

DM HALL

chartered surveyors

**DM Hall East & West District and
Closed Senior Indoor Championships
17/18 January 2009**

Saturday 17th January 2009

**Kelvin Hall International Sports Arena,
Glasgow**

scottishathletics





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Athletics Needs YOU for 2014!!!

If you are reading this, and not actively competing, coaching or officiating, then we need your help! There are many of ways to get involved with athletics events and enjoy a rewarding experience as an official.

We urgently require new officials in all aspects of the sport in the build up to Glasgow hosting the 2014 Commonwealth Games.

Previous experience is not required as free training and guidance will be provided.

Travel expenses and other benefits will also be provided at events.

Be part of the winning team and be part of our future success!

Want to know more? Please contact volunteer@scottishathletics.org.uk or call 0131 476 7327 or 7328

Welcome Messages

Culture
& Sport
GLASGOW

The Partners of DM Hall

Happy New Year to you all and welcome to the DM Hall Scottish Indoor Championships 2008, which we are thrilled to be sponsoring for a tenth year.

The Partners of DM Hall are delighted to be sponsors of such a consistently successful Championship and one, which has seen, year on year, increased numbers of both participants and spectators. We look forward to what promises to be an exciting indoor athletics season and trust you will enjoy the events and the competitions, which lie ahead'.

DM Hall offers surveys, valuations and specialist advice in residential and commercial properties and businesses. For more information about our services and how they can benefit you please visit our website www.dmhall.co.uk, or contact your local office.

I would like to take this opportunity to welcome you all to the DM Hall 2009 Indoor District and Closed Senior Championships.

Another important year looms ahead in 2009 for our athletes with the World Championships in Berlin in August, and July bringing a host of Championships that our athletes will be aiming for - World Youth Games in Italy, European U23 Championships in Lithuania, European U20 Championships in Serbia and the European Youth Festival in Finland. It is also a year that sees the qualification window for the 2010 Commonwealth Games in India open. With many of our athletes working towards being selected for these teams it brings excitement to the first of the DM Hall series of Indoor Championships.

I would like to thank our sponsors DM Hall whose continued support of these Championships is very much appreciated. I would also like to thank Glasgow City Council, Sports Council for Glasgow and the management and staff at the Kelvin Hall for their help and support in preparing this facility for these Championships.

My thanks also go to the officials and volunteers who give up so much of their time and work tirelessly to ensure that the Championships run smoothly. Finally may I wish the athletes who compete here this weekend best wishes for 2009 and may the season ahead be a successful one for you.

Leslie Roy
Convener
Track & Field Commission

I am very pleased to welcome you all to the DM Hall District and Closed Senior Indoor Championships, the first Championship of 2009, after what I hope was a Merry Christmas and a Happy New Year.

The past few weeks have been a very busy time for all, but again the Convenors and organisers from the Track and Field Commission have worked hard behind the scenes to prepare for these two days of athletics. We must not forget to say thank you to all the many officials, coaches, and scottishathletics staff that are here this weekend and still working so willingly and hard to allow these events to happen.

This is the eleventh consecutive year that our Indoor Championships have been sponsored by DM Hall. We really do appreciate their continuing involvement and thank them for their loyal support of scottishathletics. Also thank you to Glasgow City Council and the Kelvin Hall staff for their involvement in the two days of competition.

Good luck to all the competitors and I hope these District Championships prove to be a stepping-stone to an excellent season for everyone.

Alan Potts
President
scottishathletics

On behalf of the citizens of Glasgow I would take the opportunity to welcome you to the Scottish Athletics DMHall District and Closed Senior Championship. This weekend's Championships take place in the Kelvin Hall International Sports Arena, one of the many facilities that contribute to the sport of athletics in our City.

Your success this weekend will be measured in terms of gold, silver and bronze medals; lifetime's best performances and season's best times, distances or heights. In an individual sport like athletics, you achieve your best performance, through hard work and many hours training alongside team mates and your coaches. In Glasgow our Team includes Culture and Sport Glasgow; The Glasgow Athletics Association and the Glasgow Athletics Clubs all working to achieve the targets they set for the Sport.

As with all major sporting events I would like to thank, in advance, the small army of volunteers who will ensure today's Championships are a success; they include the Officials (technical and administrative), coaches and club officials, all of whom contribute professionalism of a high degree.

I hope that you all, whatever your contribution to today's Championships, have a successful and enjoyable time and if you do not end up a champion, you leave with fond memories of the Championships and the City of Glasgow.

Councillor Robert Winter
The Lord Provost of Glasgow



**Closed Senior and East & West District Indoor Championships
Saturday 17 January 2009
OFFICIALS**

MEETING MANAGER	Pat Hockley	ASSISTANT MEETING MANAGER	Shona Malcolm	
TRACK REFEREE	Helena Black			
TRACK JUDGES	Brian Brown	Gordon Baird	Gil Cochrane	
	Frances Tatton	Xavier Cid	Jim Callander	
	Kay Cherrie	Joyce Wighton	Ken Davies	
	John Drummond	Joe Malone	Bill Maxwell	
TRACK STEWARD	Freda Silver			
CHIEF TIMEKEEPER	Cyril MacPherson			
TIMEKEEPERS	Ian Docherty	Sandy Forrest	Christine MacPherson	
	Duncan McLaren	George Spankie	Andrew Rathey	
	Dugie MacDonald	Sheila MacDougall	Sylvia Wilson	
CHIEF PHOTO FINISH	Ian McWatt			
PHOTO FINISH JUDGES	Mike Forrest	Isabel Baird	Dave Finlayson	
	Kate Whigham			
CHIEF STARTER	Kenny Marshall			
STARTERS	Hamish Fleming	Bill Watson		
CHIEF MARKSMAN	Dave McConnell			
MARKSMEN	Ian Tatton	Mark McLaughlin		
FALSE START	Gil Fowler			
FIELD REFEREE	Elspeith Allan			
FIELD JUDGES	Bill Gentleman	Marion Allan	Neill Allan	
	Bill MacDougall	Sheila Baillie	Sheena Anderson	
	Iain Edmonstone	Anne McManus	Eileen Clerihew	
	Mike Clerihew	Brian Nisbet	Pam Robertson	
	Shona Gidney	Karen Ritchie	Brenda Henderson	
	Evelyn Robertson	Magnus Ross	Pamela Ross	
	George Wright	Liz Scott	Mike Archibald	
	Brenda Stephen	Rona Sneddon	Claire Cameron	
	Brian Burgess			
	TECHNICAL MANAGER	Hugh Baillie		
	CLERKS OF COURSE	Christine Stoops	Alistair Aitchison	
ADMINISTRATION				
Announcers	Andrew MacKintosh	Denis Shepherd		
Declarations	Edith Fowler	Fiona MacKintosh	Lindsay MacKintosh	
	Peter Graham	Jeanette Marshall		
Seeding	Margaret McNally	Val Murdoch	Alastair McNally	
Call Room Manager				
Call Room	Rob Dalziel	Carol Mackie	Barbara McVey	
	Margery Swinton	Chris Todd		
Results	Eddie Campbell	Gary Condie		
Presentations	Helen Spankie	Alan Potts		
Control Room	Isobel Dunkeld			
Officials Report	Graham Sword	Finance Officer	Graham Sword	
Physiotherapist	Alison Taylor			
First Aid	British Red Cross			

SCOTTISH UNDER 15 RECORDS

BOYS

60	7.24	George Rodger	Glasgow	20 Feb 03
200	23.45	George Rodger	Glasgow	23 Mar 03
400	52.86	Tom Holligan	Birmingham	24 Feb 08
800	2:02.75	Michael Combe	Glasgow	21 Feb 93
1500	4:22.31	Max Lott	Glasgow	7 Feb 08
60H	8.61	Cameron Goodall	Birmingham	23 Feb 08
High Jump	1.95	Kenneth McKeown	Glasgow	3 Mar 96
Long Jump	5.95	Craig Thomas	Glasgow	23 Mar 96
Triple Jump	12.16	Allan Scott	Glasgow	1 Dec 96
Shot	14.72	Ryan Stewart	Glasgow	15 Feb 06
Pentathlon	2,888	Gregor Simey	Cardiff	23 Mar 03
4 x 200	1:39.21	Giffnock North AAC	Glasgow	1 Mar 08

(Till Loehr, Grant Muir, Matthew Kerr, Alistair Brown)

GIRLS

60	7.74	Nicola Gossman	Glasgow	25 Jan 01
200	24.81	Nicola Gossman	Birmingham	24 Feb 01
800	2:12.79	Lynsey Sharp	Birmingham	29 Feb 04
1500	4:43.3	Iona McIntyre	Glasgow	30 Jan 97
60H	9.07	Natalie Doyle	Birmingham	26 Jan 03
High Jump	1.75	Aileen Wilson	Birmingham	21 Feb 98
Long Jump	5.39	Siobhan McVie	Birmingham	28 Feb 98
Shot	12.59	Navdeep Dhaliwal	Glasgow	21 Feb 92
Pentathlon	3,201	Jill Brooks	Glasgow	19 Feb 06
4 x 200	1:46.80	Pitreavie AAC	Glasgow	1 Mar 08

(Claire Duncan, Anna Robertson, Kirsten Galbraith, Bethanie Finlayson)

SCOTTISH UNDER 13 RECORDS

BOYS

60	8.02	Kyle Hogg	Glasgow	9 Feb 08
200	26.41	Mahad Ahmed	Glasgow	9 Feb 08
800	2:20.66	Scott Macaulay	Glasgow	28 Feb 04
60H	9.87	Kyle Henderson	Glasgow	5 Feb 05
	9.87	Kyle Henderson	Glasgow	12 Feb 05
High Jump	1.54	Greg Boyd	Glasgow	23 Mar 03
Long Jump	5.15	Martin Taylor	Glasgow	5 Mar 94
Shot	9.51	Lewis Nicholson	Glasgow	4 Feb 06
Pentathlon	1,770	Kyle Henderson	Glasgow	12 Feb 05
4 x 200	1:53.10	Central AC	Glasgow	19 Mar 05

(Chris Clarke, Kyle Henderson, Roddy Irvine, Martyn Paterson)

GIRLS

60	8.13	Nicola Gossman	Glasgow	(twice) 6 Feb 99
200	27.27	Nicola Gossman	Glasgow	6 Feb 99
800	2:28.09	Stephanie Lyall	Glasgow	11 Feb 01
60H	9.70	Stephanie O'Neil	Glasgow	4 Feb 06
High Jump	1.50	Ellen Kristofferson	Grangemouth	11 Jun 08
Long Jump	4.56	Fiona Paul	Glasgow	24 Feb 91
Shot	10.06	Alison Grey	Edinburgh	10 Feb 85
Pentathlon	2,410	Ellen Kristofferson	Glasgow	17 Feb 08
4 x 200	1:56.18	Giffnock North AAC	Glasgow	19 Mar 05

(Ruth Wallace, Helena Brown, Katie McKnight, Emma Dowd)

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SCOTTISH UNDER 17 RECORDS

MEN

60	7.01	Scott Fraser	Glasgow	12 Feb 94
	7.01	Ryan Oswald	Glasgow	23 Jan 05
200	21.99	Kris Stewart	Glasgow	24 Feb 96
400	48.63	Kris Stewart	Glasgow	29 Feb 96
800	1:57.17	Mark Mitchell	Glasgow	29 Feb 04
1500	4:02.9	Alastair Currie	Cosford	21 Mar 81
3000	9:08.62	Marc Johnston	Glasgow	14 Feb 01
60H	8.00	Allan Scott	Glasgow	12 Dec 98
High Jump	2.11	Kenneth McKeown	Grangemouth	12 Jul 98
Pole Vault	4.25	Scott Huggins	Sutton	24 Jul 05
Long Jump	6.96	Allan Scott	Glasgow	12 Dec 98
Triple Jump	14.07	Rory Birbeck	Dewsbury	4 Mar 90
Shot	16.68	Daniel Carlin	Birmingham	25 Feb 07
Pentathlon	3.611	John McCafferty	Glasgow	17 Feb 08
4 x 200	1:33.31	City of Edinburgh AC (Alex Thompson, Scott Hughson, Sean Hood, Shaun Devenney)	Glasgow	20 Jan 07

WOMEN

60	7.58	Linsey Macdonald	Cosford	26 Jan 80
200	24.81	Dawn Flockhart	Cosford	19 Mar 83
300	39.23	Gemma Nicol	Birmingham	24 Feb 02
800	2:10.3	Linsey Macdonald	Cosford	22 Mar 80
1500	4:34.0	Karen Hutcheson	Cosford	23 Jan 82
60H	8.61	Catherine Murphy	Cosford	3 Mar 90
High Jump	1.79	Aileen Wilson	Birmingham	29 Jan 00
	1.79	Aileen Wilson	Birmingham	6 Feb 00
Pole Vault	3.71	Kimberly Skinner	Glasgow	6 Mar 04
Long Jump	5.86	Jade Nimmo	London (LV)	21 Feb 07
Triple Jump	11.34	Rachel Hogg	Birmingham	22 Feb 98
Shot	13.89	Alison Grey	Cosford	11 Feb 89
Pentathlon	3.582	Aileen Wilson	Glasgow	11 Dec 99
4 x 200	1:44.02	Grangemouth Select (Lesley-Ann Mearns, Louise Hamilton, Alix Wilson, Kirsten Young)	Glasgow	29 Jan 05
(Club)	1:44.14	City of Glasgow AC (Emma Murphy, Sabina Astarita, Karyn Prytz, Nicola Gossman)	Glasgow	23 Mar 03
	1:44.14	City of Glasgow AC (Natalie Doyle, Michaela Hall, Kerry Steel, Danielle Osborne)	Glasgow	23 Jan 05

SCOTTISH UNDER 20 RECORDS

MEN

60	6.66	Jamie Henderson	Cosford	24 Jan 87
200	21.50	Ian Horsburgh	Birmingham	16 Feb 97
400	47.69	Hugh Kerr	Erfurt GER	25 Feb 95
800	1:51.37	Mark Mitchell	Sheffield	12 Feb 05
1500	3:50.77	Ross Toole	Sheffield	13 Feb 05
3000	8:25.52	Graeme Reid	Glasgow	25 Jan 98
60H (3'6")	7.94	Chris Baillie	Nogent-sur-Oise FRA	27 Feb 99
60H (3'3")	7.92	Chris Baillie	Glasgow	20 Feb 00
High Jump	2.20	Geoff Parsons	Cosford	29 Jan 83
	2.20	Geoff Parsons	Cosford	12 Feb 83
Pole Vault	4.95	Scott Huggins	Lee Valley, London	13 Feb 08
Long Jump	7.38	David Clerihew	Lievin FRA	2 Mar 96
Triple Jump	15.23	Jude Beimers	Birmingham	5 Mar 06
Shot (7.26k)	15.93	Jamie Stevenson	Sheffield	17 Feb 08
Shot (6.25k)	18.59	Jamie Stevenson	Glasgow	10 Feb 08
Heptathlon	4.738	William Wyllie	Glasgow	16 Feb 92
3000 Walk	13:09.4	Michael Dunion	Cosford	13 Mar 76
4 x 200 Metres Relay	1:30.93	'Silver Fox' Select Team (Chris Hodgkins, Scott Partyka, David-Ross Hunt, Colin Severin)	Glasgow	29 Jan 05
4 x 200 Metres Relay (Club)	1:32.61	Victoria Park City of Glasgow AC (David Clark, Lorne Menzies, Matthew Hester, Calum Innes)	Glasgow	16 Mar 08

WOMEN

60	7.52	Malgorzata Rostek	Lievin FRA	2 Mar 96
200	24.20	Linsey Macdonald	Cosford	10 Feb 82
400	54.05	Karen Williams	Berlin GER	3 Feb 79
800	2:08.4	Linsey Macdonald	Cosford	20 Feb 82
1500	4:14.11	Lynne MacDougall	Cosford	1 Feb 84
3000	9:49.38	Siobhan Coleman	Glasgow	16 Jan 05
60H	8.39	Nathalie Byer	Cosford	29 Jan 83
	8.39	Nathalie Byer	Cosford	(twice) 12 Feb 83
High Jump	1.85	Jayne Barnetson	Cosford	9 Jan 87
Pole Vault	3.90	Kimberly Skinner	Glasgow	6 Feb 05
	3.90	Kimberly Skinner	Glasgow	22 Jan 06
Long Jump	5.94	Ruth Irving	Birmingham	22 Feb 92
Triple Jump	12.57	Jayne Nisbet	Glasgow	14 Jan 07
Shot	15.72	Alison Grey	Glasgow	29 Feb 92
Pentathlon	4.096	Aileen Wilson	Glasgow	10 Feb 02
4 x 200 Metres Relay	1:43.71	Scotland (Gemma Nicol, Kathryn Evans, Joanne Erskine, Eilidh Child)	Glasgow	18 Jan 03

SCOTTISH INDOOR RECORDS

Records as at 1 January 2009. Recent records subject to ratification by Records Committee.

SCOTTISH NATIONAL RECORDS

MEN

60	6.62	Elliot Bunney	Cosford	26 Jan 87
200	21.28	Elliot Bunney	Glasgow	27 Jan 91
400	45.98	Brian Whittle	Budapest HUN	6 Mar 88
800	1:46.22	Tom McKean	Glasgow	4 Mar 90
1000	2:18.31	David Strang	Boston USA	30 Jan 93
1500	3:38.28	Graham Williamson	Cosford	10 Feb 82
1 Mile	3:55.43	David Strang	Harvard USA	22 Jan 94
3000	7:49.86	Ian Gillespie	Birmingham	23 Feb 97
60H	7.52	Allan Scott	Glasgow	13 Jan 08
High Jump	2.30	Geoff Parsons	Cosford	25 Jan 86
Pole Vault	5.10	Graham Eggleton	Haringey	6 Feb 83
	5.10	Richard Hurren	Belfast	16 Feb 03
Long Jump	7.81	Darren Ritchie	Glasgow	24 Jan 99
Triple Jump	16.13	John Mackenzie	Birmingham	8 Jan 94
Shot	18.73	Paul Buxton	Pullman USA	19 Feb 77
Heptathlon	5,640	Jamie Quarry	Glasgow	14 Feb 99
3000 Walk	11:54.96	Martin Bell	Birmingham	13 Feb 93
4 x 200	1:26.94	Scotland	Glasgow	17 Feb 90
		- Brian Ashburn, Mark Davidson, Gregor McMillan, Mark McMahon		

WOMEN

60	7.35	Susan Burnside	Birmingham	1 Mar 03
200	23.62	Melanie Neef	Birmingham	27 Jan 96
400	52.47	Sinead Dudgeon	Birmingham	27 Jan 01
800	2:02.59	Susan Scott	Birmingham	16 Feb 08
1500	4:09.07	Susan Scott	Stockholm SWE	21 Feb 08
1 Mile	4:32.00	Yvonne Murray	Birmingham	13 Feb 93
3000	8:34.80	Elizabeth McColgan	Budapest HUN	4 Mar 89
60H	8.39	Natalie Byer	Cosford	29 Jan 83
	8.39	Natalie Byer	Cosford	(twice) 12 Feb 83
High Jump	1.86	Jayne Barnetson	Athens GRE	11 Feb 89
Pole Vault	4.15	Kirsty Maguire	Glasgow	24 Feb 07
Long Jump	6.43	Gillian Cooke	Cardiff	3 Feb 08
Triple Jump	13.24	Nony Mordi	Manchester	27 Jan 08
Shot	17.85	Margaret Ritchie	Princeton USA	24 Feb 84
Pentathlon	4,096	Aileen Wilson	Glasgow	10 Feb 02
3000 Walk	13:31.32	Verity Larby	Birmingham	13 Feb 93
4x200	1:39.17	Scotland	Glasgow	17 Feb 90
		-Donna Brown, Linsey Macdonald, Ruth Girvin, Gillian McIntyre		

SCOTTISH NATIVE RECORDS

Performance made in Scotland by a competitor eligible to represent Scotland.

MEN

60	6.64	Nick Smith	Glasgow	1 Mar 08
200	21.28	Elliot Bunney	Glasgow	27 Jan 91
400	46.52	Brian Whittle	Glasgow	23 Feb 90
800	1:46.22	Tom McKean	Glasgow	4 Mar 90
1500	3:43.13	Ian Campbell	Glasgow	4 Dec 96
3000	7:55.85	Alastair Currie	Glasgow	15 Jan 89
60H	7.52	Allan Scott	Glasgow	13 Jan 08
High Jump	2.20	David Barnetson	Glasgow	25 Jan 98
Pole Vault	5.05	Richard Hurren	Glasgow	8 Feb 03
Long Jump	7.81	Darren Ritchie	Glasgow	24 Jan 99
Triple Jump	15.97	John Mackenzie	Glasgow	22 Jan 95
Shot	18.25	Stephan Hayward	Glasgow	19 Jan 97
Heptathlon	5,275	Duncan Mathieson	Glasgow	16 Feb 97

WOMEN

60	7.36	Melanie Neef	Glasgow	22 Jan 95
	7.36	Susan Burnside	Glasgow	2 Feb 03
200	23.67	Susan Burnside	Glasgow	8 Feb 03
400	52.91	Melanie Neef	Glasgow	29 Jan 94
800	2:04.27	Joanna Ross	Glasgow	22 Jan 06
1500	4:11.39	Susan Scott	Glasgow	22 Jan 06
3000	8:54.81	Elizabeth McColgan	Glasgow	15 Jan 89
60H	8.50	Gemma Werrett	Glasgow	1 Mar 08
High Jump	1.83	Jayne Barnetson	Glasgow	15 Jan 89
	1.83	Lee McConnell	Glasgow	14 Mar 99
Pole Vault	4.15	Kirsty Maguire	Glasgow	24 Feb 07
Long Jump	6.32	Gillian Cooke	Glasgow	14 Jan 07
Triple Jump	13.14	Nony Mordi	Glasgow	13 Jan 08
Shot	15.48	Alison Rodger	Glasgow	14 Jan 07
Pentathlon	3,957	Emma Lindsay	Glasgow	18 Feb 96
4x200	1:39.17	Scotland	Glasgow	17 Feb 90
		-Donna Brown, Linsey Macdonald, Ruth Girvin, Gillian McIntyre		

INFORMATION FOR COMPETITORS

DM HALL CLOSED SENIOR INDOOR CHAMPIONSHIPS AND EAST & WEST DISTRICT INDOOR CHAMPIONSHIPS

Timetable of Events

The Timetable is provisional and will be adhered to as far as possible unless circumstances beyond the organisers control deem it necessary to alter.

IF HEATS ARE NOT REQUIRED Finals will be contested at HEAT time and if Semi Finals are not required Finals will be contested at SEMI FINAL time.

Athletes Declaration

Athletes should declare their intention to compete at least 60 minutes before event time. **All declarations will close at 14.00.**

Athletes Report

All **Track athletes** (including Hurdlers) should report to Athletes Call Room 25 minutes prior to event time for escorting to the competition area. All **Field athletes** should listen to announcements, as they will be called to the competition site before the previous event ends to ensure maximum warm-up time at the event. Field athletes require to be in the arena 30 minutes prior to event start time. Please note that only the top 6 competitors will proceed to the final 3 attempts.

Competition Numbers

These will be issued on declaration for your event. Only competitors wearing the correct number will be permitted to enter the main arena. **Numbers must not be folded, mutilated or concealed in any way** and MUST, where applicable, be retained for day two of the Championships

SPIKE SIZE AS PER KELVIN HALL RULES TRACK – 5mm Max; HIGH JUMP – 6mm Max.
Spikes must not be worn outwith the athletic arena

Club Colours

Competitors must compete in the colours of the club under which they entered or national vest.

Track Events

No warming up will be allowed in the main arena. **No personal starting blocks will be allowed in the arena.** Sufficient sets of Stadium Blocks will be provided at the relevant start areas **and these should not be removed from these points. False Start detection Equipment will be in operation on the Saturday for the Closed Senior 60m events.** Qualifying conditions for any subsequent rounds will be declared immediately prior to the start of the event. Please inform Seeding/Declaration if you are not fit to continue in an event for which you have Qualified or Declared. You shall be excluded from further participation in any event if you **qualify** for an event in which you do not participate without giving a valid reason to the Referee. As this Championship extends over two days such exclusion will apply to all subsequent events at the Championships. (UK Athletics Rule 115).

Field Events

Competitors may use their own equipment provided it is "checked in" 90 minutes prior to event time and that it is passed by the Technical Manager/Referee. Where appropriate, competitors will be allowed three attempts and thereafter the leading eight competitors will be allowed a further three trials. **No vaulting poles will be available at the stadium.**

Victory Ceremonies

Presentation of awards will be made as soon as possible after the event. Medal winners must hold themselves available for presentation. The first Under 20 in the Closed Senior Championships will receive a medal.

Anti Dope Testing - Random anti dope testing may be carried out.

Misconduct Rules: - Your attention is drawn to UK Athletics Rule 22(2) regarding Misconduct – Athletes should make themselves aware of the content of this Rule.

DON'T FORGET

To compete in these Championships all athletes are required to be a member of the scottishathletics Membership Scheme. Please ensure your membership is still current on the day of the Championship.

DM HALL CLOSED SENIOR INDOOR CHAMPIONSHIPS and EAST & WEST DISTRICT INDOOR CHAMPIONSHIPS PROVISIONAL TIMETABLE SATURDAY 17 JANUARY 2009 TRACK

NO	TIME	EVENT	AGE GROUP	District	ROUND	Heats
T1	10.00	400m	Senior Men	Closed	1	4
T2	10.15	400m	Senior Women	Closed	1	3
T3	10.25	400m	U17 Men	East	Final	1
T4	10.30	400m	U17 Men	West	Final	1
T5	10.40	60m	Senior Men	Closed	1	5
T6	11.00	60m	U17 Men	East	1	2
T7	11.10	60m	U17 Men	West	1	2
T8	11.20	60m	U15 Boys	East	Final	1
T9	11.25	60m	U15 Boys	West	1	2
T10	11.35	60m	U13 Boys	East	1	2
T11	11.45	60m	U13 Boys	West	1	2
T12	11.50	400m	Senior Men	Closed	Semi	2
T13	11.55	400m	Senior Women	Closed	Final	1
T14	12.00	1500m	Senior Men	Closed	Final	1
T15	12.10	300m	U17 Women	East	1	2
T16	12.15	300m	U17 Women	West	1	2
T17	12.20	60m	U13 Boys	East	Final	1
T18	12.25	60m	U13 Boys	West	Final	1
T19	12.30	60m	Senior Men	Closed	Semi	2
T20	12.40	60m	Senior Women	Closed	1	4
T21	12.55	60m	U17 Men	East	Final	1
T22	13.00	60m	U17 Men	West	Final	1
T23	13.05	60m	U15 Boys	West	Final	1
			LUNCH			
T24	14.00	400m	Senior Men	Closed	Final	1
T25	14.05	60m	U15 Girls	East	1	3
T26	14.15	60m	U15 Girls	West	1	3
T27	14.25	60m	U17 Women	East	1	2
T28	14.35	60m	U17 Women	West	1	2
T29	14.45	60m	Senior Men	Closed	Final	1
T30	14.50	60m	Senior Women	Closed	Semi	2
T31	15.00	60m	U13 Girls	East	1	2
T32	15.10	60m	U13 Girls	West	1	3
T33	15.20	1500m	U17 Men	East/West	Final	1
T34	15.30	1500m	Sen/U17 Women	Clo/E/W	Final	1
T35	15.40	300m	U17 Women	East	Final	1
T36	15.45	300m	U17 Women	West	Final	1
T37	15.50	60m	U15 Girls	East	Final	1
T38	15.55	60m	U15 Girls	West	Final	1
T39	16.00	60m	U17 Women	East	Final	1
T40	16.05	60m	U17 Women	West	Final	1
T41	16.10	60m	U13 Girls	East	Final	1
T42	16.15	60m	U13 Girls	West	Final	1
T43	16.20	60m	Senior Women	Closed	Final	1

DM HALL EAST & WEST DISTRICT and CLOSED SENIOR INDOOR CHAMPIONSHIPS 17th JANUARY 2009 PROGRAMME

DM HALL CLOSED SENIOR INDOOR CHAMPIONSHIPS and EAST & WEST DISTRICT INDOOR CHAMPIONSHIPS PROVISIONAL FIELD TIMETABLE SATURDAY 17 JANUARY 2009

No	Time	Event	Age Group	District	Round
F1	10.00	Pole Vault	Senior Men	Closed	Final
			U17 Men	East	Final
			U17 Men	West	Final
F2	10.00	Long Jump	U15 Girls	East	Final
			U15 Girls	West	Final
			U15 Boys	East	Final
F3	10.00	Shot Putt	U15 Boys	West	Final
			U13 Girls	East	Final
			U13 Girls	West	Final
F4	11.30	Long Jump	U15 Girls	East	Final
			U15 Girls	West	Final
			U15 Boys	East	Final
F5	11.30	Shot Putt	U15 Boys	West	Final
			Senior Men	Closed	Final
			U15 Girls	West	Final
F6	12.30	High Jump	Senior Men	Closed	Final
			U15 Boys	East	Final
			U15 Boys	West	Final
F7	13.00	Long Jump	Sen Women	Closed	Final
			U15 Boys	East	Final
			U15 Boys	West	Final
F8	14.00	Long Jump	U13 Girls	East	Final
			U13 Girls	West	Final
			U17 Men	East	Final
F9	14.00	Shot Putt	U13 Boys	East	Final
			U13 Boys	West	Final
			U17 Men	East	Final
F10	14.00	High Jump	U17 Men	West	Final
			U17 Men	East	Final
			U13 Boys	West	Final
F11	15.00	Shot Putt	U13 Boys	East	Final
			U13 Boys	West	Final
			Senior Men	Closed	Final
F12	15.00	Triple Jump	Senior Men	Closed	Final
			U17 Men	East	Final
			U17 Men	West	Final
F13	15.30	High Jump	Sen Women	Closed	Final
			U17 Men	East	Final
			U17 Men	West	Final
F14	16.00	Triple Jump	U17 Men	East	Final
			U17 Men	West	Final
			U17 Men	West	Final

NB All competitors to be given 2 warm up attempts. More if time permits.
All competitors MUST register a distance in first 3 rounds to qualify for final rounds.
In senior field event the top 8 athletes will qualify for the final 3 rounds.
In all other age groups the best 6 athletes will qualify for the final 3 rounds.

DM HALL

chartered surveyors

TRACK SATURDAY EVENTS

Please note if heats are not required finals will be run at heat time and all PB's listed are as given by the athletes on entry forms.

EVENT T1 400m – Senior Men CLOSED HEATS 10.00

Championship Holder: Scott Hughson Edinburgh AC 48.93

99 Jamie	Hannah	Kilmarnock H&AC	5.02
122 Graeme	Oudney	Dundee Hawkhill Harriers	47.97
110 Alan	Low	Giffnock North AAC	48.1
137 Craig	Stewart	Kilbarchan AAC	49.2
96 Ian	Garioch	Moray Road Runners	49.36
69 Michael	Burslem	Arbroath & District AC	49.9
135 Ronald	Smith	Aberdeen AAC	51
108 Craig	Knowles	Corstorphine AAC	51.04
80 Alistair	Dalgleish	Livingston & District AAC	51.09
115 Donald	Macleod	Unattached	51.1
81 Scott	Davidson	Border Harriers	51.21
118 Andrew	McElwee	Ayr Seaforth AAC	52.21
68 Andrew	Brown	Woodford Green	
198 Aaron	Kyle	Ayr Seaforth AAC	U20
200 Alistair	Lannigan	Law & District AAC	U20
187 Andrew	Ferguson	Banchory Stonehaven	U20
199 Gareth	Lamb	Dundee Hawkhill Harriers	U20
204 Lorn	Menzies	VP-Glasgow AC	U20
186 Sean	Dimeo	Glasgow School of Sport	U20

EVENT T12 400m – Senior Men CLOSED SEMI 11.50
EVENT T24 400m – Senior Men CLOSED FINAL 14.00

Result: 1st.....2nd.....3rd.....
Time.....Time.....Time.....

EVENT T2 400m – Senior Women CLOSED HEATS 10.15

Championship Holder: Emma Kemp Loughborough 57.51

10 Emma	Cloggie	Banchory Stonehaven AC	55.27
23 Ashleigh	Kennedy	Edinburgh AC	56
54 Maria	Thomas	Dundee Hawkhill Harriers	56.39
39 Lauren	Peffer	Edinburgh AC	56.59

17 Siobhan	Hanlon	Edinburgh AC	59.2
8 Eve	Carrington	Unattached	
52 Jenny	Tan	Fife AC	
46 Joanna	Ross	Unattached	
6 Laura	Brown	Dundee Hawkhill Harriers	
21 Lynne	Hunter	Falkirk Victoria Harriers	
11 Marie	Dobson	Aberdeen	
28 Meghan	Logue	Ayr Seaforth AAC	
164 Louise	McLelland	Edinburgh AC	57.34 U20
160 Jennifer	Hannah	VP-Glasgow AC	61.2 U20
153 Cara	Anderson	Perth Strathtay Harriers	61.3 U20
169 Fiona	Trew	Edinburgh AC	U20

EVENT T13 400m – Senior Women CLOSED FINAL 11.55

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T3 400m – U17 men EAST FINAL 10.25

Championship Holder: Anthony Young Pitreavie 52.27

374 Greg	Louden	Edinburgh AC	48.83
388 Anthony	Young	Pitreavie AAC	49.93
372 Tom	Holligan	Edinburgh AC	52.58
382 Craig	Ritchie	Perth Strathtay Harriers	53

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T4 400m – U17 men WEST FINAL 10.30

Championship Holder: Kenneth Love Giffnock North 52.62

330 Ciaran	Gallagher	Airdrie Harriers	
334 David	Kerr	Kilbarchan AAC	
329 Douglas	Frame	Law & District AAC	
332 James	Gray	Giffnock North AAC	
347 John	Mulhern	VP-Glasgow AC	
325 Matthew	Cumming	Giffnock North AAC	

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T5 60m – Senior Men CLOSED HEATS 10.40

Championship Holder: Allan Scott Shaftesbury Barnet 6.82

93 Craig	Fleming	Kilbarchan AAC	6.09
79 Jamie	Coull	Pitreavie AAC	6.09
134 Nick	Smith	Shaftesbury Barnet Harriers	6.63
121 Ryan	Oswald	Pitreavie AAC	6.97
109 Christopher	Lavery	Dundee Hawkhill Harriers	7.01
132 Francis	Smith	Pitreavie AAC	7.01
101 Corey	Hastings	Edinburgh AC	7.07
131 Fraser	Sharp	Corstorphine AAC	7.07
77 David	Clark	VP-Glasgow AC	7.09
119 Thomas	Moore	Shettleston Harriers	7.11
135 Ronald	Smith	Aberdeen AAC	7.25
96 Ian	Garioch	Moray Road Runners	7.28
91 Johnathon	Farrell	Clydesdale Harriers	7.31
84 Brian	Doyle	Harrow AC	
116 Duncan	MaCrosson	Glasgow University AC	
83 Peter	Denholm	Unattached	
107 Ross	Kirk	Pitreavie AAC	
129 Ryan	Scott	Falkirk Victoria Harriers	
75 Steven	Charters	Edinburgh AC	
67 Stuart	Benson	Thames Valley Harriers	
194 Sean	Hood	Edinburgh AC	7.3 U20
185 Josh	Crawford	Edinburgh AC	7.4 U20
188 Mark	Fitzpatrick	Shettleston Harriers	7.45 U20
198 Aaron	Kyle	Ayr Seaforth AAC	7.5 U20
201 Oliver	Lawson	Perth Strathtay Harriers	7.5 U20
187 Andrew	Ferguson	Banchory Stonehaven	U20
213 Callum	Wilson	Lasswade AAC	U20
195 Calum	Innes	VP-Glasgow AC	U20
197 Ciaran	Johnston	Corstorphine AAC	U20
211 Gregor	Thorpe	East Kilbride A.C.	U20
207 John	Ruddy	Shettleston Harriers	U20

EVENT T19 60m – Senior Men CLOSED SEMI 12.30

EVENT T29 60m – Senior Men CLOSED FINAL 14.45

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T6 60m – U17 Men EAST HEATS 11.00

Championship Holder: Donald Tod Perth Strathtay 7.71

371 Cameron	Goodall	Edinburgh AC	7.76
378 Peter	Muirhead	Perth Strathtay Harriers	7.8
379 Glenn C	Murray	Pitreavie AAC	8.15
383 Alexander	Robertson	Perth Strathtay Harriers	
382 Craig	Ritchie	Perth Strathtay Harriers	

376 Danny McAtear Pitreavie AAC
 369 Sam Freck Inverness Harriers AAC
 381 Sam O'Kane Caithness AAC

EVENT T21 60m – U17 Men EAST FINAL 12.55

Result: 1st 2nd 3rd
 Time.....Time.....Time.....

EVENT T7 60m – U17 Men WEST HEATS 11.10

Championship Holder: John Craig VP-Glasgow 7.28

331 Scott Gibson Ayr Seaforth AAC 7.1
 345 Ross Morgan East Kilbride A.C. 7.9
 348 Lewis Nicholson Glasgow School of Sport 8.01
 344 Dennis Megdalskiy Glasgow School of Sport 8.5
 340 Andrew McFarlane VP-Glasgow AC
 353 Jonathan Thompson Ayr Seaforth AAC
 325 Matthew Cumming Giffnock North AAC
 333 Michael Kelly Stewartry AC
 341 Miller McIntosh Larkhall YMCA Harriers
 342 Thomas McIntosh Larkhall YMCA Harriers

EVENT T22 60m – U17 Men WEST FINAL 13.00

Result: 1st 2nd 3rd
 Time.....Time.....Time.....

EVENT T8 60m – U15 Boys EAST FINAL 11.20

Championship Holder: Tom Holligan Edinburgh AC 7.61

571 Kieran Kivlin Edinburgh AC 7.72
 577 Garrett W Taylor Perth Strathtay Harriers
 573 Luke Meakin Corstorphine AAC
 566 Scott Henderson Livingston & District AAC

Result: 1st 2nd 3rd
 Time.....Time.....Time.....

EVENT T9 60m – U15 Boys WEST HEATS 11.25

Championship Holder: Lewis Gibb Motherwell AC 7.52

546 Sam Revie Ayr Seaforth AAC 7.71
 537 Ross Maxwell East Kilbride A.C. 7.94
 530 Stephen Gracie Shettleston Harriers 8.01
 518 Mahad Ahmed Shettleston Harriers 8.03
 521 Angus Arnold Ayr Seaforth AAC 8.49

538 John McCall VP-Glasgow AC 8.8
 526 Calum Divers Shettleston Harriers 8.9
 542 Cory O'Hara Kilmarnock H&AC
 536 Davis Martin VP-Glasgow AC
 533 James Higgins Airdrie Harriers
 547 Marc Russell Giffnock North AAC
 540 Michael Mulholland Inverclyde AC
 531 Wallace Graham Ayr Seaforth AAC

EVENT T23 60m – U15 Boys WEST FINAL 13.05

Result: 1st 2nd 3rd
 Time.....Time.....Time.....

EVENT T10 60m – U13 Boys EAST HEATS 11.35

Championship Holder: Kyle Hogg Edinburgh AC 8.27

661 Luca Vita Edinburgh AC 8.87
 657 Robbie Mercer Corstorphine AAC 14.3
 652 Euan Christie Banchory Stonehaven AC
 653 Daniel Clark Pitreavie AAC
 654 Rory Fulton Pitreavie AAC
 655 Callum Jones Edinburgh AC
 656 Callum McDonald Livingston & District AAC
 658 Robbie Nairn Livingston & District AAC
 659 Ben Robbins Edinburgh AC
 660 Stewart Soutar Pitreavie AAC

EVENT T17 60m – U13 Boys EAST FINAL 12.20

Result: 1st 2nd 3rd
 Time.....Time.....Time.....

EVENT T11 60m – U13 Boys WEST HEATS 11.45

Championship Holder: Mahad Ahmed GSOS 8.04

672 Ingles Lumguankenda Glasgow School of Sport 9.02
 670 Callum Henderson Ayr Seaforth AAC 9.3
 665 Ross Black VP-Glasgow AC
 666 Stewart Cannell Kilbarchan AAC
 667 Nicholas Coupland East Kilbride
 668 Darren Daly Law & District AAC
 669 Andrew Divers Shettleston Harriers
 671 David Lambie Giffnock North AAC
 673 Craig Mooney Whitemoss AAC
 674 Scott Rankine VP-Glasgow AC

EVENT T18 60m – U13 Boys WEST FINAL 12.25

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T14 1500m – Senior Men CLOSED FINAL 12.00

Championship Holder: Kevin Kane Inverclyde 3.57.79

130 Douglas	Selman	Corstorphine AAC	3.51
124 Craig	Robertson	Pitreavie AAC	4
123 Allan	Ramsay	VP-Glasgow AC	4.04
94 David	Fotheringham	West Dunbartonshire AC	4.07
126 Iain	Robertson	Clydesdale Harriers	4.17
112 James	MacDonald	Law & District AAC	4.22
85 Alastair	Dunlop	Stornoway Running & AC	4.25
100 Darrell	Hastie	Teviotdale Harriers	
127 Stuart	Ross	VP-Glasgow AC	
184 Andrew	Coulter	Ron Hill Cambuslang Harriers	4.16 U20
189 Sean	Fontana	VP-Glasgow AC	U20

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T15 300m – U17 Women EAST HEATS 12.10

Championship Holder: Lucie Stevenson Falkirk VH 42.84

287 Claire	Florence	Edinburgh AC	44.05
293 Faye	Kearney	Edinburgh AC	44.4
285 Bethanie	Finlayson	Pitreavie AAC	
301 Emily	Owens	Edinburgh AC	
307 Gabriella	Vita	Edinburgh AC	
281 Sarah	Dick	Central AC	

EVENT T35 300m – U17 Women EAST FINAL 15.40

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T16 300m – U17 Women WEST HEATS 12.15

Championship Holder: Diane Ramsay Kirkintilloch Olympians 42.07

254 Diane	Ramsay	VP-Glasgow AC	40.53
224 Jade	Barclay	Glasgow School of Sport	41
237 Caroline	George	Ayr Seaforth AAC	41.9
240 Roisin	Howat	Giffnock North AAC	42.59
231 Abby	Currie	Law & District AAC	43.6

226 Kirsty	Bennett	Shettleston Harriers	49
232 Chelcie	Dalziel	Law & District AAC	
246 Katy	McKnight	Giffnock North AAC	
235 Rachel	Elliot	Shettleston Harriers	

EVENT T36 300m – U17 Women WEST FINAL 15.45

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T20 60m – Senior Women CLOSED HEATS 12.40

Championship Holder: Gillian Cooke Edinburgh AC 7.47

14 Alyssa	Fullelove	VP-Glasgow AC	7.09
12 Stacey	Downie	Pitreavie AAC	7.81
4 Suzanne	Begg	VP-Glasgow AC	7.91
7 Lesley	Campbell	Lasswade AAC	7.93
2 Emma	Baird	Corstorphine AAC	8.02
9 Amy	Clancy	Edinburgh AC	8.1
42 Heather	Rankine	VP-Glasgow AC	8.1
22 Avril	Jackson	Edinburgh AC	8.13
37 Jayne	Nisbet	Edinburgh AC	8.36
19 Katie	Horne	VP-Glasgow AC	9.14
41 Emma	Pettigrew	Kilbarchan AAC	
53 Katy	Tan	Fife AC	
33 Laurie	McKenna	Edinburgh AC	
11 Marie	Dobson	Aberdeen	
28 Meghan	Logue	Ayr Seaforth AAC	
36 Nony	Mordi	Shaftesbury Barnet Harriers	
47 Suzanne	Russell	Giffnock North AAC	
165 Jade	Nimmo	Falkirk Victoria Harriers	7.7 U20
168 Sarah	Smith	VP-Glasgow AC	8.05 U20
160 Jennifer	Hannah	VP-Glasgow AC	8.1 U20
155 Holly	Belch	Kilbarchan AAC	8.14 U20
170 Sarah	Warnock	Edinburgh AC	U20

EVENT T30 60m – Senior Women CLOSED SEMI 14.50

EVENT T43 60m – Senior Women CLOSED FINAL 16.20

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T25 60m – U15 Girls EAST HEATS 14.05

Championship Holder: Sophie Elder Unattached 8.45

480 Kirsten	Galbraith	Pitreavie AAC	8.4
506 Demi	Yorke	Gala Harriers	8.43
494 Rachel	Robertson	Lasswade AAC	8.94
476 Rachel	Easton	Pitreavie AAC	9.41
489 Sarah	Murphy	Ellon AAC	10
496 Ailsa	Scott	Falkirk Victoria Harriers	

479 Beth	Fyffe	Dundee Hawkhill Harriers
484 Emma	McGinty	Edinburgh AC
469 Isla	Bruce	Livingston & District AAC
471 Jackie	Chalmers	Dunfermline & West Fife AC
472 Kathryn	Christie	Banchory Stonehaven AC
487 Louise	Milne	Ellon AAC
495 Louise	Russell	Pitreavie AAC
464 Rhiannon	Armstrong	Livingston & District AAC
499 Sophie	Stewart	Corstorphine AAC

271 Jessica	Barrows	Pitreavie AAC	8.58
307 Gabriella	Vita	Edinburgh AC	8.78
282 Emily	Douglas	Gala Harriers	12.90
289 Lauren	Gilhooly	Corstorphine AAC	

EVENT T37 60m – U15 Girls EAST FINAL 15.50

Result: 1st.....2nd.....3rd.....
Time.....Time.....Time.....

EVENT T26 60m – U15 Girls WEST HEATS 14.15

Championship Holder: Rachel Whittle Ayr Seaforth 8.10

405 Frances M	Campbell	Kilbarchan AAC	8.51
444 Alana	Sinclair	Shettleston Harriers	8.66
418 Sarah	Glenny	Inverclyde AC	8.68
427 Lauren	Lambie	Giffnock North AAC	8.69
431 Nicole	McCann	Shettleston Harriers	8.75
449 Brogan Eilidh	Watt	Shettleston Harriers	8.85
417 Caitlin	Gillon	Ayr Seaforth AAC	8.85
411 Kim	Creechan	Larkhall YMCA Harriers	9
404 Evelyn	Bryce	Larkhall YMCA Harriers	9.04
438 Amy	McLachlan	Giffnock North AAC	9.29
421 Carolyn	Harvey	Ayr Seaforth AAC	9.34
408 Anna	Catchpole	Glasgow School of Sport	
399 Ashleigh	Anderson	Shettleston Harriers	
436 Eilidh	McHugh	Larkhall YMCA Harriers	
442 Jodie	Ronald	Airdrie Harriers	
446 Lisa	Thompson	Shettleston Harriers	
406 Vicky	Campbell	Unattached	

EVENT T38 60m – U15 Girls WEST FINAL 15.55

Result: 1st.....2nd.....3rd.....
Time.....Time.....Time.....

EVENT T27 60m – U17 Women EAST HEATS 14.25

Championship Holder: Lesley Campbell Lasswade AAC 8.02

277 Fiona	Cleat	Edinburgh AC	8.00
270 Kristy	Armstrong	Pitreavie AAC	8.30
300 Faye	Nicholson	Moorfoot Runners	8.36
275 Rebecca	Caswell	Edinburgh AC	8.38
284 Sophie	Elder	Gala Harriers	8.45
303 Anna	Robertson	Pitreavie AAC	8.51

EVENT T39 60m – U17 Women EAST FINAL 16.00

Result: 1st.....2nd.....3rd.....
Time.....Time.....Time.....

EVENT T28 60m – U17 Women WEST HEATS 14.35

Championship Holder: Laurie McKenna GSOS 8.09

237 Caroline	George	Ayr Seaforth AAC	7.99
228 Emma	Brown	Giffnock North AAC	8.08
238 Lynsey	Greenfield	Whitemoss AAC	8.12
236 Andrea	Gaffney	VP-Glasgow AC	8.19
242 Chloe	Lambert	VP-Glasgow AC	8.19
231 Abby	Currie	Law & District AAC	8.2
244 Laura	Livesey	Law & District AAC	8.2
245 Lynn	Livesey	Law & District AAC	8.2
255 Hazel	Ross	Kilbarchan AAC	8.48
227 Stephanie	Boyd	Airdrie Harriers	8.65
246 Katy	McKnight	Giffnock North AAC	
257 Rachel	Whittle	Ayr Seaforth AAC	

EVENT T40 60m – U17 Women WEST FINAL 16.05

Result: 1st.....2nd.....3rd.....
Time.....Time.....Time.....

EVENT T31 60m – U13 Girls EAST HEATS 15.00

Championship Holder: Demi Yorke Gala 8.53

638 Katie	Purves	Lasswade AAC	8.49
626 Zoe	Black	Pitreavie AAC	9.09
633 Megan	Laing	Dunfermline & West Fife AC	9.30
627 Isla	Burns	Central AC	9.53
642 kelsey	stewart	Banchory Stonehaven AC	9.60
641 Amber	Robertson	Corstorphine AAC	
637 Chloe	Nethery	Pitreavie AAC	
632 Eilidh	Ironside	Central AC	
636 Ellie	McGinty	Edinburgh AC	
634 Jo	Marr	Gala Harriers	
628 Lily	Cairns-Haylor	Central AC	
631 Niamh	Guest	Perth Straththay Harriers	
635 Vhairs	McAtear	Pitreavie AAC	

EVENT T41 60m – U13 Girls EAST FINAL 16.10

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T32 60m – U13 Girls WEST HEATS 15.10

Championship Holder: Caitlin Gillon Ayr Seaforth 8.88

610 Ailie	Shanks	Ayr Seaforth AAC	8.80
604 Sarah	McDonald	Whitemoss AAC	8.93
605 Shannon	McMahon	East Kilbride A.C.	9.05
594 Jill	Cherry	Motherwell AC	9.06
589 Alice	Arnold	Ayr Seaforth AAC	9.38
609 Rachael	Scott	Shettleston Harriers	9.70
613 Lisa	Walker	Shettleston Harriers	9.85
602 Alison	Leckie	Ayr Seaforth AAC	
614 Daisy	Williams		
598 Karli	Flynn	VP-Glasgow AC	
608 Katie	Ord	Larkhall YMCA Harriers	
612 Katie	Vallance	Ayr Seaforth AAC	
607 Lauren	McSkimming	Whitemoss AAC	
601 Lorne	Kerr	Kilmarnock H&AC	
596 Pamela	Creechan	Larkhall YMCA Harriers	
593 Rachel	Campbell	Ayr Seaforth AAC	

EVENT T42 60m – U13 Girls WEST FINAL 16.15

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T33 1500m – U17 Men EAST/WEST FINAL 15.20

Championship Holder (E): Peter Loudon Lasswade AAC 4.54.18
Championship Holder (W): Gary Turner Mid Argyll 4.40.46

375 Peter	Loudon	Edinburgh AC	4.28.72 East
327 Scott	Dickson	Motherwell AC	4.30.0
338 Max	Lott	Giffnock North AAC	4.15
350 Stewart	Orr	Ron Hill Cambuslang Harriers	4.25
349 Sandy	Nimmo	Giffnock North AAC	4.33
355 Christopher	Watson	Motherwell AC	4.40
346 Grant	Muir	Giffnock North AAC	

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

EVENT T38 1500m – Sen Women CLOSED FINAL 15.30

Championship Holder: Emma Waterhouse Central 4:50.39

31 Claire McAuley Giffnock North AAC 4.41

Result: 1st.....2nd.....3rd.....
 Time.....Time.....Time.....

SATURDAY FIELD EVENTS

EVENT F1 Pole Vault – Senior Men Closed FINAL 10.00

Championship Holder: Richard Hurren Harrow 4.70

104 Richard	Hurren	Newham & Essex AC	5.10
138 Alasdair	Strange	Shettleston Harriers	4.90
141 Douglas	Winch	Shettleston Harriers	4.20
125 David	Robertson	Whitemoss AAC	4.15
76 Stuart	Chisholm	Pitreavie AAC	3.60
209 Callum	Sharp	Shettleston Harriers	U20
202 Gregor	MacLean	Montrose and District	U20
203 John	McCafferty	Irvine AC	U20

Result: 1st.....2nd.....3rd.....
Height.....Height.....Height.....

EVENT F1 Pole Vault – U17 Men EAST FINAL 10.00

Championship Holder: Gregor Maclean Montrose 4.00

No Entries

Result: 1st.....2nd.....3rd.....
Height.....Height.....Height.....

EVENT F1 Pole Vault – U17 Men WEST FINAL 10.00

Championship Holder: Not Contested

352 Jax	Thoirs	VP-Glasgow AC	4.10
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Result: 1st.....2nd.....3rd.....
Height.....Height.....Height.....

EVENT F2 Long Jump – U15 Girls EAST FINAL 10.00

Championship Holder: Emma Dawson Perth Strathtay 4.97

480 Kirsten	Galbraith	Pitreavie AAC	5.25
506 Demi	Yorke	Gala Harriers	5.10
463 Louise	Anderson	Central AC	4.81
482 Ellen	Kristoffersen	Lasswade AAC	4.71
494 Rachel	Robertson	Lasswade AAC	3.09
479 Beth	Fyffe	Dundee Hawkhill Harriers	
469 Isla	Bruce	Livingston & District AAC	
500 Katherine	Szymanski	Lasswade AAC	
487 Louise	Milne	Ellon AAC	
489 Sarah	Murphy	Ellon AAC	

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F2 Long Jump U15 Girls WEST FINAL 10.00

Championship Holder: Emma Brown Giffnock North 4.77

406 Vicky	Campbell	Unattached	4.85
449 Brogan Eilidh	Watt	Shettleston Harriers	4.71
429 Nikki	Manson	Giffnock North AAC	4.64
434 Eilidh	McEvilly	VP-Glasgow AC	4.39
399 Ashleigh	Anderson	Shettleston Harriers	
421 Carolyn	Harvey	Ayr Seaforth AAC	
442 Jodie	Ronald	Airdrie Harriers	
427 Lauren	Lambie	Giffnock North AAC	
446 Lisa	Thompson	Shettleston Harriers	

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F3 Shot Putt – U15 Boys EAST FINAL 10.00

Championship Holder: Edmund Reid Falkirk VH 11.31

574 Damien	Murray	Arbroath & District AC
578 Donovan	Webster	Montrose and District

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F3 Shot Putt – U15 Boys WEST FINAL 10.00

Championship Holder: Andrew Cunningham Kilbarchan 11.74

539 Callum	McWilliam	Giffnock North AAC	7.45
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Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F4 Long Jump – U13 Girls EAST FINAL 11.30

Championship Holder: Rachel Robertson Lasswade AAC 4.43

638 Katie	Purves	Lasswade AAC	4.70
642 kelsey	stewart	Banchory Stonehaven AC	3.61
632 Eilidh	Ironside	Central AC	
636 Ellie	McGinty	Edinburgh AC	
628 Lily	Cairns-Haylor	Central AC	
633 Megan	Laing	Dunfermline & West Fife AC	
631 Niamh	Guest	Perth Strathtay Harriers	
626 Zoe	Black	Pitreavie AAC	

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F4 Long Jump – U13 Girls WEST FINAL 11.30

Championship Holder: Eilidh McEvilly VP-Glasgow 4.08

599 Alison	Harvey	Ayr Seaforth AAC	3.33
610 Ailie	Shanks	Ayr Seaforth AAC	
589 Alice	Arnold	Ayr Seaforth AAC	
614 Daisy	Williams		
594 Jill	Cherry	Motherwell AC	
608 Katie	Ord	Larkhall YMCA Harriers	
607 Lauren	McSkimming	Whitemoss AAC	
601 Lorne	Kerr	Kilmarnock H&AC	
596 Pamela	Creechan	Larkhall YMCA Harriers	
604 Sarah	McDonald	Whitemoss AAC	

Result: 1st.....2nd.....3rd.....
 Distance.....Distance.....Distance.....

EVENT F5 Shot Putt – U15 Girls EAST FINAL 11.30

Championship Holder: Laura Macaulay Central 9.57

504 Samantha	Tod	Perth Strathtay Harriers	5.81
487 Louise	Milne	Ellon AAC	7.08
465 Francesca	Benham	Lasswade AAC	9.15
479 Beth	Fyffe	Dundee Hawkhill Harriers	
484 Emma	McGinty	Edinburgh AC	

Result: 1st.....2nd.....3rd.....
 Distance.....Distance.....Distance.....

EVENT F5 Shot Putt – U15 Girls WEST FINAL 11.30

Championship Holder: Nicky McMurtrie Whitemoss 10.45

404 Evelyn	Bryce	Larkhall YMCA Harriers	5.07
413 Natasha	Dalziel	Law & District AAC	6.20
433 Gemma	McCutcheon	Kilmarnock H&AC	6.90
437 Elena	McKinlay	Whitemoss AAC	7.14
414 Sarah	Elliot	Shettleston Harriers	7.22
428 Nicola	Mackay	Shettleston Harriers	7.32
429 Nikki	Manson	Giffnock North AAC	8.62
434 Eilidh	McEvilly	VP-Glasgow AC	10.00
436 Eilidh	McHugh	Larkhall YMCA Harriers	
411 Kim	Creechan	Larkhall YMCA Harriers	

Result: 1st.....2nd.....3rd.....
 Distance.....Distance.....Distance.....

EVENT F6 High Jump – Senior Men CLOSED FINAL 12.30

Championship Holder: Andrew Allan Giffnock North 2.00

72 Thomas	Campbell	VP-Glasgow AC	2.00
103 Simon	Herron	Edinburgh University AC	1.96
78 David	Clunie	Giffnock North AAC	1.09
99 Jamie	Hannah	Kilmarnock H&AC	1.09
102 Kyle	Henderson	Central AC	1.09
118 Andrew	McElwee	Ayr Seaforth AAC	1.08
101 Corey	Hastings	Edinburgh AC	1.08
210 David	Smith	Giffnock North AAC	1.93 U20
208 Andrew	Russell	Giffnock North AAC	1.80 U20
206 Mark	Ramage	Corstorphine AAC	1.70 U20
190 Hector	Fraser	Corstorphine AAC	1.55 U20
181 Greig	Boyd	Falkirk Victoria	U20
203 John	McCafferty	Irvine AC	U20

Result: 1st.....2nd.....3rd.....
 Height.....Height.....Height.....

EVENT F7 Long Jump – Senior Women CLOSED FINAL 13.00

Championship Holder: Gillian Cooke Edinburgh AC 6.23

3 Kirsty	Barr	Nithsdale AC	5.46
48 Jane	Scott	Stewartry AC	5.30
27 Lucinda	Logan	VP-Glasgow AC	5.10
33 Laurie	McKenna	Edinburgh AC	5.07
53 Katy	Tan	Fife AC	
167 Anna	Seago	Edinburgh AC	5.55 U20
170 Sarah	Warnock	Edinburgh AC	U20

Result: 1st.....2nd.....3rd.....
 Distance.....Distance.....Distance.....

EVENT F8 Long Jump – U15 Boys EAST FINAL 14.00

Championship Holder: Peter Muirhead Perth Strathtay 5.50

575 Douglas	Paul	Dunfermline & West Fife AC	5.52
563 Callum	Edwards	Arbroath & District AC	5.26
566 Scott	Henderson	Livingston & District AAC	4.35
567 Daniel	Holligan	Edinburgh AC	4.29
573 Luke	Meakin	Corstorphine AAC	3.98
574 Damien	Murray	Arbroath & District AC	

Result: 1st.....2nd.....3rd.....
 Distance.....Distance.....Distance.....

EVENT F8 Long Jump – U15 Boys WEST FINAL 14.00

Championship Holder: Andrew Cunningham Kilbarchan 5.10

542 Cory	O'Hara	Kilmarnock H&AC	5.10
537 Ross	Maxwell	East Kilbride A.C.	4.98
518 Mahad	Ahmed	Shettleston Harriers	4.71
535 Christopher	Jenks	Irvine AC	

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F9 Shot Put – U13 Girls EAST FINAL 14.00

Championship Holder: Louise Dawson Perth Strathtay 7.22

637 Chloe	Nethery	Pitreavie AAC	
636 Ellie	McGinty	Edinburgh AC	
627 Isla	Burns	Central AC	
630 Kathryn	Gillespie	Central AC	
633 Megan	Laing	Dunfermline & West Fife AC	

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F9 Shot Put – U13 Girls WEST FINAL 14.00

Championship Holder: Eilidh McEvelly VP-Glasgow 6.41

609 Rachael	Scott	Shettleston Harriers	6.28
614 Daisy	Williams		
608 Katie	Ord	Larkhall YMCA Harriers	

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F10 High Jump – U17 Men EAST FINAL 14.00

Championship Holder: Gary Plain Falkirk VH 1.80

387 Fraser	Weir	Falkirk Victoria Harriers	1.80
381 Sam	O'Kane	Caithness AAC	1.75
385 Mathew	Thomson	Livingston & District AAC	1.71
384 Allan	Smith	Pitreavie AAC	

Result: 1st.....2nd.....3rd.....
Height.....Height.....Height.....

EVENT F10 High Jump – U17 Men WEST FINAL 14.00

Championship Holder: Fraser Graham Giffnock North 11.69

340 Andrew	McFarlane	VP-Glasgow AC	1.80
337 Jack	Lochans	Kilbarchan AAC	1.66
324 Billy	Clarkson	Motherwell AC	1.52
339 Iain	McDowell	Mull AC	

Result: 1st.....2nd.....3rd.....
Height.....Height.....Height.....

EVENT F11 Shot Put – U13 Boys EAST FINAL 15.00

Championship Holder: Luca Vita Edinburgh AC 4.51

658 Robbie	Nairn	Livingston & District AAC	
659 Ben	Robbins	Edinburgh AC	
661 Luca	Vita	Edinburgh AC	

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F11 Shot Put – U13 Boys WEST FINAL 15.00

Championship Holder: Callum McWilliam Giffnock North 6.90

689 Marco	Nicholson	Law & District AAC	
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Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F 12 Triple Jump – Senior Men CLOSED FINAL 15.00

Championship Holder: John Carr Shettleston Harriers 14.85

74 John	Carr	Shaftesbury Barnet Harriers	15.20
139 David	Watson	Kilbarchan AAC	14.55
78 David	Clunie	Giffnock North AAC	13.19
103 Simon	Herron	Edinburgh University AC	
183 Cameron	Clark	Kilbarchan AAC	14.31 U20
193 Toby	Harris	Edinburgh AC	12.67 U20
212 Donald	Tod	Perth Strathtay Harriers	12.36 U20
192 Allan	Hamilton	Edinburgh AC	U20

Result: 1st.....2nd.....3rd.....
Distance.....Distance.....Distance.....

EVENT F13 High Jump – Senior Women CLOSED FINAL 15.30

Championship Holder: Erin Leggate VP-Glasgow 1.75

3	Kirsty Barr	Nithsdale AC	1.06.05
37	Jayne Nisbet	Edinburgh AC	1.82
25	Erin Leggate	VP-Glasgow AC	1.08
29	Emma Lowry	Edinburgh AC	1.06
28	Meghan Logue	Ayr Seaforth AAC	
166	Emma Nuttall	Edinburgh AC	1.65 U20
154	Amy Barrows	Giffnock North AAC	1.61 U20
156	Hazel Blair	VP-Glasgow AC	U20

Result: 1st.....2nd.....3rd.....
 Height.....Height.....Height.....

EVENT F14 Triple Jump – U17 Men EAST FINAL 16.00

Championship Holder: Toby Harris Edinburgh AC 12.52

367	Stewart Clark	Banchory Stonehaven AC	12.42
378	Peter Muirhead	Perth Strathtay Harriers	12.07
387	Fraser Weir	Falkirk Victoria Harriers	11.89
375	Peter Loudon	Edinburgh AC	11.40
384	Allan Smith	Pitreavie AAC	

Result: 1st.....2nd.....3rd.....
 Distance.....Distance.....Distance.....

EVENT F14 Triple Jump –U17 Men WEST FINAL 16.00

Championship Holder: Fraser Graham Giffnock North 11.69

337	Jack Lochans	Kilbarchan AAC	11.03
336	Matthew Lawson	Giffnock North AAC	

Result: 1st.....2nd.....3rd.....
 Distance.....Distance.....Distance.....