

Scottish National Cross Country Championships
Falkirk (Callender Park)
SATURDAY 21st February 2009

General directions for all:- Follow Brown road Signs for Callendar Park and House

From Edinburgh and Forth Road Bridge:-

Take M9 to junction 5 (you should see above signs from here)

At end of slip road take 1st exit on to A9. Follow this for approx 1.5 miles (you will see football stadium) until roundabout.

Turn left (1st exit) and go uphill for approx 500 metres until next roundabout.

Take 3rd exit (turn right) and go under railway bridge. You will see Graeme High School, but at next roundabout turn left and then first right for parking.

From Glasgow, Stirling and Kincardine Bridge:-

Take M9 to junction 6 (you should see above signs from here)

At end of slip road turn right and after approx half a mile you will reach a roundabout.

Take 3rd exit sign posted Falkirk and go up and over the railway line. You will see football stadium.

At roundabout beside stadium turn left (1st exit) and past by stadium and fire station and go under railway bridge until you reach next roundabout.

Take 2nd exit (bearing right) and go up the hill for approx 500 metres.

At next roundabout turn right (3rd exit) and go under railway bridge.

You will see Graeme high School, but at mini roundabout turn left and the first right for parking.

Alternative parking is with in the park at the other end of Callendar Road past the school.