

**LIVINGSTON
ATHLETIC CLUB**

ST. KENT'S PRIMARY ATHLETICS CLUB



JANUARY – APRIL 2019



DAY	TIME	LOCATION	AGES	DATES	WEEKS	COST
FRI	1.00 pm - 2.00 pm	St. Kentigern's Academy	P4 – P7	18 January – 29 March <small>No session 15 February</small>	10 Weeks	£20

Fun athletics training for P4 to P7

What is it? Our St. Kentigern cluster Primary Athletics Club is a recreational club for primary aged children. The club focuses on fundamental movement skills and helps children learn vital skills which they will need as they develop. Youngsters are introduced to a range of athletic events, basic skills, balance, coordination and speed sessions; the essential ABC's of all sports.



Who is it for? Primary aged children aged (P4-P7) who enjoy athletics or would like to try athletics for the first time.

Where is it? All sessions take place indoors in the games hall at St. Kentigern's Academy.

How do I register? You can register and pay the block fee online at www.livingstonac.com/stkents



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