

**Provisional Track Timetable**

<b>Track</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Age Group</b>	<b>Round</b>
	10.00	100m	U13 Girls	1
	10.32	100m	U13 Boys	1
	10.56	100m	U20 Women	1
	11.04	100m	U20 Men	1
	11.20	400m	U20 Women	1
	11.28	400m	U20 Men	1
	11.36	100m	U13 Girls	Semi Final
	11.48	100m	U13 Boys	Semi Final
	12.00	800m	U13 Girls	Final
	12.20	800m	U13 Boys	Final
	12.35	100m	U20 Women	Final
	12.39	100m	U20 Men	Final
	12.43	100m	U13 Girls	Final
	12.47	100m	U13 Boys	Final
	13.02	1.5k Steeplechase	U20 Women	Final
<b>Lunch</b>				
	13.45	70m Hurdles	U13 Girls	1
	14.05	75m Hurdles	U13 Boys	1
	14.15	100m Hurdles	U20 Women	1
	14.25	110m Hurdles	U20 Men	1
	14.35	200m	U13 Girls	1
	15.07	200m	U13 Boys	1
	15.35	70m Hurdles	U13 Girls	SF
	15.45	400m	U20 Women	Final
	15.49	400m	U20 Men	Final
	15.53	1500m	U13 Girls	Final
	16.13	1500m	U13 Boys	Final
	16.33	200m	U13 Girls	Semi Final
	16.45	200m	U13 Boys	Semi Final
	16.53	1500m	U20 Women	Final
	17.00	1500m	U20 Men	Final
	17.10	70m Hurdles	U13 Girls	Final
	17.15	75m Hurdles	U13 Boys	Final
	17.20	100m Hurdles	U20 Women	Final
	17.25	110m Hurdles	U20 Men	Final
	17.30	200m	U13 Girls	Final
	17.35	200m	U13 Boys	Final

**Provisional Field Timetable**

Field				
Event No	Time	Event	Age Group	Round
	10.00	Hammer	U20 Women	Final
	10.00	Hammer	U20 Men	Final
	10.00	High Jump	U13 Girls	Final
	10.00	Long Jump	U13 Boys	Final
	11.30	Shot Putt	U13 Boys	Final
	11.30	Javelin	U13 Girls	Final
	11.30	Triple Jump	U20 Women	Final
	13.00	Long Jump	U13 Girls	Final
	13.00	Shot Putt	U20 Women	Final
	13.00	Shot Putt	U20 Men	Final
	13.00	Discus	U13 Boys	Final
	14.00	High Jump	U20 Men	Final
	14.00	Shot Putt	U13 Girls	Final
	14.00	Javelin	U13 Boys	Final
	15.00	Long Jump	U20 Women	Final
	15.30	High Jump	U13 Boys	Final
	15.30	Discus	U13 Girls	Final
	16.00	Triple Jump	U20 Men	Final
	16.30	Discus	U20 Women	Final
	16.30	Discus	U20 Men	Final

High Jump Starting Heights: U13G 1m12; U13B 1m12

Triple Jump Available Boards: U20W 9m/11m; U20M 11m/13m