

Young Females											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Team East Lothian AC	29:45	9:50	Imogen Turner	1	9:23	Cerys Wright	1	10:32	Olivia Robbins	1
2	Falkirk Victoria Harriers	30:01	10:13	Skye Robertson	3	9:42	Emily Christie	2	10:06	Isabella Ogg	2
3	Aberdeen Amateur Athletic Club	30:22	10:11	Emily Taylor	2	10:16	Jessica Needs	4	9:55	Abby Farquhar	3
4	Team East Lothian AC	30:42	10:36	Ava Rose Curtis	4	9:45	Freya Brown	3	10:21	Rachel Stevens	4
5	Edinburgh Athletic Club	30:53	10:39	Emi Daunt	6	10:39	Catriona Scott	7	9:35	Elsa Dean	5
6	Harmeny Athletic Club	31:05	11:00	Zoe Forrester	9	10:32	Emilie Paul	9	9:33	Natsai Nyabadza	6
7	Harmeny Athletic Club	31:31	10:58	Kate Riches	8	10:11	Rachel Caves	6	10:22	Leah Buchan	7
8	Gala Harriers Athletic Club	31:41	11:44	Annabelle Stewart	26	10:00	Kirsty Rankine	11	9:57	Erin Gray	8
9	Aberdeen Amateur Athletic Club	31:54	10:37	Rachel Gove	5	10:29	Olivia Dinnes	5	10:48	Sarah Taylor	9
10	Lasswade Athletics Club	32:07	11:20	Eilidh Mowbray	19	10:34	Beth McWilliam	12	10:13	Bethan Kitchin	10
11	Gala Harriers Athletic Club	32:29	11:23	Javiera Unibazo	21	11:01	Elise Field	16	10:05	Ava Richardson	11
12	Haddington Running Club	32:38	11:04	Isla Buchan	10	11:38	Florence Bailey	19	9:56	Emily Atkinson	12
13	Dundee Hawkhill Harriers	32:45	11:12	Gracie Conroy	16	10:20	Harriet Reid	9	11:13	Imogen Jarrett	13
14	Falkirk Victoria Harriers	32:52	12:23	Megan Blair	33	10:46	Lara Crawford	25	9:43	Katie Hedges	14
15	Falkirk Victoria Harriers	32:52	11:10	Neve Taylor	14	11:11	Josie Anderson	15	10:31	Lucie Gibson	14
16	Edinburgh Athletic Club	33:07	11:12	Ailish De Luca-Ruane	16	11:15	Juno Neal	18	10:40	Anna Cruden	16
17	Central Athletic Club	33:09	12:02	Tessa Gray	29	10:00	Emily Stanford	14	11:07	Niamh McKinlay	17
18	Harmeny Athletic Club	33:39	11:36	Lillie Paul	23	11:18	Amber Cunningham	23	10:45	Skye Marshall	18
19	Team East Lothian AC	33:39	11:10	Tessa Russell	14	11:43	Sula Semple	21	10:46	Lois Thomson	18
20	Edinburgh Athletic Club	33:44	11:19	Cecilia Laing	18	11:34	Sofia Flecha-Garcia	22	10:51	Megan Mckay	20
21	Gala Harriers Athletic Club	33:52	11:39	Holly Craig	24	11:31	Kacie Brown	27	10:42	Poppy Lunn	21
22	Aberdeen Amateur Athletic Club	33:55	11:44	Hollie Steele	26	11:16	Sophie Imlach	24	10:55	Isla Kennedy	22
23	Corstorphine AAC	34:00	11:25	Isla Arnott	22	10:33	Isla McGrath	13	12:02	Lucy Shanks	23
24	Dunfermline Track and Field Club	34:24	12:08	Briony Argo	30	11:35	Rachel Barnett	29	10:41	Ruby Candlish	24
25	Edinburgh Athletic Club	34:25	11:07	Anna Molyneux	12	12:48	Jessica Stewart	31	10:30	Dashka Macdonald	25
26	Harmeny Athletic Club	34:25	11:07	Aria MacFarlane	12	11:17	Aysa Kealy	16	12:01	Zoe McNair	25
27	Falkirk Victoria Harriers	34:38	11:49	Amy Taylor	28	12:04	Ruth Donaldson	30	10:45	Chloe Davies	27
28	Harmeny Athletic Club	34:46	11:41	Frances Kirton	25	11:29	Ivy Loudon	26	11:36	Lara Brechin	28
29	Dundee Hawkhill Harriers	34:49	10:42	Fearne Jarrett	7	12:00	Breagha Hastie	19	12:07	Simone Imrie	29
30	Harmeny Athletic Club	34:57	11:22	Elizabeth Sweetman	20	11:55	Rebecca Hardie	28	11:40	Halszka Musialowicz	30
31	Lasswade Athletics Club	35:02	13:37	Laura Kitchin	37	11:18	Emma Thomson	34	10:07	Freya Mowbray	31
32	Harmeny Athletic Club	35:04	11:04	Isabella Pearson	10	10:25	Carys Melton	8	13:35	Jemma Murray	32
33	Central Athletic Club	35:29	12:19	Olivia Denholm	32	12:26	Ella Tanner	33	10:44	Leah Brown	33
34	Livingston Athletic Club	35:29	12:37	Honor Ford	34	13:01	Lucy Macmillan	35	9:51	Imogen Marshall	33
35	Corstorphine AAC	36:28	12:15	Isla Balfour-Melville	31	12:09	Eloise Simpson	32	12:04	Alice Craigie	35
36	Banchory Stonehaven Athletics Club	37:19	14:20	Sophie Macleod	40	11:32	Cassie Stewart	37	11:27	Hope Thomson	36
37	Lasswade Athletics Club	37:21	15:16	Darcy Esson	42	10:50	Isla Taylor	38	11:15	Eloise Scott	37
38	Harmeny Athletic Club	37:39	13:28	Amelie McKay	36	12:12	Lily Hardingham	36	11:59	Sophie Mcbirnie	38
39	Falkirk Victoria Harriers	39:46	14:02	Remy Carnegie	39	13:13	Kirsty Moffat	39	12:31	Isla Philp	39
40	Strathearn Harriers	40:17	15:16	Abigail Hewitt	42	12:00	Madelaine Blanchard	40	13:01	Hannah Blanchard	40
41	Haddington Running Club	41:34	14:47	Megan Baillie	41	13:33	Effie Dunlop	41	13:14	Aifric Fisher	41
	Falkirk Victoria Harriers		13:42	Kirsty Sedman	38						
	Falkirk Victoria Harriers		12:40	Ella Shepherd	35						
	Lothian Running Club	33:15	11:25	Rachel Collings (U11)		11:26	Rosie Heeps		10:24	Tess Byrne	

Young Males											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Falkirk Victoria Harriers	25:51	9:41	Thomas Mitchell	7	8:02	Ray Taylor	3	8:08	Luke Culliton	1
2	Harmeny Athletic Club	26:12	9:22	Rory Beattie	4	8:21	Fergus Ross	3	8:29	Matthew Holden	2
3	Team East Lothian AC	26:42	9:33	Josh Cooper	6	8:52	Joe Smith	5	8:17	Fraser Lupton	3
4	Aberdeen Amateur Athletic Club	26:46	9:13	Harry Cook	1	9:26	Alex Henthorn	6	8:07	Rhys Crawford	4
5	Harmeny Athletic Club	27:21	10:10	Fred Currie	13	8:48	Daniel McIntyre	7	8:23	James Wotherspoon	5
6	Lasswade Athletics Club	27:30	10:00	Francis Ovani-Finnegan	9	9:25	Aaden Robertson	10	8:05	Andrew McWilliam	6
7	Aberdeen Amateur Athletic Club	27:51	9:25	Struan Mckay	5	9:47	James Horne	9	8:39	Kyle Gibson	7
8	Edinburgh Athletic Club	28:00	9:15	Conor McNab	2	9:52	Henry Hoffmann	8	8:53	Dylan Daunt	8
9	Gala Harriers Athletic Club	28:08	10:32	Bryn Mcaree	17	8:57	Archie Dalgliesh	12	8:39	Zico Field	9
10	Harmeny Athletic Club	28:08	10:04	Harry Howl	10	9:41	Ben Paterson	14	8:23	Kieran Hardie	10
11	Aberdeen Amateur Athletic Club	28:26	9:18	James Shinnie	3	10:23	Callum Vargesson	13	8:45	Thomas Reynolds	11
11	Edinburgh Athletic Club	28:26	10:51	Rory Logg	24	9:20	Reuben Lees	17	8:15	Patrick Barnes	11
13	Livingston Athletic Club	28:57	10:07	Archie MacPhie	11	9:40	Finlay Sharp	15	9:10	Kaydan Day	13
14	Corstorphine AAC	29:19	10:20	Mylo Hibberd	15	9:33	Tymek Chmielowski	16	9:26	George Vickers	14
15	Central Athletic Club	29:23	12:04	Jack Campbell	35	8:55	Harrison Macmillan	21	8:24	Alex Dunlop	15
16	Gala Harriers Athletic Club	29:33	10:51	Cameron Tunmore	24	9:52	Gregor Adamson	19	8:50	Irvine Welsh	16
17	Harmeny Athletic Club	29:40	10:37	Yuen Shan Lam	20	10:05	Ollie Howl	18	8:58	Dair Alexander	17
18	Falkirk Victoria Harriers	29:54	10:32	Severin Bhosale	17	8:56	Luke Sedman	11	10:26	Liam Flaherty	18
19	Harmeny Athletic Club	30:02	10:09	Alasdair Forrest	12	11:17	Adam Head	24	8:36	Dan Mcguire	19
20	Edinburgh Athletic Club	30:18	10:58	Murray Kirkhope	26	10:07	Andrew Leighton	22	9:13	Edward Roberts	20
21	Pitreavie AAC	30:26	10:49	Brodie Simon	23	10:17	Michael Massey	23	9:20	Frazer Lees	21
22	Aberdeen Amateur Athletic Club	30:43	11:07	Harry Chalmers	28	10:36	Sam Brooks	26	9:00	Harris Callander	22
23	Lasswade Athletics Club	31:04	12:27	Fraser Houston	37	9:51	Struan Milne	32	8:46	Rowan Taylor	23
24	Haddington Running Club	31:12	10:13	Archie Brown	14	10:44	Freddy Fendick	20	10:15	Hamish Hamilton-Meikle	24
25	Dundee Hawkhill Harriers	31:14	11:40	Harry McBain	34	10:09	Alexander Christie	29	9:25	Alastair MacFadyen	25
26	Central Athletic Club	31:35	10:33	Thomas Arnott	19	11:07	Cameron Tanner	25	9:55	Scott Hill	26
27	Dundee Hawkhill Harriers	31:44	10:47	Cillian Sweeney	21	11:06	Darragh Stretton	30	9:51	Murdo Hastie	27
28	Central Athletic Club	31:58	12:44	Hok Man Leo Chan	38	8:59	Rory Macmillan	26	10:15	Conall Paterson	28
29	Aberdeen Amateur Athletic Club	32:07	11:15	Alex Imlach	31	11:20	Reuben Mcallister	34	9:32	Finlay Robinson	29
30	Teviotdale Harriers	32:12	11:25	McLaren Welsh	32	10:18	Craig Watson	26	10:29	Greg Watson	30
31	Corstorphine AAC	32:33	11:09	Elliott Grant	29	11:07	Blair Rosbottom	31	10:17	Lewis Andrews	31
32	Pitreavie AAC	34:56	11:11	Brodie Hearnden	30	11:28	Daniel Forbes	35	12:17	Jack Mcinnes	32
33	Haddington Running Club	35:04	11:01	Mason Vass	27	11:50	Max Wishart	36	12:13	Jake Slimon	33
	Edinburgh Athletic Club		12:11	Alex Nyabola	36						
	Edinburgh Athletic Club		11:35	Isaac Wells	33						
	Falkirk Victoria Harriers		9:59	Ben Upfold	8	22:44	Cahal McAtarsney	38			
	Haddington Running Club		10:20	Blair Aitken	15	12:51	Jonah Pegg	37			
	Falkirk Victoria Harriers		10:47	Hamish Gillies	21	11:40	Daniel Alexander	33			

Senior and Masters Women											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Edinburgh University Hare & Hounds	44:23	14:25	Emily Anna Shaw	2	15:02	Charlotte Clare	1	14:56	Niamh Carr	1
2	Edinburgh University Hare & Hounds	45:21	14:51	Isla Hedley	4	15:46	Aimee Callow	3	14:44	Hannah Anderson	2
3	Edinburgh Athletic Club	45:26	14:17	Kirsty Walker	1	15:56	Margot Julia Wyrwoll	2	15:13	Merce Sanchez Oller	3
4	Corstorphine AAC	46:34	14:54	Josie wren Golder	5	15:49	Kara Mckenzie-Tait	5	15:51	Zoe Carruthers	4
5	Aberdeen Amateur Athletic Club	46:56	15:50	Carolyn Cameron	13	15:36	Emma Jenkins	6	15:30	Hannah Cameron	5
6	Edinburgh University Hare & Hounds	47:09	15:58	Emma Johnson	14	15:31	Caitlin Purcell	7	15:40	Kirsty Purcell	6
7	Edinburgh Athletic Club	47:35	15:44	Lauren Stoddart	11	15:57	Fiona Davies	8	15:54	Isla Scott-Pearce	7
8	Central Athletic Club	47:55	14:55	Jennifer Wetton	6	16:54	Kimberley Timmins	9	16:06	Heather Scott	8
9	Gala Harriers Athletic Club V40	48:03	15:43	Katy Barden	10	17:13	Pamela Baillie	13	15:07	Sara Green	9
10	Edinburgh University Hare & Hounds	49:08	16:13	Amelie Marshall	15	16:19	Catriona Kane	12	16:36	Maya Millar	10
11	Lasswade Athletics Club	49:16	14:33	Lauren Dickson	3	16:05	Olivia Meikle	4	18:38	Catherine Dickson	11
12	Corstorphine AAC	49:35	15:16	Kirsty Macaulay	9	16:38	Jessica Tovey	11	17:41	Amy Crawford	12
13	Edinburgh University Hare & Hounds	50:25	15:46	Grace Tindall	12	17:14	Harriett Townhill	14	17:25	Allegra Soutar	13
14	Edinburgh University Hare & Hounds	50:55	16:19	Jessica Ensoll	17	17:25	Eve Young	17	17:11	Ines De Carvalho Goncalves	14
15	Falkirk Victoria Harriers	51:02	15:15	Olivia Varelle	8	16:36	Niamh Brown	10	19:11	Kay Lewis	15
16	Central Athletic Club	51:09	16:14	Tuscany Wright	16	16:59	Katie Hall	16	17:56	Rachel Laurie	16
17	Hunters Bog Trotters V40	51:14	17:09	Megan Mowbray	23	17:39	Claire Gordon	20	16:26	Joanna Brown	17
18	Central Athletic Club	51:33	16:31	Lyndsay Morrison Noon	18	17:25	Ellen Patton	19	17:37	Rebecca Hay	18
19	Edinburgh University Hare & Hounds	52:04	17:56	Cara Baldwin	28	17:04	Elsie Hollywood	22	17:04	Nancy Britten	19
20	Aberdeen Amateur Athletic Club	52:29	16:43	Hannah Mutch	20	16:29	Charlotte Narducci	15	19:17	Victoria Brown	20
21	Edinburgh Athletic Club	54:28	18:40	Lizzie Mason	33	18:22	Sarah Wakely	30	17:26	Amanda Woodrow	21
22	Dundee Road Runners AC V40	54:44	18:35	Louise Menzies	32	18:17	Gillian Sangster	28	17:52	Alison Mcneilly	22
23	Edinburgh University Hare & Hounds	54:48	17:27	Abby Thomson	24	18:08	Eilyn Smith	24	19:13	Saskia Chaplin	23
23	Stirling University Athletics Club	54:48	19:17	Claire Qualls	36	18:17	Zoe Macdonald	31	17:14	Katie Higgins	23
25	Edinburgh Athletic Club V40	54:54	19:19	Hannah Waugh	37	19:23	Elaine Davies	34	16:12	Hazel Maccormick	25
26	Falkirk Victoria Harriers	55:42	17:37	Eilidh Mccallum	26	17:44	Danielle Callaghan	23	20:21	Monica Anderson	26
27	Central Athletic Club	56:14	17:58	Laurie Douglas	29	19:02	Jayne Emery	29	19:14	Millie O'Neill	27
28	Harmeny Athletic Club V40	56:37	17:59	Kirsty McBirnie	30	18:43	Karen Robertson	27	19:55	Nicola Mcguire	28
29	Central Athletic Club	56:48	17:00	Kyra Gibb	22	17:52	Louise Torr	21	21:56	Cliona Diamond	29
30	Lothian Running Club	57:29	16:54	Jessica Heeps	21	19:31	Yvonne Crilly	25	21:04	Abigail Strath	30
31	Carnegie Harriers V40	57:33	18:51	Isobel Burnett	34	19:02	Joy Gudgin	33	19:40	Kathryn Fairfield	31
32	Falkirk Victoria Harriers V40	58:03	16:33	Fiona Matheson	19	22:18	Karen McAllister	35	19:12	Helena Gribben	32
33	Perth Road Runners V40	59:52	19:55	Gillian Mcguire	39	21:14	Tessa Ward	40	18:43	Fabienne Antonella Thompson	33
34	Pitreavie AAC	1:00:14	20:37	Lucy Crookston	42	20:01	Diane Stewart	37	19:36	Karyn Stewart	34
35	Portobello Running Club	1:00:18	20:03	Shona MacDonald	41	20:32	Sarah McAdam	36	19:43	Tracy Philp	35
36	Carnegie Harriers	1:00:45	22:44	Shelby Lynch	50	19:08	Emma Henderson	42	18:53	Charlotte Briggs	36
37	Perth Road Runners	1:01:09	21:42	Agnieszka Mroczkowska	47	21:50	Sam Newington	45	17:37	Paige Brown	37
38	Gala Harriers Athletic Club V40	1:01:45	19:08	Lisa Dalgliesh	35	22:24	Charlotte Hendry	41	20:13	Gina Allen	38
39	Edinburgh Athletic Club V40	1:03:38	20:37	Sharyn Ramage	42	20:06	Anne Duncan	38	22:55	Shona Adam	39
40	Linlithgow Athletic Club V40	1:03:50	17:50	Christine Mulholland	27	20:02	Clair Howison	32	25:58	Denise Tracey	40
41	Lothian Running Club	1:04:58	20:47	Sonia Johnston	44	20:05	Isabell Mehl	39	24:06	Susan Graham	41
42	Lothian Running Club V40	1:05:56	21:26	Judith Thomson	45	21:11	Kirsty Gray	44	23:19	Dawn Watson	42
43	Lothian Running Club V40	1:09:28	22:09	Emma Purdie	48	25:32	Joanne Turnbull	48	21:47	Lyndsay Lorraine	43
44	Carnegie Harriers V40	1:10:35	23:41	Kath McCrorie	52	23:46	Gail Beveridge	47	23:08	Angie Parkin	44
45	Perth Road Runners V40	1:14:18	21:36	Fiona Manson	46	26:32	Maria Dale	49	26:10	Susan Bothwell	45
	Gala Harriers Athletic Club		14:58	Isla Paterson	7	18:57	Gillian Lunn	18			
	Dundee Road Runners AC		18:11	Fiona Callaghan	31	18:19	Rachel Callaghan	26			
	Harmeny Athletic Club V40		19:58	Lyndsay Holden	40	22:36	Susan Ross	43			
	Aberdeen Amateur Athletic Club		22:19	Becky Cheyne	49	21:43	Rachel Watson	46			
	Edinburgh University Hare & Hounds		17:31	Amelie Dryer	25						
	Edinburgh Athletic Club		19:36	Isobel Joiner	38						
	Kinross Road Runners V40		23:00	Christine Myerscough	51						

Masters Women											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Gala Harriers Athletic Club V40	48:03	15:43	Katy Barden	1	17:13	Pamela Baillie	1	15:07	Sara Green	1
2	Hunters Bog Trotters V40	51:14	17:09	Megan Mowbray	3	17:39	Claire Gordon	2	16:26	Joanna Brown	2
3	Dundee Road Runners AC V40	54:44	18:35	Louise Menzies	6	18:17	Gillian Sangster	4	17:52	Alison Mcneilly	3
4	Edinburgh Athletic Club V40	54:54	19:19	Hannah Waugh	9	19:23	Elaine Davies	7	16:12	Hazel Maccormick	4
5	Harmeny Athletic Club V40	56:37	17:59	Kirsty McBirnie	5	18:43	Karen Robertson	3	19:55	Nicola Mcguire	5
6	Carnegie Harriers V40	57:33	18:51	Isobel Burnett	7	19:02	Joy Gudgin	6	19:40	Kathryn Fairfield	6
7	Falkirk Victoria Harriers V40	58:03	16:33	Fiona Matheson	2	22:18	Karen McAllister	8	19:12	Helena Gribben	7
8	Perth Road Runners V40	59:52	19:55	Gillian Mcguire	10	21:14	Tessa Ward	10	18:43	Fabienne Antonella Thompson	8
9	Gala Harriers Athletic Club V40	1:01:45	19:08	Lisa Dalglish	8	22:24	Charlotte Hendry	11	20:13	Gina Allen	9
10	Edinburgh Athletic Club V40	1:03:38	20:37	Sharyn Ramage	12	20:06	Anne Duncan	9	22:55	Shona Adam	10
11	Linlithgow Athletic Club V40	1:03:50	17:50	Christine Mulholland	4	20:02	Clair Howison	5	25:58	Denise Tracey	11
12	Lothian Running Club V40	1:05:56	21:26	Judith Thomson	13	21:11	Kirsty Gray	13	23:19	Dawn Watson	12
13	Lothian Running Club V40	1:09:28	22:09	Emma Purdie	15	25:32	Joanne Turnbull	15	21:47	Lyndsay Lorraine	13
14	Carnegie Harriers V40	1:10:35	23:41	Kath McCrorie	17	23:46	Gail Beveridge	14	23:08	Angie Parkin	14
15	Perth Road Runners V40	1:14:18	21:36	Fiona Manson	14	26:32	Maria Dale	16	26:10	Susan Bothwell	15
	Harmeny Athletic Club V40		19:58	Lyndsay Holden	11	22:36	Susan Ross	12			
	Kinross Road Runners V40		23:00	Christine Myerscough	16						

Senior and Masters Men														
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos	Leg4	Athlete	Pos
1	Stirling University Athletics Club	50:34	12:32	Ryan Martin	3	13:08	Mark Carberry	4	12:24	Alastair Marshall	1	12:30	Ben MacMillan	1
2	Edinburgh University Hare & Hounds	51:00	12:27	Matt Knowles	2	12:37	Lucas Cairns	1	13:02	Conor Gourley	2	12:54	Andrew Thomson	2
3	Aberdeen Amateur Athletic Club	51:14	13:02	Adam Brown	8	12:26	Max Abernethy	2	13:16	Fearghas Thomson	3	12:30	Michael Ferguson	3
4	Central Athletic Club	51:56	13:17	Jamie Stevenson	12	12:41	Calum Phillip	6	13:33	Luca Fanottoli	6	12:25	Cameron Milne	4
5	Edinburgh University Hare & Hounds	52:21	12:55	Luca Messenger-Jones	5	12:45	Angus Wright	4	13:32	Robert Sparks	4	13:09	David Bunn	5
6	Corstorphine AAC	52:47	12:57	Angus Smith	6	12:31	Tom Martyn	2	13:45	Stuart Livingstone	5	13:34	Calum Mckenzie	6
7	Central Athletic Club	53:36	13:15	Dale Colley	11	13:14	Struan Bennet	8	13:57	Cameron Macmillan	7	13:10	Joel Lange	7
8	Edinburgh Athletic Club	53:46	12:46	Noah Howlett	4	13:26	Mark MacDermot	7	14:16	Neil Jack	8	13:18	Iain Whitaker	8
9	Aberdeen Amateur Athletic Club	54:31	13:48	Rory Muir	21	13:38	Steven Murray	14	13:30	Caleb Mcguire	9	13:35	Caleb Brock	9
10	Harmeny Athletic Club	54:38	13:22	Alasdair Wallace	14	13:14	Finlay Ross	9	14:50	Archie Irwin	13	13:12	Ethan Lorimer	10
11	Edinburgh University Hare & Hounds	54:56	13:11	Blayne Wright	10	13:47	Sebastian Segger-Staveley	11	14:11	Neil Sillence	11	13:47	Chris Bain	11
12	Falkirk Victoria Harriers	55:35	13:54	Gregor Hunter	23	13:38	Calum Little	15	13:25	Euan Martin	10	14:38	Alec Davidson	12
13	Corstorphine AAC	55:42	13:25	Aaron Hoyle	15	14:24	Fraser Smith	19	13:24	Donald Macaulay	12	14:29	James Wiggins	13
14	Lothian Running Club	56:00	13:05	David Wright	9	15:01	Ryan Kirkland	22	14:36	Joshua Dack	18	13:18	Moray Pryde	14
15	Stirling University Athletics Club	56:18	13:32	Gavin McCaffrey	18	13:48	Dylan Crawford	13	14:26	Cameron Rankine	14	14:32	Alastair Scott	15
16	Metro Aberdeen Running Club	56:33	13:29	Will Mackay	16	14:28	Kenny Garden	20	14:11	Matthew Dailey	15	14:25	Scott Melville	16
17	Stirling University Athletics Club	57:39	13:49	Fraser Gordon	22	13:53	Max Stevens	17	14:28	Fraser Morris	16	15:29	Rhys Williams	17
18	Aberdeen Amateur Athletic Club	58:12	14:26	Ben Nelson	32	13:34	Eoghan Macnamara	21	14:50	Andrew John Ferguson	19	15:22	Andrew Casey	18
19	PH Racing Club V40	58:21	14:31	Mark Ryan	33	15:10	Robert Sellar	29	14:08	Michael Combe	23	14:32	Paul Kieran	19
20	Corstorphine AAC V40	58:30	14:05	Iain Hutchinson	27	14:42	David Hall	25	14:56	Tom Ferrington	21	14:47	Alastair Brockie	20
21	Edinburgh University Hare & Hounds	58:54	14:13	Huw Riley	30	14:59	Joseph O'Keefe	27	15:20	Thomas Blackbird	25	14:22	Seamus Flannery	21
22	Edinburgh Athletic Club	59:04	15:04	Shane Donnellan	37	14:27	Ewan Egan	28	15:01	Jesse Cumings	25	14:32	Ross Doran	22
23	Perth Road Runners	59:09	13:44	James Waldie	19	14:00	Michael McConnell	18	16:05	David Knight	22	15:20	Kevin Riddell	23
24	Dundee Hawkhill Harriers	59:55	13:46	Matthew Drummond	20	13:46	Donald Gavine	16	15:03	Gordon Barrie	17	17:20	Struan Hastie	24
25	Hunters Bog Trotters	1:00:34	13:58	Alex Luetchford	25	15:50	Grant Massie	30	15:30	Huw Jones	27	15:16	Sam Lloyd	25
26	Gala Harriers Athletic Club	1:00:43	13:20	Robbie Welsh	13	13:30	Marcus D'Agrosa	10	17:07	Ian Maxwell	24	16:46	Simon Adamson	26
27	Metro Aberdeen Running Club V40	1:00:51	15:08	Dino Roussias	39	17:19	Richard Holland	45	15:08	Rankin Lascelles	38	13:16	Jim Tole	27
28	Corstorphine AAC V40	1:00:59	15:06	Christopher O'Brien	38	15:22	Ross Milne	32	15:10	Ken Speirs	29	15:21	Iain Macleod	28
29	Hunters Bog Trotters V40	1:01:05	15:50	David Wright	47	15:17	Ray Ward	40	14:51	Duncan Lamont	30	15:07	Graeme Kafka	29
30	PH Racing Club	1:01:11	15:58	Andrew Jannetta	49	14:48	Aaron Bennet	36	14:49	Philip Waring	28	15:36	Stuart Meiklejohn	30
31	Corstorphine AAC	1:01:38	14:02	Callum Hunter	26	14:49	Sean Mclaughlin	26	14:33	Peter Bird	20	18:14	Scott Pilkington	31
32	Gala Harriers Athletic Club V40	1:02:04	15:21	Graeme Murdoch	40	15:46	Jamie McGowan	40	15:17	Iain Stewart	33	15:40	Tim Darlow	32
33	Falkirk Victoria Harriers V40	1:02:14	14:42	Gary McKenna	36	15:50	Michael Ross	33	15:39	Chris Lewis	32	16:03	Michael McQuaid	33
34	Strathearn Harriers	1:02:16	12:59	Harris Pagett	7	15:12	Ralph McNally	23	19:20	Daniel Watkins	37	14:45	Jonathan Turnbull	34
35	Edinburgh University Hare & Hounds	1:02:46	14:05	Cameron Anderson	27	16:17	Wil Jones	31	16:28	Nick Shukov	36	15:56	Jacob Rankin	35
36	Edinburgh Athletic Club	1:03:02	15:50	Peter Graham	47	15:10	Craig Bell	39	15:46	Peter Thomson	35	16:16	Andrej Kujikis	36
37	Central Athletic Club V40	1:03:15	17:05	Charles Graham-Marr	58	17:15	Jens Subke	54	14:53	Will Hensman	42	14:02	Scott Brember	37
38	Falkirk Victoria Harriers	1:04:06	16:00	Scott Ballantine	50	14:53	Ben Grant	37	15:36	Andrew Mckechnie	34	17:37	Gary Smith	38
39	Harmeny Athletic Club V40	1:04:54	14:07	Philip Holden	29	16:38	Joe Melton	35	17:42	Ka Hei Lam	40	16:27	Steven Burchill	39
40	Lasswade Athletics Club V40	1:05:00	14:40	Martin Gore	34	16:27	Scott Dickson	40	15:01	Kenneth Mcwilliam	31	18:52	Oscar Gomez Morillo	40
41	Edinburgh Athletic Club V40	1:05:56	15:35	Terry Roberts	43	15:23	Gordon Pryde	38	17:06	Linn Denholm	39	17:52	Iain Craven	41
42	Fife AC V40	1:06:18	15:24	James Hall	41	16:00	Mike Macdonald	43	17:09	Andy Harley	41	17:45	Sean Brown	42
43	Musselburgh and District AC V40	1:06:29	15:48	Kieran Gaffney	46	16:39	James Mayers	45	17:19	Graeme Nicholson	45	16:43	Paul Silfer	43
44	PH Racing Club V40	1:06:29	16:33	Alan McGowan	55	16:18	John Cassells	48	17:04	Graham McInnes	46	16:34	Scott Love	43
45	Dunbar Running Club V40	1:06:56	15:26	Dunbar Leg1	42	17:01	Dunbar Leg2	45	17:10	Dunbar Leg3	44	17:19	Dunbar Leg4	45
46	Linlithgow Athletic Club V40	1:08:38	17:43	Darren Dick	63	19:42	Martin Hawksey	66	16:23	Innes Chalmers	57	14:50	John Redding	46
47	Corstorphine AAC V40	1:08:39	16:28	Andy Nichol	54	15:45	Keith Ovenstone	44	20:45	Steven Blair	53	15:41	Moray Anderson	47
48	Carnegie Harriers	1:08:51	15:37	Blair Geddes	44	17:32	Nils Krichel	49	18:44	Gordon Henderson	50	16:58	Steven King	48
49	Hunters Bog Trotters	1:09:04	15:45	Stuart Mounce	45	17:27	Simon Harrison	50	18:35	David Fulton	49	17:17	Coll Williamson	49
50	Edinburgh Athletic Club V40	1:09:25	18:23	David Cross	68	14:57	Tim Hely	51	18:54	Daniel Rivera	51	17:11	Lewis Orr	50

Senior and Masters Men														
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos	Leg4	Athlete	Pos
51	Dundee Road Runners AC	1:09:52	16:36	David Aitken	56	20:36	Martin Rollo	65	17:03	Dominic Hughes	61	15:37	Adam Hart	51
52	Pitreavie AAC V40	1:10:20	16:42	Iain Howatt	57	19:10	Keith Vandermotten	63	17:15	David McLaren	54	17:13	Desmond Fitzgerald	52
53	Portobello Running Club V40	1:10:54	18:31	William Jarvie	69	18:13	Sandy Macdonald	64	17:12	David Worrall	59	16:58	Alex Garvie	53
54	Edinburgh Athletic Club V40	1:11:00	18:05	Chris Creegan	65	17:13	Gavin Phillip	59	17:51	Andrew Latham	55	17:51	Gerry Campbell	54
55	Kinross Road Runners	1:11:29	16:09	Bartosz Burza	51	19:18	Michael Atkinson	61	18:35	Billy Webster	60	17:27	Zhivko Zhelyazkov	55
56	Musselburgh and District AC	1:11:36	16:19	George SM Hanson	53	18:30	Mark Keast	57	17:51	Andrew Scott	52	18:56	Malcolm Cunningham	56
57	Carnegie Harriers V40	1:12:34	17:09	Lee Holland	59	18:25	Gary Evans	62	18:13	Kenny Fairfield	56	18:47	John Hynd	57
58	Edinburgh Athletic Club V40	1:13:15	17:34	Dave Clements	62	17:45	Richard Clark	60	18:32	Keith Dunlop	58	19:24	David Steele	58
59	Harmeny Athletic Club V40	1:14:19	17:16	Kevin Kealy	61	17:53	David Alexander	58	19:26	Jonathan Mckay	62	19:44	Keith Martin	59
60	Central Athletic Club V40	1:14:33	18:14	David Benwell	67	21:19	Allan Gall	69	18:03	David Eckersley	63	16:57	Tony Disley	60
61	Lothian Running Club V40	1:16:23	18:41	Dougie Hunter	71	18:56	Harry Mulholland	67	20:11	Fraser Ballantine	64	18:35	Jonathan Thomson	61
62	Falkirk Victoria Harriers V40	1:20:02	19:54	Malcolm Finlayson	75	19:57	Simon Johnston	70	20:57	Martin Gower	66	19:14	Derek Esson	62
	Ochil Hill Runners		13:29	Gregor Malcolm	16	17:10	Andy Turnbull	34	18:53	John Stevenson	43			
	Fife AC		13:56	Ben Kinninmonth	24	13:10	Lewis Rodgers	12	23:01	Graham Keddie	47			
	PH Racing Club V40		18:09	David Morton	66	16:25	Mark Webster	55	17:03	Wright Beveridge	48			
	Falkirk Victoria Harriers		19:17	James Steel	74	21:48	Stephen Baird	72	18:04	Andrew Ronald	65			
	Perth Road Runners V40		20:59	Mike Dales	76	19:35	David Innes	71	22:48	Alan Bothwell	67			
	Central Athletic Club		14:19	Andrew Irvine	31	14:15	Lewis McComb	24						
	Corstorphine AAC		16:09	Christopher Fife	51	17:30	David Pattison	52						
	Banchory Stonehaven Athletics Club		14:40	Stuart Ferguson	34	19:19	Andrew Ferguson	53						
	Portobello Running Club		18:58	Richard Hadfield	72	15:50	David Limmer	56						
	Carnegie Harriers V40		19:08	Brian Miller	73	18:47	Gordon Somerville	68						
	Edinburgh Athletic Club V40		21:10	Brian Howie	77	23:20	Eric Stevenson	73						
	Team East Lothian AC		12:24	Corey Campbell	1									
	Pitreavie AAC V40		17:14	Neil McLachlan	60									
	Harmeny Athletic Club		17:59	Andrew Ross	64									
	Hunters Bog Trotters V40		18:37	Steve Rudland	70									
	Central Athletic Club V40		22:54	Colin Sinclair	78									

Masters Men														
Pos	Team Name	Time	Leg1	Runners	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos	Leg4	Athlete	Pos
1	PH Racing Club V40	58:21	14:31	Mark Ryan	3	15:10	Robert Sellar	2	14:08	Michael Combe	2	14:32	Paul Kieran	1
2	Corstorphine AAC V40	58:30	14:05	Iain Hutchinson	1	14:42	David Hall	1	14:56	Tom Ferrington	1	14:47	Alastair Brockie	2
3	Metro Aberdeen Running Club V40	1:00:51	15:08	Dino Roussias	7	17:19	Richard Holland	12	15:08	Rankin Lascelles	8	13:16	Jim Tole	3
4	Corstorphine AAC V40	1:00:59	15:06	Christopher O'Brien	6	15:22	Ross Milne	3	15:10	Ken Speirs	3	15:21	Iain Macleod	4
5	Hunters Bog Trotters V40	1:01:05	15:50	David Wright	13	15:17	Ray Ward	7	14:51	Duncan Lamont	4	15:07	Graeme Kafka	5
6	Gala Harriers Athletic Club V40	1:02:04	15:21	Graeme Murdoch	8	15:46	Jamie McGowan	7	15:17	Iain Stewart	7	15:40	Tim Darlow	6
7	Falkirk Victoria Harriers V40	1:02:14	14:42	Gary McKenna	5	15:50	Michael Ross	4	15:39	Chris Lewis	6	16:03	Michael McQuaid	7
8	Central Athletic Club V40	1:03:15	17:05	Charles Graham-Marr	17	17:15	Jens Subke	17	14:53	Will Hensman	12	14:02	Scott Brember	8
9	Harmeny Athletic Club V40	1:04:54	14:07	Philip Holden	2	16:38	Joe Melton	5	17:42	Ka Hei Lam	10	16:27	Steven Burchill	9
10	Lasswade Athletics Club V40	1:05:00	14:40	Martin Gore	4	16:27	Scott Dickson	7	15:01	Kenneth McWilliam	5	18:52	Oscar Gomez Morillo	10
11	Edinburgh Athletic Club V40	1:05:56	15:35	Terry Roberts	11	15:23	Gordon Pryde	6	17:06	Linn Denholm	9	17:52	Iain Craven	11
12	Fife AC V40	1:06:18	15:24	James Hall	9	16:00	Mike Macdonald	10	17:09	Andy Harley	11	17:45	Sean Brown	12
13	Musselburgh and District AC V40	1:06:29	15:48	Kieran Gaffney	12	16:39	James Mayers	12	17:19	Graeme Nicholson	14	16:43	Paul Silfer	13
14	PH Racing Club V40	1:06:29	16:33	Alan McGowan	15	16:18	John Cassells	15	17:04	Graham McInnes	15	16:34	Scott Love	13
15	Dunbar Running Club V40	1:06:56	15:26	Dunbar Leg1	10	17:01	Dunbar Leg2	12	17:10	Dunbar Leg3	13	17:19	Dunbar Leg4	15
16	Linlithgow Athletic Club V40	1:08:38	17:43	Darren Dick	22	19:42	Martin Hawksey	25	16:23	Innes Chalmers	22	14:50	John Redding	16
17	Corstorphine AAC V40	1:08:39	16:28	Andy Nichol	14	15:45	Keith Ovenstone	11	20:45	Steven Blair	18	15:41	Moray Anderson	17
18	Edinburgh Athletic Club V40	1:09:25	18:23	David Cross	26	14:57	Tim Hely	16	18:54	Daniel Rivera	17	17:11	Lewis Orr	18
19	Pitreavie AAC V40	1:10:20	16:42	Iain Howatt	16	19:10	Keith Vandermotten	23	17:15	David McLaren	19	17:13	Desmond Fitzgerald	19
20	Portobello Running Club V40	1:10:54	18:31	William Jarvie	27	18:13	Sandy Macdonald	24	17:12	David Worrall	24	16:58	Alex Garvie	20
21	Edinburgh Athletic Club V40	1:11:00	18:05	Chris Creegan	23	17:13	Gavin Phillip	20	17:51	Andrew Latham	20	17:51	Gerry Campbell	21
22	Carnegie Harriers V40	1:12:34	17:09	Lee Holland	18	18:25	Gary Evans	22	18:13	Kenny Fairfield	21	18:47	John Hynd	22
23	Edinburgh Athletic Club V40	1:13:15	17:34	Dave Clements	21	17:45	Richard Clark	21	18:32	Keith Dunlop	23	19:24	David Steele	23
24	Harmeny Athletic Club V40	1:14:19	17:16	Kevin Kealy	20	17:53	David Alexander	19	19:26	Jonathan McKay	25	19:44	Keith Martin	24
25	Central Athletic Club V40	1:14:33	18:14	David Benwell	25	21:19	Allan Gail	28	18:03	David Eckersley	26	16:57	Tony Disley	25
26	Lothian Running Club V40	1:16:23	18:41	Dougie Hunter	29	18:56	Harry Mulholland	26	20:11	Fraser Ballantine	27	18:35	Jonathan Thomson	26
27	Falkirk Victoria Harriers V40	1:20:02	19:54	Malcolm Finlayson	31	19:57	Simon Johnston	29	20:57	Martin Gower	28	19:14	Derek Esson	27
	PH Racing Club V40		18:09	David Morton	24	16:25	Mark Webster	18	17:03	Wright Beveridge	16			
	Perth Road Runners V40		20:59	Mike Dales	32	19:35	David Innes	30	22:48	Alan Bothwell	29			
	Carnegie Harriers V40		19:08	Brian Miller	30	18:47	Gordon Somerville	27						
	Edinburgh Athletic Club V40		21:10	Brian Howie	33	23:20	Eric Stevenson	31						
	Pitreavie AAC V40		17:14	Neil McLachlan	19									
	Hunters Bog Trotters V40		18:37	Steve Rudland	28									
	Central Athletic Club V40		22:54	Colin Sinclair	34									

Young Females Fastest Legs			
Rank	Leg1	Athlete	Team Name
1	9:50	Imogen Turner	Team East Lothian AC
2	10:11	Emily Taylor	Aberdeen Amateur Athletic Club
3	10:13	Skye Robertson	Falkirk Victoria Harriers
4	10:36	Ava Rose Curtis	Team East Lothian AC
5	10:37	Rachel Gove	Aberdeen Amateur Athletic Club
6	10:39	Emi Daunt	Edinburgh Athletic Club
7	10:42	Fearne Jarrett	Dundee Hawkhill Harriers
8	10:58	Kate Riches	Harmeny Athletic Club
9	11:00	Zoe Forrester	Harmeny Athletic Club
10	11:04	Isla Buchan	Haddington Running Club
10	11:04	Isabella Pearson	Harmeny Athletic Club
12	11:07	Anna Molyneux	Edinburgh Athletic Club
12	11:07	Aria MacFarlane	Harmeny Athletic Club
14	11:10	Neve Taylor	Falkirk Victoria Harriers
14	11:10	Tessa Russell	Team East Lothian AC
16	11:12	Gracie Conroy	Dundee Hawkhill Harriers
16	11:12	Ailish De Luca-Ruane	Edinburgh Athletic Club
18	11:19	Cecilia Laing	Edinburgh Athletic Club
19	11:20	Eilidh Mowbray	Lasswade Athletics Club
20	11:22	Elizabeth Sweetman	Harmeny Athletic Club
21	11:23	Javiera Unibazo	Gala Harriers Athletic Club
22	11:25	Isla Arnott	Corstorphine AAC
23	11:36	Lillie Paul	Harmeny Athletic Club
24	11:39	Holly Craig	Gala Harriers Athletic Club
25	11:41	Frances Kirton	Harmeny Athletic Club
26	11:44	Annabelle Stewart	Gala Harriers Athletic Club
26	11:44	Hollie Steele	Aberdeen Amateur Athletic Club
28	11:49	Amy Taylor	Falkirk Victoria Harriers
29	12:02	Tessa Gray	Central Athletic Club
30	12:08	Briony Argo	Dunfermline Track and Field Club
31	12:15	Isla Balfour-Melville	Corstorphine AAC
32	12:19	Olivia Denholm	Central Athletic Club
33	12:23	Megan Blair	Falkirk Victoria Harriers
34	12:37	Honor Ford	Livingston Athletic Club
35	12:40	Ella Shepherd	Falkirk Victoria Harriers
36	13:28	Amelie McKay	Harmeny Athletic Club
37	13:37	Laura Kitchin	Lasswade Athletics Club
38	13:42	Kirsty Sedman	Falkirk Victoria Harriers
39	14:02	Remy Carnegie	Falkirk Victoria Harriers
40	14:20	Sophie Macleod	Banchory Stonehaven Athletics Club
41	14:47	Megan Baillie	Haddington Running Club
42	15:16	Darcy Esson	Lasswade Athletics Club
42	15:16	Abigail Hewitt	Strathearn Harriers

Young Females Fastest Legs			
Rank	Leg2	Athlete	Team Name
1	9:23	Cerys Wright	Team East Lothian AC
2	9:42	Emily Christie	Falkirk Victoria Harriers
3	9:45	Freya Brown	Team East Lothian AC
4	10:00	Kirsty Rankine	Gala Harriers Athletic Club
4	10:00	Emily Stanford	Central Athletic Club
6	10:11	Rachel Caves	Harmeny Athletic Club
7	10:16	Jessica Needs	Aberdeen Amateur Athletic Club
8	10:20	Harriet Reid	Dundee Hawkhill Harriers
9	10:25	Carys Melton	Harmeny Athletic Club
10	10:29	Olivia Dinnes	Aberdeen Amateur Athletic Club
11	10:32	Emilie Paul	Harmeny Athletic Club
12	10:33	Isla McGrath	Corstorphine AAC
13	10:34	Beth Mcwilliam	Lasswade Athletics Club
14	10:39	Catriona Scott	Edinburgh Athletic Club
15	10:46	Lara Crawford	Falkirk Victoria Harriers
16	10:50	Isla Taylor	Lasswade Athletics Club
17	11:01	Elise Field	Gala Harriers Athletic Club
18	11:11	Josie Anderson	Falkirk Victoria Harriers
19	11:15	Juno Neal	Edinburgh Athletic Club
20	11:16	Sophie Imlach	Aberdeen Amateur Athletic Club
21	11:17	Aysa Kealy	Harmeny Athletic Club
22	11:18	Amber Cunningham	Harmeny Athletic Club
22	11:18	Emma Thomson	Lasswade Athletics Club
24	11:26	Rosie Heeps	Lothian Running Club
25	11:29	Ivy Loudon	Harmeny Athletic Club
26	11:31	Kacie Brown	Gala Harriers Athletic Club
27	11:32	Cassie Stewart	Banchory Stonehaven Athletics Club
28	11:34	Sofia Flecha-Garcia	Edinburgh Athletic Club
29	11:35	Rachel Barnett	Dunfermline Track and Field Club
30	11:38	Florence Bailey	Haddington Running Club
31	11:43	Sula Semple	Team East Lothian AC
32	11:55	Rebecca Hardie	Harmeny Athletic Club
33	12:00	Breagha Hastie	Dundee Hawkhill Harriers
33	12:00	Madelaine Blanchard	Strathearn Harriers
35	12:04	Ruth Donaldson	Falkirk Victoria Harriers
36	12:09	Eloise Simpson	Corstorphine AAC
37	12:12	Lily Hardingham	Harmeny Athletic Club
38	12:26	Ella Tanner	Central Athletic Club
39	12:48	Jessica Stewart	Edinburgh Athletic Club
40	13:01	Lucy Macmillan	Livingston Athletic Club
41	13:13	Kirsty Moffat	Falkirk Victoria Harriers
42	13:33	Effie Dunlop	Haddington Running Club

Young Females Fastest Legs			
Rank	Leg3	Athlete	Team Name
1	9:33	Natsai Nyabadza	Harmeny Athletic Club
2	9:35	Elsa Dean	Edinburgh Athletic Club
3	9:43	Katie Hedges	Falkirk Victoria Harriers
4	9:51	Imogen Marshall	Livingston Athletic Club
5	9:55	Abby Farquhar	Aberdeen Amateur Athletic Club
6	9:56	Emily Atkinson	Haddington Running Club
7	9:57	Erin Gray	Gala Harriers Athletic Club
8	10:05	Ava Richardson	Gala Harriers Athletic Club
9	10:06	Isabella Ogg	Falkirk Victoria Harriers
10	10:07	Freya Mowbray	Lasswade Athletics Club
11	10:13	Bethan Kitchin	Lasswade Athletics Club
12	10:21	Rachel Stevens	Team East Lothian AC
13	10:22	Leah Buchan	Harmeny Athletic Club
14	10:24	Tess Byrne	Lothian Running Club
15	10:30	Dashka Macdonald	Edinburgh Athletic Club
16	10:31	Lucie Gibson	Falkirk Victoria Harriers
17	10:32	Olivia Robbins	Team East Lothian AC
18	10:40	Anna Cruden	Edinburgh Athletic Club
19	10:41	Ruby Candlish	Dunfermline Track and Field Club
20	10:42	Poppy Lunn	Gala Harriers Athletic Club
21	10:44	Leah Brown	Central Athletic Club
22	10:45	Skye Marshall	Harmeny Athletic Club
22	10:45	Chloe Davies	Falkirk Victoria Harriers
24	10:46	Lois Thomson	Team East Lothian AC
25	10:48	Sarah Taylor	Aberdeen Amateur Athletic Club
26	10:51	Megan Mckay	Edinburgh Athletic Club
27	10:55	Isla Kennedy	Aberdeen Amateur Athletic Club
28	11:07	Niamh McKinlay	Central Athletic Club
29	11:13	Imogen Jarrett	Dundee Hawkhill Harriers
30	11:15	Eloise Scott	Lasswade Athletics Club
31	11:27	Hope Thomson	Banchory Stonehaven Athletics Club
32	11:36	Lara Brechin	Harmeny Athletic Club
33	11:40	Halszka Musialowicz	Harmeny Athletic Club
34	11:59	Sophie Mcbirnie	Harmeny Athletic Club
35	12:01	Zoe McNair	Harmeny Athletic Club
36	12:02	Lucy Shanks	Corstorphine AAC
37	12:04	Alice Craigie	Corstorphine AAC
38	12:07	Simone Imrie	Dundee Hawkhill Harriers
39	12:31	Isla Philp	Falkirk Victoria Harriers
40	13:01	Hannah Blanchard	Strathearn Harriers
41	13:14	Aifric Fisher	Haddington Running Club
42	13:35	Jemma Murray	Harmeny Athletic Club

Young Males Fastest Laps			
Rank	Leg1	Athlete	Team Name
1	9:13	Harry Cook	Aberdeen Amateur Athletic Club
2	9:15	Conor McNab	Edinburgh Athletic Club
3	9:18	James Shinnie	Aberdeen Amateur Athletic Club
4	9:22	Rory Beattie	Harmeny Athletic Club
5	9:25	Struan Mckay	Aberdeen Amateur Athletic Club
6	9:33	Josh Cooper	Team East Lothian AC
7	9:41	Thomas Mitchell	Falkirk Victoria Harriers
8	9:59	Ben Upfold	Falkirk Victoria Harriers
9	10:00	Francis Ovani-Finnegan	Lasswade Athletics Club
10	10:04	Harry Howl	Harmeny Athletic Club
11	10:07	Archie MacPhie	Livingston Athletic Club
12	10:09	Alasdair Forrest	Harmeny Athletic Club
13	10:10	Fred Currie	Harmeny Athletic Club
14	10:13	Archie Brown	Haddington Running Club
15	10:20	Mylo Hibberd	Corstorphine AAC
15	10:20	Blair Aitken	Haddington Running Club
17	10:32	Bryn Mcaree	Gala Harriers Athletic Club
17	10:32	Severin Bhosale	Falkirk Victoria Harriers
19	10:33	Thomas Arnott	Central Athletic Club
20	10:37	Yuen Shan Lam	Harmeny Athletic Club
21	10:47	Cillian Sweeney	Dundee Hawkhill Harriers
21	10:47	Hamish Gillies	Falkirk Victoria Harriers
23	10:49	Brodie Simon	Pitreavie AAC
24	10:51	Rory Logg	Edinburgh Athletic Club
24	10:51	Cameron Tunmore	Gala Harriers Athletic Club
26	10:58	Murray Kirkhope	Edinburgh Athletic Club
27	11:01	Mason Vass	Haddington Running Club
28	11:07	Harry Chalmers	Aberdeen Amateur Athletic Club
29	11:09	Elliott Grant	Corstorphine AAC
30	11:11	Brodie Hearnden	Pitreavie AAC
31	11:15	Alex Imlach	Aberdeen Amateur Athletic Club
32	11:25	McLaren Welsh	Teviotdale Harriers
33	11:35	Isaac Wells	Edinburgh Athletic Club
34	11:40	Harry McBain	Dundee Hawkhill Harriers
35	12:04	Jack Campbell	Central Athletic Club
36	12:11	Alex Nyabola	Edinburgh Athletic Club
37	12:27	Fraser Houston	Lasswade Athletics Club
38	12:44	Hok Man Leo Chan	Central Athletic Club

Young Males Fastest Laps			
Rank	Leg1	Athlete	Team Name
1	8:02	Ray Taylor	Falkirk Victoria Harriers
2	8:21	Fergus Ross	Harmeny Athletic Club
3	8:48	Daniel McIntyre	Harmeny Athletic Club
4	8:52	Joe Smith	Team East Lothian AC
5	8:55	Harrison Macmillan	Central Athletic Club
6	8:56	Luke Sedman	Falkirk Victoria Harriers
7	8:57	Archie Dalgliesh	Gala Harriers Athletic Club
8	8:59	Rory Macmillan	Central Athletic Club
9	9:20	Reuben Lees	Edinburgh Athletic Club
10	9:25	Aaden Robertson	Lasswade Athletics Club
11	9:26	Alex Henthorn	Aberdeen Amateur Athletic Club
12	9:33	Tymek Chmielowski	Corstorphine AAC
13	9:40	Finlay Sharp	Livingston Athletic Club
14	9:41	Ben Paterson	Harmeny Athletic Club
15	9:47	James Horne	Aberdeen Amateur Athletic Club
16	9:51	Struan Milne	Lasswade Athletics Club
17	9:52	Henry Hoffmann	Edinburgh Athletic Club
17	9:52	Gregor Adamson	Gala Harriers Athletic Club
19	10:05	Ollie Howl	Harmeny Athletic Club
20	10:07	Andrew Leighton	Edinburgh Athletic Club
21	10:09	Alexander Christie	Dundee Hawkhill Harriers
22	10:17	Michael Massey	Pitreavie AAC
23	10:18	Craig Watson	Teviotdale Harriers
24	10:23	Callum Vargesson	Aberdeen Amateur Athletic Club
25	10:36	Sam Brooks	Aberdeen Amateur Athletic Club
26	10:44	Freddy Fendick	Haddington Running Club
27	11:06	Darragh Stretton	Dundee Hawkhill Harriers
28	11:07	Cameron Tanner	Central Athletic Club
28	11:07	Blair Rosbottom	Corstorphine AAC
30	11:17	Adam Head	Harmeny Athletic Club
31	11:20	Reuben Mcallister	Aberdeen Amateur Athletic Club
32	11:28	Daniel Forbes	Pitreavie AAC
33	11:40	Daniel Alexander	Falkirk Victoria Harriers
34	11:50	Max Wishart	Haddington Running Club
35	12:51	Jonah Pegg	Haddington Running Club
36	22:44	Cahal MacAtarsney	Falkirk Victoria Harriers

Young Males Fastest Laps			
Rank	Leg1	Athlete	Team Name
1	8:05	Andrew Mcwilliam	Lasswade Athletics Club
2	8:07	Rhys Crawford	Aberdeen Amateur Athletic Club
3	8:08	Luke Culliton	Falkirk Victoria Harriers
4	8:15	Patrick Barnes	Edinburgh Athletic Club
5	8:17	Fraser Lupton	Team East Lothian AC
6	8:23	James Wotherspoon	Harmeny Athletic Club
6	8:23	Kieran Hardie	Harmeny Athletic Club
8	8:24	Alex Dunlop	Central Athletic Club
9	8:29	Matthew Holden	Harmeny Athletic Club
10	8:36	Dan Mcguire	Harmeny Athletic Club
11	8:39	Kyle Gibson	Aberdeen Amateur Athletic Club
11	8:39	Zico Field	Gala Harriers Athletic Club
13	8:45	Thomas Reynolds	Aberdeen Amateur Athletic Club
14	8:46	Rowan Taylor	Lasswade Athletics Club
15	8:50	Irvine Welsh	Gala Harriers Athletic Club
16	8:53	Dylan Daunt	Edinburgh Athletic Club
17	8:58	Dair Alexander	Harmeny Athletic Club
18	9:00	Harris Callander	Aberdeen Amateur Athletic Club
19	9:10	Kaydan Day	Livingston Athletic Club
20	9:13	Edward Roberts	Edinburgh Athletic Club
21	9:20	Frazer Lees	Pitreavie AAC
22	9:25	Alastair MacFadyen	Dundee Hawkhill Harriers
23	9:26	George Vickers	Corstorphine AAC
24	9:32	Finlay Robinson	Aberdeen Amateur Athletic Club
25	9:51	Murdo Hastie	Dundee Hawkhill Harriers
26	9:55	Scott Hill	Central Athletic Club
27	10:15	Hamish Hamilton-Meikle	Haddington Running Club
27	10:15	Conall Paterson	Central Athletic Club
29	10:17	Lewis Andrews	Corstorphine AAC
30	10:26	Liam Flaherty	Falkirk Victoria Harriers
31	10:29	Greg Watson	Teviotdale Harriers
32	12:13	Jake Slimon	Haddington Running Club
33	12:17	Jack Mcinnes	Pitreavie AAC

Senior and Masters Women				
Pos	Time	Athlete	Team Name	Leg
1	14:17	Kirsty Walker	Edinburgh Athletic Club	1
2	14:25	Emily Anna Shaw	Edinburgh University Hare & Hounds	1
3	14:33	Lauren Dickson	Lasswade Athletics Club	1
4	14:44	Hannah Anderson	Edinburgh University Hare & Hounds	3
5	14:51	Isla Hedley	Edinburgh University Hare & Hounds	1
6	14:54	Josie wren Golder	Corstorphine AAC	1
7	14:55	Jennifer Wetton	Central Athletic Club	1
8	14:56	Niamh Carr	Edinburgh University Hare & Hounds	3
9	14:58	Isla Paterson	Gala Harriers Athletic Club	1
10	15:02	Charlotte Clare	Edinburgh University Hare & Hounds	2
11	15:07	Sara Green	Gala Harriers Athletic Club V40	3
12	15:13	Merce Sanchez Oller	Edinburgh Athletic Club	3
13	15:15	Olivia Vareille	Falkirk Victoria Harriers	1
14	15:16	Kirsty Macaulay	Corstorphine AAC	1
15	15:30	Hannah Cameron	Aberdeen Amateur Athletic Club	3
16	15:31	Caitlin Purcell	Edinburgh University Hare & Hounds	2
17	15:36	Emma Jenkins	Aberdeen Amateur Athletic Club	2
18	15:40	Kirsty Purcell	Edinburgh University Hare & Hounds	3
19	15:43	Katy Barden	Gala Harriers Athletic Club V40	1
20	15:44	Lauren Stoddart	Edinburgh Athletic Club	1
21	15:46	Grace Tindall	Edinburgh University Hare & Hounds	1
21	15:46	Aimee Callow	Edinburgh University Hare & Hounds	2
23	15:49	Kara Mckenzie-Tait	Corstorphine AAC	2
24	15:50	Carolyn Cameron	Aberdeen Amateur Athletic Club	1
25	15:51	Zoe Carruthers	Corstorphine AAC	3
26	15:54	Isla Scott-Pearce	Edinburgh Athletic Club	3
27	15:56	Margot Julia Wyrwoll	Edinburgh Athletic Club	2
28	15:57	Fiona Davies	Edinburgh Athletic Club	2
29	15:58	Emma Johnson	Edinburgh University Hare & Hounds	1
30	16:05	Olivia Meikle	Lasswade Athletics Club	2
31	16:06	Heather Scott	Central Athletic Club	3
32	16:12	Hazel Maccormick	Edinburgh Athletic Club V40	3
33	16:13	Amelie Marshall	Edinburgh University Hare & Hounds	1
34	16:14	Tuscany Wright	Central Athletic Club	1
35	16:19	Jessica Ensoll	Edinburgh University Hare & Hounds	1
35	16:19	Catriona Kane	Edinburgh University Hare & Hounds	2
37	16:26	Joanna Brown	Hunters Bog Trotters V40	3
38	16:29	Charlotte Narducci	Aberdeen Amateur Athletic Club	2
39	16:31	Lyndsay Morrison Noon	Central Athletic Club	1
40	16:33	Fiona Matheson	Falkirk Victoria Harriers V40	1
41	16:36	Niamh Brown	Falkirk Victoria Harriers	2
41	16:36	Maya Millar	Edinburgh University Hare & Hounds	3
43	16:38	Jessica Tovey	Corstorphine AAC	2
44	16:43	Hannah Mutch	Aberdeen Amateur Athletic Club	1
45	16:54	Jessica Heeps	Lothian Running Club	1
45	16:54	Kimberley Timmins	Central Athletic Club	2
47	16:59	Katie Hall	Central Athletic Club	2
48	17:00	Kyra Gibb	Central Athletic Club	1
49	17:04	Elsie Hollywood	Edinburgh University Hare & Hounds	2
49	17:04	Nancy Britten	Edinburgh University Hare & Hounds	3

Senior and Masters Women				
Pos	Time	Athlete	Team Name	Leg
51	17:09	Megan Mowbray	Hunters Bog Trotters V40	1
52	17:11	Ines De Carvalho Goncalves	Edinburgh University Hare & Hounds	3
53	17:13	Pamela Baillie	Gala Harriers Athletic Club V40	2
54	17:14	Harriett Townhill	Edinburgh University Hare & Hounds	2
54	17:14	Katie Higgins	Stirling University Athletics Club	3
56	17:25	Eve Young	Edinburgh University Hare & Hounds	2
56	17:25	Ellen Patton	Central Athletic Club	2
56	17:25	Allegra Soutar	Edinburgh University Hare & Hounds	3
59	17:26	Amanda Woodrow	Edinburgh Athletic Club	3
60	17:27	Abby Thomson	Edinburgh University Hare & Hounds	1
61	17:31	Amelie Dryer	Edinburgh University Hare & Hounds	1
62	17:37	Eilidh Mccallum	Falkirk Victoria Harriers	1
62	17:37	Rebecca Hay	Central Athletic Club	3
62	17:37	Paige Brown	Perth Road Runners	3
65	17:39	Claire Gordon	Hunters Bog Trotters V40	2
66	17:41	Amy Crawford	Corstorphine AAC	3
67	17:44	Danielle Callaghan	Falkirk Victoria Harriers	2
68	17:50	Christine Mulholland	Linlithgow Athletic Club V40	1
69	17:52	Louise Torr	Central Athletic Club	2
69	17:52	Alison Mcneilly	Dundee Road Runners AC V40	3
71	17:56	Cara Baldwin	Edinburgh University Hare & Hounds	1
71	17:56	Rachel Laurie	Central Athletic Club	3
73	17:58	Laurie Douglas	Central Athletic Club	1
74	17:59	Kirsty McBirnie	Harmeny Athletic Club V40	1
75	18:08	Ellyn Smith	Edinburgh University Hare & Hounds	2
76	18:11	Fiona Callaghan	Dundee Road Runners AC	1
77	18:17	Gillian Sangster	Dundee Road Runners AC V40	2
77	18:17	Zoe Macdonald	Stirling University Athletics Club	2
79	18:19	Rachel Callaghan	Dundee Road Runners AC	2
80	18:22	Sarah Wakely	Edinburgh Athletic Club	2
81	18:35	Louise Menzies	Dundee Road Runners AC V40	1
82	18:38	Catherine Dickson	Lasswade Athletics Club	3
83	18:40	Lizzie Mason	Edinburgh Athletic Club	1
84	18:43	Karen Robertson	Harmeny Athletic Club V40	2
84	18:43	Fabienne Antonella Thompson	Perth Road Runners V40	3
86	18:51	Isobel Burnett	Carnegie Harriers V40	1
87	18:53	Charlotte Briggs	Carnegie Harriers	3
88	18:57	Gillian Lunn	Gala Harriers Athletic Club	2
89	19:02	Jayne Emery	Central Athletic Club	2
89	19:02	Joy Gudgin	Carnegie Harriers V40	2
91	19:08	Lisa Dalglish	Gala Harriers Athletic Club V40	1
91	19:08	Emma Henderson	Carnegie Harriers	2
93	19:11	Kay Lewis	Falkirk Victoria Harriers	3
94	19:12	Helena Gribben	Falkirk Victoria Harriers V40	3
95	19:13	Saskia Chaplin	Edinburgh University Hare & Hounds	3
96	19:14	Millie O'Neill	Central Athletic Club	3
97	19:17	Claire Qualls	Stirling University Athletics Club	1
97	19:17	Victoria Brown	Aberdeen Amateur Athletic Club	3
99	19:19	Hannah Waugh	Edinburgh Athletic Club V40	1
100	19:23	Elaine Davies	Edinburgh Athletic Club V40	2

Senior and Masters Women				
Pos	Time	Athlete	Team Name	Leg
101	19:31	Yvonne Crilly	Lothian Running Club	2
102	19:36	Isobel Joiner	Edinburgh Athletic Club	1
102	19:36	Karyn Stewart	Pitreavie AAC	3
104	19:40	Kathryn Fairfield	Carnegie Harriers V40	3
105	19:43	Tracy Philp	Portobello Running Club	3
106	19:55	Gillian Mcguire	Perth Road Runners V40	1
106	19:55	Nicola Mcguire	Harmeny Athletic Club V40	3
108	19:58	Lyndsay Holden	Harmeny Athletic Club V40	1
109	20:01	Diane Stewart	Pitreavie AAC	2
110	20:02	Clair Howison	Linlithgow Athletic Club V40	2
111	20:03	Shona MacDonald	Portobello Running Club	1
112	20:05	Isabell Mehl	Lothian Running Club	2
113	20:06	Anne Duncan	Edinburgh Athletic Club V40	2
114	20:13	Gina Allen	Gala Harriers Athletic Club V40	3
115	20:21	Monica Anderson	Falkirk Victoria Harriers	3
116	20:32	Sarah McAdam	Portobello Running Club	2
117	20:37	Lucy Crookston	Pitreavie AAC	1
117	20:37	Sharyn Ramage	Edinburgh Athletic Club V40	1
119	20:47	Sonia Johnston	Lothian Running Club	1
120	21:04	Abigail Strath	Lothian Running Club	3
121	21:11	Kirsty Gray	Lothian Running Club V40	2
122	21:14	Tessa Ward	Perth Road Runners V40	2
123	21:26	Judith Thomson	Lothian Running Club V40	1
124	21:36	Fiona Manson	Perth Road Runners V40	1
125	21:42	Agnieszka Mroczkowska	Perth Road Runners	1
126	21:43	Rachel Watson	Aberdeen Amateur Athletic Club	2
127	21:47	Lyndsay Lorraine	Lothian Running Club V40	3
128	21:50	Sam Newington	Perth Road Runners	2
129	21:56	Cliona Diamond	Central Athletic Club	3
130	22:09	Emma Purdie	Lothian Running Club V40	1
131	22:18	Karen McAllister	Falkirk Victoria Harriers V40	2
132	22:19	Becky Cheyne	Aberdeen Amateur Athletic Club	1
133	22:24	Charlotte Hendry	Gala Harriers Athletic Club V40	2
134	22:36	Susan Ross	Harmeny Athletic Club V40	2
135	22:44	Shelby Lynch	Carnegie Harriers	1
136	22:55	Shona Adam	Edinburgh Athletic Club V40	3
137	23:00	Christine Myerscough	Kinross Road Runners V40	1
138	23:08	Angie Parkin	Carnegie Harriers V40	3
139	23:19	Dawn Watson	Lothian Running Club V40	3
140	23:41	Kath McCrorie	Carnegie Harriers V40	1
141	23:46	Gail Beveridge	Carnegie Harriers V40	2
142	24:06	Susan Graham	Lothian Running Club	3
143	25:32	Joanne Turnbull	Lothian Running Club V40	2
144	25:58	Denise Tracey	Linlithgow Athletic Club V40	3
145	26:10	Susan Bothwell	Perth Road Runners V40	3
146	26:32	Maria Dale	Perth Road Runners V40	2

Senior and Masters Men				
Rank	Leg1	Athlete	Team Name	Leg
1	12:24	Corey Campbell	Team East Lothian AC	1
1	12:24	Alastair Marshall	Stirling University Athletics Club	3
3	12:25	Cameron Milne	Central Athletic Club	4
4	12:26	Max Abernethy	Aberdeen Amateur Athletic Club	2
5	12:27	Matt Knowles	Edinburgh University Hare & Hounds	1
6	12:30	Ben MacMillan	Stirling University Athletics Club	4
6	12:30	Michael Ferguson	Aberdeen Amateur Athletic Club	4
8	12:31	Tom Martyn	Corstorphine AAC	2
9	12:32	Ryan Martin	Stirling University Athletics Club	1
10	12:37	Lucas Cairns	Edinburgh University Hare & Hounds	2
11	12:41	Calum Phillip	Central Athletic Club	2
12	12:45	Angus Wright	Edinburgh University Hare & Hounds	2
13	12:46	Noah Howlett	Edinburgh Athletic Club	1
14	12:54	Andrew Thomson	Edinburgh University Hare & Hounds	4
15	12:55	Luca Messenger-Jones	Edinburgh University Hare & Hounds	1
16	12:57	Angus Smith	Corstorphine AAC	1
17	12:59	Harris Pagett	Strathearn Harriers	1
18	13:02	Adam Brown	Aberdeen Amateur Athletic Club	1
18	13:02	Conor Gourley	Edinburgh University Hare & Hounds	3
20	13:05	David Wright	Lothian Running Club	1
21	13:08	Mark Carberry	Stirling University Athletics Club	2
22	13:09	David Bunn	Edinburgh University Hare & Hounds	4
23	13:10	Lewis Rodgers	Fife AC	2
23	13:10	Joel Lange	Central Athletic Club	4
25	13:11	Blayne Wright	Edinburgh University Hare & Hounds	1
26	13:12	Ethan Lorimer	Harmeny Athletic Club	4
27	13:14	Struan Bennet	Central Athletic Club	2
27	13:14	Finlay Ross	Harmeny Athletic Club	2
29	13:15	Dale Colley	Central Athletic Club	1
30	13:16	Fearghas Thomson	Aberdeen Amateur Athletic Club	3
30	13:16	Jim Tole	Metro Aberdeen Running Club V40	4
32	13:17	Jamie Stevenson	Central Athletic Club	1
33	13:18	Iain Whitaker	Edinburgh Athletic Club	4
33	13:18	Moray Pryde	Lothian Running Club	4
35	13:20	Robbie Welsh	Gala Harriers Athletic Club	1
36	13:22	Alasdair Wallace	Harmeny Athletic Club	1
37	13:24	Donald Macaulay	Corstorphine AAC	3
38	13:25	Aaron Hoyle	Corstorphine AAC	1
38	13:25	Euan Martin	Falkirk Victoria Harriers	3
40	13:26	Mark MacDermot	Edinburgh Athletic Club	2
41	13:29	Will Mackay	Metro Aberdeen Running Club	1
41	13:29	Gregor Malcolm	Ochil Hill Runners	1
43	13:30	Marcus D'Agrosa	Gala Harriers Athletic Club	2
43	13:30	Caleb Mcguire	Aberdeen Amateur Athletic Club	3
45	13:32	Gavin McCaffrey	Stirling University Athletics Club	1
45	13:32	Robert Sparks	Edinburgh University Hare & Hounds	3
47	13:33	Luca Fanottoli	Central Athletic Club	3
48	13:34	Eoghan Macnamara	Aberdeen Amateur Athletic Club	2
48	13:34	Calum Mckenzie	Corstorphine AAC	4
50	13:35	Caleb Brock	Aberdeen Amateur Athletic Club	4

Senior and Masters Men				
Rank	Leg1	Athlete	Team Name	Leg
51	13:38	Steven Murray	Aberdeen Amateur Athletic Club	2
51	13:38	Calum Little	Falkirk Victoria Harriers	2
53	13:44	James Waldie	Perth Road Runners	1
54	13:45	Stuart Livingstone	Corstorphine AAC	3
55	13:46	Matthew Drummond	Dundee Hawkhill Harriers	1
55	13:46	Donald Gavine	Dundee Hawkhill Harriers	2
57	13:47	Sebastian Segger-Steveley	Edinburgh University Hare & Hounds	2
57	13:47	Chris Bain	Edinburgh University Hare & Hounds	4
59	13:48	Rory Muir	Aberdeen Amateur Athletic Club	1
59	13:48	Dylan Crawford	Stirling University Athletics Club	2
61	13:49	Fraser Gordon	Stirling University Athletics Club	1
62	13:53	Max Stevens	Stirling University Athletics Club	2
63	13:54	Gregor Hunter	Falkirk Victoria Harriers	1
64	13:56	Ben Kinninmonth	Fife AC	1
65	13:57	Cameron Macmillan	Central Athletic Club	3
66	13:58	Alex Luetchford	Hunters Bog Trotters	1
67	14:00	Michael Mcconnell	Perth Road Runners	2
68	14:02	Callum Hunter	Corstorphine AAC	1
68	14:02	Scott Brember	Central Athletic Club V40	4
70	14:05	Iain Hutchinson	Corstorphine AAC V40	1
70	14:05	Cameron Anderson	Edinburgh University Hare & Hounds	1
72	14:07	Philip Holden	Harmeny Athletic Club V40	1
73	14:08	Michael Combe	PH Racing Club V40	3
74	14:11	Neil Sillence	Edinburgh University Hare & Hounds	3
74	14:11	Matthew Dailey	Metro Aberdeen Running Club	3
76	14:13	Huw Riley	Edinburgh University Hare & Hounds	1
77	14:15	Lewis Mccomb	Central Athletic Club	2
78	14:16	Neil Jack	Edinburgh Athletic Club	3
79	14:19	Andrew Irvine	Central Athletic Club	1
80	14:22	Seamus Flannery	Edinburgh University Hare & Hounds	4
81	14:24	Fraser Smith	Corstorphine AAC	2
82	14:25	Scott Melville	Metro Aberdeen Running Club	4
83	14:26	Ben Nelson	Aberdeen Amateur Athletic Club	1
83	14:26	Cameron Rankine	Stirling University Athletics Club	3
85	14:27	Ewan Egan	Edinburgh Athletic Club	2
86	14:28	Kenny Garden	Metro Aberdeen Running Club	2
86	14:28	Fraser Morris	Stirling University Athletics Club	3
88	14:29	James Wiggins	Corstorphine AAC	4
89	14:31	Mark Ryan	PH Racing Club V40	1
90	14:32	Alastair Scott	Stirling University Athletics Club	4
90	14:32	Paul Kieran	PH Racing Club V40	4
90	14:32	Ross Doran	Edinburgh Athletic Club	4
93	14:33	Peter Bird	Corstorphine AAC	3
94	14:36	Joshua Dack	Lothian Running Club	3
95	14:38	Alec Davidson	Falkirk Victoria Harriers	4
96	14:40	Martin Gore	Lasswade Athletics Club V40	1
96	14:40	Stuart Ferguson	Banchory Stonehaven Athletics Club	1
98	14:42	Gary McKenna	Falkirk Victoria Harriers V40	1
98	14:42	David Hall	Corstorphine AAC V40	2
100	14:45	Jonathan Turnbull	Strathearn Harriers	4

Senior and Masters Men				
Rank	Leg1	Athlete	Team Name	Leg
101	14:47	Alastair Brockie	Corstorphine AAC V40	4
102	14:48	Aaron Bennet	PH Racing Club	2
103	14:49	Sean McLaughlin	Corstorphine AAC	2
103	14:49	Philip Waring	PH Racing Club	3
105	14:50	Archie Irwin	Harmeny Athletic Club	3
105	14:50	Andrew John Ferguson	Aberdeen Amateur Athletic Club	3
105	14:50	John Redding	Linlithgow Athletic Club V40	4
108	14:51	Duncan Lamont	Hunters Bog Trotters V40	3
109	14:53	Ben Grant	Falkirk Victoria Harriers	2
109	14:53	Will Hensman	Central Athletic Club V40	3
111	14:56	Tom Ferrington	Corstorphine AAC V40	3
112	14:57	Tim Hely	Edinburgh Athletic Club V40	2
113	14:59	Joseph O'Keefe	Edinburgh University Hare & Hounds	2
114	15:01	Ryan Kirkland	Lothian Running Club	2
114	15:01	Jesse Cumings	Edinburgh Athletic Club	3
114	15:01	Kenneth McWilliam	Lasswade Athletics Club V40	3
117	15:03	Gordon Barrie	Dundee Hawkhill Harriers	3
118	15:04	Shane Donnellan	Edinburgh Athletic Club	1
119	15:06	Christopher O'Brien	Corstorphine AAC V40	1
120	15:07	Graeme Kafka	Hunters Bog Trotters V40	4
121	15:08	Dino Roussias	Metro Aberdeen Running Club V40	1
121	15:08	Rankin Lascelles	Metro Aberdeen Running Club V40	3
123	15:10	Robert Sellar	PH Racing Club V40	2
123	15:10	Craig Bell	Edinburgh Athletic Club	2
123	15:10	Ken Speirs	Corstorphine AAC V40	3
126	15:12	Ralph McInally	Strathearn Harriers	2
127	15:16	Sam Lloyd	Hunters Bog Trotters	4
128	15:17	Ray Ward	Hunters Bog Trotters V40	2
128	15:17	Iain Stewart	Gala Harriers Athletic Club V40	3
130	15:20	Thomas Blackbird	Edinburgh University Hare & Hounds	3
130	15:20	Kevin Riddell	Perth Road Runners	4
132	15:21	Graeme Murdoch	Gala Harriers Athletic Club V40	1
132	15:21	Iain Macleod	Corstorphine AAC V40	4
134	15:22	Ross Milne	Corstorphine AAC V40	2
134	15:22	Andrew Casey	Aberdeen Amateur Athletic Club	4
136	15:23	Gordon Pryde	Edinburgh Athletic Club V40	2
137	15:24	James Hall	Fife AC V40	1
138	15:26	Dunbar Leg1	Dunbar Running Club V40	1
139	15:29	Rhys Williams	Stirling University Athletics Club	4
140	15:30	Huw Jones	Hunters Bog Trotters	3
141	15:35	Terry Roberts	Edinburgh Athletic Club V40	1
142	15:36	Andrew McKechnie	Falkirk Victoria Harriers	3
142	15:36	Stuart Meiklejohn	PH Racing Club	4
144	15:37	Blair Geddes	Carnegie Harriers	1
144	15:37	Adam Hart	Dundee Road Runners AC	4
146	15:39	Chris Lewis	Falkirk Victoria Harriers V40	3
147	15:40	Tim Darlow	Gala Harriers Athletic Club V40	4
148	15:41	Moray Anderson	Corstorphine AAC V40	4
149	15:45	Stuart Mounce	Hunters Bog Trotters	1
149	15:45	Keith Ovenstone	Corstorphine AAC V40	2

Senior and Masters Men				
Rank	Leg1	Athlete	Team Name	Leg
151	15:46	Jamie Mcgowan	Gala Harriers Athletic Club V40	2
151	15:46	Peter Thomson	Edinburgh Athletic Club	3
153	15:48	Kieran Gaffney	Musselburgh and District AC V40	1
154	15:50	David Wright	Hunters Bog Trotters V40	1
154	15:50	Peter Graham	Edinburgh Athletic Club	1
154	15:50	Grant Massie	Hunters Bog Trotters	2
154	15:50	Michael Ross	Falkirk Victoria Harriers V40	2
154	15:50	David Limmer	Portobello Running Club	2
159	15:56	Jacob Rankin	Edinburgh University Hare & Hounds	4
160	15:58	Andrew Jannetta	PH Racing Club	1
161	16:00	Scott Ballantine	Falkirk Victoria Harriers	1
161	16:00	Mike Macdonald	Fife AC V40	2
163	16:03	Michael McQuaid	Falkirk Victoria Harriers V40	4
164	16:05	David Knight	Perth Road Runners	3
165	16:09	Bartosz Burza	Kinross Road Runners	1
165	16:09	Christopher Fife	Corstorphine AAC	1
167	16:16	Andrej Kujikis	Edinburgh Athletic Club	4
168	16:17	Wil Jones	Edinburgh University Hare & Hounds	2
169	16:18	John Cassells	PH Racing Club V40	2
170	16:19	George SM Hanson	Musselburgh and District AC	1
171	16:23	Innes Chalmers	Linlithgow Athletic Club V40	3
172	16:25	Mark Webster	PH Racing Club V40	2
173	16:27	Scott Dickson	Lasswade Athletics Club V40	2
173	16:27	Steven Burchill	Harmeny Athletic Club V40	4
175	16:28	Andy Nichol	Corstorphine AAC V40	1
175	16:28	Nick Shukov	Edinburgh University Hare & Hounds	3
177	16:33	Alan Mcgowan	PH Racing Club V40	1
178	16:34	Scott Love	PH Racing Club V40	4
179	16:36	David Aitken	Dundee Road Runners AC	1
180	16:38	Joe Melton	Harmeny Athletic Club V40	2
181	16:39	James Mayers	Musselburgh and District AC V40	2
182	16:42	Iain Howatt	Pitreavie AAC V40	1
183	16:43	Paul Silfer	Musselburgh and District AC V40	4
184	16:46	Simon Adamson	Gala Harriers Athletic Club	4
185	16:57	Tony Disley	Central Athletic Club V40	4
186	16:58	Steven King	Carnegie Harriers	4
186	16:58	Alex Garvie	Portobello Running Club V40	4
188	17:01	Dunbar Leg2	Dunbar Running Club V40	2
189	17:03	Dominic Hughes	Dundee Road Runners AC	3
189	17:03	Wright Beveridge	PH Racing Club V40	3
191	17:04	Graham Mcinnes	PH Racing Club V40	3
192	17:05	Charles Graham-Marr	Central Athletic Club V40	1
193	17:06	Linn Denholm	Edinburgh Athletic Club V40	3
194	17:07	Ian Maxwell	Gala Harriers Athletic Club	3
195	17:09	Lee Holland	Carnegie Harriers V40	1
195	17:09	Andy Harley	Fife AC V40	3
197	17:10	Andy Turnbull	Ochil Hill Runners	2
197	17:10	Dunbar Leg3	Dunbar Running Club V40	3
199	17:11	Lewis Orr	Edinburgh Athletic Club V40	4
200	17:12	David Worrall	Portobello Running Club V40	3

Senior and Masters Men				
Rank	Leg1	Athlete	Team Name	Leg
201	17:13	Gavin Phillip	Edinburgh Athletic Club V40	2
201	17:13	Desmond Fitzgerald	Pitreavie AAC V40	4
203	17:14	Neil McLachlan	Pitreavie AAC V40	1
204	17:15	Jens Subke	Central Athletic Club V40	2
204	17:15	David McLaren	Pitreavie AAC V40	3
206	17:16	Kevin Kealy	Harmeny Athletic Club V40	1
207	17:17	Coll Williamson	Hunters Bog Trotters	4
208	17:19	Richard Holland	Metro Aberdeen Running Club V40	2
208	17:19	Graeme Nicholson	Musselburgh and District AC V40	3
208	17:19	Dunbar Leg4	Dunbar Running Club V40	4
211	17:20	Struan Hastie	Dundee Hawkhill Harriers	4
212	17:27	Simon Harrison	Hunters Bog Trotters	2
212	17:27	Zhivko Zhelyazkov	Kinross Road Runners	4
214	17:30	David Pattison	Corstorphine AAC	2
215	17:32	Nils Krichel	Carnegie Harriers	2
216	17:34	Dave Clements	Edinburgh Athletic Club V40	1
217	17:37	Gary Smith	Falkirk Victoria Harriers	4
218	17:42	Ka Hei Lam	Harmeny Athletic Club V40	3
219	17:43	Darren Dick	Linlithgow Athletic Club V40	1
220	17:45	Richard Clark	Edinburgh Athletic Club V40	2
220	17:45	Sean Brown	Fife AC V40	4
222	17:51	Andrew Latham	Edinburgh Athletic Club V40	3
222	17:51	Andrew Scott	Musselburgh and District AC	3
222	17:51	Gerry Campbell	Edinburgh Athletic Club V40	4
225	17:52	Iain Craven	Edinburgh Athletic Club V40	4
226	17:53	David Alexander	Harmeny Athletic Club V40	2
227	17:59	Andrew Ross	Harmeny Athletic Club	1
228	18:03	David Eckersley	Central Athletic Club V40	3
229	18:04	Andrew Ronald	Falkirk Victoria Harriers	3
230	18:05	Chris Creegan	Edinburgh Athletic Club V40	1
231	18:09	David Morton	PH Racing Club V40	1
232	18:13	Sandy Macdonald	Portobello Running Club V40	2
232	18:13	Kenny Fairfield	Carnegie Harriers V40	3
234	18:14	David Benwell	Central Athletic Club V40	1
234	18:14	Scott Pilkington	Corstorphine AAC	4
236	18:23	David Cross	Edinburgh Athletic Club V40	1
237	18:25	Gary Evans	Carnegie Harriers V40	2
238	18:30	Mark Keast	Musselburgh and District AC	2
239	18:31	William Jarvie	Portobello Running Club V40	1
240	18:32	Keith Dunlop	Edinburgh Athletic Club V40	3
241	18:35	David Fulton	Hunters Bog Trotters	3
241	18:35	Billy Webster	Kinross Road Runners	3
241	18:35	Jonathan Thomson	Lothian Running Club V40	4
244	18:37	Steve Rudland	Hunters Bog Trotters V40	1
245	18:41	Dougie Hunter	Lothian Running Club V40	1
246	18:44	Gordon Henderson	Carnegie Harriers	3
247	18:47	Gordon Somerville	Carnegie Harriers V40	2
247	18:47	John Hynd	Carnegie Harriers V40	4
249	18:52	Oscar Gomez Morillo	Lasswade Athletics Club V40	4
250	18:53	John Stevenson	Ochil Hill Runners	3

Senior and Masters Men				
Rank	Leg1	Athlete	Team Name	Leg
251	18:54	Daniel Rivera	Edinburgh Athletic Club V40	3
252	18:56	Harry Mulholland	Lothian Running Club V40	2
252	18:56	Malcolm Cunningham	Musselburgh and District AC	4
254	18:58	Richard Hadfield	Portobello Running Club	1
255	19:08	Brian Miller	Carnegie Harriers V40	1
256	19:10	Keith Vandermotten	Pitreavie AAC V40	2
257	19:14	Derek Esson	Falkirk Victoria Harriers V40	4
258	19:17	James Steel	Falkirk Victoria Harriers	1
259	19:18	Michael Atkinson	Kinross Road Runners	2
260	19:19	Andrew Ferguson	Banchory Stonehaven Athletics Club	2
261	19:20	Daniel Watkins	Strathearn Harriers	3
262	19:24	David Steele	Edinburgh Athletic Club V40	4
263	19:26	Jonathan Mckay	Harmeny Athletic Club V40	3
264	19:35	David Innes	Perth Road Runners V40	2
265	19:42	Martin Hawksey	Linlithgow Athletic Club V40	2
266	19:44	Keith Martin	Harmeny Athletic Club V40	4
267	19:54	Malcolm Finlayson	Falkirk Victoria Harriers V40	1
268	19:57	Simon Johnston	Falkirk Victoria Harriers V40	2
269	20:11	Fraser Ballantine	Lothian Running Club V40	3
270	20:36	Martin Rollo	Dundee Road Runners AC	2
271	20:45	Steven Blair	Corstorphine AAC V40	3
272	20:57	Martin Gower	Falkirk Victoria Harriers V40	3
273	20:59	Mike Dales	Perth Road Runners V40	1
274	21:10	Brian Howie	Edinburgh Athletic Club V40	1
275	21:19	Allan Gall	Central Athletic Club V40	2
276	21:48	Stephen Baird	Falkirk Victoria Harriers	2
277	22:48	Alan Bothwell	Perth Road Runners V40	3
278	22:54	Colin Sinclair	Central Athletic Club V40	1
279	23:01	Graham Keddie	Fife AC	3
280	23:20	Eric Stevenson	Edinburgh Athletic Club V40	2