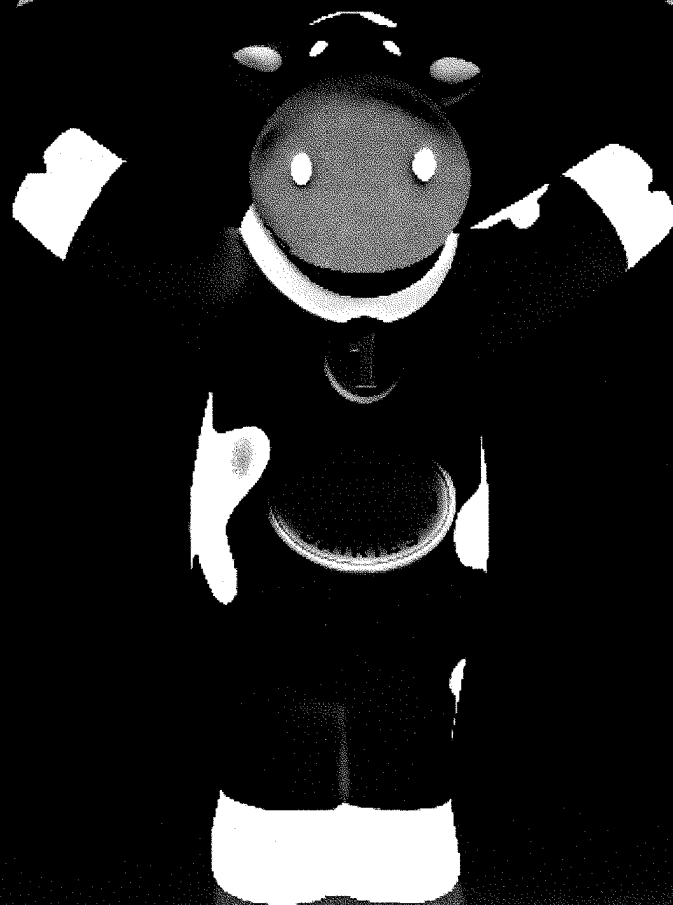


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**SCOTTISH ATHLETICS**

**EAST DISTRICT CHAMPIONSHIPS**

**MEADOWBANK STADIUM, EDINBURGH**

**HOSTED AND ORGANISED BY  
EDINBURGH ATHLETIC CLUB**



**SATURDAY 12<sup>th</sup> MAY 2012, 11am**

**and**

**SUNDAY 13<sup>th</sup> MAY 2012, 11.15am**

**Programme: £2.00**

Anderson Mathew  
Estate Planning

Wills ~ Powers of Attorney ~ Trusts

Inheritance Planning

Long Term Care Advice

Edinburgh      Glasgow      Northern Ireland

Tel: 08450 261 028

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**EAST DISTRICT TRACK & FIELD  
CHAMPIONSHIPS  
2012**

It is with pleasure that we are able to re-instate the East District Championships which were always an exciting start to the Scottish Outdoor Track and Field Championship season. The event was last held in 2005 and although Officials and athletes wished to retain the Event, the National Governing Body decided it could only go ahead if a club was prepared to host and organise the event. This is why EAC has agreed to stage the event this year.

As President of Edinburgh Athletic Club and as Secretary of the East District Committee I welcome you all to Meadowbank and wish you all individual success in your event.

Staging an event such as this involves a great amount of organisation and the assistance of a large number of volunteers. **I would therefore like to thank all volunteers and the Meadowbank staff for their assistance in ensuring the success of this event.**

This year is very special with the Olympic and Paralympic Games taking place in London. I wish all our Scottish Olympians a very successful year. I believe that a number of young athletes competing this weekend will go on to represent Scotland at the next Commonwealth Games which will be staged in front of a home crowd in Glasgow, 2014.

**Barry Craighead**  
President Edinburgh AC  
Secretary East District Committee

<b>OFFICIALS</b>	East District	East District
	Meadowbank	Meadowbank
	12th May	13th May
<b>Meeting Manager (NTD)</b>	<b>Mike Forrest</b>	<b>Mike Forrest</b>
<b>Asst Meeting Manager</b>	<b>Pat Sinclair</b>	<b>Jim Johnstone</b>
<b>Technical Manager</b>	<b>Rona Sneddon</b>	<b>Barbara McVey</b>
Clerk of Course	Ian Douglas	Pam Auckland
Clerk of Course	Alistair Aitchison	Lynne Jackson
Clerk of Course		
<b>Referee</b>	<b>Janeth Hall</b>	<b>Marc Ritchie</b>
<b>Reporting Ref</b>	George Sneddon	Evelyn Robertson
Field Judge	Angeli Mehta	Bill Gentleman
Field Judge	Iain Houston	Allister Murdoch
Field Judge	Barbara McVey	Brian Nisbet
Field Judge	Brian Nisbet pm	Moira Nisbet
Field Judge	Moira Nisbet EDM	Jim Oliver EDM
Field Judge	Marc Ritchie	Chris Tod
Field Judge	Evelyn Robertson	Ruth Szymanski
Field Judge	Pam Auckland	Ian Douglas
Field Judge	Ruth Szymanski	Stuart Clarke
Field Judge	Stuart Clarke	Janeth Hall
Field Judge	David Hynd	Bob Masson
Field Judge	Neil Donachie am	David Hynd
Field Judge	Chris Tod	Angeli Mehta
Field Judge	Hugh Keith	Leslie Roy
Field Judge		John Coyle
<b>Chief Starter</b>	<b>Kenny Marshall</b>	<b>Ian Tatton</b>
Starter	Hamish Fleming	Barry Craighead
Starter	Ian Tatton	June Duffy
<b>Chief Starters Assistant</b>	<b>Dave McConnell</b>	<b>Dave McConnell</b>
Starters Assistant	Barry Craighead	Melissa Robertson
Starters Assistant	June Duffy	Margaret Benham
		Jane Roy
<b>Chief Timekeeper</b>	<b>Ian Docherty</b>	<b>John Robertson</b>
Timekeeper	Joe Bruce	Jean Robertson
Timekeeper	Alan Carruthers	Dorothy Arthur

<b>Chief Photofinish Judge</b> Photofinish Judge Photofinish Judge Photofinish Judge <b>Track Referee</b> <b>Rep Ref/Ch</b> Track Judge Track Judge Track Judge Track Judge Track Judge Track Judge Track Judge Track Judge Track Judge Track Steward	<b>Bill Walker</b> Dave Finlayson Sandy Forrest Claire Shanley <b>Harry Baird</b> <b>Pat Hockley</b> Helena Black Elsie Morris Lynne Jackson Gil Cochrane Xabier Cid David Blues Frances Tatton Bill Grant Freda Silver	<b>Bill Walker</b> Dave Finlayson Sandy Forrest Alistair Aitchison <b>Elsie Morris</b> <b>Helena Black</b> Eleanor Gunstone Marjory Cook Pat Hockley Moira Reid Frances Tatton David Blues Xabier Cid
<b>Presentation</b>	<b>Jamie Mc Donald</b>	<b>Jamie McDonald</b>
<b>Results</b>	Mary Anderson Ally Love Ashley Oswald <b>Derek Cogle</b> Linda Laughland <b>Jeanette Marshall</b> Heather Robison <b>Val Murdoch</b>	Mary Anderson Ally Love Ashley Oswald <b>Eddie Campbell</b> Tricia Hardie <b>Heather Robison</b> <b>Val Murdoch</b>
Declarations Declarations Seeding Seeding Seeding	<b>John Wands</b> Chris Nelson	<b>John Wands</b> Chris Nelson
Announcer Announcer <b>Catering</b> <b>First Aid</b>	Gail Wilson St Andrew's	Gail Wilson St Andrew's

## Summary Timetable

SATURDAY TRACK						SATURDAY FIELD		
T01	11.00	300m	U16W	2 Heats	F01	11.00	Javelin	U14B (5)
T02	11.15	400m	SW	3 Heats	F02	11.00	Javelin	U16B (5)
T03	11.25	400m	SM	3 Heats	F03	11.00	Javelin	U18M (2)
T04	11.40	100m	U14G	3 Heats	F04	11.00	Javelin	SM (2)
T05	11.50	100m	U16G	2 Heats	F05	11.00	High Jump	U18M (2)
T06	11.55	100m	U14B	2 Heats	F06	11.00	High Jump	SM (3)
T07	12.00	100m	U16B	2 Heats	F07	11.00	Long Jump	U14B (16)
T08	12.05	100m	U18W	2 Heats	F08	11.00	Shot	U14B (4)
T09	12.10	100m	SW	2 Heats	F09	11.00	Shot	U16B (6)
T10	12.15	100m	U18M	2 Heats	F10	12.30	High Jump	U14B (5)
T11	12.20	100m	SM	2 Heats	F11	12.30	Shot	U18M (2)
T12	13.15	75mH	U14G (7)	Final	F12	12.30	Shot	SM (4)
T13	13.25	80mH	U16G (8)	Final	F13	12.30	Long Jump	U18M (4)
T14	13.30	80mH	U14B (3)	Final	F14	12.30	Long Jump	SM (5)
T15	13.40	100mH	U18W(4)	Final	F15	12.30	Discus	U14B (2)
T16	13.45	100mH	U16B(4)	Final	F16	12.30	Discus	U16B (4)
T17	13.45	100mH	SW (2)	Final	F17	13.30	High Jump	U16B (6)
T18	13.55	110mH	U18M (2)	Final	F18	14.00	Pole Vault	U14B (1)
T19	13.55	110mH	SM (2)	Final	F19	14.00	Pole Vault	U16B (4)
T20	14.05	400m	U18W	Final	F20	14.00	Pole Vault	U18M (1)
T21	14.08	400m	U18M	Final	F21	14.00	Pole Vault	SM (6)
T22	14.10	400m	U16M	Final	F22	14.00	Hammer	U14B (2)
T23	14.15	400m	SW	Final	F23	14.00	Hammer	U16B (1)
T24	14.20	400m	SM	Final	F24	14.00	Hammer	U18M (3)
T25	14.30	300m	U16W	Final	F25	14.00	Hammer	SM (6)
T26	14.35	1500m	U14G	Final	F26	14.00	Long Jump	U16B (10)
T27	14.45	1500m	U16G	Final	F27	15.30	Discus	U18M (4)
T28	14.55	1500m	U18W	Final	F28	15.30	Discus	SM (4)
T29	15.05	1500m	SW	Final	F29	15.30	Triple Jump	U16B (2)
T30	15.15	1500m	U14B	Final	F30	15.30	Triple Jump	U18M (2)
T31	15.25	1500m	U16B	Final	F31	15.30	Triple Jump	SM (3)
T32	15.35	1500m	U18M	Final				
T33	15.45	1500m	SM	Final				
T34	15.55	100m	U14G	Final				
T35	16.00	100m	U16G	Final				
T36	16.05	100m	U14B	Final				
T37	16.10	100m	U16B	Final				
T38	16.15	100m	U18W	Final				
T39	16.20	100m	SW	Final				
T40	16.25	100m	U18M	Final				
T41	16.30	100m	SM	Final				
T42	16.40	2K S/C	SW	Final				
T43	16.50	1.5K S/C	U18W	Final				

SUNDAY TRACK				
T01	11.15	400mH	U18W	Final(2)
T02	11.15	400mH	SW	Final(5)
T03	11.25	400mH	U18M	Final(1)
T04	11.25	400mH	SM	Final(3)
T05	11.35	800m	U14G	3
T06	11.50	800m	U16G	2
T07	12.00	800m	U18M	2
T08	12.10	800m	SM	2
T09	12.25	200m	U14G	4
T10	12.40	200m	U16G	4
T11	12.55	200m	U16B	2
T12	13.05	200m	U18M	2
T13	13.15	200m	SW	2
T14	13.25	200m	SM	3
T15	13.40	3Km	SW	Final(12)
T16	14.00	5Km	SM	Final
Track Break				
T17	14.40	800m	U14B	Final
T18	14.45	800m	U16B	Final
T19	14.50	800m	U18W	Final
T20	14.55	800m	SW	Final
T21	15.05	800m	U14G	Final
T22	15.10	800m	U16G	Final
T23	15.15	800m	U18M	Final
T24	15.20	800m	SM	Final
T25	15.30	200m	U14G	Final
T26	15.35	200m	U14B	Final
T27	15.40	200m	U16G	Final
T28	15.45	200m	U16B	Final
T29	15.50	200m	U18W	Final
T30	15.55	200m	U18M	Final
T31	16.00	200m	SW	Final
T32	16.05	200m	SM	Final
T33	16.10	2Kms/C	SW	Final
T34	16.30	3Kms/C	SM	Final

SUNDAY FIELD			
F01	11.00	Hammer	U14G (4)
F02	11.00	Hammer	U16G (7)
F03	11.00	High Jump	U14G (10)
F04	11.00	Long Jump	U16G (14)
F05	11.00	Shot	U14G (10)
F06	12.30	Hammer	U18W (3)
F07	12.30	Hammer	SW (9)
F08	12.30	Long Jump	U18W (3)
F09	12.30	Long Jump	SW (6)
F10	12.30	High Jump	U16G (9)
F11	12.30	Shot	U16G (2)
F12	12.30	Shot	U18W (4)
F13	12.30	Shot	SW (2)
F14	14.00	Long Jump	U14G (24)
F15	14.00	Discus	U14G (4)
F16	14.00	Discus	U16G (3)
F17	14.00	Pole Vault	U16G (4)
F18	14.00	Pole Vault	U18W (3)
F19	14.00	Pole Vault	SW (1)
F20	15.00	Discus	U18W (4)
F21	15.00	Discus	SW (6)
F22	15.30	High Jump	U18W (4)
F23	15.30	High Jump	SW (2)
F24	16.00	Triple Jump	U16G (3)
F25	16.00	Triple Jump	U18W (3)
F26	16.00	Triple Jump	SW (3)
F27	16.00	Javelin	U14G (2)
F28	16.00	Javelin	U16G (3)
F29	16.00	Javelin	U18W (4)
F30	16.00	Javelin	SW (2)

## Saturday Track Timetable

11.00	T01	U16W	300m Heats
		<b>FINAL</b>	<b>at T25</b>
434	Kelsey	Stewart	Banchory Stonehaven AC
384	Eilidh	Reynolds	Dundee Hawkhill Harriers
36	Heidi-Rose	Biberbach	Edinburgh AC
39	Erin	Boddie	Edinburgh AC
68	Hannah	Cameron	Edinburgh AC
216	Anna	Hogarth	Edinburgh AC
426	Katie	Smith	Edinburgh AC
184	Leia	Glading	Falkirk Victoria Harriers
280	Rosabel	Kilgour	Fife AC
35	Amiker	Best	Pitreavie AAC
95	Zara	Connolly	Pitreavie AAC
332	Vhairi	McAtear	Pitreavie AAC
209	Mhairi	Henderson	Tweed Leader Jed Track

11.15	T02	U20W/SW	400m Heats
		<b>FINAL</b>	<b>at T23</b>
88	Zoey	Clark	Aberdeen AAC
257	April	Hunter	Arbroath & District AC
162	Beth	Finlayson	Edinburgh AC
318	Amy	Manson	Falkirk Victoria Harriers
146	Sophie	Elder	Lasswade AAC
261	Kirsty	Hutton	Pitreavie AAC
495	Susan	Young	Dundee Hawkhill Harriers
173	Caitlin	Froude	Edinburgh AC
178	Susan	Giblin	Edinburgh AC
200	Siobahn	Hanlon	Edinburgh AC
267	Avril	Jackson	Edinburgh AC
344	Gemma	Nicol	Edinburgh AC
361	Lauren	Peffer	Edinburgh AC
497	Stacey	Downie	Edinburgh AC
310	Mhairi	MacDonald	Edinburgh AC
356	Claire	McNicol	Kilbarchan AAC

11.25	T03	U20M/SM	400m Heats
		<b>FINAL</b>	<b>at T24</b>
10	David	Allan	Dunfermline & West Fife AC
305	Peter	Loudon	Edinburgh AC
477	Jake	Wightman	Edinburgh AC
496	Jay	Younger	Edinburgh AC
76	Charlie	Carstairs	Lasswade AAC
491	Shawn	Wright	Livingston & District AAC
306	Alasdhair	Love	Aberdeen AAC
137	Michael	Downie	Arbroath & District AC
393	Peter	Mutch	Arbroath & district.AC
156	Andrew	Ferguson	Banchory Stonehaven AC
356	Martyn	Paterson	Central AC
274	Patrice	Jumelle	Corstorphine AAC
63	Michael	Burslem	Edinburgh AC
398	David	New	Edinburgh AC
444	Patrick	Swan	Edinburgh AC
453	Darren	Thomson	EdinburghAC
176	Ian	Garioch	Harrow AC
43	Jamie Kerr	Bowie	Inverness Harriers AAC
300	Greg	Louden	Lasswade AAC
116	Alistair	Dagleish	Livingston & District AAC
499	Young	Anthony	Pitreavie AAC
193	Craig	Grieve	Tweed Leader Jed Track

11.40	T04	U14G	100m Heats
		<b>FINAL</b>	<b>at T34</b>
317	Sarah	Malone	Corstorphine AAC
64	Niamh	Byrne	Dunfermline & West Fife AC
474	Erin	Weldon	Dunfermline & West Fife AC
13	Corinne	Allbutt-Axton	Edinburgh AC
84	Ailsa	Clark	Edinburgh AC
86	Eva	Clark	Edinburgh AC
110	Phoebe	Crosbie	Edinburgh AC
160	Rachel	Fergusson	Edinburgh AC

207	Nisha	Haydock	Edinburgh AC
220	Rowena	Hosie	Edinburgh AC
345	Catherine	McHardy	Edinburgh AC
485	Kirsten	Windever	Edinburgh AC
288	Julia	Laughland	EdinburghAC
347	Francessca	Norrie	EdinburghAC
58	Katie	Browne	Gala Harriers
388	Bethany	Murray	Lasswade AC
396	Lisa	Robertson	Lasswade AC
327	Chloe	McAlear	Livingston & District AAC
416	Hazel	Shanley	Livingston & District AAC
409	Aimee	Scott	Pitreavie AAC
181	Anna	Gilchrist	Unattached

11.50	T05	U16G	100m Heats
		<b>FINAL</b>	<b>at T35</b>
316	Abbie	Malone	Corstorphine AAC
40	Gemma	Bolton	Dunbar Running Club
202	Robyn	Hart	Dundee Hawkhill Harriers
9	Seonaid	Alexander	Dunfermline & West Fife AC
78	Brighde	Chaimbeul	Edinburgh AC
215	Melanie	Hill	Edinburgh AC
291	Charlotte	Lazarowicz	Edinburgh AC
371	Isis	Moody	Edinburgh AC
399	Charlotte	Robison	Edinburgh AC
429	Emma	Spiers	Edinburgh AC
15	Claire	Anderson	Falkirk Victoria Harriers
211	Selina	Henderson	Falkirk Victoria Harriers
439	Rachael	Stokes	Lasswade AC
221	Beth	Howard	Musselburgh & District AC
18	Sarah	Anderson	Pitreavie AAC

11.55	T06	U14B	100m Heats
		<b>FINAL</b>	<b>at T36</b>
361	Stewart	Millar	Aberdeen AAC
390	Bruce	Robertson	Arbroath & District AC
197	Kieran	Halliday	Central AC
294	Callum	Letham	Dundee Hawkhill Harriers
49	Charlie	Brett	Edinburgh AC
126	Michael	Dennis	Edinburgh AC
278	Calum	Kettley	Edinburgh AC
350	Michael	Olsen	Edinburgh AC
352	Cal	McLennan	Edinburgh AC
398	Leo	Robertson-Walker	Edinburgh AC
447	Cameron	Tait	Edinburgh AC
368	Lewis	Mitchell	Haddington East Lothian Pacemakers
269	Lucas	Johnston	Harmony AC
165	Thomas	Foley	Musselburgh & District AC
1	James	Adam	Pitreavie AAC
23	Rory	Arthur	Pitreavie AAC

12.00	T07	U16B	100m Heats
		<b>FINAL</b>	<b>at T37</b>
44	Ben	Bowring	Aberdeen.AC
428	Bruce	Sorbie	Arbroath & District.AC
285	Euan	Lambert	Central AC
371	Daniel	Polatajko	Central AC
87	Liam	Clark	Edinburgh AC
117	Ronan	Dance	Edinburgh AC
188	Rohan	Green	Edinburgh AC
293	Craig	Lennie	Edinburgh AC
320	Silvano	Marcantonio	Edinburgh AC
402	Jake	Roulstone	Edinburgh AC
464	Luca	Vita	Edinburgh AC
483	Sandy	Wilson	Edinburgh AC
281	Grant	Kirkwood	Lothian Running Club
19	Marcus	Archer	Pitreavie AAC

12.05	T08	U18W	100m Heats
		<b>FINAL</b>	<b>at T38</b>
323	Kate	Marshall	Edinburgh AC
341	Emma	McGinty	Edinburgh AC
403	Madeleine	Roy	Edinburgh AC
494	Demi	Yorke	Edinburgh AC
319	Rachel	Manson	Falkirk Victoria Harriers
397	Rachael	Robertson	Lasswade AC
144	Rachel	Easton	Pitreavie AAC
175	Kirsten	Galbraith	Pitreavie AAC
406	Louise	Russell	Pitreavie AAC

12.10	T09	U20W/SW	100m Heats
		<b>FINAL</b>	<b>at T39</b>
225	Lisa	Humphries	Aberdeen AAC
82	Kathryn	Christie	Banchory Stonehaven AC
77	Rebecca	Caswell	Edinburgh AC
463	Gabriella	Vita	Edinburgh AC
493	Alison	Wylie	Aberdeen AAC
97	Gillian	Cooke	Edinburgh AC
130	Louise	Dickson	Edinburgh AC
213	Maria	Hernandez	Edinburgh AC
363	Catriona	Pennet	Edinburgh AC
394	Hope	Robertson	Edinburgh AC
25	Kirsty	Barr	Edinburgh University AC
50	Louise	Brett	Perth Strathtay Harriers

12.15	T10	U18M	100m Heats
		<b>FINAL</b>	<b>at T40</b>
266	Gavin	Irvine	Aberdeen AAC
265	David	Irvine	Arbroath & District AC
299	Scott	Lothian	Dundee Hawkhill Harriers
333	Ewan	McBride	Dundee Hawkhill Harriers
357	Rhys	Paterson	Dundee Hawkhill Harriers
277	Christopher	Kelly	Edinburgh AC

282	Kieran	Kivlin	Edinburgh AC
466	Ben	Watson	Edinburgh AC
382	Keiran	Reilly	Edinburgh AC
80	Jordan	Charters	Lasswade AAC
48	Declan	Brennan	Pitreavie AAC
481	Charlie	Wilson	Tweed Leader Jed Track
192	Cameron	Grieve	Unattached

12.20	T11	U20M/SM	100m Heats
		<b>FINAL</b>	<b>at T41</b>
185	John	Glen	Edinburgh AC
217	Tom	Holligan	Edinburgh AC
491	Shawn	Wright	Livingston & District AAC
46	David	Brand	Pitreavie AAC
458	Mark	Travers	Pitreavie AAC
139	Stephen	Dunlop	Aberdeen AAC
164	Craig	Fleming	Belgrave Harriers
423	Cameron	Smith	Dunfermline & West Fife AC
81	Steven	Charters	Edinburgh AC
460	Greg	Turnbull	Edinburgh AC
290	Oliver	Lawson	Pitreavie AAC
454	Donald	Tod	Pitreavie AAC
352	Ryan	Oswald	Sale Harriers
193	Craig	Grieve	Tweed Leader Jed Track

13.15	T12	U14G	75mH FINAL
456	Aillie	Townsend	Arbroath & District AC
110	Phoebe	Crosbie	Edinburgh AC
160	Rachel	Fergusson	Edinburgh AC
71	Kelsey	Campbell	Falkirk Victoria Harriers
388	Bethany	Murray	Lasswade AC
327	Chloe	McAlear	Livingston & District AAC
409	Aimee	Scott	Pitreavie AAC
Result	1st	2nd	3rd

<b>13.25</b>	<b>T13</b>	<b>U16G</b>	<b>80mH FINAL</b>
145	Caitlin	Edgar	Central AC
360	Sarah	Pearson	Central AC
187	Hope	Gowans	Edinburgh AC
222	Feiya	Hu	Edinburgh AC
340	Ellie	McGinty	Edinburgh AC
399	Charlotte	Robison	Edinburgh AC
429	Emma	Spiers	Edinburgh AC
194	Niamh	Guest	Pitreavie AAC
Result	1st	2nd	3rd

<b>13.30</b>	<b>T14</b>	<b>U14B</b>	<b>80mH FINAL</b>
134	Charles	Dineen	Central AC
132	Yannik	Dieker	Edinburgh AC
368	Lewis	Mitchell	Haddington East Lothian Pacemakers
Result	1st	2nd	3rd

<b>13.40</b>	<b>T15</b>	<b>U18W</b>	<b>100mH FINAL</b>
457	Shona	Townsend	Arbroath & District AC
376	Katie	Purves	Lasswade AC
136	Shona	Doig	Pitreavie AAC
170	Naomi	Fox	Pitreavie AAC
Result	1st	2nd	3rd

<b>13.45</b>	<b>T16</b>	<b>U16B</b>	<b>100mH FINAL</b>
44	Ben	Bowring	Aberdeen AC
428	Bruce	Sorbie	Arbroath & District AC
79	Tom	Chandler	Central AC
287	Jamie	Laughland	Edinburgh AC
Result	1st	2nd	3rd

<b>13.45</b>	<b>T17</b>	<b>SW</b>	<b>100mH FINAL</b>
363	Catriona	Pennet	Edinburgh AC
412	Jane	Scott	VP-Glasgow AC
Result	1st	2nd	3rd

<b>13.55</b>	<b>T18</b>	<b>U18M</b>	<b>110mH FINAL</b>
131	Benedict	C	Edinburgh AC
345	Taylor	Nimmo	Falkirk Victoria Harriers
Result	1st	2nd	3rd

<b>13.55</b>	<b>T19</b>	<b>SM</b>	<b>110mH FINAL</b>
137	Michael	Downie	Arbroath & District AC
201	Toby	Harris	Edinburgh AC
410	Allan	Scott	Shaftesbury Barnet Harriers
Result	1st	2nd	3rd

<b>14.05</b>	<b>T20</b>	<b>U18W</b>	<b>400m FINAL</b>
168	Kirsty	Forsyth	Central AC
385	Kirsty	Reynolds	Dundee Hawkhill Harriers
365	Kirsten	Peters	Edinburgh AC
421	Amy	Smith	Lasswade AC
Result	1st	2nd	3rd

<b>14.08</b>	<b>T21</b>	<b>U18M</b>	<b>400m FINAL</b>
66	Ewan	C	Aberdeen AAC
387	Jack	Robb	Fife AC
60	Cameron	Burnett	Gala Harriers
430	Alastair	Stanley	Garscube Harriers
115	Robbie	Cuthbert	Pitreavie AAC
258	Lewis	Hunter	Pitreavie AAC
192	Cameron	Grieve	Unattached
Result	1st	2nd	3rd

<b>14.10</b>	<b>T22</b>	<b>U16B</b>	<b>400m FINAL</b>
198	Liam	Halliday	Central AC
285	Euan	Lambert	Central AC
355	Jamie	Paterson	Central AC
293	Craig	Lennie	Edinburgh AC
320	Silvano	Marcantonio	Edinburgh AC
402	Jake	Roulstone	Edinburgh AC



119	Drew	Davidson	Fife AC
19	Marcus	Archer	Pitreavie AAC
Result	1st	2nd	3rd

<b>14.15</b>	<b>T23</b>	<b>U20W/SW</b>	<b>400m FINAL</b>
Result	1st	2nd	3rd

<b>14.20</b>	<b>T24</b>	<b>U20M/SM</b>	<b>400m FINAL</b>
Result	1st	2nd	3rd

<b>14.30</b>	<b>T25</b>	<b>U16W</b>	<b>300m FINAL</b>
Result	1st	2nd	3rd

<b>14.35</b>	<b>T26</b>	<b>U14G</b>	<b>1500m FINAL</b>
404	Eilidh	Russell	Central AC
309	Danielle	MacDermid	Dundee Hawkhill Harriers
330	Linda	McAndlish	Dundee Hawkhill Harriers
167	Flavia	Forbes	Edinburgh AC
295	Hilary	Lewin	Edinburgh AC
433	Esme	Stewart	Edinburgh AC
442	Ishbel	Strathdee	Edinburgh AC
489	Lottie	Wright	Edinburgh AC
129	Lauren	Dickson	Lasswade AAC
24	Zaynah	Aziz	Moorfoot Runners
122	Leah	Davie	Pitreavie AAC
341	Emily	Nicholson	Pitreavie AAC
Result	1st	2nd	3rd

<b>14.45</b>	<b>T27</b>	<b>U16G</b>	<b>1500m FINAL</b>
4	Hannah	Addison	Corstorphine AAC
29	Zoe	Bates	Edinburgh AC
52	Alison	Broadhurst	Edinburgh AC
344	Bethan	McGregor	Edinburgh AC
8	Katy	Aitken	Fife AC
Result	1st	2nd	3rd

<b>14.55</b>	<b>T28</b>	<b>U18W</b>	<b>1500m FINAL</b>
375	Eilidh	Prise	Arbroath & District .AC
189	Emily	Greenan	Central AC
256	Alexandra	Hunter	Edinburgh AC
436	Rosanna	Stewart	Edinburgh AC
364	Stephie	Pennycook	Fife AC
171	Amy	Frankland	Lasswade AAC
92	Sophie	Collins	Moorfoot Runners
57	Micaela	Brown	Pitreavie AAC
57	Micaela	Brown	Pitreavie AAC
260	Rachel	Hunter	Pitreavie AAC
31	Danielle	Beattie	VP-Glasgow AC
Result	1st	2nd	3rd

<b>15.05</b>	<b>T29</b>	<b>U20W/SW</b>	<b>1500m FINAL</b>
141	Rachel	Dunn	Edinburgh AC
435	Louisa	Stewart	Edinburgh AC
467	Katie	Watson	Edinburgh AC
179	Kerry	Gibson	Fife AC
180	Laura	Gibson	Fife AC
362	Kathryn	Pennel	Pitreavie AAC
99	Gemma	Cormack	Aberdeen AAC
142	Becky	Dunphy	Arbroath & District AC
452	Fiona	Thompson	Central AC
140	Laura	Dunn	Edinburgh AC
378	Sharyn	Ramage	Edinburgh AC
45	Fiona	Bracegirdle	Fife AC
Result	1st	2nd	3rd

<b>15.15</b>	<b>T30</b>	<b>U14B</b>	<b>1500m FINAL</b>
3	Anthony	Addison	Corstorphine AAC
16	Jack	Anderson	Dundee Hawkhill Harriers
12	Ross	Allan	Edinburgh AC
22	Joe	Arthur	Edinburgh AC
28	Alex	Bates	Edinburgh AC

73	Freddie	Carcas	Edinburgh AC
264	Paul	Ireland	Edinburgh AC
445	Michael	Swinton	Edinburgh AC
408	Adam	Scott	Fife AC
373	Connor	Morris	Pitreavie AAC
350	Robbie	McLaren	Unattached
Result	1st	2nd	3rd

<b>15.25</b>	<b>T31</b>	<b>U16B</b>	<b>1500m FINAL</b>
392	Steven	Murray	Arbroath & District AC
354	Ewan	Mcmillan	Banchory Stonehaven AC
120	Sam	Davidson	Central AC
123	Iain	Davies	Central AC
313	John	MacLeod	Corstorphine AAC
55	Callum	Brown	Edinburgh AC
72	Alex	Carcas	Edinburgh AC
223	Michael	Hudson	Edinburgh AC
212	Paul	Henney	Gala Harriers
431	Jack	Stanners	Moorfoot Runners
432	kobe	stevens	Moorfoot Runners
469	Rory	Watson	Musselburgh & District AC
472	Nick	Weaver	Musselburgh & District AC
182	Michael	Gillespie	Perth Strath Tay Harriers
190	Ben	Greenwood	Perth Strath Tay Harriers
296	Jacob	Lewis	Perth Strath Tay Harriers
363	Kierr	Miller	Perth Strath Tay Harriers
424	Corey	Smith	Pitreavie AAC
Result	1st	2nd	3rd

<b>15.35</b>	<b>T32</b>	<b>U18M</b>	<b>1500m FINAL</b>
69	Michael	Cameron	Edinburgh AC
372	Chris	Ponton	Edinburgh AC
360	Bruce	Millar	Fife AC
322	Rowan	Marr	Gala Harriers
85	Callum	Clark	Lasswade AAC

351	John	McLean	Moorfoot Runners
451	Aidan	Thompson	Pitreavie AAC
104	Adam	Craig	Tweed Leader Jed Track
Result	1st	2nd	3rd

<b>15.55</b>	<b>T33</b>	<b>U20M/SM</b>	<b>1500m FINAL</b>
70	Peter	Cameron	Edinburgh AC
138	Edward	Dudgeon	Edinburgh AC
91	Dale	Colley	Falkirk Victoria Harriers
272	James	Joy	Aberdeen AAC
203	Mark	Haskett	Arbroath & District AC
206	Alastair	Hay	Central AC
490	Michael	Wright	Central AC
34	Kris	Berry	Corstorphine AAC
274	Patrice	Jumelle	Corstorphine AAC
349	Calum	McKenzie	Corstorphine AAC
369	Scott	Pilkington	Corstorphine AAC
415	Dougie	Selman	Corstorphine AAC
106	Andrew	Crichton	Edinburgh AC
401	Andy	Ronald	Edinburgh AC
475	Colin	Welsh	Teviotdale Harriers
Result	1st	2nd	3rd

<b>15.55</b>	<b>T34</b>	<b>U14G</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.00</b>	<b>T35</b>	<b>U16G</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.05</b>	<b>T36</b>	<b>U14B</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.10</b>	<b>T37</b>	<b>U16B</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.15</b>	<b>T38</b>	<b>U18W</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.20</b>	<b>T39</b>	<b>U20W/SW</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.25</b>	<b>T40</b>	<b>U18M</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.30</b>	<b>T41</b>	<b>U20M/SM</b>	<b>100m FINAL</b>
Result	1st	2nd	3rd

<b>16.40</b>	<b>T42</b>	<b>U20W/SW</b>	<b>2K Steeplechase FINAL</b>
142	Becky	Dunphy	Arbroath & District AC
219	Sarah	Hood	Edinburgh AC
Result	1st	2nd	

<b>16.50</b>	<b>T43</b>	<b>U18W</b>	<b>1500m Steeplechase FINAL</b>
441	Emily	Strathdee	Edinburgh AC
Result	1st		

WHERE THERE ARE HEATS THE FIRST TWO IN EACH HEAT AND THE FASTEST LOSERS TO MAKE A TOTAL OF EIGHT FINALISTS

### Saturday Field Timetable

<b>11.00</b>	<b>F01</b>	<b>U14B</b>	<b>Javelin</b>
62	Robert	Burns	Central AC
352	Cal	McLennan	Edinburgh AC
400	Mathew	Robison	Edinburgh AC
71	Kelsey	Campbell	Falkirk Victoria Harriers
273	Faser	Judge	Lasswade AAC
373	Connor	Morris	Pitreavie AAC
Result	1st	2nd	3rd

<b>11.00</b>	<b>F02</b>	<b>U16B</b>	<b>Javelin</b>
44	Ben	Bowring	Aberdeen.AC
210	Rory	Henderson	Corstorphine AAC
117	Ronan	Dance	Edinburgh AC
391	Callum	Robertson	Edinburgh AC
338	Ramsay	McEwan	harmony ac
164	Gareth	Fleming	Lasswade AAC
349	Ross	O'Brien	Lasswade AC
Result	1st	2nd	3rd

<b>11.00</b>	<b>F03</b>	<b>U18M</b>	<b>Javelin</b>
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<b>11.00</b>	<b>F04</b>	<b>U20M/SM</b>	<b>Javelin</b>
389	Damien	Murray	Aberdeen ac
314	Greg	Magee	Unattached
Result	1st	2nd	

<b>11.00</b>	<b>F05</b>	<b>U18M</b>	<b>High Jump</b>
177	Jack	Garrigan	Arbroath & District AC
159	Robert	Ferguson	Lasswade AAC
Result	1st	2nd	

<b>11.00</b>	<b>F06</b>	<b>U20M/SM</b>	<b>High Jump</b>
359	Douglas	Paul	Falkirk Victoria Harriers
420	David	Singleton	Edinburgh AC
473	Fraser	Weir	Falkirk Victoria Harriers
Result	1st	2nd	3rd

<b>11.00</b>	<b>F07</b>	<b>U14B</b>	<b>Long Jump</b>
361	Stewart	Millar	Aberdeen AAC
390	Bruce	Robertson	Arbroath & District AC
294	Callum	Letham	Dundee Hawkhill Harriers
49	Charlie	Brett	Edinburgh AC
126	Michael	Dennis	Edinburgh AC
278	Calum	Kettley	Edinburgh AC
352	Cal	McLennan	Edinburgh AC

398	Leo	Robertson-Walker	Edinburgh AC
400	Mathew	Robison	Edinburgh AC
462	Jamie	Underwood	Edinburgh AC
479	Calum	Willis	Edinburgh AC
269	Lucas	Johnston	Harmony AC
89	Henry	Clarkson	Lasswade AAC
165	Thomas	Foley	Musselburgh & District AC
1	James	Adam	Pitreavie AAC
23	Rory	Arthur	Pitreavie AAC
372	Craig	Moriarty	Pitreavie AAC
Result	1st	2nd	3rd

<b>11.00</b>	<b>F08</b>	<b>U14B</b>	<b>Shot</b>
62	Robert	Burns	Central AC
127	Michael	Dennis	Edinburgh AC
400	Mathew	Robison	Edinburgh AC
273	Faser	Judge	Lasswade AAC
Result	1st	2nd	3rd

<b>11.00</b>	<b>F09</b>	<b>U16B</b>	<b>Shot</b>
428	Bruce	Sorbie	Arbroath & District AC
371	Daniel	Polatajko	Central AC
30	Calum	Batho	Edinburgh AC
391	Callum	Robertson	Edinburgh AC
287	Jamie	Laughland	Edinburgh AC
349	Ross	O'Brien	Lasswade AC
394	Robbie	Nairn	Livingston & District AAC
Result	1st	2nd	3rd

<b>12.30</b>	<b>F10</b>	<b>U14B</b>	<b>High Jump</b>
390	Bruce	Robertson	Arbroath & District AC
462	Jamie	Underwood	Edinburgh AC
479	Calum	Willis	Edinburgh AC
269	Lucas	Johnston	Harmony AC
1	James	Adam	Pitreavie AAC
Result	1st	2nd	3rd

<b>12.30</b>	<b>F11</b>	<b>U18M</b>	<b>Shot</b>
303	George	Loudon	Edinburgh AC
488	Ciaran	Wright	Falkirk Victoria Harriers
Result	1st	2nd	

<b>12.30</b>	<b>F12</b>	<b>U20M/SM</b>	<b>Shot</b>
302	Andrew	Loudon	Edinburgh AC
137	Michael	Downie	Arbroath & District AC
157	Graeme	Ferguson	Scottish Prison Service AAC
314	Greg	Magee	Unattached
Result	1st	2nd	3rd

<b>12.30</b>	<b>F13</b>	<b>U18M</b>	<b>Long Jump</b>
14	Lewis	Allbutt-Axton	Edinburgh AC
270	Callum	Jones	Edinburgh AC
345	Taylor	Nimmo	Falkirk Victoria Harriers
Result	1st	2nd	3rd

<b>12.30</b>	<b>F14</b>	<b>U20M/SM</b>	<b>Long Jump</b>
386	Peter	Muirhead	Central AC
399	Jordan	Newport	Edinburgh AC
308	Sam	Lyon	Arbroath & District AC
199	Allan	Hamilton	Edinburgh AC
454	Donald	Tod	Pitreavie AAC
75	John	Carr	Shaftesbury Barnet Harriers
Result	1st	2nd	3rd

<b>12.30</b>	<b>F15</b>	<b>U14B</b>	<b>Discus</b>
22	Joe	Arthur	Edinburgh AC
352	Cal	McLennan	Edinburgh AC
Result	1st	2nd	

<b>12.30</b>	<b>F16</b>	<b>U16B</b>	<b>Discus</b>
118	Calum	Davidson	Edinburgh AC
287	Jamie	Laughland	Edinburgh AC
338	Ramsay	McEwan	Harmony AC

349	Ross	O'Brien	Lasswade AC
394	Robbie	Nairn	Livingston & District AAC
Result	1st	2nd	3rd

<b>13.30</b>	<b>F17</b>	<b>U16B</b>	<b>High Jump</b>
44	Ben	Bowring	Aberdeen.AC
393	Grant	Robertson	Arbroath & District AC
79	Tom	Chandler	Central AC
65	Sean	Caiden	Edinburgh AC
281	Grant	Kirkwood	Lothian Running Club
296	Jacob	Lewis	Perth Strathtay Harriers
Result	1st	2nd	3rd

<b>14.00</b>	<b>F18</b>	<b>U14B</b>	<b>Pole Vault</b>
372	Craig	Moriarty	Pitreavie AAC
Result	1st		

<b>14.00</b>	<b>F19</b>	<b>U16B</b>	<b>Pole Vault</b>
480	Cameron	Wilson	Central AC
391	Callum	Robertson	Edinburgh AC
128	Marc	Devanney	Giffnock North AAC
164	Gareth	Fleming	Lasswade AAC
Result	1st	2nd	3rd

<b>14.00</b>	<b>F20</b>	<b>U18M</b>	<b>Pole Vault</b>
351	Fraser	O'Rourke	Giffnock North AAC
Result	1st		

<b>14.00</b>	<b>F21</b>	<b>U20M/SM</b>	<b>Pole Vault</b>
449	Jax	Thoirs	City Of Glasgow AC
2	Samuel	Adams	VP-Glasgow AC
455	Ron	Todd	Central AC
163	Desmond	FitzGerald	Pitreavie AAC
419	Jamie	Sinclair	VP-Glasgow AC
395	John	Robertson	Whitemoss AAC
Result	1st	2nd	3rd

<b>14.00</b>	<b>F22</b>	<b>U14B</b>	<b>Hammer</b>
62	Robert	Burns	Central AC
101	Andrew	Costello	Kilbarchan AAC
Result	1st	2nd	

<b>14.00</b>	<b>F23</b>	<b>U16B</b>	<b>Hammer</b>
391	Callum	Robertson	Edinburgh AC
498	Main	Benjamin	Shettleston Harriers
Result	1st	2nd	

<b>14.00</b>	<b>F24</b>	<b>U18M</b>	<b>Hammer</b>
488	Ciaran	Wright	Falkirk Victoria Harriers
Result	1st		

<b>14.00</b>	<b>F25</b>	<b>U20M/SM</b>	<b>Hammer</b>
389	Damien	Murray	Aberdeen ac
440	Nicky	Stone	Shettleston Harriers
298	David	Little	City Of Glasgow AC
381	Scott	Reed	EdinburghAC
32	Christopher	Bennett	Shettleston Harriers
172	Andy	Frost	Woodford Green
Result	1st	2nd	3rd

<b>14.00</b>	<b>F26</b>	<b>U16B</b>	<b>Long Jump</b>
44	Ben	Bowring	Aberdeen.AC
79	Tom	Chandler	Central AC
371	Daniel	Polatajko	Central AC
30	Calum	Batho	Edinburgh AC
87	Liam	Clark	Edinburgh AC
117	Ronan	Dance	Edinburgh AC
320	Silvano	Marcantonio	Edinburgh AC
402	Jake	Roulstone	Edinburgh AC
19	Marcus	Archer	Pitreavie AAC
Result	1st	2nd	3rd

15.30	F27	U18M	Discus
191	Fergus	Greig	Edinburgh AC
303	George	Loudon	Edinburgh AC
500	Kerr	Jake	Edinburgh AC
488	Ciaran	Wright	Falkirk Victoria Harriers
159	Robert	Ferguson	Lasswade AAC
Result	1st	2nd	3rd

15.30	F28	U20M/SM	Discus
389	Damien	Murray	Aberdeen ac
455	Ron	Todd	Central AC
275	Derek	Kasselstrand	Edinburgh AC
314	Greg	Magee	Unattached
Result	1st	2nd	3rd

15.30	F29	U16B	Triple Jump
198	Liam	Halliday	Central AC
480	Cameron	Wilson	Central AC
Result	1st	2nd	

15.30	F30	U18M	Triple Jump
177	Jack	Garrigan	Arbroath & District AC
270	Callum	Jones	Edinburgh AC
Result	1st	2nd	

15.30	F31	U20M/SM	Triple Jump
359	Douglas	Paul	Falkirk Victoria Harriers
491	Shawn	Wright	Livingston & District AAC
308	Sam	Lyon	Arbroath & District AC
Result	1st	2nd	3rd

## Sunday Track Timetable

11.15	T01	U18W	400m Final
347	Kirsty	McKean	Edinburgh AC
Result	1st		

11.15	T02	SW	400mH Final
135	Marie	Dobson	Aberdeen AAC
196	Jade	Halket	Aberdeen AAC
267	Avril	Jackson	Edinburgh AC
363	Catriona	Pennet	Edinburgh AC
438	Lauren	Stoddart	Edinburgh AC
259	Lynne	Hunter	VP-Glasgow AC
Result	1st	2nd	3rd

11.25	T03	U18M	400m Final
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11.25	T04	SM	400mH Final
306	Alasdhair	Love	Aberdeen AAC
201	Toby	Harris	Edinburgh AC
425	Francis	Smith	Pitreavie AAC
Result	1st	2nd	3rd

11.35	T05	U14G	800m Heats
		Final	at T21
150	Nicola	Fairlie	Arbroath & District AC
411	Heather	Scott	Central AC
21	Caitlin	Arnott	Corstorphine AAC
224	Molly	Hughes	Dundee Hawkhill Harriers
330	Linda	McAndlish	Dundee Hawkhill Harriers
354	Maddie	Owen	Dundee Hawkhill Harriers
41	Catherine	Bough	Edinburgh AC
67	Carolyn	Cameron	Edinburgh AC
74	Jade	Carlyle	Edinburgh AC
98	Annabel	Coombes	Edinburgh AC

111	Emily	Cross	Edinburgh AC
433	Esme	Stewart	Edinburgh AC
437	Franca	Still	Edinburgh AC
346	Lydia	Noblett	EdinburghAC
315	Hannah	Mairs	Livingston & District AAC
24	Zaynah	Aziz	Moorfoot Runners
122	Leah	Davie	Pitreavie AAC
341	Emily	Nicholson	Pitreavie AAC
397	Sophie	Nethery	Pitreavie AAC
409	Aimee	Scott	Pitreavie AAC
114	Jodie	Currie	Stirling University AC
181	Anna	Gilchrist	Unattached

<b>11.50</b>	<b>T06</b>	<b>U16G</b>	<b>800m Heats</b>
		<b>Final</b>	<b>at T22</b>
413	Shamsa	Scott-Angell	Central AC
4	Hannah	Addison	Corstorphine AAC
16	Katie	Anderson	Dundee Hawkhill Harriers
358	Katie	Patullo	Dundee Hawkhill Harriers
384	Eilidh	Reynolds	Dundee Hawkhill Harriers
20	Amy	Armstrong	Edinburgh AC
29	Zoe	Bates	Edinburgh AC
52	Alison	Broadhurst	Edinburgh AC
68	Hannah	Cameron	Edinburgh AC
158	Morven	Ferguson	Edinburgh AC
395	Kirsty	Naismith	Edinburgh AC
468	Rachel	Watson	Edinburgh AC
478	Martha	Wightman	Edinburgh AC
184	Leia	Glading	Falkirk Victoria Harriers
280	Rosabel K	Kilgour	Fife AC
268	Sabina	Jedrzejczyk	Lasswade AAC
323	Katie	Marshall	Livingston & District AAC

<b>12.00</b>	<b>T07</b>	<b>U18M</b>	<b>800m Heats</b>
		<b>Final</b>	<b>at T23</b>
69	Michael	Cameron	Edinburgh AC
276	Patrick	Keith	Edinburgh AC
279	Fraser	Kilgour	Edinburgh AC
372	Chris	Ponton	Edinburgh AC
407	Ben	Sandie	Edinburgh AC
476	Fraser	White	Edinburgh AC
113	Niall	Curley	Fife AC
60	Cameron	Burnett	Gala Harriers
322	Rowan	Marr	Gala Harriers
85	Callum	Clark	Lasswade AAC
366	Andrew	Mitchell	Livingston & District AAC
450	Jake	Thomas	Livingston & District AAC
313	Scott	McApline	Pitreavie AAC
373	Ben	Potrykus	Pitreavie AAC

<b>12.10</b>	<b>T08</b>	<b>U20M/SM</b>	<b>800m Heats</b>
		<b>Final</b>	<b>at T24</b>
470	Tom	Watson	Central AC
70	Peter	Cameron	Edinburgh AC
138	Edward	Dudgeon	Edinburgh AC
305	Peter	Loudon	Edinburgh AC
477	Jake	Wightman	Edinburgh AC
91	Dale	Colley	Falkirk Victoria Harriers
272	James	Joy	Aberdeen AAC
156	Andrew	Ferguson	Banchory Stonehaven AC
443	Matthew	Sutherland	Central AC
349	Calum	McKenzie	Corstorphine AAC
369	Scott	Pilkington	Corstorphine AAC
415	Dougie	Selman	Corstorphine AAC
106	Andrew	Crichton	Edinburgh AC
390	Declan	Murray	Edinburgh University AC
337	Craig	McDowall	Livingston & District AAC
475	Colin	Welsh	Teviotdale Harriers
353	Graeme	Oudney	Unattached

12.25	T09	U14G	200m Heats
		Final	at T25
150	Nicola	Fairlie	Arbroath & District AC
459	Bevhan	Trevis	Central AC
317	Sarah	Malone	Corstorphine AAC
405	Jodie	Russell	Dunbar Running Club
482	Imogen	Wilson	Dunbar Running Club
224	Molly	Hughes	Dundee Hawkhill Harriers
330	Linda	McAndlish	Dundee Hawkhill Harriers
64	Niamh	Byrne	Dunfermline & West Fife AC
474	Erin	Weldon	Dunfermline & West Fife AC
67	Carolyn	Cameron	Edinburgh AC
84	Ailsa	Clark	Edinburgh AC
86	Eva	Clark	Edinburgh AC
111	Emily	Cross	Edinburgh AC
207	Nisha	Haydock	Edinburgh AC
345	Catherine	McHardy	Edinburgh AC
485	Kirsten	Windever	Edinburgh AC
346	Lydia	Noblett	EdinburghAC
347	Francesca	Norrie	EdinburghAC
58	Katie	Browne	Gala Harriers
149	Robyn	Fairley	Livingston & District AAC
324	Louisa	Marshall	Livingston & District AAC
339	Kirsty	McFadyen	Livingston & District AAC
416	Hazel	Shanley	Livingston & District AAC
374	Emilija	Morrison	Pitreavie AAC
397	Sophie	Nethery	Pitreavie AAC
409	Aimee	Scott	Pitreavie AAC
114	Jodie	Currie	Stirling University AC

12.40	T10	U16G	200m Heats
		Final	at T27
414	Eve	Sealy	Banchory Stonehaven AC
434	Kelsey	Stewart	Banchory Stonehaven AC
61	Isla	Burns	Central AC

195	Amy	Gullen	Central AC
40	Gemma	Bolton	Dunbar Running Club
202	Robyn	Hart	Dundee Hawkhill Harriers
9	Seonaid	Alexander	Dunfermline & West Fife AC
36	Heidi-Rose	Biberbach	Edinburgh AC
39	Erin	Boddie	Edinburgh AC
52	Alison	Broadhurst	Edinburgh AC
78	Brighde	Chaimbeul	Edinburgh AC
158	Morven	Ferguson	Edinburgh AC
291	Charlotte	Lazarowicz	Edinburgh AC
362	Charlotte	Miller	Edinburgh AC
371	Isis	Moody	Edinburgh AC
395	Kirsty	Naismith	Edinburgh AC
399	Charlotte	Robison	Edinburgh AC
486	Lucy	Witherspoon	Edinburgh AC
15	Claire	Anderson	Falkirk Victoria Harriers
211	Selina	Henderson	Falkirk Victoria Harriers
280	Rosabel	Kilgour	Fife AC
439	Rachael	Stokes	Lasswade AC
95	Zara	Connolly	Pitreavie AAC
96	Sarah	Connor	Pitreavie AAC
194	Niamh	Guest	Pitreavie AAC
332	Vhairi	McAtear	Pitreavie AAC
209	Mhairi	Henderson	Tweed Leader Jed Track

12.55	T11	U16B	200m Heats
		Final	at T28
188	Rohan	Green	Edinburgh AC
293	Craig	Lennie	Edinburgh AC
320	Silvano	Marcantonio	Edinburgh AC
402	Jake	Roulstone	Edinburgh AC
464	Luca	Vita	Edinburgh AC
483	Sandy	Wilson	Edinburgh AC
281	Grant	Kirkwood	Lothian Running Club
19	Marcus	Archer	Pitreavie AAC



13.05	T12	U18M	200m Heats
		Final	at T23
266	Gavin	Irvine	Aberdeen AAC
333	Ewan	McBride	Dundee Hawkhill Harriers
357	Rhys	Paterson	Dundee Hawkhill Harriers
14	Lewis	Allbutt-Axton	Edinburgh AC
282	kieran	kivlin	Edinburgh AC
382	Keiran	Reilly	EdinburghAC
80	Jordan	Charters	Lasswade AAC
366	Andrew	Mitchell	Livingston & District AAC
258	Lewis	Hunter	Pitreavie AAC
481	Charlie	Wilson	Tweed Leader Jed Track

13.15	T13	U20W/SW	200m Heats
		Final	at T31
82	Kathryn	Christie	Banchory Stonehaven AC
77	Rebecca	Caswell	Edinburgh AC
162	Beth	Finlayson	Edinburgh AC
463	Gabriella	Vita	Edinburgh AC
26	Jessica	Barrows	Pitreavie AAC
6	Adetomilola	Ademuyewo	Aberdeen AAC
135	Marie	Dobson	Aberdeen AAC
196	Jade	Halket	Aberdeen AAC
495	Susan	Young	Dundee Hawkhill Harriers
178	Susan	Giblin	Edinburgh AC
344	Gemma	Nicol	Edinburgh AC
363	Catriona	Pennet	Edinburgh AC
497	Stacey	Downie	Edinburgh AC
310	Mhairi	MacDonald	EdinburghAC
50	Louise	Brett	Perth Strathtay Harriers
214	Jodi	Heyes	Unattached

13.25	T14	U20M/SM	200m Heats
		Final	at T32
10	David	Allan	Dunfermline & West Fife AC
161	Michael	Fernie	Edinburgh AC
185	John	Glen	Edinburgh AC
217	Tom	Holligan	Edinburgh AC
496	Jay	Younger	Edinburgh AC
76	Charlie	Carstairs	Lasswade AAC
491	Shawn	Wright	Livingston & District AAC
46	David	Brand	Pitreavie AAC
139	Stephen	Dunlop	Aberdeen AAC
393	Peter	Mutch	Arbroath & district.AC
63	Michael	Burslem	Edinburgh AC
81	Steven	Charters	Edinburgh AC
398	David	New	Edinburgh AC
460	Greg	Turnbull	Edinburgh AC
176	Ian	Garioch	Harrow AC
43	Jamie Kerr	Bowie	Inverness Harriers AAC
300	Greg	Louden	Lasswade AAC
116	Alistair	Dalgleish	Livingston & District AAC
290	Oliver	Lawson	Pitreavie AAC
499	Young	Anthony	Pitreavie AAC
352	Ryan	Oswald	Sale Harriers
193	Craig	Grieve	Tweed Leader Jed Track

13.40	T15	U20W/SW	3Km Final
369	Lucy	Mitchell	Falkirk Victoria Harriers
179	Kerry	Gibson	Fife AC
362	Kathryn	Pennel	Pitreavie AAC
362	Kathryn	Pennel	Pitreavie AAC
51	Katie	Bristow	Ron Hill Cambuslang Harriers
286	Alexandra	Lamond	Ron Hill Cambuslang Harriers
385	Joanna	Muir	Stewartry AC
374	Sarah	Potter	VP-Glasgow AC
142	Becky	Dunphy	Arbroath & District AC

326	Fiona	Mathieson	Falkirk Victoria Harriers
343	Hilary	McGrath	Law & District AAC
262	Sarah	Inglis	Lothian Running Club
334	Sarah	McCormack	Moorfoot Runners
125	Rhian	Dawes	VP-Glasgow AC
Result	1st	2nd	3rd

14.00	T16	U20M/SM	5Km Final
59	Sam	Burgess	Aberdeen AAC
365	Ross	Milne	Central AC
355	Max	McNeil	Corstorphine AAC
340	John	Newsom	Central AC
17	Moray	Anderson	Corstorphine AAC
34	Kris	Berry	Corstorphine AAC
37	Darren	Blyth	Corstorphine AAC
47	Mickey	Breen	Corstorphine AAC
368	Barney	Phillips	Corstorphine AAC
383	Neil	Renault	Corstorphine AAC
94	Iain	Connell	Kilmarnock Harriers AC
205	Derek J	Hawkins	Kilbarchan AAC
358	Colin	Menzies	Lasswade AC
497	Lachlan	Oates	Shettleston Harriers
83	Ross	Christie	Stirling University AC
292	Nicholas	Leach	Stirling University AC
166	Sean	Fontana	VP-Glasgow AC
Result	1st	2nd	3rd

#### TRACK BREAK

14.40	T17	U14B	800m Final
361	Stewart	Millar	Aberdeen AAC
152	Andrew	Farmer	Aberdeen AC
3	Anthony	Addison	Corstorphine AAC
5	Stephen	Addison	Corstorphine AAC
359	Andrew	Merry	Dundee Hawkhill Harriers
22	Joe	Arthur	Edinburgh AC
264	Paul	Ireland	Edinburgh AC

445	Michael	Swinton	Edinburgh AC
462	Jamie	Underwood	Edinburgh AC
408	Adam	Scott	Fife AC
427	Mathew	Smith	Lasswade AC
218	Euan	Hood	Moorfoot Runners
373	Connor	Morris	Pitreavie AAC
350	Robbie	McLaren	Unattached
Result	1st	2nd	3rd

14.45	T18	U16B	800m Final
123	Iain	Davies	Central AC
355	Jamie	Paterson	Central AC
112	Cameron	Crowe	Dundee Hawkhill Harriers
55	Callum	Brown	Edinburgh AC
107	Daniel	Cringean	Edinburgh AC
108	Cristiano	Crolla	Edinburgh AC
133	James	Digney	Edinburgh AC
183	Cameron	Gilmour	Edinburgh AC
336	Fionnbharr	McDonald	Edinburgh AC
448	Andrew	Taylor	Edinburgh AC
357	Baillie	McRoberts	Falkirk Victoria Harriers
432	Kobe	Stevens	Moorfoot Runners
190	Ben	Greenwood	Perth Strathtay Harriers
Result	1st	2nd	3rd

14.50	T19	U18W	800m Final
263	Stacey	Innes	Aberdeen AAC
375	Eilidh	Prise	Arbroath & District .AC
42	Isabelle	Bough	Edinburgh AC
365	Kirsten	Peters	Edinburgh AC
441	Emily	Strathdee	Edinburgh AC
487	Blair	Wood	Edinburgh AC
421	Amy	Smith	Lasswade AC
57	Micaela	Brown	Pitreavie AAC
Result	1st	2nd	3rd

14.55	T20	U20W/SW	800m Final
54	Iona	Brodie	Dundee Hawkhill Harriers
435	Louisa	Stewart	Edinburgh AC
261	Kirsty	Hutton	Pitreavie AAC
99	Gemma	Cormack	Aberdeen AAC
370	Karen	Montador	Central AC
56	Laura	Brown	Dundee Hawkhill Harriers
148	Kathryn	Evans	Edinburgh AC
45	Fiona	Bracegirdle	Fife AC
342	Ailie	McGowan	Unattached

15.05	T21	U14G	800m Final
Result	1st	2nd	3rd

15.10	T22	U16G	800m Final
Result	1st	2nd	3rd

15.15	T23	U18M	800m Final
Result	1st	2nd	3rd

15.20	T24	U20M/SM	800m Final
Result	1st	2nd	3rd

15.30	T25	U14G	200m Final
Result	1st	2nd	3rd

15.35	T26	U14B	200m Final
Result	1st	2nd	3rd

15.40	T27	U16G	200m Final
Result	1st	2nd	3rd

15.45	T28	U16B	200m Final
Result	1st	2nd	3rd

15.50	T29	U18W	200m Final
Result	1st	2nd	3rd

15.55	T30	U18M	200m Final
Result	1st	2nd	3rd

16.00	T31	U20W/SW	200m Final
Result	1st	2nd	3rd

16.05	T32	U20M/SM	200m Final
Result	1st	2nd	3rd

16.10	T33	U18M	2Km S/C Final
430	Alastair	Stanley	Garscube Harriers
Result	1st		

15.45	T34	U20M/SM	3km S/C Final
490	Michael	Wright	Central AC
105	Howell	Craske	Dundee Hawkhill Harriers
147	Graham	Evans	Kilbarchan AAC
387	David	Munro	Ron Hill Cambuslang Harriers
Result	1st	2nd	3rd

### Sunday Field Timetable

11.15	F01	U14G	Hammer
71	Kelsey	Campbell	Falkirk Victoria Harriers
102	Kirsty	Costello	Kilbarchan AAC
153	Heather	Fawcett	Kilbarchan AAC
377	Emma	Rae	Pitreavie AAC
Result	1st	2nd	3rd

11.15	F02	U16G	Hammer
353	Leigh Catherine	McLevy	Ayr Seaforth AAC
335	Hattie	McDiarmid	Edinburgh AC
340	Ellie	McGinty	Edinburgh AC
388	Natalie	Robbins	Edinburgh AC

399	Charlotte	Robison	Edinburgh AC
90	Victoria	Cleer	Kilbarchan AAC
417	Mia	Shepherd	Kilbarchan AAC
103	Kristen	Cowe	Law & District AAC
297	Sophie	Lewis	North Ayrshire AC
328	Amy	McAlpine	Pitreavie AAC
Result	1st	2nd	3rd

11.15	F03	U14G	High Jump
312	Kate	Mackay	Aberdeen AAC
330	Linda	McAndlish	Dundee Hawkhill Harriers
7	Olivia	Aide	Edinburgh AC
41	Catherine	Bough	Edinburgh AC
74	Jade	Carlyle	Edinburgh AC
110	Phoebe	Crosbie	Edinburgh AC
169	Stephanie	Fowler	Edinburgh AC
418	Devenee	Sim	Edinburgh AC
442	Ishbel	Strathdee	Edinburgh AC
181	Anna	Gilchrist	Unattached
Result	1st	2nd	3rd

11.15	F04	U16G	Long Jump
389	Anna	Robertson	Arbroath & District AC
414	Eve	Sealy	Banchory Stonehaven AC
27	Emily	Batchelor	Central AC
61	Isla	Burns	Central AC
40	Gemma	Bolton	Dunbar Running Club
208	Caitlin	Hayes	Edinburgh AC
399	Charlotte	Robison	Edinburgh AC
15	Claire	Anderson	Falkirk Victoria Harriers
346	Kirsten	McIntee	Falkirk Victoria Harriers
221	Beth	Howard	Musselburgh & District AC
68	Hannah	Cameron	Pitreavie AAC
96	Sarah	Connor	Pitreavie AAC
194	Niamh	Guest	Pitreavie AAC
364	Nicola	Milne	Unattached
Result	1st	2nd	3rd

11.15	F05	U14G	Shot
155	Niamh	Feighan	Arbroath & District AC
459	Bevhan	Trevis	Central AC
169	Stephanie	Fowler	Edinburgh AC
207	Nisha	Haydock	Edinburgh AC
220	Rowena	Hosie	Edinburgh AC
485	Kirsten	Windever	Edinburgh AC
149	Robyn	Fairley	Livingston & District AAC
315	Hannah	Mairs	Livingston & District AAC
339	Kirsty	McFadyen	Livingston & District AAC
121	Chloe	Davie	Pitreavie AAC
Result	1st	2nd	3rd

12.30	F06	U18W	Hammer
53	Sarah	Broadhurst	Edinburgh AC
204	Kerry-Anne	Hastings	Edinburgh AC
461	Kirsten	Turnbull	Edinburgh AC
380	Kimberley	Reed	Edinburgh AC
396	Chloe	Nethery	Pitreavie AAC
Result	1st	2nd	3rd

12.30	F07	U20W/SW	Hammer
370	Jacqueline	Plain	Falkirk Victoria Harriers
329	Lisa	McAlpine	Pitreavie AAC
11	Laura	Allan	Arbroath & District AC
391	Paula	Murray	Dundee Hawkhill Harriers
151	Nicki	Falconer	Edinburgh
271	Sarah	Joss	Edinburgh AC
348	Susan	McKelvie	Edinburgh AC
311	Courtney	MacGuire	VP-Glasgow AC
484	Stacey	Wilson	VP-Glasgow AC
Result	1st	2nd	3rd

12.30	F08	U18W	Long Jump
283	Ellen	Kristoffersen	Lasswade AAC

397	Rachael	Robertson	Lasswade AC
175	Kirsten	Galbraith	Pitreavie AAC
Result	1st	2nd	3rd

12.30	F09	U20W/SW	Long Jump
342	Faye	Nicholson	Edinburgh AC
465	Sarah	Warnock	Edinburgh AC
25	Kirsty	Barr	Edinburgh University AC
412	Jane	Scott	VP-Glasgow AC
Result	1st	2nd	3rd

12.30	F10	U16G	High Jump
195	Amy	Gullen	Central AC
40	Gemma	Bolton	Dunbar Running Club
38	Rosa	Bock	Edinburgh AC
100	Amy	Costello	Edinburgh AC
291	Charlotte	Lazarowicz	Edinburgh AC
307	Sarah	Lowry	Edinburgh AC
340	Ellie	McGinty	Edinburgh AC
395	Kirsty	Naismith	Edinburgh AC
68	Hannah	Cameron	Pitreavie AAC
Result	1st	2nd	3rd
12.30	F11	U16G	Shot
304	Georgina	Loudon	Edinburgh AC
335	Hattie	McDiarmid	Edinburgh AC
340	Ellie	McGinty	Edinburgh AC
399	Charlotte	Robison	Edinburgh AC
268	Sabina	Jedrzejczyk	Lasswade AAC
Result	1st	2nd	3rd

12.30	F12	U18W	Shot
457	Shona	Townsend	Arbroath & District AC
33	Morayo	Benson	Edinburgh AC
204	Kerry-Anne	Hastings	Edinburgh AC
461	Kirsten	Turnbull	Edinburgh AC
154	Erin	Feeley	Lasswade AAC
Result	1st	2nd	3rd

12.30	F13	SW	Shot
143	Michelle	Durbidge	Arbroath & District AC
379	Cristtel	Ramirez	EdinburghAC
311	Courtney	MacGuire	VP-Glasgow AC
Result	1st	2nd	3rd

14.00	F14	U14G	Long Jump
405	Jodie	Russell	Dunbar Running Club
482	Imogen	Wilson	Dunbar Running Club
7	Olivia	Aide	Edinburgh AC
13	Corinne	Allbutt-Axton	Edinburgh AC
84	Ailsa	Clark	Edinburgh AC
86	Eva	Clark	Edinburgh AC
110	Phoebe	Crosbie	Edinburgh AC
169	Stephanie	Fowler	Edinburgh AC
207	Nisha	Haydock	Edinburgh AC
220	Rowena	Hosie	Edinburgh AC
345	Catherine	McHardy	Edinburgh AC
418	Devenee	Sim	Edinburgh AC
442	Ishbel	Strathdee	Edinburgh AC
346	Lydia	Noblett	EdinburghAC
347	Francessca	Norrie	EdinburghAC
58	Katie	Browne	Gala Harriers
301	Rachel	Louden	Lasswade AAC
396	Lisa	Robertson	Lasswade AC
315	Hannah	Mairs	Livingston & District AAC
339	Kirsty	McFadyen	Livingston & District AAC

416	Hazel	Shanley	Livingston & District AAC
374	Emilija	Morrison	Pitreavie AAC
114	Jodie	Currie	Stirling University AC
181	Anna	Gilchrist	Unattached
Result	1st	2nd	3rd

<b>14.00</b>	<b>F15</b>	<b>U14G</b>	<b>Discus</b>
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<b>14.00</b>	<b>F16</b>	<b>U16G</b>	<b>Discus</b>
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<b>14.00</b>	<b>F17</b>	<b>U16G</b>	<b>Pole Vault</b>
335	Hattie	McDiarmid	Edinburgh AC
340	Ellie	McGinty	Edinburgh AC
399	Charlotte	Robison	Edinburgh AC
109	Kirsten	Cronie	Pitreavie AAC
186	Anna	Gordon	Pitreavie AAC
Result	1st	2nd	3rd

<b>14.00</b>	<b>F18</b>	<b>U18W</b>	<b>Pole Vault</b>
204	Kerry-Anne	Hastings	Edinburgh AC
289	Hannah	Lawler	Falkirk Victoria Harriers
283	Ellen	Kristoffersen	Lasswade AAC
Result	1st	2nd	3rd

<b>14.00</b>	<b>F19</b>	<b>SW</b>	<b>Pole Vault</b>
311	Courtney	MacGuire	VP-Glasgow AC
Result	1st	2nd	3rd

<b>15.00</b>	<b>F20</b>	<b>SW</b>	<b>Discus</b>
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<b>15.00</b>	<b>F21</b>	<b>SW</b>	<b>Discus</b>
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<b>15.30</b>	<b>F22</b>	<b>U18W</b>	<b>High Jump</b>
392	Ellen	Robertson	Arbroath & District AC
204	Kerry-Anne	Hastings	Edinburgh AC
422	Anna	Smith	Edinburgh AC
283	Ellen	Kristoffersen	Lasswade AAC
Result	1st	2nd	3rd

<b>15.30</b>	<b>F23</b>	<b>SW</b>	<b>High Jump</b>
348	Emma	Nuttall	Edinburgh AC
25	Kirsty	Barr	Edinburgh University AC
386	Amy	Richards	Edinburgh University AC
Result	1st	2nd	3rd

<b>16.00</b>	<b>F24</b>	<b>U16G</b>	<b>Triple Jump</b>
389	Anna	Robertson	Arbroath & District AC
414	Eve	Sealy	Banchory Stonehaven AC
27	Emily	Batchelor	Central AC
Result	1st	2nd	3rd

<b>16.00</b>	<b>F25</b>	<b>U18W</b>	<b>Triple Jump</b>
392	Ellen	Robertson	Arbroath & District AC
397	Rachael	Robertson	Lasswade AC
446	Katherine	Szymanski	Lasswade AC
Result	1st	2nd	3rd

<b>16.00</b>	<b>F26</b>	<b>U20W/SW</b>	<b>Triple Jump</b>
342	Faye	Nicholson	Edinburgh AC
97	Gillian	Cooke	Edinburgh AC
311	Courtney	MacGuire	VP-Glasgow AC
Result	1st	2nd	3rd

<b>16.00</b>	<b>F27</b>	<b>U14G</b>	<b>Javelin</b>
366	Anna -Mae	Petrie	Montrose & District AC
Result	1st		

<b>16.00</b>	<b>F28</b>	<b>U16G</b>	<b>Javelin</b>
100	Amy	Costello	Edinburgh AC
304	Georgina	Loudon	Edinburgh AC
335	Hattie	McDiarmid	Edinburgh AC
340	Ellie	McGinty	Edinburgh AC
399	Charlotte	Robison	Edinburgh AC
Result	1st	2nd	3rd

16.00	F29	U18W	Javelin
174	Beth	Fyffe	Dundee Hawkhill Harriers
33	Morayo	Benson	Edinburgh AC
204	Kerry-Anne	Hastings	Edinburgh AC
367	Skye	Petrie	Montrose & District AC
260	Rachel	Hunter	Pitreavie AAC
Result	1st	2nd	3rd

16.00	F30	SW	Javelin
391	Paula	Murray	Dundee Hawkhill Harriers
151	Nicki	Falconer	Edinburgh
311	Courtney	MacGuire	VP-Glasgow AC
Result	1st	2nd	3rd

## EAST DISTRICT ATHLETIC RECORDS

Due to the fact that SAL have agreed to change the Age Groups, the younger athletes will all set up new records this weekend. These will be in the Under 18 years, Under 16 years and Under 14 years The Senior Records are listed below.

### SENIOR WOMEN

EVENT	RECORD	NAME	CLUB	DATE
100m	11.4secs	Helen Golden	Edinburgh SH	1975
200m	23.8secs	Fiona Hargreaves	EdinburghSH	1986
400m	53.88secs	Carey Easton	Edinburgh SH	2002
800m	2.04.79	Yvonne Murray	Edinburgh AC	1987
1500m	4.19.98	Freya Murray	Edinburgh WM	2002
5000m	16.35.97	Hayley Ovens	Edinburgh SH	2005
2Km S/c		Never held		
100m Hurdles	13.6secs	Pat Rollo	Pitreavie AAC	1984
400m Hurdles	59.3secs	Elaine McLaughlin	Edinburgh SH	1986
Long Jump	6.32m	Gillian Cooke	Edinburgh SH	2005
Triple Jump	12.44m	Gillian Cooke	Edinburgh SH	2004
High Jump	1.80m	Jayne Barnetson	Inverness H	1986
Pole Vault	3.80m	Kirsty Maguire Gillian Cooke	Edinburgh SH Edinburgh WM	2005 2002
Shot Putt	15.47m	Meg Ritchie	Edinburgh SH	1979
Discus	55.68m	Meg Ritchie	Edinburgh SH	1978
Javelin	53.37m	Lorna Jackson	Edinburgh WM	2000
Hammer	65.72m	Shirley Webb	Edinburgh AC	2005

### SENIOR MEN

100m	10.3secs	David Jenkins	Edinburgh Univ	1972
200m	20.7secs	Allan Wells	Edinburgh SH	1978
400m	46.95secs	Dougie Walker	City of Edinburgh	1996
800m	1.49.2	Peter Hoffman	Edinburgh AC	1978
1500m	3.44.0	Adrian Weatherhead	Edinburgh AC	1973
5000m	13.59.46	Alastair Hutton	Edinburgh SH	1981
3Km S/c	8.41.0	Gareth Bryan-Jones	Edinburgh Univ	1969
110m Hurdles	14.1secs	Neil Fraser	Edinburgh AC	1987
400m Hurdles	52.35secs	Stan Devine	Edinburgh	1983
Long Jump	7.68m	Darren Ritchie	Scottish Borders	1996
Triple Jump	15.96m	Craig Duncan	Edinburgh SH	1987
High Jump	2.13m	Stephen Ritchie	Pitreavie AC	1990
Pole Vault	4.80m	Richard Hurren	Falkirk VH	2005
Shot Putt	18.03m	Steph Hayward	Scottish Borders	1997
Discus	53.14m	Paul Buxton	Edinburgh SH	1975
Javelin	62.90m	Chris Smith	Arbroath & D	2005
Hammer	72.24m	Chris Black	Edinburgh SH	1983

# UNDER 20 WOMEN

EVENT	RECORD	NAME	CLUB	DATE
100m	11.9secs	Julie More	Edinburgh SH	1986
200m	24.44secs	Gemma Nicol	Dunfermine WF	2004
400m	55.41secs	Gemma Nicol	Dunfermine WF	2005
800m	2.10.19	Morag MacLarty	Central AC	2005
1500m	4.24.83	Morag MacLarty	Central AC	2005
5000m		Never held		
2Km S/c		Never held		
100m Hurdles	14.57secs	Eilidh Child	Pitreavie AC	2004
400m Hurdles	61.34secs	Eilidh Child	Pitreavie AC	2004
Long Jump	5.90m	Caroline Black	Edinburgh WM	1991
Triple Jump	11.23m	Fiona Hunter	Dundee HH	1996
		Gillian Cooke	Edinburgh WM	2001
High Jump	1.80m	Caris Henderson	Edinburgh WM	1987
Pole Vault	3.70m	Kim Skinner	Falkirk VH	2005
Shot Putt	14.82m	Alison Grey	Edinburgh AC	1992
Discus	45.24m	Alison Grey	Edinburgh AC	1992
Javelin	55.94m	Nicola Emblem	Edinburgh WM	1989
Hammer	53.89m	Susan McKelvie	Edinburgh SH	2004

# U20 MEN

100m	10.97secs	Jonathan Oparka	Dundee HH	1999
200m	21.5secs	Graham Malcolm	Perth SH	1974
400m	48.02secs	Kris Stewart	Scotish Borders	1997
800m	1.54.44	Ian Campbell	Arbroath & D	1990
1500m	3.55.85	Alasdair Stewart	Falkirk VH	2005
5000m	15.04.85	Iain Donnan	Aberdeen AAC	2003
3Km S/c	9.21.41	Andrew Lemoncello	Fife AC	2001
110m Hurdles	14.84secs	David Collard	City of Edinburgh	2004
400m Hurdles	54.16secs	Richard. McDonald	Perth SH	1997
Long Jump	7.05m	Darren Ritchie	Edinburgh AC	1993
Triple Jump	13.66m	Leask Mackie	Fife AC	1997
High Jump	1.90m	Andrew Kinnear	Fife AC	2002
Pole Vault	4.10m	Richard Hurren	Falkirk VH	2001
Shot Putt	16.16m	Eric Irvine	Edinburgh AC	1980
Discus	45.24m	Bruce Robb	Pitreavie AC	1996
Javelin	56.20m	Chris Smith	Arbroath & D	1994
Hammer	48.72m	Calum Bruce	Pitreavie AC	1994

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# East District Track & Field Championships



3 MEDIA  
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