

## Inter Regional Match

## Wishaw, North Lanarkshire

10th May 2009

	T01	400mH	Women		Pts
1	42	Avril Jackson	East	61.68	10
2	341	Steph Walker	Tayside & Fife	62.61	9
3	541	Holly Belch	West Coast	65.07	8
4	241	Lynne Hunter	Central	68.10	7
5	142	Catriona Pennet	Guest	68.62	
6	141	Marie Dobson	Highland & Grampian	68.62	6
7	658	Lucy Crookston	Guest	73.19	
8	359	Kerry Mann	Guest	dnf	

	T04	400mH	Men		Pts
1	507	Martin Lipton	West Coast	54.46	10
2	407	Gregor Innes	West City	55.34	9
3	307	Michael Burns	Tayside & Fife	58.11	8
4	8	Toby Harris	East	60.28	7
5	107	Morris Dillon	Highland & Grampian	61.76	6
6	207	Darren Thompson	Central	68.89	5

	T06	100m	Men	-1.80	Pts
1	300	Nick Smith	Tayside & Fife	10.68	10
2	500	Craig Fleming	West Coast	10.86	9
3	600	Stuart Benson	Guest	10.99	
4	400	Iain McDonald	West City	11.36	8
5	1	Steven Charters	East	11.39	7
6	200	Callum Woods	Central	11.41	6
7	100	Alastair Beaton	Highland & Grampian	11.58	5

	T08	100m	Women	-2.7	Pts
1	334	Stacey Downie	Tayside & Fife	12.37	10
2	64	Laura Davies	Guest	12.42	
3	534	Hope Robertson	West Coast	12.69	9
4	134	Susan Tengatenga	Highland & Grampian	12.96	8
5	234	Louise Dickson	Central	13.07	7
6	434	Jennifer Hannah	West City	13.08	6

	F01	Hammer	Men		Pts
1	415	Mark Dry	West City	64.49	10
2	13	Peter Holmes	East	51.53	9
3	213	Kyle Randels	Central	46.18	8
4	112	Scot Thompson	Highland & Grampian	42.42	7
5	312	Rene Rogers	Tayside & Fife	34.11	6

	T11	5000m	Men		Pts
1	406	Amanuel Hagos	West City	14.23.78	10
2	506	Derek Hawkins	West Coast	14.39.74	9
3	223	Andrew Butchard	Central	14.49.93	8
4	306	John Newsom	Tayside & Fife	15.00.18	7
5	106	Ben Hukins	Highland & Grampian	15.19.21	6
6	7	Fraser Scott	East	15.37.96	5

	T10	5000m	Women		Pts
1	41	Sue Ridley	East	17.43.39	10
2	540	Elspeth Curran	West Coast	17.47.94	9

	T12	400m	Men		Pts
1	602	Kris Robertson	Guest	47.41	
2	798	Jamie Bowie	Guest	48.63	
3	302	Graeme Oudney	Tayside & Fife	48.70	10
4	502	Craig Stewart	West Coast	49.13	9
5	3	Scott Hughson	East	49.57	8
6	402	Alan Low	West City	50.68	7
7	102	Donald Ferguson	Highland & Grampian	52.56	6

	T01	400mH	Women		Pts
1	145	Sylvia Kanya	Highland & Grampian	65.38	6
2	40	Lauren Stoddart	East	66.29	5
3	358	Emma Gordon	Tayside & Fife	66.37	4
4	558	Judith McNicol	West Coast	74.42	3

	T04	400mH	Men		Pts
1	424	Neale Kelly	West City	59.83	6
2	524	Stewart Liningston	West Coast	59.88	5

	T06	100m	Men	-0.3	Pts
1	508	Iain McEwan	West Coast	11.27	6
2	18	Isiah Symonds	East	11.46	5
3	217	Grant Isdale	Central	11.67	4
4	417	Duncan Macrossan	West City	11.75	3
5	317	Oliver Lawson	Tayside & Fife	12.04	2

	T08	100m	Women	-0.2	Pts
1	52	Lisa Ferguson	East	12.76	6
2	251	Lesley Campbell	Central	12.89	5
3	442	Heather Rankin	West City	13.34	4
4	551	Emma Pettigrew	West Coast	13.47	3
5	651	Kirsty McLeod	Guest	13.60	
6	151	Demi Adenuyewd	Highland & Grampian	14.13	2

	F01	Hammer	Men		Pts
1	413	Chris Bennett	West City	57.22	6
2	214	Ron Todd	Central	32.11	5
	613	Andy Frost	Guest	64.51	
	412	Daniel Carlin	Guest	33.01	

	T11	5000m	Men		Pts
1	423	Tsegai Tewelde	West City	14.26.32	6
2	523	Bobby Quinn	West Coast	14.48.01	5
3	123	Ross Fulton	Highland & Grampian	16.13.72	4
	668	Calum Hawkins	Guest	14.37.78	
	623	Matthew Gillespie	Guest	14.41.40	
	606	Craig Ruddy	Guest	15.12.30	

	T10	5000m	Women		Pts
1	557	Kara Tait	West Coast	18.28.1	6

	T12	400m	Men		Pts
1	519	Donald Macleod	West Coast	49.52	6
2	301	Mike Burslem	Guest	50.66	
3	319	Bruce Gib	Tayside & Fife	50.85	5
4	796	Tom Helyer	Guest	51.81	
5	419	Gregor Innes	West City	52.86	4
6	111	Andrew Raeburn	Highland & Grampian	53.71	3
7	219	Lewis grant	Central	54.43	2

## Inter Regional Match

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10th May 2009

	T14	400m	Women		Pts
1	336	Ellidh Child	Tayside & Fife	56.55	10
2	237	Amanda Campbell	Central	58.65	9
3	37	Louise McLelland	East	58.11	8
4	136	Jade McLaren	Highland & Grampian	59.88	7
5	436	Jennifer Hannah	West City	59.95	6
6	536	Michelle Bell	West Coast	61.21	5

	F02	Hammer	Women		Pts
1	48	Susan McKelvie	East	58.03	10
2	346	Mhairi Porterfield	Tayside & Fife	54.29	9
3	247	Myra Perkins	Central	51.81	8
4	447	Katie Horne	West City	46.44	7
5	547	Ailis Clements	West Coast	39.11	6

	F04	Long Jump	Women		Pts
1	52	Lisa Ferguson	East	5.67	10
2	559	Jane Scott	West Coast	5.37	9
3	443	Lucinda Logan	West City	4.98	8
4	244	Natalie Griffiths	Central	4.70	7

	T16	1500m	Men		Pts
1	204	Ally Hay	Central	3.48.67	10
2	504	Chris Mckay	West Coast	3.48.87	9
3	5	Chris O'Hare	East	3.49.46	8
4	404	Gordan Phillips	West City	3.55.19	7
5	321	Tom Cunningham	Tayside & Fife	3.57.29	6
6	104	Mark Haskett	Highland & Grampian	3.58.57	5
7	604	Ian Munro	Guest	3.51.77	

	T17	1500m	Women		Pts
1	538	Claire Gibson	West Coast	4.17.53	10
2	438	Josephine Moultrie	West City	4.22.60	9
3	39	Sarah Hood	East	4.31.85	8
4	138	Gemma Cormack	Highland & Grampian	4.33.71	7
5	338	Emily Stewart	Tayside & Fife	4.37.20	6
6	255	Fiona Thompson	Central	4.41.22	5

	F03	Pole Vault	Men		Pts
1	212	Richard Hurren	Central	4.60	10
2	416	Callum Sharp	West City	4.50	9
3	316	Gregor Maclean	Tayside & Fife	4.20	8
4	533	John Robertson	West Coast	2.80	7

	T18	110mH	Men	-0.8	Pts
1	408	Iain McDonald	West City	16.15	10
2	508	Iain McEwan	West Coast	16.65	9
3	208	Shane Malone	Central	16.86	8
4	308	Nic Hobday	Tayside & Fife	17.38	7
5	9	Sean Connerton	East	20.32	6

	F05	Javelin	Women		Pts
1	49	Nicki Falconer	East	36.58	10
2	349	Paula Murray	Tayside & Fife	32.38	9
3	444	Louise Irvine	West City	30.81	8
4	549	Colette Irvine	West Coast	30.11	7

	F07	High Jump	Women		Pts
1	544	Kirsty Barr	West Coast	1.65	10
1	43	Emma Lowry	East	1.65	10
3	443	Lucinda Logan	West City	1.50	8
4	244	Natalie Griffiths	Central	1.45	7

	T14	400m	Women		Pts
1	471	Erin Leggate	West City	59.36	6
2	553	Meghan Logue	West Coast	59.42	5
3	258	Jennifer Hutchison	Central	59.83	4
4	353	Cara Anderson	Tayside & Fife	61.00	3
5	141	Marie Dobson	Highland & Grampian	63.40	2

	F02	Hammer	Women		Pts
1	364	Kirsty Wilson	Tayside & Fife	47.80	6
2	246	Elizabeth Normand	Central	35.40	5
3	448	Claire Cameron	West City	26.84	4
4	564	Sally Webster	West Coast	26.42	3
5	647	Paula Murray	Guest	31.05	

	F04	Long Jump	Women		Pts
1	44	Sarah Warnock	East	5.67	6
2	543	Laurie Ann McKenna	West Coast	4.56	5
3	446	Katie Riches	West City	4.41	4
4	243	Clair Eagan	Central	4.17	3

	T16	1500m	Men		Pts
1	22	Dougie Selman	East	3.52.15	6
2	521	Mark Pollard	West Coast	3.55.71	5
3	221	Sean Reily	Central	3.56.87	4
4	421	Allan Ramsay	West City	3.58.40	3
5	304	Craig Robertson	Tayside & Fife	3.59.00	2
6	121	Rory Leslie	Highland & Grampian	4.22.19	1
	681	Matthew White	Guest	4.02.67	
	795	Gary Grieve	Guest	4.22.19	

	T17	1500m	Women		Pts
1	555	Natalie Sharp	West Coast	4.37.48	6
2	453	Catriona Lockie	West City	4.46.18	5
3	146	Carly Hall	Highland & Grampian	4.51.97	4

	F03	Pole Vault	Men		Pts
1	333	Stuart Chisolm	Tayside & Fife	3.60	6
2	214	Ron Todd	Central	3.20	5
3	469	Thomas Campbell	West City	4.20	4

	T18	110mH	Men	-0.8	Pts
1	425	Ian McDonald	West City	15.81	6
2	325	Sean Tough	Tayside & Fife	16.84	5
3	525	Craig Allan	West Coast	16.93	4

	F05	Javelin	Women		Pts
1	566	Jayne Kirkpatrick	West Coast	28.24	6
2	472	Katie Riches	West City	25.11	5
3	364	Kirsty Wilson	Tayside & Fife	24.17	4

	F07	High Jump	Women		Pts
1	62	Emma Nuttall	East	1.55	6
2	559	Jane Scott	West Coast	1.50	5

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## Wishaw, North Lanarkshire

10th May 2009

	F06	Long Jump	Men		Pts
1	309	Jude Beimers	Tayside & Fife	7.15	10
2	509	David Martin	West Coast	6.93	9
3	12	Allan Hamilton	East	6.66	8
4	209	Garry Plain	Central	6.33	7
5	109	William Smy	Highland & Grampian	5.93	6
6	409	David Clunie	West City	5.54	5

	T21	100mH	Women	-1.0	Pts
1	142	Catriona Pennet	Highland & Grampian	15.02	10
2	342	Lorna Rogers	Tayside & Fife	15.48	9
3	442	Heather Rankin	West City	15.77	8
4	541	Holly Belch	West Coast	16.75	7
5	43	Emma Lowry	East	17.64	6
6	241	Lynne Hunter	Central	17.75	5

	T26	200m	Men		Pts
1	600	Stuart Benson	Guest	21.58	
2	500	Craig Fleming	West Coast	21.70	10
3	200	Callum Woods	Central	22.38	9
4	401	David Clark	West City	22.55	8
5	1	Steven Charters	East	22.69	7
6	301	Mike Burslem	Tayside & Fife	22.94	6
7	100	Alastair Beaton	Highland & Grampian	23.05	5

	F10	Shot Putt	Men		Pts
1	112	Scot Thompson	Highland & Grampian	15.45	10
2	412	Daniel Carlin	West City	14.23	9
3	312	Rene Rogers	Tayside & Fife	10.84	8
4	213	Kyle Randels	Central	10.44	7
5	13	Peter Holmes	East	7.88	6

	F09	Triple Jump	Women		Pts
1	44	Sarah Warnock	East	11.49	10
2	543	Laurie Ann McKenna	West Coast	10.83	9
3	145	Sylvia Kanya	Highland & Grampian	10.75	8
4	444	Louise Irvine	West City	10.35	7

	F08	Javelin	Men		Pts
1	315	Chris Smith	Tayside & Fife	60.44	10
2	112	Scot Thompson	Highland & Grampian	48.37	9
3	515	George Dingwall	West Coast	48.14	8
4	415	Mark Dry	West City	46.35	7
5	232	Alec Davidson	Central	39.81	6

	T29	200m	Women	-0.5	Pts
1	334	Stacey Downie	Tayside & Fife	24.77	10
2	534	Hope Robertson	West Coast	25.53	9
3	42	Avril Jackson	East	26.04	8
4	251	Lesley Campbell	Central	26.28	7
5	134	Susan Tengatenga	Highland & Grampian	26.38	6
6	435	Danielle Osbourne	West City	26.57	5

	T30	800m	Men		Pts
1	303	Colin McCourt	Tayside & Fife	1.52.01	10
2	603	Chris Mackay	Guest	1.52.63	
3	204	Ally Hay	Central	1.52.88	9
4	503	Neil Burnside	West Coast	1.53.60	8
5	799	Kevin Kane	Guest	1.54.01	
6	4	Guy Learmonth	East	1.54.26	7
7	403	Mathew Truner	West City	1.54.42	6
8	103	Myles Edwards	Highland & Grampian	1.57.36	5

	F06	Long Jump	Men		Pts
1	310	David Murray	Tayside & Fife	6.60	6
2	217	Grant Isdale	Central	6.19	5
3	526	Cameron Clark	West Coast	6.15	4
4	10	Callum Wilson	East	5.95	3
5	311	Donald Tod	Guest	6.44	

	T21	100mH	Women	-1.5	Pts
1	145	Sylvia Kanya	Highland & Grampian	15.88	6
2	559	Jane Scott	West Coast	15.89	5
3	358	Emma Gordon	Tayside & Fife	17.61	4
4	443	Lucinda Logan	West City	20.48	3

	T26	200m	Men	-2.4	Pts
1	518	Brain Doyle	West Coast	22.31	6
2	19	Josh Crawford	East	23.05	5
3	402	Alan Low	West City	23.27	4
4	796	Tom Hellier	Tayside & Fife	23.87	3
5	218	Stephen Roy	Central	25.21	2

	F10	Shot Putt	Men		Pts
1	429	Allan McKay	West City	12.47	6
2	115	Fintan McCabe	Highland & Grampian	12.29	5
3	308	Nic Hobday	Tayside & Fife	9.15	4
	612	Neil Elliot	Guest	16.26	
	672	William Falconer	Guest	14.43	

	F09	Triple Jump	Women		Pts
1	558	Judith McNicol	West Coast	10.00	6

	F08	Javelin	Men		Pts
1	332	Ryan Knight	Tayside & Fife	53.59	6
2	131	Thomas Joy	Highland & Grampian	40.97	5
3	612	Neil Elliot	West City	40.59	4
4	215	Kenny Pearson	Central	38.89	3
	615	Alisdair Smith	Guest	47.90	

	T29	200m	Women	-3.1	Pts
1	352	Gemma Nicol	Tayside & Fife	25.07	6
2	52	Lisa Ferguson	East	26.21	5
3	452	Sarah Smith	West City	26.59	4
4	536	Michelle Bell	West Coast	27.17	3
5	651	Kirsty McLeod	Guest	28.15	
6	151	Demi Adenuyewd	Highland & Grampian	29.76	2

	T30	800m	Men		Pts
1	202	Garry Smith	Central	1.53.45	6
2	304	Craig Robertson	Tayside & Fife	1.53.76	5
3	420	Stuart Ross	West City	1.54.35	4
4	120	James Joy	Highland & Grampian	1.56.21	3
5	521	Mark Pollard	West Coast	1.57.99	2
6	21	Scott Pilkington	East	1.58.43	1
7	680	Andrew Campbell	Guest	1.59.23	

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10th May 2009

	T32	800m	Women		Pts
1	337	Jenny Tan	Tayside & Fife	2.08.33	10
2	437	Sara Stevenson	West City	2.09.55	9
3	537	Beth Duff	West Coast	2.10.33	8
4	38	Kathryn Evans	East	2.15.46	7
5	254	Katja Eravisto	Central	2.19.53	6
6	138	Gemma Cormack	Highland & Grampian	2.26.09	5

	T35	4x100m	Men		Pts
1			West Coast	41.45	20
2			East	43.67	18
3			West City	43.80	16
4			Tayside & Fife	43.83	14
5			Central	44.40	12
6			Highland & Grampian	46.14	10

	F13	High Jump	Men		Pts
1	427	David Smith	West City	2.00	10
2	310	David Murray	Tayside & Fife	1.90	9
3	527	Jamie Hannah	West Coast	1.85	8
4	109	William Smy	Highland & Grampian	1.80	7
5	217	Grant Isdale	Central	1.65	6

	F11	Discus	Women		Pts
1	546	Alison Rodgers	West Coast	45.48	10
2	346	Mhairi Porterfield	Tayside & Fife	36.25	9
3	248	Rianydd Parry	Central	35.30	8
4	49	Nicki Falconer	East	33.50	7
5	448	Claire Cameron	West City	32.26	6
6	141	Marie Dobson	Highland & Grampian	18.31	5

	T38	2000m S/C	Women		Pts
1	439	Nicola Hood	West City	6.54.00	10
2	239	Emma Waterhouse	Central	7.07.00	9
3	40	Lauren Stoddart	East	7.42.36	8
4	539	Fiona Gentles	West Coast	7.79.80	7

	F12	Pole Vault	Women		Pts
1	250	Kim Skinner	Central	3.60	10
2	51	Claire Kennedy	East	3.10	9
3	467	Caroline Adams	West City	3.10	8

	T39	3000m S/C	Men		Pts
1	505	Conor McNulty	West Coast	9.17.27	10
2	422	Lachlan Oates	West City	9.38.53	9

	F16	Shot Putt	Women		Pts
1	546	Alison Rodgers	West Coast	15.79	10
2	346	Mhairi Porterfield	Tayside & Fife	12.44	9
3	43	Emma Lowry	East	9.96	8
4	246	Elizabeth Normand	Central	8.32	7
5	446	Katie Riches	West City	8.24	6

	F15	Triple Jump	Men		Pts
1	511	David Watson	West Coast	14.38	10
2	111	Andrew Raeburn	Highland & Grampian	13.53	9
3	409	David Clunie	West City	13.19	8

	T32	800m	Women		Pts
1	55	Lauren Peffers	East	2.11.36	6
2	354	Laura Brown	Tayside & Fife	2.12.21	5
3	554	Caitlin Hendry	West Coast	2.21.87	4
4	146	Carly Hall	Highland & Grampian	2.25.19	3

	T36	4x100m	Women		Pts
1			West Coast	49.54	20
2			Tayside & Fife	49.74	18
3			West City	50.35	16
4			Highland & Grampian	53.94	14

	F13	High Jump	Men		Pts
1	410	Thomas Campbell	West City	1.95	6
2	308	Nic Hobday	Tayside & Fife	1.80	5
3	126	Martin Nicol	Highland & Grampian	1.75	4
4	568	Andrew McIlwee	West Coast	1.70	3
	610	David Agnew	Guest	1.90	

	F11	Discus	Women		Pts
1	563	Claire Reid	West Coast	32.95	6
2	363	Michelle Durbidge	Tayside & Fife	23.44	5
3	243	Clair Eagan	Central	16.91	4
4	471	Erin Leggate	West City	16.46	3
	648	Melissa Durbidge	Guest	26.85	

	F12	Pole Vault	Women		Pts
1	267	Amy Grant	Central	2.90	6

	T39	3000m S/C	Men		Pts
1	522	Stuart Gibson	West Coast	10.08.63	6
	468	Mike Deason	West City	dnf	
	305	Lewis Morrison	Tayside & Fife	dnf	

	F16	Shot Putt	Women		Pts
1	363	Michelle Durbidge	Tayside & Fife	10.98	6
2	563	Claire Reid	West Coast	10.70	5
3	49	Nicki Falconer	East	9.02	4
4	471	Erin Leggate	West City	7.81	3
5	243	Clair Eagan	Central	7.19	2
	364	Kirsty Wilson	Guest	10.06	
	651	Melissa Durbidge	Guest	7.92	

	F15	Triple Jump	Men		Pts
1	526	Cameron Clark	West Coast	14.18	6
2	427	David Smith	West City	12.07	5

## Inter Regional Match

## Wishaw, North Lanarkshire

10th May 2009

	T40	4x400m	Men		Pts
1			West Coast	3.16.65	20
2			West City	3.24.03	18
3			Tayside & Fife	3.24.36	16
4			East	3.25.92	14
5			Highland & Grampian	3.26.39	12

	T41	4x400m	Women		Pts
1			West Coast	3.54.83	20
2			East	3.55.84	18
3			Tayside & Fife	3.59.42	16
4			West City	4.01.87	14
5			Highland & Grampian	4.13.14	12

	F14	Discus	Men		Pts
1	112	Scot Thompson	Highland & Grampian	51.46	10
2	414	Angus McInroy	West City	49.24	9
3	312	Rene Rogers	Tayside & Fife	36.47	8
4	213	Kyle Randels	Central	33.33	7
5	9	Sean Connerton	East	16.81	6

	F14	Discus	Men		Pts
1	412	Daniel Carlin	West City	42.75	6
2	115	Fintan McCabe	Highland & Grampian	29.56	5
3	325	Sean Tough	Tayside & Fife	29.45	4
4	214	Ron Todd	Central	29.13	3
5	614	Allan McKay	Guest	46.69	

## Team Scores

West Coast 467

West City 430

Tayside &amp; Fife 383

East 331

Central 288

Highland &amp; Grampian 251