

National Combined Events Championships  
Emirates Arena, Glasgow  
Saturday 13th and Sunday 14th February 2016

<b>Combined Events and Relays</b>				
<b>Saturday 13th February 2016</b>				
<b>Track</b>				
Event No	Time	Event	Age	Round
T1	10.00	60m	S/U20/17M CE	
T2	10.15	60m	CE Vet M CE	
T3	11.00	60m Hurdles	U15 Boys CE	
T4	11.15	60m Hurdles	U13Boys CE	
T5	11.20	60m Hurdles	U13Girls CE	
T6	11.30	4 x 200m Relay	U13 Girls	1
T7	12.00	4 x 200m Relay	U15 Girls	1
T8	12.25	4 x 200m Relay	U17 Women	1
T9	13.00	<b>LUNCH</b>		
T10	13.45	4 x 200m Relay	Sen/U20 Women	1
T11	13.55	4 x 200m Relay	Sen/U20 Men	1
T12	14.10	4 x 200m Relay	U13 Boys	1
T13	14.25	4 x 200m Relay	U15 Boys	1
T14	14.45	4 x 200m Relay	U17 Men	1
T15	15.05	4 x 400m Relay	Masters	Final
T16	15.30	800m	U13 Boys CE	
T17	15.40	800m	U13 Girls CE	
T18	15.50	4 x 200m Relay	Sen/U20 Women	Final
T19	16.00	4 x 200m Relay	Sen/U20 Men	Final
T20	16.15	800m	U15 Boys CE	
<b>Field</b>				
Event No	Time	Event	Age	
F1	10.00	Long Jump	U15 Boys CE	
F2	10.00	High Jump	U13 Girls CE	
F3	10.00	Shot Putt	U13 Boys CE	
F4	11.00	Long Jump	S/U20/U17M CE	
F5	11.00	Shot Putt	Vet M CE	
F6	12.30	High Jump	U15 Boys CE	
F7	12.30	High Jump	U13 Boys CE	
F8	13.00	Long Jump	U13 Girls CE	
F9	13.15	Pole Vault	Vet M CE	
F10	13.00	Shot Putt	S/U20/U17M CE	
F11	14.00	Long Jump	U13 Boys CE	
F12	14.30	Shot Putt	U13 Girls CE	
F13	15.15	High Jump 2 beds	S/U20/U17M CE	
F14	15.15	Shot Putt	U15 Boys CE	
F15	15.15	Long Jump	Vet M CE	

Warm Ups for CE - HJ, LJ, SP - 2 attempts

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<b>Combined Events and Masters</b>				
<b>Sunday 14th February 2106</b>				
<b>Straight Track</b>				
Event No	Time	Event	Age	
T1	10.00	60m Hurd	Sen M CE	
T2	10.05	60m Hurd	U20/ Vet M U49 CE	
T3	10.10	60m Hurd	U187M CE	
T4	10.19	60m Hurd	Vet M CE 50 - 59; 66	
T5	10.28	60m Hurd	Sen/U20W CE	
T6	10.36	60m Hurd	Masters - W + Mast W CE	
T7	10.40	60m Hurd	Master - M	
T8	10.50	60m Hurd	U17W CE	
T9	11.15	60m Hurd	U15G CE	
T10	11.35	60m	Masters - W 35/40	
T11	11.39	60m	Masters - W 45/50	
T12	11.00	60m	Masters - M	
	11.30	<b>LUNCH</b>		
<b>Circular Track</b>				
T13	11.00	400m	Masters - W/M	
T14	11.30	800m	Masters - W	
T15	11.35	800m	Masters - M	
<b>LUNCH</b>				
T16	13.00	200m	Masters - W 35/40	
T17	13.05	200m	Masters - W 45/50	
T18	13.10	200m	Masters - M	
T19	13.50	1500m	Masters - W	
T20	14.00	1500m	Masters - M	
T21	15.00	1000m	Vet M CE	
T22	15.10	1000m	Sen/U20/17M CE	
T23	15.30	800m	U17W CE	
T24	16.00	800m	S/U20/Vet W CE	
T25	16.30	800m	U15G CE	

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<b>Field</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Age</b>	
F01	10.00	Shot Putt	U17W CE	
F02	10.00	High Jump	U15G CE	
F03	10.00	Long Jump	Masters - M/W	
F04	11.15	High Jump	S/U20/Vet W CE	
F05	11.45	Long Jump	U17W CE	
F06	12.30	Pole Vault	S/U20/17M CE	
F07	12.30	High Jump	Vet M CE	
F08	13.00	Long Jump	U15G CE	
F09	13.00	Shot Putt	S/U20/Vet W CE	
F10	14.00	Shot Putt	Masters - W	
F11	14.00	High Jump	U17W CE	
F12	14.30	Shot Putt	Masters - M	
F13	15.00	Pole Vault	Mast MW	
F14	15.00	Long Jump	S/U20/Vet W CE	
F15	15.15	High Jump	Masters - M/W	
F16	15.30	Shot Putt	U15G CE	
F17	16.00	Triple Jump	Masters - M/W	
<b>Warm ups for HJ, LJ, TJ, SP - 2 attempts</b>				