

NJL Northern Premier Div Round:2
Grangemouth, Grangemouth, Sun 24 May 2009

M 100m A		Wind +4.6 m/s	M 100m B		Wind +2.0 m/s
1	Joseph Kibirige	GHD 10.72	1	Oliver Back	LVL 10.99
2	Nyef Abed	SAL 10.88	2	Nathan Roach	SAL 11.07
3	Allan Hamilton	EDN 11.07	3	Isaiah Symonds	EDN 11.22
4	Surasak Suksamer	KGA 11.30	4	Ben Poter	U17 GHD 11.86
5	Grant Isdale	TFV 11.49	5	John Mulhern	U17 GSW 11.92
6	Jamie Garbutt	U17 COY 11.67	6	Chad Stephson	COY 11.99
7	David Kerr	U17 GSW 12.17	7	Luke Kelly	U17 KGA 12.16
M 200m A			M 200m B		Wind +2.8 m/s
1	James Hunter	LVL 22.1	1	Tony Corrigan	LVL 22.40
2	Joseph Kibirige	GHD 22.1	2	Josh Crawford	EDN 22.72
3	Kyle Henderson	U17 TFV 22.3	3	Surasak Suksamer	KGA 22.95
4	Nyef Abed	SAL 22.4	4	Nathan Roach	SAL 23.67
5	Anthony Young	U17 KGA 22.6	5	Grant Isdale	TFV 23.69
6	Scott Hughson	EDN 22.8	6	Adam Rowland	GHD 23.89
7	Craig Walker	U17 GSW 23.7	7	John Mulhern	U17 GSW 24.15
8	Richard Wilcock	COY 28.3			
M 400m A			M 400m B		
1	James Hunter	LVL 48.52	1	Sean Hood	EDN 50.37
2	Greg Loudon	EDN 49.16	2	Daniel Yip	LVL 51.30
3	Anthony Young	U17 KGA 50.35	3	Gareth Lamb	KGA 51.79
4	Adam Rowland	GHD 51.72	4	Craig Walker	U17 GSW 51.80
5	Martin Paterson	U17 TFV 52.33	5	Liam Baister	GHD 52.87
6	Daniel Chapman	GSW 54.15	6	Lewis Grant	TFV 54.11
7	Kieran Smith	COY 63.47	7	Mark Pinder	COY 67.89
M 800m A			M 800m B		
1	Guy Learmonth	EDN 1.58.53	1	Alan Ramsay	GSW 1.58.61
2	Greg Urwin	GHD 1.58.82	2	Peter Loudon	EDN 2.03.56
3	Sean Reily	TFV 1.59.26	3	James Wisnall	SAL 2.04.18
4	Gary McBride	U17 GSW 1.59.89	4	Iain Lynn	COY 2.08.14
5	David Devine	LVL 2.01.45	5	Jonathan Turnbull	GHD 2.10.54
6	Jamie Roden	SAL 2.02.06	6	Tom Fleming	KGA 2.11.63
7	Michael Overand	U17 KGA 2.04.10			
8	Kieran Smith	COY 2.13.72			
M 1500m A			M 1500m B		
1	Stuart Ross	GSW 4.07.85	1	Alan Ramsay	GSW 4.09.74
2	Ross Matheson	EDN 4.09.13	2	Steven Lyall	U17 KGA 4.15.44
3	Matthew White	KGA 4.09.59	3	Tom Watson	U17 TFV 4.17.33
4	Robert Inglis	TFV 4.14.00	4	Fraser Scott	EDN 4.25.85
5	Ryan Worland	SAL 4.14.56	5	Jonathan Turnbull	GHD 4.38.92
6	Kieran Smith	COY 4.27.33			
7	Liam Baister	GHD 4.28.90			
8	Ben Brown	LVL 4.31.18			
M 3000m A			M 3000m B		
1	Andrew Crichton	EDN 8.52.16	1	Alex Hendry	TFV 8.53.12
2	Scott McDonald	TFV 8.52.99	2	Fraser Scott	EDN 9.12.89
3	Sean Fontana	GSW 9.15.05	3	Stephen Fleming	GSW 9.18.71
4	Iain Lynn	COY 9.34.20	4	Tom Fleming	KGA 13.29.26
5	Mark Buchan	U17 KGA 9.56.39			
6	Craig Birch	GHD 10.23.81			
M 110mH A		Wind +1.0 m/s	M 110mH B		Wind +2.5 m/s
1	Jack Meredith	LVL 14.09	1	Ben Daye	U17 SAL 17.17
2	Jack Andrew	SAL 15.01	2	Stuart McIlreavy	EDN 17.25
3	Toby Harris	EDN 15.80	3	Mark Pinder	COY 24.94
4	Anthony Burnell	GHD 16.65			
5	Oliver Bird	U17 COY 21.60			

M 400mH A			M 400mH B		
1 Jon Croasdale	LVL	56.71	1 Toby Harris	EDN	59.11
2 Stuart McIlreavy	EDN	63.57	2 Ben Lewis	SAL	67.47
3 Ben Daye	SAL	64.57			
4 Lachlan Oates	GSW	68.37			
5 Ross Milne	U17 TFV	69.58			
6 Mark Pinder	COY	79.65			
M 2000m Sc A			M 2000m Sc B		
1 Matt Jackson	SAL	6.12.15	1 James Wisnall	SAL	6.49.05
2 Lachlan Oats	GSW	6.16.89	2 Marc Robson	EDN	7.14.33
3 Fraser Mann	EDN	6.36.27			
4 Iain Lynn	COY	6.43.15			
5 Ryan McIntosh	U17 KGA	7.09.62			
6 Ross Milne	U17 TFV	7.17.15			
7 Craig Birch	GHD	7.47.29			
M Discus Throw A			M Discus Throw B		
1 Daniel Carlin	GSW	50.93	1 Chris Barnes	U17 GSW	33.44
2 Adam Davies	SAL	35.47	2 Jack Andrew	SAL	32.53
3 James Sanney	LVL	32.65	3 Anthony Burnell	GHD	31.94
4 Ross McManus	U17 KGA	32.57	4 Jonathan Murray	EDN	28.15
5 Graeme Fairbairn	GHD	31.26	5 Edmund Reid	U17 TFV	26.75
6 Kyle Randells	TFV	30.53	6 Adam Reynolds	LVL	25.23
7 Myles Paterson	EDN	28.75	7 Ryan Knight	KGA	19.42
8 Oliver Bird	U17 COY	24.11			
M Hammer Throw A			M Hammer Throw B		
1 Adam Davies	SAL	53.39	1 Edmund Reid	U17 TFV	42.81
2 Kyle Randells	TFV	49.40	2 Daniel Carlin	GSW	38.13
3 Ross McManus	U17 KGA	47.06	3 Nathan Morris	U17 SAL	33.67
4 Nicky Stone	U17 GSW	44.02	4 James Sanney	LVL	23.49
5 Adam Reynolds	LVL	42.76	5 Liam Baister	GHD	14.82
6 Graeme Fairbairn	GHD	38.76	6 Dean Murray	EDN	14.11
7 Jonathan Murray	EDN	29.92	7 Kieran Smith	COY	11.74
8 Richard Wilcock	COY	18.56	8 Kevin Ireland	KGA	8.84
M High Jump A			M High Jump B		
1 Greg Boyd	TFV	1.95	1 James Davies	SAL	1.90
2 David Smith	GSW	1.95	2 Mathew Kerr	U17 GSW	1.85
3 Jack Andrew	SAL	1.90	3 Fraser Weir	TFV	1.75
4 Anthony Burnell	GHD	1.90	4 Alex Bright	GHD	1.75
5 Corey Hastings	EDN	1.80	5 Shaun Spence	EDN	1.65
6 Liam Diegan	U17 COY	1.80	6 Oliver Bird	U17 COY	1.65
7 Donald Tod	KGA	1.65	7 Marcus Adams	U17 KGA	1.55
M Javelin Throw A			M Javelin Throw B		
1 Ryan Knight	KGA	58.78	1 Gregor Maclean	EDN	43.07
2 Myles Paterson	EDN	46.84	2 James Davies	SAL	36.26
3 Jack Andrew	SAL	41.01	3 Chad Stephson	COY	35.78
4 Graeme Fairbairn	GHD	39.35	4 Kevin Ireland	KGA	27.14
5 Liam Diegan	U17 COY	39.00	5 John McOmish	TFV	25.19
6 Kyle Randells	TFV	32.92	6 Adam Rowland	GHD	18.45
7 Chris Barnes	U17 GSW	19.45	7 Nicky Stone	U17 GSW	17.74
M Long Jump A			M Long Jump B		
1 Allan Hamilton	EDN	6.86	1 Gary Plain	TFV	6.35
2 Kyle Henderson	U17 TFV	6.78	2 James Hardy	SAL	6.22
3 Anthony Burnell	GHD	6.76	3 Jordan Newport	EDN	5.96
4 Chad Stephson	COY	6.34	4 Alex Bright	GHD	5.75
5 Bradlie Houldsworth	SAL	6.33	5 Jamie Garbutt	U17 COY	5.65
6 Andrew Macfarlane	U17 GSW	6.24	6 Daniel Chapman	GSW	5.53
7 Donald Tod	KGA	6.23	7 Marcus Adams	U17 KGA	5.34

M Pole Vault A			M Pole Vault B		
1	Gregor Maclean	EDN 4.50	1	Jax Thoires	U17 GSW 4.20
2	Calum Sharp	GSW 4.40	2	Greg Appleby	U17 SAL 2.75
3	James Davies	SAL 4.20			
4	Chris Roose	LVL 3.60			
5	Grant Cryer	U17 GHD 2.75			
6	Kevin Ireland	KGA 2.75			
7	Richard Wilcock	COY 2.60			
M Shot Putt A			M Shot Putt B		
1	Daniel Carlin	GSW 15.95	1	Andrew McLaughlan	U17 GSW 13.57
2	Nathan Morris	U17 SAL 12.46	2	Ryan Knight	KGA 10.82
3	Kyle Randells	TFV 12.03	3	Edmund Reid	U17 TFV 10.80
4	Graeme Fairbairn	GHD 11.53	4	Anthony Burnell	GHD 10.63
5	Ross McManus	U17 KGA 11.06	5	James Sanney	LVL 10.31
6	Adam Reynolds	LVL 10.70	6	Adam Davies	SAL 10.24
7	Jonathan Byrne-Leitch	EDN 8.65	7	Gareth Robertson	EDN 8.62
8	Richard Wilcock	COY 7.99	8	Iain Lynn	COY 4.33
M Triple Jump A			M Triple Jump B		
1	James Hardy	SAL 14.20	1	David Clunie	GSW 13.56
2	Matthew Kerr	U17 GSW 13.74	2	Ben Lewis	U17 SAL 12.01
3	Donald Tod	KGA 12.74	3	Martin Paterson	U17 TFV 11.90
4	Chad Stephson	COY 12.62	4	Jamie Garbutt	U17 COY 11.51
5	Allan Hamilton	EDN 12.33	5	Peter Loudon	EDN 11.41
6	Fraser Weir	U17 TFV 12.29	6	Matthew Turnbull	GHD 9.14
7	Ben Poter	GHD 12.26			
W 100m A			W 100m B		
		Wind +3.6 m/s			Wind +1.3 m/s
1	Hope Robertson	EDN 12.40	1	Lesley Campbell	EDN 12.74
2	Carmen Gedling	LVL 12.48	2	Brogan Crowley	U17 SAL 12.82
3	Danielle Rooney	SAL 12.57	3	Andrea Gaffney	U17 GSW 13.13
4	Beth Finalyson	U17 KGA 12.62	4	Jess Foster	COY 13.14
5	Chloe Lambert	U17 GSW 12.68	5	Kirsty Armstrong	U17 KGA 13.50
6	Faye Bowles	GHD 12.72	6	Jenny Ellis	GHD 13.62
7	Becky Campsall	COY 12.86	7	Beth Hughes	U17 LVL 14.32
8	Louise Anderson	U17 TFV 13.30			
W 200m A			W 200m B		
		Wind +4.4 m/s			Wind +2.6 m/s
1	Beth Finalyson	U17 KGA 25.22	1	Carmen Gedling	LVL 25.28
2	Hope Robertson	EDN 25.49	2	Brogan Crowley	U17 SAL 25.91
3	Jennifer Simmons	SAL 25.80	3	Lesley Campbell	EDN 25.99
4	Lauren Brennan	LVL 25.93	4	Diane Ramsay	U17 GSW 26.02
5	Becky Campsall	COY 26.49	5	Jenny Tan	KGA 26.06
6	Roisin Howat	U17 GSW 26.86	6	Emma Masson	GHD 26.80
7	Jennifer Hutchison	TFV 26.91	7	Ruth Hill	COY 28.20
8	Faye Bowles	GHD 26.98	8	Sarah Dick	TFV 28.78
W 400m A			W 400m B		
1	Jenny Tan	KGA 56.29	1	Lauren Brennan	LVL 58.89
2	Carmen Gedling	LVL 57.56	2	Holly Belch	SAL 59.55
3	Jennifer Simmons	SAL 58.63	3	Rachael Anderson	U17 TFV 61.59
4	Emma Masson	GHD 58.78	4	Eiona Frew	EDN 62.01
5	Amanda Campbell	TFV 59.39	5	Stephanie Loraine	U17 GHD 63.77
6	Jennifer Hannah	GSW 59.69	6	Rebecca Hart	U17 GSW 65.51
7	Caitlin Froude	EDN 60.77	7	Hannah Higginson	COY 65.88
8	Ruth Brandon	COY 63.96	8	Courtney Wilkinson	KGA 66.32
W 800m A			W 800m B		
1	Sarah Inglis	TFV 2.15.10	1	Catriona Lockie	GSW 2.19.59
2	Emily Stewart	KGA 2.15.30	2	Iona Brodie	U17 KGA 2.20.43
3	Rebecca Finch	GSW 2.18.33	3	Karen Glover	TFV 2.25.89
4	Emma Wakefield	LVL 2.23.20	4	Laura Robertson	U17 EDN 2.42.05
5	Sam Blair	U17 EDN 2.29.09			
6	Amanda Watt	U17 GHD 2.30.71			
7	Lauren Jackson	SAL 2.55.67			

W 1500m A		W 1500m B	
1 Sarah Kelly	U17 KGA 4.26.33	1 Rebecca Finch	GSW 4.50.07
2 Holly Young	U17 GSW 4.42.59	2 Kathryn Pennel	U17 KGA 5.07.17
3 Emily Dugeon	U17 EDN 4.43.02	3 Lanna Turnbull	TFV 5.36.63
4 Sophie Whiteside	LVL 4.57.58	4 Stephanie Loraine	U17 GHD 5.38.70
5 Rachael Adamson	U17 TFV 5.02.67	5 Becky James	COY 5.47.42
6 Amanda Watt	U17 GHD 5.38.66		
7 Hannah Higginson	COY 5.45.22		
W 3000m A		W 3000m B	
1 Kathryn Pennel	U17 KGA 10.30.08	1 Deborah Hannah	U17 GSW 10.54.81
2 Laura Goodson	EDN 10.32.20	2 Rachael McIlwraith	TFV 12.25.55
3 Claire McAulay	GSW 10.54.10	3 Becky James	COY 12.38.28
4 Lanna Turnbull	TFV 11.57.05	4 Jane Wood	U17 GHD 13.25.98
5 Hannah Higginson	COY 12.27.62		
6 Lauren Jackson	SAL 12.33.56		
7 Amie Hall	U17 GHD 13.04.56		
W 100mH A		W 100mH B	
1 Danielle Rooney	Wind +3.2 m/s SAL 14.65	1 Rayne Allman	Wind +2.5 m/s SAL 15.12
2 Sophie Bell-Morgan	LVL 15.62	2 Kirsty Barr	GSW 16.46
3 Heather Rankin	GSW 15.66	3 Megan Gaffney	EDN 18.27
4 Emma Gordon	KGA 17.03	4 Laura Simpson	KGA 18.84
5 Louise Calder	TFV 19.13		
6 Lauren Stoddart	EDN 19.37		
W 400mH A		W 400mH B	
1 Holly Belch	SAL 62.63	1 Halina Rees	U17 KGA 66.82
2 Lauren Stoddart	EDN 66.39	2 Lateefa Burton	SAL 66.97
3 Emma Gordon	KGA 68.11	3 Jennifer Calaghan	U17 GSW 74.53
4 Jennifer Hutchison	TFV 69.45	4 Stephanie Loraine	U17 GHD 77.33
5 Rebecca Hart	U17 GSW 72.13	5 Megan Gaffney	EDN 78.98
6 Jane Wood	U17 GHD 79.17		
W 1500m Sc A		W 1500m Sc B	
1 Sarah Inglis	TFV 5.19.07	1 Amanda Campbell	TFV 5.51.71
2 Lauren Stoddart	EDN 5.25.81	2 Hannah Higginson	COY 7.34.30
3 Amy Talbot	LVL 5.28.12		
4 Madeline Murray	U17 GSW 5.32.75		
5 Ciara Ellis	U17 KGA 5.39.57		
6 Lateefa Burton	SAL 5.46.33		
7 Claire Lilley	COY 5.57.90		
W Discus Throw A		W Discus Throw B	
1 Hannah Evenden	EDN 43.21	1 Nicky McMurtie	U17 EDN 28.53
2 Rhianydd Parry	TFV 36.21	2 Jaqueline Plain	U17 TFV 24.41
3 Kimberley Burt	GHD 32.88	3 Courtney McGuire	GSW 19.60
4 Sally Webster	GSW 26.68	4 Rachael McIntyre	U17 GHD 18.49
5 Brogan Crowley	U17 SAL 23.42	5 Alix Barton	SAL 17.49
6 Karen Cairns	U17 KGA 21.97	6 Aeron Mellish	U17 KGA 15.76
7 Suzanne Woodward	LVL 21.21	7 Chloe Mears	U17 LVL 11.61
8 Philippa Jones	COY 17.31		
W Hammer Throw A		W Hammer Throw B	
1 Myra Perkins	TFV 54.99	1 Jaqueline Plain	U17 TFV 39.51
2 Suzanne Woodward	LVL 37.50	2 Philippa Jones	COY 33.81
3 Claire Lebond	COY 35.78	3 Chloe Mears	U17 LVL 23.39
4 Jess Wilson	GHD 35.61	4 Kimberley Burt	GHD 13.93
5 Sally Webster	GSW 29.31	5 Lucinda Logan	GSW 13.71
6 Alix Barton	SAL 26.66	6 Rayne Allman	U17 SAL 8.58
7 Kate Turnbull	U17 EDN 21.90	7 Karen Cairns	U17 KGA 6.40
8 Lauren McManus	KGA 14.22	8 Hannah Evenden	EDN 5.68

W High Jump A
 1 Sophie Bell-Morgan
 2 Emma Lowry
 3 Kirsty Barr
 4 Louise Calder
 5 Jennifer Simmons
 6 Jane Wood
 7=Courtney Wilkinson
 7=Jess Foster

LVL 1.60
 EDN 1.60
 GSW 1.60
 U17 TFV 1.55
 SAL 1.50
 U17 GHD 1.40
 KGA 1.35
 COY 1.35

W High Jump B
 1 Emma Nuttall
 2 Lydia Morley
 3=Amy Regan
 3=Sarah Gray
 5 Jacqueline Watson
 6 Hannah Pringle

EDN 1.55
 LVL 1.45
 SAL 1.40
 U17 GSW 1.40
 TFV 1.35
 U17 GHD 1.30

W Javelin Throw A
 1 Lisa Glover
 2 Aeron Mellish
 3 Rachael McIntyre
 4 Courtney McGuire
 5 Amy Regan
 6 Suzanne Woodward
 7 Becky Campsall
 8 Myra Perkins

EDN 41.69
 U17 KGA 34.63
 U17 GHD 28.28
 GSW 21.80
 SAL 20.70
 LVL 20.59
 COY 19.53
 TFV 11.47

W Javelin Throw B
 1 Bethany Valente
 2 Tiffany Robb
 3 Holly Belch
 4 J
 5 Alison Innes
 6 Kirsty Taylor
 7 Chloe Mears

U17 EDN 33.07
 U17 KGA 22.32
 SAL 18.62
 GHD 16.46
 U17 GSW 15.82
 COY 15.78
 U17 LVL 10.40

W Long Jump A
 1 Sarah Warnock
 2 Andrea Gaffney
 3 Louise Anderson
 4 Antollah Rose
 5 Katy Tan
 6 Hannah Pringle
 7 Lydia Morley
 8 Ruth Hill

EDN 5.70
 U17 GSW 5.35
 TFV 5.14
 U17 SAL 5.08
 U17 KGA 5.05
 U17 GHD 4.62
 LVL 4.36
 COY 3.54

W Long Jump B
 1 Lucinda Logan
 2 Indea Garlick
 3 Ailsa Mackie
 4 Laura Simpson
 5 Louise Calder
 6 Joanne Lawton
 7 Beth Hughes
 8 Jess Foster

GSW 4.94
 SAL 4.80
 U17 EDN 4.61
 KGA 4.56
 U17 TFV 4.34
 GHD 4.02
 U17 LVL 3.98
 COY 3.34

W Pole Vault A
 1 Courtney McGuire
 2 Isla Winchester
 3 Joanne Lawton
 4 Amy Regan
 5 Emma Lowry

GSW 3.45
 U17 KGA 3.10
 GHD 2.45
 SAL 2.15
 EDN 2.00

W Pole Vault B
 1 Robyn Smith
 2 Amie Hall

U17 KGA 2.15
 U17 GHD 2.00

W Shot Putt A
 1 Hannah Evenden
 2 Rayne Allman
 3 Sophie Bell-Morgan
 4 Sally Webster
 5 Rhianydd Parry
 6 Karen Cairns
 7 Kimberley Burt
 8 Claire Lebond

EDN 13.31
 U17 SAL 10.43
 LVL 9.78
 GSW 9.11
 TFV 8.58
 KGA 8.39
 GHD 8.08
 COY 7.87

W Shot Putt B
 1 Lisa Glover
 2 Jess Wilson
 3 Suzanne Woodward
 4 Simone Galloway
 5 Myra Perkins
 6 Holly Belch
 7 Kirsty Armstrong
 8 Phillipa Jones

EDN 11.39
 GHD 7.77
 LVL 7.18
 U17 GSW 7.04
 TFV 6.97
 SAL 6.77
 U17 KGA 6.71
 COY 5.56

W Triple Jump A
 1 Ahtollah Rose
 2 Sarah Warnock
 3 Andrea Gaffney
 4 Louise Anderson
 5 Laura Simpson
 6 Jess Foster
 7 Hannah Pringle
 8 Beth Hughes

U17 SAL 11.98
 EDN 11.55
 U17 GSW 11.10
 U17 TFV 10.73
 KGA 10.32
 COY 10.17
 U17 GHD 9.95
 U17 LVL 9.79

W Triple Jump B
 1 Emma Lowry
 2 Lydia Morley
 3 Indea Garlick
 4 Lucinda Logan
 5 Ruth Brandon
 6 Amie Hall
 7 Rachael McIlwraith
 8 Katy Tan

EDN 9.93
 LVL 9.72
 SAL 9.49
 GSW 9.43
 COY 9.41
 GHD 8.90
 TFV 8.76
 U17 KGA 7.95

W 4x100m Relay

1 EDN 49.38	1 Sarah Warnock	2 Hope Robertson	
	3 Lesley Campbell	4 Erin Froude	
2 SAL 49.56	1 Danielle Rooney	2 Rayne Allman	U17
	3 Jennifer Simmons	4 Brogan Crowley	U17
3 LVL 50.78	1 Emma Wakefield	2 Sophie Bell-Morgan	
	3 Carmen Gedling	4 Lauren Brennan	
4 KGA 51.14	1 Emma Gordon	2 Lauren McManus	
	3 Anna Robertson	4 Beth Finalyson	U17
5 GSW 51.32	1 Chloe Lambert	2 Andrea Gaffney	U17
	3 Kirsty Barr	4 Heather Rankin	
6 COY 52.35	1 Jess Foster	2 Ruth Hill	
	3 Ruth Brandon	4 Becky Campsall	
7 GHD 52.83	1 Faye Bowles	2 Emma Masson	
	3 Jenny Ellis	4 Hannah Pringle	U17
8 TFV 53.12	1 Louise Anderson	2 Jemma Learmonth	U17
	3 Louise Calder	4	

W 4x400m Relay

1 GSW 4.00.44	1 Diane Ramsay	U17	2 Holly Young	U17
	3 Jennifer Hannah		4 Rebecca Finch	
2 KGA 4.01.36	1 Sarah Kelly	U17	2 Courtney Wilkinson	
	3 Emma Gordon		4 Jenny Tan	
3 SAL 4.01.96	1 Jennifer Simmons		2 Holly Belch	
	3 Amy Regan		4 Lateefa Burton	
4 LVL 4.03.15	1 Emma Wakefield		2 Lauren Brennan	
	3 Carmen Gedling		4 Amy Talbot	
5 EDN 4.04.73	1 Fiona Trew		2 Caitlin Froude	
	3 Emily Dugeon	U17	4 Faye Kearney	
6 TFV 4.20.09	1 Jennifer Hutchison		2 Rachael Adamson	U17
	3 Amanda Campbell		4 Sarah Inglis	
7 GHD 4.22.01	1 Amanda Watt	U17	2 Emma Masson	
	3 Faye Bowles		4 Stephanie Loraine	U17

M 4x100m Relay

1 LVL 42.75	1 Jon Croasdale	2 Oliver Back	
	3 Tony Corrigan	4 Jack Meredith	
2 EDN 43.65	1 Josh Crawford	2 Allan Hamilton	
	3 Matthew Jones	4 Sean Hood	
3 TFV 44.62	1 Grant Isdale	2 Kyle Henderson	U17
	3 Ryan Scott	4 Gary Plain	
4 SAL 44.76	1 Nyef Abed	2 Nathan Roach	
	3 Marcel Stevens	4 James Hardy	
5 GSW 45.40	1 John Mulhern	2 Calum Sharp	
	3 Craig Walker	4 Daniel Chapman	
6 KGA 45.48	1 Luke Kelly	2 Anthony Young	U17
	3 Gareth Lamb	4 Surasak Suksamer	
7 COY 48.12	1 Jamie Garbutt	2 Chad Stephson	
	3 Mark Pinder	4 Liam Diegan	U17

M 4x400m Relay

1 EDN 3.19.06	1 Sean Hood		2 Guy Learmonth
	3 Scott Hughson		4 Greg Loudon
2 LVL 3.25.77	1 Daniel Yip		2 Jon Croasdale
	3 James Hunter		4 Tony Corrigan
3 KGA 3.27.33	1 Michael Overand	U17	2 Gareth Lamb
	3 Matthew White		4 Anthony Young
4 GSW 3.28.31	1 Stuart Ross		2 Alan Ramsay
	3 Gary McBride	U17	4 Stephen Fleming
5 GHD 3.34.57	1 Adam Rowland		2 Greg Urwin
	3 Jonathan Turnbull		4 Liam Baister
6 SAL 3.36.11	1 Jamie Roden		2 James Wisnall
	3 Matt Jackson		4 James Davies
7 TFV 3.37.94	1 Sean Reily		2 Lewis Grant
	3 Craig McDowell		4 Martin Paterson U17
8 COY 4.02.51	1 Kieran Smith		2 Oliver Bird U17
	3 Richard Wilcock		4 Iain Lynn

MATCH RESULT

LEAGUE STANDINGS Not Available

	Event	Lge
1 Team Edinburgh	496	8
2 Team Glasgow	457.5	7
3 Sale Harriers	438.5	6
4 Team Forth Valley	370	5
5 Kingdom Athletics	368.5	4
6 Gateshead Harriers & AC	317	3
7 Liverpool Harriers & AC	303	2
8 City of York A.C.	230.5	1

Athlete of the Match:

Ryan Knight	Kingdom	Javelin	58.78m
Myra Perkins	Team Forth valley	Hammer	54.99m

Non - Scoring Results

JAVELIN

1 Oliver Bird	COY 38.45NWI
2 Jonathan Murray	EDN 30.89NWI
3 Pippa Valente	EDN 26.56NWI
4 Jonathan Fallas	TFV 24.96NWI
5 Nicky McMurtie	EDN NOHGT

Pole Vault

1 Ciara Elwis	KGA 2.15NWI
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Long Jump

1 Corey Hastings	EDN 6.07NWI
2 Emma Lowry	EDN 4.75NWI
3 Catherine Clark	GSW 4.75NWI

Shot Putt

1 Nicky McMurtie	EDN 10.32NWI
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High Jump

1 Lucinda Logan	GSW 1.50NWI
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Discus

1 Pippa Valente	EDN 26.64NWI
2 Dean Murray	EDN 20.88NWI

100m Men

Wind +5.5 m/s

1 Jack Meredith	LVL 10.91
2 Sean Hood	EDN 11.16
3 Marcel Stevens	SAL 11.32
4 Gareth Robertson	EDN 11.47
5 Charles Burke	SAL 11.55
6 Bradlie Houldsworth	SAL 11.80
7 Shaun Spence	EDN 12.31

100m Women

Wind +1.3 m/s

1 Becky Caswell	EDN 12.67
2 Hannah Crisp	EDN 13.05
3 Lauren McManus	KGA 13.22
4 Anna Robertson	KGA 13.33

200m Men

Wind +3.1 m/s

1 Oliver Black	LVL 22.89
2 Gareth Robertson	EDN 23.18
3 Jonathan Byrne-Leitch	EDN 23.91

Team		COY	GHD	KGA	LVL	SAL	EDN	TFV	GSW	POINTS		
No's		1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot

M 100m	A	5	11	7	0	9	8	6	4	50	3	53
	B	3	5	2	9	7	6	0	4	36	1	37
Cumulative		8	16	9	9	16	14	6	8	86	4	90

M 200m	A	3	9	6	11	7	5	8	4	53	0	53
	B	0	3	6	9	5	7	4	2	36	1	37
Cumulative		11	28	21	29	28	26	18	14	175	5	180

M 400m	A	4	7	8	11	0	9	6	5	50	3	53
	B	2	4	6	7	0	9	3	5	36	1	37
Cumulative		17	39	35	47	28	44	27	24	261	9	270

M 800m	A	3	9	4	6	5	11	8	7	53	0	53
	B	5	4	3	0	6	7	0	9	34	3	37
Cumulative		25	52	42	53	39	62	35	40	348	12	360

M 1500m	A	5	4	8	3	6	9	7	11	53	0	53
	B	0	4	7	0	0	5	6	9	31	6	37
Cumulative		30	60	57	56	45	76	48	60	432	18	450

M 3000m	A	7	5	6	0	0	11	9	8	46	7	53
	B	0	0	5	0	0	7	9	6	27	10	37
Cumulative		37	65	68	56	45	94	66	74	505	35	540

M 110mH	A	6	7	0	11	9	8	0	0	41	12	53
	B	6	0	0	0	9	7	0	0	22	15	37
Cumulative		49	72	68	67	63	109	66	74	568	62	630

M 400mH	A	5	0	0	11	8	9	6	7	46	7	53
	B	0	0	0	0	7	9	0	0	16	21	37
Cumulative		54	72	68	78	78	127	72	81	630	90	720

M 2000Sc	A	7	4	6	0	11	8	5	9	50	3	53
	B	0	0	0	0	9	7	0	0	16	21	37
Cumulative		61	76	74	78	98	142	77	90	696	114	810

M DT	A	3	6	7	8	9	4	5	11	53	0	53
	B	0	6	2	3	7	5	4	9	36	1	37
Cumulative		64	88	83	89	114	151	86	110	785	115	900

M HT	A	3	5	8	6	11	4	9	7	53	0	53
	B	2	4	1	5	6	3	9	7	37	0	37
Cumulative		69	97	92	100	131	158	104	124	875	115	990

Team No's	COY	GHD	KGA	LVL	SAL	EDN	TFV	GSW	POINTS				
	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot		

M HJ A	5	7	4	0	8	6	11	9	50	3	53		
B	3	5	2	0	9	4	6	7	36	1	37		
Cumulative	77	109	98	100	148	168	121	140	961	119	1080		

M JT A	6	7	11	0	8	9	5	4	50	3	53		
B	6	3	5	0	7	9	4	2	36	1	37		
Cumulative	89	119	114	100	163	186	130	146	1047	123	1170		

M LJ A	7	8	4	0	6	11	9	5	50	3	53		
B	4	5	2	0	7	6	9	3	36	1	37		
Cumulative	100	132	120	100	176	203	148	154	1133	127	1260		

M PV A	4	6	5	7	8	11	0	9	50	3	53		
B	0	0	0	0	7	0	0	9	16	21	37		
Cumulative	104	138	125	107	191	214	148	172	1199	151	1350		

M SP A	3	7	6	5	9	4	8	11	53	0	53		
B	1	5	7	4	3	2	6	9	37	0	37		
Cumulative	108	150	138	116	203	220	162	192	1289	151	1440		

M TJ A	7	4	8	0	11	6	5	9	50	3	53		
B	5	3	0	0	7	4	6	9	34	3	37		
Cumulative	120	157	146	116	221	230	173	210	1373	157	1530		

W 100m A	4	5	7	9	8	11	3	6	53	0	53		
B	5	3	4	2	7	9	0	6	36	1	37		
Cumulative	129	165	157	127	236	250	176	222	1462	158	1620		

W 200m A	6	3	11	7	8	9	4	5	53	0	53		
B	2	3	4	9	7	6	1	5	37	0	37		
Cumulative	137	171	172	143	251	265	181	232	1552	158	1710		

W 400m A	3	7	11	9	8	4	6	5	53	0	53		
B	2	4	1	9	7	5	6	3	37	0	37		
Cumulative	142	182	184	161	266	274	193	240	1642	158	1800		

W 800m A	0	5	9	7	4	6	11	8	50	3	53		
B	0	0	7	0	0	5	6	9	27	10	37		
Cumulative	142	187	200	168	270	285	210	257	1719	171	1890		

W 1500m A	4	5	11	7	0	8	6	9	50	3	53		
B	4	5	7	0	0	0	6	9	31	6	37		
Cumulative	150	197	218	175	270	293	222	275	1800	180	1980		

W 3000m A	6	4	11	0	5	9	7	8	50	3	53		
B	6	5	0	0	0	0	7	9	27	10	37		
Cumulative	162	206	229	175	275	302	236	292	1877	193	2070		

Team	COY	GHD	KGA	LVL	SAL	EDN	TFV	GSW	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

W 100mH A	0	0	7	9	11	5	6	8	46	7	53	
B	0	0	5	0	9	6	0	7	27	10	37	
Cumulative	162	206	241	184	295	313	242	307	1950	210	2160	

W 400mH A	0	5	8	0	11	9	7	6	46	7	53	
B	0	5	9	0	7	4	0	6	31	6	37	
Cumulative	162	216	258	184	313	326	249	319	2027	223	2250	

W 1500Sc A	4	0	6	8	5	9	11	7	50	3	53	
B	7	0	0	0	0	0	9	0	16	21	37	
Cumulative	173	216	264	192	318	335	269	326	2093	247	2340	

W DT A	3	8	5	4	6	11	9	7	53	0	53	
B	0	5	3	2	4	9	7	6	36	1	37	
Cumulative	176	229	272	198	328	355	285	339	2182	248	2430	

W HT A	8	7	3	9	5	4	11	6	53	0	53	
B	7	5	2	6	3	1	9	4	37	0	37	
Cumulative	191	241	277	213	336	360	305	349	2272	248	2520	

W HJ A	3.5	5	3.5	11	6	9	7	8	53	0	53	
B	0	3	0	7	5.5	9	4	5.5	34	3	37	
Cumulative	194.5	249	280.5	231	347.5	378	316	362.5	2359	251	2610	

W JT A	4	8	9	5	6	11	3	7	53	0	53	
B	3	5	7	2	6	9	0	4	36	1	37	
Cumulative	201.5	262	296.5	238	359.5	398	319	373.5	2448	252	2700	

W LJ A	3	5	6	4	7	11	8	9	53	0	53	
B	1	3	5	2	7	6	4	9	37	0	37	
Cumulative	205.5	270	307.5	244	373.5	415	331	391.5	2538	252	2790	

W PV A	0	8	9	0	7	6	0	11	41	12	53	
B	0	7	9	0	0	0	0	0	16	21	37	
Cumulative	205.5	285	325.5	244	380.5	421	331	402.5	2595	285	2880	

W SP A	3	4	5	8	9	11	6	7	53	0	53	
B	1	7	2	6	3	9	4	5	37	0	37	
Cumulative	209.5	296	332.5	258	392.5	441	341	414.5	2685	285	2970	

W TJ A	5	4	6	3	11	9	7	8	53	0	53	
B	4	3	1	7	6	9	2	5	37	0	37	
Cumulative	218.5	303	339.5	268	409.5	459	350	427.5	2775	285	3060	

W 4x1	5	4	7	8	9	11	3	6	53	0	53	
Cumulative	223.5	307	346.5	276	418.5	470	353	433.5	2828	285	3113	

W 4x4	0	4	9	7	8	6	5	11	50	3	53	
Cumulative	223.5	311	355.5	283	426.5	476	358	444.5	2878	288	3166	

Team	COY	GHD	KGA	LVL	SAL	EDN	TFV	GSW	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

M 4x1	4	0	5	11	7	9	8	6	50	3	53	
Cumulative	227.5	311	360.5	294	433.5	485	366	450.5	2928	291	3219	

M 4x4	3	6	8	9	5	11	4	7	53	0	53	
Cumulative	230.5	317	368.5	303	438.5	496	370	457.5	2981	291	3272	

Add	0	0	0	0	0	0	0	0	0	0	0	
subtract	0	0	0	0	0	0	0	0	0	0	0	
Cumulative	230.5	317	368.5	303	438.5	496	370	457.5	2981	291	3272	

TOTALS	230.5	317	368.5	303	438.5	496	370	457.5	2981	291	3272	

Pos	Team	Points	Add	Sub	Total
1	Team Edinburgh	496	0	0	496
2	Team Glasgow	457.5	0	0	457.5
3	Sale Harriers	438.5	0	0	438.5
4	Team Forth Valley	370	0	0	370
5	Kingdom Athletics	368.5	0	0	368.5
6	Gateshead Harriers & AC	317	0	0	317
7	Liverpool Harriers & AC	303	0	0	303
8	City of York A.C.	230.5	0	0	230.5

Used + add - sub = total 2981 0 0 2981
 Unused points 291 291
 (Used+unused)+add-sub=total 3272 0 0 3272

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
EDN	A 11	11	4	0	5	2	5	0	B 9	5	5	4	3	1	1	1
GSW	A 5	6	6	8	5	4	3	0	B 10	3	5	4	3	2	2	0
SAL	A 6	6	8	4	5	5	1	0	B 4	12	5	1	1	3	0	0
TFV	A 4	4	5	5	7	5	2	3	B 5	2	7	0	6	1	1	1
KGA	A 5	4	6	5	7	4	4	1	B 2	5	2	4	2	2	6	3
GHD	A 1	2	4	7	3	8	8	1	B 0	2	1	10	5	8	0	0
LVL	A 6	5	4	5	2	2	2	2	B 4	3	2	1	1	1	4	0
COY	A 0	0	1	4	4	6	8	10	B 0	2	3	3	3	3	4	3

Men	Event	Women	Event
1 Team Edinburgh	250	1 Team Edinburgh	246
2 Sale Harriers	233	2 Team Glasgow	234.5
3 Team Glasgow	223	3 Kingdom Athletics	209.5
4 Team Forth Valley	185	4 Sale Harriers	205.5
5 Gateshead Harriers & AC	163	5 Team Forth Valley	185
6 Kingdom Athletics	159	6 Liverpool Harriers & AC	167
7 Liverpool Harriers & AC	136	7 Gateshead Harriers & AC	154
8 City of York A.C.	127	8 City of York A.C.	103.5