

**LIVINGSTON
ATHLETIC CLUB**

BATHGATE

PRIMARY ATHLETICS CLUB



OCTOBER - DECEMBER 2018



DAY	TIME	LOCATION	AGES	DATES	WEEKS	COST
MON	3.45 pm – 4.45 pm	Simpson Primary School	P4 – P7	29 October - 17 December	8 Weeks	£20

Fun athletics training for P4 to P7

What is it? Our Bathgate cluster Primary Athletics Club is a recreational club for primary aged children. The club focuses on fundamental movement skills and helps children learn vital skills which they will need as they develop. Youngsters are introduced to a range of athletic events, basic skills, balance, coordination and speed sessions; the essential ABC's of all sports.



Who is it for? Primary aged children aged (P4-P7) who enjoy athletics or would like to try athletics for the first time.

Where is it? All sessions take place indoors in the games hall at Simpson Primary School.

How do I register? You can register and pay the block fee online at www.livingstonac.com/bathgate



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