F Sen) 20:12 (58) Nicola Stevenson (F Sen) 20:08 (51)
<b>16 Lothian Running Club</b> 49:03 Lana Turnbull (F Sen) 18:11 (44) Mhairi Inglis (F Sen) 16:31 (26) Edel Mooney (F40) 14:21 (16)	<b>34 Kilmarnock H&amp;AC</b> 55:24 Colleen Tait (F Sen) 17:28 (37) Stephanie Hewitt (F Sen) 19:30 (38) Bethany Ross (F Sen) 18:26 (34)	<b>52 Kilmarnock H&amp;AC C</b> 1:05:57 Paula Wilson (F45) 19:37 (60) Rosemary McMillan (F50) 21:19 (53) Stephanie Dale (F Sen) 25:01 (52)
<b>17 Corstorphine AAC</b> 49:15 Kirstian MacRuary (F Sen) 15:17 (14) Hannah Addison (FU20) 15:31 (10) Sarah Anderson (F Sen) 18:27 (17)	<b>35 Glasgow University Hare and H B</b> 55:38 Katherine Mitchell (FU20) 18:21 (45) Emma McCrady (FU20) 19:14 (43) Ellie Waugh (F Sen) 18:03 (35)	
<b>18 Springburn Harriers</b> 49:27 Michelle Sandison (F Sen) 14:38 (5) Erin McGill (FU20) 18:04 (20) Hannah Terrance (F Sen) 16:45 (18)	<b>36 Bellahouston Road Runners</b> 55:47 Louise Ross (F Sen) 17:09 (33) Matty Sutton (F Sen) 19:57 (39) Shona Donnelly (F45) 18:41 (36)	

### INCOMPLETE TEAMS

<b>VP-Glasgow AC C</b>	<b>35:22</b>	<b>Greenock Glenpark Harriers D</b>	<b>43:26</b>	<b>Clydesdale Harriers C</b>	<b>19:08</b>
Emma kay (F Sen)	18:52 (48)	Lana Hanson (F Sen)	20:23 (62)	Marina McCallum (F40)	19:08 (53)
Becky Dunphy (F Sen)	16:30 (31)	Lesley Nelson (F Sen)	23:03 (57)		
<b>Shettleston Harriers C</b>	<b>36:23</b>	<b>Metro Aberdeen Running Club C</b>	<b>43:34</b>	<b>Motherwell AC B</b>	<b>20:39</b>
Shannon McLellan (F Sen)	17:10 (34)	Alison Pirie (F Sen)	20:10 (61)	Phyllis Hands (F60)	20:39 (63)
Hayley McCrorie (F Sen)	19:13 (34)	Claire Bremner (F Sen)	23:24 (59)	<b>Bellahouston Road Runners B</b>	<b>20:50</b>
<b>Calderglen Harriers B</b>	<b>37:31</b>	<b>Gala Harriers C</b>	<b>15:52</b>	Jacqueline McGuire (F45)	20:50 (64)
Karen Allen (F Sen)	19:07 (52)	Kirstin Maxwell (F Sen)	15:52 (20)	<b>Kilmarnock H&amp;AC D</b>	<b>27:49</b>
Frances Maxwell (F50)	18:24 (42)	<b>Inverclyde AC B</b>	<b>16:16</b>	Janice Millar (F55)	27:49 (67)
<b>Carnegie Harriers B</b>	<b>37:56</b>	Julie Gordon (F Sen)	16:16 (22)		
Samantha Laird (M Sen)	17:53 (41)	<b>Central AC B</b>	<b>17:00</b>		
Karen Forsyth (M Sen)	20:03 (46)	Patricia Milne (F50)	17:00 (28)		
<b>Kirkintilloch Olympians C</b>	<b>41:06</b>	<b>Falkirk Victoria Harriers D</b>	<b>19:07</b>		
Ausrine Ward (F Sen)	19:15 (54)	Allison Christie (F40)	19:07 (51)		
Vivien Fraser (F45)	21:51 (54)				





<b>49 Heriot-Watt Univ Athletics</b>	<b>1:01:39</b>	<b>63 Garscube Harriers C</b>	<b>1:04:53</b>	<b>77 Teviotdale Harriers</b>	<b>1:07:48</b>
Juan Campillo (MU20)	15:50 (75)	Craig Shields (M Sen)	15:37 (72)	Rory Anderson (M Sen)	14:03 (35)
Alistair Bishop (MU20)	14:40 (57)	John Murray (M 40)	15:33 (64)	Alan Inglis (M 45)	16:27 (56)
Liam Braby (MU20)	14:31 (43)	Alexander Chisholm (M 55)	16:20 (62)	Alex Corbett (M 45)	17:58 (68)
Sean Sweeney (MU20)	16:38 (49)	John McLaughlin (M 50)	17:23 (63)	Paul Lockie (M 45)	19:20 (77)
<b>50 Greenock Glenpark Harriers B</b>	<b>1:01:40</b>	<b>64 Strathearn Harriers C</b>	<b>1:05:01</b>	<b>78 Ayr Seaforth AC B</b>	<b>1:09:04</b>
Shaun Lyon (M Sen)	13:33 (20)	Alexander Storey (M Sen)	15:45 (73)	Peter Laing (M 55)	17:19 (93)
Robert Wilson (M Sen)	15:55 (41)	Angus Lindsay (MU20)	16:43 (74)	Stuart McLean (M 40)	16:04 (83)
Mark Vance (M 40)	15:46 (44)	Finlay Watson (MU20)	16:32 (69)	Iain Pettigrew (M 45)	16:56 (84)
David Roberts (M Sen)	16:26 (50)	Charlie Grimson (MU20)	16:01 (64)	Andrew Crichton (M Sen)	17:57 (78)
<b>51 Giffnock North AAC B</b>	<b>1:02:17</b>	<b>65 Glasgow University Hare and H B</b>	<b>1:05:09</b>	<b>79 Kilbarchan AAC C</b>	<b>1:09:07</b>
Jason Steele (M 40)	14:59 (60)	Adam Stark (M Sen)	15:10 (61)	Graham Evans (M Sen)	13:48 (23)
Iuke Chamber (M 40)	15:41 (60)	Duncan Ng (M Sen)	17:26 (76)	Steven Hill (M Sen)	22:33 (95)
Chris Marsh (M Sen)	15:40 (55)	Ross Martin (M Sen)	17:20 (79)	Alan Craig (M 45)	16:12 (87)
David Sawyer (M 40)	15:57 (51)	Tom Hartley (M Sen)	15:13 (65)	Stuart Tytler (M 55)	16:34 (79)
<b>52 Hunters Bog Trotters C</b>	<b>1:02:31</b>	<b>66 Bellahouston Road Runners D</b>	<b>1:05:40</b>	<b>80 Greenock Glenpark Harriers E</b>	<b>1:09:20</b>
John McManus (M Sen)	14:48 (58)	Anthony Lucio Jannetta (M Sen)	15:26 (70)	Duncan Anderson (M Sen)	16:41 (88)
Simon Harrison (M Sen)	16:29 (65)	John McGeehan (M Sen)	16:29 (69)	Kevin James Gill (M 50)	18:15 (90)
Martin Twigg (M 45)	15:31 (58)	Christopher Logue (M Sen)	16:31 (67)	Ross Neilson (M Sen)	17:06 (86)
Peter McClelland (M Sen)	15:43 (52)	Paul McGunnigle (M Sen)	17:14 (66)	Lewis Beck (M Sen)	17:18 (80)
<b>53 Hunters Bog Trotters D</b>	<b>1:02:39</b>	<b>67 Metro Aberdeen Running Club B</b>	<b>1:05:52</b>	<b>81 Clydesdale Harriers C</b>	<b>1:10:24</b>
James Jarvis (M 45)	16:35 (86)	Gavin McLennan (M Sen)	17:13 (91)	Ryan Nelson (M Sen)	16:18 (83)
Ray Ward (M 40)	13:53 (54)	Steve Morrison (M Sen)	16:52 (85)	Stephen Docherty (M Sen)	16:56 (80)
James Rogers (M Sen)	15:44 (54)	Andrew Thompson (M 40)	15:49 (78)	Peter Rudzinski (M 60)	16:15 (73)
Daniel Clements (M Sen)	16:27 (53)	Jeremy Kibble (M Sen)	15:58 (67)	Watson Jones (M 75)	20:55 (81)
<b>54 Corstorphine AAC D</b>	<b>1:02:41</b>	<b>68 Motherwell AC</b>	<b>1:05:56</b>	<b>82 VP-Glasgow AC B</b>	<b>1:11:25</b>
Alex Cumming (M Sen)	14:44 (55)	Nick Hughes (M Sen)	15:15 (65)	Calum McCormack (MU20)	15:12 (62)
Christopher O'Brien (M Sen)	14:53 (44)	John Hughes (M 55)	16:49 (71)	Damien Moore (M Sen)	16:49 (70)
Alan Cameron (M 45)	16:10 (50)	Ross Burton (M Sen)	17:01 (70)	Tom Ord (M 55)	17:36 (75)
Martin Caldwell (M 60)	16:54 (54)	Scott Dickson (M Sen)	16:51 (68)	Kenneth McVey (M 65)	21:48 (82)
<b>55 Kilmarnock H&amp;AC</b>	<b>1:03:01</b>	<b>69 Greenock Glenpark Harriers D</b>	<b>1:06:01</b>	<b>83 Garscube Harriers D</b>	<b>1:11:26</b>
Neil Walker (M Sen)	14:31 (45)	Chris Watson (M Sen)	16:08 (81)	David Campbell (M Sen)	16:32 (85)
Connell Drummond (M 40)	15:08 (45)	Gordon Hepburn (M Sen)	16:25 (75)	Craig Marshall (M Sen)	18:21 (89)
Ross Ginnelly (M Sen)	16:05 (49)	Sean Marshall (M Sen)	16:58 (74)	Kearn Brown (M 40)	17:48 (88)
Stewart McAllister (M Sen)	17:17 (55)	Alan O'Rourke (M 45)	16:30 (69)	Keiran McLaughlin (M Sen)	18:45 (83)
<b>56 Fife AC</b>	<b>1:03:11</b>	<b>70 Strathclyde Uni Harriers B</b>	<b>1:06:29</b>	<b>84 Carnegie Harriers B</b>	<b>1:14:22</b>
Sam Fernando (MU20)	14:05 (36)	Clement Marshall (M Sen)	15:53 (76)	Alan McGowan (M Sen)	17:00 (89)
Stuart Tite (M Sen)	16:06 (51)	Alec McGregor (M Sen)	17:43 (84)	Barry Davie (M Sen)	17:12 (86)
Daniel Newman (M 45)	16:15 (57)	David Seaman (M Sen)	15:52 (72)	Phil Smithard (M 65)	20:04 (90)
Kenneth Anthony (M 50)	16:45 (56)	Craig Macdonald -French (M Sen)	17:01 (70)	Stephen Greer (M 55)	20:06 (84)
<b>57 Kirkintilloch Olympians</b>	<b>1:03:31</b>	<b>71 Pitreavie AAC</b>	<b>1:06:38</b>	<b>85 Greenock Glenpark Harriers F</b>	<b>1:15:09</b>
David Scott (M Sen)	15:22 (68)	Colin Lamont (M Sen)	15:21 (67)	Stuart Austin (M 40)	18:00 (100)
Kieran Pugh (MU20)	15:06 (55)	Corey Smith (MU20)	16:56 (73)	Ryan Campbell (M 45)	18:52 (96)
Robert Bartley (M Sen)	16:33 (60)	Kyle Henderson (MU20)	17:29 (76)	Frank McMahan (M 65)	19:25 (94)
Scott Bradley (M Sen)	16:30 (57)	Neil MacLachlan (M Sen)	16:52 (71)	Stephen Reid (M 40)	18:52 (85)
<b>58 Carnegie Harriers</b>	<b>1:03:37</b>	<b>72 Giffnock North AAC C</b>	<b>1:06:51</b>	<b>86 Motherwell AC B</b>	<b>1:15:44</b>
Andrew Smith (M Sen)	14:38 (49)	Neal Gibson (M Sen)	17:54 (99)	Kevin Durnian (M Sen)	17:44 (97)
Kevin Davie (M Sen)	16:28 (63)	Colin Wylie (M 40)	16:26 (87)	Craig Morris (M Sen)	18:17 (93)
John Fulham (M 40)	16:19 (61)	Derren Thomson (M 40)	16:15 (82)	Peter Blackmore (M 40)	20:45 (95)
Jonathan Millar (M Sen)	16:12 (58)	Stuart MacDonald (M Sen)	16:16 (72)	Thomas Sneddon (M 40)	18:58 (86)
<b>59 Springburn Harriers B</b>	<b>1:04:00</b>	<b>73 Banchory Stonehaven AC</b>	<b>1:07:01</b>	<b>87 Calderglen Harriers B</b>	<b>1:17:34</b>
Scott Partyka (M Sen)	16:05 (80)	Andrew Ferguson Jnr (M Sen)	14:27 (44)	Andrew J Buchanan (M Sen)	15:47 (74)
James Lewis (M 40)	15:45 (68)	Sam Long (M 40)	15:34 (48)	Richard Lawton (M 40)	18:43 (88)
Grant Cairns (M Sen)	16:04 (63)	Andrew Ferguson Snr (M 50)	17:55 (64)	Hugh Simpson (M 50)	20:53 (92)
Ross McEachern (M 45)	16:06 (59)	Bob Auckland (M 55)	19:05 (73)	Russell Couper (M 50)	22:11 (87)
<b>60 East Kilbride A.C. B</b>	<b>1:04:09</b>	<b>74 Law &amp; District AAC B</b>	<b>1:07:34</b>	<b>88 Garscube Harriers E</b>	<b>1:23:45</b>
Niall Walker (M Sen)	14:41 (54)	Anthony Higgins (M 45)	16:01 (79)	Paul Cooke (M 45)	17:07 (90)
David Thomson (M Sen)	15:56 (59)	Stuart Leghorn (MU20)	16:43 (77)	Sean McAneny (M Sen)	19:47 (97)
David Gorman (M Sen)	16:21 (59)	James Scullion (M Sen)	17:20 (80)	David Geddes (M 55)	20:53 (96)
Graeme Haddow (M 50)	17:11 (60)	Shaun Burke (MU20)	17:30 (74)	Raghibir Singh (M 65)	25:58 (88)
<b>61 Perth Road Runners B</b>	<b>1:04:18</b>	<b>75 Hamilton Harriers</b>	<b>1:07:42</b>		
Michael McConnell (M Sen)	14:24 (43)	Neil Richardson (M 40)	16:12 (82)		
Kevin Riddell (M Sen)	15:48 (52)	James Breen (M 50)	16:01 (72)		
Mark Dunn (M Sen)	15:50 (53)	David Kelly (M 55)	19:45 (85)		
Hamish Shankland (M Sen)	18:16 (61)	Neil Robbins (M 50)	15:44 (75)		
<b>62 Inverclyde AC D</b>	<b>1:04:20</b>	<b>76 Falkirk Victoria Harriers D</b>	<b>1:07:48</b>		
Matthew Thomson (M Sen)	15:59 (77)	Christopher Duffy (MU20)	14:40 (51)		
Nicholas Gemmill (M 40)	15:26 (67)	Stuart Douglas (M Sen)	15:45 (53)		
Gerard Gaffney (M 55)	16:58 (66)	Mark Johnstone (M 40)	17:54 (65)		
Craig Winter (M 45)	15:57 (62)	Malcolm Finlayson (M 45)	19:29 (76)		

### INCOMPLETE TEAMS

<b>Central AC D</b>	<b>42:49</b>	<b>Corstorphine AAC E</b>	<b>55:34</b>	<b>Inverclyde AC</b>	<b>13:59</b>
Will Hensman (M Sen)	14:37 (48)	David downward (M Sen)	18:02 (101)	David Tamburini (M 40)	13:59 (28)
Jack Kerr (MU20)	14:12 (35)	Kenneth Stewart (M 55)	19:16 (98)	<b>Lasswade AAC</b>	<b>14:39</b>
Cameron Harris (MU20)	14:00 (28)	Graham Mclean (M 55)	18:16 (93)	Martin Gore (M Sen)	14:39 (50)
<b>Central AC E</b>	<b>49:24</b>	<b>Inverness Harriers AAC C</b>	<b>30:34</b>	<b>Clydesdale Harriers D</b>	<b>16:00</b>
Kenneth Hislop (M Sen)	17:18 (92)	Dean Kane (M Sen)	15:14 (63)	Ryan Savage (M Sen)	16:00 (78)
Scott Brember (M 40)	15:43 (79)	Christopher Fife (M Sen)	15:20 (58)	<b>Gala Harriers C</b>	<b>16:40</b>
Iain Dunsmore (M 45)	16:23 (71)	<b>Bellahouston Road Runners F</b>	<b>36:15</b>	Steven Martin (M 40)	16:40 (87)
<b>Westerlands XC Club</b>	<b>49:54</b>	David Lockhart (M Sen)	18:11 (103)	<b>Hamilton Harriers B</b>	<b>17:47</b>
Ian Thurlbeck (M 50)	16:27 (84)	Andrew Hardman (M 55)	18:04 (94)	Ross Bickerstaff (M 55)	17:47 (98)
David Calder (M 55)	16:25 (78)	<b>Inverclyde AC E</b>	<b>38:26</b>	<b>Kilbarchan AAC D</b>	<b>18:10</b>
Daniel Reid (M 55)	17:02 (77)	Robert Shaw (M 55)	20:37 (109)	Norman Groves (M 50)	18:10 (102)
<b>Bellahouston Harriers C</b>	<b>50:11</b>	Damien Mallet (M Sen)	17:49 (99)	<b>Glasgow University Hare and H C</b>	<b>18:51</b>
Gordon Gallacher (M45)	17:21 (94)	<b>Falkirk Victoria Harriers E</b>	<b>38:44</b>	Ralph Sparks (M Sen)	18:51 (104)
Calum Ferguson (MU20)	15:58 (82)	John Denholm (M 60)	18:55 (105)	<b>Teviotdale Harriers B</b>	<b>19:13</b>
Donald Kennedy (M45)	16:52 (81)	Gordon Dewar (M 50)	19:49 (100)	Alan Coltman (M 45)	19:13 (106)
<b>Dumbarton AAC</b>	<b>50:37</b>	<b>Greenock Glenpark Harriers H</b>	<b>40:31</b>		
Kieran McQuade (M Sen)	17:33 (95)	John Carruthers (M 45)	21:05 (111)		
Simon Lennox (M Sen)	15:45 (81)	Paul Hegarty (M Sen)	19:26 (101)		
William Goldie (M 55)	17:19 (83)	<b>Bellahouston Harriers D</b>	<b>41:09</b>		
<b>Kilmarnock H&amp;AC B</b>	<b>54:04</b>	Robert Carson (M 65)	19:44 (108)		
Stewart McRoberts (M Sen)	17:44 (96)	Ian Burke (M 65)	21:25 (102)		
Leslie - James McDermont (M 45)	17:21 (92)	<b>Greenock Glenpark Harriers G</b>	<b>41:13</b>		
Kenny Wales (M 45)	18:59 (89)	David Carruthers (M 40)	20:55 (110)		
<b>Edinburgh AC D</b>	<b>54:29</b>	Simon Hutton (M Sen)	20:18 (103)		
Eric Stevenson (M 65)	19:20 (107)				
Dean Cooper-Cunningham (M Sen)	15:38 (91)				
Alex MacEwen (M 60)	19:31 (91)				







<b>1 Gala Harriers</b>	<b>49:23</b>	<b>7 Inverness Harriers AAC B</b>	<b>54:41</b>	<b>13 Helensburgh AAC</b>	<b>1:01:50</b>
Fiona Dalgleish (F40)	16:25 (4)	Roma Shepherd (F40)	19:06 (13)	Maria Dye (F45)	18:27 (12)
Anya Campbell (F45)	16:47 (2)	Julie Wilson (F45)	17:43 (9)	Carole Barrie (F45)	21:30 (14)
Jennifer Forbes (F40)	16:11 (1)	Alison Wilson (F40)	17:52 (7)	Janet Fellowes (F60)	21:53 (13)
<b>2 Shettleston Harriers B</b>	<b>50:13</b>	<b>8 Gala Harriers B</b>	<b>55:50</b>	<b>14 Greenock Glenpark Harriers B</b>	<b>1:02:02</b>
Shona Robertson (F45)	15:34 (2)	Fiona Shepherd (F45)	17:30 (8)	Susan Clark (F45)	20:35 (16)
Avril Mason (F40)	17:00 (1)	Eileen Maxwell (F50)	19:34 (10)	Angeline Austin (F Sen)	21:36 (17)
Alison Winship (F40)	17:39 (2)	Dawn Grant (F40)	18:46 (8)	Rhonda White (F40)	19:51 (14)
<b>3 Edinburgh AC D</b>	<b>52:32</b>	<b>9 Kirkintilloch Olympians B</b>	<b>56:24</b>	<b>15 Falkirk Victoria Harriers C</b>	<b>1:03:43</b>
Karen Dobbie (F45)	17:46 (9)	Anne Marie McGregor (F40)	16:29 (5)	Monica Anderson (F45)	20:54 (17)
Sharyne Ramage (F50)	18:22 (7)	Elaine Hogg (F45)	18:50 (5)	Alison Marven (F40)	23:23 (18)
Jennifer MacLean (F40)	16:24 (3)	Pamela Parker (F45)	21:05 (9)	Gill Inglis (F45)	19:26 (15)
<b>4 Garscube Harriers</b>	<b>52:39</b>	<b>10 Hunters Bog Trotters B</b>	<b>56:43</b>	<b>16 Clydesdale Harriers B</b>	<b>1:04:14</b>
Lesley Chisholm (F40)	14:50 (1)	Phyllis O'Brien (F55)	17:50 (10)	Ann Murray (F45)	19:27 (14)
Karen McIlvenna (F50)	18:54 (3)	Zoe Kemp (F40)	19:53 (12)	Mairi Fox (F Sen)	21:48 (16)
Debbie Martin-Consani (F40)	18:55 (4)	Sandra Rathjen (F40)	19:00 (10)	Jane Mayor (F45)	22:59 (16)
<b>5 Carnegie Harriers</b>	<b>53:07</b>	<b>11 Lothian Running Club B</b>	<b>56:55</b>		
Alison Whyte (M45)	17:28 (7)	Jackie Corless (F40)	20:55 (18)		
Melanie Sinclair (M40)	18:11 (6)	Saran Jones (F50)	18:47 (13)		
Isobel Burnett (M55)	17:28 (5)	Christine MacVarish (F40)	17:13 (11)		
<b>6 Bellahouston Harriers</b>	<b>53:54</b>	<b>12 Portobello Running Club</b>	<b>58:12</b>		
Caroline Cochran (F45)	18:16 (11)	Yana Thandrayen (F40)	17:15 (6)		
Erica Christie (F55)	17:59 (8)	Julie Moffat (F45)	20:17 (11)		
Bernadette O'Neil (F45)	17:39 (6)	Aileen Ross (F55)	20:40 (12)		

### INCOMPLETE TEAMS

<b>Aberdeen AAC B</b>	<b>34:00</b>	<b>Bellahouston Harriers B</b>	<b>46:25</b>
Veronique Oldham (F45)	16:14 (3)	Deirdre Hoyle (F60)	22:30 (19)
Sonia Armitage (F50)	17:46 (4)	Lisa Gilmore (F40)	23:55 (19)
<b>Carnegie Harriers C</b>	<b>40:23</b>		
Kirsty Baird (M40)	19:29 (15)		
Gillian McCracken (M45)	20:54 (15)		

Pos.	Time	Name	Team	Pos.	Time	Name	Team
1	14:50	Lesley Chisholm (F40)	Garscube Harriers	28	18:47	Saran Jones (F50)	Lothian Running Club B
2	15:34	Shona Robertson (F45)	Shettleston Harriers B	29	18:50	Elaine Hogg (F45)	Kirkintilloch Olympians B
3	16:11	Jennifer Forbes (F40)	Gala Harriers	30	18:54	Karen McIlvenna (F50)	Garscube Harriers
4	16:14	Veronique Oldham (F45)	Aberdeen AAC B	31	18:55	Debbie Martin-Consani (F40)	Garscube Harriers
5	16:24	Jennifer MacLean (F40)	Edinburgh AC D	32	19:00	Sandra Rathjen (F40)	Hunters Bog Trotters B
6	16:25	Fiona Dalgleish (F40)	Gala Harriers	33	19:06	Roma Shepherd (F40)	Inverness Harriers AAC B
7	16:29	Anne Marie McGregor (F40)	Kirkintilloch Olympians B	34	19:26	Gill Inglis (F45)	Falkirk Victoria Harriers C
8	16:47	Anya Campbell (F45)	Gala Harriers	35	19:27	Ann Murray (F45)	Clydesdale Harriers B
9	17:00	Avril Mason (F40)	Shettleston Harriers B	36	19:29	Kirsty Baird (M40)	Carnegie Harriers C
10	17:13	Christine MacVarish (F40)	Lothian Running Club B	37	19:34	Eileen Maxwell (F50)	Gala Harriers B
11	17:15	Yana Thandrayen (F40)	Portobello Running Club	38	19:51	Rhonda White (F40)	Greenock Glenpark Harriers B
12	17:28	Alison Whyte (M45)	Carnegie Harriers	39	19:53	Zoe Kemp (F40)	Hunters Bog Trotters B
13	17:28	Isobel Burnett (M55)	Carnegie Harriers	40	20:17	Julie Moffat (F45)	Portobello Running Club
14	17:30	Fiona Shepherd (F45)	Gala Harriers B	41	20:35	Susan Clark (F45)	Greenock Glenpark Harriers B
15	17:39	Alison Winship (F40)	Shettleston Harriers B	42	20:40	Aileen Ross (F55)	Portobello Running Club
16	17:39	Bernadette O'Neil (F45)	Bellahouston Harriers	43	20:54	Monica Anderson (F45)	Falkirk Victoria Harriers C
17	17:43	Julie Wilson (F45)	Inverness Harriers AAC B	44	20:54	Gillian McCracken (M45)	Carnegie Harriers C
18	17:46	Karen Dobbie (F45)	Edinburgh AC D	45	20:55	Jackie Corless (F40)	Lothian Running Club B
19	17:46	Sonia Armitage (F50)	Aberdeen AAC B	46	21:05	Pamela Parker (F45)	Kirkintilloch Olympians B
20	17:50	Phyllis O'Brien (F55)	Hunters Bog Trotters B	47	21:30	Carole Barrie (F45)	Helensburgh AAC
21	17:52	Alison Wilson (F40)	Inverness Harriers AAC B	48	21:36	Angeline Austin (F Sen)	Greenock Glenpark Harriers B
22	17:59	Erica Christie (F55)	Bellahouston Harriers	49	21:48	Mairi Fox (F Sen)	Clydesdale Harriers B
23	18:11	Melanie Sinclair (M40)	Carnegie Harriers	50	21:53	Janet Fellowes (F60)	Helensburgh AAC
24	18:16	Caroline Cochran (F45)	Bellahouston Harriers	51	22:30	Deirdre Hoyle (F60)	Bellahouston Harriers B
25	18:22	Sharyne Ramage (F50)	Edinburgh AC D	52	22:59	Jane Mayor (F45)	Clydesdale Harriers B
26	18:27	Maria Dye (F45)	Helensburgh AAC	53	23:23	Alison Marven (F40)	Falkirk Victoria Harriers C
27	18:46	Dawn Grant (F40)	Gala Harriers B	54	23:55	Lisa Gilmore (F40)	Bellahouston Harriers B

<b>1 Ron Hill Cambuslang Harriers D</b>	<b>54:37</b>	<b>8 VP-Glasgow AC C</b>	<b>1:01:54</b>	<b>15 Falkirk Victoria Harriers B</b>	<b>1:07:30</b>
Kenneth Campbell (M 40)	13:37 (1)	Crawford Little (M 45)	14:48 (6)	Brian Lees (M 50)	15:41 (13)
Frank McGowan (M 45)	14:01 (1)	Peter Jardine (M 45)	15:27 (7)	John Martin (M 55)	17:49 (17)
Kerry-Liam Wilson (M 45)	13:33 (1)	Gerard Craig (M 45)	15:31 (7)	Tom Purves (M 45)	17:38 (16)
Jamie Reid (M 40)	13:26 (1)	Alex Potter (M 55)	16:08 (8)	Craig Johnston (M 45)	16:22 (15)
<b>2 Kirkintilloch Olympians B</b>	<b>58:19</b>	<b>9 Springburn Harriers</b>	<b>1:02:44</b>	<b>16 Edinburgh AC B</b>	<b>1:07:30</b>
Stephen Allan (M 40)	14:05 (3)	Damian McAuley (M 45)	15:54 (15)	Max Carcas (M 45)	16:10 (17)
David Hogg (M 45)	14:42 (3)	Graham Crawford (M 55)	15:21 (11)	David Steele (M 55)	18:29 (20)
Howard Elliot (M 45)	15:05 (3)	Emilio Cosimo (M 40)	15:30 (9)	Malcolm Parry (M 40)	16:32 (17)
Graham McCabe (M 40)	14:27 (2)	Colin Mclean (M 50)	15:59 (9)	Garry Robertson (M 50)	16:19 (16)
<b>3 Corstorphine AAC C</b>	<b>58:48</b>	<b>10 Perth Road Runners</b>	<b>1:03:57</b>	<b>17 Calderglen Harriers</b>	<b>1:10:07</b>
Gordon Clarke (M 40)	13:44 (2)	David Knight (M 45)	15:07 (8)	David Herbertson (M 45)	16:45 (20)
Keith Hood (M 40)	13:56 (2)	Simon Grieshaber (M 45)	17:08 (14)	Martin Howell (M 45)	17:20 (19)
Ian Johnston (M 50)	15:20 (2)	James Fotheringham (M 50)	16:09 (13)	Jim Holmes (M 45)	17:25 (20)
Ian McPherson (M 45)	15:48 (3)	Duncan Ryan (M 45)	15:33 (10)	Jim Mearns (M 50)	18:37 (17)
<b>4 Greenock Glenpark Harriers</b>	<b>59:17</b>	<b>11 Ron Hill Cambuslang Harriers F</b>	<b>1:04:07</b>	<b>18 Lothian Running Club B</b>	<b>1:11:47</b>
Steven Campbell (M 40)	14:05 (4)	Daniel O'Connell (M 45)	16:15 (18)	Kenton Jones (M 50)	15:57 (16)
Andrew White (M 45)	14:54 (4)	Craig Harrow (M 40)	14:38 (10)	Calum Ross (M 50)	17:31 (15)
Stephen McLoone (M 50)	15:51 (5)	David Thom (M 55)	16:44 (11)	David Mabon (M 60)	18:11 (21)
Paul Monaghan (M 40)	14:27 (4)	Scott Hunter (M 40)	16:30 (11)	Martin Leadbetter (M 55)	20:08 (18)
<b>5 Ron Hill Cambuslang Harriers E</b>	<b>1:00:13</b>	<b>12 Kirkintilloch Olympians C</b>	<b>1:04:32</b>	<b>19 Metro Aberdeen Running Club C</b>	<b>1:12:45</b>
Tony Mccutcheon (M 45)	15:27 (10)	Paul O'Hare (M 40)	15:54 (14)	Peter Jennings (M 60)	18:20 (25)
Brian Campbell (M 40)	14:51 (8)	Sean Casey (M 45)	16:08 (12)	Michael Kane (M 50)	18:23 (23)
Justin Carter (M 40)	14:35 (6)	Mark Welsford (M 40)	15:56 (12)	Craig Anderson (M 45)	17:42 (23)
Michael O'Hagan (M 45)	15:20 (5)	Robert Rogerson (M 50)	16:34 (12)	Phil Mann (M 55)	18:20 (19)
<b>6 Edinburgh AC C</b>	<b>1:00:56</b>	<b>13 Bellahouston Road Runners C</b>	<b>1:05:45</b>	<b>20 Fife AC B</b>	<b>1:13:56</b>
Robert Turner (M 40)	14:22 (5)	Liam Conway (M 45)	15:29 (11)	Ruwan Fernando (M 45)	17:08 (21)
Robert Hamilton (M 40)	15:36 (5)	George Rooney (M 45)	16:38 (13)	Steven Pennycook (M 55)	18:15 (22)
Colin McGill (M 40)	14:43 (4)	Henry Merriweather (M 40)	16:59 (14)	Brian R Smith (M 55)	18:57 (22)
Chris Creegan (M50)	16:15 (6)	Kevin Queenan (M 40)	16:39 (13)	Frank McLaren (M 65)	19:36 (20)
<b>7 Gala Harriers B</b>	<b>1:01:47</b>	<b>14 Portobello Running Club</b>	<b>1:06:32</b>		
Craig Mattocks (M 40)	15:15 (9)	Andrew Stavert (M 50)	18:11 (24)		
Wayne McIntosh (M 40)	14:45 (6)	Richard Hadfield (M 45)	17:10 (21)		
Magnus Ingles (M 40)	16:26 (8)	William Jarvie (M 55)	15:55 (19)		
David Moffat (M 40)	15:21 (7)	Peter Buchanan (M 50)	15:16 (14)		

### INCOMPLETE TEAMS

<b>Central AC F</b>	<b>47:03</b>	<b>Strathearn Harriers B</b>	<b>51:14</b>	<b>Garscube Harriers F</b>	<b>27:07</b>
Philip Williams (M 40)	15:02 (7)	James McConnell (M 50)	16:19 (19)	Robert Cuthbertson (M 60)	27:07 (26)
Robert Steel (M 45)	15:37 (9)	Paul Taylor (M 40)	17:10 (16)		
Donald Shaw (M 45)	16:24 (10)	Phil Mestecky (M 45)	17:45 (18)		
<b>Dunbar Running Club</b>	<b>49:51</b>	<b>Lasswade AAC B</b>	<b>17:20</b>		
Stuart Hay (M 50)	15:40 (12)	Peter Ness (M 45)	17:20 (22)		
Andrew Anderson (M 50)	18:00 (18)	<b>Kirkintilloch Olympians D</b>	<b>17:32</b>		
Neal Wyatt (M 40)	16:11 (15)	Daniel Chandler (M 40)	17:32 (23)		

Pos.	Time	Name	Team	Pos.	Time	Name	Team
1	13:26	Jamie Reid (M 40)	Ron Hill Cambuslang Harriers D	47	16:08	Sean Casey (M 45)	Kirkintilloch Olympians C
2	13:33	Kerry-Liam Wilson (M 45)	Ron Hill Cambuslang Harriers D	48	16:08	Alex Potter (M 55)	VP-Glasgow AC C
3	13:37	Kenneth Campbell (M 40)	Ron Hill Cambuslang Harriers D	49	16:09	James Fotheringham (M 50)	Perth Road Runners
4	13:44	Gordon Clarke (M 40)	Corstorphine AAC C	50	16:10	Max Carcas (M 45)	Edinburgh AC B
5	13:56	Keith Hood (M 40)	Corstorphine AAC C	51	16:11	Neal Wyatt (M 40)	Dunbar Running Club
6	14:01	Frank McGowan (M 45)	Ron Hill Cambuslang Harriers D	52	16:15	Daniel O'Connell (M 45)	Ron Hill Cambuslang Harriers F
7	14:05	Stephen Allan (M 40)	Kirkintilloch Olympians B	53	16:15	Chris Creegan (M50)	Edinburgh AC C
8	14:05	Steven Campbell (M 40)	Greenock Glenpark Harriers	54	16:19	James McConnell (M 50)	Strathearn Harriers B
9	14:22	Robert Turner (M 40)	Edinburgh AC C	55	16:19	Garry Robertson (M 50)	Edinburgh AC B
10	14:27	Graham McCabe (M 40)	Kirkintilloch Olympians B	56	16:22	Craig Johnston (M 45)	Falkirk Victoria Harriers B
11	14:27	Paul Monaghan (M 40)	Greenock Glenpark Harriers	57	16:24	Donald Shaw (M 45)	Central AC F
12	14:35	Justin Carter (M 40)	Ron Hill Cambuslang Harriers E	58	16:26	Magnus Ingles (M 40)	Gala Harriers B
13	14:38	Craig Harrow (M 40)	Ron Hill Cambuslang Harriers F	59	16:30	Scott Hunter (M 40)	Ron Hill Cambuslang Harriers F
14	14:42	David Hogg (M 45)	Kirkintilloch Olympians B	60	16:32	Malcolm Parry (M 40)	Edinburgh AC B
15	14:43	Colin McGill (M 40)	Edinburgh AC C	61	16:34	Robert Rogerson (M 50)	Kirkintilloch Olympians C
16	14:45	Wayne McIntosh (M 40)	Gala Harriers B	62	16:38	George Rooney (M 45)	Bellahouston Road Runners C
17	14:48	Crawford Little (M 45)	VP-Glasgow AC C	63	16:39	Kevin Queenan (M 40)	Bellahouston Road Runners C
18	14:51	Brian Campbell (M 40)	Ron Hill Cambuslang Harriers E	64	16:44	David Thom (M 55)	Ron Hill Cambuslang Harriers F
19	14:54	Andrew White (M 45)	Greenock Glenpark Harriers	65	16:45	David Herbertson (M 45)	Calderglen Harriers
20	15:02	Philip Williams (M 40)	Central AC F	66	16:59	Henry Merriweather (M 40)	Bellahouston Road Runners C
21	15:05	Howard Elliot (M 45)	Kirkintilloch Olympians B	67	17:08	Ruwan Fernando (M 45)	Fife AC B
22	15:07	David Knight (M 45)	Perth Road Runners	68	17:08	Simon Grieshaber (M 45)	Perth Road Runners
23	15:15	Craig Mattocks (M 40)	Gala Harriers B	69	17:10	Paul Taylor (M 40)	Strathearn Harriers B
24	15:16	Peter Buchanan (M 50)	Portobello Running Club	70	17:10	Richard Hadfield (M 45)	Portobello Running Club
25	15:20	Ian Johnston (M 50)	Corstorphine AAC C	71	17:20	Peter Ness (M 45)	Lasswade AAC B
26	15:20	Michael O'Hagan (M 45)	Ron Hill Cambuslang Harriers E	72	17:20	Martin Howell (M 45)	Calderglen Harriers
27	15:21	Graham Crawford (M 55)	Springburn Harriers	73	17:25	Jim Holmes (M 45)	Calderglen Harriers
28	15:21	David Moffat (M 40)	Gala Harriers B	74	17:31	Calum Ross (M 50)	Lothian Running Club B
29	15:27	Tony McCutcheon (M 45)	Ron Hill Cambuslang Harriers E	75	17:32	Daniel Chandler (M 40)	Kirkintilloch Olympians D
30	15:27	Peter Jardine (M 45)	VP-Glasgow AC C	76	17:38	Tom Purves (M 45)	Falkirk Victoria Harriers B
31	15:29	Liam Conway (M 45)	Bellahouston Road Runners C	77	17:42	Craig Anderson (M 45)	Metro Aberdeen Running Club C
32	15:30	Emilio Cosimo (M 40)	Springburn Harriers	78	17:45	Phil Mestecky (M 45)	Strathearn Harriers B
33	15:31	Gerard Craig (M 45)	VP-Glasgow AC C	79	17:49	John Martin (M 55)	Falkirk Victoria Harriers B
34	15:33	Duncan Ryan (M 45)	Perth Road Runners	80	18:00	Andrew Anderson (M 50)	Dunbar Running Club
35	15:36	Robert Hamilton (M 40)	Edinburgh AC C	81	18:11	Andrew Stavert (M 50)	Portobello Running Club
36	15:37	Robert Steel (M 45)	Central AC F	82	18:11	David Mabon (M 60)	Lothian Running Club
37	15:40	Stuart Hay (M 50)	Dunbar Running Club	83	18:15	Steven Pennycook (M 55)	Fife AC B
38	15:41	Brian Lees (M 50)	Falkirk Victoria Harriers B	84	18:20	Peter Jennings (M 60)	Metro Aberdeen Running Club C
39	15:48	Ian McPherson (M 45)	Corstorphine AAC C	85	18:20	Phil Mann (M 55)	Metro Aberdeen Running Club C
40	15:51	Stephen McLoone (M 50)	Greenock Glenpark Harriers	86	18:23	Michael Kane (M 50)	Metro Aberdeen Running Club C
41	15:54	Paul O'Hare (M 40)	Kirkintilloch Olympians C	87	18:29	David Steele (M 55)	Edinburgh AC B
42	15:54	Damian McAuley (M 45)	Springburn Harriers	88	18:37	Jim Mearns (M 50)	Calderglen Harriers
43	15:55	William Jarvie (M 55)	Portobello Running Club	89	18:57	Brian R Smith (M 55)	Fife AC B
44	15:56	Mark Welsford (M 40)	Kirkintilloch Olympians C	90	19:36	Frank McLaren (M 65)	Fife AC B
45	15:57	Kenton Jones (M 50)	Lothian Running Club B	91	20:08	Martin Leadbetter (M 55)	Lothian Running Club B
46	15:59	Colin Mclean (M 50)	Springburn Harriers	92	27:07	Robert Cuthbertson (M 60)	Garscube Harriers F

<b>1 Falkirk Victoria Harriers B</b>	<b>52:22</b>	<b>2 Clydesdale Harriers</b>	<b>59:12</b>	<b>3 Kirkintilloch Olympians</b>	<b>1:06:38</b>
Beryl Junnier (F50)	17:08 (1)	Hylida Stewart (F55)	21:08 (3)	Ada Stewart (F50)	20:03 (2)
Caroline Lawless (F55)	19:32 (1)	Christine Duncanson (F55)	20:32 (2)	Shirley MacNab (F50)	22:49 (3)
Fiona Matheson (F50)	15:42 (1)	Pamela McCrossan (F50)	17:32 (2)	Debs Lindsay (F50)	23:46 (3)

Pos.	Time	Name	Team	Pos.	Time	Name	Team
1	15:42	Fiona Matheson (F50)	Falkirk Victoria Harriers B	6	20:32	Christine Duncanson (F55)	Clydesdale Harriers
2	17:08	Beryl Junnier (F50)	Falkirk Victoria Harriers B	7	21:08	Hylida Stewart (F55)	Clydesdale Harriers
3	17:32	Pamela McCrossan (F50)	Clydesdale Harriers	8	22:49	Shirley MacNab (F50)	Kirkintilloch Olympians
4	19:32	Caroline Lawless (F55)	Falkirk Victoria Harriers B	9	23:46	Debs Lindsay (F50)	Kirkintilloch Olympians
5	20:03	Ada Stewart (F50)	Kirkintilloch Olympians				

<b>1 Ron Hill Cambuslang Harriers G</b>	<b>45:35</b>	<b>6 Central AC G</b>	<b>48:24</b>	<b>11 Calderglen Harriers C</b>	<b>52:50</b>
Chris Upson (M 50)	15:05 (1)	Robin Mussett (M 50)	16:22 (7)	John McBride (M 55)	18:50 (11)
Paul Thompson (M 55)	15:33 (1)	David Eckersley (M 50)	15:23 (6)	Stuart Waugh (M 65)	18:39 (12)
Colin Feechan (M 55)	14:57 (1)	Robert Hutchison (M 50)	16:39 (6)	Alan Derrick (M 50)	15:21 (11)
<b>2 Strathearn Harriers</b>	<b>46:08</b>	<b>7 Greenock Glenpark Harriers C</b>	<b>49:30</b>	<b>12 Clydesdale Harriers</b>	<b>55:25</b>
Colin Lamont (M 55)	16:13 (5)	Daniel McLaughlin (M 55)	16:01 (4)	Pete Cartwright (M 70)	18:59 (13)
Patrick O'Kane (M 50)	15:09 (3)	Michael Dunn (M 60)	16:30 (7)	Paul McKendry (M 55)	17:48 (11)
Wattie Mackay (M 50)	14:46 (2)	Robert Wilson (M 60)	16:59 (7)	Robert Young (M 70)	18:38 (12)
<b>3 Edinburgh AC H</b>	<b>46:25</b>	<b>8 VP-Glasgow AC D</b>	<b>50:13</b>	<b>13 Central AC H</b>	<b>56:09</b>
Andrew Latham (M 50)	16:00 (3)	Derek Watson Snr. (M 50)	16:46 (10)	Billy Mitchell (M 50)	18:58 (12)
David Cross (M 50)	15:18 (2)	Ralph Connolly (M 50)	16:50 (8)	Raymond J Milne (M 50)	19:05 (13)
Martin Ferguson (M 50)	15:07 (3)	Andrew Law (M 60)	16:37 (8)	Hugh Kerr (M 50)	18:06 (13)
<b>4 Shettleston Harriers E</b>	<b>47:18</b>	<b>9 Carnegie Harriers C</b>	<b>50:38</b>	<b>14 Central AC I</b>	<b>1:00:47</b>
John J Duffy (M 50)	16:18 (6)	Ian Robert Johnston (M 55)	16:44 (9)	Allan Gall (M 55)	19:08 (14)
William Coyle (M 50)	15:19 (4)	Alan Cockburn (M 50)	17:04 (9)	John Millar (M 60)	21:37 (14)
John Oates (M 55)	15:41 (4)	John Hynd (M 55)	16:50 (9)	Cameron Campbell (M 55)	20:02 (14)
<b>5 Bellahouston Road Runners E</b>	<b>47:59</b>	<b>10 Dundee Road Runners AC</b>	<b>51:53</b>		
Gerard Scullion (M 50)	15:37 (2)	Steven Dick (M 50)	16:37 (8)		
Jim Robinson (M 55)	16:05 (5)	Richard Toller (M 60)	18:51 (10)		
Hamish Barbour (M 50)	16:17 (5)	John Mill (M 50)	16:25 (10)		

Pos.	Time	Name	Team	Pos.	Time	Name	Team
1	14:46	Wattie Mackay (M 50)	Strathearn Harriers	22	16:37	Steven Dick (M 50)	Dundee Road Runners AC
2	14:57	Colin Feechan (M 55)	Ron Hill Cambuslang Harriers G	23	16:37	Andrew Law (M 60)	VP-Glasgow AC D
3	15:05	Chris Upton (M 50)	Ron Hill Cambuslang Harriers G	24	16:39	Robert Hutchison (M 50)	Central AC G
4	15:07	Martin Ferguson (M 50)	Edinburgh AC H	25	16:44	Ian Robert Johnston (M 55)	Carnegie Harriers C
5	15:09	Patrick O'Kane (M 50)	Strathearn Harriers	26	16:46	Derek Watson Snr. (M 50)	VP-Glasgow AC D
6	15:18	David Cross (M 50)	Edinburgh AC H	27	16:50	Ralph Connolly (M 50)	VP-Glasgow AC D
7	15:19	William Coyle (M 50)	Shettleston Harriers E	28	16:50	John Hynd (M 55)	Carnegie Harriers C
8	15:21	Alan Derrick (M 50)	Calderglen Harriers C	29	16:59	Robert Wilson (M 60)	Greenock Glenpark Harriers C
9	15:23	David Eckersley (M 50)	Central AC G	30	17:04	Alan Cockburn (M 50)	Carnegie Harriers C
10	15:33	Paul Thompson (M 55)	Ron Hill Cambuslang Harriers G	31	17:48	Paul McKendry (M 55)	Clydesdale Harriers
11	15:37	Gerard Scullion (M 50)	Bellahouston Road Runners E	32	18:06	Hugh Kerr (M 50)	Central AC H
12	15:41	John Oates (M 55)	Shettleston Harriers E	33	18:38	Robert Young (M 70)	Clydesdale Harriers
13	16:00	Andrew Latham (M 50)	Edinburgh AC H	34	18:39	Stuart Waugh (M 65)	Calderglen Harriers C
14	16:01	Daniel McLaughlin (M 55)	Greenock Glenpark Harriers C	35	18:50	John McBride (M 55)	Calderglen Harriers C
15	16:05	Jim Robinson (M 55)	Bellahouston Road Runners E	36	18:51	Richard Toller (M 60)	Dundee Road Runners AC
16	16:13	Colin Lamont (M 55)	Strathearn Harriers	37	18:58	Billy Mitchell (M 50)	Central AC H
17	16:17	Hamish Barbour (M 50)	Bellahouston Road Runners E	38	18:59	Pete Cartwright (M 70)	Clydesdale Harriers
18	16:18	John J Duffy (M 50)	Shettleston Harriers E	39	19:05	Raymond J Milne (M 50)	Central AC H
19	16:22	Robin Mussett (M 50)	Central AC G	40	19:08	Allan Gall (M 55)	Central AC I
20	16:25	John Mill (M 50)	Dundee Road Runners AC	41	20:02	Cameron Campbell (M 55)	Central AC I
21	16:30	Michael Dunn (M 60)	Greenock Glenpark Harriers C	42	21:37	John Millar (M 60)	Central AC I