

BMC / Glasgow AA Metric Miler Meeting (Inc Scottish 3000m Championships)

Emirates Arena

3 Jan 16

600 3000

Has your performance not been assigned to your profile yet? Just click the envelope  beside your performance below to notify us and get it on your profile.

600 SM M										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	1:18.78	i Jamie Webb	PB U23 M	21	01.06.94	Adrian Webb	Liverpool H/Manchester Metropolitan Uni	1:18.78	1:18.78	
2	1:19.47	i Ben Greenwood	PB U20 M	17	24.09.98	Catrina Helen Tavendale	Perth Strathtay	1:19.47	1:19.47	
3	1:20.16	i Robbie Barr	PB U20 M	18	27.10.97	Andy Young	Victoria Park City of Glasgow	1:20.16	1:20.16	
4	1:20.60	i Greg Urwin	PB SEN M	23	21.05.92	Doug Maxwell	Tynedale/Robert Gordon Uni	1:20.32	1:20.32	
5	1:21.52	i Rory Muir	PB U23 M	20	30.11.95	Eric Simpson	Dundee Hawkhill	1:21.52	1:21.52	
6	1:22.13	i Lea Stephenson	PB SEN M	29	01.05.86	Doug Maxwell	Tynedale	1:22.13	1:22.13	
-	DNF	i Donald MacLeod	SEN M	28	15.03.87	Brian Whittle	Glasgow City/Glasgow Caledonian Uni/Kilbarchan			

600 SW F										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	1:33.04	i Julie Dobbin	PB U23 W	21	08.03.94		Victoria Park City of Glasgow/Glasgow Uni	1:33.04	1:33.04	
2	1:33.11	i Erin McIlveen	PB SEN W	29	10.03.86	Brian Whittle	Victoria Park City of Glasgow/City of Lisburn	1:33.11	1:33.11	
3	1:34.43	i Jemma Reekie	PB U20 W	17	06.03.98	Andy Young	Kilbarchan	1:34.43	1:34.43	
4	1:38.10	i Danielle Webb	PB U20 W	17	18.07.98	Lynn Webb	Liverpool H	1:38.10	1:38.10	
-	DNF	i Lucy Massie	U20 W	17	20.01.98	Charles Forbes	Inverness			

3000 SX A										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	8:17.64	i Ben Stevenson	PB U23 M	21	26.01.94		Falkirk/Ochil/Edinburgh Uni Hare & Hounds	8:17.64	8:17.64	
2	8:22.73	i James Bowness	PB SEN M	24	26.11.91	William Parker	Trafford/Glasgow Caledonian Uni	8:22.73	8:22.73	
3	8:27.07	i Lachlan Oates	SB SEN M	23	30.01.92	John Montgomery	Shettleston/Glasgow Uni	8:27.07	8:19.38	
4	8:28.31	i Jonathan Glen	SB U23 M	19	05.10.96	Mark Pollard	Inverclyde/Glasgow City	8:28.31	8:26.59	
5	8:30.56	i Dale Colley	PB U23 M	21	11.10.94	Derek Easton	Central	8:30.56	8:30.56	
6	8:34.19	i Ryan Thomson	SB U23 M	19	21.02.96	John Montgomery	Cambuslang/Strathclyde Uni	8:34.19	8:28.52	
7	8:36.23	i Calum McKenzie	SB SEN M	26	03.05.89	Moray Anderson	Corstorphine/Aberdeen Uni	8:36.23	8:31.54	
8	8:43.02	i Adam Craig	SB U23 M	20	09.05.95	Bruce Scott	Edinburgh AC	8:43.02	8:40.91	
9	8:53.23	i Max Ralston	SB SEN M	24	14.01.91		Victoria Park City of Glasgow/Edinburgh Uni	8:53.23	8:46.93	
10	8:55.22	i Stephen Mackay	PB SEN M	23	07.06.92	Charles Forbes	Glasgow City/Inverness	8:55.22	8:55.22	

3000 SX B										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	8:46.89	i Scott MacAulay	SB SEN M	23	25.01.92	Derek Parker	Glasgow City	8:46.89	8:44.54	
2	8:48.25	i Adam Scott	SB U17 M	15	24.01.00	Steven Doig	Fife	8:48.25	8:38.21	
3	8:49.78	i James Donald	PB U20 M	17	18.11.98		Dundee Hawkhill	8:49.78	8:49.78	
4	8:56.12	i Rhys Sim	PB U20 M	16	07.06.99		Ayr Seaforth	8:56.12	8:56.12	
5	9:00.12	i Aidan Gilbride	PB U20 M	18	28.11.97	Jamie Clements	East Kilbride/South Lanarkshire	9:00.12	9:00.12	
6	9:09.36	i Ben Potrykus	PB U23 M	19	30.05.96	Mark Pollard	Pitreevie/Heriot-Watt Uni	9:09.36	9:09.36	
7	9:24.70	i Myles Bax	SB SEN M	29	09.12.86	John Montgomery	Perth RR/Glasgow Uni	9:24.70	9:01.29	

3000 SX C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	8:57.14	i Josephine Moultrie	PB SEN W	25	19.11.90	William Parker	Victoria Park City of Glasgow	8:57.14	8:57.14	
2	9:06.71	i Robert Gilroy	SB V35 M	39	30.04.76		Cambuslang/Scottish Vets H	9:06.71	8:48.18	
3	9:17.61	i Anthony Addison	SB U20 M			John O'Hara	Corstorphine	9:17.61	9:14.91	
4	9:22.72	i Peter Cameron	SB U23 M			David Campbell	Edinburgh AC/Cambridge Uni	9:22.72	9:21.91	
5	9:22.99	i Sarah Inglis	SB SEN W	24	28.08.91	Mark Bomba	Lothian/Trinity Western Uni/Forth Valley	9:22.99	9:04.77	
6	9:26.58	i Oliver Watson-Sweeney	SB U20 M	16	20.07.99	Dudley Walker	Giffnock North	9:26.58	9:22.24	
7	9:27.36	i Jenna Hill	SB SEN W	30	16.10.85	Andrew Hobdell	Sale Harriers Manchester/St. Mary's Uni	9:27.36	9:07.17	
8	9:29.30	i Ross Gray	PB U20 M	18	27.09.97		Inverclyde	9:29.30	9:29.30	
9	9:33.26	i Cameron Richardson	SB U20 M	17	27.08.98	Donald Pegrum	Cumbernauld	9:33.26	9:08.19	
10	9:35.27	i John Law	SB U20 M	16	04.03.99		Victoria Park City of Glasgow/Glasgow Sch of Sport	9:35.27	9:11.59	
11	9:37.15	i Gemma Hillier-Moses	SB SEN W	27	19.06.88		Charnwood/Loughborough Students	9:37.15	9:14.63	

3000 SX D										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	9:06.37	i Guy Bracken	SB V50 M				North Shields Poly/VAA North East	9:06.37	8:52.38	
2	9:16.21	i Struan Paton	PB U17 M	16	07.09.99		Cambuslang	9:16.21	9:16.21	
3	9:17.48	i Gordon Barrie	SB V40 M	43	01.05.72		Dundee Hawkhill/Bedford & County	9:17.48	9:11.23	
4	9:17.92	i Grant Boyne	PB U23 M	21	13.09.94		Glasgow Uni	9:17.92	9:17.92	
5	9:29.79	i Ian Johnston	SB V45 M	47	12.02.68		Veterans/Scottish Vets H	9:29.79	8:53.1	
6	9:29.98	i James Adam	PB U17 M	16	12.10.99	Steven Doig	Pitreevie	9:29.98	9:29.98	
7	9:30.47	i Jack Heathwood	SB U20 M	16	26.06.99		Bellahouston Harriers	9:30.47	9:15.94	
8	9:31.00	i Lewis Pentecost	PB U17 M	15	16.10.00	David Lothian	Falkirk	9:31.00	9:31.00	
9	9:32.81	i Andrew MacAngus	SB U17 M	15	03.12.00	Alistair MacAngus	Kilbarchan	9:32.81	9:30.0	
10	9:32.88	i Michael Swinton	PB U17 M				Edinburgh AC	9:32.88	9:32.88	
11	9:53.21	i Stephen Addison	PB U17 M	15	15.11.00	John O'Hara	Corstorphine	9:53.21	9:53.21	

12	10:03.74	i	Robbie Kennedy	SB	U23	M	19	03.10.96		Edinburgh AC	10:03.74	9:54.48	<input type="checkbox"/>
13	10:16.11	i	Magnus Tait	PB	U17	M	14	26.03.01	Linda Smith	Lasswade	10:16.11	10:16.11	<input type="checkbox"/>
-	DNF	i	Paul Harper		U20	M	18	10.12.97	Norrie Hay	Glasgow Sch of Sport		9:39.73	<input type="checkbox"/>

### 3000 SX E

Pos	Perf		Name	AG	Age	DOB	Coach	Club	SB	PB		
1	9:13.18	i	Alan Blair	PB	SEN	M		Garscube	9:13.18	9:13.18	<input type="checkbox"/>	
2	9:16.90	i	Kerry-Liam Wilson	PB	V45	M	45 16.09.70	Kerry-Liam Wilson	Cambuslang	9:16.90	9:16.90	<input type="checkbox"/>
3	9:21.70	i	Owen Miller T20/F20	PB	SEN	M	24 01.11.91	Gemma Nicol	Dunfermline Track & Field	9:21.70	9:21.70	<input type="checkbox"/>
4	9:33.85	i	Sean Gaffney	SB	SEN	M	26 02.02.89		Inverclyde	9:33.85	9:25.6	<input type="checkbox"/>
5	9:34.33	i	Stephen Allan	PB	V40	M	42 22.06.73		Kirkintilloch	9:34.33	9:34.33	<input type="checkbox"/>
6	9:48.20	i	Joe Arnaud	PB	U17	M	15 16.08.00		Inverness	9:48.20	9:48.20	<input type="checkbox"/>
7	9:49.04	i	Adam Redpath	PB	SEN	M		Henry Muchamore	Victoria Park City of Glasgow	9:49.04	9:49.04	<input type="checkbox"/>
8	9:52.25	i	Bruce Carse	PB	V35	M	36 18.06.79		Bellahouston RR	9:52.25	9:52.25	<input type="checkbox"/>
9	9:54.56	i	David Hogg	PB	V45	M	45 17.07.70		Kirkintilloch	9:54.56	9:54.56	<input type="checkbox"/>

### 3000 SX F

Pos	Perf		Name	AG	Age	DOB	Coach	Club	SB	PB		
1	9:24.28	i	Garry Mathew	PB	SEN	M		Garscube	9:24.28	9:24.28	<input type="checkbox"/>	
2	9:28.85	i	Kobe Stevens	PB	U20	M	18 21.12.97		Moorfoot	9:28.85	9:28.85	<input type="checkbox"/>
3	9:41.68	i	Howard C Elliott	PB	V45	M			Kirkintilloch	9:41.68	9:41.68	<input type="checkbox"/>
4	9:42.47	i	Justin Carter	PB	V40	M	42 28.01.73		Cambuslang/Shettleston	9:42.47	9:42.47	<input type="checkbox"/>
5	9:43.11	i	Iain Burns	PB	V35	M	36 02.10.79		Bellahouston RR	9:43.11	9:43.11	<input type="checkbox"/>
6	9:45.63	i	David Tamburini	SB	V40	M	41 27.03.74	Mark Pollard	Inverclyde/Scottish Vets H	9:45.63	9:43.56	<input type="checkbox"/>
7	9:46.62	i	Neil Walker	PB	V35	M	38 06.05.77		Kilmarnock	9:46.62	9:46.62	<input type="checkbox"/>
8	9:49.55	i	Lewis Raeburn	PB	U17	M	15 04.11.00	John MacKay	Shettleston	9:49.55	9:49.55	<input type="checkbox"/>
9	9:59.80	i	Rob McLennan	SB	V55	M			Garscube	9:59.80	9:51.09	<input type="checkbox"/>
10	10:05.89	i	Chris Upson	SB	V50	M	52 08.08.63		Cambuslang/Westerlands	10:05.89	9:51.92	<input type="checkbox"/>
11	10:09.44	i	Colin Feechan	SB	V55	M	57 17.09.58		Cambuslang/Scottish Vets H	10:09.44	10:00.20	<input type="checkbox"/>
12	10:11.67	i	Keith Dunlop	SB	SEN	M	34 31.10.81	John Lees	Edinburgh AC/Giffnock North	10:11.67	9:49.43	<input type="checkbox"/>
13	10:12.48	i	Vincent Carroll	SB	V45	M	47 26.10.68		Kirkintilloch	10:12.48	10:06.50	<input type="checkbox"/>
-	DNF	i	Gordon Reid		V40	M	43 27.03.72		Kilmarnock/Stubbington Green			<input type="checkbox"/>

### 3000 SX G

Pos	Perf		Name	AG	Age	DOB	Coach	Club	SB	PB		
1	9:36.07	i	Erin Wallace	PB	U17	W	15 18.05.00	Dudley Walker	Giffnock North	9:36.07	9:36.07	<input type="checkbox"/>
2	9:56.88	i	Jenny Bannerman	SB	SEN	W	28 16.10.87	Charles Bannerman	Inverness	9:56.88	9:55.84	<input type="checkbox"/>
3	10:10.10	i	Gillian Black	SB	U20	W	17 24.02.98	Michael Johnston	Victoria Park City of Glasgow	10:10.10	10:01.50	<input type="checkbox"/>
4	10:13.52	i	Lesley Chisholm	SB	V40	W	41 03.01.75		Garscube	10:13.52	10:10.28	<input type="checkbox"/>
5	10:14.60	i	Kate Gallagher	SB	U17	W	15 22.08.00		Central	10:14.60	9:53.85	<input type="checkbox"/>
6	10:27.45	i	Lauren Dickson	SB	U17	W	15 26.04.00	Linda Smith	Lasswade	10:27.45	10:27.07	<input type="checkbox"/>
7	10:34.85	i	Hannah Addison	SB	U20	W	18 11.12.97	John O'Hara	Corstorphine	10:34.85	10:22.72	<input type="checkbox"/>
8	10:53.39	i	Emily Crusher	SB	U17	W		Dudley Walker	Giffnock North	10:53.39	10:20.21	<input type="checkbox"/>

### 3000 SX H

Pos	Perf		Name	AG	Age	DOB	Coach	Club	SB	PB		
1	9:40.13	i	David Mackintosh	PB	SEN	M		Bellahouston Harriers	9:40.13	9:40.13	<input type="checkbox"/>	
2	9:55.51	i	Jason Kane	PB	SEN	M	29 02.08.86	Mark Pollard	Inverclyde/Unattached	9:55.51	9:55.51	<input type="checkbox"/>
3	10:06.82	i	Iain McWhinnie	PB	U15	M	13 01.06.02	Steven Doig	Fife	10:06.82	10:06.82	<input type="checkbox"/>
4	10:15.71	i	Connell Drummond	PB	V40	M	43 09.10.72		Kilmarnock	10:15.71	10:15.71	<input type="checkbox"/>
5	10:22.56	i	Gavin McWhinnie	PB	U15	M	13 01.06.02	Steven Doig	Fife	10:22.56	10:22.56	<input type="checkbox"/>
6	10:24.90	i	Jack Patton	PB	U15	M		Alistair MacAngus	Kilbarchan	10:24.90	10:24.90	<input type="checkbox"/>
7	10:27.34	i	Ben Shaw	SB	U17	M	14 22.05.01	Dudley Walker	Giffnock North	10:27.34	10:26.80	<input type="checkbox"/>
8	10:30.38	i	Cameron Campbell	PB	U15	M	14 17.12.01		Shettleston	10:30.38	10:30.38	<input type="checkbox"/>
9	10:32.62	i	Calum Little	PB	U15	M	13 02.09.02		Cumbernauld	10:32.62	10:32.62	<input type="checkbox"/>
10	10:34.79	i	Ryan Donald	PB	U15	M	13 08.06.02		Dundee Hawkhill	10:34.79	10:34.79	<input type="checkbox"/>
11	10:35.22	i	Ted Gourley	SB	V50	M			Giffnock North	10:35.22	10:08.4	<input type="checkbox"/>
12	10:56.29	i	Lewis Hannigan	PB	U15	M			Kilbarchan	10:56.29	10:56.29	<input type="checkbox"/>

### 3000 SX I

Pos	Perf		Name	AG	Age	DOB	Coach	Club	SB	PB		
1	10:22.75	i	Heather Barnes	PB	U15	W	13 15.01.02	Dudley Walker	Giffnock North	10:22.75	10:22.75	<input type="checkbox"/>
2	10:40.74	i	Ailsa Cruickshanks	PB	U20	W	17 13.05.98	Ron Morrison	Anster Haddies/Fife	10:40.74	10:40.74	<input type="checkbox"/>
3	10:45.83	i	Lynn Mckenna	PB	U17	W	14 21.03.01	Dudley Walker	Giffnock North	10:45.83	10:45.83	<input type="checkbox"/>
4	10:50.51	i	Laura Ferguson	PB	U15	W	13 03.04.02		Glasgow Sch of Sport	10:50.51	10:50.51	<input type="checkbox"/>
5	10:52.77	i	Melissa Wylie	SB	V45	W	49 17.05.66		Dumbarton	10:52.77	10:45.57	<input type="checkbox"/>
6	10:53.76	i	Jessica MacLeod	PB	U17	W	14 09.03.01	John O'Hara	Corstorphine	10:53.76	10:53.76	<input type="checkbox"/>
7	10:56.01	i	Kate Richardson	PB	U15	W	13 12.09.02	Dudley Walker	Giffnock North	10:56.01	10:56.01	<input type="checkbox"/>
8	11:01.00	i	Karen Kennedy	PB	V40	W	44 31.08.71		Carnegie	11:01.00	11:01.00	<input type="checkbox"/>
9	11:03.85	i	Shona Doherty	SB	SEN	W	28 16.08.87		Kelvin	11:03.85	10:57.84	<input type="checkbox"/>
10	11:04.74	i	Louise McCullagh	PB	U17	W	15 09.02.00	Steven Doig	Fife	11:04.74	11:04.74	<input type="checkbox"/>
11	11:11.36	i	Heather Addison	SB	U20	W		Jamie Clements	East Kilbride	11:11.36	11:08.90	<input type="checkbox"/>
12	11:21.02	i	Danielle Kelly	SB	U17	W	15 22.01.00	Dudley Walker	Giffnock North	11:21.02	11:04.80	<input type="checkbox"/>
13	11:26.17	i	Charlotte Mckenna	PB	U17	W	14 21.03.01	Dudley Walker	Giffnock North	11:26.17	11:26.17	<input type="checkbox"/>
14	11:37.02	i	Claire McArthur	SB	V35	W	38 24.09.77		Hamilton/Scottish Vets H	11:37.02	11:09.17	<input type="checkbox"/>
-	DNF	i	Alice Robertson		U17	W	14 14.02.01		Falkirk			<input type="checkbox"/>

## 3000 SX JK

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	10:09.06	i Kevin Slaven	PB V35	M			Shettleston	10:09.06	10:09.06	
2	10:12.64	i Calum Young	PB U17	M	14	24.04.01	Giffnock North	10:12.64	10:12.64	
3	10:19.21	i David Blane	PB V50	M	50	13.07.65	Aberdeen/Garioch	10:19.21	10:19.21	
4	10:22.28	i Alastair Dunlop	PB V60	M	62	17.12.53	Stornoway/Scottish Vets H	10:22.28	10:22.28	
5	10:27.06	i Dylan Elliott	PB U15	M	13	08.11.02	Kirkintilloch	10:27.06	10:27.06	
6	10:30.50	i Bruce Malcolm	SB V50	M	51	20.06.64	Corstorphine	10:30.50	10:13.0	
7	10:56.40	i Peter Laing	SB V55	M			Ayr Seaforth	10:56.40	10:46.94	
8	10:56.41	i Alexander Chisholm	PB V60	M	60	13.12.55	Garscube	10:56.41	10:56.41	
9	10:59.76	i Colin Wylie	PB V35	M			Giffnock North	10:59.76	10:59.76	
10	11:00.01	i Andrew Law	SB V60	M	60	10.09.55	Victoria Park City of Glasgow	11:00.01	10:58.06	
11	11:02.27	i Chris Creegan	SB V50	M		Alex MacEwen	Edinburgh AC	11:02.27	10:58.21	
12	11:05.72	i Ethan Carolan	PB U15	M			Giffnock North	11:05.72	11:05.72	
13	11:05.80	i Alan Mollins	PB U15	M	13	09.02.02	Greenock Glenpark	11:05.80	11:05.80	
14	11:11.14	i Sammy Hearl	SB U17	M	15	27.04.00	Inverclyde	11:11.14	10:55.87	
15	11:24.67	i Jenny Gillanders	PB U15	W			Pitreavie	11:24.67	11:24.67	
16	11:54.58	i Kenneth Hislop	SB SEN	M		Derek Easton	Central/Durham Uni	11:54.58	11:29.96	
17	13:16.87	i Leila Hickey-Fugaccia	PB U15	W			Giffnock North	13:16.87	13:16.87	

## 3000 SX L

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB		
1	10:22.85	i Duncan Ryan	PB V45	M	46	29.06.69	Perth RR	10:22.85	10:22.85		
2	11:08.46	i Jacqueline Etherington	PB V35	W		Jacqueline Etherington	Tyne Bridge/Scottish Vets H	11:08.46	11:08.46		
3	11:30.97	i Claire Thompson	SB V35	W	39	22.03.76	Graham Smith	Victoria Park City of Glasgow/Scottish Vets H	11:30.97	10:54.63	
4	11:32.52	i Karen Dobbie	SB V45	W			Edinburgh AC	11:32.52	11:23.07		
5	11:33.82	i Cath Ferry	SB V40	W	42	29.01.73	Edinburgh AC	11:33.82	10:38.13		
6	11:51.66	i Ian Johnstone	SB V60	M			Inverness/Scottish Vets H	11:51.66	10:05.13		
7	11:55.04	i Susan Ridley	SB V50	W	50	25.10.65	Edinburgh AC/Scottish Vets H	11:55.04	10:06.80		
8	12:07.36	i Bobby Young	SB V70	M	72	04.11.43	Clydesdale/Scottish Vets H	12:07.36	10:02.51		
9	12:08.45	i Sharyn Ramage	PB V50	W	53	06.08.62	Edinburgh AC/Scottish Vets H	12:08.45	12:08.45		
10	12:19.47	i Sandy Eaglesham	PB V60	M	62	28.05.53	Cambuslang	12:19.47	12:19.47		
11	12:20.29	i Pete Cartwright	SB V70	M	73	11.10.42	Clydesdale/Scottish Vets H	12:20.29	10:45.32		
12	12:56.45	i David Cooney	PB V65	M	66	28.04.49	Cambuslang	12:56.45	12:56.45		
13	13:33.26	i Phyllis Hands	SB V60	W	60	01.10.55	Motherwell/Scottish Vets H	13:33.26	13:06.2		