



60m Women

Heats 60m

14 March 11:40

First 3 and 6 fastest losers to 3 Semi Finals

Heat 1

1	267	Zara George	UWIC	7.80 Q
2	19	Hannah Williams	Birmingham	7.93 Q
3	247	Faye Winspear	Teesside	7.97 Q
4	265	Melaine Stephenson	UW Newport	8.01 q
5	231	Victoria Stephen	Stirling	8.61
6	74	Nikki Smith	East Anglia	8.67
7	110	Sally Thompson	Hull	8.98
8	173	Tammie Seo	Nottingham	10.60

Heat 2

1	109	Annabelle Lewis	Hull	7.58 Q
2	33	Lucy Sargent	Brunel	7.82 Q
3	228	Emily Martin	St Mary's	7.99 Q
4	171	Rachel Davidson	Northumbria	8.02 q
5	268	Michelle Thomas	UWIC	8.06 q
6	14	Lucy Ferguson	Bath	8.33 q
7	287	Clare Turnbull	York St. John	8.39
8	83	Rebecca Courtney	Exeter	8.39

Heat 3

1	211	Zara Hohn	Sheffield Hallam	7.66 Q
2	151	Kylie Russell	Loughborough	7.74 Q
3	20	Sophie Lambert	Birmingham	8.03 Q
4	29	Claire Welch	Brighton	8.07 q
5	201	Lorraine Bobb	Royal Holloway	8.33 q
6	31	Rebecca Klys	Bristol	8.60
7	73	Yu Kurusawa	East Anglia	9.34
8		Lane Vacant		

Heat 4

1	152	Natalie Jowett	Loughborough	7.86 Q
2	258	Susanna Banjo	UC Birmingham	7.98 Q
3	127	Remel Okeke-Wickham	Leeds	8.11 Q
4	210	Suki Cirillo	Sheffield	8.35
5	215	Megan Williams	Southampton	8.45
6	112	Pavidra Sivanandarajah	Imperial	8.53
7	181	Lisa Marie Croudance	Plymouth	9.57
8		Lane Vacant		

Heat 5

1	34	Joey Duck	Brunel	7.45 Q
2	13	Joanna Patterson	Bath	7.81 Q
3	183	Annie Onions	Portsmouth	8.58 Q
4	165	Rowena Dyson	Newcastle	8.63
5	143	Janet Bolaji	London	8.67

6	93	Holly Buckenham	Gloucestershire	8.73
7	78	Hannah Roberts	Edge Hill	8.92
8		Lane Vacant		

Heat 6

1	227	Natalie Bartley	St Mary's	7.80 Q
2	25	Jillian Drouin	Bournemouth	7.99 Q
3	257	Anja Meyer	UC Birmingham	8.30 Q
4	243	Laura Joyce	Swansea	8.46
5	271	Sarah Webb	Warwick	8.72
6	57	Dianna Richards	Coventry	8.98
7	72	Delaney Chambers	Durham	9.17
8		Lane Vacant		



60m Women

Semi Finals

14 March 13:40

First 2 and 2 fastest losers to Final

Race 1

1	34	Joey Duck	Brunel	7.45 Q
2	151	Kylie Russell	Loughborough	7.72 Q
3	152	Natalie Jowett	Loughborough	7.83
4	247	Faye Winspear	Teesside	7.98
5	265	Melaine Stephenson	UW Newport	8.02
6	25	Jillian Drouin	Bournemouth	8.13
7	201	Lorraine Bobb	Royal Holloway	8.22
8	183	Annie Onions	Portsmouth	8.61

Race 2

1	109	Annabelle Lewis	Hull	7.55 Q
2	227	Natalie Bartley	St Mary's	7.75 Q
3	13	Joanna Patterson	Bath	7.77 q
4	228	Emily Martin	St Mary's	7.92
5	171	Rachel Davidson	Northumbria	8.03
6	258	Susanna Banjo	UC Birmingham	8.13
7	14	Lucy Ferguson	Bath	8.24
8	257	Anja Meyer	UC Birmingham	8.34

Race 3

1	211	Zara Hohn	Sheffield Hallam	7.70 Q
2	33	Lucy Sargent	Brunel	7.79 Q
3	267	Zara George	UWIC	7.83 q
4	19	Hannah Williams	Birmingham	7.91
5	20	Sophie Lambert	Birmingham	8.01
6	127	Remel Okeke-Wickham	Leeds	8.05
7	29	Claire Welch	Brighton	8.06
8	268	Michelle Thomas	UWIC	8.08





60m

60m Women**Final****14 March 17:30****Championship Best Performance:****2007 Montel Douglas**

			Loughborough	7.31	Team Points
1	34	Joey Duck	Brunel	7.43	8
2	109	Annabelle Lewis	Hull	7.53	7
3	151	Kylie Russell	Loughborough	7.68	6
4	211	Zara Hohn	Sheffield Hallam	7.69	5
5	13	Joanna Patterson	Bath	7.70	4
6	267	Zara George	UWIC	7.82	3
7	33	Lucy Sargent	Brunel	7.84	2
8	227	Natalie Bartley	St Mary's	7.90	1

**200m Women****Heats****15 March 11:10****First 2 and 6 fastest losers to 3 Semi Finals****Heat 1**

1	160	Ese Okoro	Middlesex	25.99 Q
2	14	Kim Murray	Bath	26.04 Q
3	287	Clare Turnbull	York St. John	26.98
4	166	Rowena Dyson	Newcastle	29.04
5	137	Kristine Reinhold	Liverpool	29.29
6	79	Catherine Gallagher	Edinburgh	DNS

Heat 2

1	19	Seemita Gumbs	Birmingham	25.59 Q
2	154	Jess Taylor	Manchester	25.84 Q
3	127	Remel Okeke-Wickham	Leeds	26.44 q
4	83	Rebecca Courtney	Exeter	27.30
5	112	Pavidra Sivanandarajah	Imperial	28.25
6	231	Victoria Stephen	Stirling	29.04

Heat 3

1	265	Melaine Stephenson	UW Newport	25.36 Q
2	267	Michelle Thomas	UWIC	26.11 Q
3	129	Emma Payne	Leeds Met Carnegie	26.21 q
4	210	Suki Cirillo	Sheffield	27.44
5	73	Kalya Kallinikou	East Anglia	27.98
6	57	Dianna Richards	Coventry	DNS

Heat 4

1	13	Joanna Patterson	Bath	25.34 Q
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2	152	Natalie Jowett	Loughborough	26.15	Q
3	209	Alicia Roberts-Brown	Sheffield	26.67	q
4	228	Natasha Edwards	St Mary's	27.55	
5	32	Marika Reep	Bristol	29.15	
6	74	Louise Owen	East Anglia	30.68	

Heat 5

1	33	Lucy Sargent	Brunel	25.48	Q
2	268	Bryony Turnbull	UWIC	25.97	Q
3	212	Rachael Shaw	Sheffield Hallam	26.01	q
4	151	Mikaela Harrison	Loughborough	26.86	q
5	165	Amy Wrigley	Newcastle	27.42	
6	271	Sarah Webb	Warwick	30.23	

Heat 6

1	34	Charlotte Allee	Brunel	25.65	Q
2	227	Natalie Bartley	St Mary's	26.90	Q
3	215	Megan Williams	Southampton	26.96	q
4	78	Hannah Roberts	Edge Hill	30.08	
5	159	Christina Silva	Middlesex	DNS	
6	153	Adefikayo Titiloye	Manchester	DNS	



200m Women

Semi Finals

15 March 13:05

Winners and 3 fastest losers to Final. Next 2 fastest gain team points.

Race 1

1	13	Joanna Patterson	Bath	24.99	Q
2	160	Ese Okoro	Middlesex	25.70	q
3	154	Jess Taylor	Manchester	26.11	
4	212	Rachael Shaw	Sheffield Hallam	26.40	
5	227	Natalie Bartley	St Mary's	26.93	
6	215	Megan Williams	Southampton	27.43	

Race 2

1	265	Melaine Stephenson	UW Newport	24.97	Q
2	34	Charlotte Allee	Brunel	25.08	q
3	268	Bryony Turnbull	UWIC	25.86	2
4	129	Emma Payne	Leeds Met Carnegie	26.46	
5	151	Mikaela Harrison	Loughborough	27.10	
6	152	Natalie Jowett	Loughborough	DNF	

Race 3

1	33	Lucy Sargent	Brunel	24.83	Q
2	19	Seemita Gumbs	Birmingham	25.38	q
3	14	Kim Murray	Bath	25.93	1
4	267	Michelle Thomas	UWIC	26.33	
5	127	Remel Okeke-Wickham	Leeds	26.84	
6	209	Alicia Roberts-Brown	Sheffield	26.88	



Indoor Athletics Championships 2009 - Sheffield

200m Women

Final

15 March 14:15

Championship Best Performance:

2006 Katherine Endacott

St Mark & St John's

23.88

Team

Points

1	33	Lucy Sargent	Brunel	24.63	8
2	265	Melaine Stephenson	UW Newport	24.89	7
3	13	Joanna Patterson	Bath	24.99	6
4	34	Charlotte Allee	Brunel	25.03	5
5	160	Ese Okoro	Middlesex	26.02	4
6	19	Seemita Gumbs	Birmingham	26.03	3



400m Women

Heats

14 March 13:05

First 2 and 6 fastest losers to 3 Semi Finals

Heat 1

1	69	Maria Thomas	Dundee	59.10	Q
2	153	Jade Peak	Manchester	59.66	Q
3	152	Emma Paton	Loughborough	59.73	q
4	210	Laura Bealey	Sheffield	1.00.53	q
5	53	Emily Jones	Chichester	1.02.43	
6	285	Zofia Okuniewska	York	DNS	

Heat 2

1	211	Rachael Shaw	Sheffield Hallam	1.00.51	Q
2	151	Aisling Mcghee	Loughborough	1.00.76	Q
3	177	Emily Binner	Oxford	1.01.76	
4	20	Laura Carmichael	Birmingham	1.02.76	
5	201	Felicity Elliott	Royal Holloway	1.07.06	
6	111	Sarah Annon	Imperial	DNF	

Heat 3

1	43	Rhianne Jones	Cardiff	58.35	Q
2	143	Imola Asztalos	London	58.55	Q
3	13	Katie Sockett	Bath	58.57	q
4	34	Harriet Pryke	Brunel	58.95	q
5	91	Eve Carrington	Glasgow Caledonian	DNS	
6		Lane Vacant			

Heat 4

1	267	Nadine Okyere	UWIC	57.83	Q
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2	14	Sophie Skinner	Bath	60m	59.07 Q
3	154	Ashleigh Williams	Manchester		59.26 q
4	212	Kelie Bewick	Sheffield Hallam		1.00.95 q
5	127	Charlotte Gaynor	Leeds		1.06.02
6		Lane Vacant			

Heat 5

1	80	Louise Mclelland	Edinburgh		1.02.58 Q
2	165	Amy Wrigley	Newcastle		1.03.20 Q
3	128	Josie Cram	Leeds		1.06.29
4	19	Laura Gillhespy	Birmingham		DNS
5	160	Christina Silva	Middlesex		DNS
6		Lane Vacant			

Heat 6

1	33	Tara Bird	Brunel		58.59 Q
2	44	Sophie Twinam	Cardiff		1.01.10 Q
3	227	Liz Tipler	St Mary's		1.02.93
4	31	Marika Reed	Bristol		1.03.26
5	219	Anna Moles	St Andrews		1.06.34
6		Lane Vacant			



400m Women

Semi Finals

14 March 16:10

Winners and 3 fastest losers to Final. Next 2 fastest gain team points.

Race 1

1	267	Nadine Okyere	UWIC		58.33 Q
2	13	Katie Sockett	Bath		58.56 q
3	80	Louise Mclelland	Edinburgh		58.74 q
4	143	Imola Asztalos	London		59.14 2
5	165	Amy Wrigley	Newcastle		1.01.34
6	212	Kelie Bewick	Sheffield Hallam		1.01.55

Race 2

1	43	Rhianne Jones	Cardiff		58.35 Q
2	14	Sophie Skinner	Bath		59.19 1
3	211	Rachael Shaw	Sheffield Hallam		59.40
4	44	Sophie Twinam	Cardiff		59.90
5	34	Harriet Pryke	Brunel		1.01.48
6	210	Laura Bealey	Sheffield		1.01.52

Race 3

1	33	Tara Bird	Brunel		54.84 Q
2	69	Maria Thomas	Dundee		57.45 q
3	152	Emma Paton	Loughborough		59.33
4	154	Ashleigh Williams	Manchester		59.82
5	151	Aisling Mcghee	Loughborough		1.00.12
6	153	Jade Peak	Manchester		1.01.07



Indoor Athletics Championships 2009 - Sheffield

400m Women

Final

15 March 12:00

Championship Best Performance:

2004 Kim Wall

Loughborough

54.77

Team
Points

1	33	Tara Bird	Brunel	54.24	8
2	267	Nadine Okyere	UWIC	55.36	7
3	69	Maria Thomas	Dundee	57.25	6
4	13	Katie Sockett	Bath	58.27	5
5	43	Rhianne Jones	Cardiff	58.56	4
6	80	Louise Mclelland	Edinburgh	58.59	3



800m Women

Heats

14 March 14:35

First 2 and 4 fastest losers to 2 Semi Finals.

Heat 1

1	143	Sara Luck	London	2.19.16	Q
2	19	Vicki Fouhy	Birmingham	2.19.31	Q
3	268	Anwyn Rees	UWIC	2.20.78	q
4	11	Heather Roberts	Bangor	2.27.33	q
5	32	Marika Reed	Bristol	2.31.13	
6	154	Elizabeth Hogson	Manchester	2.40.57	
7	73	Rachel Ball	East Anglia	2.41.53	
8		Lane Vacant			

Heat 2

1	129	Jo Adams	Leeds Met Carnegie	2.21.14	Q
2	137	Seonaid Murray	Liverpool	2.24.06	Q
3	153	Anna Brooks	Manchester	2.27.69	
4	219	Hilary Armitage	St Andrews	2.31.69	
5	231	Robyn Mcdowall	Stirling	2.34.33	
6	279	Bethan Roberts	Wolverhampton	2.36.38	
7	267	Hayley Wills	UWIC	DNF	
8		Lane Vacant			

Heat 3

1	33	Shelayna Oskan	Brunel	2.20.54	Q
2	285	Charlotte Gaughan	York	2.20.70	Q
3	17	Rebecca Hall	Bedfordshire	2.22.42	q
4	34	Hannah Jeanes	Brunel	2.22.81	q
5	211	Victoria Needham	Sheffield Hallam	2.29.28	

6	74	Sarah Burdett	East Anglia	60m	2.34.46
7	239	Anne Doyle	Surrey		2.39.93
8		Lane Vacant			

Heat 4

1	247	Stacey Smith	Teesside		2.25.44	Q
2	151	Alex Snook	Loughborough		2.27.10	Q
3	13	Siobhan Svendsen	Bath		2.29.77	
4	31	Ashley Robinson	Bristol		2.45.26	
5	127	Louise Smith	Leeds		2.48.19	
6	57	Natasha Frolich	Coventry		3.01.69	
7	183	Charlotte Hunt	Portsmouth		DNS	
8		Lane Vacant				



800m Women

Semi Finals

14 March 17:20

First 2 and 2 fastest losers to Final. Next 2 fastest gain team points.

Race 1

1	19	Vicki Fouhy	Birmingham		2.12.37	Q
2	247	Stacey Smith	Teesside		2.12.52	Q
3	143	Sara Luck	London		2.13.56	q
4	268	Anwyn Rees	UWIC		2.19.87	2
5	151	Alex Snook	Loughborough		2.21.13	
6	11	Heather Roberts	Bangor		2.27.02	

Race 2

1	33	Shelayna Oskan	Brunel		2.18.72	Q
2	137	Seonaid Murray	Liverpool		2.18.78	Q
3	129	Jo Adams	Leeds Met Carnegie		2.19.69	q
4	285	Charlotte Gaughan	York		2.20.49	1
5	17	Rebecca Hall	Bedfordshire		2.25.87	
6	34	Hannah Jeanes	Brunel		2.26.46	



Indoor Athletics Championships 2009 - Sheffield

800m Women

Final

15 March 13:55

Championship Best Performance:

2007 Charlotte Best

				2.05.32	Team Points
1	247	Stacey Smith	Teesside	2.11.83	8
2	19	Vicki Fouhy	Birmingham	2.12.88	7
3	143	Sara Luck	London	2.13.63	6
4	129	Jo Adams	Leeds Met Carnegie	2.18.30	5
5	137	Seonaid Murray	Liverpool	2.18.37	4
6	33	Shelayna Oskan	Brunel	DQ	0

**1500m Women****Heats****14 March 10:30****First 3 and 3 fastest losers to Final****Heat 1**

1	79	Sarah Hood	Edinburgh	4.50.60	Q
2	20	Hannah Brooks	Birmingham	4.50.60	Q
3	13	Laura Dunn	Bath	4.51.84	Q
4	209	Sarah McCormack	Sheffield	4.52.65	q
5	129	Jane Kemshall	Leeds Met Carnegie	4.54.15	q
6	128	Laura Glenn	Leeds	5.26.79	
7	32	Ashley Robinson	Bristol	5.34.74	
8	183	Charlotte Hunt	Portsmouth	5.44.53	
9	12	Kat Richardson	Bangor	5.50.09	
10	153	Anna Brooks	Manchester	DNS	

Heat 2

1	109	Klachen Cheshire	Hull	4.55.57	Q
2	143	Harriet Scott	London	4.55.58	Q
3	19	Lucy Dowsett	Birmingham	4.55.82	Q
4	267	Emily Brown	UWIC	4.56.23	q
5	31	Erica Golland	Bristol	5.04.41	
6	211	Victoria Needham	Sheffield Hallam	5.10.22	
7	137	Sarah Neary	Liverpool	5.10.92	
8	73	Sarah Kimpton	East Anglia	5.28.91	
9	57	Natasha Frolich	Coventry	5.59.01	
10	210	Leila Armoush	Sheffield	6.07.44	

**Indoor Athletics Championships 2009 - Sheffield****1500m Women****Final****15 March 12:20****Championship Best Performance:****2007 Hannah England****Birmingham****4.19.68****Team
Points**

1	20	Hannah Brooks	Birmingham	4.26.27	8
2	143	Harriet Scott	London	4.29.56	7
3	79	Sarah Hood	Edinburgh	4.29.58	6
4	19	Lucy Dowsett	Birmingham	4.35.15	5
5	109	Klachen Cheshire	Hull	4.35.69	4
6	13	Laura Dunn	Bath	4.39.91	3
7	129	Jane Kemshall	Leeds Met Carnegie	4.43.68	2
8	209	Sarah McCormack	Sheffield	4.47.59	1
9	267	Emily Brown	UWIC	4.49.56	

**3000m W****Heats****14 March 16:35****First 4 and 4 fastest losers to Final****Heat 1**

1	33	Emma Pallant	Brunel	10.15.26	Q
2	31	Imogen Ainsworth	Bristol	10.19.28	Q
3	151	Lucy O'Gorman	Loughborough	10.22.28	Q
4	71	Becky Howarth	Durham	10.29.55	Q
5	129	Sarah Kemshall	Leeds Met Carnegie	10.29.59	q
6	201	Felicity Elliott	Royal Holloway	11.09.85	
7	13	Kerry Iveston	Bath	11.32.72	
8	73	Sarah Kimpton	East Anglia	11.35.31	
9	109	Hannah Townsend	Hull	11.47.51	
10	231	Ann-Marie Parry	Stirling	13.27.19	
11		Lane Vacant			
12		Lane Vacant			

Heat 2

1	20	Katie Knowles	Birmingham	10.27.53	Q
2	227	Rose-Anne Galligan	St Mary's	10.27.86	Q
3	128	Sarah Peterson	Leeds	10.28.41	Q
4	209	Sarah McCormack	Sheffield	10.28.48	Q
5	152	Alison Lavender	Loughborough	10.32.43	q
6	173	Anna Rainey	Nottingham	10.49.17	q
7	32	Erica Golland	Bristol	11.09.41	q
8	74	Jennie Hunt	East Anglia	12.18.30	
9	267	Emily Brown	UWIC	DNF	
10		Lane Vacant			
11		Lane Vacant			
12		Lane Vacant			

**Indoor Athletics Championships 2009 - Sheffield****3000m W****Final****15 March 14:30****Championship Best Performance:**

		2005 Lisa Dobriskey	Loughborough	9.08.08	Team Points
1	33	Emma Pallant	Brunel	9.50.26	8
2	20	Katie Knowles	Birmingham	9.53.41	7
3	227	Rose-Anne Galligan	St Mary's	9.55.73	6
4	31	Imogen Ainsworth	Bristol	10.04.01	5

5	151	Lucy O'Gorman	Loughborough	10.11.96	4
6	71	Becky Howarth	Durham	10.17.11	3
7	128	Sarah Peterson	Leeds	10.17.32	2
8	129	Sarah Kemshall	Leeds Met Carnegie	10.21.43	1
9	152	Alison Lavender	Loughborough	10.24.84	
10	209	Sarah McCormack	Sheffield	10.31.51	
11	173	Anna Rainey	Nottingham	10.33.98	
12	32	Erica Golland	Bristol	11.00.47	



60m Hurdles Women Heats
15 March 09:50
First 2 and 2 fastest losers to Final

Heat 1

1	151	Andrea Vinet	Loughborough	8.50	Q
2	139	Helen Asher	Liverpool Hope	8.60	Q
3	212	Lydia Chamberlin	Sheffield Hallam	9.23	q
4	43	Louise Feeney	Cardiff	10.21	
5	19	Vicki Holmes	Birmingham	DNS	
6	91	Eve Carrington	Glasgow Caledonian	DNS	

Heat 2

1	152	Kylie Robilliard	Loughborough	8.62	Q
2	267	Michelle Thomas	UWIC	9.18	Q
3	13	Kim Motley	Bath	9.39	
4	34	Francesca Bennett	Brunel	9.51	
5	73	Chloe Vanwulven	East Anglia	9.64	
6	20	Isabelle Hatton	Birmingham	9.79	

Heat 3

1	211	Zara Hohn	Sheffield Hallam	8.56	Q
2	25	Jillian Drouin	Bournemouth	9.06	Q
3	153	Jess Taylor	Manchester	9.38	q
4	227	Claudia Tabony	St Mary's	9.96	
5	81	Nicola Gaisford	Essex	9.97	



Indoor Athletics Championships 2009 - Sheffield
60m Hurdles Women Final

15 March 2005

Championship Best Performance:

		2007 Gemma Bennett	Brunel	8.25	Team Points
1	211	Zara Hohn	Sheffield Hallam	8.38	8
2	151	Andrea Vinet	Loughborough	8.45	7
3	139	Helen Asher	Liverpool Hope	8.53	6
4	152	Kylie Robilliard	Loughborough	8.66	5
5	25	Jillian Drouin	Bournemouth	8.90	4
6	212	Lydia Chamberlin	Sheffield Hallam	9.13	3
7	267	Michelle Thomas	UWIC	9.25	2
8	153	Jess Taylor	Manchester	DNF	0



4x200m WOMEN Heats

14 March 17:40

Six fastest to Final, next two fastest gain team points

Heat 1

1	13	Bath	1.44.64	Q
2	211	Sheffield Hallam	1.44.87	Q
3	129	Leeds Met Carnegie	1.49.45	2
4	127	Leeds	1.53.07	
5	165	Newcastle	1.53.26	
6		Lane Vacant		

Heat 2

1	267	UWIC	1.44.78	Q
2	151	Loughborough	1.46.77	Q
3	227	St Marys	1.49.46	1
4	73	East Anglia	1.55.69	
5	31	Bristol	DNF	
6		Lane Vacant		

Heat 3

1	33	Brunel West London	1.41.44	Q
2	209	Sheffield	1.48.98	Q
3	153	Manchester	1.52.45	
4	71	Durham	2.01.53	
5		Lane Vacant		
6		Lane Vacant		



Indoor Athletics Championships 2009 - Sheffield



4x200m WOMEN Final

60m

15 March 14:50

Championship Best Performance:

2005		Loughborough	1.37.90	Team Points
1	33	Brunel West London	1.37.82	8
2	13	Bath	1.41.69	7
3	211	Sheffield Hallam	1.44.85	6
4	151	Loughborough	1.45.45	5
5	209	Sheffield	1.47.86	4
6	267	UWIC	DQ	0



Indoor Athletics Championships 2009 - Sheffield

Qualifying Height 1.65

High Jump Women

Qualifying A

211	Lydia Chamberlin	Sheffield Hallam	1.65	Q
151	Adele Lassu	Loughborough	1.65	Q
205	Kay Humberstone	Salford	1.65	Q
243	Caroline Park	Swansea	1.60	q
81	Nicola Gaisford	Essex	1.60	q
178	Helen Hanstock	Oxford	1.55	q
19	Charlotte Berrington	Birmingham	1.55	
73	Chloe Vanwulven	East Anglia	1.50	
31	Rebecaa Klys	Bristol	1.50	
57	Natalie Daniel	Coventry	1.50	
71	Flora Hill	Durham	1.40	

High Jump Women

Qualifying B

267	Emma Gulliver	UWIC	1.65	Q
33	Pamela Hughes	Brunel	1.65	Q
25	Jillian Drouin	Bournemouth	1.65	Q
129	Jenny Lumley	Leeds Met Carnegie	1.65	Q
20	Hayley Kruse	Birmingham	1.60	q
153	Katie Neary	Manchester	1.60	q
165	Amy Richards	Newcastle	1.55	
159	Kerry Dixon	Middlesex	1.55	
58	Jo Lang	Coventry	1.45	
137	Kristine Reinhold	Liverpool	1.45	





60m

High Jump Women Final**Championship Best Performance:**

	2005 Natalie Clark	Loughborough	1.86	Team Points
1	25 Jillian Drouin	Bournemouth	1.75	8
2	205 Kay Humberstone	Salford	1.75	7
3	151 Adele Lassu	Loughborough	1.70	6
4	211 Lydia Chamberlin	Sheffield Hallam	1.70	5
5=	33 Pamela Hughes	Brunel	1.65	3.5
5=	267 Emma Gulliver	UWIC	1.65	3.5
7	129 Jenny Lumley	Leeds Met Carnegie	1.65	2
8	243 Caroline Park	Swansea	1.60	1
9	20 Hayley Kruse	Birmingham	1.60	
10	178 Helen Hanstock	Oxford	1.55	
11	153 Katie Neary	Manchester	1.55	
	81 Nicola Gaisford	Essex	DNS	

**Indoor Athletics Championships 2009 - Sheffield****Qualifying Distance 5.70****Long Jump Women Qualifying A**

1	13 Kim Murray	Bath	5.72	Q
2	212 Lydia Chamberlin	Sheffield Hallam	5.39	q
3	153 Jess Taylor	Manchester	5.36	q
4	19 Steph Kleynhans	Birmingham	5.14	q
5	72 Elka Marsch	Durham	5.00	q
6	228 Claudia Tabony	St Mary's	4.90	q
7	83 Sarah Warsop	Exeter	4.84	
8	154 Amy Elston	Manchester	4.62	
9	57 Dianna Hyperd	Coventry	4.51	
10	165 Amy Richards	Newcastle	4.46	
11	138 Jenny Reason	Liverpool	4.43	
12	73 Yu Kurosawa	East Anglia	4.27	
13	94 Gemma Byrne	Gloucestershire	4.17	
14	33 Lauren Longhurst	Brunel	NJ	
	211 Leanne Spooner	Sheffield Hallam	DNS	
	127 Katherine James	Leeds	DNS	
	243 Imelda Morrisson	Swansea	DNS	

Long Jump Women Qualifying B

1	25 Jillian Drouin	Bournemouth	5.70	Q
2	143 Angela Barret	London	5.28	q

3	151 Denae Matthew	Loughborough	5.12	q
4	261 Kirsty Smith	University of the Arts	5.08	q
5	129 Jenny Lumley	Leeds Met Carnegie	5.06	q
6	201 Lorraine Bobb	Royal Holloway	4.99	q
7	137 Kristine Reinhold	Liverpool	4.69	
8	71 Lucy Parker-Armitage	Durham	4.61	
9	244 Laura Joyce	Swansea	4.56	
10	20 Emily Tabb	Birmingham	4.32	
11	209 Katie Noonan	Sheffield	4.20	
12	177 Laura Groom	Oxford	4.14	
13	227 Natalie Drinkwater	St Mary's	3.99	
14	77 Hannah Roberts	Edge Hill	3.86	
15	181 Lisa Marie Croudance	Plymouth	3.21	
	93 Holly Manning	Gloucestershire	DNS	
	21 Sinead Donnelly	Birmingham City	DNS	



Indoor Athletics Championships 2009 - Sheffield

Long Jump Women Final

Championship Best Performance:

1998 Julie Holman

Brunel WL

6.29

Team Points

1	13 Kim Murray	Bath	6.03	8
2	143 Angela Barret	London	5.64	7
3	25 Jillian Drouin	Bournemouth	5.57	6
4	153 Jess Taylor	Manchester	5.51	5
5	212 Lydia Chamberlin	Sheffield Hallam	5.50	4
6	261 Kirsty Smith	University of the Arts	5.19	3
7	19 Steph Kleynhans	Birmingham	5.17	2
8	129 Jenny Lumley	Leeds Met Carnegie	5.07	1
9	228 Claudia Tabony	St Mary's	4.90	
10	201 Lorraine Bobb	Royal Holloway	4.79	
11	72 Elka Marsch	Durham	4.79	
	151 Denae Matthew	Loughborough	DNS	



Indoor Athletics Championships 2009 - Sheffield

Triple Jump Women Final

Championship Best Performance:

2008 Nony Mordi

Edinburgh

13.10

Team Points

1	33 Claire Linskill	Brunel	12.57	8
2	143 Angela Barret	London	12.52	7

3	34 Shakira Knight	Brunel	60m	12.03	6
4	81 Jade Morgan	Essex		12.01	5
5	152 Tamara Longwe	Loughborough		11.50	4
6	261 Kirsty Smith	University of the Arts		11.43	3
7	13 Nicola Breaks	Bath		11.19	2
8	267 Sian Davies	UWIC		10.95	1
9	144 Alison Macleod	London		10.91	
10	183 Annie Onions	Portsmouth		10.47	
11	201 Lorraine Bobb	Royal Holloway		10.36	
12	153 Amy Elston	Manchester		10.33	
13	20 Emily Tabb	Birmingham		10.11	
14	31 Rebecaa Klys	Bristol		10.06	
15	19 Laura Rigby	Birmingham		9.62	
16	137 Jenny Reason	Liverpool		9.26	
17	177 Laura Groom	Oxford		8.61	
18	159 Katie Doody	Middlesex		NJ	
	279 Lauren Blackie	Wolverhampton		DNS	
	80 Catherine Gallagher	Edinburgh		DNS	



Indoor Athletics Championships 2009 - Sheffield

Pole Vault Women Final

Championship Best Performance:

	2005 Zoe Brown	Loughborough	4.10	Team Points
1	267 Bryony Raine	UWIC	3.90	8
2	33 Stephanie Smith	Brunel	3.80	7
3	268 Jessica Abraham	UWIC	3.50	6
4	143 Rachel Arnheim	London	3.50	5
5=	14 Emily Taylor	Bath	3.30	3.5
5=	13 Charlotte Howarth	Bath	3.30	3.5
7	159 Jasmin Hicks	Middlesex	3.00	2
8	227 Jennifer Honeyball	St Mary's	3.00	1
9	151 Caroline Adams	Loughborough	3.00	
10	71 Delaney Chambers	Durham	2.50	
11	153 Michelle Koutsolambrou	Manchester	2.30	
12	137 Jenny Reason	Liverpool	2.20	
13	173 Kathryn Burton	Nottingham	NHR	



Indoor Athletics Championships 2009 - Sheffield

Shot Put Women

Qualifying A

1	211 Amy Hill	Sheffield Hallam	13.63	Q
2	130 Alice Simpson	Leeds Met Carnegie	11.86	Q
3	129 Chloe Beckett	Leeds Met Carnegie	11.41	q
4	135 Rebecca Hall	Lincoln	11.19	q
5	212 Lydia Chamberlin	Sheffield Hallam	10.70	q
6	268 Louise Ali	UWIC	10.58	q
7	165 Katy Wilson	Newcastle	9.42	
8	177 Helen Hanstock	Oxford	8.87	
9	77 Natalie Livesey	Edge Hill	8.05	
10	58 Felicia Rudolfo	Coventry	7.61	
11	209 Amie Trewin	Sheffield	7.31	
	93 Elizabeth Yarnold	Gloucestershire	DNS	



Shot Put Women

Qualifying B

	11 Jillian Drouin	Bournemouth	12.09	Q
	Sophie Thomas	Loughborough	11.72	Q
3	13 Serita Shone	Bath	11.50	Q
4	267 Sarah Benson	UWIC	11.29	q
5	279 Laura Gomery	Wolverhampton	10.99	q
6	261 Suzie Scott	University of the Arts	10.60	q
7	280 Lyndsey Stevenson	Wolverhampton	9.26	
8	227 Claudia Tabony	St Mary's	9.14	
9	127 Lauren Hunt	Leeds	8.92	
10	210 Katie Noonan	Sheffield	7.59	
11	57 Dianna Richards	Coventry	NT	



Indoor Athletics Championships 2009 - Sheffield

Shot Put Women

Final

Championship Best Performance:				
	2003 Eva Massey	Ulster	15.80	Team Points
1	211 Amy Hill	Sheffield Hallam	14.12	8
2	130 Alice Simpson	Leeds Met Carnegie	13.08	7
3	13 Serita Shone	Bath	12.52	6
4	25 Jillian Drouin	Bournemouth	12.25	5
5	151 Sophie Thomas	Loughborough	12.03	4
6	129 Chloe Beckett	Leeds Met Carnegie	11.86	3
7	279 Laura Gomery	Wolverhampton	11.52	2
8	212 Lydia Chamberlin	Sheffield Hallam	11.28	1
9	135 Rebecca Hall	Lincoln	10.91	
10	267 Sarah Benson	UWIC	10.66	

11	261 Suzie Scott	University of Arts	10.54
12	268 Louise Ali	UWIC	10.31



60m Men

Heats

14 March 10:50

First 2 and 4 fastest losers to 3 Semi Finals

Heat 1

1	191	Luke Wale	Reading	7.10 Q
2	33	Harvey Byrne	Brunel	7.16 Q
3	173	Paul Ogun	Nottingham	7.21 q
4	212	James Mitchell	Sheffield Hallam	7.27 q
5	129	James Wright	Leeds Met Carnegie	7.37
6	232	Richard Scott	Stirling	7.60
7	218	Toran Williams	Southampton Solent	7.61
8	154	Tom Flint	Manchester	7.87

Heat 2

1	19	Julian Adeniran	Birmingham	7.11 Q
2	26	Jason King	Bournemouth	7.27 Q
3	279	Edirin Okoro	Wolverhampton	7.32
4	117	Stephen Prosser	Kent	7.40
5	201	Chris Hall	Royal Holloway	7.41
6	32	Rae Olaitan	Bristol	7.46
7	165	Matt Spence	Newcastle	7.59
8	78	Andrew Alian	Edge Hill	8.09

Heat 3

1	211	Todd Marshall	Sheffield Hallam	7.13 Q
2	14	Lee Christopher	Bath	7.13 Q
3	71	Ade Akiyode	Durham	7.45
4	74	Greg Pollard	East Anglia	7.45
5	166	Richard Champney	Newcastle	7.54
6	215	Rob Green	Southampton	7.55
7	94	Leigh Hayes	Gloucestershire	7.91
8	17	Richard Elliot	Bedfordshire	DNS

** CHECK ORDER **

Heat 4

1	20	Sunkwame Olari	Birmingham	7.15 Q
2	181	Vincent Adiamah	Plymouth	7.26 Q
3	110	Edward Kariakri	Hull	7.29
4	269	Alex Fields	UWE Bristol	7.62
5	30	James Blanchard	Brighton	7.68
6	247	Andrew Simpson	Teesside	7.96
7	179	Shadrack Muleli	Oxford Brookes	8.31

8 227 Nigel Thomas St Mary's 60m DNS

Heat 5

1	34	Ant McWilliams	Brunel	7.07 Q
2	169	Alistair Macdonald	Northampton	7.29 Q
3	171	Chris Craigs	Northumbria	7.43
4	57	Lloyd Alara	Coventry	7.54
5	183	Jonathon Oviasu	Portsmouth	7.56
6	217	Tamunoisimabia Amachree	Southampton Solent	7.66
7	219	Derk Straathof	St Andrews	7.70
8	77	Joe Frost	Edge Hill	7.83

Heat 6

1	25	Sven Knippals	Bournemouth	7.08 Q
2	89	Duncan Macrossan	Glasgow	7.27 Q
3	73	Alechi Nduka	East Anglia	7.39
4	81	Paul Slater	Essex	7.41
5	153	Thaddeus Anim-Somuah	Manchester	7.54
6	109	Sam Botchey	Hull	7.65
7	184	Andrew Waddington	Portsmouth	7.73
8	220	Adam Wilson	St Andrews	7.93

Heat 7

1	103	Ryan Oswald	Heriot-Watt	6.96 Q
2	130	Jonny Holmes	Leeds Met Carnegie	7.13 Q
3	143	Nnamdi Umgh	London	7.34
4	48	Stephen Sumner	Central Lancashire	7.39
5	270	Gareth Akibo-Betts	UWE Bristol	7.78
6	105	David Stephens	Hertfordshire	7.81
7	231	Greig Kelly	Stirling	8.40
8	248	Karl Hawkins	Teesside	DNS

Heat 8

1	280	Ryan Farrington	Wolverhampton	7.16 Q
2	29	Lee Fulham	Brighton	7.23 Q
3	267	Jon Simonson	UWIC	7.31
4	31	Dan Richards	Bristol	7.60
5	127	Kofi Kusi	Leeds	7.70
6	243	Nathan Cooze	Swansea	7.89
7	209	Felix Hatton	Sheffield	8.25
8	69	Connor Hill	Dundee	DNS

Heat 9

1	205	Tom Martin	Salford	6.95 Q
2	268	Chris Hill	UWIC	7.09 Q
3	151	Tom Burton	Loughborough	7.25 q
4	111	James Sharples	Imperial	7.35
5	84	Matthew Beech	Exeter	7.67
6	128	Mohamed Afkhami	Leeds	7.80

7	144	Lee Lovelock-Jemmott	London	60m	7.84
8		Lane Vacant			

Heat 10

1	13	Lloyd Rice	Bath		7.00 Q
2	152	Luke Giblin	Loughborough		7.13 Q
3	83	Matthew Davies	Exeter		7.19 q
4	244	Simon Annan	Swansea		7.68
5	79	Eivind Omli	Edinburgh		7.82
6	11	Tom Hutchinson	Bangor		7.96
7	172	Steve Langley	Northumbria		DQ
8		Lane Vacant			



60m Men

Semi Finals

14 March 13:25

First 2 and 2 fastest losers to Final

Race 1

1	205	Tom Martin	Salford		6.84 Q
2	19	Julian Adeniran	Birmingham		7.07 Q
3	191	Luke Wale	Reading		7.11 q
4	130	Jonny Holmes	Leeds Met Carnegie		7.13
5	14	Lee Christopher	Bath		7.14
6	212	James Mitchell	Sheffield Hallam		7.22
7	26	Jason King	Bournemouth		7.24
8	89	Duncan Macrossan	Glasgow		7.34

Race 2

1	103	Ryan Oswald	Heriot-Watt		6.91 Q
2	25	Sven Knippals	Bournemouth		7.07 Q
3	152	Luke Giblin	Loughborough		7.11
4	268	Chris Hill	UWIC		7.12
5	211	Todd Marshall	Sheffield Hallam		7.15
6	151	Tom Burton	Loughborough		7.25
7	181	Vincent Adiamah	Plymouth		7.29
8	169	Alistair Macdonald	Northampton		7.32

Race 3

1	34	Ant McWilliams	Brunel		6.91 Q
2	13	Lloyd Rice	Bath		6.94 Q
3	280	Ryan Farrington	Wolverhampton		7.05 q
4	83	Matthew Davies	Exeter		7.17
5	33	Harvey Byrne	Brunel		7.18
6	173	Paul Ogun	Nottingham		7.20
7	29	Lee Fulham	Brighton		7.22
8	20	Sunkwame Olari	Birmingham		DNF





60m Men

60m

Final

14 March 17:35

Championship Best Performance:

		2003 Mark Hanson	Brunel	6.68	Team Points
1	205	Tom Martin	Salford	6.78	8
2	103	Ryan Oswald	Heriot-Watt	6.91	7
3	34	Ant McWilliams	Brunel	6.95	6
4	280	Ryan Farrington	Wolverhampton	7.00	5
5	25	Sven Knippals	Bournemouth	7.06	4
6	191	Luke Wales	Reading	7.10	3
7	19	Julian Adeniran	Birmingham	7.77	2
8	13	Lloyd Rice	Bath	DNS	1



200m Men

Heats

15 March 10:10

First 2 and 2 fastest losers to 4 Semi Finals

Heat 1

1	129	Umar Hameed	Leeds Met Carnegie	22.85 Q
2	127	Leslie Addy	Leeds	23.54 Q
3	217	Kelvin Callender	Southampton Solent	23.55
4	90	Neil Burnside	Glasgow	23.60
5	29	Steve Wells	Brighton	25.49
6	84	Yeung Ho	Exeter	26.22

Heat 2

1	19	Ollie King	Birmingham	22.50 Q
2	143	Nndami Umeh	London	23.35 Q
3	89	Duncan Macrossan	Glasgow	23.50
4	83	Matthew Beech	Exeter	25.04
5	47	Wayne Ko	Central Lancashire	DNS
6	58	Luke Baker	Coventry	DNS

** CHECK ORDER **

Heat 3

1	211	Todd Marshall	Sheffield Hallam	22.84 Q
2	201	Chris Hall	Royal Holloway	22.95 Q
3	179	Freddie Naish	Oxford Brookes	24.53
4	183	Jonathan Oviasu	Portsmouth	24.65
5	79	Eivind Omli	Edinburgh	25.08
6	270	Gareth Akibo-Betts	UWE Bristol	25.40

Heat 4

1	107	Rory Evans	Huddersfield 60m	22.61 Q
2	130	Jonny Holmes	Leeds Met Carnegie	22.80 Q
3	212	James Mitchell	Sheffield Hallam	22.92 q
4	128	Kofi Kusi	Leeds	24.56
5	72	James Inkster	Durham	24.70
6	137	Edward Romney	Liverpool	24.98

Heat 5

1	14	Simon Merrill	Bath	22.80 Q
2	191	Luke Wale	Reading	22.95 Q
3	279	Ryan Farrington	Wolverhampton	23.14
4	48	Stephen Sumner	Central Lancashire	23.24
5	57	Lloyd Alara	Coventry	24.05
6	244	Simon Annan	Swansea	24.92

Heat 6

1	103	Ryan Oswald	Heriot-Watt	22.58 Q
2	160	Kyle Andrew	Middlesex	22.96 Q
3	172	Steve Langley	Northumbria	23.71
4	111	Aaron Mason	Imperial	23.84
5	31	Dan Richards	Bristol	24.40
6	26	Colin Ulett	Bournemouth	25.39

Heat 7

1	25	Sven Knippals	Bournemouth	22.45 Q
2	209	Matthew Quine	Sheffield	22.98 Q
3	171	James Whitehouse	Northumbria	23.08 q
4	228	Simeon Atkins	St Mary's	23.23
5	243	Nathan Cooze	Swansea	25.16
6	77	Michael Taubman	Edge Hill	DNF

Heat 8

1	33	Nick Leavey	Brunel	22.23 Q
2	165	Will Steel	Newcastle	23.27 Q
3	27	Eno Ebong	Bradford	24.62
4	144	Lee Lovelock-Jemmott	London	24.86
5	227	Nigel Thomas	St Mary's	DNS
6	268	Jonathon Simonson	UWIC	DNS

** CHECK ORDER **

Heat 9

1	13	Dan Cossins	Bath	21.78 Q
2	152	Luke Giblin	Loughborough	22.75 Q
3	267	Iain Bray	UWIC	23.25
4	71	Oliver Robinson	Durham	23.48
5	269	Alex Fields	UWE Bristol	23.89
6	166	Matthew Spence	Newcastle	24.52

Heat 10

1	20	Carl Macnamara	Birmingham	22.59 Q
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2	151	Luke Stott	Loughborough	22.61 Q
3	30	Lee Fullam	Brighton	23.79
4	173	Seya Tayo	Nottingham	25.18
5	73	Steven Castellino	East Anglia	25.94
6	53	Daniel Bashford	Chichester	DNF

Heat 11

1	159	Luke Fagan	Middlesex	22.42 Q
2	34	Sam Hook	Brunel	22.96 Q
3	81	Michael Skee	Essex	23.96
4	219	Derk Straathof	St Andrews	24.47
5	231	Richard Scott	Stirling	24.61
6	180	Shadrack Muleli	Oxford Brookes	27.11



200m Men

Semi Finals

15 March 12:45

Winners and 2 fastest losers to Final. Next 2 fastest gain team points.

Race 1

1	13	Dan Cossins	Bath	21.52 Q
2	107	Rory Evans	Huddersfield	22.45
3	14	Simon Merrill	Bath	22.57
4	191	Luke Wale	Reading	22.70
5	160	Kyle Andrew	Middlesex	23.00
6	171	James Whitehouse	Northumbria	23.00

** CHECK ORDER **

Race 2

1	33	Nick Leavey	Brunel	21.86 Q
2	211	Todd Marshall	Sheffield Hallam	22.37 2
3	20	Carl Macnamara	Birmingham	22.40
4	201	Chris Hall	Royal Holloway	22.86
5	34	Sam Hook	Brunel	23.13
6	212	James Mitchell	Sheffield Hallam	23.28

Race 3

1	103	Ryan Oswald	Heriot-Watt	22.23 Q
2	129	Umar Hameed	Leeds Met Carnegie	22.74
3	127	Leslie Addy	Leeds	23.69
4	130	Jonny Holmes	Leeds Met Carnegie	DNF
5	209	Matthew Quine	Sheffield	DNS
6	159	Luke Fagan	Middlesex	DNS

** CHECK ORDER **

Race 4

1	25	Sven Knippals	Bournemouth	21.92 Q
2	19	Ollie King	Birmingham	22.27 q
3	151	Luke Stott	Loughborough	22.35 q
4	152	Luke Giblin	Loughborough	22.39 1
5	165	Will Steel	Newcastle	23.24

6 143 Nndami Umeh London 60m 24.06



Indoor Athletics Championships 2008 - Sheffield

200m Men

Final

15 March 14:10

Championship Best Performance:

2008 Dan Cossins		Bath	21.29	Team Points
1	13 Dan Cossins	Bath	21.36	8
2	33 Nick Leavey	Brunel	21.52	7
3	103 Ryan Oswald	Heriot-Watt	21.70	6
4	25 Sven Knippals	Bournemouth	21.94	5
5	19 Ollie King	Birmingham	23.03	4
6	151 Luke Stott	Loughborough	39.22	3



400m Men

Heats

14 March 12:15

Winners and 12 fastest losers to 4 Semi Finals

Heat 1

1	13 Steve Green	Bath	49.38 Q
2	159 David Telfer-James	Middlesex	49.96 q
3	274 Gregor Innes	West of Scotland	50.45 q
4	95 Gawain Rogers	Glyndwr (formerly NEWI)	55.16
5	83 Yeung Ho	Exeter	1.01.61
6	93 Alex Feltham	Gloucestershire	DNS

Heat 2

1	279 Darren Lewis	Wolverhampton	50.75 Q
2	129 Matthew Stone	Leeds Met Carnegie	51.65
3	210 Steven Garrett	Sheffield	52.09
4	26 Paul Hindle	Bournemouth	53.12
5	272 Mike Tallis	Warwick	54.28
6	77 Clark Roberts	Edge Hill	58.63

Heat 3

1	18 Aaron Trimm	Bedfordshire	50.73 Q
2	173 Peter Wilson	Nottingham	51.59
3	280 Martin Pitts	Wolverhampton	51.61
4	71 James Inkster	Durham	52.35
5	183 Tommy Bruce-Eagles	Portsmouth	56.23
6	271 Diego Martin	Warwick	DNS

Heat 4

1	211	John Kelley	Sheffield Hallam	49.17	Q
2	19	Ed Aston	Birmingham	49.37	q
3	74	Stuart Brill	East Anglia	53.24	
4	17	Paul Graham	Bedfordshire	53.55	
5	80	Noah Torn	Edinburgh	53.63	
6	47	Ross Nelms	Central Lancashire	58.73	

Heat 5

1	152	Glyn Hawkes	Loughborough	50.30	Q
2	73	Tom Love	East Anglia	50.64	q
3	81	Michael Skee	Essex	51.83	
4	20	Ollie Francis	Birmingham	53.60	
5	269	Michael Tayo Olasanoye	UWE Bristol	54.19	
6	243	Gary Piazzon	Swansea	58.61	

Heat 6

1	209	Matthew Quine	Sheffield	50.44	Q
2	227	Simeon Atkins	St Mary's	50.65	q
3	165	Will Steel	Newcastle	51.60	
4	43	Rob Whitham	Cardiff	54.93	
5	143	Eric Vincent	London	1.03.07	
6	153	Mark Grimshaw	Manchester	DNS	

Heat 7

1	267	Richard Hill	UWIC	48.38	Q
2	151	Patrick Swan	Loughborough	48.85	q
3	128	Richard Davies	Leeds	50.81	
4	32	John Brierly	Bristol	51.90	
5	33	Nicholas Bates	Brunel	51.94	
6	11	Mark Hughes	Bangor	58.30	

Heat 8

1	14	Rhys Smith	Bath	49.23	Q
2	268	Jonathan Hornblow	UWIC	50.48	q
3	82	James Slade	Essex	51.73	
4	232	Michael Burns	Stirling	52.60	
5	58	Tom Hames	Coventry	56.89	
6	99	Shaun Mulligan	Greenwich	DNS	

Heat 9

1	212	Sean Brindley	Sheffield Hallam	50.46	Q
2	1	Ian Garioch	Aberdeen	50.83	
3	205	James Colbeck	Salford	53.20	
4	273	Stewart Livingston	West of Scotland	55.45	
5	154	Dan Sykes	Manchester	55.83	
6	139	Christopher Bell	Liverpool Hope	DNS	

Heat 10

1	233	Sean Watson	Strathclyde	50.10	Q
2	31	Gustav Klingstedt	Bristol	50.37	q

3	34	Patrick North	Brunel	60m	50.52 q
4	111	Aaron Mason	Imperial		53.13
5	244	Simon Annan	Swansea		54.81
6		Lane Vacant			

Heat 11

1	127	Sam Cordin	Leeds		49.23 Q
2	130	Danny Williams	Leeds Met Carnegie		49.24 q
3	72	Oliver Robinson	Durham		50.18 q
4	215	Jon Dennis	Southampton		53.90
5	166	Richard Champney	Newcastle		55.51
6		Lane Vacant			

Heat 12

1	79	Scott Hughson	Edinburgh		49.66 Q
2	57	Patrick Palmer	Coventry		50.05 q
3	181	Sam Peters	Plymouth		51.66
4	27	Eno Ebong	Bradford		55.19
5	75	Victor Nutakor	East London		DNS
6		Lane Vacant			



400m Men

Semi Finals

14 March 15:50

Winners and 2 fastest losers to Final. Next 2 fastest gain team points.

Race 1

1	267	Richard Hill	UWIC		48.23 Q
2	152	Glyn Hawkes	Loughborough		48.45 q
3	209	Matthew Quine	Sheffield		50.24
4	159	David Telfer-James	Middlesex		50.52
5	57	Patrick Palmer	Coventry		51.23
6	227	Simeon Atkins	St Mary's		52.03

Race 2

1	211	John Kelley	Sheffield Hallam		48.54 Q
2	19	Ed Aston	Birmingham		48.75 q
3	233	Sean Watson	Strathclyde		49.36 1
4	212	Sean Brindley	Sheffield Hallam		49.53
5	72	Oliver Robinson	Durham		50.73
6	73	Tom Love	East Anglia		56.93

Race 3

1	14	Rhys Smith	Bath		48.44 Q
2	18	Aaron Trimm	Bedfordshire		48.82 2
3	79	Scott Hughson	Edinburgh		49.42
4	130	Danny Williams	Leeds Met Carnegie		49.49
5	31	Gustav Klingstedt	Bristol		49.80
6	34	Patrick North	Brunel		DNF

Race 4			60m	
1	151	Patrick Swan	Loughborough	48.39 Q
2	127	Sam Cordin	Leeds	49.71
3	13	Steve Green	Bath	49.78
4	279	Darren Lewis	Wolverhampton	50.95
5	268	Jonathan Hornblow	UWIC	DNF
6	274	Gregor Innes	West of Scotland	DNS



Indoor Athletics Championships 2009 - Sheffield

400m Men

Final

15 March 11:55

Championship Best Performance:

2005 Gareth Warburton			UWIC	46.96	Team Points
1	211	John Kelley	Sheffield Hallam	48.37	8
2	151	Patrick Swan	Loughborough	48.44	7
3	14	Rhys Smith	Bath	48.79	6
4	19	Ed Aston	Birmingham	55.20	5
5	152	Glyn Hawkes	Loughborough	DNF	0
6	267	Richard Hill	UWIC	DNF	0



800m Men

Heats

14 March 13:55

First 2 and 6 fastest losers to 3 Semi Finals

Heat 1

1	39	Rory Graham-Watson	Cambridge	1.59.94	Q
2	89	Neil Burnside	Glasgow	1.59.98	Q
3	268	Jonathan Butler	UWIC	1.59.99	
4	165	Joel English	Newcastle	2.01.43	
5	279	Matthew Bayliss	Wolverhampton	2.02.83	
6	81	Dale Powell	Essex	2.09.02	
7	212	James Porteus	Sheffield Hallam	2.09.76	
8	29	Alex Dennis	Brighton	2.14.68	

Heat 2

1	227	Rick Ward	St Mary's	1.59.58	Q
2	177	Richard Hildick - Smith	Oxford	2.00.07	Q
3	152	Matt Sullivan	Loughborough	2.00.20	
4	269	Andrew Mapstone	UWE Bristol	2.02.71	
5	83	Daniel Strang	Exeter	2.04.11	
6	80	Steven Raeburn	Edinburgh	2.06.26	
7	25	James Eccles	Bournemouth	2.07.15	
8		Lane Vacant			

60m

Heat 3

1	228	Michael Cole	St Mary's	1.56.11	Q
2	267	Dean Goodman	UWIC	1.57.19	Q
3	13	Sam Walsh	Bath	1.58.26	q
4	273	Gary Grieve	West of Scotland	1.58.40	q
5	166	Kris Axon	Newcastle	2.05.05	
6	184	Joseph Easterbrook	Portsmouth	2.11.16	
7	261	Jeffery Nkrumah	University of the Arts	DNF	
8		Lane Vacant			

Heat 4

1	183	Oliver Heeks	Portsmouth	1.59.33	Q
2	74	Chris Johnson	East Anglia	1.59.62	Q
3	19	Dom Henry	Birmingham	1.59.91	q
4	71	Owen Walpole	Durham	1.59.93	
5	128	Thomas Marnham	Leeds	2.00.99	
6	137	Graham Powell	Liverpool	2.05.05	
7	75	David Holland	East London	DNS	
8		Lane Vacant			

Heat 5

1	34	Jordan Donnelly	Brunel	2.05.44	Q
2	173	Jonathan Hiorns	Nottingham	2.06.76	Q
3	215	Matt Jobson	Southampton	2.06.93	
4	76	Victor Nutakor	East London	2.08.31	
5	153	Aaron Barker	Manchester	2.10.06	
6	151	Steven Morrow	Loughborough	DNS	
7	47	Stephen Bennett	Central Lancashire	DNS	
8		Lane Vacant			

Heat 6

1	243	Andrew De-Camps	Swansea	1.57.73	Q
2	211	Jacob Harman	Sheffield Hallam	1.57.75	Q
3	33	Richard Larsen	Brunel	1.57.90	q
4	178	Daniel Eckersley	Oxford	1.58.87	q
5	129	Dan Grant	Leeds Met Carnegie	1.59.46	q
6	127	Daniel Marron	Leeds	2.00.22	
7	30	Matthew Southam	Brighton	2.20.04	
8		Lane Vacant			



**1500m Men
800m Men**

**Semi Finals
Semi Finals
14 March 17:05**

Winners and 3 fastest losers to Final. Next 2 fastest gain team points.

Race 1

1	228	Michael Cole	St Mary's	1.54.90	Q
2	34	Jordan Donnelly	Brunel	1.55.43	q
3	267	Dean Goodman	UWIC	1.56.00	q

4	19	Dom Henry	Birmingham 60m	2.00.34
5	173	Jonathan Hiorns	Nottingham	2.02.06
6	33	Richard Larsen	Brunel	2.04.03

Race 2

1	39	Rory Graham-Watson	Cambridge	1.55.03	Q
2	13	Sam Walsh	Bath	1.55.76	q
3	243	Andrew De-Camps	Swansea	1.56.51	1
4	129	Dan Grant	Leeds Met Carnegie	1.57.57	
5	211	Jacob Harman	Sheffield Hallam	2.01.37	
6	177	Richard Hildick - Smith	Oxford	2.06.92	

Race 3

1	227	Rick Ward	St Mary's	1.55.40	Q
2	89	Neil Burnside	Glasgow	1.56.43	2
3	183	Oliver Heeks	Portsmouth	1.57.23	
4	273	Gary Grieve	West of Scotland	1.58.07	
5	178	Daniel Eckersley	Oxford	1.58.51	
6	74	Chris Johnson	East Anglia	DNS	



Indoor Athletics Championships 2009 - Sheffield

800m Men

Final

15 March 14:00

Championship Best Performance:

2006 Richard Hill

UWIC

1.49.20

Team

Points

1	227	Rick Ward	St Mary's	1.51.04	8
2	267	Dean Goodman	UWIC	1.51.49	7
3	228	Michael Cole	St Mary's	1.53.19	6
4	39	Rory Graham-Watson	Cambridge	1.53.67	5
5	34	Jordan Donnelly	Brunel	1.53.84	4
6	13	Sam Walsh	Bath	1.56.92	3



1500m Men

Heats

14 March 10:00

First 3 and 3 fastest losers to 2 Semi Finals.

Heat 1

1	152	Paul Hutton	Loughborough	4.17.08	Q
2	268	Tom Marley	UWIC	4.17.13	Q
3	177	Dane Austin	Oxford	4.17.17	Q
4	211	James Kraft	Sheffield Hallam	4.18.60	
5	73	Simon O'Meara	East Anglia	4.24.91	
6	171	Andrew Young	Northumbria	4.27.45	

7	165	Kris Axon	Newcastle	60m	4.30.53	
8	244	Gareth Petts	Swansea		4.39.39	
9		Lane Vacant				
10		Lane Vacant				

** CHECK ORDER **

Heat 2

1	71	Gareth Lloyd	Durham		4.03.51	Q
2	34	Harry Webb	Brunel		4.03.67	Q
3	151	Thomas Gayle	Loughborough		4.03.70	Q
4	227	Carl Goose	St Mary's		4.04.42	q
5	111	James Teuten	Imperial		4.15.61	
6	243	Tim Butt	Swansea		4.32.35	
7	78	Clark Roberts	Edge Hill		4.35.36	
8	285	David Harper	York		DNS	
9	261	Jeffery Nkrumah	University of the Arts		DNS	
10		Lane Vacant				

** CHECK ORDER **

Heat 3

1	33	Rob Heaney	Brunel		4.13.47	Q
2	13	James Mills	Bath		4.13.61	Q
3	19	Joseph Durrant	Birmingham		4.13.73	Q
4	77	Robert Jowett	Edge Hill		4.14.51	
5	127	Eddie Glaister	Leeds		4.16.34	
6	209	Simon Millett	Sheffield		4.19.57	
7	212	James Porteous	Sheffield Hallam		4.35.13	
8	184	Liam Davis	Portsmouth		4.46.33	
9	93	Elliot Prince	Gloucestershire		DNS	
10		Lane Vacant				

Heat 4

1	267	Ieuan Thomas	UWIC		4.08.73	Q
2	228	Tom Wade	St Mary's		4.09.34	Q
3	81	David Gibbon	Essex		4.09.76	Q
4	72	Matthew Proctor	Durham		4.10.25	q
5	83	Jack Bancroft	Exeter		4.11.64	q
6	183	Max Prien	Portsmouth		4.11.69	
7	172	Tony Carter	Northumbria		4.33.63	
8	138	Adam Budd	Liverpool		5.05.05	
9	128	David Groom	Leeds		DNS	
10		Lane Vacant				

Heat 5

1	14	Ben Nagy	Bath		4.10.43	Q
2	130	Dan Garbutt	Leeds Met Carnegie		4.11.24	Q
3	279	Ben Sharman	Wolverhampton		4.11.56	Q
4	185	Dermot Cummins	Queen Margaret		4.14.01	
5	112	Samuel O'Neill	Imperial		4.15.51	
6	82	Andrew Connorton	Essex		4.33.81	
7	25	Peter Eley	Bournemouth		5.12.65	

8	84	Russell Wright	Exeter	60m	5.38.80
9	179	Jonathan Blackledge	Oxford Brookes		DNS
10		Lane Vacant			



Indoor Athletics Championships 2009 - Sheffield

1500m Men

Final

15 March 14:20

Championship Best Performance:

2006 Chris Warburton

Loughborough

3.47.34

Team

Points

1	13	James Mills	Bath	3.55.72	8
2	152	Paul Hutton	Loughborough	3.56.26	7
3	268	Tom Marley	UWIC	3.56.47	6
4	130	Dan Garbutt	Leeds Met Carnegie	3.57.28	5
5	19	Joseph Durrant	Birmingham	3.57.29	4
6	267	Ieuan Thomas	UWIC	3.57.83	3
7	81	David Gibbon	Essex	4.00.98	2
8	14	Ben Nagy	Bath	4.01.25	1
9	34	Harry Webb	Brunel	4.03.90	



3000m Men

Heats

14 March 14:55

Winners and 7 fastest losers to Final

Heat 1

1	248	Jonathan Taylor	Teesside	8.36.55	Q
2	228	Brian Markin	St Mary's	8.42.81	q
3	151	Peter Street	Loughborough	8.44.28	q
4	19	James Mee	Birmingham	8.45.92	
5	209	Ben Corfield	Sheffield	9.13.32	
6	47	Alasdair Russell	Central Lancashire	9.17.07	
7	77	Gary Priestly	Edge Hill	9.20.80	
8	212	David Howlett	Sheffield Hallam	9.21.25	
9	7	Andrew Bunn	Anglia Ruskin	9.23.15	
10	81	Nick Little	Essex	10.29.38	
11	216	Matt Jobson	Southampton	DNS	

Heat 2

1	247	Ricky Stevenson	Teesside	8.33.34	Q
2	227	Hussain Jama	St Mary's	8.42.18	q
3	127	Adam Carmichael	Leeds	8.47.60	
4	14	Dan Woolford	Bath	8.55.90	

5	210	Simon Millet	Sheffield	60m	9.22.50
6	51	Jordan Wildrienne	Chester (Warrington)		9.22.79
7	244	Ross Macdonald	Swansea		9.35.81
8	184	Simon Munro	Portsmouth		10.12.75
9	215	Steven Underwood	Southampton		10.20.21
10	75	David Holland	East London		DNS

Heat 3

1	163	Dan Mulhare	Napier		8.32.30	Q
2	73	Glen Watts	East Anglia		8.34.51	q
3	243	Craig Hopkins	Swansea		8.36.47	q
4	13	James Phillipson	Bath		8.38.62	q
5	111	Thomas Brown	Imperial		9.10.45	
6	79	Yujiro Iida	Edinburgh		9.12.09	
7	34	Adam Stainsby	Brunel		9.26.32	
8	93	Elliot Prince	Gloucestershire		9.45.67	
10	83	Torsten Chandler	Exeter		9.47.55	
9	285	David Harper	York		10.08.16	
11	58	Daniel Bennet	Coventry		11.09.11	

Heat 4

1	31	Stephen Mitchell	Bristol		8.36.53	Q
2	267	Tom Marshall	UWIC		8.39.18	q
3	33	Ben Tyler	Brunel		8.45.75	
4	20	Carl Smith	Birmingham		8.46.70	
5	71	Ed Knudsen	Durham		9.03.26	
6	286	Martin Proctor	York		9.23.23	
7	183	Chris Holmes	Portsmouth		9.23.78	
8	74	Josh Entwistle	East Anglia		9.29.41	
9	11	Angus Mackay	Bangor		10.16.53	
10	25	Matthew Kiernan	Bournemouth		10.57.08	
11	137	Adam Budd	Liverpool		11.35.21	

Heat 5

1	8	James Shane	Anglia Ruskin		8.42.13	Q
2	129	Stuart King	Leeds Met Carnegie		8.48.80	
3	89	Thomas Fay	Glasgow		8.51.98	
4	135	Aaron Scott	Lincoln		8.55.13	
5	112	Alexander Milne	Imperial		9.42.77	
6	128	Elliot Hind	Leeds		10.01.28	
7	57	Stuart Baird	Coventry		10.13.35	
8	109	Tim Williams	Hull		11.08.51	
9	138	Dan Boatright	Liverpool		12.02.24	
10	245	Alan Humphreys	Swansea Met		DNF	



Indoor Athletics Championships 2009 - Sheffield

3000m Men

Final

15 March 12:30

Championship Best Performance:

2002 Gareth Turnbull

				Team Points	
		Loughborough	7.57.90		
1	247	Ricky Stevenson	Teesside	8.01.56	8
2	248	Jonathan Taylor	Teesside	8.05.87	7
3	163	Dan Mulhare	Napier	8.16.18	6
4	8	James Shane	Anglia Ruskin	8.24.74	5
5	227	Hussain Jama	St Mary's	8.27.05	4
6	267	Tom Marshall	UWIC	8.29.19	3
7	243	Craig Hopkins	Swansea	8.33.43	2
8	73	Glen Watts	East Anglia	8.36.07	1
9	228	Brian Markin	St Mary's	8.36.67	
10	151	Peter Street	Loughborough	8.40.92	
11	13	James Phillipson	Bath	8.41.96	
12	31	Stephen Mitchell	Bristol	8.44.09	



60m Hurdles Men

Heats

15 March 09:30

First 2 and 2 fastest losers to Final

Heat 1

1	159	Gianni Frankis	Middlesex	8.06	Q
2	151	David Feeney	Loughborough	8.31	Q
3	47	Whittle Paul	Central Lancashire	8.47	q
4	279	Darren Lewis	Wolverhampton	8.59	
5	34	Joe Lancaster	Brunel	8.73	
6	181	Sam Caplen	Plymouth	9.11	
7	177	Oliver Stogdale	Oxford	9.16	
8	212	Lewis Stead	Sheffield Hallam	9.24	

Heat 2

1	13	Matt Hudson	Bath	8.18	Q
2	268	Steve Boyles	UWIC	8.66	Q
3	211	Matthew Shaw	Sheffield Hallam	9.05	
4	20	Mike Sweeney	Birmingham	9.17	
5	210	Dave Robertson	Sheffield	9.26	
6	160	Callum Priestley	Middlesex	DNS	
7	91	Neale Kelly	Glasgow Caledonian	DNS	

8 Lane Vacant 60m

Heat 3

1	32	Lawrence Clarke	Bristol	8.05	Q
2	280	Edirin Okoro	Wolverhampton	8.28	Q
3	33	Matt Field	Brunel	8.54	q
4	227	Ryan Dinham	St Mary's	8.66	
5	25	Lasse Tietje	Bournemouth	9.30	
6	209	Steven Garrett	Sheffield	9.44	
7	165	Andrew Storey	Newcastle	10.87	
8		Lane Vacant			



Indoor Athletics Championships 2009 - Sheffield

60m Hurdles Men Final

15 March 12:15

Championship Best Performance:

2003 Dominic Girdler

Loughborough

7.78s

Team
Points

1	32	Lawrence Clarke	Bristol	7.83	8
2	159	Gianni Frankis	Middlesex	7.87	7
3	13	Matt Hudson	Bath	8.09	6
4	280	Edirin Okoro	Wolverhampton	8.12	5
5	151	David Feeney	Loughborough	8.31	4
6	33	Matt Field	Brunel	8.35	3
7	47	Whittle Paul	Central Lancashire	8.57	2
8	268	Steve Boyles	UWIC	8.62	1



4x200m MEN Heats

14 March 18:00

Six fastest to Final, next two fastest gain team points

Heat 1

1	159		Middlesex	1.29.17	Q
2	13		Bath	1.29.29	Q
3	267		UWIC	1.31.47	2
4	79		Edinburgh	1.37.92	
5	243		Swansea	1.41.78	
6	83		Exeter	1.42.05	

Heat 2

1	19		Birmingham	1.32.10	1
2	165		Newcastle	1.38.26	
3	219		St Andrews	1.40.91	

4	271	Warwick	60m	1.41.41
5	77	Edge Hill		1.41.74
6		Lane Vacant		

Heat 3

1	127	Leeds		1.32.58
2	279	Wolverhampton		1.35.14
3	25	Bournemouth		1.37.24
4	73	East Anglia		1.38.42
5	215	Southampton		1.39.74
6	171	Northumbria		DQ

Heat 4

1	211	Sheffield Hallam		1.31.02	Q
2	129	Leeds Met Carnegie		1.31.16	Q
3	71	Durham		1.36.19	
4	29	Brighton		1.39.38	
5	181	Plymouth		DNS	
6		Lane Vacant			

Heat 5

1	33	Brunel		1.30.07	Q
2	151	Loughborough		1.30.51	Q
3	209	Sheffield		1.33.13	
4	31	Bristol		1.34.39	
5	183	Portsmouth		1.41.41	
6		Lane Vacant			



B U S A Indoor Athletics Championships 2008 - Sheffield

4x200m MEN Final

15 March 15:00

Championship Best Performance:

2007

Loughborough **1.26.22** **Team**

Points

1		Bath	1.27.65	8
2		Loughborough	1.28.39	7
3		Brunel	1.29.05	6
4		Sheffield Hallam	1.29.37	5
5	129	Leeds Met Carnegie	1.29.83	4
6	159	Middlesex	DNS	0



Indoor Athletics Championships 2009 - Sheffield



High Jump Men

60m

Qualifying A

268 JJ Ray Bobrownicki	Edinburgh	1.90	q
20 Adam Gallie	UWIC	1.90	q
81 Karl Robbins	Birmingham	1.90	q
177 Leron Norbert-John	Essex	1.90	q
83 Alex Skouby	Oxford	1.90	q
271 Ashley Barker	Exeter	1.90	q
71 Shaun Creegen	Warwick	1.85	
19 Robin Tuck	Durham	1.80	
173 Lewis Long	Birmingham	1.80	
211 Bradley Armougie	Nottingham	1.80	
95 Peter Richardson	Sheffield Hallam	1.75	
172 Gawain Rogers	Glyndwr (formerly NEWI)	1.75	
243 Sam Stanislaus	Northumbria	1.75	
219 Daniel Williams	Swansea	1.70	
57 Geoffrey Beresford	St Andrews	1.70	
57 Lloyd Alara	Coventry	1.60	

17
18
19
20

High Jump Men

Qualifying B

34 Ashley Phillips	Brunel	1.90	q
79 Simon Herron	Edinburgh	1.90	q
151 Matthew Ashley	Loughborough	1.90	q
14 Jason Fox	Bath	1.90	q
13 Ed Mason	Bath	1.90	q
33 Daniel Dunscombe	Brunel	1.90	q
17 Simon Hemmings	Bedfordshire	1.85	
178 Abubakar Abioye	Oxford	1.85	
127 Matthew Smiley	Leeds	1.80	
111 James Sharples	Imperial	1.75	
25 Lasse Tietje	Bournemouth	1.75	
231 Nick Wales	Stirling	1.75	
128 Richard Stilwell	Leeds	1.70	
153 Dan Sykes	Manchester	1.60	
209 Peter Drake	Sheffield	NH	

16
17
18
19
20



Indoor Athletics Championships 2009 - Sheffield

High Jump Men

Final

Championship Best Performance:

2004 Samson Oni	Loughborough	2.20	Team
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		60m		Points
1	79 Simon Herron	Edinburgh	2.00	8
2	20 Karl Robbins	Birmingham	2.00	7
3	80 Ray Bobrownicki	Edinburgh	2.00	6
4	81 Leron Norbert-John	Essex	1.95	5
5=	83 Ashley Barker	Exeter	1.95	3.5
5=	13 Ed Mason	Bath	1.95	3.5
7=	151 Matthew Ashley	Loughborough	1.90	1
7=	14 Jason Fox	Bath	1.90	1
7=	33 Daniel Dunscombe	Brunel	1.90	1
10	177 Alex Skouby	Oxford	1.90	
11	268 Adam Gallie	UWIC	1.85	
	34 Ashley Phillips	Brunel	WDN	



Indoor Athletics Championships 2009 - Sheffield

Long Jump Men

Qualifying A

100	Nonso Okolo	Brunel	7.01	q
173	Paul Ogun	Nottingham	6.78	q
84	David Cook	Exeter	6.69	q
152	Bradley Pickup	Loughborough	6.59	q
13	Richard Szarkowski	Bath	6.50	q
209	Andy Bleakley	Sheffield	6.36	q
71	Olly Briggs	Durham	6.34	q
267	Tom Kivell	UWIC	6.27	
212	Peter Richardson	Sheffield Hallam	6.23	
177	Andrew Bullimore	Oxford	6.23	
279	Anthony Stewart	Wolverhampton	6.08	
81	Paul Slater	Essex	6.02	
19	Mike Sweeney	Birmingham	5.82	
127	Tobie James	Leeds	5.72	
79	Maximilian Stich	Edinburgh	5.54	
77	Joe Frost	Edge Hill	5.28	
58	Anthony Price	Coventry	5.27	
153	Aaron Barker	Manchester	5.04	
220	Zisimos Souflas	St Andrews	4.64	
271	John Fletcher	Warwick	DNS	
237	Michael Briggs	Sunderland	DNS	

Long Jump Men

Qualifying B

130	Anthony Timms	Leeds Met Carnegie	6.83	q
268	Francis Baker	UWIC	6.79	q
210	Christopher Wright	Sheffield	6.62	q

143	Adrian Stamp	London	60m	6.61	q
14	Phil Browne	Bath		6.46	q
57	Dainius Babrauskas	Coventry		6.33	
17	Mark Bridges	Bedfordshire		6.29	
201	Chris Hall	Royal Holloway		6.27	
151	Martyn Omerod	Loughborough		6.19	
159	Omar Barton-Ellington	Middlesex		6.18	
72	Sylvain Garcon	Durham		6.09	
34	Matt George	Brunel		6.05	
165	Christopher Mossman	Newcastle		5.79	
20	Jamie Vickery	Birmingham		5.69	
43	Rob Whitham	Cardiff		5.55	
105	David Stephens	Hertfordshire		5.32	
73	Graham Stark	East Anglia		4.98	
166	Andrew Storey	Newcastle		4.84	
137	Adam Budd	Liverpool		4.29	
154	Tom Flint	Manchester		WDN	



or Athletics Championships 2009 - Sheffield

Long Jump Men Final

Championship Best Performance:

	2005 Gable Garenamotse	UWIC	7.68	Team Points
1	268 Francis Baker	UWIC	7.28	8
2	84 David Cook	Exeter	7.20	7
3	33 Nonso Okolo	Brunel	7.11	6
4	130 Anthony Timmons	Leeds Met Carnegie	7.04	5
5	152 Bradley Pickup	Loughborough	6.85	4
6	173 Paul Ogun	Nottingham	6.84	3
7	71 Olly Briggs	Durham	6.73	2
8	210 Christopher Wright	Sheffield	6.64	1
9	143 Adrian Stamp	London	6.61	
10	209 Andy Bleakley	Sheffield	6.44	
11	13 Richard Szarkowski	Bath	6.42	
12	14 Phil Browne	Bath	6.17	



Indoor Athletics Championships 2009 - Sheffield

Qual. Distance: 14.00

Triple Jump Men Qualifying A

1	✓ Daniel Lewis	Brunel	14.70	Q
2	1 Chuxx Onyia	Aberdeen	14.06	Q

3	89 Cameron Clark	Glasgow	60m	13.50	q
4	111 Ajay Mohite	Imperial		13.08	q
5	171 Sam Stanislaus	Northumbria		13.03	q
6	71 Sylvain Garcon	Durham		12.95	
7	209 Alastair Canaway	Sheffield		12.80	
8	77 Christopher Sinclair	Edge Hill		12.78	
9	29 Tyler Deas	Brighton		11.79	
10	166 Andrew Storey	Newcastle		10.98	
11	220 Zisimos Souflas	St Andrews		10.48	
	19 Jeremy Odametey	Birmingham		DNS	

Triple Jump Men

Qualifying B

1	33 Michael Puplampu	Brunel		14.52	Q
2	247 Ade Babetunde	Teesside		14.46	Q
3	159 Trevor Okoroafor	Middlesex		14.38	Q
4	57 Dainius Babrauskas	Coventry		14.11	Q
5	44 Owen Jones	Cardiff		14.05	Q
6	267 Adam Williams	UWIC		13.59	q
7	268 Tom Kivell	UWIC		13.49	q
8	73 Graham Stark	East Anglia		11.91	
9	219 Geoffrey Beresford	St Andrews		11.13	
10	93 Leigh Hayes	Gloucestershire		11.11	
11	43 Rob Whitham	Cardiff		11.08	



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Triple Jump Men

Final

Championship Best Performance:

	2007 Gary White	UWIC	16.00	Team Points
1	57 Dainius Babrauskas	Coventry	14.94	8
2	159 Trevor Okoroafor	Middlesex	14.67	7
3	33 Michael Puplampu	Brunel	14.62	6
4	44 Owen Jones	Cardiff	14.53	5
5	247 Ade Babetunde	Teesside	14.49	4
6	34 Daniel Lewis	Brunel	14.47	3
7	1 Chuxx Onyia	Aberdeen	13.83	2
8	89 Cameron Clark	Glasgow	13.58	1
9	268 Tom Kivell	UWIC	13.43	
10	171 Sam Stanislaus	Northumbria	13.20	
11	267 Adam Williams	UWIC	13.15	
12	111 Ajay Mohite	Imperial	12.86	



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Pole Vault Men Final

Championship Best Performance:
2007 Scott Simpson

		UWIC	5.42	Team Points
1	33 Scott Huggins	Brunel	4.80	8
2	13 Christian North	Bath	4.70	7
3	151 Robert Warensjo	Loughborough	4.70	6
4	77 Laurie Needham	Edge Hill	4.60	5
5	205 Matthew Cullen	Salford	4.50	4
6	19 Nick Cruchley	Birmingham	4.30	3
7	268 Andrew Holmes	UWIC	4.20	2
8	20 Ryszard Buk	Birmingham	4.10	1
9	34 Joe Lancaster	Brunel	4.10	
10	173 Freddie Pask	Nottingham	4.00	
11	41 Nick Moore	Canterbury Christ Church	3.80	
12	273 Stuart Chisholm	West of Scotland	3.60	
13	152 David Feeny	Loughborough	3.60	
14=	117 Steve Walker	Kent	3.60	
14=	247 Glen Blenkinsop	Teesside	3.60	
16	39 Tom Wagner	Cambridge	3.60	
17	212 Lewis Stead	Sheffield Hallam	3.60	
18	165 Nick Robinson	Newcastle	3.40	
19=	219 Geoffrey Beresford	St Andrews	3.40	
19=	211 Sean Power	Sheffield Hallam	3.40	



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Shot Put Men Final

Championship Best Performance:

	2007 Garrett Johnson	Oxford	20.15	Team Points
1	130 Rimantas Martisauskas	Leeds Met Carnegie	16.75	8
2	268 Ryan Spencer-Jones	UWIC	15.44	7
3	89 Daniel Carlin	Glasgow	14.60	6
4	33 Joe Lancaster	Brunel	12.28	5
5	151 David Feeny	Loughborough	12.25	4
6	159 James Nicol	Middlesex	12.02	3
7	34 Matt George	Brunel	12.00	2
8	13 Tommy Lillihagen	Bath	11.93	1

9	20 Chiedu Ufodiana	Birmingham 60m	11.66
10	211 Lewis Stead	Sheffield Hallam	11.51
11	111 James Sharples	Imperial	11.21
12	267 Andrew Holmes	UWIC	11.13
13	129 Karl Fitzgerald	Leeds Met Carnegie	10.65
14	19 Mike Sweeney	Birmingham	10.27
15	152 Yong Tan	Loughborough	10.13
16	172 Kim Johnson	Northumbria	10.07
17	205 Mike Rigby	Salford	9.74
18	77 Andrew Allan	Edge Hill	9.71
19	73 Danny Collins	East Anglia	8.91
20	161 David Freeman	MMU Cheshire	8.04
21	153 Tom Flint	Manchester	7.11
	57 Chris Horne	Coventry	DNS