

# LSAC BUCS Trials and Open Meeting

Saturday 22nd April 2017

## 400m Hurdles U18 & U20 Women

Pos	Bib	Lane Name	Team	Time
1	354	5 Lauren Williams (U20)	Swansea Harriers	1:03.36
2	351	7 Heather Cook (U20)	Scunthorpe & District	1:04.72
3	298	6 Chloe Wilde (U20)	Cannock & Stafford	1:05.90
4	209	2 Amy Pye (U18)	Cannock & Stafford	1:06.82

## 400m Hurdles Senior Women

Pos	Bib	Lane Name	Team	Time
1	299	5 Caryl Granville	Swansea Harriers	57.62
2	365	3 Laura Wake	LSAC	59.96
3	270	4 Nisha Desai	Trafford AC	1:00.15
4	317	8 Natalie Ainge	Cannock & Stafford	1:05.13
5	370	7 Hannah Knights	LSAC	1:05.98
6	371	2 Jasmine Mitchell	LSAC	1:07.49
DNF	207	6 Chelsea Walker	City of York	

## 400m Hurdles U18 Men

Pos	Bib	Lane Name	Team	Time
1	292	3 Josh Faulds (U18)	Rugby & Northants	54.05
2	203	5 Ben Higgins (U18)	Charnwood AC	54.27
3	241	6 Nathan Langley (U18)	Worksop Harriers	57.59
4	216	4 Seamus Derbyshire (U18)	City of Stoke AC	1:31.79

## 400m Hurdles Men Race 1

Pos	Bib	Lane Name	Team	Time
1	324	6 Thomas Pitkin (U20)	Havering AC	55.13
2	243	3 Thomas Miller (U20)	City Of Portsmouth AC	55.47
3	255	5 Kane Densley	Tamworth AC	57.44
4	348	2 Connor Aldridge (U20)	Rugby & Northants	59.13
5	31	4 Stanley Livingston	LSAC	1:00.46

## 400m Hurdles Men Race 2

Pos	Bib	Lane Name	Team	Time
1	322	4 Yann Coulan	Sheffield & Dearne AC	57.32
2	303	5 David Aryeetey (U20)	Charnwood AC	59.19
3	274	6 Alistair Finlay (U20)	Leicester Coritanians	59.72
4	329	3 Stefan Wilcockson	Mansfield Harriers	1:00.50
5	249	2 Saleh Al-Athari	University of Sheffield	1:02.47

**800m Men and Women**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	283	1 Neve Grimes (U17)	Charnwood AC	1:01.85
2	282	4 Daniel Rowden	WGEL	1:50.03
3	265	7 Will Snook	Harlow AC	1:51.15
4	182	10 Jonny Monk	LSAC	1:51.28
5	234	6 Alex Botterill (U18)	City of York	1:52.76
6	254	9 Fergus McAuliffe (U17)	Charnwood AC	1:56.14
7	262	12 Anthony Parkes	University of Sheffield	1:56.98
8	271	2 James Habbergham	Halifax Harriers	1:58.22
9	399	8 Richard Farley	LSAC	1:59.07
10	273	14 Jack Douglas (U17)	Charnwood AC	2:07.46
DNF	250	5 Canaan Soloman (U20)	WGEL	

**100m Women Race 1****Wind 0.9 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	281	4 Charlotte Paterson (U20)	KuHAC	12.05
2	235	5 Katy Wyper	Blackpool, Wyre & Flyde AC	12.18
3	309	6 Charlotte Orton (U20)	Birchfield Harriers	12.29
4	301	3 Hannah Williams	Bristol & West	12.31
5	224	7 Bethan Wakefield	Bristol & West	12.55
6	333	2 Dionne Samuels	Birchfield Harriers	12.66

**100m Women Race 2****Wind 0.7 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	362	6 Jess Hunter	Vale of Aylesbury AC	12.28
2	288	3 Nardia Kidd-Walker	Birchfield Harriers	12.39
3	321	2 Laura Turley	West Cheshire AC	12.42
4	364	5 Codie Burnett	LSAC	12.42
5	261	7 Laura Johnson	University of Sheffield	12.49
6	208	4 Harriet Cooper (U20)	Charnwood AC	12.60

**100m Women Race 3****Wind 1.1 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	214	6 Layla Bell (U20)	Middlesborough (Mandale) AC	12.57
2	226	4 Philippa Baxter (U20)	City of York	12.63
3	302	5 Jazzmin Kiffin (U20)	Charnwood AC	12.82
4	259	3 Hollie Williamson (U20)	Birchfield Harriers	12.85
5	300	2 Alice Linaker	City of York	13.07
6	280	8 Elizabeth Truslove (U17)	Rugby & Northants	13.19
7	487	7 Olivia Roe (U17)	Wakefield District Harriers	13.33

**100m Men Race 1****Wind 0.3 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	355	4 Imran Rahman	City of Sheffield	10.53
2	380	3 Dan Putnam	LSAC	10.68
3	315	5 James Williams	Liverpool Harriers	10.73
4	332	8 Eldridge Phiri	Tamworth AC	10.83
5	384	1 Michael Warner	NEB	10.88
6	9	2 Jay Raradza	Derby AC	10.92
7	340	6 Dean Hylton	Blackheath & Bromley	10.96
8	245	7 Adel Sesay	Rugby & Northants	11.20

**100m Men Race 2****Wind 1.5 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	113	4 Caleb Downes	LSAC	10.51
2	382	5 Ben Stephenson	LSAC	10.83
3	256	6 Makoye Kampengele	Cardiff AAC	10.85
4	153	2 Richard Taylor	LSAC	11.02
5	484	7 Peter Shand	Birchfield Harriers	11.02
6	336	8 Joseph Cooper	KuHAC	11.38

**100m Men Race 3****Wind 0.8 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	242	7 Lee Thompson	Sheffield & Dearne AC	10.79
2	258	6 Joe Ferguson (U18)	Barnsley AC	10.98
3	279	3 Elliot Jones	Liverpool Pembroke Sefton	11.01
4	246	4 Zicong Zhang	Sheffield Hallam	11.02
5	341	1 Jason Hussain	Crawley AC	11.06
6	312	2 Ben Arnold	Bournemouth AC	11.43
DQ	205	5 Sam Griffin	Middlesborough (Mandale) AC	Rule 162.7

**100m Men Race 4****Wind 0.8 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	239	7 Eima Meade	University of Sheffield	11.11
2	344	4 Callum Giles	KuHAC	11.22
3	325	2 Gideon Okoh	Nene Valley Harriers	11.23
4	252	5 Ashley Bryant	WSEH	11.24
5	228	6 Josh Billington	City of Stoke AC	11.26
6	305	3 James Taylor (U20)	Cannock & Stafford	11.45

**100m Men Race 5****Wind -0.5 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	230	7 Jack Major	Southampton AC	11.04
2	205	5 Sam Griffin	Middlesborough (Mandale) AC	11.12
3	335	3 Tom Metcalfe (U20)	University of Sheffield	11.41
4	295	6 Curtis Mitchell	Preston Harriers	11.48
5	240	4 Niall Price (U17)	Wolverhampton & Bilston	11.49
6	347	8 Daryl Thomas	HHH	11.70
7	316	2 Anthony Browne (M35)	Doncaster AC	11.80

**100m Men Race 6****Wind -0.6 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	358	8 Aidan Leeson (U20)	Rugby & Northants	11.31
2	383	5 Zac Shaw (T12)	LSAC	11.43
3	267	7 Alexandre Chazel	University of Sheffield	11.54
4	183	6 Steven Lambourne	LSAC	11.63
5	126	4 Tom Brown	LSAC	11.78
6	331	2 Kundainashe Mutukwa	City of York	11.88
7	386	3 Abdou Njie	LSAC	15.01

**100m Men Race 7****Wind -0.9 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	350	5 William Ritchie-Moulin	Birchfield Harriers	11.37
2	349	3 Jack Olsen	Newcastle University	11.57
3	229	6 Jacob Baker	Charnwood AC	11.88
4	387	7 Jak Carpenter	LSAC	12.28
5	326	2 Anthony Burniston (M50)	Doncaster AC	12.38

**100m Men Race 8****Wind -1.2 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	376	6 Ben Cutbertson-Smith	LSAC	12.24
2	277	5 George Fox (T37)	Blackpool, Wyre & Flyde AC	12.94
3	319	4 Javanaugh Parks	Birchfield Harriers	13.23
4	264	3 Kayden Roe	Doncaster AC	16.62

**400m Women Race 1**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	365	5 Laura Wake	LSAC	54.55
2	210	7 Emma Alderson (U20)	Liverpool Harriers	55.93
3	253	6 Megan Davies (U20)	Cannock & Stafford	55.94
4	270	4 Nisha Desai	Trafford AC	56.36
5	475	3 Matilda Rainsborough	LSAC	56.42
6	498	2 Laura Langowski	Tamworth AC	58.18

**400m Women Race 2**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	208	5 Harriet Cooper (U20)	Charnwood AC	56.85
2	290	7 Hannah Malpass (U20)	Cannock & Stafford	59.64
3	302	6 Jazzmin Kiffin (U20)	Charnwood AC	1:00.30
4	367	3 Rachel Norris	LSAC	1:00.32
DNF	338	4 Emma Komocki	Notts AC	

**400m Women Race 3**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	314	5 Beth Pringle	Leeds Beckett University	1:00.35
2	215	3 Libby Hedger (U20)	Middlesborough (Mandale) AC	1:00.80
3	257	6 Heather Carson	University of Sheffield	1:01.21
4	220	2 Tia Delvia (U20)	Birchfield Harriers	1:01.56
5	221	7 Ally Emanuel (U20)	Birchfield Harriers	1:01.64
6	375	4 Zyanne Hook	LSAC	1:02.54

**400m Men Race 1**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	297	4 Ellis Greatrix (U20)	Wolverhampton & Bilston	48.34
2	286	8 Danny Higham	Liverpool Pembroke Sefton	49.08
3	339	5 Harry Doran	Liverpool Pembroke Sefton	49.51
4	353	6 Nick Petrou	Leeds City AC	50.19
5	201	2 Alfie Rowett	Banbury Harriers	50.20
6	342	3 Reece Middleton	Deeside AAC	51.35

**400m Men Race 2**

Pos	Bib	Lane Name	Team	Time
1	395	5 Jack Wightman	LSAC	48.34
2	391	3 Shawn Wright	LSAC	48.49
3	15	4 Scott Barker	LSAC	49.19
4	307	8 Jack Hocking (U20)	Worcester AC	49.41
5	394	6 Peter De'Ath	LSAC	49.64
6	397	2 Joe Rogers	LSAC	50.04
7	389	7 Frano Vainio-Douseul	LSAC	50.92
8	203	1 Ben Higgins (U18)	Charnwood AC	51.59

**400m Men Race 3**

Pos	Bib	Lane Name	Team	Time
1	313	4 Thomas Evans (U18)	Newark AC	48.86
2	248	3 Lewis Davey (U17)	Peterborough AC	49.65
3	454	7 Riccardo Cirilli	LSAC	50.33
4	393	6 Matthew Chant	LSAC	50.75
5	306	8 Steve Thompson (U20)	Wolverhampton & Bilston	52.27

**400m Men Race 4**

Pos	Bib	Lane Name	Team	Time
1	392	1 Adam Thompson	LSAC	50.62
2	476	4 Matt Hill (U20)	Worcester AC	51.03
3	284	5 Matthew Curtis	Wimbourne AC	51.49
4	357	2 Sam Lowe (U20)	Worcester AC	51.55
5	238	3 Harry Russell	Newbury AC	51.78
6	263	7 Alex Jones	University of Sheffield	53.04
7	274	6 Alistair Finlay (U20)	Leicester Coritanians	55.95

**400m Men Race 5**

Pos	Bib	Lane Name	Team	Time
1	303	5 David Aryeetey (U20)	Charnwood AC	52.21
2	231	4 Jonathan Hughes	Leicester Coritanians	52.78
3	237	7 David Rutherford	University of Sheffield	53.00
4	218	3 Brandon Waltham (U20)	Birchfield Harriers	53.43
5	346	6 David Underwood	Cannock & Stafford	54.96
6	473	8 George Howick	Charnwood AC	57.03

**100m Hurdles U18 Women Race 1**

Wind -1.6 m/s

Pos	Bib	Lane Name	Team	Time
1	225	5 Pippa Early (U18)	Kingston & Poly	13.94
2	227	4 Holly Mills (U18)	Andover AC	14.10
3	304	2 Isabel Wakefield (U18)	North Devon AC	14.39
4	211	7 Amy Carter (U18)	New Marske Harriers	14.53
5	209	3 Amy Pye (U18)	Cannock & Stafford	14.72
6	223	6 Emily Russell (U18)	Harrow AC	14.83

**100m Hurdles U18 Women Race 2****Wind** -1.1 m/s

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	276	7 Isabel Breedan (U18)	Cardiff AAC	14.70
2	328	5 Jade Henry (U18)	Victoria Park City of Glasgow	14.74
3	212	6 Milan Clues (U18)	Rugby & Northants	17.82
DNF	219	3 Anya Bates (U18)	Birchfield Harriers	

**100m Hurdles Women Race 1****Wind** -0.7 m/s

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	299	4 Caryl Granville	Swansea Harriers	13.94
2	207	5 Chelsea Walker	City of York	14.28
3	244	3 Gabi Burton	Cannock & Stafford	14.50
4	259	6 Hollie Williamson (U20)	Birchfield Harriers	14.89

**100m Hurdles Women Race 2****Wind** -0.6 m/s

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	294	5 Sophie Hay	Cardiff University	14.86
2	359	6 Sarah Connolly	Brunel University	14.97
3	369	4 Katie Garland	LSAC	15.11
4	300	7 Alice Linaker	City of York	15.16
5	289	3 Roxanne Oliver	Leeds Beckett University	15.68
6	260	2 Ashleigh Spiliopoulou (U20)	Enfield & Haringey	15.77

**110m Hurdles U18 & U20****Wind** -2.4 m/s

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	352	6 George Vaughan (U20)	Enfield & Haringey	14.71
2	243	5 Thomas Miller (U20)	City Of Portsmouth AC	15.08
3	363	7 Daniel McFarlane (U20)	Ross County AC	16.27
4	377	2 Andrew McFarlane (U18)	Ross County AC	17.02

**110m Hurdles Men Race 1****Wind** -2.4 m/s

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	350	3 William Ritchie-Moulin	Birchfield Harriers	15.09
2	230	6 Jack Major	Southampton AC	15.37
3	396	2 Christian Hood-Boyce	LSAC	16.03
4	30	7 George Hadler	LSAC	16.18
5	422	5 Tom Rottier	LSAC	16.43

**110m Hurdles Men Race 2****Wind** -1.1 m/s

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	295	5 Curtis Mitchell	Preston Harriers	15.75
2	222	4 Patrick Heffernan	Tullamore Harriers	15.91

**3000m**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	407	10 Dan Rothwell	LSAC	8:52.07
2	361	6 Alex Bampton	Cheltenham Harriers	8:53.17
3	6	8 Jeevaneesh Soundararajah	LSAC	8:53.29
4	360	5 Robert Male	Rugby & Northants	8:57.26
5	10	9 Oliver Newton	LSAC	9:02.83
6	334	3 Joe Connors (U20)	Yate & District AC	9:23.88
7	327	2 James Douglas (M45)	Charnwood AC	9:34.89
8	320	1 Lucy Jones (U20)	Charnwood AC	10:38.38

**200m Women Race 1****Wind -0.1 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	206	8 Jazmine Moss (U20)	Gateshead AC	25.01
2	253	3 Megan Davies (U20)	Cannock & Stafford	25.15
3	309	4 Charlotte Orton (U20)	Birchfield Harriers	25.16
4	288	6 Nardia Kidd-Walker	Birchfield Harriers	25.26
5	272	2 Ruth Onyekwe	Cambridge Harriers	25.31
6	367	5 Rachel Norris	LSAC	25.85
7	224	7 Bethan Wakefield	Bristol & West	25.92
8	366	1 Molly Adams	LSAC	26.01

**200m Women Race 2****Wind -0.9 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	235	7 Katy Wyper	Blackpool, Wyre & Flyde AC	25.14
2	208	5 Harriet Cooper (U20)	Charnwood AC	25.51
3	364	4 Codie Burnett	LSAC	25.70
4	321	2 Laura Turley	West Cheshire AC	25.75
5	244	8 Gabi Burton	Cannock & Stafford	26.07
6	317	1 Natalie Ainge	Cannock & Stafford	26.12
7	290	6 Hannah Malpass (U20)	Cannock & Stafford	26.16
8	251	3 Victoria Gittins (U20)	Birchfield Harriers	26.32

**200m Women Race 3****Wind 0.0 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	211	7 Amy Carter (U18)	New Marske Harriers	25.63
2	214	5 Layla Bell (U20)	Middlesborough (Mandale) AC	25.63
3	261	4 Laura Johnson	University of Sheffield	25.82
4	226	2 Philippa Baxter (U20)	City of York	26.30
5	302	3 Jazzmin Kiffin (U20)	Charnwood AC	27.07
6	338	6 Emma Komocki	Notts AC	27.27

**200m Women Race 4****Wind -1.1 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	368	4 Mia Spence	LSAC	26.19
2	359	6 Sarah Connolly	Brunel University	26.62
3	260	7 Ashleigh Spiliopoulou (U20)	Enfield & Haringey	26.84
4	280	3 Elizabeth Truslove (U17)	Rugby & Northants	27.34
5	298	2 Chloe Wilde (U20)	Cannock & Stafford	27.35
6	283	8 Neve Grimes (U17)	Charnwood AC	28.30
7	247	5 Sally Brown (T47)	Charnwood AC	28.41

**200m Men Race 1****Wind -1.2 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	381	4 Sam Miller	LSAC	21.16
2	315	6 James Williams	Liverpool Harriers	21.64
3	380	5 Dan Putnam	LSAC	21.69
4	384	8 Michael Warner	NEB	21.91
5	484	3 Peter Shand	Birchfield Harriers	22.29
DQ	337	7 Jordan Broome	Unattached	Rule 163.3a

**200m Men Race 2****Wind -0.7 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	113	4 Caleb Downes	LSAC	21.76
2	395	3 Jack Wightman	LSAC	22.26
3	388	5 Kevin Hodgson	LSAC	22.38
4	153	2 Richard Taylor	LSAC	22.40

**200m Men Race 3****Wind -1.2 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	242	5 Lee Thompson	Sheffield & Dearne AC	21.76
2	205	6 Sam Griffin	Middlesborough (Mandale) AC	21.99
3	256	4 Makoye Kampengele	Cardiff AAC	22.35
4	358	1 Aidan Leeson (U20)	Rugby & Northants	22.43
5	342	8 Reece Middleton	Deeside AAC	23.44
6	312	2 Ben Arnold	Bournemouth AC	23.74

**200m Men Race 4****Wind -0.2 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	341	5 Jason Hussain	Crawley AC	21.98
2	258	6 Joe Ferguson (U18)	Barnsley AC	22.34
3	239	4 Eima Meade	University of Sheffield	22.47
4	397	3 Joe Rogers	LSAC	22.68
5	228	7 Josh Billington	City of Stoke AC	22.83

**200m Men Race 5****Wind -1.1 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	349	8 Jack Olsen	Newcastle University	23.05
2	268	3 Alexandre Chazel	University of Sheffield	23.09
3	233	6 Ben Lloyd (U17)	Herts Phoenix	23.15
4	335	7 Tom Metcalfe (U20)	University of Sheffield	23.24
5	305	5 James Taylor (U20)	Cannock & Stafford	23.66

**200m Men Race 6****Wind -0.2 m/s**

<b>Pos</b>	<b>Bib</b>	<b>Lane Name</b>	<b>Team</b>	<b>Time</b>
1	232	7 Theo Walkley-Bartlett	Rugby & Northants	23.75
2	183	4 Steven Lambourne	LSAC	23.86
3	331	2 Kundainashe Mutukwa	City of York	24.11
4	231	3 Jonathan Hughes	Leicester Coritanians	24.22
5	322	8 Yann Coulan	Sheffield & Dearne AC	24.30
6	326	6 Anthony Burniston (M50)	Doncaster AC	25.46
7	277	1 George Fox (T37)	Blackpool, Wyre & Flyde AC	25.96
8	264	5 Kayden Roe	Doncaster AC	35.31



### 1500m Men & Women

Pos	Bib	Lane Name	Team	Time
1	269	3 George Burnett (U20)	Charnwood AC	4:01.28
2	345	5 Amrik Gill (U20)	Leicester Coritarians	4:18.10
3	318	8 Euan Wilson (U20)	Charnwood AC	4:30.27
4	285	1 Laura Mullin (U20)	Charnwood AC	4:47.16
5	496	2 Grace Smith (U17)	Leicester Coritarians	5:07.55

### High Jump Men

Pos	Bib	Name	Team	Height
1	422	Tom Rottier	LSAC	1.77m

### High Jump Women

Pos	Bib	Name	Team	Height
1	369	Katie Garland	LSAC	1.67m
2	372	Beth Crocker	LSAC	1.52m

### Pole Vault Men

Pos	Bib	Name	Team	Height
1	495	Ethan Walsh	LSAC	4.55m
2	483	Sam Meyler	LSAC	3.95m
3	387	Jak Carpenter	LSAC	3.40m

### Pole Vault Women

Pos	Bib	Name	Team	Height
1	491	Henrietta Paxton	Birchfield Harriers	4.05m

### Shot Men

Pos	Bib	Name	Team	Distance
1	106	Sam Ruddock (F35)	LSAC	12.19m
		<b>(7.26Kg)</b>		
1	83	Matt Ridge	LSAC	14.61m
2	387	Jak Carpenter	LSAC	13.35m
3	100	Steve Smith	LSAC	11.83m
4	422	Tom Rottier	LSAC	11.59m

### Shot Women

Pos	Bib	Name	Team	Distance
1	455	Amy Hodgson	LSAC	10.61m
2	372	Beth Crocker	LSAC	9.77m
3	369	Katie Garland	LSAC	9.49m

### Javelin Men

Pos	Bib	Name	Team	Distance
1	472	Tom Norton	LSAC	60.78m
2	62	Benji Pearson	LSAC	59.28m
3	107	Dominic Allen	LSAC	58.14m
4	441	Matthew Stockton	LSAC	54.97m
5	1755	James Cumins	LSAC	46.67m
6	1747	Ben Abbott	LSAC	45.58m
7	387	Jak Carpenter	LSAC	43.26m

### Javelin Women

Pos	Bib	Name	Team	Distance
		<b>(500g)</b>		
1	291	Annabel Peach (U17)	Notts AC	34.46m
		<b>(600g)</b>		
1	293	Bekah Walton (U20)	Blackheath & Bromley	41.56m
2	463	Kelly Bramhald	LSAC	40.12m
3	373	Sarah-Anne De Kramer	LSAC	36.06m
4	455	Amy Hodgson	LSAC	27.44m
5	374	Shannon Fizer	LSAC	12.44m