



BMC Story



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Trafford Gold Standard - 29 Aug - Results

Races:6

Finishers: 39

PBs 9 (23%)

Power of Ten results: [Here](#)

Race : 5 BMC 800m Heat 1

Posn	Vest No.	Time	Name	Club
1	203	01:49.46	Rory Graham-watson	Windsor Slough Eton & Hounslow
2	209	01:50.07	Dominic Walton	Rosendale
3	207	01:50.09	Joseph Reid	Cardiff
4	206	01:51.32	Grant Muir	Giffnock North
5	208	01:52.00	Andrew Smith	Pudsey & Bramley
6	205	01:52.04	Luke Jones	Tamworth

Race : 5 BMC 800m Heat 2

Posn	Vest No.	Time	Name	Club
1	214	01:52.50	Samuel Jones	St. Albans Ac
2	218	01:52.83	Joe Wigfield	Wirral
3	217	01:54.13	Allan Stewart	Chiltern
4	216	01:56.43	Daniel Neal	Preston Harriers
5	211	01:57.06	Alex Burrows	Telford Ac
6	210	02:02.79	Dougie Ashcroft	Preston

Race : 5 BMC 800m Heat 3

Posn	Vest No.	Time	Name	Club
1	225	01:55.50	Robert Warner	Blackburn
2	221	01:57.33	Tom Guy	City Of Stoke
3	222	01:58.09	Declan Neary	City Of York
4	223	02:02.22	James O'brien	Birchfield Harriers

Race : 5 BMC 800m Heat 4

Posn	Vest No.	Time	Name	Club
1	226	01:57.75	Christopher Boyle	Victoria Park City Of Glasgow
2	137	01:58.31	Daniel Hayes	Blackpool Wyre And Fylde
3	255	01:58.76	Jack Dee-ingham	Wigan Harriers
4	228	01:58.77	Ben Griffiths	Birchfield Harriers
5	232	01:59.25	Jake Thomas	Livingston
6	227	02:00.01	Oliver Freer	Leicester
7	229	02:00.54	Harrison Hardy-smith	Cannock & Stafford

Race : 7 BMC 1500m Heat 1

Posn	Vest No.	Time	Name	Club
1	234	03:52.59	Luke Betts	Sale Harriers Manchester
2	239	03:53.84	Ben Harding	Kent Ac
3	237	03:54.35	David Devine	Liverpool Harriers
4	236	03:55.06	Mike Cummings	Herne Hill
5	235	03:56.51	Peter Cameron	Edinburgh Ac
6	233	03:57.34	Josh Allen	Middlesbrough (mandale)
7	246	04:03.95	Dale Colley	Central
8	243	04:05.75	Aidan Thompson	Central / Stirling Uni

Race : 7 BMC 1500m Heat 3

Posn	Vest No.	Time	Name	Club
1	245	03:53.08	Max Burgin	Halifax
2	253	03:56.73	Conor Smith	Bromsgrove & Redditch
3	251	03:58.61	Ben Lee	Vale Royal
4	244	03:59.46	Anthony Addison	Corstorphine
5	248	04:00.48	James Habbergham	Halifax
6	247	04:01.85	Nathan Dunn	Preston Harriers
7	249	04:02.14	Jack Hope	Kettering
8	254	04:05.38	Matthew Williams	Notts Ac

The best of British from the BMC