

**Scottish Athletics Throws Grand Prix 2016  
(Incorporating Hammerama and IPC Throws  
(Held under UKA and IPC Rules – IPC Approved)**



Craigswood Stadium Livingston  
GP1 Sunday 10 April  
GP2 Saturday 4 June  
GP3 Saturday 23 July  
GP4 Saturday 3 September

**On Line Entries to - [www.scottishathletics.org.uk](http://www.scottishathletics.org.uk)**

**Entries £5 per event**

**On Line Entries Close 7 day prior to the event**

**NO ENTRIES TAKEN ON THE DAY**

Supporting Throwing In Scotland