

# THE REEBOK PREMIER SERIES

Available at Greaves Sports, Glasgow

from late January 2003



# Edinburgh Reebok Cross Challenge

incorporating the Inter District Championships and U23 Small team International

Holyrood Park Saturday 14 December 2002



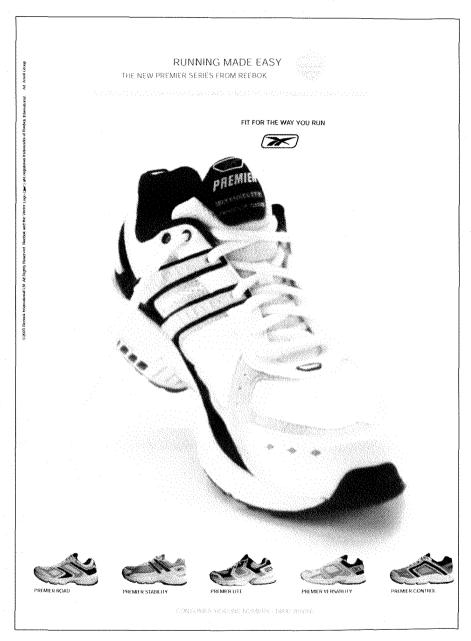
Programme C1











# Welcome from The City of Edinburgh Council

On behalf of the City of Edinburgh Council, it is my pleasure to extend a warm welcome to all the athletes, coaches and officials participating in the 2002 Reebok Cross Challenge in Holyrood Park.

As president of the Local Organising Committee preparing to host the 10<sup>th</sup> SPAR European Cross Country Championships in Edinburgh in 2003, I am delighted that for this event the athletes will be running over the same course and that many of the officials and volunteers involved in 2003 will be on duty today.

The Cross Challenge is one of Scotland's premier athletics events of the winter programme, with many of Britain's top runners participating. The City of Edinburgh Council is delighted to be working in conjunction with Reebok and **scottish**athletics to stage this prestigious event.

I would like to warmly thank Reebok and **scottish**athletics for their continued support and we look forward to some high calibre competition throughout the day.

I would like to take this opportunity of extending my best wishes for the festive season and the New Year to all the competitors, coaches and spectators taking part today and to all those who have worked so hard to make this event possible.

#### **Councillor Steve Cardownie**

Executive Member for Culture and Leisure The City of Edinburgh Council December 2002





#### Welcome from Reebok

Welcome to Edinburgh, unless that is you are a local, in which case to all of you, welcome to the Reebok Edinburgh Cross Challenge and what promises to be a great day of Cross Country racing.

This is only the second year that the event has been hosted by Edinburgh, but already it is growing in size and seems to be established in the Scottish calendar. The excellent entry from the local running community has of course been enhanced enormously by the inclusion of the Inter-District fixture, but as Meeting Four in the Reebok Cross Challenge Series, today has also attracted many runners from south of the border.

What Edinburgh offers, as Scotland's capital city is clear for all to see. Apart from the culture and vibrancy, the sporting facilities that the city boasts are excellent, and this combined with a very positive and forward-thinking attitude from the City Council and **scottish**athletics has ensured that this meeting is the perfect preparation for the Local Organising Committee members who have been working hard on the fact that this time next year, Holyrood Park will be hosting the European Cross Country Championships.

Apart from the LOC members, many of whom are amongst us today, our thanks must go in particular to Karen Weiniger and John McDonald at the **scottish**athletics office, and of course to Gavin Lightwood and his team from Edinburgh City Council. Don't forget too, during your time in Holyrood Park today, to thank the many Officials out braving the elements. As I write, who knows what the weather will be like on race day, but it is the Officials who will make sure that everything runs smoothly and on time. To them, a big Thank You from Reebok UK.

It merely remains for me to say Good Luck to all of the Competitors today. I am sure you will enjoy yourselves and have a good day with friends and family as so many have at the previous three meetings so far this winter, in Liverpool, Birmingham and Margate.

Annette Quarry Reebok UK

# Welcome from scottishathletics

I am delighted to welcome you all to this beautiful setting for today's event. It always is so pleasant to be in such a lovely venue.

There are, as usual, lots of busy people working away behind the scenes as well as on view today to ensure these races take place and run smoothly. I would like to say thank you to the sponsors Reebok and The City of Edinburgh Council for their involvement. Also thanks to the Road and Cross Country Commission, all the staff of **scottish**athletics and all the willing officials and volunteers. Last, but by no means least, a big welcome, good luck and thanks to all the competitors for their participation here today.

Joan M. Watt
President scottishathletics





# Timetable

Event	Distance	Event	Time
No			
1	3.3km	Scottish Disability Sport	11:20
2	1.3km	Primary School Boys	11:40
3	1.3km	Primary School Girls	11:50
4	2.7km	U13 Girls	12:00
5	2.7km	U13 Boys	12:15
6	3.3km	U15 Girls	12:30
7	3.3km	U15 Boys	12:45
8	6.3km	Senior/Junior Women	13:00
		incorporating the Inter Districts	
		and U23 Small team International	
9	8.4km	Senior/Junior men incorporating	13:30
		the Inter Districts and U23 Small	
		team International	
10	4.5km	U17 Girls	14:00
11	4.5km	U17 Boys	14:25



# **Prizes**

#### Senior Men & Women

(prizes to first six individuals)

1st	£400
2nd	£250
3rd	£150
4th	£100
5th	£75
6th	£50

Athletes in 4th, 5th and 6th positions in Junior races, awarded Reebok Kit.

#### Junior Men & Women

(prizes to first six individuals)

1st	£100
2nd	£75
3rd	£50
4th - 6th	Reebok Kit

**Age Group Races (U13, U15, U17)**Boys & Girls - prizes to 18 individuals

1st	Reebok Sweatshirt
2nd & 3rd	Reebok T-shirts







scottishathletics Office Bearers

Honorary President WM Campbell CBW QC MP

President Mrs Joan Watt Chairman Frank Clement

Chief Executive David Joy

**Road Running and Cross Country Commission** 

Convenor Mrs M Cook
Vice Convenor Mr R Thomas
Secretary Mr B Goodwin
Assistant Secretary Mr A Potts

Finance Officer Mr G Sword

Race Officials

Referee Mrs M Wilmoth

Clerk of the Course J Young

Course Setters R Reid, K Martin, W Simpson,

W Robertson, M Ferguson, N Taylor,

R Steel

Stewards M Hyman (Chief), I McKenzie, I Nimmo,

P Rudzinski, R Cherrie, R Loughran, W Scally, A McEwan, H Morrison

W Scally, A McEwan, H Morrison

Declarations/Officials A Jackson, G Sword, J Jackson, K

Monaghan, A McManus

Starters B Craighead, K Marshall

Marksmen F McCluskie, H Fleming, S Christer-

Porteous

Finish Co-ordinator G Healy

Judges R McSwein (Chief), D Wilmoth, G

Spence, P Green

Funnel Control K Melville (chief), L Fleming, J Devenny,

I Baird, W MacDougall, D McConnell, J

Green

Timekeepers D McLaren (Chief), S MacDougall,

D Gilmore, B Beattie, J Bruce, G Sword,

G Jones

Recorders (Places) S Hardacre (Chief), J Youden, I Mann,

M Daly, B Hislop

A Smith, N Donnachie (Vocal Tape),

J Temperton (Voice Recorder)

Recorders (Times)
Mixed Zone Co-ordinator

dinator R Morrison

Results J Wowk (Chief), P Jackson, A Jackson

Announcers B Baldaro, B Gray

Press B Goodwin, C Broadbent ations A Potts, B Young

Presentations
Jury of Appeal

R Morrison, I Clifton, M Cook

Medical Officer Reception

eception M Cook, R Thomas, J Watt, B Goodwin,

A Potts

Drugs G Spence Convenor B Goodwi Course Runners Keith Ridl

Merchandisers

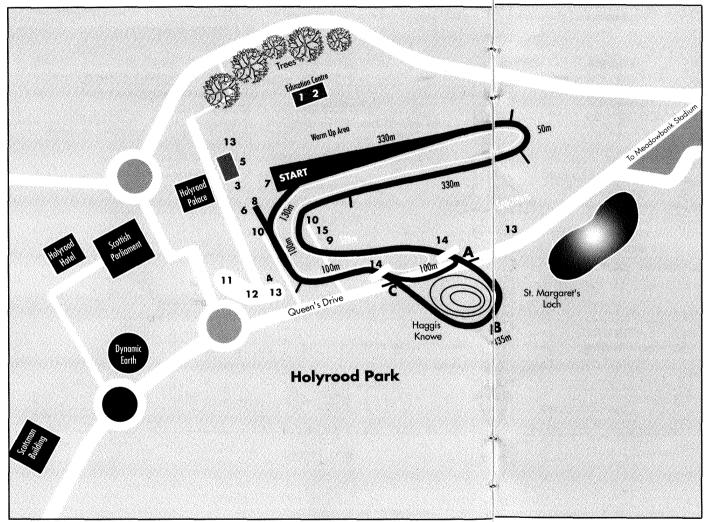
B Goodwin Keith Ridley and City of Edinburgh Team

M Reid, M Donnachie, C Douglas





# **Reebok Cross Country 2002**



- 1. VIP
- 2. Officials Report
- 3. First Aid Marquee
- 4. Public Marquee
- 5. Call Room/Athletes Storage
- 6. Awards Holding Marquee
- 7. Start Gantry
- 8. Finish Gantry
- 9. PA System
- 10. Tracking
- 11. Public Toilets
- 12. Catering Unit
- 13. Public Litter Bins
- 14. Crossing Points
- 15. Timing Service

SDS: 3.3km (1x Lap B, 1 x Lap C)
Primary School Boys: 1.3km (1 lap A)

Primary School Girls: 1.3km [1 lap A]

**U13 Girls:** 2.7km: (2 x lap A)

U13 Boys: 2.7km: {2 x lap A} U15 Girls: 3.3km: {1x lab B, 1 x lap C}

U15 Boys: 3.3km: (1x lab B, 1 x lap C)

Senior/Junior Women: 6.3km: (1 x lap A,

2 x lap B, 1 x lap C)

Senior/Junior Men: 8.4km: [4 x lap B, 1 x lap C] U17 Girls: 4.5km [1 x lap A, 1 x lap B, 1 x lap C] U17 Girls: 4.5km [1 x lap A, 1 x lap B, 1 x lap C]

# Profile Of 1.675km lap

Height in meters

#### Course

Lap A Lap B Lap C 1360m Start - A - C - Start 1695m Start A - B - C - Start 1665m A - B - C - Finish

1665m A - B -



# Cross Challenge Standings after 3 Events

(Liverpool, Birmingham, Margate)

S	en	ior	M	en

201110			
Pos	Name	Club	Total Pts
1	Allen Graffin	Belgrave Harriers	103
eq	Ben Noad	Bristol A C	103
eq	Glynn Tromans	Coventry Godiva H	103
4	Dominic Banister	Shaftesbury Barnet	101
eq	Spencer Barden	Belgrave Harriers	101
6	Matt Smith	Tipton Harriers	100
7	Julian Moorhouse	Birchfield Harriers	94
8	Christopher Thompson	Aldershot F & D AC	91
9	Ollie Laws	Newham & Essex B	90
10	Billy Farquharson	Mansfield Harriers	84
11	Michael Skinner	Blackheath Harriers	83
12	Nick Talbot	Notts AC	82

#### Junior Men

Junior Men			
Pos	Name	Club	Total Pts
1	Phil Nicholls	Tipton Harriers	52
2	Scott Overall	WSE & H	45
3	Phil McGlory	Liverpool Harriers	39
4	Chris Warburton	Notts A C	34
eq	Peter Kellie	Gloucester A C	34
6	Thomas Sharland	lpswich	27
eq	Kristian Forster	Victoria Park	27
8	Tom Humphries	Cannock & Stafford	26
eq	Paul Miles	Owls Leicester	26
eq	Matthew Lole	Coventry Godiva H	26
11	Ryan McLeod	Elswick	24
eq	Eddie McGinley	Northern Ireland A F	24

Under '	17 Men		
Pos	Name	Club	Total Pts
1	Matt Barnes-Smith	Ipswich Harriers	53
2	Michael Smart	Harrow A C	51
3	Adrian Holliday	Trafford A C	50
4	Kirk Wilson	Morpeth Harriers	49
5	Chris Hart	Burnley	48
6	Nathan Shrubb	Morpeth Harriers	44
7	Alex Felce	Gloucester	43
	Richard Newton	Preston Harriers	43
eq 9	Jonathan Davies		35
		Royal Sutton Coldfield	32
10	Paul Erwood	Vale Of Aylesbury	
11	Chris Gillespie	White Horse H	30
12	Anthony Moran	Trafford	27
llmala = 1	1E Dave		
	15 Boys	W	
1	Mark Burgess	Woodford Green with Essex	
2	Adam Hickey	Southend A C	54
3	Robert Pickering	Bridlington R R	50
4	Laurence Cox	Aldershot F & D AC	49
eq	Jason Maxfield	Rotherham Harriers	49
6	Abdi Igi	Ealing Southall & Mdx	45
7	Ben Rusius	Pendle A C	41
8	Ben Tyler	Medway & Maidstone	37
9	Ben Wilson	Aldershot F & D AC	36
10	Stephen Blake	Alder	33
eq	Alec Duffield	Loftus Ac	33
eq	Callum Fitzpatrick	Hyndburn A C	33
eq	Nicholas Moore	Kilbarchan A A C	33
Under	13 Boys		
1	Curtis Pearce	Blackburn Harriers	56
2	Nathan Bibby	Preston Harriers	51
3	Thomas Carpenter	Westbury Harriers	49
4	Mike Burke	St Helens Sutton AC	47
5	Alexander Bellinger	Medway & Maidstone A C	42
6	William Nicholson	Border Harriers	41
7	Ross Millington	Stockport Harriers	32
8	Jordan Grimsley	Trafford A C	31
9	Scott Gallant	Southampton City A C	29
10	Gregory Divall	Royal Sutton Coldfield	27
11	Steven Barber	Stockport Harriers	26
12	Thomas Lewis	Barrow & Furness	25
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# Cross Challenge Rankings after 3 events

(Liverpool, Birmingham, Margate)

# Senior Women

Pos	Name	Club	Total Pts
1	Hayle Yelling	Windsor S E & H AC	108
2	Liz Yelling	Bedford & County	104
3	Dianne Henaghan	Chester Le Street	101
4	Charlotte Dale	Invicta East Kent A C	100
eq	Louise Damen	Loughborough Students	100
6	Sharon Morris	Bedford & County	99
7	Jilly Ingman	Barnsley A C	96
8	Tara Krzywicki	Charnwood A C	93
9	Gemma Phillips	Kendal A C	89
10	Julie Potter	Charnwood AC	82
11	Suzanne Owen	City of Stoke A C	80
12	Jill Shannon	Kilbarchan A A C	79
eq	Louisa Wood	Bedford & County AC	79
Junio	r Women		
1	Freya Murray	Edinburgh Woollen Mills	56
2	Bryony Frost	Isle of Wight A C	46
eq	Ruth Proctor	City of Norwich	46
4	Sally Oldfield	Kettering Town H	42
5	Kate Goodhead	Gloucester AC	39
eq	Laura Kenney	Royal Sutton Coldfield	39
eq	Hannah Whitmore	Charnwood A C	39
8	Stacey Ward	Basildon A C	38
9	Donna Daly	Scunthorpe & District A C	37
10	Kathryn Frost	Isle of Wight A C	36
11	Julia Russell	Mansfield Harriers	35

White Horse Harriers

# Under 17 Women

•			
1	Katrina Wootton	Bedford & County AC	56
2	Dani Barnes	Newquay & Par	53
eq	Stacey Johnson	Cannock & Stafford	53
4	Hannah England	Oxford City A C	46
5	Jo Harper	Cannock & Stafford A C	43
6	Sara Ponsford	City of Salisbury AC & RC	40
7	Victoria Callaway	Royal Sutton Coldfield A C	38
8	Sian Bentley	Shaftsbury Barnet H	37
9	Rachel Gibbs	Bedford & County A C	36
10	Louise Durman	Dursley & District	35
eq	Sara Luck	Havering Mayesbrook A C	35
12	Jolene Ennis	Clydesdale Harriers	29
eq	Isabelle Stoate	North Devon A C	29
Under	15 Women		

1	Non Stanford	Swansea Harriers	55
2	Emily Pidgeon	Gloucester	54
3	Laura Dowsing	Ipswich Harriers	51
4	Emily Collinge	Mansfield Harriers & AC	50
5	Gemma Curley	Mansfield Harriers & AC	48
6	Justine Kinney	Royal Sutton Coldfield A C	47
7	Laura Bache	Tipton Harriers	44
8	Danielle Christmas	Crawley A C	42
9	Gillian Moss	West Norfolk A C	40
10	Melissa Ronan	Liverpool Harriers	35
11	Jessica Sparke	Woodford G with Essex L	33
12	Sarah Waldron	Shaftesbury Barnet H	31

# Under 13 Girls

31

1	Lynsey Sharp	Edinburgh Woollen Mill	52
2	Jill Cash	Cannock & Stafford	47
eq	Lucy McLoughlin	Stockport Harriers	47
4	Sarah Hopkinson	Gloucester	46
5	Yasmin Smith	Swindon Harriers	45
6	Debbie Samuels	Stevenage & North Herts AC	39
7	Jordan Kinney	Royal Sutton Coldfield A C	38
eq	Domanique Watts	Bedford & County A C	38
9	Laura Taylor	Giffnock North	36
10	Claire Simm	Herts Phoenix	32
11	Megan Edwards	Dartford Harriers A C	27
12	Carys Davies	Sarn Helen	26
eq	Eilidh Menzies	Kilbarchan AAC	26
eq	Rebecca Taylor	Blackheath Harriers Bromley	26

12

Frances Briscoe

# **REEBOK Cross Country -**Saturday 14 December, 2002

# SDS Race - 3.3 km 11.20 am

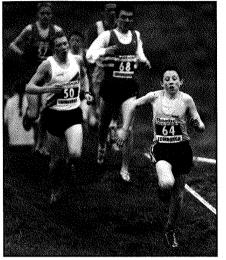
91	Sands, James	Scottish Disability Sport
92	Collins, Richard	Scottish Disability Sport
93	Sneddon, Alan	Scottish Disability Sport
94	Barclay, John	Scottish Disability Sport
95	Payton, Stephen	Scottish Disability Sport
96	Williamson, Lorna	Scottish Disability Sport

# Boys Primary School Race: 1.3 km 11.40 am

St Johns Primary:		Gylemuir Primary:	
1	Euan Patterson	22	Gavin Ruthven
2	Peter Reid	23	Jordan Dickie
3	Gianluca Pacitti	24	Stewart Christie
4	Sean Laird	25	Kristian Anderson
5	Euan Gibb	26	Steven Alexander
6	Michael Notarongello	27	Lewis Reid
7	Liam McKenzie	28	Martin Robinson
8	Tom Ryan	29	Cameron Sneddon
9	Mark Smith	30	Nicholas Kneebone
10	Connor Rae	31	Lawry Ross
11	Vincent Rooney		

	Liberto	on Pr	imary:
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	•	Cramor	nd Primary:
Liberton Primary:		32	Kit Gilchrist
12	Jason Grant	33	Dean Carrie
13	Elliot Waugh	34	James Shuck
14	Chris Bell	35	James Hymers
15	Zyiad Senussi	36	Jonathan Guild
16	Conor Adamson	37	James Robson
17	Stuart Wilson	38	Patrick Sadler
18	Kieran Gallacher	39	Christopher Toothill
19	Allan Marshall	40	Gregor Whipps
20	Callum Connaghan		3
21	Chris Ramsay		



#### Hermitage Park Primary:

41	Shaun Daniels
42	Ruaridh Davidsor
43	Ross Graham
44	Greg Lowe
45	Liam Lyall
46	Alan Macaulay
47	Shaun Millar
48	Paul Pratt

#### **Duddingston Primary:**

49	Fraser Mann
50	Ben Wilcox
51	Andrew Taylor
52	Alan Taylor
53	Mark Scoular
54	Adam McKenzie
55	Keith Jeffrey
56	Daniel Ghamgosar
57	Mark Muller
58	Rhys Jones

#### St Peters Primary:

59	Jamie Scott
60	Gavin Ellis
61	Dominis McIvor
62	Nicholas Horseley
63	Damien Cifelli
64	Robbie Low
65	Richard Pia
66	Donald Buglass
67	Ross Bunyan
68	Matthew Walker

#### Kirkliston Primary:

69	Jordan Collins
70	Peter Aitchison
71	Daniel Gemmell
72	Luca Ministeri
73	Stephen McIntyre
74	Daniel Walker

#### Mary Erskine and Stewarts Melville Junior School:

75	
76	
77	
78	
79	



# Girls Primary School Race: 1.3 km 11.50 am

St Johns Primary:		
1	Rebecca Allison	
2	Katie-Jo Jordan	
3	Emma Tweedie	
4	Rachel Evans	
5	Stephanie Sinclair	
6	Julia Kinnear	
7	Jennifer Wilson	
8	Hannah McGlaughlin	

9	Anne Krol
10	Gemma Gallacher
11	Siobhan Rodgers
12	Aja Cadle
13	Julia Lawson
14	Jade Galloway
15	Jennifer Cowie
16	Ellis Thom
17	Amanda Lowrie
18	Debbie McConnell

#### Drumbrae Primary:

19	Natasha Pollock		
20	Louise Crosbie		
21	Natalie Dunbar		
22	Nicola Jappy		

# Gylemuir Primary:

23	Rachel Osborne
24	Mairi Hunter
25	Jennifer Gordon
26	Katie Palmer
27	Claire McKenna
28	Emma Haggerty
29	Fiona Murray
30	Maria Smith
31	Vikki Δllan

#### **Cramond Primary:**

32	Carina Cairns
33	Rebecca Stewart
34	Tanya Tiainen
35	Rachael Logue
36	Ailsa Colquhoun

37	Rachel Napier
38	Madelaine Croan
39	Jennifer Cramond

# Hermitage Park Primary:

40	Natasha Baillie
41	Brogan Reid
42	Hollie Turner

#### **Duddingston Primary:**

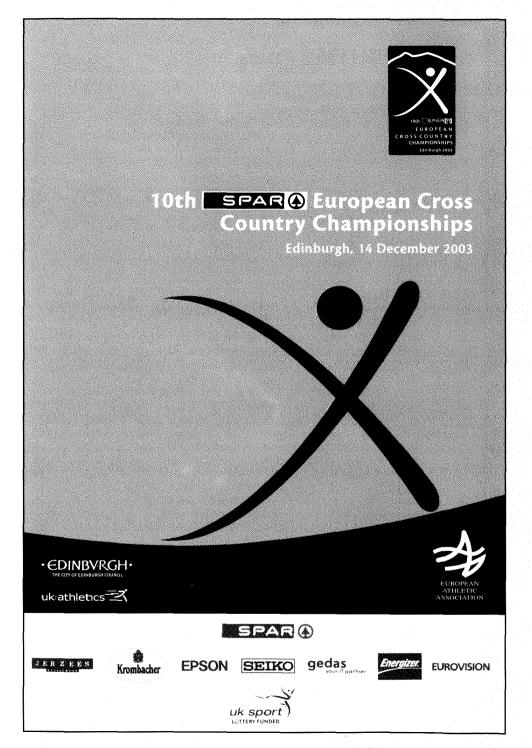
43	Claire McGovern
44	Lucy Ireland
45	Lauren Smith
46	Lauren Marshall
47	Naomi Burns
48	Roseanne Fraser
49	Kerri Mackay
50	Claire Moffat
51	Laura Scoular
52	Rebecca Moyes

#### St Peters Primary:

53	Emma Christie
54	Sarah Glasgow
55	Chloe Hughes
56	Heather Quinn
57	Mairi Nicholson
58	Laura Young
59	Bethany Sharp
60	Paula Cowden
61	Emilia Rossi
62	Evie Meldrum

# Mary Erskine and Stewarts Melville Junior School:

63	
64	
65	
66	
67	
68	



# Race 1 - Under 13 Girls - 2700m 12.00 noon

East D	istrict - Under 13 Girls	
1	McLeish, Elizabeth	Dundee Hawkhill Harriers
2	McColgan, Eilish	Dundee Hawkhill Harriers
3	Sinclair, Catriona	Edinburgh Woollen Mill
4	Cathro, Anna	Dunbar RC
5	Benham, Alexandra	Lasswade AAC
6	Harkins, Amy	Edinburgh Woollen Mill
7	Williamson, Robyn	Pitreavie AAC
8	Kibble, Jennifer	Fife AC
9	Sharp, Lynsey	Edinburgh Woollen Mill
10	Turner, Jessica	Edinburgh Woollen Mill
11	Clark, Chantel	Aberdeen AAC
12	Inglis, Sarah	Lothian RC

#### North District - Under 13 Girls

13	Swanson, Briony	Inverness Harriers
14	Sharp, Laura	Moray Road Runners
15	McArthur, Charlotte	Inverness Harriers
16	Furlong, Sinead	Inverness Harriers
17	Whiteford, Claire	Ross County AC
18	Johnson, Laura	North Uist AAC
19	Pirie, Rachel	Forres Harriers
20	Beattie, Amy	Ross County AC

#### West District - Under 13 Girls

West	District - Under 13 Girls	
21	Menzies, Eilidh	Kilbarchan
22	Finch, Rebecca	City of Glasgow AC
23	Moultrie, Josephine	City of Glasgow AC
24	Taylor, Laura	Giffnock North AC
25	McLeod, Nicole	Giffnock North AC
26	Mangan, Laura	City of Glasgow AC
27	Roy, Kimberley	Greenock Glenpark H
28	Guthrie, Veronica	City of Glasgow AC
29	Belch, Holly	Kilbarchan AC
30	Duff, Beth	East Kilbride AC
31	Daly, Kirsten	Troon Tortoises
32	McShane, C	Helensburgh AC

#### Reebok Cross Challenge - Under 13 Girls

Keepok C	ross challenge - Under 13 Girls	
33	Anderson, Louise	Inverclyde AC
34	Benham, Alexandra	Lasswade AC
35	Black, Ainsley	Inverclyde AC
36	Brown, Kayleigh	Carmarthen Harriers
37	Cash, Jill	Cannock & Stafford AC
38	Davies, Carys	Sarn Helen
39	Davies, Zoe	Bristol AC
30	Duff, Beth	East Kilbride AAC
22	Finch, Rebecca	City of Glasgow AC
28	Guthrie, Veronica	City of Glasgow AC
40	Harrington, Charlotte	Warrington AC
41	Hollinshead, Lauren	Larkhall YMCA Harriers
42	Inglis, Mhairi	Lothian RC
43	Kennedy, Laura	Kilbarchan AAC
44	Lennon, Leigh	Hyndburn AC
25	McLeod, Nicole	Giffnock North AAC
45	McCluskey, Claire	Giffnock North AAC
46	McColgan, Ailish	Sparta NW
47	McCormick, Elyse	Inverclyde AC
48	McDowall, Rachel	Giffnock North AAC
49	McMillan, Gillian	Inverclyde AC
50	McShane, Denise	Inverclyde AC
51	McSorley, Laura	Lagan Valley AC
52	Menzies, Eilidh	Kilbarchan AAC
23	Moultrie, Josephine	City of Glasgow AC
53	O'Reilly, Grainine	Lagan Valley AC
54	Rodgers, Hope	Loftus AC
55	Ross, Sarah	Pitreavie AAC
9	Sharp, Lynsey	Edinburgh Woollen Mill
56	Smith, Yasmin	Swindon Harriers
57	Simm, Claire	Herts Phoenix
58	Sutton, Natalie	West Norfolk AC
59	Strang, Lynsey	Larkhall YMCA Harriers
24	Taylor, Laura	Giffnock North AAC
60	Thomson, Alana	Larkhall YMCA Harriers
61	Underhill, Rachel	Bedford & County AC
62	Underhill, Sally	Bedford & County AC
63	Watts, Domanique	Bedford & County AC
64	Wright, Jade	Lothian RC
65	Young, Gina	Larkhall YMCA Harriers
	<b>J</b> -	

# Race 2 - Under 13 Boys - 2700m 12.15 pm

East	District	-	Unde	r í	13	В	oys

	titet Olider to Boys	
1	Gillespie, Mathew	Central AC
2	Scobie, Graham	George Heriots CCC
3	O'Hare, Chris	City of Edinburgh AC
4	Thomson, Marcus	City of Edinburgh AC
5	Devenney, Shaun	City of Edinburgh AC
6	Brady, Gavin	Teviotdale Harriers
7	Laurie, Steven	Gala Harriers
8	Plenderleith, Grant	Falkirk Victoria Harriers
9	Moffat, Finlay	City of Edinburgh AC
10	Newsom, Douglas	Pitreavie AAC
11	Inglis, Robert	Lothian RC
12	Evans, Andrew	Fife AC

#### North District - Under 13 Boys

13	Houston, Steven	
14	Wilson, Kenny	
15	Davidson, Josh	
16	Rogan, Andrew	
17	McCourt, Craig	
18	Gray, Stuart	
19	Morrison, Steven	
20	MacDonald, Ian	

#### West District - Under 13 Boys

West Distric	.t - Officer 13 boys
21	McGarrity, Chris
22	McGoldrick, Stephen
23	Fitzsimmons, David
24	Williams, Craig
25	McDonald, Craig
26	McLearie, Ross
27	McGovern, Mark
28	Hawkins, Scott
29	Cahn, Robert
30	Black, Raymond
31	Young, Craig
32	Johnstone, Daniel

Moray Road Runners Moray Road Runners Moray Road Runners Forres Harriers Ross County AC Shetland AAC North Uist AAC North Uist AAC

Shettleston Harriers
Kilbarchan AC
Giffnock North AC
Greenock Glenpark H.
Kirkintilloch Olympians
Whitemoss AC
Kilbarchan AC
Kilbarchan AC
Kilbarchan AC
Ronhill Cambuslang H
Clydesdale Harriers
Giffnock North AC

#### Reebok Cross Challenge - Under 13 Boys

33	Barr, David
34	Bibby, Nathan
35	Burke, Mike
36	Campbell, Robert
37	Carpenter, Tom
38	Cousins, Martin
39	Downie, Gary
40	Evans, David
41	Ferguson, John
23	Fitzsimons, David
42	Flynn, Aaron
43	Girvan, Dean
44	Gordon, Anthony
45	Gorman, Paul
46	Gray, Steven
47	Greasby, Christian
48	Grimsley, Jordan
49	
28	Harper, Harry
13	Hawkins, Scott Houston, Steven
50	Hurley, Adam
51	Johnston, Craig
52	Kane, David
53	Lewis, Thomas
54	McAfee, Steven
55	McDiarmid, Kenneth
21	McGarrity, Christopher
26	McLearie, Ross
7	Moffat, Finlay
56	Murray, Declan
57	Newton, Elliot
58	Nicholson, William
59	Nicholson, Thomas
50	O'Halloran, Michael
51	Pearce, Curtis
52	Pettit, Matthew
53	Roberts, Douglas
54	Rodgers, Lewis
55	Ross, Andrew
56	Scobie, Graham
57	Smith, Scott
58	Taylor, Duncan
59	Thompson, Khalil
'O	Walker, Lawrence
81	Young, Craig

Shaftsbury Barnet Harriers Preston Harriers St Helens Sutton Inverclyde AC Westbury Harriers Aldershot, Farnham & District AC Kilbarchan AAC Inverclyde AC East Kilbride AAC Giffnock North AAC Blackburn Harriers Inverclyde AC Kilbarchan AAC Airdrie Harriers Giffnock North AAC Loftus AC Trafford AC Liverpool Harriers Kilbarchan AAC Moray Road Runners Blackburn Harriers Inverclyde AC Larkhall YMCA Harriers Barrow & Furness Striders Inverclyde AC Kilbarchan AAC Shettleston Harriers Whitemoss AAC City of Edinburgh AC Macclesfield Harriers Epsom & Ewell Harriers Border Harriers Border Harriers Hercules Wimbeldon Blackburn Harriers Peterborough AC Richmond & Zetland Loftus AC Inverclyde AC George Heriots School Inverclyde AC Milton Keyes AC

Shildon AC Warrington AC Clydesdale Harriers

# Race 3 - Under 15 Girls - 3300m 12.30 pm

East	District	- Under	15 Girls
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1	Coleman, Siobhan	Pitreavie AAC
2	Brown, Laura	Dundee Hawkhill Harrier
3	Toner, Jemma	Lothian RC
4	Bann, Laura	Lothian RC
5	Bell-Scott, Rowena	Central AC
6	Bowmen, Rachael	Edinburgh Woollen Mill
7	McManus, Nicola	City of Edinburgh AC
8	Toner, Ashley	Lothian RC
9	Bate, Chelsea	Edinburgh Woollen Mill
10	Lyall, Stephanie	Harmeny AC
11	Sheal, Jenny	Lasswade AAC
12	Dunn, Laura	Edinburgh Woollen Mill

#### North District - Under 15 Girls

13	Houston, Jennifer	Moray Road Runners
14	McAngus, Nicola	Ross County AC
15	Archibald, Keiley	Moray Road Runners
16	MacDougal, Marina	North Uist AAC
17	Carruthers, Seonaid	North Uist AAC
18	MacLaren, Jade	Inverness Harriers
19	MacLaren, Danica	Inverness Harriers

#### West District - Under 15 Girls

20	Finch, Joanne	City of Glasgow AC
21	McGhee, Kerry	Giffnock North AC
22	Miller, Debbie	Greenock Glenpark H
23	McCluskey, Frances	Giffnock North AC
24	Phee, Sarah	Giffnock North AC
25	Smith, Tracy	City of Glasgow AC
26	Leadbetter, Louise	City of Glasgow AC
27	Barras, Stephanie	Kilbarchan AC
28	Rafferty, Hayley	Greenock Glenpark H
29	Dane, Carlyn	Giffnock North AC
30	Blades, Letitia	City of Glasgow AC
31	Baird, Lauren	Giffnock North AC

North	ern Ireland - Under 15 Girls	
32	Quee, Sarah	Lagan Valley AC
33	Nixon, Aimee	Craigavon AC
34	Mellor, Louise	Abbey AC
35	Harkin, Nicola	Sparta NW
36	McGilloway, Suzanne	Sparta NW
37	Moore, Jenny	Carrick Grammar School

# Reebok Cross Challenge - Under 15 Girls

кееро	k Cross Challenge - Under 15	GIFLS
38	Alcock, Katie	Shaftsbury Barnet Harriers
39	Armitage, Hilary	Aberdeen AAC
31	Baird, Lauren	Giffnock North AAC
40 -	Barr, Lindsay	Shaftesbury Barnet Harriers
5	Bell-Scott, Rowena	Central AC
41	Berryman, Kirsten	Milton Keynes AC
12	Cloggie, Emma	Banchory Stonehaven AC
1	Coleman, Siobhan	Pitreavie AAC
42	Collinge, Emily	Mansfield Harriers
43	Conway, Jennifer	Giffnock North AAC
44	Curley, Gemma	Mansfield Harriers
45	Falconer, Erinn	Inverclyde AC
20	Finch, Joanne	City of Glasgow AC
46	Gibbs, Elizabeth	Bedford & County AC
47	Gibson, Leanne	Rotherham Harriers
48	Hall, Carly	Perth Strathtay Harriers
35	Harkin, Nicola	Sparta NW
49	Joss, Ruth	Giffnock North AAC
50	Kennedy, Ashley	Lasswade AC
26	Leadbetter, Louise	City of Glasgow AC
51	Lee, India	Aldershot, Farnham & District AC
52	McCann, Danielle	Preston Harriers
23	McCluskey, Frances	Giffnock North AAC
53	McDowall, Robyn	Livingston & District AC
36	McGilloway, Suzanne	Sparta NW
54	McKay, Fiona	Giffnock North AAC
55	McTiernan, Jamie	Inverclyde AC
56	Mehrtens, Katherine	Woking AC
34	Mellor, Louise	Abbey AC
37	Moore, Jenny	Carrick Grammar School
57	Moss, Gillian	West Norfolk AC
58	Muir, Tina	Herts Phoenix
33	Nixon, Aimee	Craigavon AC
59	Peffers, Lauren	Dunbar Running Club
24	Phee, Sarah	Giffnock North AAC
32	Quee, Sarah	Lagan Valley AC
60	Reid, Kirsty	Kilbarchan AAC
61	Reynolds, Sophie	Aldershot, Farnham & District AC
62	Roberts, Jessie	Richmond & Zetland
63	Simmons, Rhianna	Edinburgh Woollen Mill
25	Smith, Tracy	Giffnock North AAC
64	Spence, Susanna	Inverclyde AC
65	Stanford, Non	Swansea Harriers
66	Sweeney, Helen	Giffnock North AAC
67	Treacy, Nicole	Kilbarchan AAC
68	Walker, Danielle	Royal Sutton AC
69	Watt, Rosalie	Herts Phoenix
70	Young, Lorna	Leeds City AC
71	Murray, Ashleigh	Unattached

# Race 4 - Under 15 Boys - 3300m 12.45 pm

East District - Under 15 Boys					
1	Gauson, Kris	City of Edinburgh AC			
2	Rusling, Steven	Aberdeen AAC			
3	Selman, Douglas	Corstorphine AAC			
4	Gillespie, Michael	Central AC			
5	McInnes, Craig	City of Edinburgh AC			
6	Murray, Kevin	Dundee Hawkhill H			
7	Sinclair, Travis	Lothian RC			
8	Thoirs, Alec	Aberdeen AAC			
9	Chisholm, Stuart	Pitreavie AAC			
10	Hobday, Nicholas	Montrose & District AC			
11	Haskett, Mark	Aberdeen AAC			
12	Simpson, Elliot	Fife AC			
North Dist	North District - Under 15 Boys				
13	Mitchell, Mark	Forres Harriers			

North District - Under 15 Boys			
13	Mitchell, Mark	Forres Harriers	
14	Fitzpatrick, Kieran	Ross County AC	
15	Keenan, Jim	Stornoway R&AC	
16	Murray, Jonathon	Stornoway R&AC	
17	Cowie, Kyle	Moray Road Runners	
18	MacDonald, Fraser	Ross County AC	
19	MacDonald, Ross	Ross County AC	

West Dis	trict - Under 15 Boys	
20	Williams, Fraser	Kilbarchan AC
21	Daye, Stephen	Irvine AC
22	Jack, Andrew	Kilbarchan AC
23	Haining, Gary	Shettleston Harriers
24	Wilkie, Finn	Giffnock North AC
25	Stevenson, Craig	Shettleston Harriers
26	Hampsey, John	Inverclyde AC
27	Moore, Nicholas	Gleniffer High School
28	Allison, Robert	Clydesdale Harriers
29	Hawkins, Derek	Kilbarchan AC
30	McGuire, Richard	Ronhill Cambuslang H
31	Gibson, Andrew	Kilbarchan AC

Northe	rn Ireland - Under 15 Boys	
32	McIlveen, Jack	Lagan Valley AC
33	Walsh, Sean	St. Malachys
34	Hamilton, Eoin	St. Malachys
35	McKeown, John	North Belfast Harriers
36	Grant, Peter	St. Malachys
37	McDermott, Gary	St. Columbs College A
38	Flannigan, Conor	Malone College

28	Allison, Robert	Clydesdale Harriers
39	Anderson, Andrew	Inverclyde AC
40	Baird, James	Giffnock North AAC
41	Bellinger, Alexander	Medway & Maidstone AC
42	Bell-Scott, Angus	Central AC
43	Benham, Paul	Lasswade AAC
44	Blake, Oliver	Owestry Olympians
45	Blake, Stephen	Aldershot, Farnham & Distric
46	Bradley, Nick	Border Harriers
47	Brennan, Terry	Stevenage
48	Burns, Michael	Pitreavie AAC
49	Campbell, Stephen	Inverclyde AC
50	Chacon-Clark, Jorgi	Kilbarchan AAC
51	Crawford, Dean	Livingston AAC
52	Davy, Alex	Leeds City AC
53	Duffield, Alec	Loftus AC
54	Dumma, Roy	City of Edinburgh AC
55	Elliott, Nathan	Wakefield & District AC
56	Fitzpatrick, Philiph	Richmond & Zetland AC
38	Flannigan, Conor	Malone College
31	Gibson, Andrew	Kilbarchan AAC
36	Grant, Peter	St. Malachys
57	Gribben, John	Kilbarchan AAC
23	Haining, Gary	Shettleston Harriers
34	Hamilton, Eoin	St. Malachys
26	Hampsey, John	Inverclyde AC
11	Haskett, Mark	Aberdeen AAC
29	Hawkins, Derek	Kilbarchan AAC
58	Holliday, Adrian	Trafford AC
59	Hooper, Daniel	Sutton AC
60	lgi, Abdi	Ealing, Southall & Middlesex
22	Jack, Andrew David	Kilbarchan AAC
61	Laughrin, Gary	Inverclyde AC
62	Lipton, Martin	Kilbarchan AAC
63	Maxfield, Jason	Rotherham Harriers
64	McCluskey, Kiernan	Giffnock North AAC
37	McDermott, Gary	St. Columbs College AC
65	McGonigle, Jason	West Cheshire
32	McIlveen, Jack	Lagan Valley AC
66	McKay, Lyle	Shettleston Harriers
67	McKelvie, Mark	Shettleston Harriers
35	McKeown, John	North Belfast Harriers
68	McLaughlin, Christopher	Larkhall YMCA Harriers
13	Mitchell, Mark	Forres Harriers
13	Mitchell, Mark	Forres Harriers

27	Moore, Nicholas
69	Murray, James
70	Pickering, Robert
71	Pollock, Sean
72	Ruddy, Craig
3	Selman, Douglas
73	Sheppard, Daniel
74	Stevens, Craig
25	Stevenson, Craig
75	Taylor, Jonathon
76	Thompson, Jalal
77	Tyler, Ben
78	Tyler, Jack
33	Walsh, Sean
20	Williams, Fraser
79	Wilson, Ben
	•

Kilbarchan AAC
Bedford & County AC
Bridlington Road Runners
Shettleston Harriers
Inverclyde AC
Corstorphine AC
Aldershot, Farnham & District
Inverclyde AC
Shettleston Harriers
Mandale Harriers
Shildon AC
Medway & Maidstone AC
Medway & Maidstone AC
St. Malachys
Kilbarchan AAC
Aldershot, Farnham & District



# Race 5 Senior/Junior Women - 6300m 1.00 pm

East District - Senior/Junior Women		
1	Ovens, Hayley	Edinburgh Woollen Mill
2	Brindlay, Tracey	Carnethy HRC
3	Thomson, Trudi	Pitreavie AAC
4	Rougvie, Christine	Lothian RC
5	Wilson, Lyn	Carnethy HRC
6	Armitage, Sonia	Aberdeen AAC
7	Carson, Suzanne	Gala Harriers
8	Darmody, Anna	Pitreavie AAC
9	Whyte, Alison	Pitreavie AAC
10	Gardiner, Avril	Livingston & District AC
11	Laing, Janet	Portobello RC
12	Frew, Vicky	Edinburgh Woollen Mill
13	Ridley, Sue	Edinburgh Woollen Mill
14	Montador, Karen	Edinburgh Woollen Mill
15	Lothian, Fiona	FifeAC

#### North District - Senior/Junior Women

16	Barker, Jane	Moray Road Runners			
17	Johnston, Susan	Keith & District AAC			
18	Powell, Karen	Inverness Harriers			
19	Dahl, Fiona	Inverness Harriers			
20	Wilson, Julia	Inverness Harriers			
21	Blackhall, Amanda	Lochaber AC			
22	MacDonald, Nicky	Lochaber AC			
23	Scott, Dawn	Lochaber AC			
24	Maclver, Mandy	Inverness Harriers			
25	Boocock Katie	Inverness Harriers			

#### West District - Senior/Junior Women

26	Florence, Frances	Shettleston Ladies
27	Finch, Susan	City of Glasgow
28	Stewart, Ada	Kirkintilloch Olympians
29	Morrison, Catriona	City of Glasgow AC
30	Owen, Suzanne	City of Glasgow AC
31	McNeill, Lindsay	Shettleston Ladies
32	McMahon, Lindsay	J. Walker Kilmarnock
33	Partridge, Susan	City of Glasgow AC
34	Stevenson, Sara	Giffnock North AC
35	Fagan, Colette	City of Glasgow AC
36	Knowles, Jill	City of Glasgow AC
37	Gibson, Claire	Kilbarchan AC

38	ern Ireland - Senior/Junior Wo Rea, Lynsey	Lagan Valley AC U20
39	Waugh, Hannah	Abbey AC U23
40	Shannon, Jill	Lagan Valley ACU23
41	Hatch, Sharon	Omagh Harriers
42	Marshall, Karen	St. Annes
43	McCormick, Suzanne	Lagan Valley AC
44	McBurney, Sharon	Ballymena Ŕunners
	sh Universities - Senior/Junior	Women
45	McIntosh, Toni	
46	Miller, Clare	
47	Smith, Denise	
48	Nicholson, Pamela	
49	McMaster, Jennifer	
50	Waugh, Hannah	
51	Lent, Emily	
52	Waterhouse, Claire	
53	Prenter, Claire	
	Britain & Northern Ireland - U	nder 23 Women
54	Potter, Juliet	
55	Phillips, Gemma	
56	Louisa, Wood	
57	Colmer, Claire	
	nd Under 23 Women	
35	Fagan, Collette	
58	Murray, Freya	
33	Partridge, Susan	
47	Smith, Dennise	
	Under 23 Women	
59	Couland, Julie	
60	Casanova, Cecile	
61	Despres, Gwendoline	
62	Other - to be advised	
	gal Under 23 Women	
63		
64		
65 66		

67	Bailey, Kirstin	Bingley Harriers
68	Baker, Maxine	Coventry Godiva/Midland Counties
69	Bellars, Alison	West Norfolk AC U20
70	Betmead, Caroline	North Fylde AC
71	Birch, Courtney	Liverpool, Pembroke & Sefton AC U20
72	Bleasdale, Julia	Hillingdon AC
73	Britton, Fionnuala	UnattachedU20
74	Brown, Tina	Coventry Godiva/Midland Counties
75	Colmer, Claire	Bexley ÁC
76	Copp, Louise	Cardiff AAC
77	Davies, Kate	West Norfolk AC U20
78	De Maria, Celia	Leeds City AC
79	Dean, Harriet	Oxford University
80	Dickie, Angela	Wakefield Harriers
81	Dixon, Sharon	Bristol AC
82	Dugdale, Catherine	Swansea Harriers
35	Fagan, Collette	City of Glasgow AC
83	Ferry, Catherine	City of Edinburgh AC
27	Finch, Susan	City of Glasgow AC
84	Fisher, Emma	Shaftesbury Barnett Harriers
85	Geldart, L	North of England U20
86	Goodhead, Kate	Gloucester/Midland Counties U20
87	Gordon, Heather	Kilbarchan AAC U20
88	Gore, Linda	Salford Harriers
89	Gray, Beverley	Charnwood AC
90	Greenhall, Grace	Colchester & Tendering AC
91	Hardwick, Jeanette	Hastings AC
92	Hare, Catherine	Loftus AC/North of England
41	Hatch, Sharon	Omagh Harriers
93	Hayward, Sarah	Coventry Godiva/Midland Counties
94	Herbert, Sarah	Bristol AC/Midland Counties U20
95	Herrick, Claire	Unattached
96	Heyes, Lisa	Salford Harriers
97	Hoban, Aine	Wakefield Harriers/North of EnglandU20
98	Hopwood, Sarah	Unattached
99	Hughes, Shona	Giffnock North AC
100	Johnson, Alison	City of Edinburgh AC
101	Johnson, Benita	U20
102	Johnson, Laura	Charnwood AC/Midland Counties U20
103	Jones, Rachel	Salford Harriers
104	Kennedy, Julia	Portobello Running Club
105	Kenney, Laura	Royal Sutton Coalfield/Midland Counties
106	Knight, Lisa	Cannock & Stafford AC/Midland Counties U20
107	Krzywicki, Tara	Charnwood AC/Midland Counties
108	Kyle, Anna	Aberdeen AAC
11	Laing, Janet	Portobello Running Club
109	Lewis, Tina	Clayton-le-Moors Harriers

110	MacKness, Sarah	Telford AC U20
111	Malone, Louise	Unattached
42	Marshall, Karen	St. Annes
112	Martin, Erica	Dursley AC/Midland Counties
113	Maude, Sarah	Charnwood AC/Midland Counties
114	Mawer, L	North of England
115	McBride, Kim	Milton Keynes AC
44	McBurney, Sharon	Ballymena Runners
43	McCormick, Suzanne	Lagan Valley AC
116	McGrainaghan, Catriona	Finn Valley AC
32	McMahon, Lindsay	JW Kilmarnock Harriers
31	McNeill, Lindsay	Shettleston Harriers Ladies
117	Mitchell, Pauline	Unattached
118	Morris, Sharon	Bedford & County AC
119	Munro, Pauline	Bingley AC
58	Murray, Freya	Edinburgh Woollen Mill U20
121	Murray, Helen	Lothian RC
122	Newton, Clare	Cannock & Stafford AC/Midland Counties
123	Niven, Gail	Unattached
124	O'Mara, Julie	Wakefield AC
1	Ovens, Hayley	Edinburgh Woollen Mill
30	Owen, Suzanne	City of Stoke AC
125	Patrick, Ellen	Warrington AC U20
33	Partridge, Susan	City of Glasgow AC
126	Patrick, Ellen	Warrington AC
127	Pereira, Jennifer	Medway & Maidstone AC U20
128	Phillips, Gemma	Kendal AC
129	Proctor, Ruth	
38	Rea, Lynsey	City of Norwich U20 Lagan Valley AC U20
130	Russell, Julia	Mansfield Harriers/Midland Counties U20
46	Smith, Dennise	Kilbarchan AAC
131	Spencer, Elizabeth	Holmfirth Harriers AC U20
132	Spires, N	
133	Synott, Margaret	North of England U20
134	Veysey, Catherine	Finn Valley AC
135	Walwyn, Olivia	Birmingham University AC
136	Waterhouse, Emma	City of Norwich
39	Waugh, Hannah	Central AC U20
137	Whitelam, Hannah	Abbey AC
138		Hallamshire Harriers U20
139	Whittaker, Lucy Whyte, Alison	Saddleworth Pitreavie AAC
140		
	Wilder, Kelley	City of Glasgow AC
141	William Abi	North of England
142	Wilshire, Abi	Bristol AC/Midland Counties U20
143	Woods, Danielle	Trafford AC U20
144	Wright, Lucy	Leeds City AC/Midland Counties
145	Yelling, Hayley	Windsor, Slough, Eton & Hounslow
146	Yelling, Liz	Bedford & County AC
147	Young, Karen	Portobello Running Club
148	Young, Kirsteen	City of Glasgow AC
149	Dichie, Caroline	Winter, Slough, Eton & Hounslow

# Race 6 Senior/Junior Men - 8400m 1.30 pm

<b>East</b>	District	-	Senior	/Junior	Men	
4			11	D ( )		

1	Russell, Robert	Central AC
2	Anthony, Alasdair	Central AC
3	Beattie, Malcolm	Aberdeen AAC
4	McDonald, Jamie	Central AC
5	Ellacott, Tom	City of Edinburgh AC
6	O'Brien, Steven	Corstorphine AAC
7	Stewart, Glen	Mizuno Racing Club
8	Gardiner, Dave	Mizuno Racing Club
9	McGowan, Frank	Mizuno Racing Club
10	Mowbray, Phil	Hunters Bog Trotters
11	Naylor, Donald	Hunters Bog Trotters
12	Hart, Alaistair	Hunters Bog Trotters
13	Bell, Matthew	City of Edinburgh AC
14	Mareque, Juan	City of Edinburgh AC
15	Ward, Rae	City of Edinburgh AC
16	Murray, John	Lasswade AC
17	Hanlon, Tom	Mizuno Racing Club

#### North District - Senior/Junior Men

18	Arbuckle, Ross	Keith & District AAC
19	Barton, Frankie	Keith & District AAC
20	Gill, Stephen	Keith & District AAC
21	Sim, George	Moray Road Runners
22	Flynn, Martin	Moray Road Runners
23	Hardie, Raymond	Moray Road Runners
24	Foreman, Brian	Moray Road Runners
25	Fieldsend, Brian	Inverness Harriers
26	Rogan, Paul	<ul> <li>Forres Harriers</li> </ul>
27	Cowie, Doug	Forres Harriers
28	Adam, Dave	Forres Harriers
29	O'May, lan	Forres Harriers U20
30	O'May, Alex	Forres Harriers U20
31	Dunlop, Alistair	Stornoway R & AC
32	Baín, Malcolm	Stornoway R & AC
33	Maclellend, Bryan	Ross County AC U20

#### West District - Senior/Junior Men

34	Snodgrass, James	Kilbarchan AC
35	Connell, Iain	JW Kilmarnock Harriers
36	Roper, Marc	Giffnock North AC
37	Elmsley, Paul	Arran Runners
38	Mackay, Christopher	Greenock Glenpark H
39	Quinn, Bobby	Kilbarchan AC

40	Murray, Tommy	Inverclyde AC
41	Wight, Graeme	Shettleston Harriers
42	Montgomery, Ryan	Shettleston Harriers
43	Wylie, Stephen	Ronhill Cambuslang
44	Brown, John	Ronhill Cambuslang
45	Kerr, Stewart	Kirkintilloch Olympians

#### Northern Ireland - Senior/Junior Men

Northern ire	elang - Senior/Junior Men	
46	McAllister, Dominic	St. Malachys U20
47	Kelly, Ciaran	Ballymena & Antrim AC U20
48	Falls, Jarlath	Ballymena & Antrim AC U20
49	Wilson, Matthew	Willowfield T Harriers U20
50	Grant, Diarmuid	Sparta NW U20
51	Hamilton, Paddy	Annadale Striders U23
52	Devlin, John	Annadale Striders U23
53	Purdy, Keith	Willowfield T Harriers U23
54	Taylor, Simon	Abbey AC U23
55	Frazer, Tom	St Malachys U23
56	Frazer, John	St Malachys U23
57	Sweeney, Conor	St Malachys U23
58	McAlister, Joe	St Malachys U23
59	Cairns, Steven	Annadale Striders
60	Simpson, David	Willowfield T Harriers
61	Campbell, Andrew	Annadale Striders
62	Morwood, David	North Belfast Harriers
63	Gallagher, Donal	Cookstown Harriers
	46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62	47 Kelly, Ciaran 48 Falls, Jarlath 49 Wilson, Matthew 50 Grant, Diarmuid 51 Hamilton, Paddy 52 Devlin, John 53 Purdy, Keith 54 Taylor, Simon 55 Frazer, Tom 56 Frazer, John 57 Sweeney, Conor 58 McAlister, Joe 59 Cairns, Steven 60 Simpson, David 61 Campbell, Andrew 62 Morwood, David

#### Scottish Universities - Senior/Junior Men

64	Lemoncello, Andrew
65	Campbell, Scott
66	Pollard, Mark
67	Forster, Kristian
68	Bee, Graham
69	MacCorquodale, Iain
70	Houston, Ross
71	Kealey, Kevin
72	Rudzinski, Mark

# Great Britain & Northern Ireland - Under 23 Me

Or Cat Dire	ann a mor mern ne
73	Laws, Ollie
74	MacLean, Angus
75	Bolt, Chris
76	James, Matthew

#### Ireland - Under 23 Men (A)

	The state of the s	
51	Hamilton, Paddy	Annadale Striders
0 /	manneton, raday	ramadate otridero
52	Devlin, John	Annadale Striders
JZ	Devain, John	Almadate Striders
53	Purdy, Keith	Willowfield T Harriers
55	i didy, Reitti	WILLOWITER I Halliels
54	Taylor, Simon	Abbay AC
54	iaytoi, Jillioli	Abbey AC

#### Northern Ireland - Under 23 Men (B)

55	Frazer, Tom	St Malachy
56	Frazer, John	St Malachy
57	Sweeney, Conor	St Malachy
58	McAlister, Joe	St Malachy

#### Scotland - Under 23 Men

20000	
65	Campbell, Scott
64	Lemoncello, Andrew
42	Montgomery, Ryan
1	Russell, Robert

#### France - Under 23 Men

77	Paillat, Phillipe
78	Charpanter, Benoit
79	El Qualdi, Adil
80	Balhoul, Malik

#### Portugal - Under 23 Men

81	
82	
83	
Ω/,	

Poobok	Cross Challenge - Senior/Juni	ior Mon	122	Graffin, Allen	Belgrave Harriers
			122 123	Grant, Alexander	Unattached
85	Ahmed, Raza	Blackburn Harriers	¥.	Grant, Atexander Greene, Owen	Fife AC
86	Allsop, Gordon	Arran Runners	124	Hamilton, Paddy	Annadale Striders
87	Armour, David	Central AC	51		
88	Arrowsmith, William	Colwyn Bay	125	Hastie, Darrell	Teviotdale HarriersU20
89	Bannister, Dominic	Shaftsbury Barnett Harriers	126	Hawkins, Colin	Derby AC/North of EnglandU20
90	Barber, Andy	Newham & Essex Beagles	127	Herbert, Thomas	Loftus AC
91	Bateman, Anthony	Unattached	. 128	Heyes, Guy	Salford Harriers
92	Beagley, David	Mizuno Racing Club	129	Hinch, Philip	Birchfield Harriers
13	Bell, Matthew	City of Edinburgh AC	130	Hodgson, Jason	Horwich
93	Bellinger, Darrell	Oxford City AC U20	131	Hubbard, Louis	City of Norwich ACU20
94	Birchall, Rob	Birchfield Harriers/Midland Counties	132	Hull, Greg	Leeds City AC
95	Boulstridge, Mike	Birchfield Harriers/Midland Counties	133	Humphries, Tom	Cannock & Stafford AC/Midland
96	Caine, Andy	Tynedale AC			Counties <b>U20</b>
59	Cairns, Steven	Annadale Striders	134	Jarvie, Willie	Portobello Running Club
61	Campbell, Andrew	Annadale Striders	135	Johnstone, Kerr	Falkirk Victoria Harriers
97	Carris, Chris	North of England	136	Joss, Campbell	Bellahouston Harriers
98	Carter, lan	Channel Islands	137	Keeley, Mark	North of England
. 99	Chepkwony, Haggai	Army	47	Kelly, Ciaran	Ballymena & Antrim AC U20
100	Clamp, Phil	Tamworth AC	138	Lee, Richard	Windsor,Slough, Eton & Hounslow AC
101	Cockrell, Steven	West Norfolk AC U20	64	Lemoncello, Andrew	Fife AC
35	Connell, Iain	JW Kilmarnock Harriers	139	Lennon, Don	Newham & Essex Beagles
102	Conway, Liam	Bellahouston Roadrunners	140	Little, Robert	Cannock & Stafford AC/Midland
103	Cox, Ben	Cheltenham AC U20			Counties <b>U20</b>
104	Crane, Andrew	Unattached	141	Lockett, Matt	University of Birmingham
105	Curtin, Kevin	Unattached	142	Lole, Matthew	Coventry Godiva/Midland Counties
106	Davenport, Gary	Midland Counties U20	38	MacKay, Christopher	Greenock Glenpark Harriers
107	Davy, Alistair	Horsforth Harriers	143	MacPherson, Alan	Ron Hill Cambuslang Harriers
108	Devenish, Will	Oxford City AC U20	46	McAllister, Dominic	St. Malachys U20
52	Devlin, John	Annadale Striders	144	McGlory, Phil	Liverpool H & AC/North of England
109	Diver, Michael	Clydesdale Harriers	145	McLeod, Billy	East Kilbride Tri
110	Donnan, lan	Aberdeen AAC U20	146	McCoy, Kenneth	Victoria Park AC
111	Edgar, David	Portobello Running Club	147	McDonald, Darryl	City of Edinburgh AC
5	Ellacott, Tom	City of Edinburgh AC	148	McManus, lan	Irvine AC
112	Ellis, Andy	Vale Royal AC U20	149	Miles, Mark	Belgrave Harriers
37	Emsley, Paul	Arran Runners	150	Mitchell, Ian	Tipton Harriers
113	Eunson, Paul	Portobello Running Club	151	Mitchell, Tom	Unattached
48	Falls, Jarlath	Ballymena & Antrim AC U20	152	Mitchison, Dave	Newham & Essex Beagles
114	Ferry, Jonathon	City of Edinburgh AC	42	Montgomery, Ryan	Shettleston Harriers
115	Forbes, Stuart	Aberdeen AAC U20	153	Moorhouse, Julian	Birchfield Harriers
67	Forster, Kristian	Victoria Park AAC U20	154	Morton, Jim	Irvine AC
116	Franklin, Andy	Boxhill Racers	62	Morwood, David	North Belfast Harriers
63	Gallagher, Donal	Cookstown Harriers	155	Munro, Gus	Victoria Park AC
117	Gibbins, Christopher	Bingley AC	16	Murray, John	Lasswade AAC
118	Godfree, David	Lothian Running Club	156	Murray, Raphael	Macclesfield Harriers & AC
119	Golder, Jim	City of Edinburgh AC	157	Nicholls, Phil	Tipton Harriers/Midland Counties U20
120	Gore, Brian	Horwich Harriers	158	Noad, Ben	Bristol AC/Midland Counties
121	Gourlay, Norman	Unattached	159	Norman, Dave	North of England
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160	Norminton, Matthew	Herne Hill Harriers
161	Pal, Jasmair	Ron Hill Cambuslang Harriers U20
162	Parr, Chris	Gateshead H & AC/North of England U20
163	Payn, Tom	Birmingham University
66	Pollard, Mark	City of Edinburgh AC
164	Pollock, Conor	Abbey AC
53	Purdy, Keith	Willowfield T Harriers
39	Quinn, Robert	Kilbarchan AC
165	Ramage, Edgar	East Kilbride AC
166	Raven, Gareth	Sale Harriers
167	Reid, James	Springwell RC
168	Reid, Stephen	Ferranti AC
169	Richardson, Lee	Irvine AC
170	Richardson, William	Irvine AC
171	Richmond, Kenny	Bellahouston Roadrunners
172	Robinson, Dan	
172	•	Tipton Harriers Stroud AC
173	Robinson, George	
	Ross, Michael	Falkirk Victoria Harriers
175	Russell, Robert	Clayton-le-Moors Harriers
176	Sanderson, John	Pitreavie AAC
177	Scullion, Gerard	Portobello Running Club
178	Siazmasko, Lee	North of England
179	Simpson, Colin	Pitreavie AAC
60	Simpson, David	Willowfield T Harriers
180	Simpson, Derek	Pitreavie AAC
181	Taylor, David	Blackheath Harriers
54	Taylor, Simon	Abbey AC
182	Thomson, Steven	Livingston & District AC
183	Tonner, Eddie	JW Kilmarnock Harriers
184	Tonner, James	JW Kilmarnock Harriers
185	Tromans, Glynn	Coventry Godiva
186	Truelove, Steve	Midland Counties U20
187	Tulba, Phillip	Basingstoke & MH
188	Underhill, Greg	Bedford & County AC
189	Wallace, Mark	Bellahouston Roadrunners
190	Warburton, Chris	Notts AC/Midland Counties U20
191	Ward, Adam	City of Edinburgh AC
192	Warley, Matthew	Cheltenham ACU20
193	Warmby, Mark	Newham & Essex Beagles
194	Watson, Gordon	Bellahouston Roadrunners
195	Watt, Adam	Aberdeen AAC U20
196	Westwood, Paul	Unattached
197	Whitby, Benedict	Hounslow & Windsor AC
198	Whitworth, Benjamin	City of Norwich AC
199	Wilson, Chris	City of Edinburgh AC
49	Wilson, Matthew	Willowfield T Harriers U20
200	Yelling, Martin	Bedford & County AC
201	Young, Graeme	Unattached
202	McColl, Marc	Westerlands
203	Stoddart, Noel	Windsor, Slough, Eton & Hounslow
204	MacCleod, Ryan	Elswick Harriers U20
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# Race 7 - Under 17 Women - 4500m 2.00 pm

Fast	District	- Under	17 W	lomen
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1	McLarty, Morag	Central AC
2	Mooney, Rosanna	Livingston & District AC
3	Thomson, Melanie	Pitreavie AAC
4	Child, Eilidh	Pitreavie AAC
5	Brookes, Heather	Dundee Hawkhill Harriers
6	Dunnett, Gayle	Edinburgh Woollen Mill
7	Murray, Lyndsey	Dundee Hawkhill Harriers
8	Hill, Kate	Edinburgh Woollen Mill
9	Renouff, Elaine	Pitreavie AAC
10	Lamont, Sharon	Pitreavie AAC
11	Shiell, Marbeth	Harmeny AC
12	Stewart, Emma	Dunbar RC

#### North District - Under 17 Women

3	Wilson, Claire	Shetland AAC
4	Reynolds, Stephanie	Elgin AAC
5	Jones, Rachel	Forres Harriers
6	McArthur, Alexina	Inverness Harriers
7	MacLeod, Christie	Stornaway R&AC

#### West District - Under 17 Women

*****	district Chack it wonten	
18	Emsley, Jennifer	City of Glasgow AC
19	Sloss, Cara	Kilbarchan AC
20	Dobson, Jane	Giffnock North AC
21	Malcolm, Sandra	Kirkintilloch Olympians
22 .	Williams, Nicola	Giffnock North AC
23	Wilkie, Catherine	Kilbarchan AC
24	Ennis, Jolene	Clydesdale Harriers
25	MacPherson, Laura	City of Glasgow AC
26	Popple, Helen	City of Glasgow AC
27	MacAulay, Claire	Glasgow School ofSport
28	Gentles, Fiona	Kirkintilloch Olympians
29	Work, Judith	City of Glasgow AC

#### Northern Ireland - Under 17 Women

30	Taggart, Adele	Dromore AC
31	McWilliams, Elizabeth	Ballymena & Antrim AC
32	Brady, Patricia	Lagan Valley AC
33	Bickerstaff, Laura	Dromore AC
34	Graham, Judi	Abbey AC
35	Guiney, Cheryl	Lisburn AC

#### Reebok Cross Challenge - Under 17 Women

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36	Benteley, Sian	S.B.H.
37	Bestow, Laura	West Cheshire AC
38	Beverley, Anair	Ranelagh Harriers
33	Bickerstaff, Laura	Dromore AC
32	Brady, Patricia	Lagan Valley AC
39	Bunyan, Karen	Central AC
40	Callaway, Victoria	Royal Sutton Coalfield/Midland Counties
4	Child, Eilidh	Pitreavie AAC
41	Connolly, Amy	Lincoln Wellington AC
42	Davies, Aimee	Bristol AC
43	Ellis, Becky	Vale Royal AC
18	Emsley, Jennifer	City of Glasgow AC
44	England, Hannah	Oxford City
24	Ennis, Jolene	Clydesdale Harriers
45	Freel, Lindsay	Lagan Valley AC
46	Gardiner, Marie	West Dunbartonshire AC
47	Gerrard, Liz	West Norfolk AC
48	Gibbs, Rachel	Bedford & County
34	Graham, Judi	Abbey AC
35	Guiney, Cheryl	Lisburn AC
49	Hawitt, Karrissa	Warrington AC
50	Johnson, Stacey	Cannock & Stafford AC/Midland Counties
51	Kent, Jennifer	Guilford & Godalming
10	Lamont, Sharon	Pitreavie AAC
25	MacPherson, Laura	City of Glasgow AC
31	McWilliams, Elizabeth	Ballymena & Antrim AC
52	Meek, Lyndsey	Cannock & Stafford AC
53	O'Gorman, Lucy	Penistone FPR & AC
54	Ponsford, Sara	City of Salisbury
55	Quarless, Chantal	Liverpool Harriers
56	Raggett, Siobhan	Aldershot, Farnham & District
14	Reynolds, Stephanie	Elgin AAC
30	Taggart, Adele	Dromore AC
57	Taylor, Natasha	Herts Phoenix
58	Thompson, Rachael	Liverpool Harriers
59	Trafford, Alexia	Bristol AC
60	Westley, Abby	Hallamshire Harriers
61	Whitelaw, Christina	Larkhall YMCA
62	Wootton, Katrina	Bedford & County

# Race 8 - Under 17 Men - 4500m 2.25 pm

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East Die	strict - Under 17 Men	
1	Hay, Alastair	Central AC
2	Kennedy, Mark	Aberdeen AAC
3	Desport, Shaun	Harmeny AC
4	Fraser, Scott	Lothian RC
5	Wright, Michael	Central AC
6	Clark, Andrew	Aberdeen AAC
7	Irwin, Stephen	Pitreavie AAC
8	Pilkington, Scott	Corstorphine AAC
9	Stewart, Alasdair	Falkirk Victoria Harriers
10	Thomson, Jason	City of Edinburgh AC
11	Szymanski, Michael	City of Edinburgh AC
12	Shinnie, Darren	Aberdeen AAC
	District - Under 17 Men	
13	Greig, Kyle	Forres Harriers
14	Duncan, William	Banff Accademy
15	Devine, John	Ross County AC
16	Maclean, Jason	Stornaway R&AC
17	Rodger, Scott	Lochaber AC
West Di	istrict - Under 17 Men	
18	Butcher, David	Greenock Glenpark H
19	Devenney, Chris	Kilbarchan AC
20	McCall, Andrew	Greenock Glenpark H
21	McCaffer, Craig	Kilbarchan AC
22	Caskie, Graeme	East Kilbride AC
23	Morrison, Calum	Kilbarchan AC
24	Clark, David	Giffnock North AC
25	Phillips, Gordon	Shettleston Harriers
26	Galbraith, Norman	Giffnock North AC
27	Toole, Ross	Kilbarchan AC
28	Dunn, Stephen	Ronhill Cambuslang H
29	McCall, Chris	Greenock Glenpark H
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	rn Ireland - Under 17 Men	North Dolfoot Housians
30 31	Gill, Eoghan	North Belfast Harriers
31	O'Doherty, Dermot	Sparta NW
33	McNally, Conor	St. Malachys
34	Villa, Joe_	Sparta NW
J4	Cassidy Baddy	
35	Cassidy, Paddy Fox, Michael	St. Malachys Lagan Valley AC

#### Reebok Cross Challenge - Under 17 Men

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36	Bishop, David	Swindon Harriers
37	Booth, Alastair	Giffnock North AAC
38	Booth, Alistair	City of Edinburgh AC
22	Caskie, Graeme	East Kilbride AC
34	Cassidy, Paddy	St. Malachys
39	Ellis, Blake	Trafford AC
40	Ellis, Timothy	Bolton Harriers
35	Fox, Michael	Lagan Valley AC
26	Galbraith, Norman	Giffnock North AAC
30	Gill, Eoghan	North Belfast Harriers
41	Hart, Chris	Blackburn AC
42	Holliday, Adrian	Trafford AC
43	Johnson, Edward	Charnwood AC
44	Johnson, Lea	Rotherham Harriers
45	Knights, Chris	Peterborough AC
46	Lang, Matthew	Bolton Harriers
47	MacDonald, Joe	Trafford AC
32	McNally, Conor	St. Malachys
48	Minshull, Tom	Trafford AC
49	Michell, Adam	Preston Harriers
50	Mills, Simon	Sale Harriers
23	Morrison, Calum	Kilbarchan AAC
51	Murdoch, Graham	Inverclyde AC
52	Newton, Richard	Preston Harriers
31	O'Doherty, Dermot	Sparta NW
53	O'Gorman, Alex	City of Sheffield AC
54	Pettit, Daniel	Peterborough AC
55	Phee, David	Giffnock North AAC
25	Phillips, Gordon	Shettleston Harriers
56	Pickering, James	Kingston-upon-Hull AC
57	Pickering, Shaun	Bridlington Road Runners
58	Simpson, Ewan	Pitreavie AAC
59	Stanley, Terry	Bedford & County
60	Szymanski, Michael	City of Edinburgh AC
61	Taylor, Neil	Trafford AC
62	Taylor, Richard	Vale of Aylesbury AC
10	Thomson, Jason	City of Edinburgh AC
27	Toole, Ross	Kilbarchan AAC
33	Villa, Joe	Sparta NW

# The Rules Points

Cross Challenge points will be awarded in the Senior and Junior men's and Women's events at races 1-6. Double points will be awarded in the Final.

Cross Challenge points will be awarded to those in the Under 13, Under 15 and Under 17 races for both Boys and Girls at races 1-6, with double points in the Final

Senior Men and Senior Women score 50 points for 1st place, down to 1 point for 50th place

Junior Men and Junior Women score 25 points for 1st place, down to 1 point for 25th place

The U13, U15 and U17 age groups score 25 points for 1st place, down to 1 point for 25th place

Bonus points are awarded for competing in each event of the Series: 3 points to every eligible Senior athlete and 2 to every Junior, U17, U15 and U13 athlete for competing at every event in the Series. They must however complete the race to claim these bonus points.

# **Points and Prize Eligibility**

Only UK athletes are allowed to score Cross Challenge points and win Cross Challenge prizes. Additional prizes may be awarded by individual race organisers.

Where non-UK athletes are competing, their position is to be disregarded when calculating Cross Challenge points of UK finishers.

To be eligible for overall Series prizes, athletes in all age groups must run in at least three of the seven races, including the Final.

Each athlete's best two scores from races 1-6 plus the points scored in the Final will decide overall placings. Athletes who do not complete the Final will therefore be ineligible for overall Series prizes.

If two or more athletes have the same points total after the Final, their overall Cross Challenge positions will be decided by their placing in the Final.

Athletes without UK passports must fulfill four criteria:

They must be first claim members of a UK club.

They must have been resident in the UK for at least two years.

They must be in the process of applying for a UK passport.

They must be available for UK team selection.

# **Prizes and Payments**

Prize money is awarded to the first six Seniors and the first three Juniors at races 1-6. This is to be paid by cheque from the relevant payee within 60 days of the Prize Voucher and an Invoice from the relevant athletes, who must give their address along with the Voucher.

Other Prizes (footwear or clothing) at races 1-6 are to be posted by Reebok UK within 60 days of receipt of Prize Voucher from the athletes who must give their address and appropriate sizes along with the Voucher

Overall Series Prizes are to be posted according to the published prize list and to be paid/posted by UK Athletics/Reebok UK as appropriate. These are to be posted within 60 days of receipt of relevant Vouchers and Invoices.

### Age Groups

All events in the Series must be run according to IAAF age groups. In particular, this is relevant to Junior athletes, who must compete according to IAAF eligibility. This means for example that where an athlete is 20 at any point in the year of competition, he/she must compete in Senior events.

Athletes who are IAAF Juniors in 2002 but become Seniors in 2003 can compete in Junior races in 2002 and win any prizes due. However, they would not be eligible for overall Series prizes offered to Juniors after the Final in February 2003.

Athletes who are IAAF Juniors in 2002 but become Seniors in 2003 can compete in Senior races in 2002 if they so choose and would therefore be eligible for overall Senior prizes.

# **Championship Races**

Once again, the 2002/2003 Cross Challenge Series incorporates two Championships races – in Margate on 17th November (European Trials) and Nottingham on 8th February (World Trials). For the purpose of point scoring, the Margate race (race 3 in the Series) will remain as for races 1, 2, 4, 5 and 6.

No individual race prizes will be awarded at race 7, the Cross Challenge Final (the UK Inter-Counties Championships/World Trials). The races in the Final serve to decide the overall positions for the Series, with double points being awarded in all relevant categories at this event.

#### **Expenses**

The first six athletes in each of the Senior and Junior Men's and Women's races are entitled to receive travel and accommodation expenses up to a total of £50 each. This will only be paid on receipt of tickets/receipts where relevant, or written confirmation that a certain mileage cost was incurred by the athlete's car travel. These monies will be paid soon after the receipt of the Expense Forms which are distributed along with Prize Certificates at each separate event.



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