

**DM HALL CLOSED SENIOR INDOOR CHAMPIONSHIPS and EAST & WEST DISTRICT  
INDOOR CHAMPIONSHIPS  
PROVISIONAL TIMETABLE  
SATURDAY 17 JANUARY 2009  
TRACK**

<b>NO</b>	<b>TIME</b>	<b>EVENT</b>	<b>AGE GROUP</b>	<b>District</b>	<b>ROUND</b>	<b>Heats</b>
T1	10.00	400m	Senior Men	Closed	1	4
T2	10.15	400m	Senior Women	Closed	1	3
T3	10.25	400m	U17 Men	East	Final	1
T4	10.30	400m	U17 Men	West	Final	1
T5	10.40	60m	Senior Men	Closed	1	5
T6	11.00	60m	U17 Men	East	1	2
T7	11.10	60m	U17 Men	West	1	2
T8	11.20	60m	U15 Boys	East	Final	1
T9	11.25	60m	U15 Boys	West	1	2
T10	11.35	60m	U13 Boys	East	1	2
T11	11.45	60m	U13 Boys	West	1	2
T12	11.50	400m	Senior Men	Closed	Semi	2
T13	11.55	400m	Senior Women	Closed	Final	1
T14	12.00	1500m	Senior Men	Closed	Final	1
T15	12.10	300m	U17 Women	East	1	2
T16	12.15	300m	U17 Women	West	1	2
T17	12.20	60m	U13 Boys	East	Final	1
T18	12.25	60m	U13 Boys	West	Final	1
T19	12.30	60m	Senior Men	Closed	Semi	2
T20	12.40	60m	Senior Women	Closed	1	4
T21	12.55	60m	U17 Men	East	Final	1
T22	13.00	60m	U17 Men	West	Final	1
T23	13.05	60m	U15 Boys	West	Final	1
			<b>LUNCH</b>			
T24	14.00	400m	Senior Men	Closed	Final	1
T25	14.05	60m	U15 Girls	East	1	3
T26	14.15	60m	U15 Girls	West	1	3
T27	14.25	60m	U17 Women	East	1	2
T28	14.35	60m	U17 Women	West	1	2
T29	14.45	60m	Senior Men	Closed	Final	1
T30	14.50	60m	Senior Women	Closed	Semi	2
T31	15.00	60m	U13 Girls	East	1	2
T32	15.10	60m	U13 Girls	West	1	3
T33	15.20	1500m	U17 Men	East/West	Final	1
T34	15.30	1500m	Sen/U17 Women	Clo/E/W	Final	1
T35	15.40	300m	U17 Women	East	Final	1
T36	15.45	300m	U17 Women	West	Final	1
T37	15.50	60m	U15 Girls	East	Final	1
T38	15.55	60m	U15 Girls	West	Final	1
T39	16.00	60m	U17 Women	East	Final	1
T40	16.05	60m	U17 Women	West	Final	1
T41	16.10	60m	U13 Girls	East	Final	1
T42	16.15	60m	U13 Girls	West	Final	1
T43	16.20	60m	Senior Women	Closed	Final	1

**DM HALL CLOSED SENIOR INDOOR CHAMPIONSHIPS and EAST & WEST DISTRICT INDOOR  
CHAMPIONSHIPS  
PROVISIONAL FIELD TIMETABLE  
SATURDAY 17 JANUARY 2009**

No	Time	Event	Age Group	District	Round
F1	10.00	Pole Vault	Senior Men	Closed	Final
			U17 Men	East	Final
			U17 Men	West	Final
F2	10.00	Long Jump	U15 Girls	East	Final
			U15 Girls	West	Final
F3	10.00	Shot Putt	U15 Boys	East	Final
			U15 Boys	West	Final
F4	11.30	Long Jump	U13 Girls	East	Final
			U13 Girls	West	Final
F5	11.30	Shot Putt	U15 Girls	East	Final
			U15 Girls	West	Final
F6	12.30	High Jump	Senior Men	Closed	Final
F7	13.00	Long Jump	Sen Women	Closed	Final
F8	14.00	Long Jump	U15 Boys	East	Final
			U15 Boys	West	Final
F9	14.00	Shot Putt	U13 Girls	East	Final
			U13 Girls	West	Final
F10	14.00	High Jump	U17 Men	West	Final
			U17 Men	East	Final
F11	15.00	Shot Putt	U13 Boys	East	Final
			U13 Boys	West	Final
F12	15.00	Triple Jump	Senior Men	Closed	Final
F13	15.30	High Jump	Sen Women	Closed	Final
F14	16.00	Triple Jump	U17 Men	East	Final
			U17 Men	West	Final

**NB** All competitors to be given 2 warm up attempts. More if time permits.  
All competitors MUST register a distance in first 3 rounds to qualify for final rounds.  
In senior field event the top 8 athletes will qualify for the final 3 rounds.  
In all other age groups the best 6 athletes will qualify for the final 3 rounds.



chartered surveyors