

**LIVINGSTON  
ATHLETIC CLUB**

# **WHITBURN PRIMARY ATHLETICS CLUB**



**JANUARY – APRIL 2020**



DAY	TIME	LOCATION	AGES	DATES	WEEKS	COST
<b>FRI</b>	1.30 pm – 2.30 pm	Whitburn Academy	P4 – P7	17 January – 3 April <small>No session on 14 February</small>	11 Weeks	£22

## **Fun athletics training for P4 to P7**

**What is it?** Our Whitburn cluster Primary Athletics Club is a recreational club for primary aged children. The club focuses on fundamental movement skills and helps children learn vital skills which they will need as they develop. Youngsters are introduced to a range of athletic events, basic skills, balance, coordination and speed sessions; the essential ABC's of all sports.



**Who is it for?** Primary aged children aged (P4-P7) who enjoy athletics or would like to try athletics for the first time.

**Where is it?** All sessions take place indoors in the games hall at Whitburn Academy.

**How do I register?** You can register and pay the block fee online at [www.livingstonac.com/whitburn](http://www.livingstonac.com/whitburn)



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