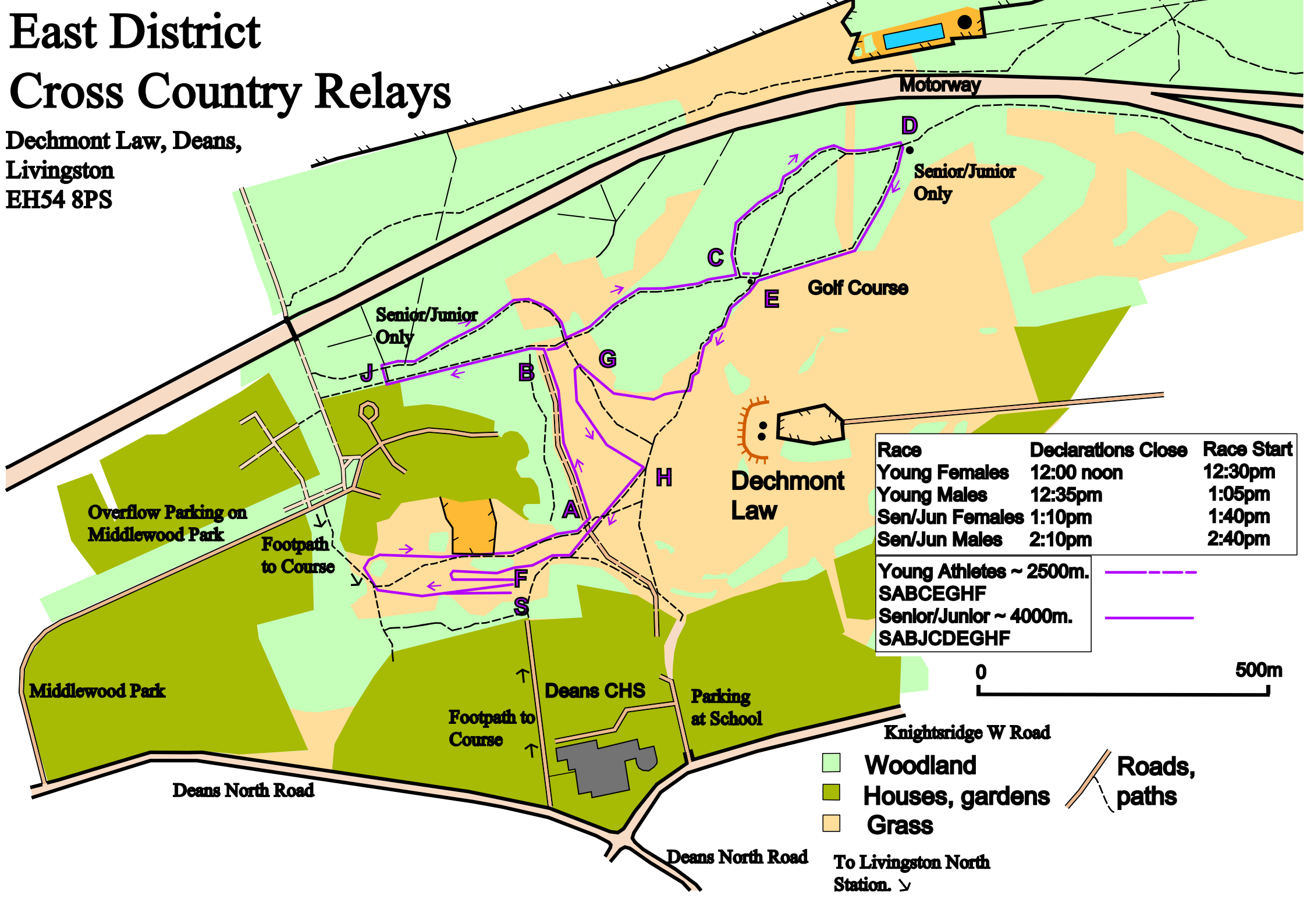




East District Cross Country Relays

Dechmont Law, Deans,
Livingston
EH54 8PS



Race	Declarations Close	Race Start
Young Females	12:00 noon	12:30pm
Young Males	12:35pm	1:05pm
Sen/Jun Females	1:10pm	1:40pm
Sen/Jun Males	2:10pm	2:40pm

Young Athletes ~ 2500m.	
SABCEGHF	
Senior/Junior ~ 4000m.	
SABJCDEGHF	



-  Woodland
-  Houses, gardens
-  Grass
-  Roads, paths

To Livingston North Station. ∨