

M 100m A				M 100m B				Wind -0.8 m/s			
1	Nayef Abed		MNC 11.09	1	Victor Neyubaho		U17 MNC 11.50				
2	Surasak Suksamer		KGA 11.26	2	Andrew Wilkinson		GHD 11.73				
3	Abdumunem Kurkmas		GHD 11.26	3	Isaiah Symonds		EDN 12.03				
4	Allan Hamilton		EDN 11.28	4	Gary Plain		TFV 12.05				
5	Ryan Scott		TFV 11.64	5	John Mulhern		U17 GSW 12.06				
6	Jamie Garbutt	U17	COY 11.82	6	Sam Robinson		U17 KGA 12.34				
7	Daniel Chapman		GSW 12.02	7	Liam Diegan		U17 COY 12.46				
8			LVL DNS	8			LVL DNS				
M 200m A				M 200m B				Wind -2.5 m/s			
1	Kyle Henderson	U17	TFV 22.18	1	Calum Innes		GSW 22.72				
2	Tony Corrigan		LVL 22.23	2	Nayef Abed		MNC 22.85				
3	Nathan Roach		MNC 22.23	3	Surasak Suksamer		KGA 22.99				
4	Sean Hood		EDN 22.71	4	Alex Boyce	U17	LVL 23.64				
5	David Clark		GSW 22.85	5	Craig Knowles		EDN 23.83				
6	Abdumunem Kurkmas		GHD 23.05	6	Brett Daley	U17	GHD 23.91				
7	Anthony Young	U17	KGA 24.92	7	Martyn Paterson	U17	TFV 23.92				
8	James Buck	U17	COY 27.08	8	Richard Wilcock		COY DNS				
M 400m A				M 400m B							
1	James Hunter		LVL 47.90	1	Scott Hughson		EDN 48.62				
2	Greg Lauden	U17	EDN 48.41	2	John Crosdale		LVL 51.39				
3	James Buck	U17	COY 50.75	3	Liam Baister		GHD 53.54				
4	Gregor Innes		GSW 51.03	4	Mathew Cummings	U17	GSW 55.01				
5	Gareth Lamb	U17	KGA 51.87	5	Ryan Ben Al Hassan		KGA 55.99				
6	David Whalley		MNC 52.51	6	Oliver Palmer		COY 57.97				
7	Lewis Grant		TFV 53.53	7	Ben Lewis	U17	MNC 58.80				
8	Andrew Wilkinson		GHD 62.65	8			TFV DNS				
M 800m A				M 800m B							
1	Guy Learmonth		EDN 1.53.74	1	Tom Maper		GHD 1.58.57				
2	Alan Ramsay		GSW 1.53.74	2	Craig McDowell		TFV 1.59.17				
3	Chris Kays		MNC 1.54.23	3	Peter Loudon	U17	EDN 1.59.18				
4	Greg Urwin		GHD 1.55.02	4	James Wignall		MNC 2.00.75				
5	Sean Riley		TFV 1.56.13	5	Keiran Smith		COY 2.02.82				
6	James Blackburn		LVL 1.59.10	6	Tom Croft		LVL 2.08.62				
7	Ryan Buck	U17	COY 2.03.08	7	Lachlan Oates		GSW 2.10.46				
8	Adam Guthrie	U17	KGA 2.05.70	8	Liam Hutson	U17	KGA 2.16.78				
M 1500m A				M 1500m B							
1	Jaimie Roden		MNC 4.06.40	1	Ryan Worland		MNC 4.15.11				
2	Andrew Crichton		EDN 4.07.19	2	Howell Craske	U17	KGA 4.21.18				
3	Steven Lyall	U17	KGA 4.11.25	3	Tom Maper		GHD 4.31.42				
4	Liam Baister		GHD 4.11.93	4	Marc Robson	U17	EDN 4.40.58				
5	Stephen Fleming		GSW 4.17.87	5	Gary McBride	U17	GSW 4.53.03				
6	Ryan Buck	U17	COY 4.20.79	6	Richard Wilcock		COY 6.18.27				
M 3000m A				M 3000m B							
1	Andrew Crichton		EDN 8.54.69	1	Alan Ramsay		GSW 9.49.54				
2	Iain Lynn	U17	COY 8.57.80	2	Keiran Smith		COY 9.51.86				
3	Robert Inglis		TFV 9.06.90	3	Mark Buchan		KGA 9.52.54				
4	Reuben Toy		KGA 9.20.91	4	Tom Ryan		EDN 9.54.71				
5	Gary McBride	U17	GSW 9.33.35	5	Craig Birch		GHD 10.55.59				
6	Richard Hall		GHD 10.48.42								
7	Craig James		MNC 13.40.11								
M 110mH A				M 110mH B				Wind +0.0 m/s			
1	Jack Meredith		LVL 13.96	1	Gary Stevenson		GSW 17.94				
2	Calum Innes		GSW 14.31	2	Liam Diegan	U17	COY 23.44				
3	Toby Harris		EDN 15.18								
4	Oliver Palmer		COY 16.48								
5	Ben Daye	U17	MNC 16.87								

6 Shane Malone	TFV 17.04
7 Richard Kaufman	GHD 19.37
8 Peter Silvera	KGA 20.56

M 400mH A	
1 Jon Crosdale	LVL 54.92
2 Gregor Innes	GSW 56.11
3 Toby Harris	EDN 58.31
4 Oliver Palmer	COY 58.99
5 Shane Malone	TFV 64.58
6 Ben Daye	U17 MNC 65.01
7 Richard Kaufman	GHD 65.38
8 Peter Silvera	KGA 70.13

M 2000m Sc A	
1 Sean Riley	TFV 5.59.66
2 Lachlan Oates	GSW 6.14.07
3 Iain Lynn	COY 6.29.00
4 Fraser Mann	EDN 6.29.68
5 Ryan Worland	MNC 6.46.15
6 Chris Rennison	U17 KGA 7.00.23

M Discus Throw A	
1 Daniel Carlin	GSW 49.44
2 Greg Watkins	MNC 40.13
3 Ross McManus	U17 KGA 34.53
4 Scott Lincoln	COY 30.84
5 Adam Reynolds	LVL 29.81
6 Graeme Fairbairn	GHD 28.82
7 Edmond Reid	U17 TFV 26.22
8 Jonathan Murray	U17 EDN 25.56

M Hammer Throw A	
1 Kyle Randalls	TFV 57.56
2 Adam Davies	MNC 49.71
3 Ross McManus	U17 KGA 48.54
4 Sam Blain	U17 COY 45.23
5 Andrew McLaughlan	U17 GSW 44.86
6 Adam Reynolds	LVL 42.94
7 Graeme Fairbairn	GHD 38.13
8 Jonathan Murray	U17 EDN 34.77

M High Jump A	
1 David Smith	GSW 2.00
2 Greg Boyd	TFV 1.95
3 Anthony Burnell	GHD 1.85
4 Mike Hartley	U17 LVL 1.85
5 Paul Alsopp	U17 COY 1.85
6 Gregor Maclean	EDN 1.80
7 Allan Smith	U17 KGA 1.70
8 Greg Appleby	U17 MNC 1.70

M Javelin Throw A	
1 Paul Alsopp	COY 61.95
2 Ryan Knight	KGA 57.27
3 Thomas Gomulko	MNC 43.26
4 Graeme Fairbairn	GHD 42.71
5 Gregor Maclean	EDN 41.09
6 Fraser Weir	U17 TFV 32.71
7 Chris Barnes	U17 GSW 26.50
8 Jon Crosdale	LVL 23.48

M Long Jump A	
1 Anthony Burnell	GHD 6.53
2 Allan Hamilton	EDN 6.42
3 Kyle Henderson	U17 TFV 6.36

M 400mH B	
1 Conner Henderson	U17 GSW 58.74
2 Oliver Bird	U17 COY 66.63
3 Marc Robson	U17 EDN 67.01
4 Ben Lewis	U17 MNC 68.86
5 Craig Birch	GHD 74.23
6	TFV DNS
7	LVL DNS
8 Chris Rennison	U17 KGA DNS

M 2000m Sc B	
1 Robert Inglis	TFV 6.38.09
2 Ryan McIntosh	U17 KGA 7.03.66
3 Keiran Smith	U17 COY 7.12.47
4 Tom Ryan	EDN 7.17.15

M Discus Throw B	
1 Alan McKay	GSW 45.88
2 Adam Davies	MNC 33.48
3 Anthony Burnell	GHD 28.35
4 Allan Smith	U17 KGA 26.91
5 Oliver Bird	U17 COY 24.19
6 Kyle Randalls	TFV 23.95
7 Andrew Robertson	EDN 23.56

M Hammer Throw B	
1 Nicky Stone	U17 GSW 44.18
2 Mike Ashworth	LVL 40.44
3 Edmond Reid	U17 TFV 40.19
4 Ryan Knight	KGA 25.20
5 Andrew Robertson	EDN 23.20
6 Liam Baister	GHD 15.93
7 Richard Wilcock	U17 COY 13.65
8 Craig James	MNC 1.16

M High Jump B	
1 Andrew Russell	U17 GSW 1.85
2 Fraser Weir	U17 TFV 1.75
3=Alex Bright	GHD 1.70
3=Ryan Wenham	U17 LVL 1.70
5 Liam Diegan	U17 COY 1.70
6 Ben Daye	U17 MNC 1.60
7 Donald Tod	KGA 1.55
8 Jonny Byrne-Leitch	U17 EDN 1.50

M Javelin Throw B	
1 Brett Daley	U17 GHD 42.42
2 Craig James	MNC 38.63
3 Jonathan Murray	U17 EDN 34.77
4 Oliver Bird	COY 31.87
5 Peter Silvera	KGA 31.42
6 John McOmish	TFV 24.26
7 Nicky Stone	U17 GSW 17.66

M Long Jump B	
1 James Hardy	MNC 6.07
2 Gary Plain	TFV 6.03
3 Jordan Newport	U17 EDN 5.94

4	Bradlie Houldsworth	MNC	6.35	4	Adam Delargh	KGA	5.69
5	Mathew Kerr	U17 GSW	6.25	5	Jamie Garbutt	U17 COY	5.50
6	Donald Tod	KGA	6.22	6	Anthony Burnell	GHD	5.43
7	Paul Alsopp	COY	6.22	7	Jack Lochans	U17 GSW	5.39
8	Craig Jones	U17 LVL	6.07				

M Pole Vault A				M Pole Vault B			
1	Andy Sutcliffe	MNC	5.00	1	Jamie Sinclair	GSW	3.95
2	Jax Thors	U17 GSW	4.10	2	Greg Appleby	U17 MNC	3.35
3	Chris Roose	LVL	3.65	3	Craig Dickson	EDN	2.60
4	Richard Wilcock	COY	2.90				
5	Grant Cryer	U17 GHD	2.45				

M Shot Putt A				M Shot Putt B			
1	Daniel Carlin	GSW	15.88	1	Alan McKay	GSW	13.88
2	Greg Watkins	MNC	12.64	2	Anthony Burnell	GHD	10.53
3	Kyle Randalls	TFV	12.09	3	Edmond Reid	U17 TFV	10.43
4	Graeme Fairbairn	GHD	11.57	4	Adam Reynolds	LVL	10.40
5	Scott Lincoln	U17 COY	11.45	5	Allan Smith	U17 KGA	9.83
6	Ross McManus	U17 KGA	11.01	6	Adam Davies	MNC	9.41
7	Mike Ashworth	LVL	10.49	7	Jonny Byrne-Leitch	U17 EDN	8.86
8	Andrew Robertson	EDN	9.34	8	Sam Blain	COY	8.48

M Triple Jump A				M Triple Jump B			
1	James Hardy	MNC	13.68	1	David Clunie	GSW	12.46
2	Mathew Ker	U17 GSW	13.02	2	Bradlie Houldsworth	MNC	12.19
3	Craig Jones	U17 LVL	12.18	3	Curtis Colhoun	U17 COY	11.65
4	Adam Delargh	KGA	12.07	4	Donald Tod	KGA	11.60
5	Fraser Weir	TFV	11.94	5	Shane Malone	TFV	11.40
6	Jordan Newport	U17 EDN	11.90	6	Peter Loudon	U17 EDN	11.00
7	Jamie Garbutt	U17 COY	11.83	7	Alex Bright	GHD	10.82
8	Richard Kaufman	GHD	11.62				

W 100m A				W 100m B	Wind -1.7 m/s		
1	Carmen Gedling	LVL	12.30	1	Ellie Cowian	U17 LVL	12.97
2	Hope Robertson	EDN	12.53	2	Lesley Campbell	EDN	13.10
3	Olivia Callaghan	U17 MNC	12.60	3	Ruth Hill	COY	13.62
4	Chloe Lambert	U17 GSW	12.64	4	Katie Holt	MNC	13.68
5	Becky Campsall	COY	12.84	5	Jenny Ellis	GHD	13.82
6	Katy Tan	U17 KGA	13.28	6	Anna Robertson	U17 KGA	13.89
7	Jessica Read	GHD	13.29	7	Hazel Blair	U17 GSW	14.72
8	Louise Anderson	U17 TFV	13.45	8	Jemma Learmonth	U17 TFV	DNS

W 200m A				W 200m B	Wind -2.6 m/s		
1	Carmen Gedling	LVL	25.00	1	Brogan Crowley	U17 MNC	25.79
2	Chloe Lambert	U17 GSW	25.36	2	Lesley Campbell	EDN	26.59
3	Olivia Callaghan	U17 MNC	25.45	3	Jennifer Hannah	GSW	26.93
4	Hope Roberson	EDN	25.80	4	Emma Gordon	KGA	27.02
5	Becky Campsall	COY	25.92	5	Rachel Clough	U17 GHD	27.18
6	Jennifer Hutchison	TFV	27.01	6	Leanne Shaw	COY	27.28
7	Kristy Armstrong	U17 KGA	27.79	7		TFV	DNS
8	Rebecca Pow	GHD	28.21	8	Ellie Cowian	U17 LVL	DNS

W 400m A				W 400m B			
1	Tyra Watson	U17 MNC	57.26	1	Holly Belch	MNC	59.03
2	Diane Ramsey	U17 GSW	57.93	2	Katie McKnight	U17 GSW	61.04
3	Emma Masson	U17 GHD	59.09	3	Stephanie Loraine	U17 GHD	61.54
4	Lauren Brennan	LVL	59.18	4	Faye Kearney	EDN	62.06
5	Caitlin Froude	EDN	60.85	5	Becky Nuttall	LVL	62.99
6	Sarah Inglis	TFV	62.17	6	Kristy Armstrong	U17 KGA	66.14
7	Ruth Brandon	COY	62.64	7	Lana Turnbull	U17 TFV	67.55
8	Natalie Fox	KGA	63.21	8	Hannah Higginson	COY	67.65

W 800m A				W 800m B			
1 Emily Dudgeon		U17	EDN 2.13.51	1 Iona Brodie		U17	KGA 2.19.28
2 Amanda Campbell			TFV 2.13.53	2 Karen Glover			TFV 2.21.75
3 Nicola Hood			GSW 2.15.29	3 Claire McAuly			GSW 2.25.13
4 Louisa Stewart		U17	KGA 2.16.69	4 Sophie Whiteside			LVL 2.25.47
5 Sarah Simeen		U17	MNC 2.18.28	5 Lauren Studdart			EDN 2.31.22
6 Sigourney Bell			GHD 2.18.56	6 Kate McClelland		U17	MNC 2.37.36
7 Zoe Woodward		U17	LVL 2.21.90	7			GHD DNS
8			COY DNS	8			COY DNS
W 1500m A				W 1500m B			
1 Sarah Inglis			TFV 4.32.28	1 Rhian Dawes			GSW 4.47.68
2 Rebecca Finch			GSW 4.35.28	2 Sophie Whiteside			LVL 4.59.71
3 Louisa Stewart		U17	KGA 4.47.58	3 Natalie Fox			KGA 5.26.89
4 Amy Talbot			LVL 4.51.20	4 Amie Hall		U17	GHD 5.54.26
5 Sam Blair		U17	EDN 4.53.81				
6 Alice Fitton		U17	MNC 5.09.57				
7 Sigourney Bell			GHD 5.13.35				
W 3000m A				W 3000m B			
1 Laura Goodson			EDN 10.47.24	1 Kate McClelland		U17	MNC 12.13.00
2 Hannah Whiteside		U17	LVL 11.22.49	2 Becky Nuttall			LVL 12.16.49
3 Beatrice Cordingley			MNC 11.33.25				
4 Amanda Campbell			TFV 11.48.96				
W 100mH A				W 100mH B			Wind -0.7 m/s
1 Lauren Dewdney			GHD 14.61	1 Holly Belch			MNC 15.63
2 Rayne Allman		U17	MNC 15.37	2 Kirsty Barr			GSW 16.45
3 Heather Rankine			GSW 16.60	3 Emma Lowry			EDN 17.26
4 Emma Gordon			KGA 16.64	4 Cat Scott		U17	KGA 18.48
5 Louise Calder			TFV 18.49	5 Emma Wighton		U17	COY 21.15
6 Megan Gaffney			EDN 18.49	6			TFV DNS
7 Jess Elsworth		U17	COY 20.40	7			GHD DNS
8 Sophie Bell-Morgan			LVL DNS	8			LVL DNS
W 400mH A				W 400mH B			
1 Holly Belch			MNC 63.29	1 Halina Rees		U17	KGA 65.21
2 Emma Gordon			KGA 67.14	2 Lateefa Burton			MNC 65.49
3 Jennifer Hutchison			TFV 67.58	3 Debbie Henderson			GSW 66.43
4 Megan Gaffney			EDN 72.31	4 Fiona Trew			EDN 73.18
5 Rebecca Hart		U17	GSW 77.21	5 Rachael McIllwraith		U17	TFV 79.03
6 Stephanie Loraine		U17	GHD 80.53	6 Sophie Mooby			GHD 101.17
7 Emma Wighton		U17	COY 84.37	7			LVL DNS
8			LVL DNS	8			COY DNS
W 1500m Sc A				W 1500m Sc B			
1 Nicola Hood			GSW 5.00.63	1 Maddie Murray		U17	GSW 5.18.30
2 Halina Rees		U17	KGA 5.18.24	2 Lana Turnbull		U17	TFV 5.59.77
3 Lateefa Burton			MNC 5.34.72	3 Samara Mohtasham		U17	MNC 6.14.78
4 Claire Lilley			COY 5.46.79	4 Rachael McIntyre		U17	GHD 9.12.85
5 Rachael McIllwraith		U17	TFV 5.52.99				
6 Jess Wilson			GHD 9.12.84				
W Discus Throw A				W Discus Throw B			
1 Hannah Evenden			EDN 41.07	1 Kirsty Taylor		U17	COY 29.16
2 Chloe Smyrk			COY 36.12	2 Nicky McMutrie		U17	EDN 24.97
3 Rhyanidd Parry			TFV 35.63	3 Jacqueline Plain		U17	TFV 24.89
4 Kimberley Burt			GHD 31.98	4 Suzanne Woodward			LVL 22.24
5 Danielle Bentley		U17	MNC 30.02	5 Brogan Crowley		U17	MNC 20.09
6 Karen Cairns			KGA 25.55	6 Rachael McIntyre		U17	GHD 17.01
7 Zoe Woodward			LVL 24.46	7 Aeron Mellish		U17	KGA 16.44
8 Courtney McGuire			GSW 18.80	8 Katie Riches			GSW 15.96
W Hammer Throw A				W Hammer Throw B			
1 Sophie Hitchon			MNC 60.60	1 Rhyanidd Parry			TFV 34.98
2 Hannah Evenden			EDN 47.17	2 Phillippa Jones		U17	COY 31.14

3 Claire Le Bond	COY	39.44	3 Alix Barton	U17	MNC	24.75
4 Suzanne Woodward	LVL	37.58	4 Bethany Valente	U17	EDN	21.32
5 Jacqueline Plain	U17	TFV	5 Rachael McIntyre	U17	GHD	18.68
6 Jess Wilson	GHD	35.81	6 Lucinda Logan	GSW	16.63	
7 Katie Riches	GSW	17.43				
8 Karen Cairns	KGA	7.01				

W High Jump A			W High Jump B			
1 Emma Lowry	EDN	1.60	1 Emma Nuttal	EDN	1.60	
2 Kirsty Barr	GSW	1.60	2 Hazel Blair	GSW	1.50	
3 Jess Elsworth	U17	COY	3 Amy Grant	U17	TFV	1.35
4 Louise Calder	U17	TFV	4 Jess Foster	COY	1.30	
5 Lydia Morley	LVL	1.50				
6 Jennifer Simmonds	MNC	1.45				
7 Isla Winchester	U17	KGA				

W Javelin Throw A			W Javelin Throw B			
1 Danielle Bentley	U17	MNC	1 Bethany Valente	U17	EDN	33.72
2 Lisa Glover	EDN	39.87	2 Rachael McIntyre	U17	GHD	28.42
3 Aeron Mellish	U17	KGA	3 Jess Elsworth	U17	COY	28.31
4 Chloe Smyrk	COY	33.25	4 Shauni Nevins	MNC	22.72	
5 Sophie Mooby	GHD	29.29	5 Karen Cairns	KGA	22.21	
6 Sophie Bell-Morgan	LVL	26.75	6 Suzanne Woodward	LVL	21.09	
7 Courtney McGuire	GSW	23.79	7 Lana Turnbull	U17	TFV	13.99
8 Rachael McIllwraith	U17	TFV	8 Hazel Blair	GSW	5.91	

W Long Jump A			W Long Jump B			
1 Hannah Pringle	U17	GHD	1 Lucinda Logan	GSW	5.04	
2 Andrea Gaffney	U17	GSW	2 Jessica Read	U17	GHD	4.54
3 Louise Anderson	U17	TFV	3 Phillippa McCormack	U17	LVL	4.52
4 Emma Lowry	EDN	4.91	4 Ailsa Mackie	EDN	4.50	
5 Ahtollah Rose	U17	MNC	5 Cat Scott	U17	KGA	4.16
6 Katy Tan	KGA	4.71	6 Emma Wighton	U17	COY	4.03
7 Lydia Morley	LVL	4.61	7 Indea Garlick	MNC	3.93	
8 Ruth Hill	COY	4.11	8 Louise Calder	U17	TFV	3.85

W Pole Vault A			W Pole Vault B			
1 Abigail Haywood	MNC	3.80	1 Katie Byres	U17	MNC	3.60
2 Courtney McGuire	GSW	3.60	2 Katie Riches	GSW	2.15	
3 Isla Winchester	U17	KGA	3 Joanne Lawton	GHD	2.00	
4= Amy Grant	U17	TFV	4 Emma Nuttal	EDN	1.85	
4= Amie Hall	U17	GHD				
6 Emma Lowry	EDN	2.00				

W Shot Putt A			W Shot Putt B			
1 Hannah Evenden	EDN	12.58	1 Lisa Glover	EDN	10.68	
2 Emma Pringle	GHD	10.34	2 Rayne Allman	MNC	9.77	
3 Sophie Hitchon	MNC	9.87	3 Chloe Smyrk	COY	8.06	
4 Sophie Bell-Morgan	LVL	9.60	4 Jess Wilson	U17	GHD	7.94
5 Katie Riches	GSW	8.60	5 Suzanne Woodward	LVL	6.41	
6 Karen Cairns	KGA	8.34	6 Jacqueline Plain	U17	TFV	6.33
7 Claire Le Bond	COY	8.15	7 Kristy Armstrong	U17	KGA	5.54
8 Rhyanidd Parry	U17	TFV	8 Sarah Gray	U17	GSW	5.49

W Triple Jump A			W Triple Jump B			
1 Emma Pringle	GHD	11.69	1 Emma Lowry	EDN	10.39	
2 Ahtollah Rose	U17	MNC	2 Emma Dowd	U17	GSW	10.25
3 Andrea Gaffney	U17	GSW	3 Emma Wighton	COY	9.41	
4 Lydia Morley	LVL	10.17	4 Hannah Pringle	U17	GHD	9.20
5 Kat Tan	KGA	9.69	5 Cat Scott	U17	KGA	8.99
6 Jess Foster	COY	9.63				
7 Ailsa Mackie	EDN	8.79				
8 Louise Anderson	U17	TFV				

W 4x100m Relay

1	Sale Harriers Manchester	48.57
2	Team Edinburgh	49.75
3	Liverpool Harriers & AC	50.72
4	Team Glasgow	51.31
5	City of York	51.52
6	Gateshead Harriers & AC	52.49
7	Kingdom Athletics	53.48

W 4x400m Relay

1	Sale Harriers Manchester	3.56.78
2	Team Glasgow	3.57.84
3	Liverpool Harriers & AC	4.01.42
4	Gateshead Harriers & AC	4.02.70
5	Team Forth Valley	4.03.22
6	Team Edinburgh	4.05.85
7	Kingdom Athletics	4.24.10
8	City of York	4.59.58

M 4x100m Relay

1	Liverpool Harriers & AC	41.97
2	Sale Harriers Manchester	43.57
3	Team Edinburgh	44.00
4	Gateshead Harriers & AC	44.90
5	Team Glasgow	45.04
6	City of York	45.78
7	Kingdom Athletics	46.67

M 4x400m Relay

1	Liverpool Harriers & AC	3.17.53
2	Team Edinburgh	3.18.55
3	Team Glasgow	3.23.82
4	Gateshead Harriers & AC	3.34.06
5	Sale Harriers Manchester	3.35.26
6	Kingdom Athletics	3.39.30
7	City of York	3.48.37
8	Team Forth Valley	3.53.95

MATCH RESULT

LEAGUE STANDINGS Not Available

	Event	Lge
1	Sale Harriers Manchester	480 8
2	Team Glasgow	478 7
3	Team Edinburgh	439 6
4	Gateshead Harriers & AC	359 5
5	Team Forth Valley	327.5 4
6	Kingdom Athletics	327 3
7	City of York	322 2
8	Liverpool Harriers & AC	300.5 1