



BMC Story



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Glasgow - 28 July - Results

Races:15

Finishers: 217

PBs 116 (53%)

Power of Ten results: [Here](#)

Race : 1		1500m Heat 1			
Posn	Vest No.	Leg No.	Time	Name	Club
1	1	1	03:48.13	James Bowness	Trafford / Glasgow Caledonian Uni
2	6	6	03:54.85	Ben Potrykus U23	Pitreavie / Heriot-watt Uni
3	16	16	03:55.79	Jonathan Hopkins	Swansea
4	4	4	03:56.63	Aidan Thompson U23	Central / Stirling Uni
5	8	8	03:57.32	Scott Macaulay	Glasgow City / Kilbarchan
6	3	3	03:57.43	Adam Scott U20	Fife
7	13	13	03:59.24	Anthony Addison U20	Corstorphine
8	2	2	04:00.07	Grant Muir	Giffnock North / Glasgow Caledoni
9	15	15	04:01.33	Jake Thomas U23	Livingston / Warwick Uni
10	10	10	04:01.74	Callum Drummond U23	Shettleston
11	12	12	04:02.02	Peter Cameron	Edinburgh Ac / Cambridge Uni

Race : 2		1500m Heat 2			
Posn	Vest No.	Leg No.	Time	Name	Club
1	21	5	03:58.63	Finlay Murray U23	East Sutherland / Mcneese State U
2	33	18	03:59.10	Matthew Smith U20	Lasswade
3	26	11	04:02.28	Kane Elliott U17	Falkirk
4	30	15	04:04.62	Lewis Pentecost U17	Falkirk
5	32	17	04:05.20	Andrew Macangus U17	Kilbarchan
6	28	13	04:07.42	Drew Pollock U17	Cambuslang
7	29	14	04:08.25	Nikolai Gajic U20	Giffnock North
8	23	8	04:12.78	Matthew Sutherland	Central / Edinburgh Uni
9	31	16	04:13.63	Adam Hay U17	Inverclyde Ac
10	27	12	04:14.49	Jamie Burns U17	Shettleston
11	22	7	04:16.83	Paul Sorrie V35	Shettleston

Race : 3		1500m Heat 3			
Posn	Vest No.	Leg No.	Time	Name	Club
1	46	13	04:06.25	Cameron Wright U17	Kilbarchan
2	50	17	04:07.34	Andrew Bonner	Giffnock North
3	38	5	04:07.52	Steven Murray U23	Aberdeen / Aberdeen Uni
4	42	9	04:09.50	Alex Johnston U17	Pitreavie
5	37	4	04:10.45	Aaron Odentz U20	Aberdeen
6	43	10	04:10.49	Owen Miller	Fife
7	36	3	04:12.54	Charlie Milvarie U20	Victoria Park City Of Glasgow
8	45	12	04:12.83	Andrew Clark U23	Giffnock North
9	34	1	04:14.94	Kobe Stevens U23	Moorfoot
10	44	11	04:15.22	Lewis Raeburn U17	Shettleston
11	48	15	04:16.11	Robbie Smith U20	Victoria Park City Of Glasgow
12	47	14	04:19.00	Stephen Addison U17	Corstorphine

13 39 6 04:22.65 Joe Ewing U17 Edinburgh Ac

Race : 4 1500m Heat 4

Posn	Vest No.	Leg No.	Time	Name	Club
1	65	15	04:10.82	Luke Mccaffrey U17	Kirkintilloch
2	59	9	04:12.43	Callum Heirs U23	Victoria Park City Of Glasgow
3	68	19	04:14.04	Luke Davidson U17	Inverness
4	66	16	04:14.66	Harris Pentecost U17	Falkirk
5	64	14	04:14.98	Steven Bryce U23	Victoria Park City Of Glasgow
6	67	18	04:15.05	Magnus Tait U17	Lasswade
7	55	5	04:15.18	Fraser Logan	Belgrave / Central
8	61	11	04:16.30	Nicholas Tierney U17	Aberdeen
9	51	1	04:16.36	Mhairi Hendry U23	Victoria Park City Of Glasgow / S
10	58	8	04:17.57	Euan Hood U17	Lasswade
11	56	6	04:17.61	Sam Fernando U20	Fife
12	60	10	04:18.33	David Addison U15	Corstorphine
13	52	2	04:20.22	Philippa Millage V35	Victoria Park City Of Glasgow
14	54	4	04:24.50	Megan Davies U23	Sale Harriers

Race : 5 1500m Heat 5

Posn	Vest No.	Leg No.	Time	Name	Club
1	70	2	04:19.12	Aidan Mccaffrey U20	Kirkintilloch
2	79	11	04:19.98	Ben Shaw U17	Giffnock North
3	72	4	04:21.27	Jack Patton U15	Kilbarchan
4	73	5	04:22.78	Murray Fotheringham U15	Giffnock North
5	69	1	04:24.72	Lewis Hannigan U15	Kilbarchan
6	75	7	04:25.90	Kevin Schenk	Forress / Stirling Uni
7	76	8	04:26.18	Rebecca Burns	Edinburgh Ac
8	71	3	04:26.95	Bruce Carse V35	Bellahouston Rr
9	80	12	04:27.48	Harry Mcgill U15	Greenock Glenpark
10	82	14	04:28.67	Allan Cameron V45	Motherwell
11	84	16	04:29.66	Kerry Macangus U20	Kilbarchan
12	81	13	04:32.96	Ryan Donald U17	Dundee Hawkhill
13	86	18	04:34.36	Zoe Bates U20	Edinburgh Ac / Aberdeen Uni
14	74	6	04:38.75	Calum Little U15	Cumbernauld
15	83	15	04:41.06	Paul O'hare V40	Kirkintilloch

Race : 6 1500m Heat 6

Posn	Vest No.	Leg No.	Time	Name	Club
1	87	1	04:29.27	Michael Watt U17	Aberdeen
2	97	11	04:32.49	Lily-jane Evans-haggerty U15	Victoria Park City Of Glasgow
3	89	3	04:36.16	Brent Brodie V40	Bellahouston Harriers
4	91	5	04:38.85	Gary Mckendrick V50	Inverclyde
5	92	6	04:48.30	Hannah Cameron U23	Edinburgh Ac / Robert Gordon Uni /

Race : 7 1500m Heat 7

Posn	Vest No.	Leg No.	Time	Name	Club
1	109	10	04:30.15	Lewis Watt U15	Aberdeen
2	104	5	04:37.57	Jack Trainer U17	Garscube
3	105	6	04:39.44	Emma Johnson U15	Edinburgh Ac / Team East Lothian
4	110	11	04:40.76	Blair Scott U15	Dundee Hawkhill
5	102	3	04:42.76	Lucas Cairns U15	Inverness

6	112	13	04:43.25	Louis O'hare U15	Kirkintilloch
7	108	9	04:43.72	Grace Whelan U17	Moray
8	115	16	04:44.12	Peter Scott U15	Fife
9	113	14	04:44.28	Finlay Ross U13	Harmeny
10	107	8	04:44.53	Lynn Mckenna U17	Giffnock North
11	114	15	04:50.34	Rob McLennan V55	Garscube
12	106	7	04:57.07	Nuala Mccheyne U17	Inverclyde

Race : 8 1500m Heat 8

Posn	Vest No.	Leg No.	Time	Name	Club
1	130	15	04:43.20	Jim White V40	Motherwell
2	125	10	04:47.12	Katie Johnson U13	Edinburgh Ac / Team East Lothian
3	120	5	04:48.78	Daisy Cumming U15	Dunfermline Track & Field
4	121	6	04:50.15	Keir Crawford U17	Cambuslang
5	119	4	04:51.19	Emily Andrew U17	Inverness
6	117	2	04:51.25	Sam Griffin U15	Aberdeen
7	131	16	04:51.43	Ethan Mccolgan U15	Dundee Hawkhill
8	124	9	04:51.44	Sarah Tait U17	Lasswade
9	122	7	04:51.64	Lauren Mcculloch U20	Central / East Sutherland
10	127	12	04:52.30	Georgia Ledingham U15	Corstorphine
11	116	1	04:53.70	Mark Gallacher V45	Motherwell
12	128	13	04:53.76	Kai Crawford U13	Aberdeen
13	126	11	04:59.31	Carolyn Cameron U20	Edinburgh Ac
14	132	17	05:05.84	Stephanie Hewitt U23	Kilmarnock

Race : 9 1500m Heat 9

Posn	Vest No.	Leg No.	Time	Name	Club
1	136	4	05:02.65	Oliver Patton U11	Kilbarchan
2	134	2	05:06.39	Charlotte Mckenna U17	Giffnock North
3	142	10	05:06.97	Tony Mcgale V45	Springburn
4	133	1	05:08.78	Calum Charters U15	East Kilbride Ac
5	146	14	05:11.68	Katherine Macleod U15	Corstorphine
6	139	7	05:12.28	Emma Frew U17	Ayr Seaforth
7	143	11	05:13.87	Russell Barnett	
8	144	12	05:25.60	Craig Little U13	Cumbernauld
9	145	13	05:33.19	Alicia Paton U20	Cumbernauld / Glasgow Uni

Race : 10 1500m Heat 10

Posn	Vest No.	Leg No.	Time	Name	Club
1	150	2	05:12.57	David Kirkpatrick U13	Victoria Park City Of Glasgow
2	149	1	05:21.22	Cliona Mccheyne U17	Inverclyde
3	158	10	05:29.31	Jack Anderson Donald U13	Dundee Hawkhill
4	154	6	05:34.37	Rhys Crawford U11	Aberdeen
5	156	8	05:36.25	Molli Robb U13	Falkirk
6	159	11	05:37.20	Kenzie Macintosh U13	Clydesdale
7	151	3	05:37.31	Louis Sharp U13	Vp City Of Glasgow

Race : 11 5000m Heat 1

Posn	Vest No.	Leg No.	Time	Name	Club
1	801	P	14:00.63	Luke Traynor	Giffnock North
2	164	2	14:23.42	Lachlan Oates	Shettleston / Glasgow Uni
3	166	4	14:27.25	Jamie Crowe U23	Central Ac

4	165	3	14:31.98	Alastair Hay	Central
5	171	9	14:44.08	Calum Mckenzie	Corstorphine / Aberdeen Uni
6	168	6	14:44.68	Sol Sweeney U20	Perth Strathtay
7	176	14	14:45.24	James Donald U20	Dundee Hawkhill
8	173	11	14:46.80	Marc Brown	Salford H
9	170	8	14:48.10	Broc Drury U23	Aberdeen / Aberdeen Uni
10	175	13	14:59.93	William Mackay	Bedford & County / Thames Hare &
11	167	5	15:10.37	Dale Colley	Central Ac
12	178	15	15:12.09	Tristan Rees U20	Fife
13	169	7	15:18.62	Murray Strain	Hunters Bog Trotters / Edinburgh
14	174	12	15:36.60	Neil Renault	Edinburgh Ac
15	185	22	15:39.39	James Taylor	Morpeth / Edinburgh Uni
16	183	20	15:40.46	Darrell Hastie	Gala
17	184	21	15:44.44	Gavin Smith U20	Cambuslang Harriers
18	186	23	15:44.85	Nick Hardy	Birchfield Harriers
19	189	26	15:50.37	Cameron Watson U17	Inverclyde Ac
20	187	24	16:03.04	Jonathan Crickmore	Heriott Watt University
21	179	16	16:07.08	John Fergusson	East Kilbride / Strathclyde Uni
22	182	19	16:09.82	Mark Haskett	Corstorphine

Race : 12

5000m Heat 2

Posn	Vest No.	Leg No.	Time	Name	Club
1	192	3	15:24.14	Josef Farkas V35	Stirling University
2	202	13	15:30.15	John Bell	Inverclyde
3	191	2	15:32.95	Robert Gilroy V40	Cambuslang / Scottish Vets H
4	197	8	15:38.63	Kerry-liam Wilson V45	Cambuslang / Scottish Vets H
5	210	21	15:46.04	Derek Rae	Fife
6	204	15	15:49.12	Donald Macaulay	Corstorphine
7	199	10	15:52.73	Cameron Young U20	Inverness / Edinburgh Uni Hare &
8	194	5	15:54.51	Shaun Lyon	Glenpark Harriers
9	217	28	15:54.74	Leon Johnson V40	Edinburgh Ac
10	196	7	15:58.24	Gordon Robertson V35	Cambuslang
11	198	9	16:07.36	Jamie Clements	East Kilbride
12	195	6	16:08.99	Donnie Macdonald V35	Inverness
13	213	24	16:13.01	Darran Muir V35	Law
14	209	20	16:13.47	Iain Macdonald	Edinburgh Ac
15	214	25	16:13.58	Euan Webster	Aberdeen / Aberdeen Uni / Ayr Seafo
16	190	1	16:14.09	Bryan Clark V35	Corstorphine
17	215	26	16:14.28	Alastair Brockie V35	Corstorphine
18	208	19	16:14.59	Joshua Dack	Billingham / Lothian
19	219	30	16:17.94	Garry Mathew V35	Garscube
20	193	4	16:20.01	Martin Lynas U20	East Kilbride
21	212	23	16:24.18	Louis O'hare V40	Kirkintilloch / Scottish Vets H
22	200	11	16:26.56	Stuart Johnston V35	Edinburgh Ac
23	216	27	16:31.01	Jennifer Nisbet U23	Worcester
24	207	18	16:47.95	Sean Gaffney	Inverclyde
25	205	16	17:05.89	Lucas Cheskin U23	Shettleston
26	203	14	17:19.34	Richard Meade V35	Edinburgh Ac / Unattached

Race : 13

5000m Heat 3

Posn	Vest No.	Leg No.	Time	Name	Club
1	247	27	16:17.28	Pete Tucker V35	Inverclyde Ac
2	225	6	16:20.54	Andrew Ferguson	Aberdeen / Banchory Stonehaven
3	236	16	16:22.48	Fearghas Thomson	Aberdeen / Aberdeen Uni
4	234	14	16:31.11	Fraser Cruickshank U23	Aberdeen
5	230	11	16:35.99	David Mackintosh	Bellahouston Harriers

6	248	28	16:41.76 Darren Mcquade	Bellahouston Harriers
7	222	3	16:42.47 Annabel Simpson U23	Fife / Glasgow Uni
8	246	26	16:45.43 Wayne Mcintosh V40	Gala
9	224	5	16:48.23 Malcolm Lang V40	Lothian
10	235	15	16:48.97 Neil Mclaughlin V40	Inverclyde
11	245	25	16:51.93 Stacie Taylor U23	Kilmarnock
12	237	17	16:55.82 David Tamburini V40	Inverclyde / Scottish Vets H
13	229	10	16:59.28 Graeme Paterson V40	Bellahouston Rr
14	220	1	16:59.46 Stephen Allan V40	Kirkintilloch
15	228	9	16:59.92 Kenneth Neill V35	Ayr Seaforth
16	221	2	17:00.58 John Redding V35	Linlithgow
17	227	8	17:05.74 Alasdair Macmillan	Garscube
18	242	22	17:16.32 Nicola Gauld V35	Aberdeen
19	238	18	17:21.24 Iain Burns V35	Bellahouston Rr
20	240	20	17:39.13 Stuart Scott	Helensburgh
21	239	19	17:46.63 Sarah Laverty U23	Edinburgh Ac / New Mexico Uni

Race : 14 5000m Heat 4

Posn	Vest No.	Leg No.	Time	Name	Club
1	255	6	16:48.46	Christopher O'brien V35	Corstorphine
2	250	1	17:10.86	Scott Mcdonald V50	Moorfoot
3	253	4	17:14.99	Anthony Lucio Jannetta V35	Bellahouston Rr
4	262	13	17:24.50	Chris Upson V50	Cambuslang
5	265	16	17:25.95	Cera Gemmell U17	Team East Lothian
6	251	2	17:29.26	Jason Kane	Inverclyde
7	268	19	17:29.72	Michelle Sandison V35	Springburn
8	260	11	17:32.42	Sarah Potter	Victoria Park City Of Glasgow / S
9	256	7	17:32.91	Russell Whittington V45	Bellahouston Rr / Scottish Vets H
10	273	24	17:34.75	Kirstian Macruary	Corstorphine
11	261	12	17:37.94	Iain Craven V35	Edinburgh Ac
12	269	20	17:55.75	Denis Williams V50	Shettleston
13	271	22	18:00.14	David Blane V50	Aberdeen / Garioch
14	275	26	18:05.25	Fiona Matheson V55	Falkirk / Scottish Vets H
15	267	18	18:23.28	Andrew Robertson U17	Giffnock North
16	263	14	18:23.75	Luke Chamberlain V40	Giffnock North
17	274	25	18:25.03	Kirstin Maxwell	Gala / Edinburgh Uni Hare & Hound
18	258	9	18:48.81	Connell Drummond V40	Kilmarnock
19	272	23	18:59.07	Katie Jones V35	Fife

Race : 15 5000m Heat 5

Posn	Vest No.	Leg No.	Time	Name	Club
1	277	1	17:56.22	Katie Bristow	City Of Glasgow / Northern Illino
2	279	3	18:14.47	Carly Pederson	United States
3	278	2	18:45.62	Ericka Hibser U23	United States
4	290	14	18:50.21	Isla Scott-pearce	Edinburgh Ac / Aberdeen Uni / Aberd
5	283	7	18:53.98	Alexander Chisholm V60	Garscube
6	285	9	19:18.64	John Hynd V55	Carnegie
7	286	10	19:40.16	Grant Matheson V55	Falkirk
8	288	12	20:10.84	Yana Thandrayen V40	Portobello
9	287	11	20:12.86	Pamela Mccrossan V55	Clydesdale / Scottish Vets H
10	294	18	20:14.98	Sue Ridley V50	Edinburgh Ac
11	291	15	20:27.74	Karen Dobbie V50	Edinburgh Ac
12	292	16	21:04.50	Sandy Eaglesham V60	Cambuslang
13	295	19	21:33.58	Bobby Young	Clydesdale / Scottish Vets H
14	293	17	21:48.77	Ray Aiken	Keith / Scottish Vets H
15	280	4	22:26.52	Sharyn Ramage V50	Edinburgh Ac

16	296	20	23:12.67	Alan Hill	Springburn
17	297	21	24:01.03	Barbara Knox V50	Springburn / Scottish Vets H
18	298	22	26:50.76	Graham Bennison	Fife

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