

## COMPETITION INFORMATION SHEET

Event: Lindsays **scottishathletics** Short Course Cross Country Championships  
(Incorporating Masters Championships)  
Venue: Kirkcaldy High School, Dunnikier Way, Kirkcaldy, KY1 3LR  
Registration: Kirkcaldy High School, Dunnikier Way, Kirkcaldy, KY1 3LR  
Date: Saturday 11th November 2017

Race	Age Group	BORN DURING	Declarations		Race Starts	Distance
			Close			
Under 15 Girls	U15	01/09/2002 to 31/08/2004	1100hrs		1130hrs	2000m
Under 15 Boys	U15	01/09/2002 to 31/08/2004	1115hrs		1145hrs	2000m
Under 17 Women	U17	01/09/2000 to 31/08/2002	1130hrs		1200hrs	3000m
Under 17 Men	U17	01/09/2000 to 31/08/2002	1150hrs		1220hrs	3000m
Senior Women		BORN BEFORE 01/09/1997				
Master Women W40/W50/W60		Age On Day		1210hrs	1240hrs	4000m
U20 Women		01/09/1997 to 31/08/2000				
Senior Men		BORN BEFORE 01/09/1997				
Master Men M40/M50/M60		Age on Day		1235hrs	1305hrs	4000m
U20 Men		01/09/1997 to 31/08/2000				

Entries Close first post on: **Monday 30th October 2017** **NO LATE ENTRIES**  
Postal Address for Entries: National Short CC, **scottishathletics** Ltd  
Caledonia House, South Gyle, Edinburgh, EH12 9DQ  
email address: [events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk)  
**Bank Details:** RBS, Sort Code: 83-19-04 Acc No 00667222

### **Important Notes**

- (1) Location map and additional information will be shown on the scottishathletics website - [www.scottishathletics.org.uk](http://www.scottishathletics.org.uk)
  - (2) Team scoring for Senior Races is 4 for Men and 4 for Women. Young athlete races 3 for all races.
  - (3) U20 and Masters athletes are eligible for individual and team medals in the Senior race as well as individual medals in their age category.
  - (4) Athletes who compete in scottishathletics championships **MUST** be a current member of the scottishathletics membership scheme.
  - (5) An entered athlete **MUST** not be substituted by a non-entered athlete at any time.
- Non observance of the above leaves the whole field and the officials uninsured in the event of an accident; leaves the athlete at a health risk in the case of a wrong identification of the athlete; and makes the results invalid as an historic record.
- (6) Students in full-time education in Scotland may compete as 1st claim for both their educational establishment and another Scottish club but not in the same competition. This is provided that the educational establishment Club is confined to students of that establishment. Thus a student may be entered for two clubs but has to choose one at declaration.
  - (7) Entries either by First or Second Class Post with correct Postage for envelope size , or by e-mail. Payments should be made by BACS transfer or cheque, and must be received before the closing date.
  - (8) Club Affiliation fees must have been paid.