



SUMMER FIXTURE LIST

EVENT	AGES	ENTRY	DATE	LOCATION
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 7 Apr	Inverness
Edinburgh & Lothian Trials	All	Individual	Sun 8 Apr	Tranent
Scottish National 3x800m Relay Championships	U13 - Sen	Club Select	Sat 14 Apr	Grangemouth
Scottish Universities Athletics Championships	U20 - Sen	University	Sat 14 Apr	Grangemouth
Livingston Open Meeting	All	Individual	Wed 18 Apr	Livingston
Scottish National 10,000m Championships	U20 - Sen	Individual	Fri 20 Apr	Glasgow
Forth Valley League	U11 - U15	Club Select	Sat 28 Apr	Livingston
Youth Development League - North Premier 1	U17 - U20	Team Select	Sun 29 Apr	Carlisle
Grangemouth Open Graded Meeting	All	Individual	Wed 2 May	Grangemouth
BUCS Outdoor Athletics Championships	U20 - Sen	University	Sat 5 – Mon 7 May	Bedford
Scottish (Men's) Athletics League - Div 2	U20 - Sen	Team Select	Sat 5 May	Grangemouth
Scottish Women's Athletic League	U13 - Sen	Team Select	Sun 6 May	Grangemouth
Scottish East District Championships	U13 - Sen	Individual	Sat 12/Sun 13 May	Grangemouth
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 19 May	Livingston
Livingston Open Meeting	All	Individual	Wed 23 May	Livingston
West Lothian Primary Schools T&F Championships	U13	School	Thu 24 May	Livingston
Forth Valley League	U11 - U15	Club Select	Sat 26 May	Livingston
Youth Development League - North Premier 1	U17 - U20	Team Select	Sun 27 May	Liverpool
Central & South of Scotland Athletic League - Div 1	All	Club Select	Sun 27 May	Grangemouth
Scottish Schools Relay Championships	U13 - U20	School	Fri 1 Jun	Glasgow
Scottish National U17/U20 3000m Championships	U17 - U20	Individual	Fri 1 Jun	Glasgow
Scottish Schools Pentathlon Championships	U13 - U20	School	Sat 2 Jun	Grangemouth
Grangemouth Open Graded Meeting	All	Individual	Wed 6 Jun	Grangemouth
Scottish Schools Track & Field Championships	U13 - U20	School	Fri 8/Sat 9 Jun	Grangemouth
Scottish (Men's) Athletics League - Div 2	U20 - Sen	Team Select	Sun 10 Jun	Aberdeen
West Lothian Secondary Schools T&F Championships	U13 - U20	School	Wed 13 Jun	Grangemouth
Scottish U12 SuperTEAMS	U11 - U13	Club Select	Sat 16 Jun	Perth
Livingston Open Meeting	All	Individual	Wed 20 June	Livingston
Forth Valley League	U11 - U15	Club Select	Sat 23 Jun	Grangemouth
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 23 Jun	Livingston
Scottish Women's Athletic League	U13 - Sen	Team Select	Sun 24 Jun	Glasgow
Scottish (Men's) Athletics League - Div 2	U20 - Sen	Team Select	Sun 24 Jun	Grangemouth
Youth Development League - North Premier 1	U17 - U20	Team Select	Sun 1 Jul	Carlisle

Central & South of Scotland Athletic League - Div 1	All	Club Select	Sun 1 Jul	Scotstoun
Grangemouth Open Graded Meeting	All	Individual	Wed 4 Jul	Grangemouth
Scottish National Relay Championships	U13 - Sen	Club Select	Sun 8 Jul	Grangemouth
Scottish National Masters Championships	Mas	Individual	Sat 14 Jul	Grangemouth
Scottish National Combined Events Championships	U13 - Mas	Individual	Sat 14/Sun 15 Jul	Grangemouth
Scottish National Hurdles Open Meeting	U13 - Sen	Individual	Sun 15 Jul	Grangemouth
Livingston Open Meeting	All	Individual	Wed 18 Jul	Livingston
SIAB T&F International	U17	Team Select	Sat 21 Jul	Dublin
Scottish East District 5000m Championships	U20	Individual	Fri 27 Jul	Glasgow
Forth Valley League	U11 - U15	Club Select	Sat 28 Jul	Grangemouth
Grangemouth Open Graded Meeting	All	Individual	Wed 1 Aug	Grangemouth
Celtic Games International	U15 - U20	Team Select	Sat 4 Aug	Grangemouth
Livingston Open Combined Events Open Champs	All	Individual	Sun 5 Aug	Livingston
Scottish National U17/Senior Championships	U17 - SEN	Individual	Sat 11/Sun 12 Aug	Grangemouth
Scottish National U13/U15/U20 Championships	U13 - U20	Individual	Sat 18/Sun 19 Aug	Aberdeen
Livingston Open Meeting	All	Individual	Wed 22 Aug	Livingston
Scottish Women's Athletic League	U13 - Sen	Team Select	Sun 26 Aug	Grangemouth
Scottish (Men's) Athletics League - Div 2	U20 - Sen	Team Select	Sun 26 Aug	Kilmarnock
Pitreavie Young Athletes Trophy Meeting	U11 - U17	Individual	Sun 2 Sep	Dunfermline
Grangemouth Open Graded Meeting	All	Individual	Wed 5 Sep	Grangemouth
Scottish Athletics Throws Grand Prix	U13 - Sen	Individual	Sat 8 Sep	Livingston
Central & South of Scotland Athletic League - Div 1	All	Club Select	Sun 9 Sep	Kilmarnock
Livingston Club T&F Championships	All	Individual	Sun 16 Sep	Livingston

AGE GROUPS

U11: 01/09/2007 or later

U13: 01/09/2005 – 31/08/2007

U15: 01/09/2003 – 31/08/2005

U17: 01/09/2001 – 31/08/2003

U20: 01/01/1999 – 31/08/2001

SEN: 31/12/1998 or earlier

MAS: 35+

Athletes must be at least 9 years of age on the day of competition.

ENTRY

Individual Athletes enter themselves for these competitions and select their own events, usually via the club website or another online entry form. Further details will be posted on the club website when entry is open. Some competitions (e.g. National Championships) may have minimum entry standards.

Club Select For club team matches (FVL, CSSAL, Relays etc) athletes should provide the club with their availability status via the club website. The team and events will be selected by club Team Managers.

Team Select For higher level competitions and multi-club composite teams (SWAL, SAL, YDL) availability and selection is usually done via email.

School To enter schools events, contact your school's Active Schools Coordinator.

University Athletes should contact the relevant committee member of their University Athletic Club to enter.